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Everything you always wanted to know about Cardiovascular Medicine



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Eur Respir J 2019; 53: 1801904

CrossMark

Chronic thromboembolic pulmonary hypertension

Nick H. Kim¹, Marion Delcroix ^{©2}, Xavier Jais³, Michael M. Madani⁴, Hiromi Matsubara⁵, Eckhard Mayer⁶, Takeshi Ogo⁷, Victor F. Tapson⁸, Hossein-Ardeschir Ghofrani ^{©6,9,10,12} and David P. Jenkins^{11,12}

Diagnosis of CTEPH

A normal V/Q scan effectively excludes CTEPH with a sensitivity of 90–100% and a specificity of 94– 100% [39, 40]. In a study of confirmed cases of CTEPH, V/Q scan was found to be superior to CTPA with a sensitivity of 97.4% versus 51% [39]. This difference has narrowed as CT technology and interpretation have advanced. Indeed, a more recent study has shown that both V/Q scan and CTPA are accurate methods for the detection of CTEPH with excellent diagnostic efficacy (100% sensitivity, 93.7% specificity and 96.5% accuracy for V/Q scan; 96.1% sensitivity, 95.2% specificity and 95.6% accuracy for CTPA) [40]. However encouraging, V/Q scan remains the preferred initial imaging test for CTEPH screening [5, 29].

Digital subtraction angiography (DSA) had been considered the gold standard for characterising vessel morphology in CTEPH, but is being challenged by advances in non-invasive modalities. CTPA is currently widely used for assessment of operability. CTPA in more recent reports has a high sensitivity and specificity in detecting chronic thromboembolic lesions at the main/lobar (89–100% and 95–100%, respectively) and segmental (84–100% and 92–99%, respectively) levels [43–45]. CTPA can also be

Characterisation of CTEPH

• Pulmonary Artery Findings:

 Occlusions, mural thrombus or eccentric emboli in the pulmonary arteries

• Pulmonary Parenchymal Findings:

- Mosaic Attenuation
- Subpleural Peripheral Opacities: manifestations of pulmonary infarction or subpleural scarring from healed infarction
- Vascular asymmetries
- Mediastinal Findings:
 - Hypertrophied Bronchial Arteries
 - No bronchial systemic collaterals—commonly the intercostal, inferior phrenic, and internal mammary arteries



Characterisation of CTEPH: Pulmonary Artery Findings



Characterisation of CTEPH: Pulmonary Artery Findings



Characterisation of CTEPH: Pulmonary Parenchymal Findings



Characterisation of CTEPH: Pulmonary Parenchymal Findings







Subpleural Peripheral

Opacities

Characterisation of CTEPH: Pulmonary Parenchymal Findings



Vascular Asymmetries

Characterisation of CTEPH: Mediastinal Findings





Hypertrophied Bronchial Arteries

No Bronchial Systemic Collaterals



SARCOIDOSIS: Fibrosing Mediastinitis





Pulmonary Artery Angiosarcoma

Other Pulmonary Artery Obstructions



In Situ Thrombus





Group 1: Congenital Heart Diseases



ABNORMAL VENOUS RETURNS

INTRACARDIAC SHUNT

PATENT DUCTUS ARTERIOSUS



Eur Respir J 2019; 53: 1801904

TABLE 2 Updated clinical classification of pulmonary hypertension (PH)

1 PAH

- 1.1 Idiopathic PAH
- 1.2 Heritable PAH
- 1.3 Drug- and toxin-induced PAH (table 3)
- 1.4 PAH associated with:
- 1.4.1 Connective tissue disease
- 1.4.2 HIV infection
- 1.4.3 Portal hypertension
- 1.4.4 Congenital heart disease
- 1.4.5 Schistosomiasis
- 1.5 PAH long-term responders to calcium channel blockers (table 4)
- 1.6 PAH with overt features of venous/capillaries (PVOD/PCH) involvement (table 5)
- 1.7 Persistent PH of the newborn syndrome
- 2 PH due to left heart disease
 - 2.1 PH due to heart failure with preserved LVEF
 - 2.2 PH due to heart failure with reduced LVEF
 - 2.3 Valvular heart disease
 - 2.4 Congenital/acquired cardiovascular conditions leading to post-capillary PH

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3 PH due to lung diseases and/or hypoxia

- 3.1 Obstructive lung disease
- 3.2 Restrictive lung disease
- 3.3 Other lung disease with mixed restrictive/obstructive pattern
- 3.4 Hypoxia without lung disease
- 3.5 Developmental lung disorders
- 4 PH due to pulmonary artery obstructions (table 6)
 - 4.1 Chronic thromboembolic PH
 - 4.2 Other pulmonary artery obstructions

5 PH with unclear and/or multifactorial mechanisms (table 7)

- 5.1 Haematological disorders
- 5.2 Systemic and metabolic disorders
- 5.3 Others
- 5.4 Complex congenital heart disease

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- 3.1 Obstructive lung disease
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TABLE 1 Haemodynamic definitions of pulmonary hypertension (PH)

Definitions	Characteristics	Clinical groups [#]
Pre-capillary PH	mPAP >20 mmHg PAWP ≼15 mmHg PVR ≥3 WU	1, 3, 4 and 5
Eur Respir J 2019; 53: 1801913		

PULMONARY HYPERTENSION due to lung disease and/or hypoxia

- CLD without PH (mPAP <21 mmHg, or mPAP 21-24 mmHg with pulmonary vascular resistance (PVR) <3 Wood Units (WU)).
- 2) CLD with PH (mPAP 21–24 mmHg with PVR \geq 3 WU, or mPAP 25–34 mmHg) (CLD-PH).
- 3) CLD with severe PH (mPAP ≥35 mmHg, or mPAP ≥25 mmHg with low cardiac index (<2.0 L·min⁻¹·m⁻²)) (CLD-severe PH). Eur Respir J 2019; 53: 1801914



PH-COPD



Emphysema

Eur Respir J 2013; 41: 1031–1041



PH-IPF

 Prevalence oh PH varies greatly according to the severity of the disease: lower prevalence in relatively early stages of IPF 8,1-14%, common in advanced IPF, more than 60% in end stage IPF

• MPAP did not correlate with CT-based measurements of lung fibrosis

Chest. 2007 September ; 132(3): 773-779.

Eur Respir J 2007; 30: 715–721

JACC Vol. 62, No. 25, Suppl D, 2013 December 24, 201

PH-COPD

TABLE 1 Baseline characteristics

	COPD mean PAP 25–39 mmHg	COPD mean PAP ≥40 mmHg	p-value
CT scan			
Total emphysema score	5 (1–15)	9.5 (2-18)	0.191*
Total upper zone emphysema	3.5 (0-6)	5.5 (1–7)	0.214*
Total lower zone emphysema	0 (0-3)	0.5 (0-4)	0.178*
Total fibrosis score	0 (0-2)	0 (0-2.5)	0.509*
Total upper zone fibrosis	0 (0-0)	0 (0-0)	0.790*
Total lower zone fibrosis	0 (0-1.5)	0 (0-2)	0.330*
Pulmonary artery/aorta	1.0±0.1	1.0±0.1	0.202
Right ventricle/left ventricle	1.1±0.4	1.3±0.4	0.031

 Difference in overall HRCT scores for emphysema or fibrosis between those with mild–moderate versus severe PH-COPD did not reach statistical significance

Eur Respir J 2013; 41: 1292–1301



CPFE end PH

- Pulmonary Hypertension is frequent in patients with CPFE syndrome: prevalence of 47% at diagnosis, and 55% during follow-up
- mean PAP was >35 mmHg with a mean PAP of 45± 6 mmHg
- Patients with pulmonary hypertension and CPFE had a dismal prognosis, with a 60% probability of survival at 1 yr from the diagnosis of pulmonary hypertension

Eur Respir J 2005; 26: 586–593 Eur Respir J 2010; 35: 105–11





TABLE 1 Criteria favouring group 1 versus group 3 pulmonary hypertension (PH)#

Criteria favouring group 1 (PAH)	Testing	Criteria favouring group 3 (PH due to lung disease)		
Extent of lung disease				
Normal or mildly impaired: • FEV1 >60% pred (COPD) • FVC >70% pred (IPF) • Low diffusion capacity in relation to obstructive/restrictive changes	Pulmonary function testing	Moderate to very severely impaired: • FEV1 <60% pred (COPD) • FVC <70% pred (IPF) • Diffusion capacity "corresponds" to obstructive/restrictive changes		
Absence of or only modest airway or parenchymal abnormalities	High-resolution CT scan [®]	Characteristic airway and/or parenchymal abnormalities		
Haemodynamic profile				
Moderate-to-severe PH	Right heart catheterisation Echocardiogram	Mild-to-moderate PH		
Ancillary testing				
Present	Further PAH risk factors (<i>e.g.</i> HIV, connective tissue disease, <i>BMPR2</i> mutations, <i>etc.</i>)	Absent		
 Features of exhausted circulatory reserve: Preserved breathing reserve Reduced oxygen pulse Low CO/V'o₂ slope Mixed venous oxygen saturation at lower limit No change or decrease in P_aco₂ during exercise 	Cardiopulmonary exercise test+ (<i>P</i> aco ₂ particularly relevant in COPD)	 Features of exhausted ventilatory reserve: Reduced breathing reserve Normal oxygen pulse Normal CO/V[*]o₂ slope Mixed venous oxygen saturation above lower limit Increase in P_aco₂ during exercise 		
Predominant obstructive/restrictive profile				

Lung diseases (especially COPD) are common conditions and PAH developing in such patients may not be attributable to these diseases, but may be coincidental The spectrum of severity of both the pulmonary vascular and parenchymal lung disease is likely a continuum, which often makes the distinction between group 1 and group 3 PH very difficult

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Predominant haemodynamic profile





3 PH COPD Mild Pulmonary Hypertension



- Hischemic Heart disease
- Chronic Renal Failur
- RHC: pre-capillary PH; mean PAP 34 mmHg and preserved CI
- PFT: marked reduction of DLCO and finding of mixed ventilatory deficit of moderatesevere degree

AM J RESPIR CRIT CARE MED 2000;161:216–223. <u>Radiol Med.</u> 2014 Jan;119(1):41-53





Pulmonary hypertension in chronic lung disease and hypoxia

Specific aspects of PH in systemic sclerosis

PH in patients with systemic sclerosis (SSc) can be multifactorial. These patients are at high risk of developing isolated PAH, but they may also develop significant parenchymal lung disease and/or a component of left heart disease. There is often difficulty in discriminating group 1 PAH from group 3 PH in SSc patients, since quite commonly these patients have evidence of parenchymal lung disease on high-resolution CT, which may or may not be accompanied by restrictive physiology. SSc patients with combined pulmonary fibrosis and PH have a particularly high mortality risk [72]. Both PH severity and the extent of pulmonary fibrosis can vary widely. Patients with pre-capillary PH and mild fibrosis are usually classified as having PAH, and have been included in most of the RCTs of PAH medications. However, assessment of the degree of fibrosis was usually based on pulmonary function testing and not scrutiny of the extent of fibrosis on high-resolution CT. Patients with preserved lung volumes can be safely treated with PAH drugs, but there is no evidence for treatment of PH-SSc with more advanced ILD.

RESEARCH ARTICLE

Clinical phenotypes and survival of precapillary pulmonary hypertension in systemic sclerosis

David Launay^{1,2,3,4}, David Montani^{5,6,7}, Paul M. Hassoun⁸, Vincent Cottin⁹, Jérôme Le Pavec^{5,7,10}, Pierre Clerson¹¹, Olivier Sitbon^{5,6,7}, Xavier Jaïs^{5,6,7}, Laurent Savale^{5,6,7}, Jason Weatherald^{5,6,7,12}, Vincent Sobanski^{1,2,3,4}, Stephen C. Mathai⁸, Majid Shafiq⁸, Jean-François Cordier⁹, Eric Hachulla^{1,2,3,4}, Gérald Simonneau^{5,6,7}, Marc Humbert^{5,6,7}*





Am J Respir Crit Care Med. 2008; 177(11):1248–54

PLoS ONE 13(5):e0197112.https://doi.org/ 10.1371/journal.pone.0197112

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- C2 had pre-capillary PH due to extensive ILD and worse 3-year survival compared to C1 (p=0,0004)
- The presence of an extensive ILD, whatever the hemodynamics, is associated with a very severe outcome
- The presence of a limited ILD (often seen as a potent cofounder the classification of PH in the context of SSc) has to be considered in the same group of patients with no ILD, where the severity of hemodynamics drives the prognosis

PLoS ONE 13(5):e0197112.https://doi.org/ 10.1371/journal.pone.0197112



Limited ILD in SSc-PAH GROUP 1



Extensive ILD in SSc-PH GROUP 3

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	1.4.2 HIV infection			
	1.4.3 Portal hypertension			
	1.4.4 Congenital heart disease			
	1.4.5 Schistosomiasis			
	1.5 PAH long-term responders to	calcium channel blockers (table	4]	
	1.6 PAH with overt features of ver	nous/capillaries (PVOD/PCH) invo	lvement (table 5)	
	1.7 Persistent PH of the newborn	syndrome		

PAH and PVOD share similar clinical and hemodynamic presentations

- Both entities should be distinguished because of the worse PVOD prognosis and the possible occurrence of life threatening pulmonary edema after PAH-specific therapy initiations in PVOD-patients
- PVOD is referred to group 1 PAH because of evidence suggesting a continuum between arterial, capillary and vein involvement in PAH

Haemodynamic definitions and updated clinical classification of pulmonary hypertension

TABLE 5 Signs evocative of venous and capillary (pulmonary veno-occlusive disease/pulmonary capillary haemangiomatosis) involvement

Pulmonary function tests	Decreased DLco (frequently <50%) Severe hypoxaemia	
Chest HRCT	Septal lines Centrilobular ground-glass opacities/nodules Mediastinal lymph node enlargement	
Response to PAH therapy	Possible pulmonary oedema	
Genetic background	Biallelic EIF2AK4 mutations	
Occupational exposure	Organic solvent (trichloroethylene)	

DLCO: diffusing capacity of the lung for carbon monoxide; HRCT: high-resolution computed tomography; PAH: pulmonary arterial hypertension.

Eur Respir J 2019; 53: 1801913





PVOD: SSc

- Septal lines
- Centrilobular ground glass opacities/ nodules
- Mediastinal linph node enlargement
- Specificity 100% Sensibility 66%

Frazier AA - RadioGraphics 2007; 27:867–882



• SSc

- Respiratory failure in O2 therapy
- PFT: marked reduction of DLCO and finding of mild obstructive disventilatory syndrome
- RHC: pre-capillary PH with low IC and high PVR: (PAPm 45 mmHg, wedge 7 mmhg, PVR 16 mmHG, IC 1,62 ml/min/mq)
- BAL: intermediate positivity to hemosiderin

RHEUMATOLOGY

Rheumatology 2017;56:2197-2203 doi:10.1093/rheumatology/kex351 Advance Access publication 26 September 2017

Original article

Prognostic significance of computed tomography criteria for pulmonary veno-occlusive disease in systemic sclerosis-pulmonary arterial hypertension

Michelle J. Connolly¹, Sharif Abdullah², Deborah A. Ridout³, Benjamin E. Schreiber¹, Jamanda A. Haddock² and J. Gerry Coghlan¹

Abstract

Objectives. SSc-pulmonary arterial hypertension (SSc-PAH) is associated with worse response to therapy and survival when compared with idiopathic PAH. It is suggested that the vasculopathy in SSc may involve postcapillary pulmonary venules resulting in pulmonary veno-occlusive disease (PVOD). This may underlie the lower gas transfer and worse outcome on therapy. We sought to test whether CT signs of PVOD (CTS-PVOD) were frequent in SSc-PAH and whether they were associated with pulmonary oedema on therapy and worse survival.

Methods. CT thorax of 66 SSc patients with precapillary pulmonary hypertension (PH) were blindly scored by two radiologists for CTS-PVOD (≤ 1 or ≥ 2). Case note and radiograph review determined the presence of pulmonary oedema on therapy.

Results. Fifty-nine patients (89%) had ≤ 1 CTS-PVOD and only 7 (11%) had ≥ 2 CTS-PVOD. Pulmonary oedema on therapy was relatively common in those with ≥ 2 CTS-PVOD. On univariate analysis ≥ 2 CTS-PVOD were associated with a trend towards worse survival.

Conclusion. CTS-PVOD were less frequent in this SSc-PAH cohort than in previous reports but the presence of at least two of these signs is associated with pulmonary oedema on therapy and a trend towards worse survival on univariate analysis.

Key words: systemic sclerosis, pulmonary arterial hypertension, computed tomography, systemic sclerosispulmonary arterial hypertension, pulmonary veno-occlusive disease



CTS, CT signs; PAH: pulmonary arterial hypertension.





CT of Pulmonary Venoocclusive Disease

AJR:183, July 2004

Pulmonary Veno-occlusive Disease: A Surgical Lung Biopsy-proven and Autopsied Case Radiologically Mimicking Hypersensitivity Pneumonitis at the Time of a Transbronchial Lung Biopsy

Intern Med 58: 955-964, 2019

Seminars in Respiratory and Critical Care Medicine Vol. 38 No. 4/2017

PoPH: Portal Hypertension

- mPAP ≥ 25 mmHg
- PAWP ≤ 15 mmHg
- PVR > 240 dyne o > 3 Wood units
- In presence of portal hypertension confirmed by HPVG > 5 mmHg
- Or suggested by the presence of:
- Splenomegaly
- Oesophageal varices
- Thrombocytopenia
- Clinical signs of portosystemic shunt

Group 5: Tumoral pulmonary hypertension

Eur Respir Rev 2019; 28: 180065 Laura C. Price¹, Michael J. Seckl², Peter Dorfmüller^{3,4} and S. John Wort¹

Tumoral pulmonary hypertension (PH) comprises a variety of subtypes in patients with a current or previous malignancy:

- Pulmonary tumour <u>"microvascular disease"</u> includes:
 - pulmonary tumour microembolism (PTE)
 - pulmonary tumour thrombotic microangiopathy (PTTM).
- The complications of cancer treatments including: <u>chemotherapy and radiotherapy</u> as contributors to PH are increasingly recognised, including cancer treatmentrelated pulmonary veno-occlusive disease (PVOD)

5. Pulmonary hypertension with unclear and/or multifactorial mechanisms

- Haematological disorders: chronic haemolytic anaemia, myeloproliferative disorders, splenectomy
- 5.2 Systemic disorders: sarcoidosis, pulmonary histiocytosis, lymphangioleiomyomatosis, neurofibromatosis
- 5.3 Metabolic disorders: glycogen storage disease, Gaucher disease, thyroid disorders
- 5.4 Others pulmonary tumoral thrombothic microangiopathy, fibrosing mediastinitis, chronic renal failure (with/without dialysis), segmental pulmonary hypertension

European Heart Journal (2016) 37, 67–119 doi:10.1093/eurheartj/ehv31

Eur Respir Rev 2019; 28: 180065

PTTM and HRCT: CT signs of PH and parenchymal abnormalities:

- Centrilobular nodularity (The nodularity is usually of an ultrafine granular appearance and is likely to represent the peripheral pulmonary arterial lesions-vascular tree in bud)
- Ground-glass opacities (often patchy or wedged shaped)
- Interlobular septal thickening (smooth and peripheral in distribution)
- Usually without pleural effusions
- Distinguishing PTTM from lymphangitis carcinomatosis may be difficult and of course these conditions may coexist, but lymphangitic carcinomatosis does not usually cause significant PH in isolation

CHEST XR: Chest radiographs are abnormal in 90% of patients with idiopathic pulmonary arterial hypertension (PAH) at the time of diagnosis

- central pulmonary arteries are classically enlarged
- rapid tapering of peripheral pulmonary vasculature (pruning)
- right-sided cardiac enlargement

Ct Features Of Pulmonary Hypertension

Prediction of Pulmonary Hypertension in Patients with or without Interstitial Lung Disease: Reliability of CT Findings¹

PAD, PAD/AAD ratio, RPAD, and LPAD measurements based on CT data are of limited utility for the prediction of PH in patients with ILD compared with those without ILD

Published in final edited form as: Chest. 2007 September ; 132(3): 773-779.

High-Resolution Chest Computed Tomography Findings Do Not Predict The Presence of Pulmonary Hypertension in Advanced Idiopathic Pulmonary Fibrosis

CT-derived measures of parenchymal disease and MPAD cannot be used to screen for PH in advanced IPF patients Monitoring of pathological conditions that can frequently complicate with the development of Pulmonary Hypertension

Characteristic morphologic features of Chronic Pulmonary Hypertension

Initial diagnostic workup of patients with Pulmonary Hypertension of unclear cause

TABLE 2 Updated clinical classification of pulmonary hypertension (PH)

1 PAH

- 1.1 Idiopathic PAH
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- 1.5 PAH long-term responders to calcium channel blockers [table 4]
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- 1.7 Persistent PH of the newborn syndrome

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