

31 GIORNATE CARDIOLOGICHE TORINESI

*Everything you always
wanted to know about*
Cardiovascular Medicine



Remote Monitoring for Implantable cardiac device

Gabriele Zanotto, MD
"Mater Salutis" Hospital, Legnago (Verona), Italy

Disclosure of my Personal Conflicts of Interest

Consulting activity with Boston Scientific, Biotronik, Abbott.

Reports in sessions sponsored by Pfizer, Boeringher, Novartis.

Summary

- ⊕ History
- ⊕ Remote Interrogation vs Remote Monitoring
- ⊕ Device Surveillance, Shock Reduction, Optimization of Device Longevity
- ⊕ Disease Management (Atrial Fibrillation, Heart Failure)
- ⊕ Timing of IPE, RM and RI
- ⊕ Organizational Model and Responsibilities of Patients, Physicians, Allied Professionals, Manufacturers
- ⊕ Legal and Privacy Considerations
- ⊕ Conclusion.

Summary

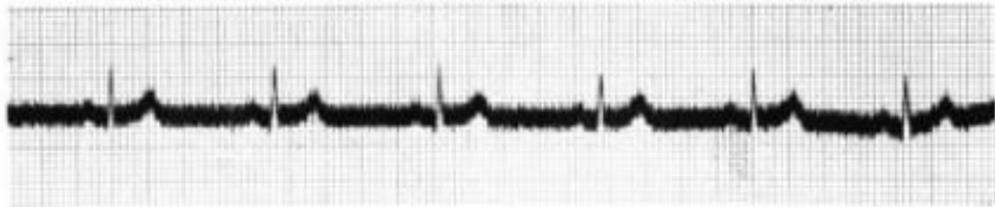
⊕ **History**

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Electrocardiogram taken with Einthoven's original string galvanometer.
(See the instrument on the corner of the brick pillar.)

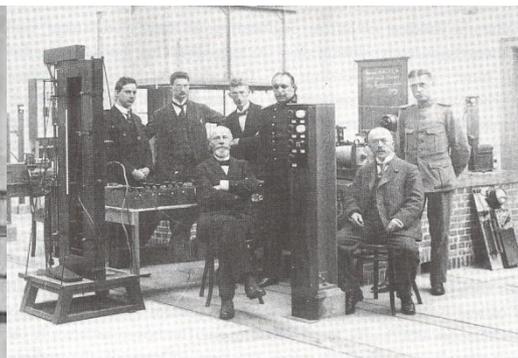
First Tele-ECG worldwide

Lead I



absc. 1 div. = 0.04 sec.
ordiv. 1 . = 10^{-4} Volt

*With kind regards
of W. Einthoven*



22 March 1905 : Wilhelm Einthoven fixed an electrocardiogram and phonocardiogram on a volunteer, his own assistant C.J.de Jongh (see photo). This data was transmitted via insulated cable between Academic Hospital in Leiden and Einthoven's Physiological laboratory (at distance 1500 meters). The Technical realization was performed by professor Johannes Bosscha (director of Polytechnic School in Delft)

Evolution of RM Technology

Transtelephonic



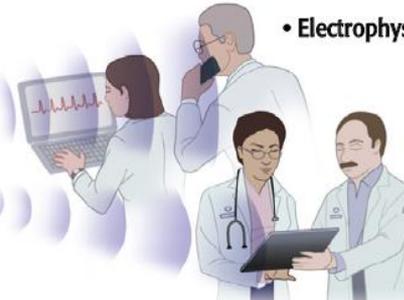
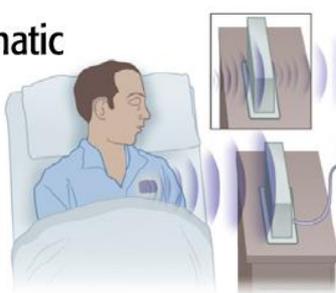
• Scheduled follow-up

Inductive



• Scheduled follow-up

Automatic



• Electrophysiologist

• Heart failure MD

Manufacturer



HRS/EHRA Expert Consensus on the Monitoring of Cardiovascular Implantable Electronic Devices (CIEDs): Description of Techniques, Indications, Personnel, Frequency and Ethical Considerations

Developed in partnership with the Heart Rhythm Society (HRS) and the European Heart Rhythm Association (EHRA); and in collaboration with the American College of Cardiology (ACC), the American Heart Association (AHA), the European Society of Cardiology (ESC), the Heart Failure Association of ESC (HFA), and the Heart Failure Society of America (HFSA). Endorsed by the Heart Rhythm Society, the European Heart Rhythm Association (a registered branch of the ESC), the American College of Cardiology, the American Heart Association

Heart Rhythm, Vol 12, No 7, July 2015

HRS Expert Consensus Statement on remote interrogation and monitoring for cardiovascular implantable electronic devices

David Slotwiner, MD, FHRS, FACC (Chair),^{1#} Niraj Varma, MD, PhD, FRCP (Co-chair),^{2#} Joseph G. Akar, MD, PhD,³ George Annas, JD, MPH,⁴ Marianne Beardsall, MN/NP, CCDS, FHRS,⁵ Richard I. Fogel, MD, FHRS,⁶ Nestor O. Galizio, MD,^{7*} Taya V. Glotzer, MD, FHRS, FACC,⁸ Robin A. Leahy, RN, BSN, CCDS, FHRS,⁹ Charles J. Love, MD, CCDS, FHRS, FACC, FAHA,¹⁰ Rhondalyn C. McLean, MD,^{11†} Suneet Mittal, MD, FHRS,¹² Loredana Morichelli, RN, MSN,¹³ Kristen K. Patton, MD,^{14‡} Merritt H. Raitt, MD, FHRS,¹⁵ Renato Pietro Ricci, MD,^{13§} John Rickard, MD, MPH,¹⁶ Mark H. Schoenfeld, MD, CCDS, FHRS, FACC, FAHA,¹⁷ Gerald A. Serwer, MD, FHRS, FACC,^{18||} Julie Shea, MS, RNCS, FHRS, CCDS,¹⁹ Paul Varosy, MD, FHRS, FACC, FAHA,²⁰ Atul Verma, MD, FHRS, FRCPC,⁵ Cheuk-Man Yu, MD, FACC, FRCP, FRACP^{21¶}

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Remote Interrogation vs Remote Monitoring

RI refers to routine, scheduled, remote device interrogations structured to mirror in-office checkups.^{4,5} Practically all information obtained during an in-office device checkup can now be obtained remotely. An important exception to this is the data for measuring the pacing capture threshold, which is available only for devices capable of automatically measuring the capture threshold.

RM refers to the automated transmission of data based on prespecified alerts related to device functionality and clinical events.⁴ This provides the ability for rapid detection of abnormal device function and/or arrhythmia events.^{6,7}

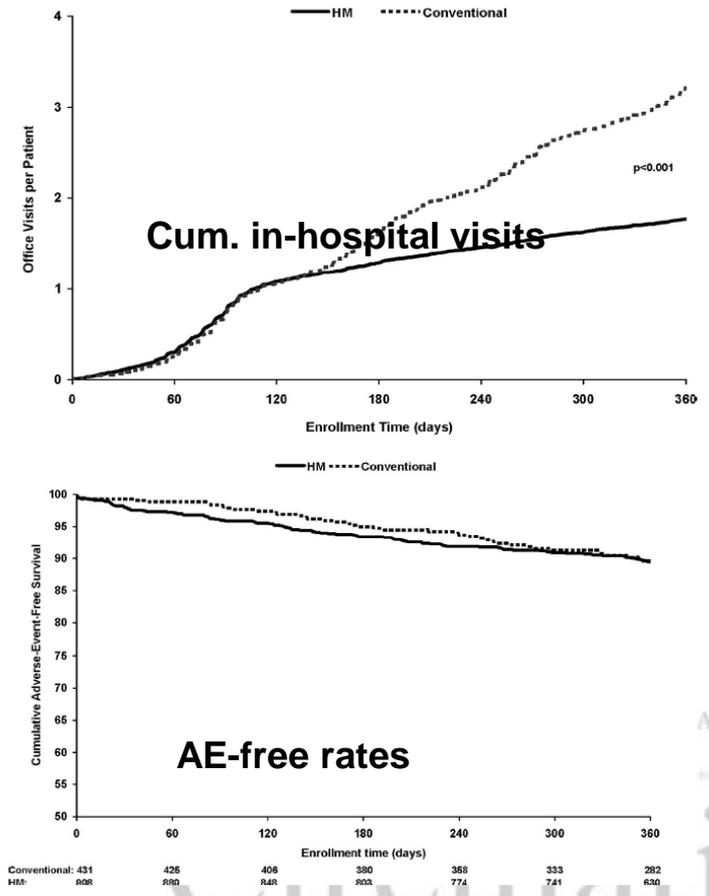
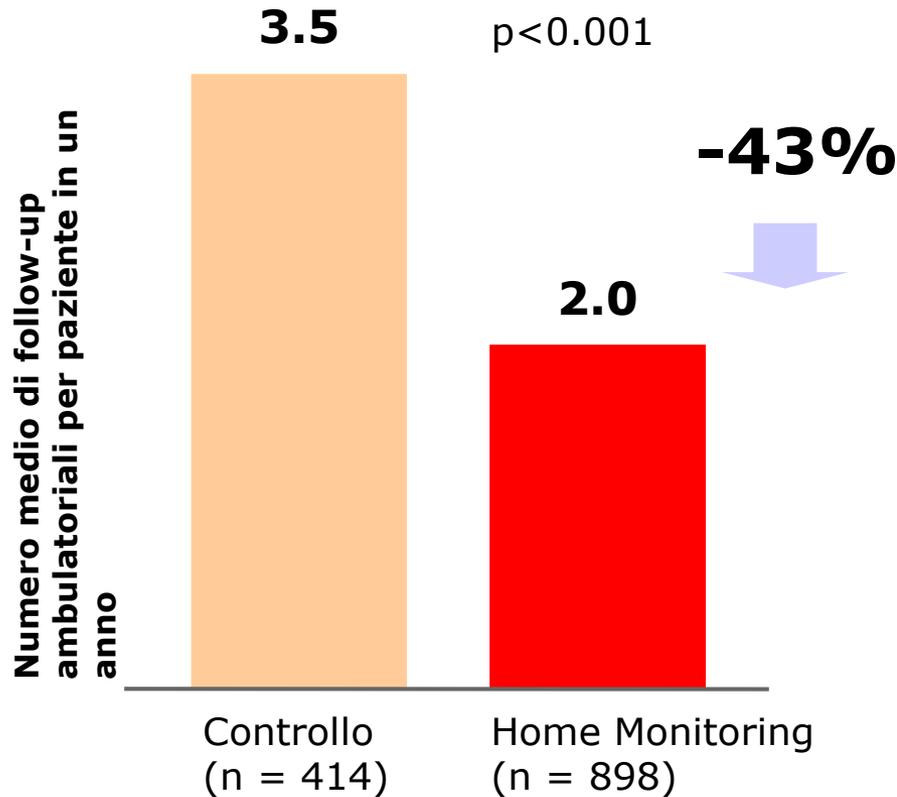
clinic workflow efficiency. The advent of automatic wireless RM has been critical to these results, a change in paradigm that forms the basis of new recommendations.

Summary

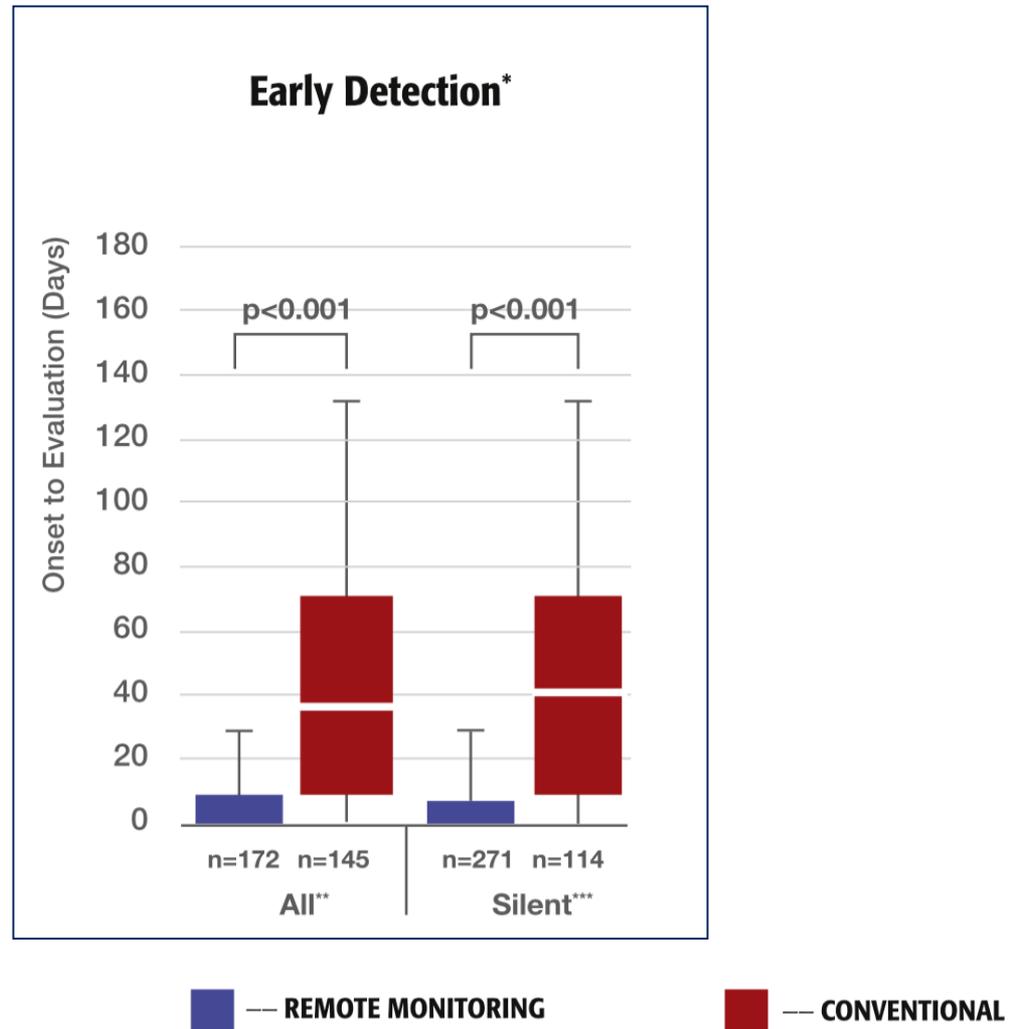
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TRUST trial: In hospital follow-up reduction

Mean number of in-hospital follow-up per patient per year



TRUST trial: event early detection



Varma N et. al. Efficacy and Safety of Automatic Remote Monitoring for Implantable Cardioverter-Defibrillator Follow-Up: The Lumos-T Safely Reduces Routine Office Device Follow-Up (TRUST) Trial. *Circulation*. 2010;122(4):325-32

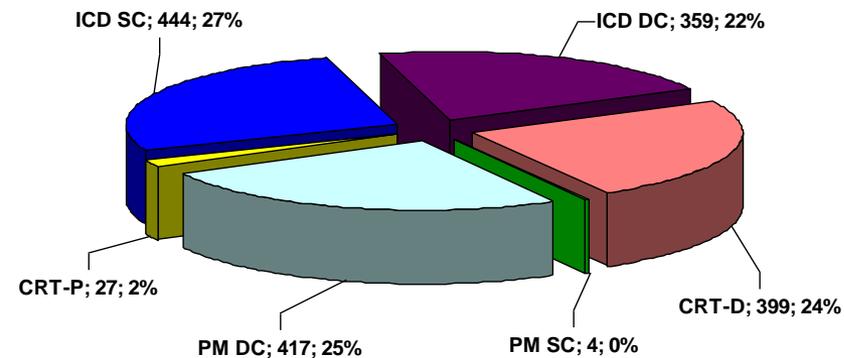
Effectiveness of remote monitoring of CIEDs in detection and treatment of clinical and device-related cardiovascular events in daily practice: the HomeGuide Registry

Renato Pietro Ricci^{1*}, Loredana Morichelli¹, Antonio D'Onofrio², Leonardo Calò³, Diego Vaccari⁴, Gabriele Zanotto⁵, Antonio Curnis⁶, Gianfranco Buja⁷, Nicola Rovai⁸, and Alessio Gargaro⁸

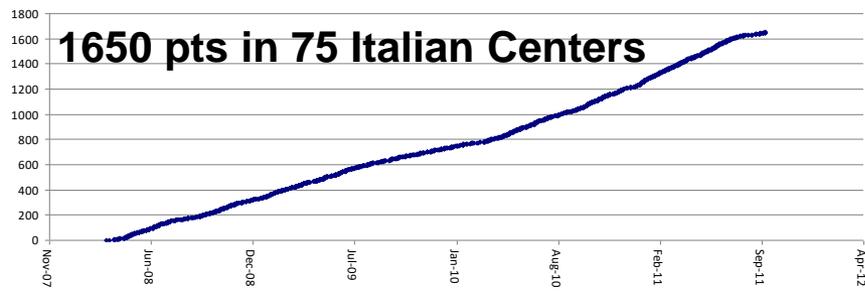
¹Department of Cardiology, San Filippo Neri Hospital, via Martinotti 20, 00135 Rome, Italy; ²UCSD Electrophysiology, Vincenzo Monaldi Hospital, Via L. Bianchi, 80131 Naples, Italy; ³Department of Cardiology, Casilino Hospital, Via Casilina 1049, 00169 Rome, Italy; ⁴Department of Cardiology, Civil Hospital, Via Togliatti 1, 31044 Montebelluna, Italy; ⁵UOC Cardiology, Mater Salus Hospital, Via Gianella 1, 37045 Legnago, Italy; ⁶Electrophysiology, Spedali Civili, P.le Spedali Civili 1, 25123, Brescia, Italy; ⁷Department of Cardiac Thoracic and Vascular Sciences, University of Padua, Via G. Nicolò 50, 35128 Padua, Italy; and ⁸Clinical Office, Biotronik Italia S.p.a., V.le delle Industrie 11, 20900 Vimodrone (MI), Italy

Received 22 October 2012; accepted after revision 24 December 2012

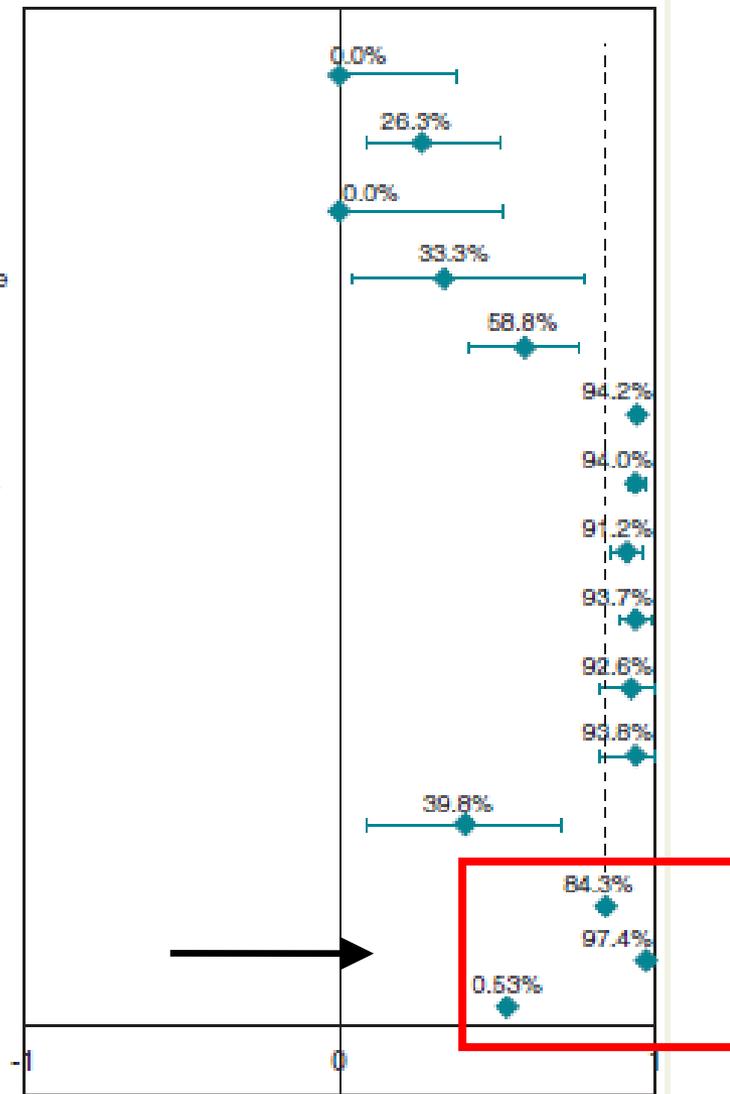
Dispositivi impiantati



Trend arruolamento dall'inizio del Registro



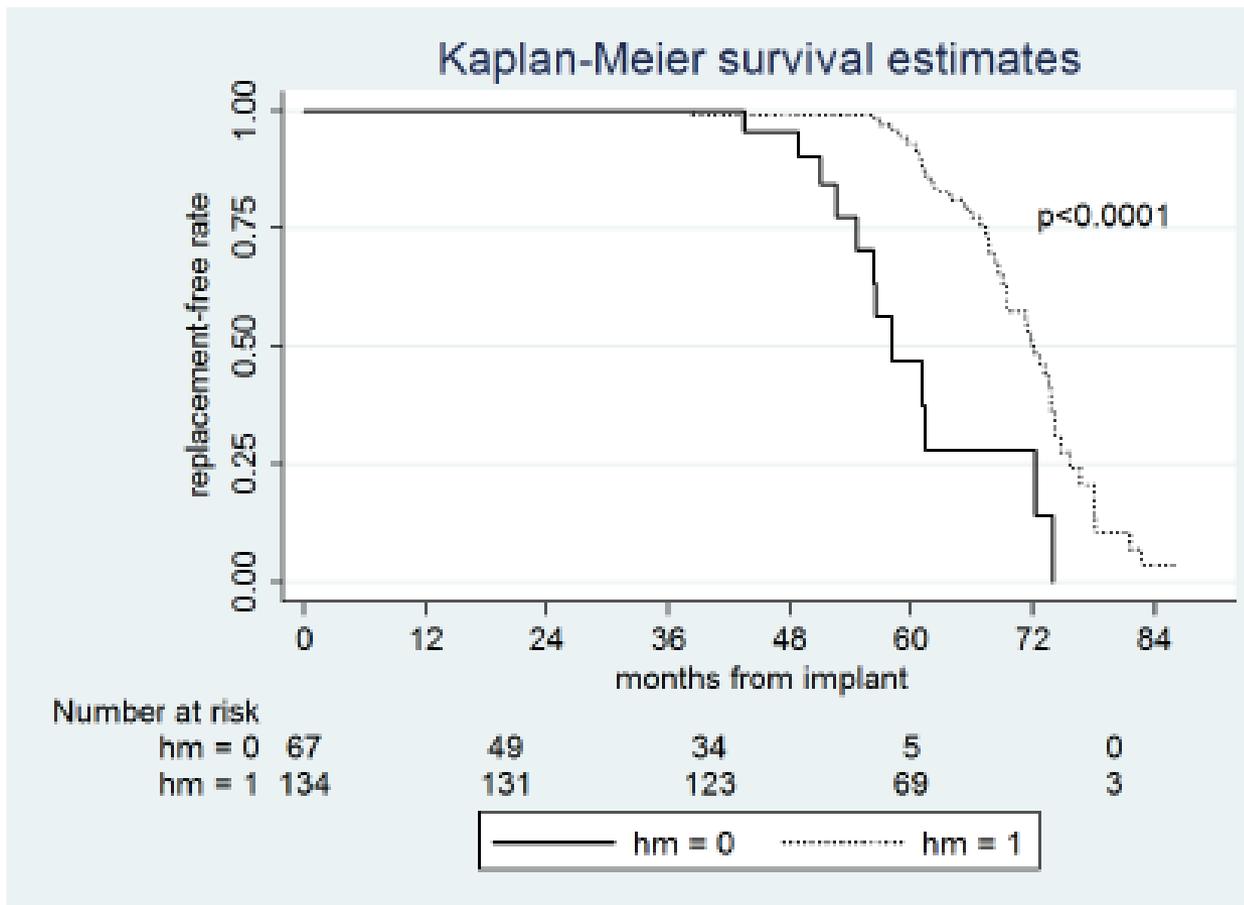
- Infections
- Syncopes
- Strokes
- Acute MI/coronary syndrome
- Worsening HF
- Atrial arrhythmias
- Ventricular arrhythmias
- Ventricular therapies
- A/V sensing issues
- A/V pacing issues
- A/V impedance issues
- Programming issues
- Total sensitivity
- Total PPV
- Incremental utility



94% of asymptomatic events and 73% of actionable events detected by RM

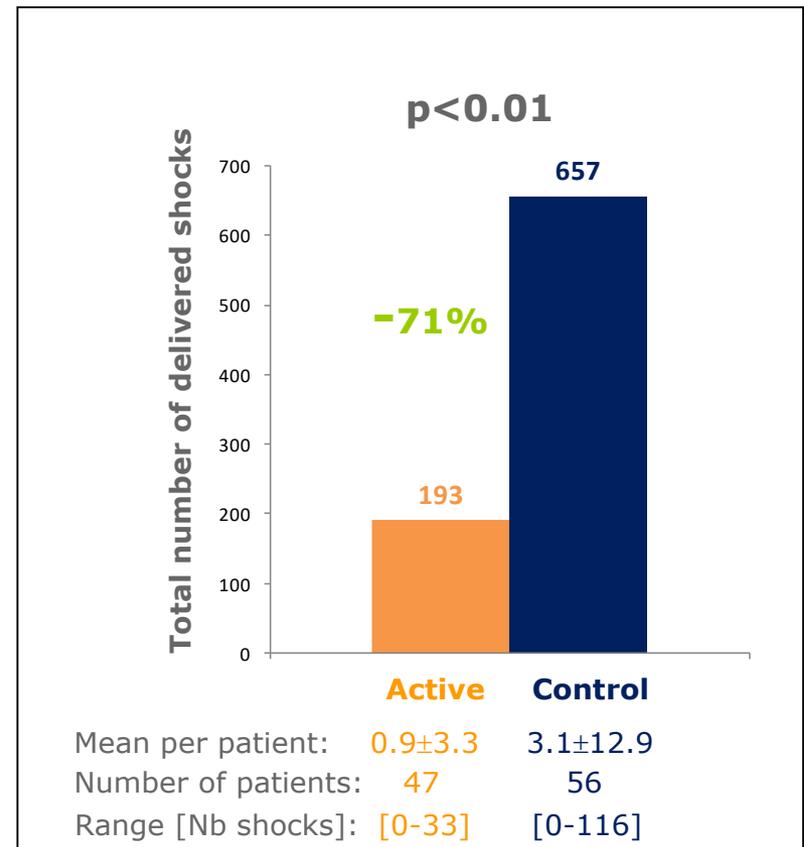
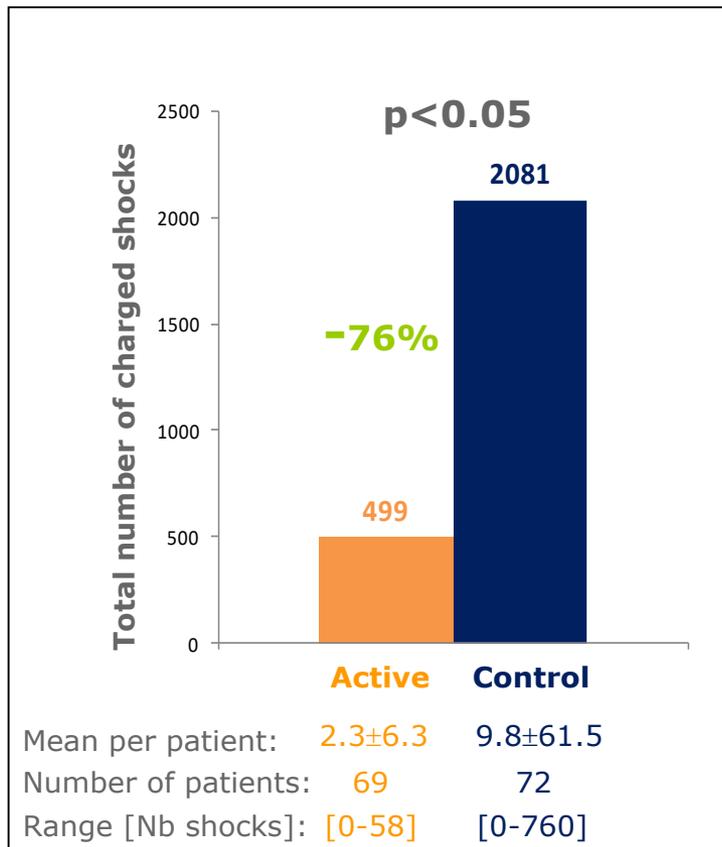
Kaplan-Meier plots of time to device replacement due to battery depletion

201 patients implanted with Cylos DR-T pacemaker



hm=0: Home Monitoring off; hm=1: Home Monitoring on.

ECOST trial: inappropriate shock reduction



52% reduction in inappropriate shocks

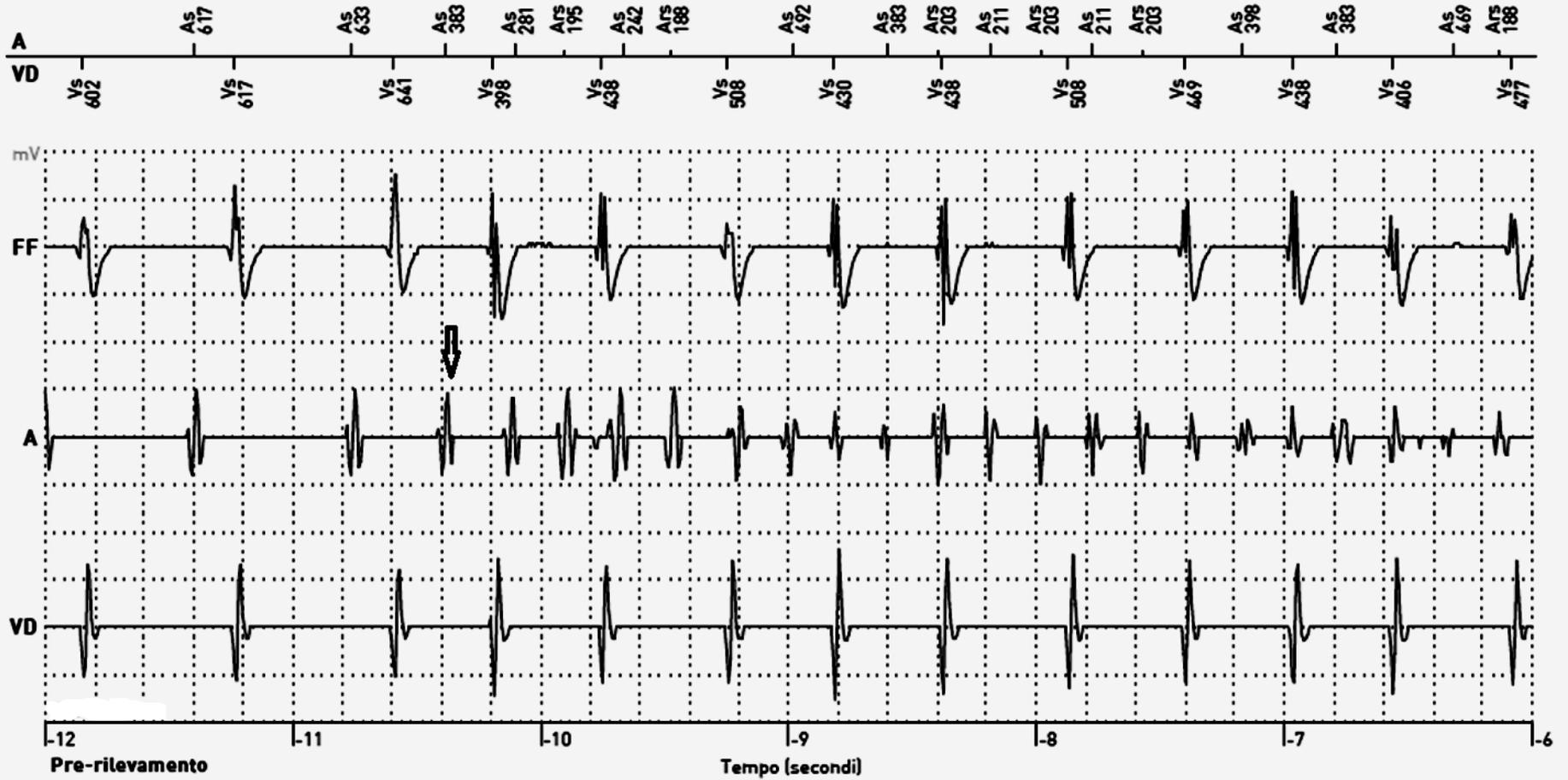
72% reduction of hospitalizations for inappropriate shocks

Guedon-Moreau L, et al. A randomized study of remote follow-up of implantable cardioverter defibrillators: safety and efficacy report of the ECOST trial. Eur Heart J. 2012;34(8):605-14.

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HM - AF detection

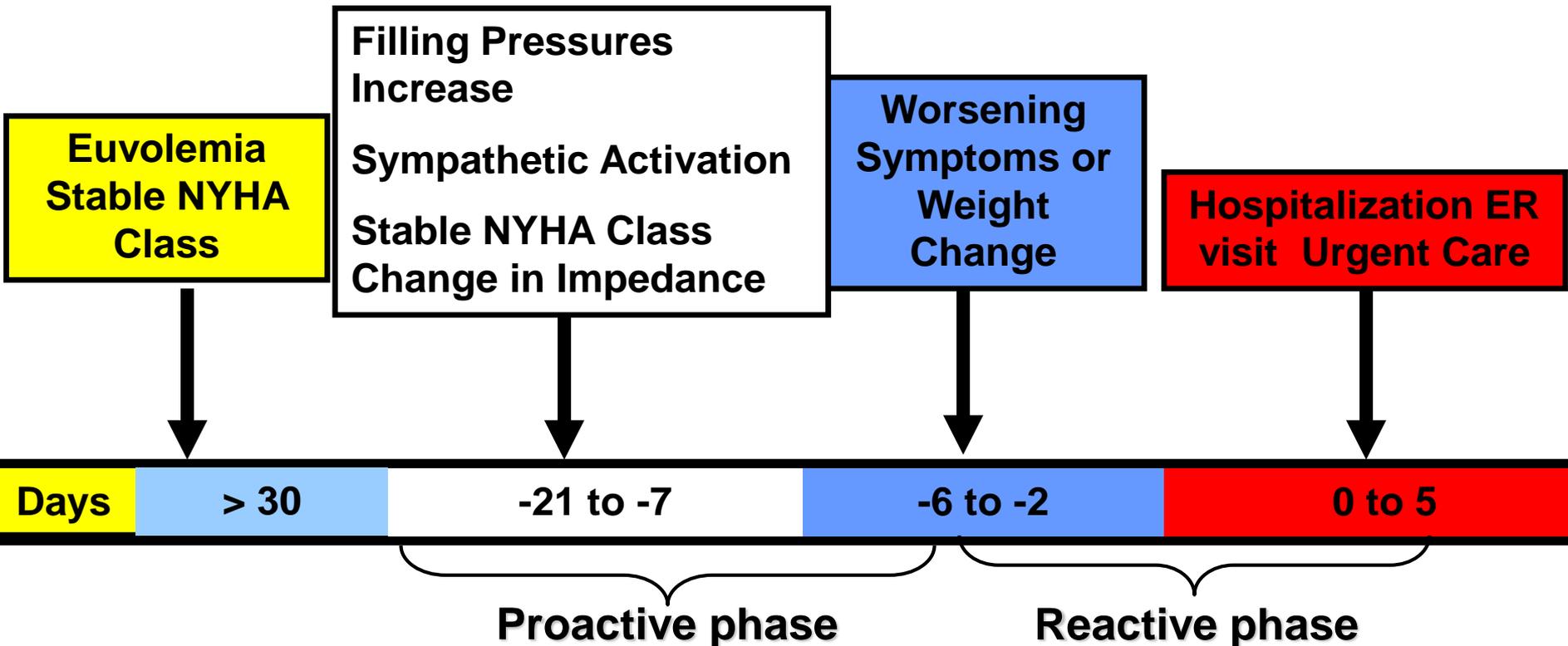


Benefits of AF early detection

- Early anticoagulation
- Antiarrhythmic drug treatment optimization
- Timely electrical cardioversion
- Rate control monitoring
- Ablation procedure scheduling (including AVN)
- Heart failure prevention
- Inappropriate shock prevention

Acute HF event prevention

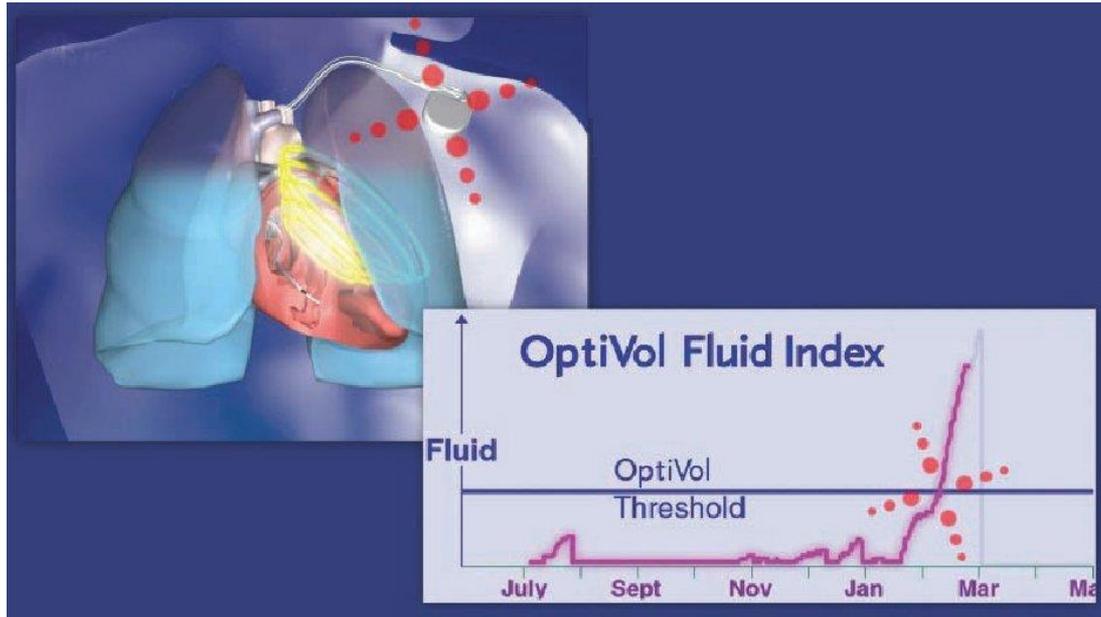
Pulmonary congestion is difficult to recognize in its early stages of development because of the late appearance of symptoms before hospitalization.



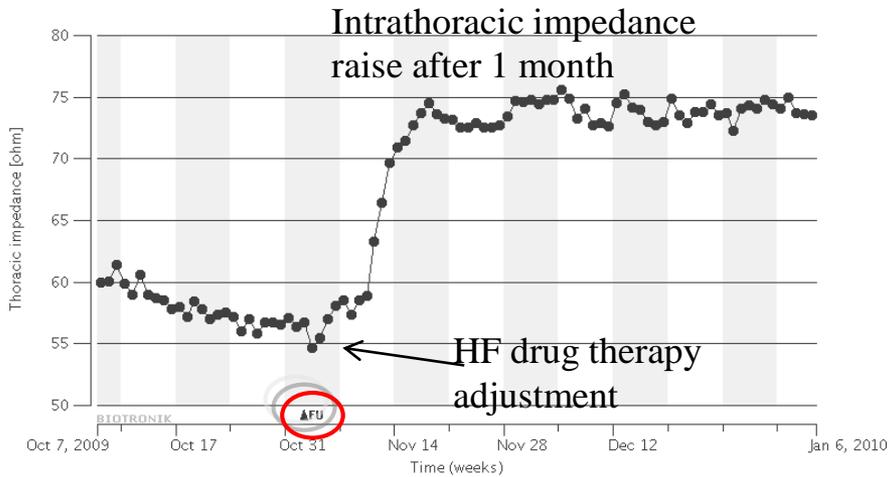
HF Longitudinal Indicators

Mean Heart Rate	⇒	1.8% increased risk of wHF per 1 bpm increase of mean heart rate
Atrial Arrhythmias	⇒	Well assessed predictor of wHF
PVC frequency	⇒	Associated with 5.5-fold increased risk of cardiovascular death
Exercise and daily activity	⇒	Inability to maximal exercise for at least 4 minutes predicts death and wHF
Heart Rate variability	⇒	HRV reduction is associated with wHF
Thoracic Impedance	⇒	60% PPV (wHF)
Ventricular Pacing Percentage	⇒	As high as possible in CRT as low as possible in single / dual chamber ICD

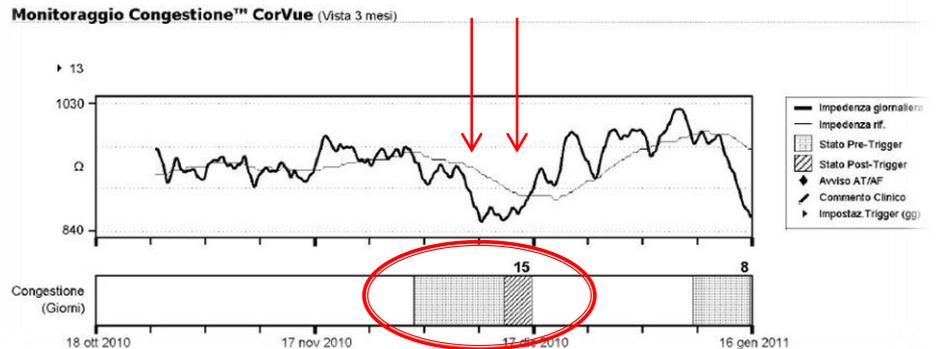
Intrathoracic Impedance



Thoracic impedance
● Thoracic impedance [ohm]



T.G. Fortify™ ST VR 1235-40Q (700231 prC.D.95)		Monitor. Congestione CorVue™	
Paziente e medico		Avviso Monitoraggio Congestione	Parametri Monitor. Congestione
Nome paziente	T.G.	Trigger Congestione Superata	Monitoraggio Congestione On
Data di nascita	6 lug 1943		Trigger Congestione 13 giu
Data di impianto	8 giu 2010		Avviso Monitoraggio Congestione On
Medico /impianto			Avviso Paziente Off
Medico /Follow-up			



Disease Management Heart Failure

JACC: HEART FAILURE

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ISSN 2213-1779

<http://dx.doi.org/10.1016/j.jchf.2016.12.011>

A Multisensor Algorithm Predicts Heart Failure Events in Patients With Implanted Devices



Results From the MultiSENSE Study

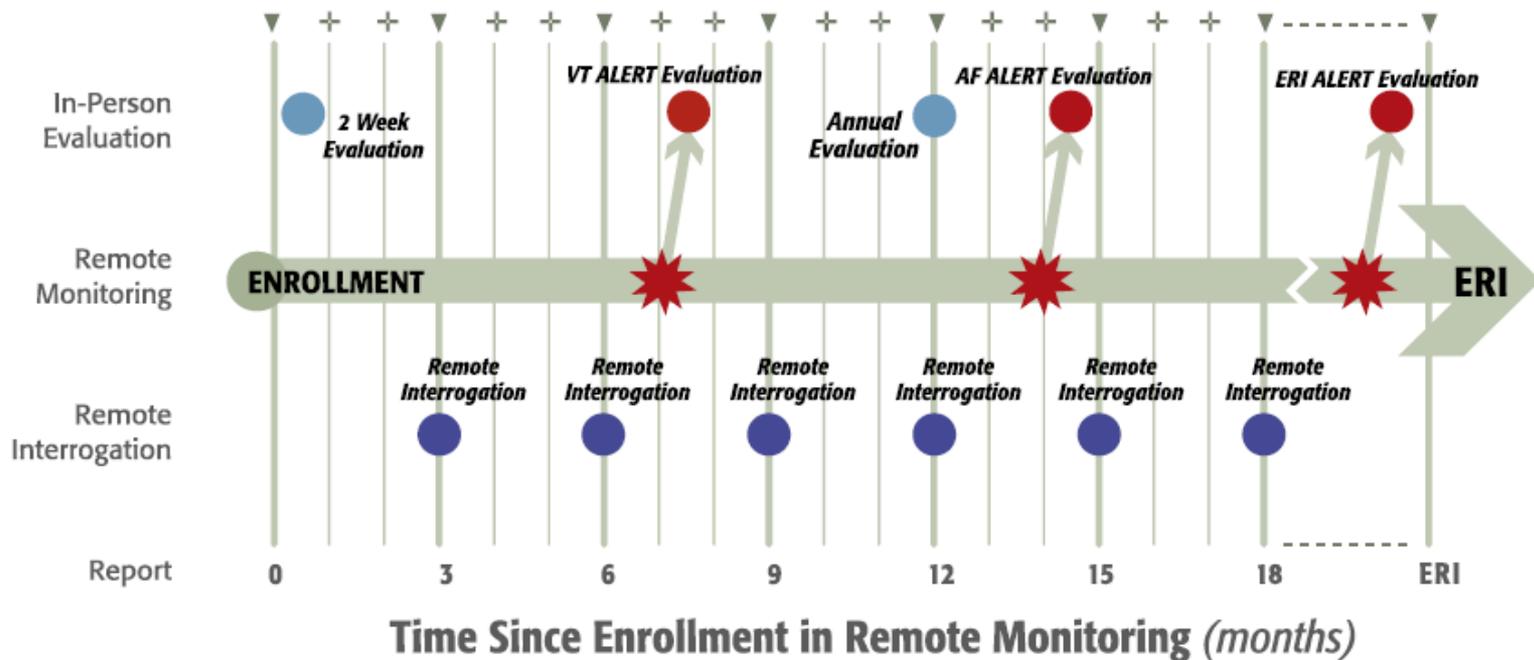
John P. Boehmer, MD,^a Ramesh Hariharan, MD,^b Fausto G. Devecchi, MD,^c Andrew L. Smith, MD,^d Giulio Molon, MD,^e Alessandro Capucci, MD,^f Qi An, PhD,^g Viktoria Averina, PhD,^g Craig M. Stolen, PhD,^g Pramodsingh H. Thakur, PhD,^g Julie A. Thompson, PhD,^g Ramesh Warier, PhD,^g Yi Zhang, PhD,^g Jagmeet P. Singh, MD, DPhM,^h



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Timing of In-Person Evaluation, Remote Monitoring, Remote Interrogation



* Any wireless PM, ICD, CRT device with auto thresholds and auto-sensing algorithms
 ▼ Interim report generation & communication with other health care providers, including heart failure data
 † Interim (monthly) remote monitoring heart failure report
 ABBREVIATIONS: AF = atrial fibrillation; CHF = congestive heart failure; ERI = elective replacement indicator.

Figure 3 Event-based model of cardiac implantable electronic device follow-up.

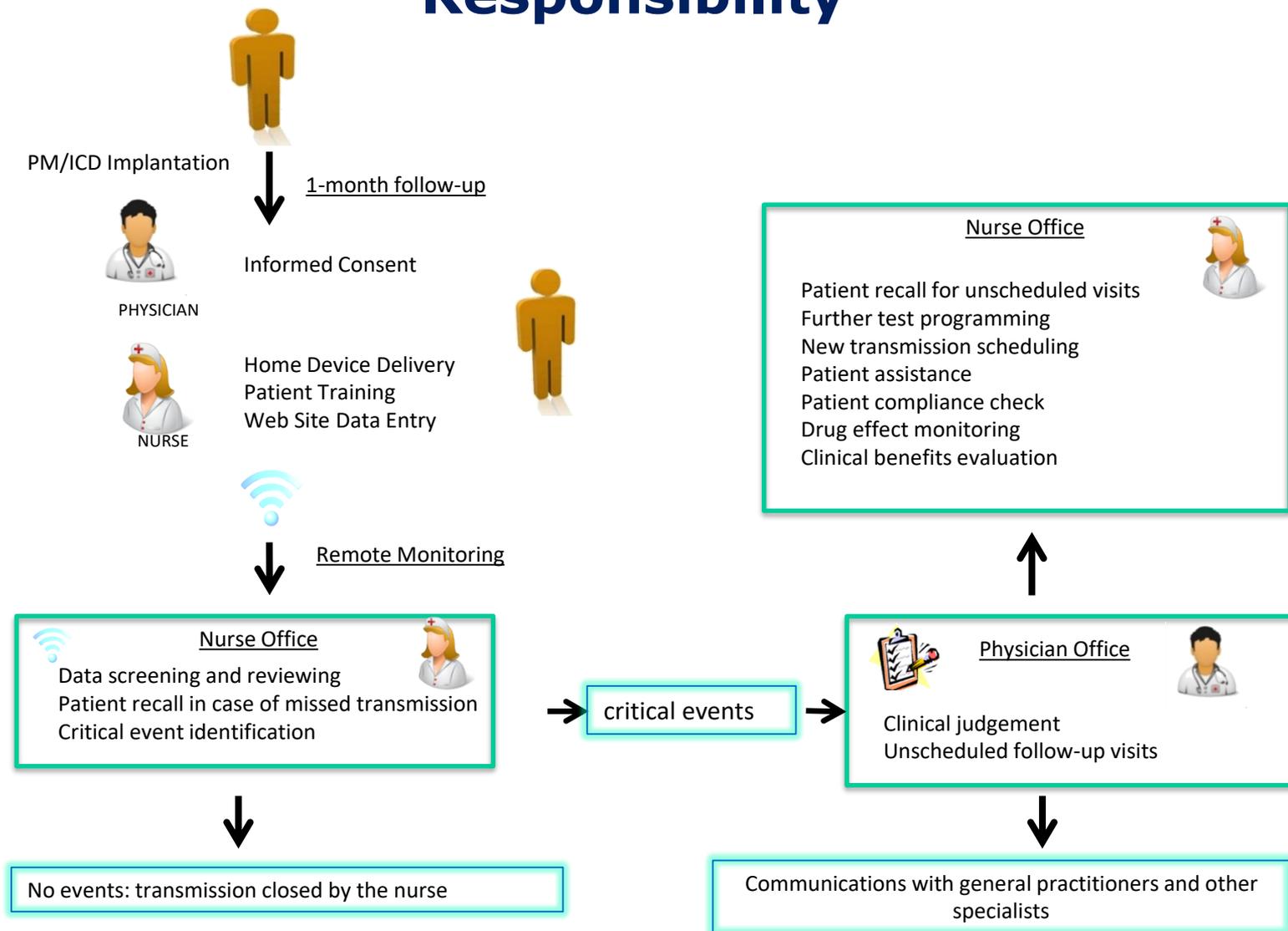
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Patients Responsibilities

Patient enrollment represents a crucial point for the medical team to establish a clear and open strategy for communicating with patients and their caregivers and providing detailed information on the benefits and limitations of RM. A frequently misunderstood limitation of RM is its inability to act as an emergency response system. Patients and caregivers should be made aware that there is a delay between an episode or alert and the transmission of that alert to the CIED clinic. The CIED clinical organizational model should also not be constructed to immediately interpret and act on alerts, but rather it should do so within an acceptable time frame (such as the next business day).

Organizational Model and CIEDs Team Responsibility



Organizational Model, the «Network» Model

Europace Advance Access published November 9, 2012

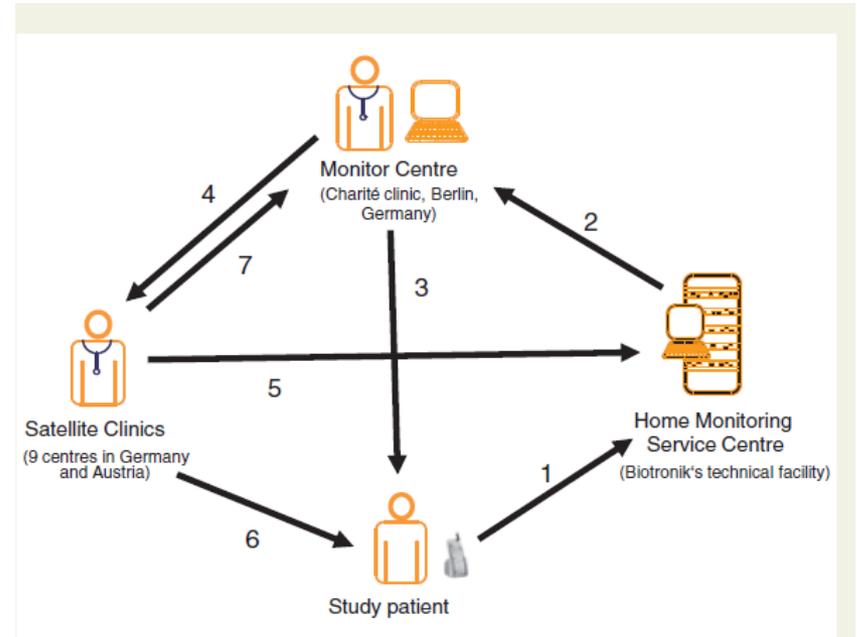


Europace
doi:10.1093/europace/eus252

CLINICAL RESEARCH

Workload and usefulness of daily, centralized home monitoring for patients treated with CIEDs: results of the MoniC (Model Project Monitor Centre) prospective multicentre study

Thomas Vogtmann^{1,8*}, Sascha Stiller², Andrea Marek¹, Stefanie Kespohl³, Michael Gomer⁴, Volker Kühlkamp⁵, Göran Zach⁶, Steffen Löscher⁷, and Gert Baumann¹



European Heart Journal (2016) 37, 2129–2200
doi:10.1093/eurheartj/ehw128

ESC GUIDELINES

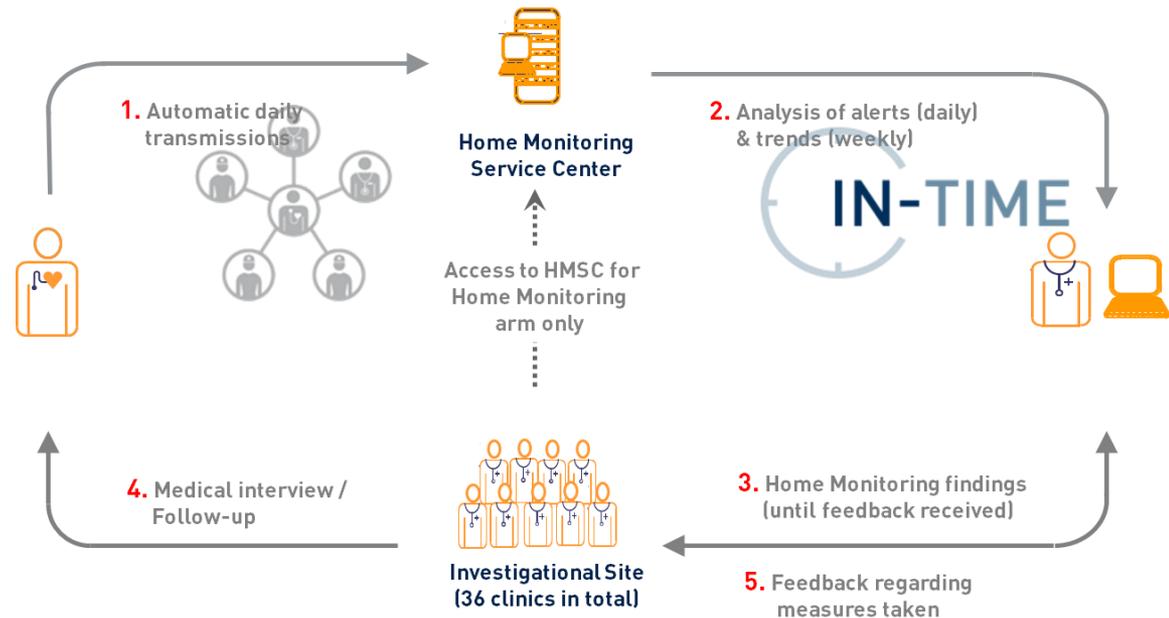
2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

The Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)

Multiparameter monitoring based on ICD (IN-TIME approach) may be considered in symptomatic patients with HFrEF (LVEF ≤35%) in order to improve clinical outcomes.

IIb

B



CIED Industry Responsibility

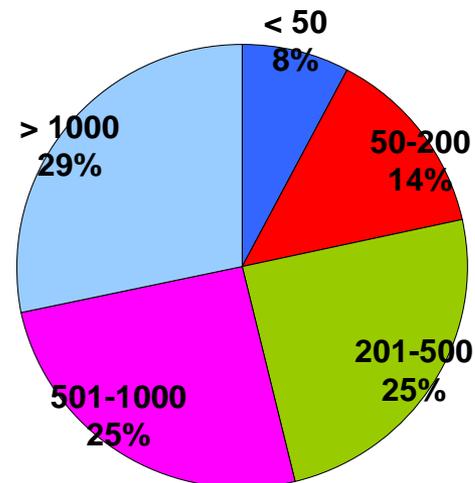
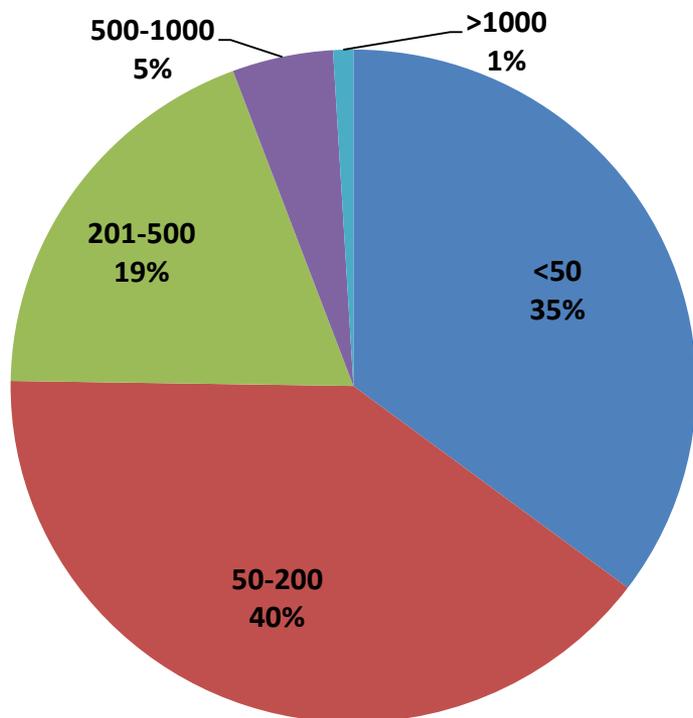
CIED manufacturers play a critical role in developing RI and RM technology and ensuring that adequate evidence is gathered to support the safety and effectiveness of the technology. The collected data includes proprietary industry

SURVEY AIAC 2012

SURVEY AIAC 2016

Pazienti attualmente seguiti nei centri

Pazienti attualmente seguiti nei centri



> 200 = 25%
> 500 = 6%
> 1000 = 1%

> 200 = 79%
> 500 = 54%
> 1000 = 29%

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Legal and Privacy Considerations

Privacy remains a paramount concern.

An ongoing concern is the question as to who owns the data obtained through RM and to what extent manufacturers should be compelled to release data available in their registries when medically warranted. Another concern is how to protect patient privacy when such data are made available for other purposes, whether regulatory or research. The manufacturer of the RM data system has, by definition, custody of the RM data because it is collected on their servers. Patient medical records, by analogy, are in the custody of a practice or hospital.

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Conclusion

Incorporation of RM into follow-up practice, integrating this technology with a modified frequency of the conventional IPE ensures greater patient retention and improves adherence to scheduled evaluations. These data form the basis of our recommendations that RM represents the new standard of care for patients with CIEDs, with alert-driven IPE replacing most routine office interrogations.

Device and Disease Management	Class of Recommendation	Level of Evidence
RM should be performed for surveillance of lead function and battery conservation.	I	A
Patients with a CIED component that has been recalled or is on advisory should be enrolled in RM to enable early detection of actionable events.	I	E
RM is useful to reduce the incidence of inappropriate ICD shocks.	I	B-R
RM is useful for the early detection and quantification of atrial fibrillation.	I	A
The effectiveness of RM for thoracic impedance alone or combined with other diagnostics to manage congestive heart failure is currently uncertain.	IIb	C

B-R = level of evidence B indicates a moderate level from randomized trials; CIED = cardiac implantable electronic device; ICD = implantable cardioverter-defibrillator; RM = remote monitoring.



REGIONE DEL VENETO

giunta regionale

Data **29 APR. 2019** | Protocollo N° **167762** Class. **C.101** Prat. Fasc. | Allegati N° 1

Oggetto: Trasmissione della delibera n. 478 del 23.04.2019, avente ad oggetto *'Inserimento nel Nomenclatore Tariffario della specialistica ambulatoriale di una nuova prestazione della branca 8 Cardiologia ed estensione del numero di prestazioni della stessa branca erogabili in regime di esenzione alla compartecipazione della spesa sanitaria.'*

CODICE	PRESTAZIONE	TARIFFA
89.50.2	CONTROLLO IN REMOTO DI PAZIENTI PORTATORI DI PACEMAKER, DEFIBRILLATORE E LOOP RECORDER (ciclo di 4 controlli). Massimo 4 controlli/anno	€ 25,55

« ... In the long history of the human race (and also of the animal genus ...) those who have learned to collaborate and to improvise more effectively, have prevailed ... »

(Charles Darwin)



Thanks

La necessità di un modello organizzativo dedicato al controllo/monitoraggio remoto dei dispositivi impiantabili

E' arrivato il tempo di pensare a nuove modalità di gestire i pazienti portatori di dispositivi, sia in relazione al controllo periodico dei parametri elettrici che per quanto riguarda le diagnostiche cliniche

2013 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy

The Task Force on cardiac pacing and resynchronization therapy of the European Society of Cardiology (ESC). Developed in collaboration with the European Heart Rhythm Association (EHRA).

Recommendations	Class ^a	Level ^b	Ref. ^c
Device-based remote			174-176

HRS Exp and mon devices

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A strategy of rem recommended or technically feasi

All patients with strategy.

Device and Di RM should be

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RM is useful to reduce the incidence of inappropriate ICD shocks.

RM is useful for the early detection and quantification of atrial fibrillation.

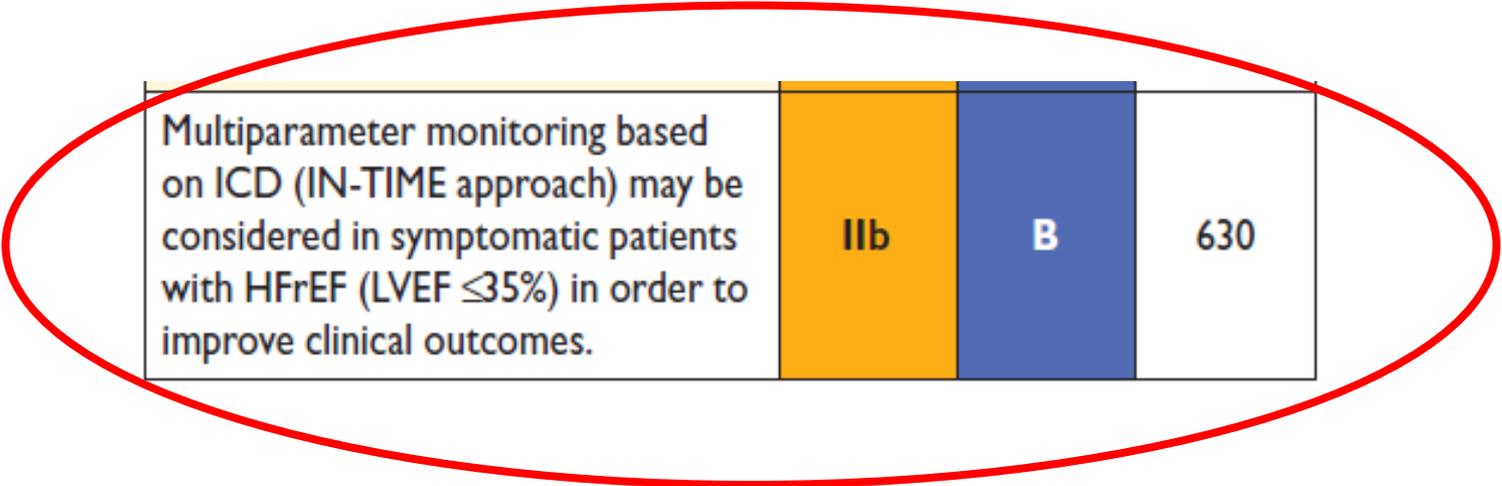
I
I
I

Introduction

Recommendations for exercise, multidisciplinary management and monitoring of patients with heart failure

2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

The Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)



Multiparameter monitoring based on ICD (IN-TIME approach) may be considered in symptomatic patients with HFrEF (LVEF \leq 35%) in order to improve clinical outcomes.	IIb	B	630
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Introduction

- What is the IN-TIME approach?
- Which are the major findings?



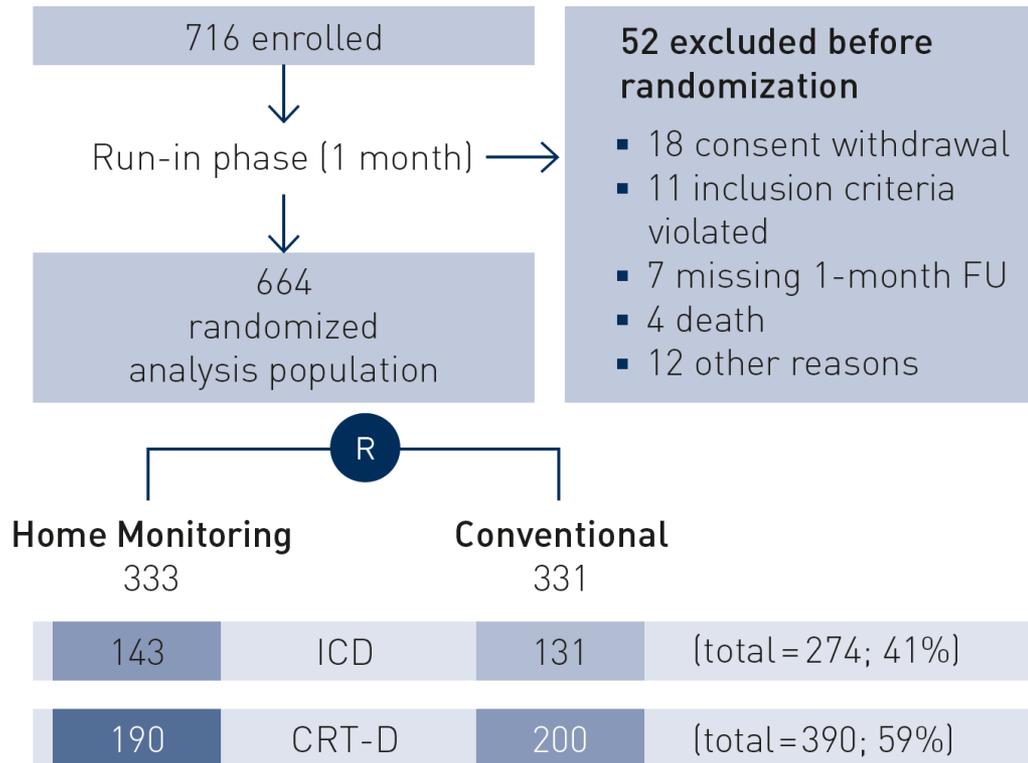
Implant-based multiparameter telemonitoring of patients with heart failure (IN-TIME): a randomised controlled trial

*Gerhard Hindricks, Milos Taborsky, Michael Glikson, Ullus Heinrich, Burghard Schumacher, Amos Katz, Johannes Brachmann, Thorsten Lewalter, Andreas Goette, Michael Block, Josef Kautzner, Stefan Sack, Daniela Husser, Christopher Piorkowski, Peter Søgaard, for the IN-TIME study group**

IN-TIME study

Study design and inclusion criteria

Prospective, randomized, multi-center design



Major inclusion criteria

- Dual-chamber ICD or CRT-D indication
- Chronic heart failure with NYHA Class II or III
- LVEF \leq 35% within 3 months prior to screening
- Indication for therapy with diuretics

Before randomization:

- Stable optimal drug therapy
- Transmission performance of Home Monitoring \geq 80%

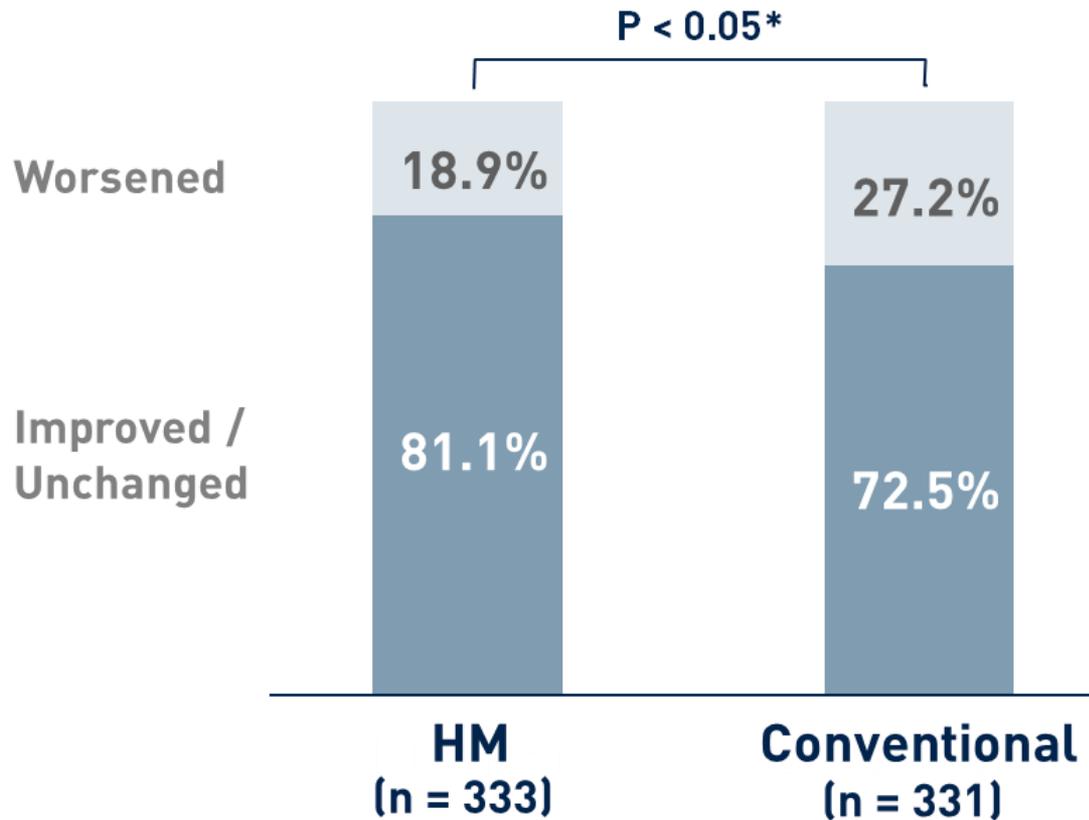
Major exclusion criteria

- Permanent atrial fibrillation

IN-TIME study

Results Primary composite endpoint

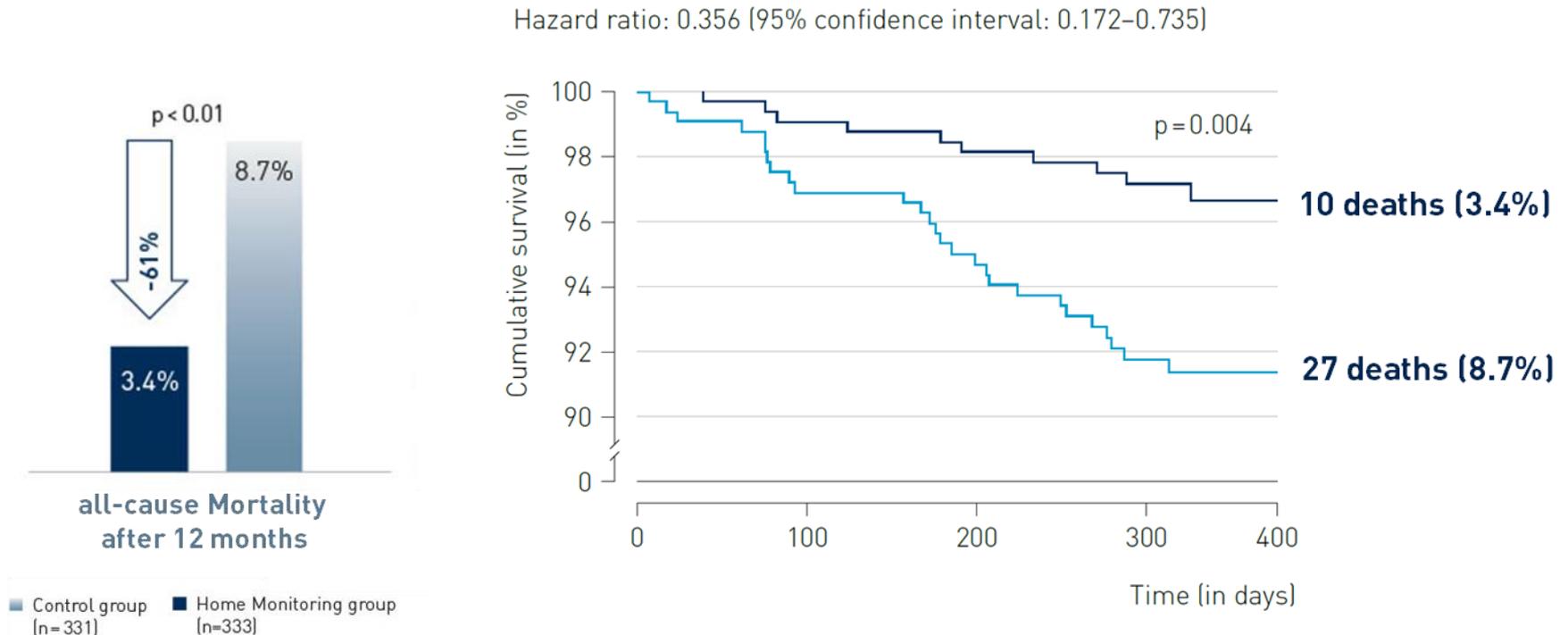
Reduction of worsening of clinical status in HM group.



IN-TIME study

Results

- This difference was mainly driven by the lower mortality in the HM group.
- All-cause mortality reduction 61% (3.4% vs. 8.7%, HR 0.36, 95% CI 0.17–0.74, P=0.004), this means 51 lives saved every 1000 patients in 1 year follow-up.
- The result was similar considering only cardiovascular deaths.



IN-TIME study

Discussion

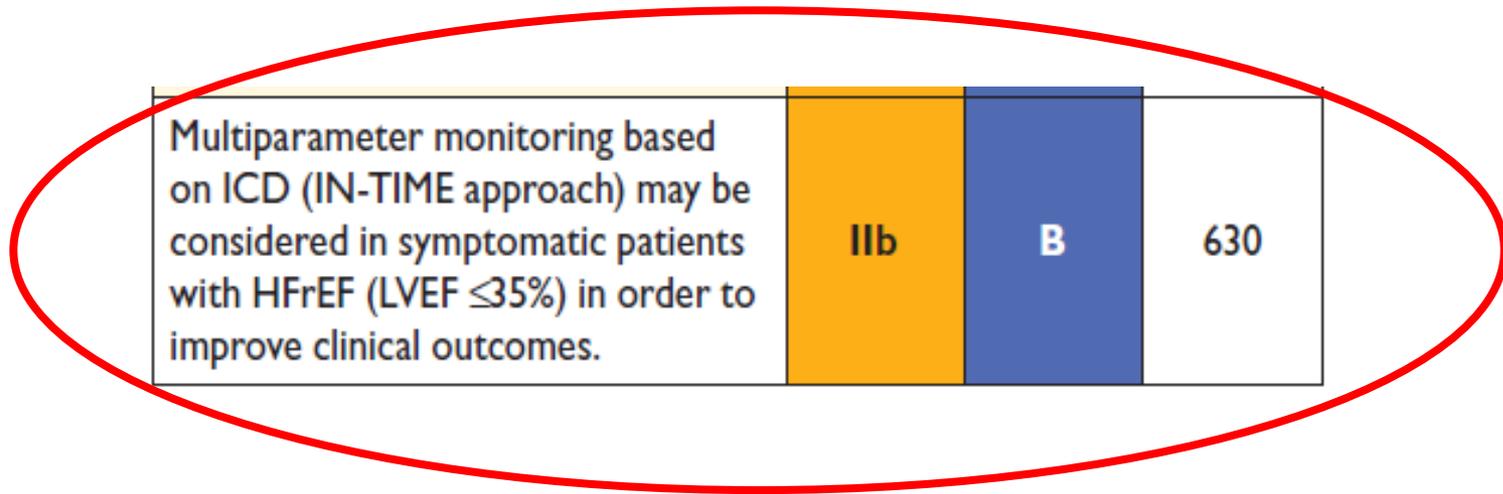
“Three mechanisms contributed in parallel to the improved clinical outcome, but their contributions are unclear”

- Early detection of ventricular and atrial tachyarrhythmias;
- Suboptimal device function;
- Patient interviews raised patients’ awareness and encouraged them to take more responsibility for their own health.

	Observation sent to investigational site	Patient contact by investigational site	Further action by investigational site*
Ventricular tachyarrhythmia or shock†	42 (56)	24 (38)	15 (22)
Atrial tachyarrhythmia‡	65 (109)	53 (70)	18 (24)
CRT <80% over 48 h§	35 (91)	28 (63)	15 (26)
Ventricular extrasystole frequency >110 per hour or increasing trend over 7 days	46 (54)	34 (39)	7 (7)
Decreasing trend of patient activity over 7 days	1 (1)	1 (1)	0 (0)
Abnormal IEGM or sensing safety notification¶	34 (51)	20 (25)	14 (15)
Pacing or impedance safety notification	26 (43)	13 (14)	5 (5)
Gap in data transmission of >3 days	241 (818)	174 (401)	4 (4)
Total	280 (1225)	238 (641)	63 (99)
Mean per patient-year	4.0	2.1	0.3
Median per patient-year (IQR)	3.0 (1.1-5.7)	1.1 (0.0-3.0)	0.0 (0.0-0.0)

IN-TIME approach

What does it consist?



1

Workflow model

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2

IN-TIME

Multiparameter

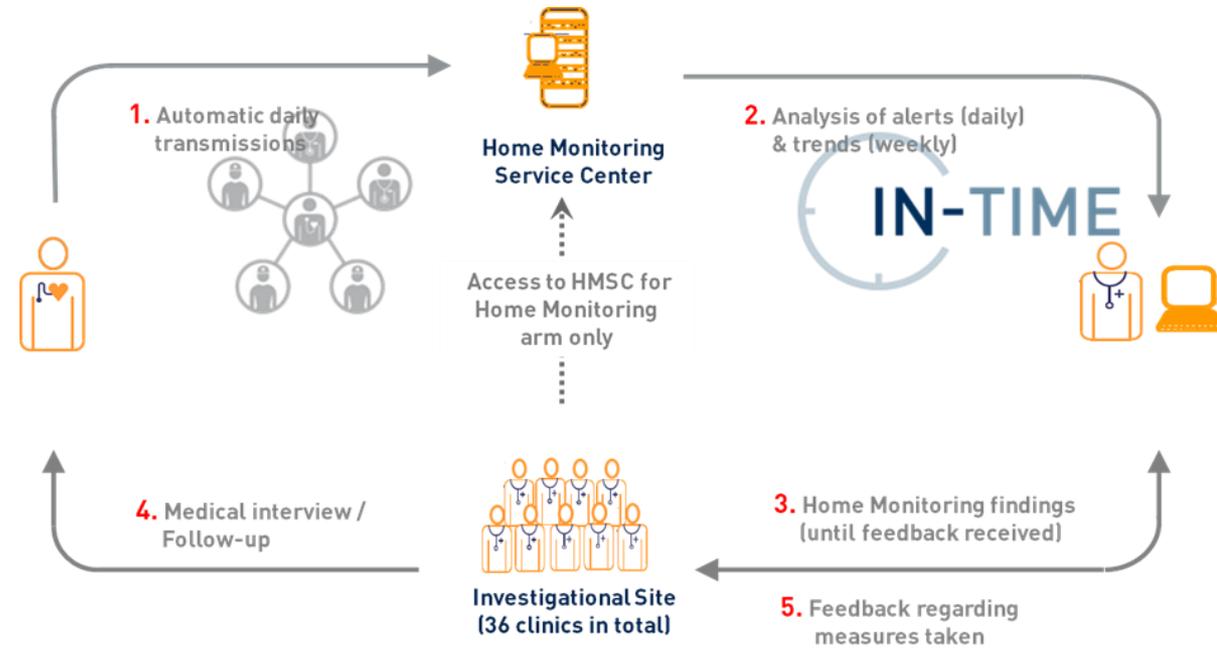
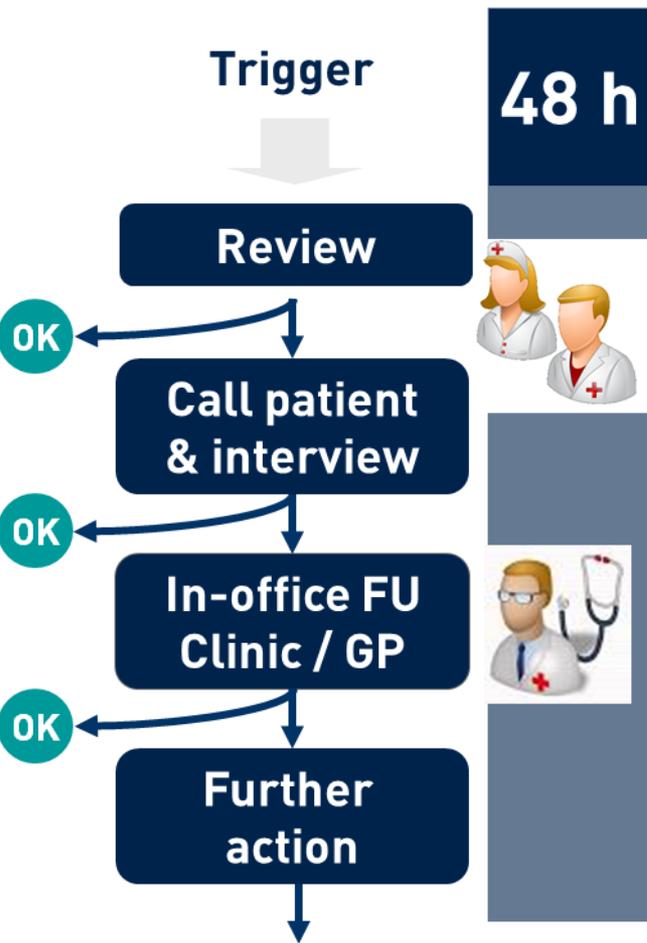
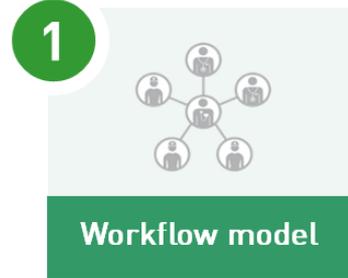
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3

Transmissions

IN-TIME approach

Workflow for detection of critical events and medical management of events



IN-TIME approach

Multiparameter monitoring

2

IN-TIME

Multiparameter

- Several typologies of alerts that can be personalized to the subject

Atrial Arrhythmia:

- ➔ First AF Episode >30s
- ➔ Long AF Duration
- ➔ High AF burden

Ventricular Arrhythmia:

- ➔ Ventricular Storm
- ➔ First Shock
- ➔ First slow VT

Technical Parameters:

- ➔ Low CRT Stimulation
- ➔ Technical Parameter
- ➔ Missing HM message

Trends / Other:

- ➔ Decreasing patient activity
- ➔ Increasing VES
- ➔ Suspicious IEGMs

Implant				
				Off
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Detection off
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	ERI
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	Programmer triggered message received
Lead				
				Off
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	RA Pacing impedance: < 250 ohm or > 1500 ohm
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	RA sensing amplitude (daily mean): < 0.5 mV
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	RV pacing impedance: < 250 ohm or > 1500 ohm
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	RV sensing amplitude (daily min): < 2.0 mV
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	RV pacing threshold safety margin < 1.0 V
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	LV pacing impedance: < 250 ohm or > 1500 ohm
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	LV sensing amplitude (daily mean): < 2.0 mV
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	LV pacing threshold safety margin < 1.0 V
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Daily shock impedance: < 30 ohm or > 100 ohm

IN-TIME approach

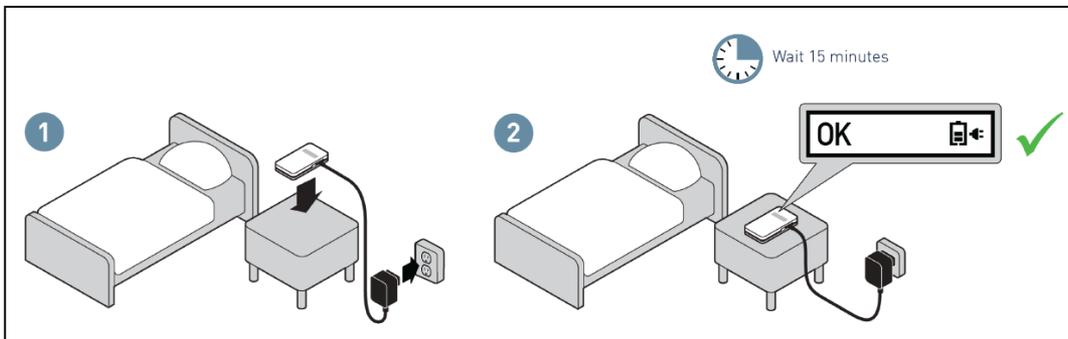
Daily, automatic and reliable transmissions

3



Transmissions

- Daily fully automatic system;
- Alert for lack of transmissions (after 3 days of missing messages);
- TRUST (Home Monitoring): 87% of days with successful transmission;
- IN-TIME (Home Monitoring): 85% of days with successful transmission;
- With other system percentage of successful transmission with alert ranges from 55 to 83%.



Our logistic model in Legnago Cardiology

1 dedicated cardiology technician

daily review of all RM transmissions
training and education to the patients
solve gap of transmissions issues
filtering known problems
communication of critical events to responsible physician
close collaboration with HF ambulatory

Time to reaction of RM alerts



RED alerts: immediate communication to the physician

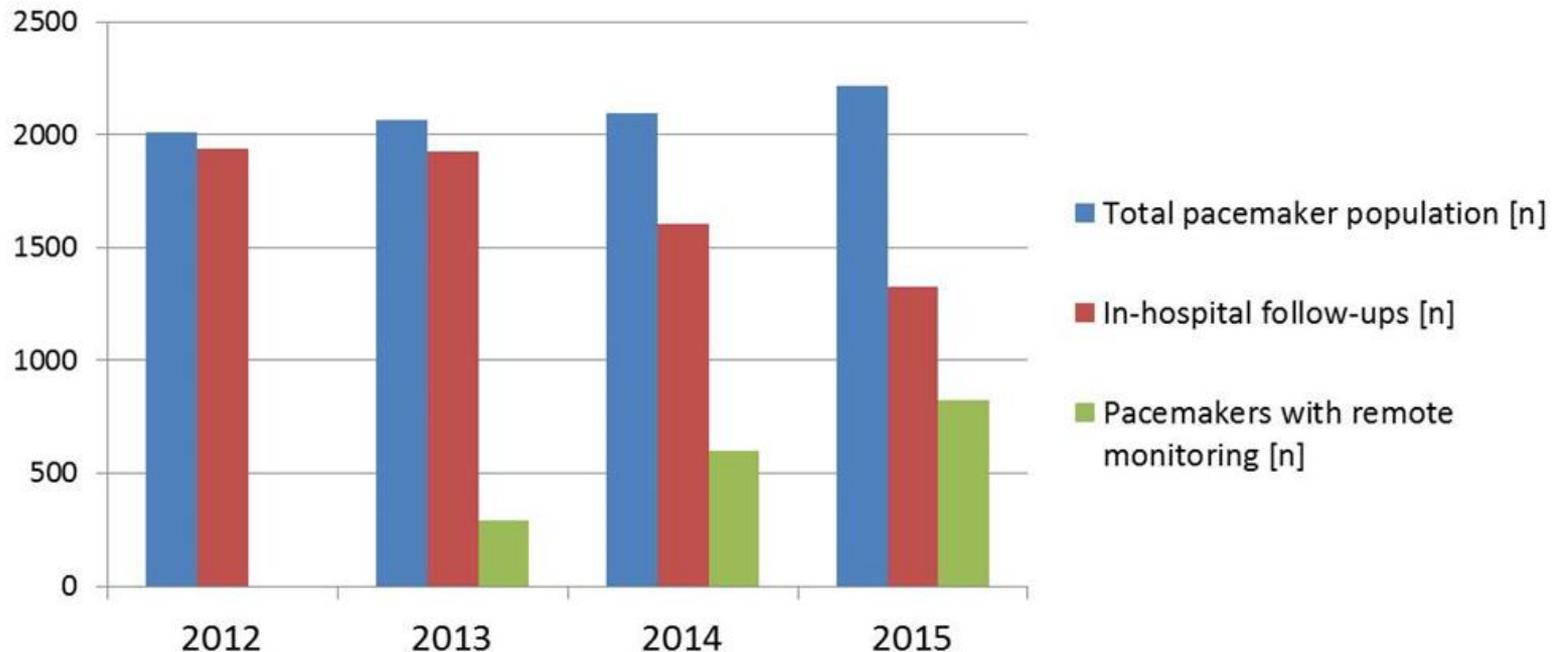


YELLOW alerts: communication to the physician by the end of the day

Monitored patients at our centre

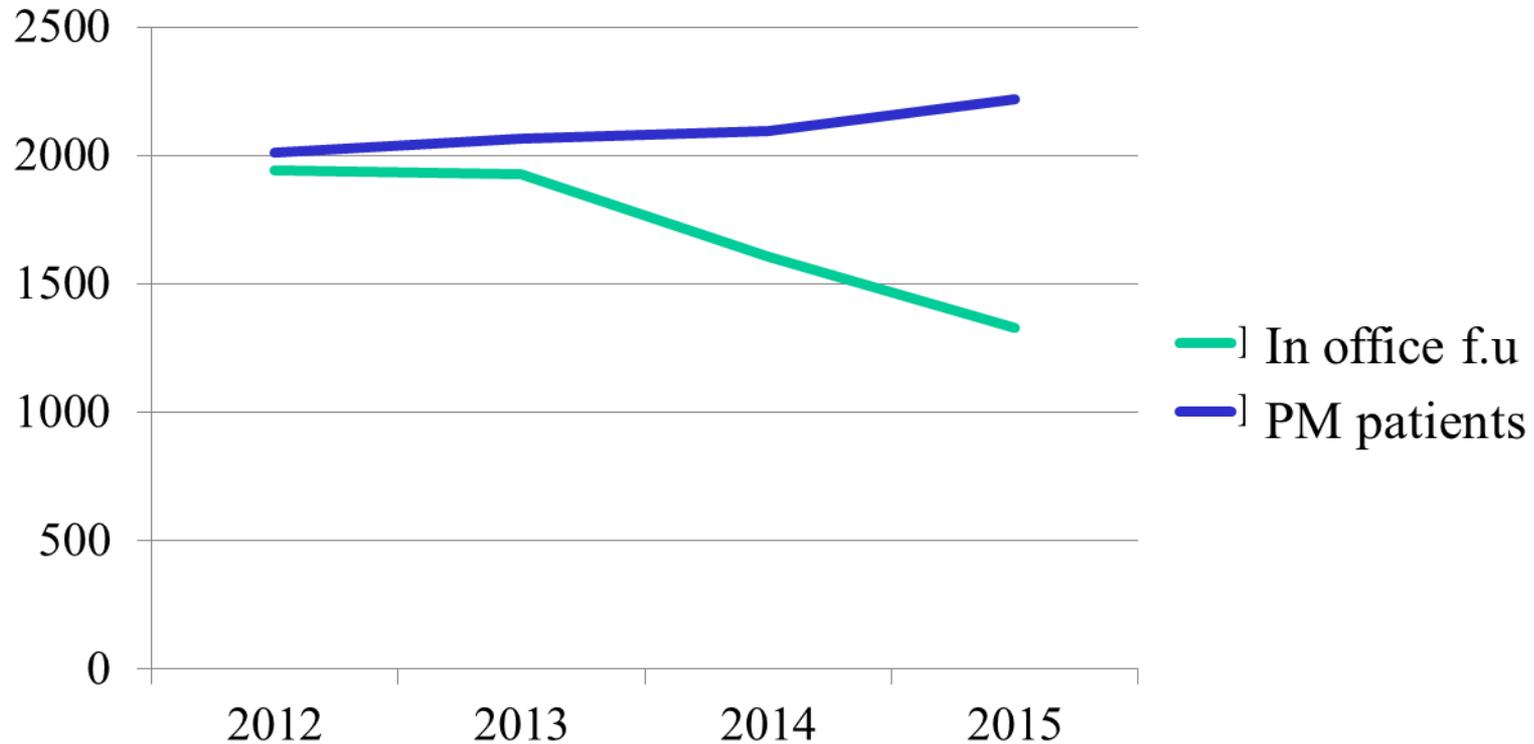
	ICD	PM	Loop rec
Medtronic	261	303	51
Biotronik	281	560	2
Boston	98	315	
St Jude	13	22	
Monitored patients	653	961	49
Tot. patients	653	2685	53
Monitored patients: 1894 Tot patients: 3391			

Results of 3 years of PM RM in Legnago



A stable yearly reduction of around 17% of the in-hospital visits was found since the second year from the RM introduction.

Results of 3 years of PM RM in Legnago



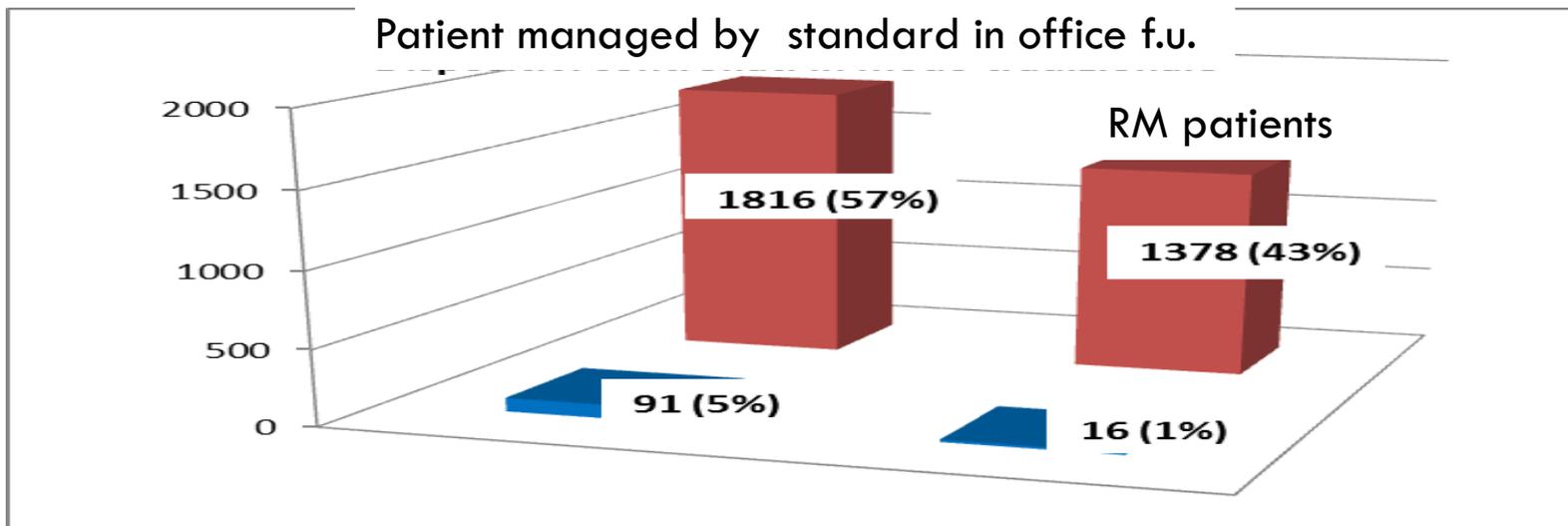
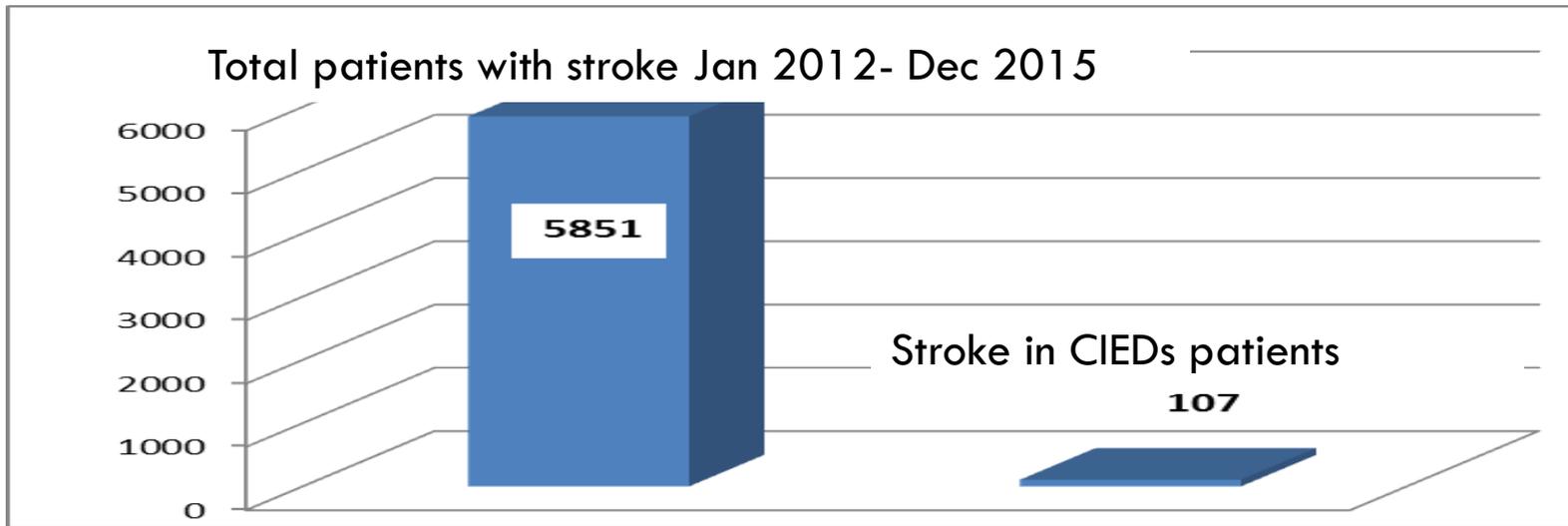
Despite the increase of CIEDs patients, the implementation of this RM model allows the 32% reduction of in office follow up visits in 3 years

Tipologia di allarmi

Unscheduled in-hospital follow up triggered by RM alerts [n(%)]	2013	2014	2015
Autocapture deactivation	12 (21)	19 (20)	29 (26)
Pacing mode reprogramming	12 (21)	18 (19)	10 (9)
Pacing mode reprogramming for AT/AF	8 (14)	12 (12)	19 (17)
Threshold increase	6 (11)	9 (9)	13 (12)
Sensing decrease	2 (3)	5 (5)	6 (5)
Pacing impedance out of range	0 (0)	1 (1)	3 (3)
Transmission problems	13 (23)	22 (23)	20 (18)
Pharmacological therapy optimization	4 (7)	10 (10)	10 (9)
Total	57 (100)	96 (100)	110 (100)

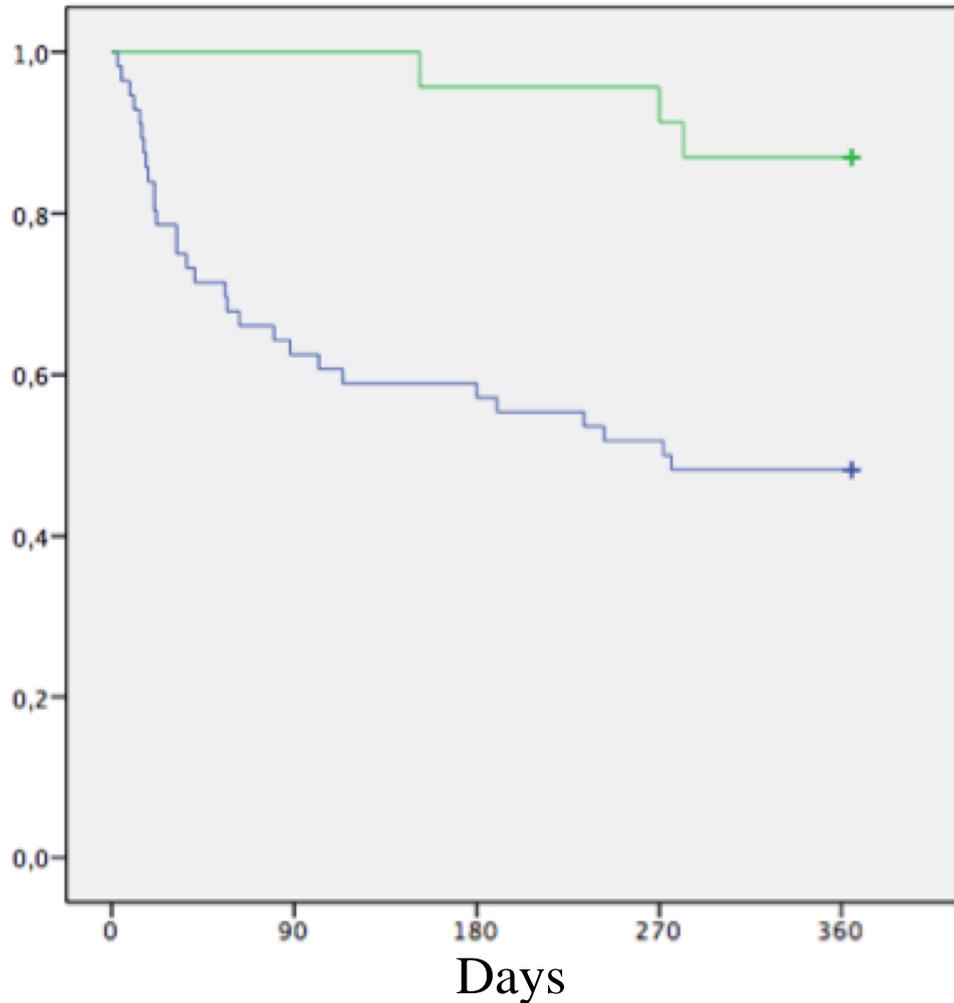
La percentuale di fup ambulatoriali non programmati è del 14% nei pazienti in controllo remoto e del 3,5% nel gruppo convenzionale

Thromboembolic stroke in CIEDs patients



Thromboembolic stroke in CIEDs patients

Cumulative survival



87% Monitored Group

48,2% not Monitored Group

Conclusions and further perspectives

- The use of clinical diagnostic of devices is a possible important tool to improve the management fo HF patients
- The IN TIME approach is a potential model
- In our daily clinical practice, we need a model with nurses or clinicians dedicated to remote monitoring of ICD and CRT-D patients
- We need a real collaboration between the remote monitoring service and the HF ambulatory
- This logistic model should be further investigated in ordinary practice to assess its feasibility and efficacy



Thanks

Final thoughts

- Remote monitoring technologies will play a key role in disease management of patients with CIEDs
- Technology and work flow matters; not all remote technology platforms are the same.
- Remote monitoring parameters (single parameter vs. multi parameter) and work flow for detection of critical events and medical management of events play a significant role.
- Pre-defined treatment pathways and central monitoring seems critical.
- There is evidence that multiparameter monitoring and optimal work flow reduce mortality in CIEDs patients.