



31 GIORNATE CARDIOLOGICHE TORINESI

TURIN
October
24th - 26th
2019

AMYLOIDOSIS AND INFILTRATIVE CARDIOMYOPATHIES

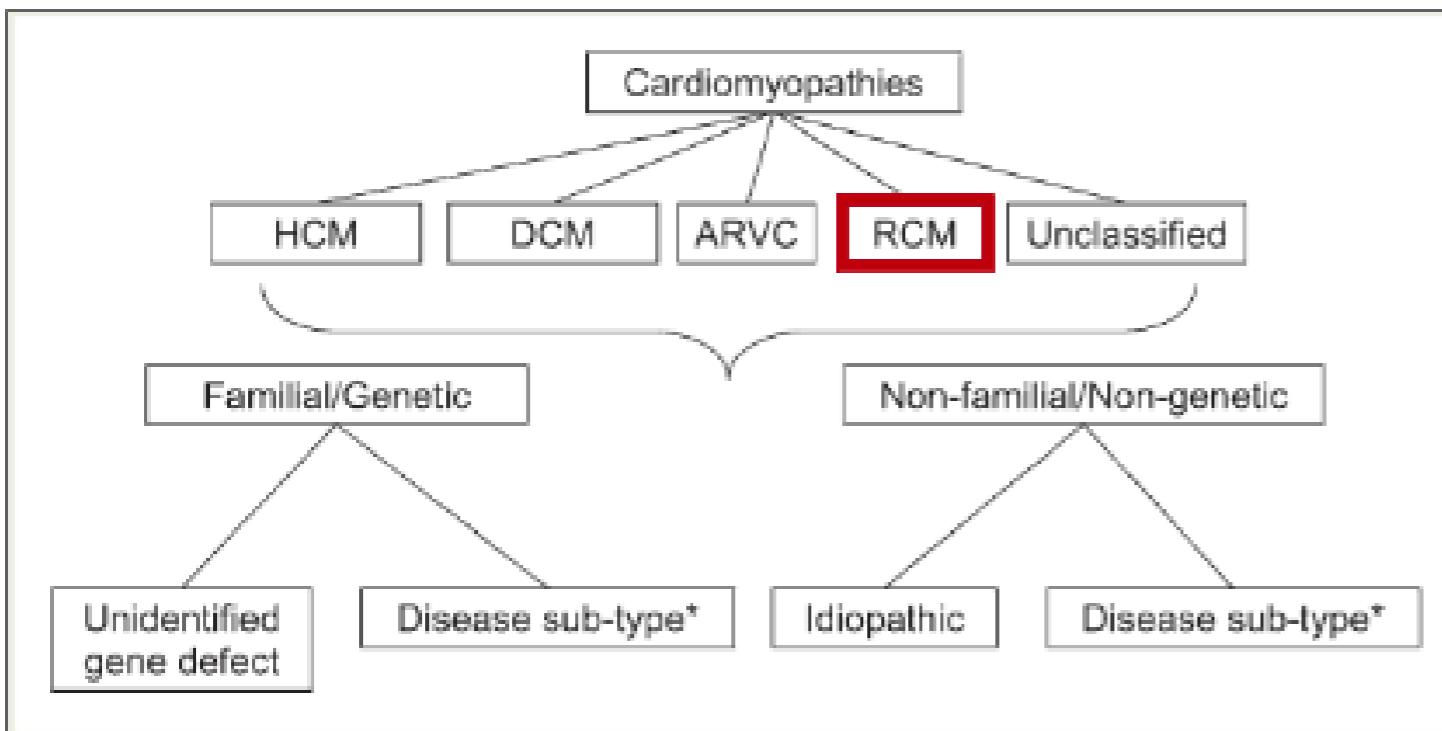
**ANTONELLA FAVA
CARDIOLOGIA UNIVERSITARIA
CITTÀ DELLA SALUTE E DELLA SCIENZA
TORINO**



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INFILTRATIVE CARDIOMYOPATHIES

Cardiomyopathies characterized by the deposition of substances (iron, proteins or glycogen) that cause the ventricular walls to become progressively rigid, thereby impeding ventricular filling.



Classification of the cardiomyopathies: a position statement from the European Society of Cardiology working group on myocardial and pericardial diseases



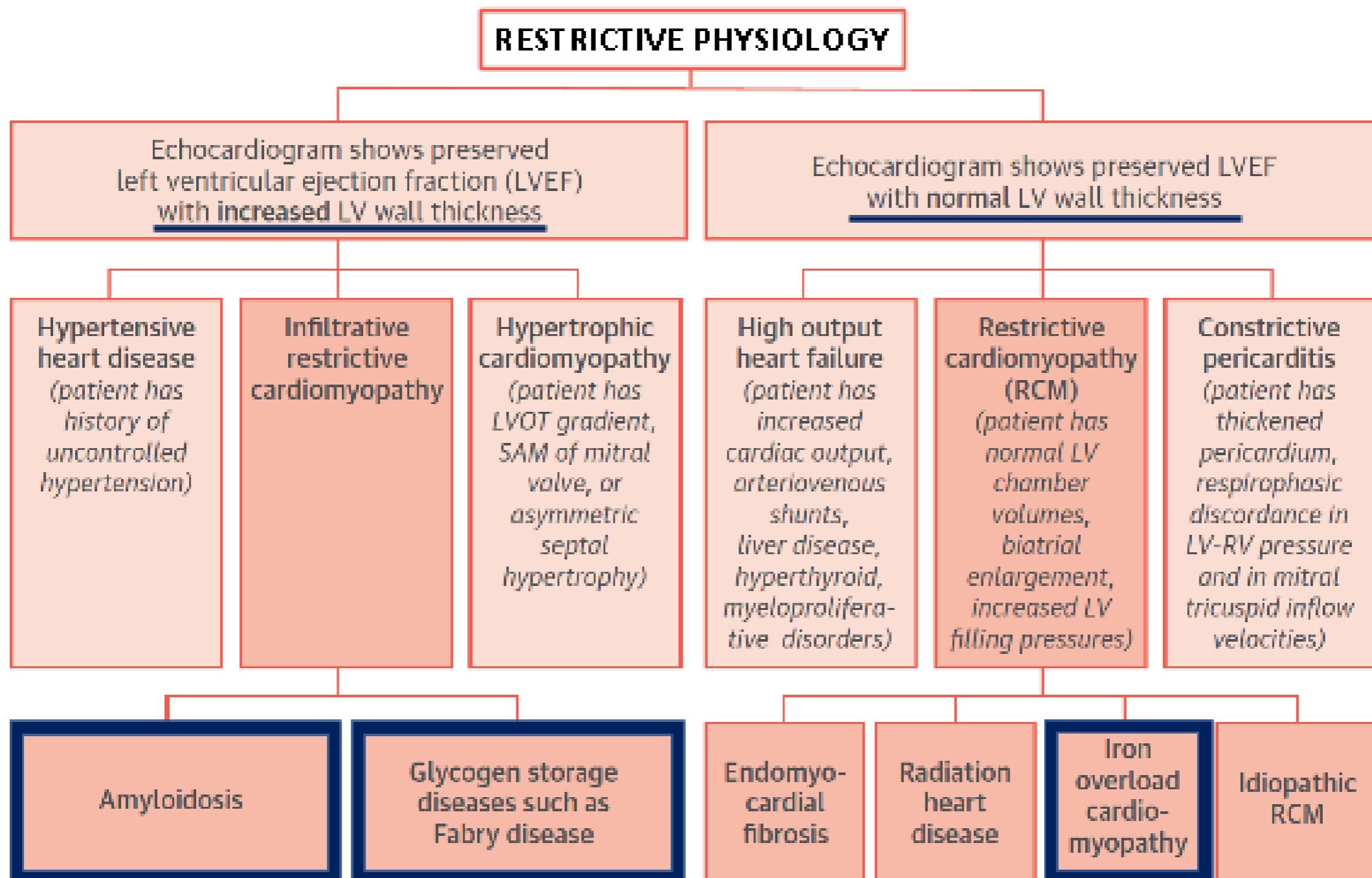
European Heart Journal (2008) 29, 270–276
doi:10.1093/eurheartj/ehm342



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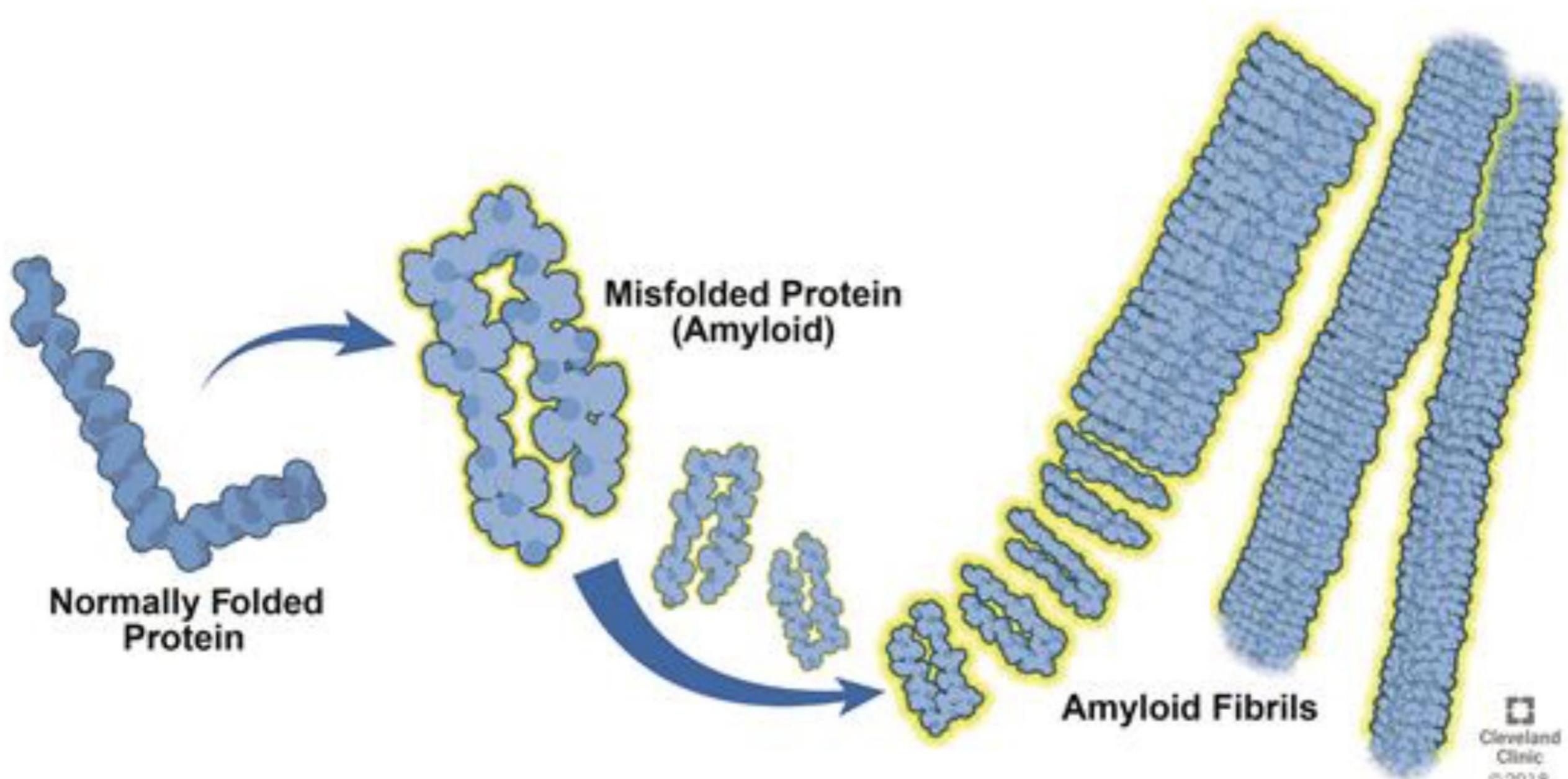
Infiltrative cardiomyopathies: phenotypic classification



AMYLOIDOSIS

- **AMYLOIDOSIS** is a protein disorder by **accumulation** of pathogenic amyloids: aggregates of misfolded proteins accumulate in a variety of organs, **disrupt** their tissue **architecture** and **impair their function**
- The **clinical manifestations and prognosis** vary **widely** depending on the specific type of the affected protein.
- **Incidence = 14 / million / year**
- **Prevalence = < 5 / 10,000 inhabitants** → **RARE DISEASE !**

Amyloid Fibrils Formation



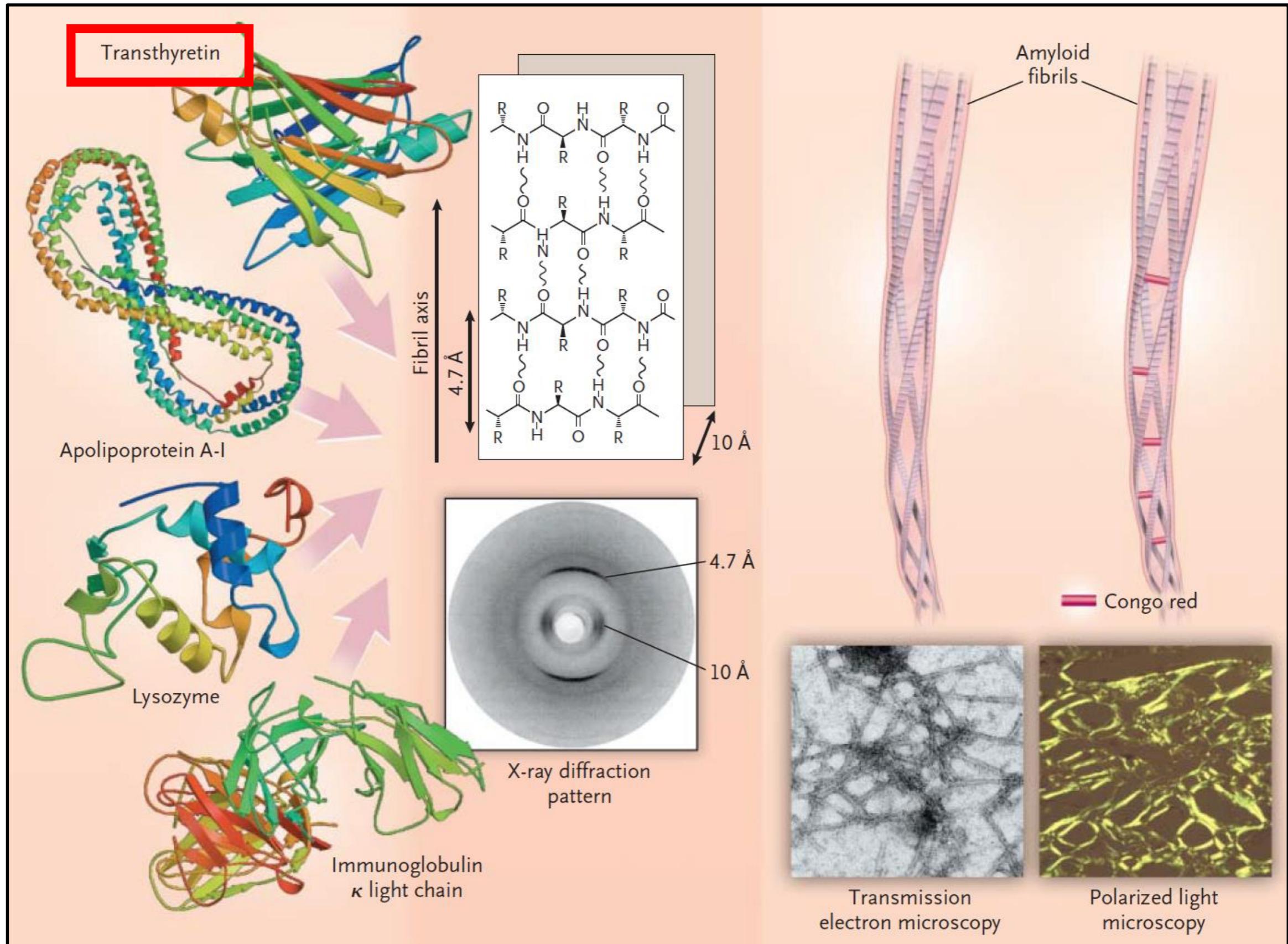


Table 1. Amyloid fibril proteins and their precursors in human^a.

Fibril protein	Precursor protein	Systemic and/or localized	Acquired or hereditary	Target organs
AL	Immunoglobulin light chain	S, L	A, H	All organs, usually except CNS
AH	Immunoglobulin heavy chain	S, L	A	All organs except CNS
AA	(Apo) Serum amyloid A	S	A	All organs except CNS
ATTR	Transthyretin, wild type	S	A	Heart mainly in males, Lung, Ligaments, Tenosynovium
	Transthyretin, variants	S	H	PNS, ANS, heart, eye, leptomen.
Aβ2M	β2-Microglobulin, wild type	S	A	Musculoskeletal System
	β2-Microglobulin, variant	S	H	ANS
AApoAI	Apolipoprotein A I, variants	S	H	Heart, liver, kidney, PNS, testis, larynx (C terminal variants), skin (C terminal variants)
AApoAII	Apolipoprotein A II, variants	S	H	Kidney
AApoAIV	Apolipoprotein A IV, wild type	S	A	Kidney medulla and systemic
AApoCII	Apolipoprotein C II, variants	S	H	Kidney
AApoCIII	Apolipoprotein C III, variants	S	H	Kidney
Agel	Gelsolin, variants	S	H	PNS, cornea
ALys	Lysozyme, variants	S	H	Kidney
ALECT2	Leukocyte Chemotactic Factor-2	S	A	Kidney, primarily
AFib	Fibrinogen α, variants	S	H	Kidney, primarily
ACys	Cystatin C, variants	S	H	PNS, skin
ABri	ABriPP, variants	S	H	CNS
ADan*	ADanPP, variants	L	H	CNS
Aβ	Aβ protein precursor, wild type	L	A	CNS
	Aβ protein precursor, variant	L	H	CNS
AαSyn	α-Synuclein	L	A	CNS
ATau	Tau	L	A	CNS
APrP	Prion protein, wild type	L	A	CJD, fatal insomnia
	Prion protein variants	L	H	CJD, GSS syndrome, fatal insomnia
	Prion protein variant	S	H	PNS
ACal	(Pro)calcitonin	L	A	C-cell thyroid tumors
AIAPP	Islet amyloid polypeptide**	L	A	Islets of Langerhans, insulinomas
AANF	Atrial natriuretic factor	L	A	Cardiac atria
APro	Prolactin	L	A	Pituitary prolactinomas, aging pituitary
Alns	Insulin	L	A	Iatrogenic, local injection
ASPC***	Lung surfactant protein	L	A	Lung
AGal7	Galectin 7	L	A	Skin
ACor	Corneodesmosin	L	A	Cornified epithelia, hair follicles
AMed	Lactadherin	L	A	Senile aortic media
AKer	Kerato-epithelin	L	A	Cornea, hereditary
ALac	Lactoferrin	L	A	Cornea
AOAAP	Odontogenic ameloblast-associated protein	L	A	Odontogenic tumors
ASem1	Semenogelin 1	L	A	Vesicula seminalis
AEnf	Enfurvitide	L	A	Iatrogenic
ACatK****	Cathepsin K	L	A	Tumor associated

^aProteins are listed, when possible, according to relationship. Thus, apolipoproteins are grouped together, as are polypeptide hormones.

*ADan is the product of the same gene as ABri.

**Also called amylin.

***Not proven by amino acid sequence analysis.

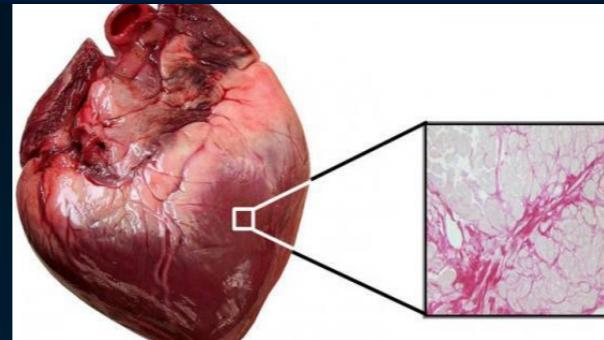
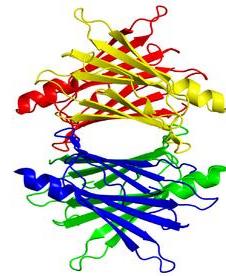
****Full amino acid sequence to be established.

} 85%

→ 15%

More than 30 different types of amyloidosis, each due to a specific protein. Some are genetic, while others are acquired.

AMILOIDOSI CARDIACA



- **AL (light chain amyloidosis)**
- **ATTR (transtiretina amyloidosis)**
 - **wild-type (senile SSA)**
 - **hereditary (mutata H-ATTR)**

AMILOIDOSI AL (LIGHT CHAIN AMYLOIDOSIS)

- Clonal population of bone marrow **plasma cells** that produces a **clonal light chain** of **κ** or **λ** type as either an intact molecule or a fragment
- The clonal plasma cells express light chains of the **λ isotype more frequently than the κ**, with a ratio of approximately 3:1, despite the greater proportion of κ than λ expressing PC in a normal bone marrow
- **Prevalence** of AL amyloidosis in **Multiple Myeloma**: **12-15%**
- **Median age at diagnosis = 63 years** and only 1.3% of Pts < 34 y
- There is a **male predominance (55% of Pts).**
- AL-A occurs in **all races** and geographic locations, but data are limited regarding the incidence of AL-A across different ethnic groups

AMILOIDOSI AL

Heart

- Heart failure with preserved ejection fraction
- Thickened ventricular walls and low voltages on electrocardiography
- Dyspnoea at rest or exertion, fatigue
- Hypotension or syncope
- Peripheral oedema

71%

Gastrointestinal tract

- Malabsorption and weight loss
- Bleeding (factor X)

22%

Nervous system

Peripheral

- Symmetric lower extremity sensorimotor polyneuropathy

Carpal tunnel syndrome (bilateral)

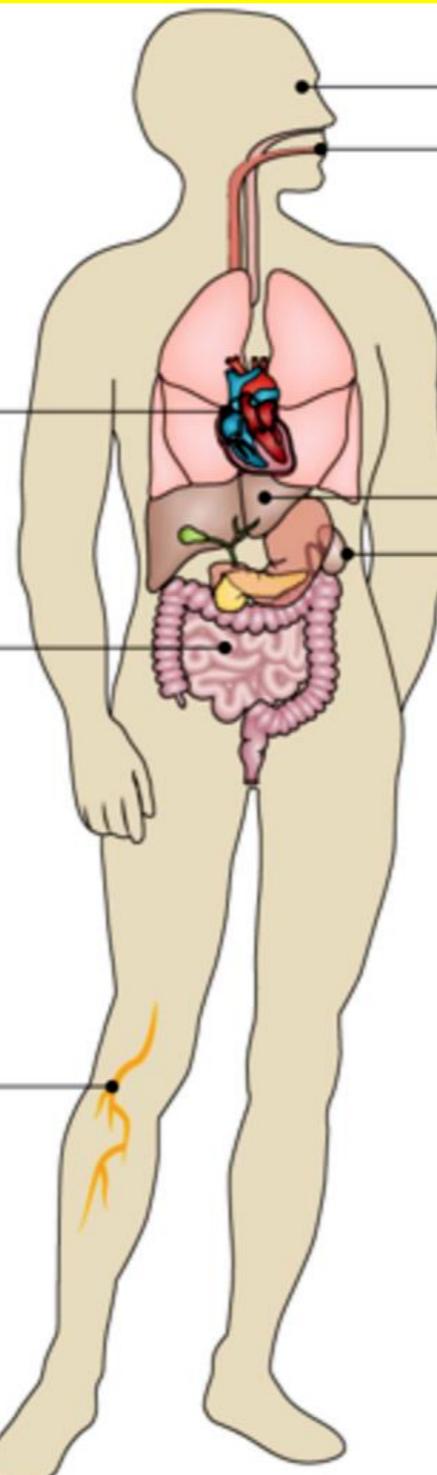
Autonomic

- Postural hypotension
- Erectile dysfunction (males)
- Gastrointestinal motility alterations

23%

71%

23%



Periorbital purpura



10%

Macroglossia



16%

Liver

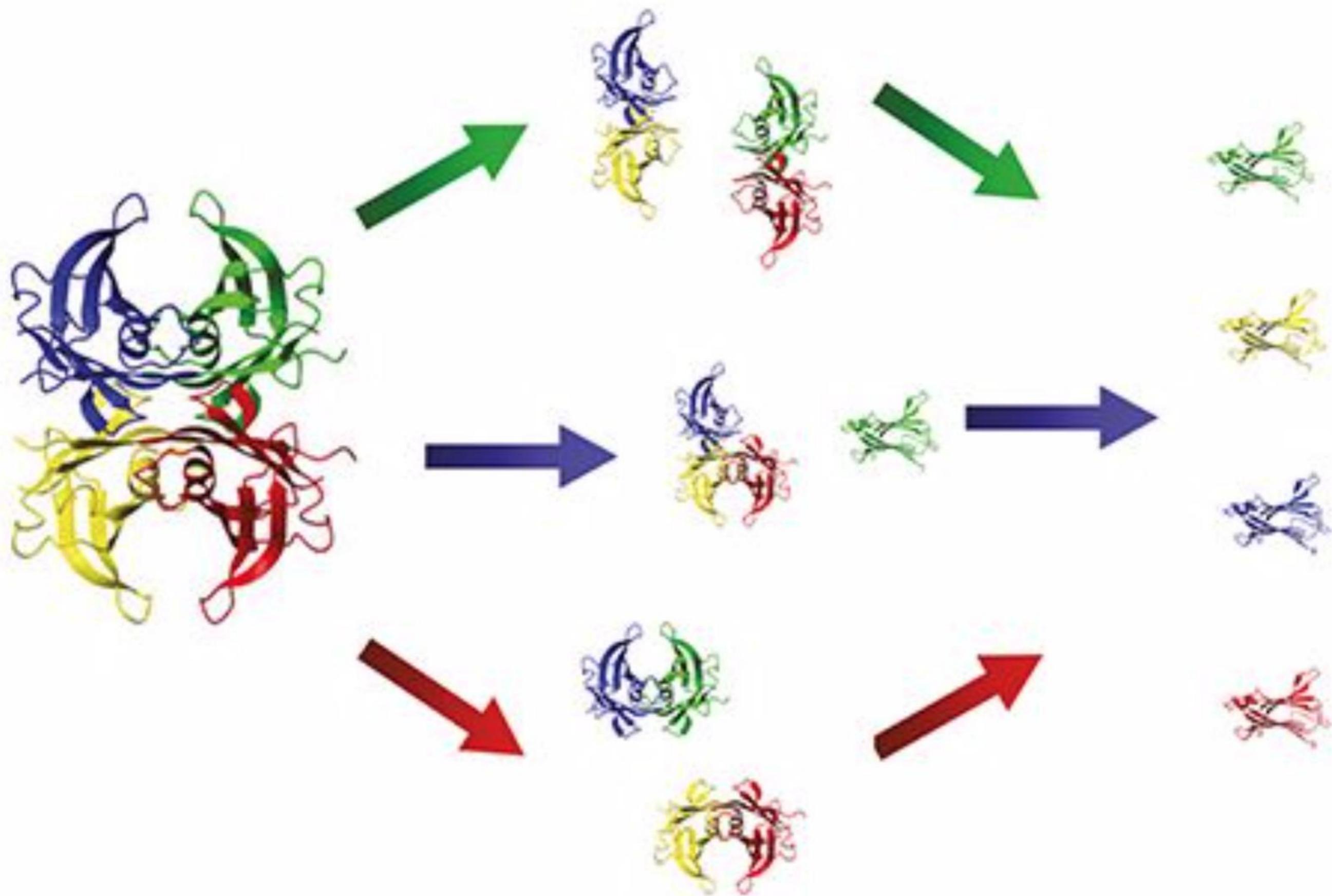
- Increased alkaline phosphatase
- Hepatomegaly

58%

Kidney

- Nephrotic range proteinuria
- Renal failure
- Peripheral oedema

TTR-AMYLOIDOSIS

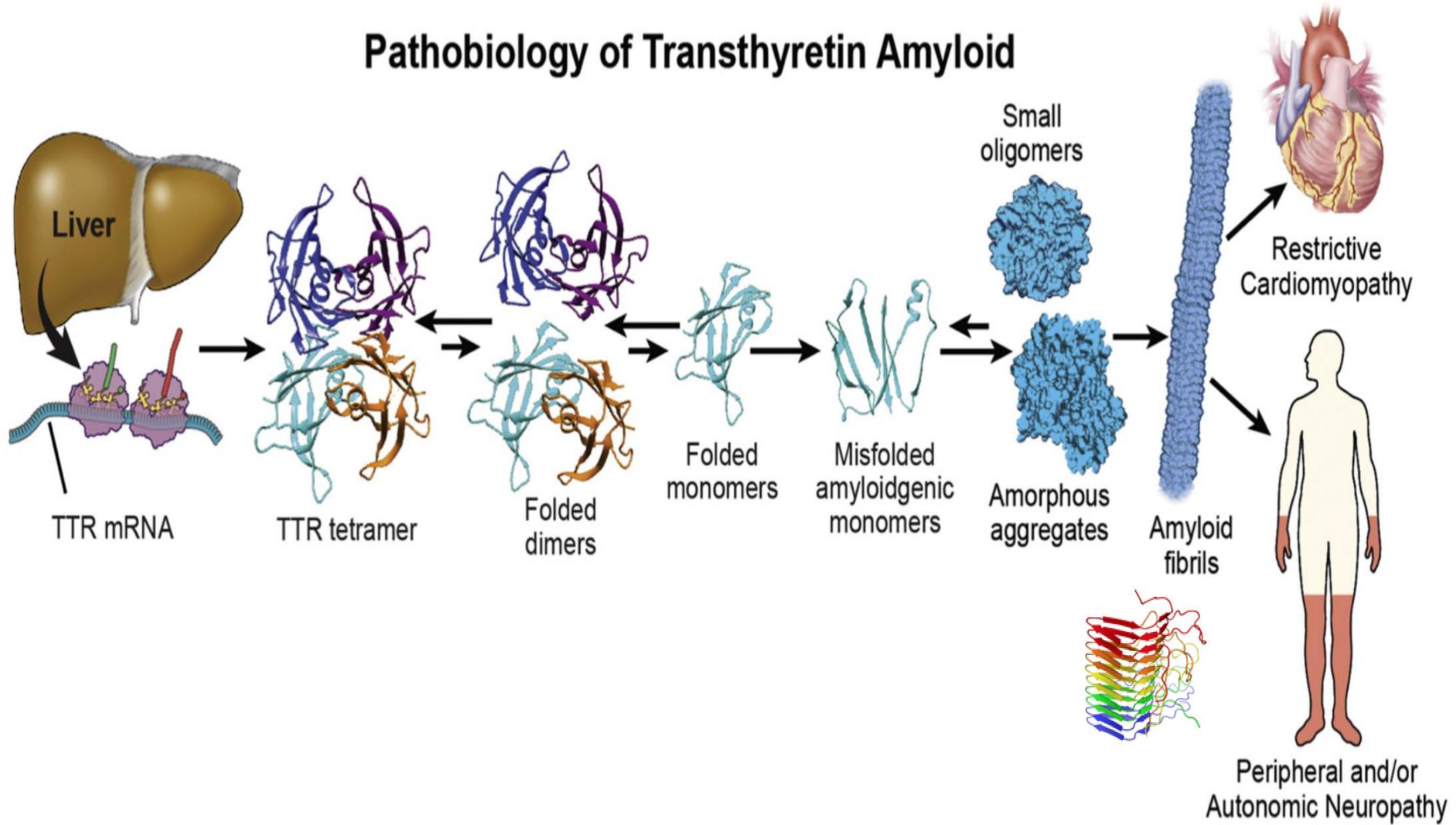


TRANSTIRETINA

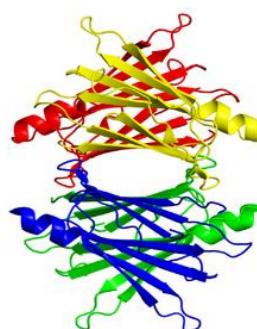


- PROTEINA SERICA (“PRE-ALBUMINA”)
- COMPOSTA DA 4 β -SHEET MONOMERI E CIRCOLA COME **TETRAMERO SOLUBILE**
- DEPUTATA AL TRASPORTO DELLA TIROXINA E DELLA PROTEINA LEGANTE IL RETINOLO
- PRODOTTA PRINCIPALMENTE DAL **FEGATO** ED IN PICCOLA PARTE DAL PLESSO CORIOIDEO E DALLA RETINA

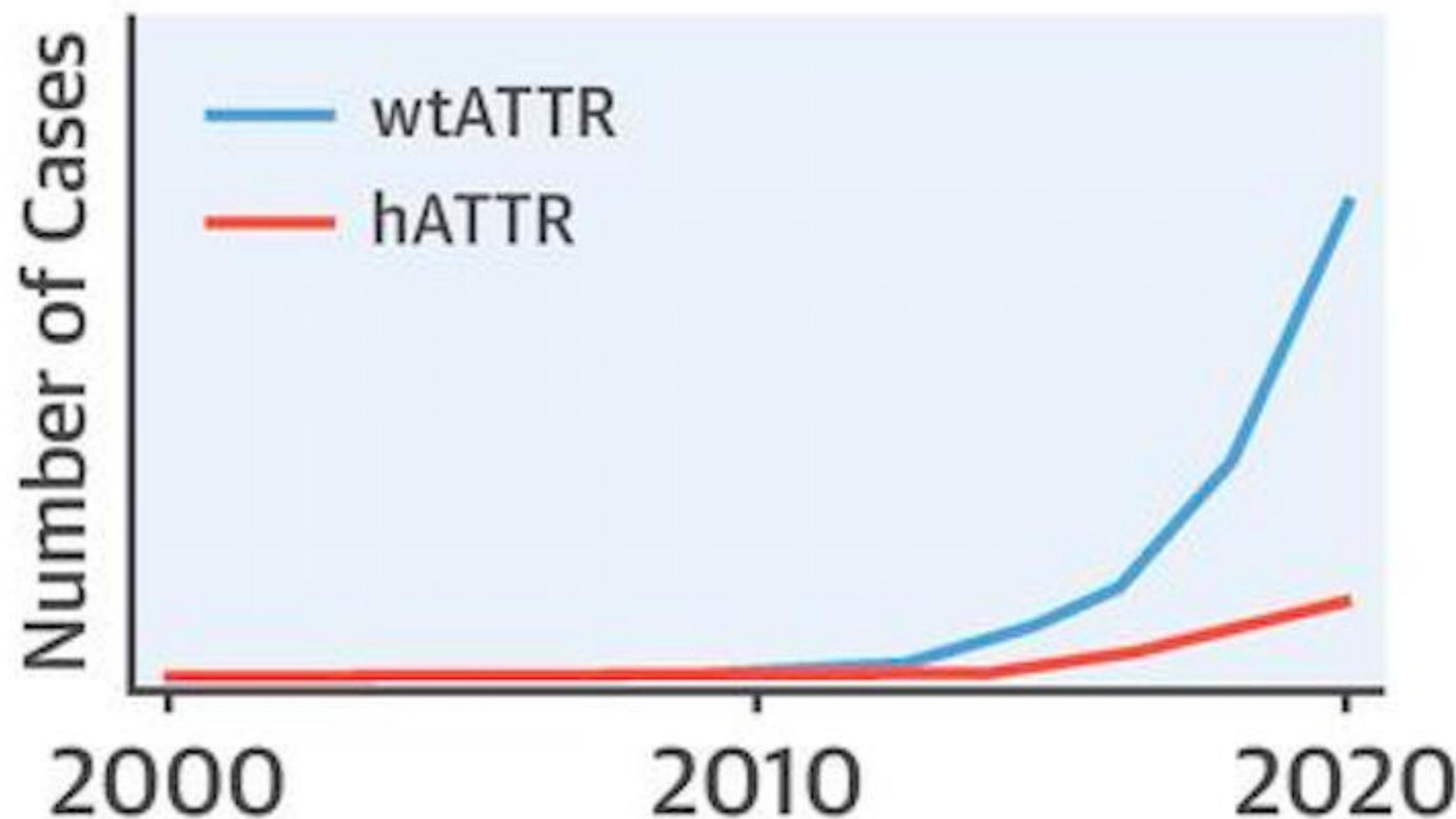
Pathobiology of Transthyretin Amyloid



Condizione sottodiagnosticata!



...un fenomeno in
espansione...



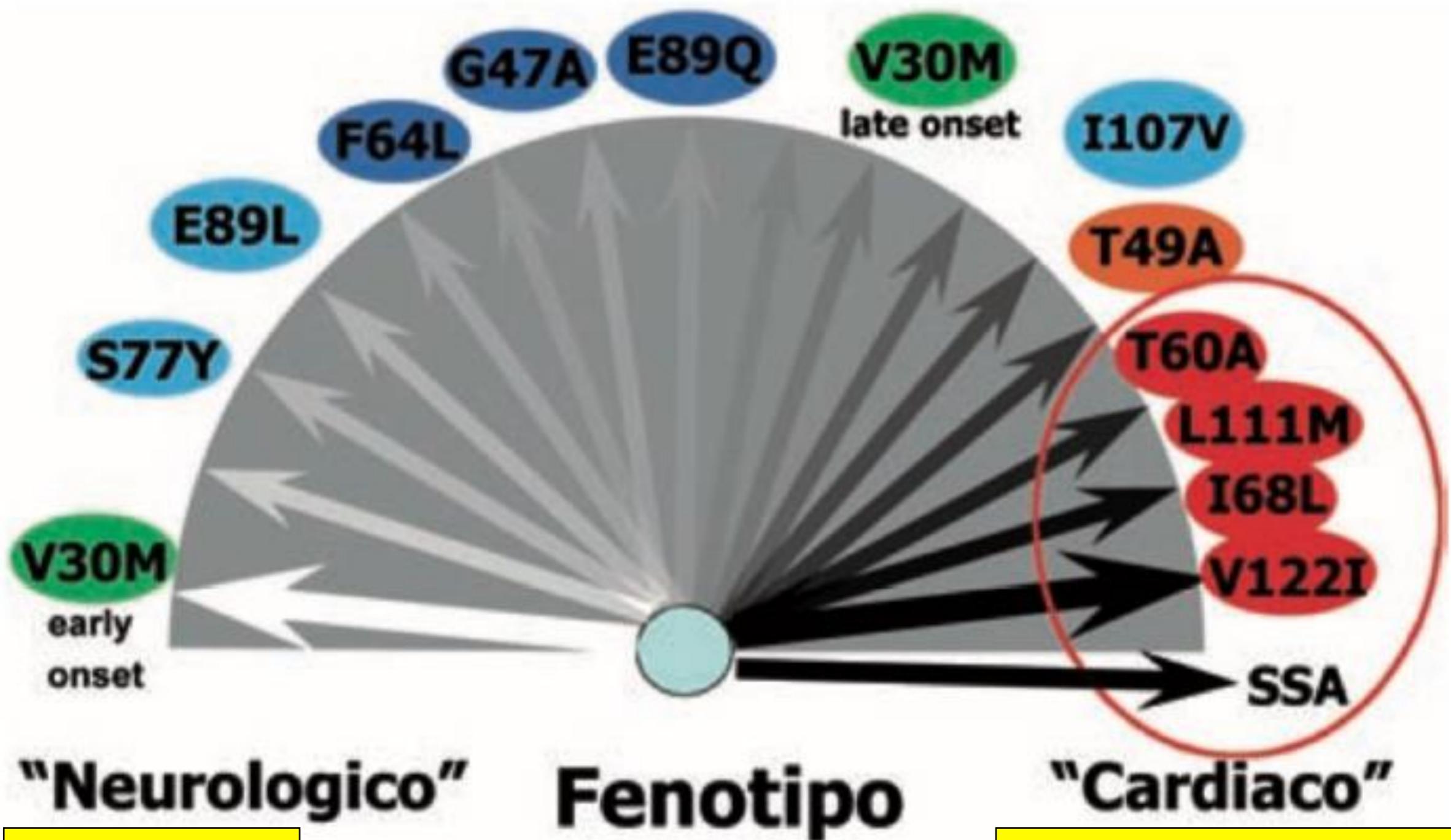
WT-ATTR (SENILE)

- Anche detta **SSA** (**S**ystemic **S**enile **A**myloidosis)
- La sequenza genetica della TTR è normale
- Non è chiaro perchè la proteina wt diventi instabile e aggreghi
- Correlata ai processi di **invecchiamento**
- **Fenotipo** generalmente e prevalentemente **cardiologico**
- Neuro: **sindrome tunnel carpale bilaterale** (può anticipare anche di 10 anni le manifestazioni cardiologiche)
- Frequente riscontro **post-mortem >80 aa**

H-ATTR (EREDITARIA O MUTATA)

- Il gene **TTR** si trova sul **cromosoma 18**
- Nella hATTR ci sono **mutazioni** di singoli aminoacidi nella **sequenza 127**
- Nomenclatura: aa normale - posizione - aa sostituito (es. **Val30Met**)
- **Autosomica dominante**
- Particolare tropismo per **tessuto nervoso e cardiaco**
- “**Case-mix**”

Correlazione genotipo-fenotipo nell'ATTR

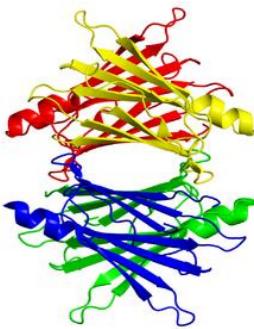


ATTR: clinical features at presentation

	AL ^{39,47}	ATTRwt ^{34,37,39}	Val122Ile ³⁴	Ile 68Leu ³¹	Thr60Ala ³³
Median age at diagnosis, y	62	76	70	70	62
Males, %	66	95	75	75	70
Common ethnicity	Variable	White	African American Caribbean	White (Italy)	White (United States, Ireland)
Cardiac referral route, %	65	>80	>80	>80	30
IVS/PW (median values)	15/14	18/17	17/17	17/16	17/17
LVEF, %	56	50	50	50	53
Low QRS voltages, %	45	33	45	30	16
Peripheral sensory-motor neuropath, %	10–20	<10	15	25	54
History of carpal tunnel syndrome, %	<10	30–45	30	37	Unknown
Autonomic symptoms, %	24	12–20	10	<10	75
Median survival, y	Depends on stage	3.5	2–3	4–5	3.5
NT-pro-BNP, pg/L (median)	↑↑↑	↑↑	↑	↑	↑↑

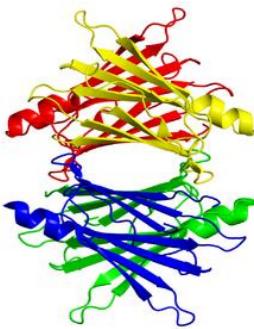
AL, immunoglobulin light chain; ATTR, amyloid transthyretin; ATTRwt, wild-type ATTR; CA, cardiac amyloidosis; IVS, interventricular septum; LVEF, left ventricular ejection fraction; NT-pro-BNP, N-terminal pro brain natriuretic peptide; and PW, posterior wall.

ATTr - CM?



- 1) Pz già con dg di hATTr inviato dal neurologo -> cercare i SEGNI di amiloidosi cardiaca:
 - ECG
 - ECOCARDIOGRAMMA
- 2) Pz con problema cardiologico senza apparente malattia neurologica (o compromissione neurologica ad etiologia sconosciuta) -> **DIAGNOSI DIFFICILE !**

ETEROGENEITÀ CLINICA: UNA SFIDA!

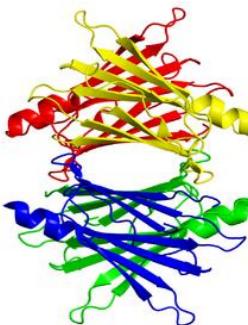


**L'AMILOIDE PUÒ INFILTRARE QUALSIASI
STRUTTURA CARDIOVASCOLARE:**

- **SISTEMA DI CONDUZIONE**
- **PARETI VENTRICOLARI E SETTI (SIA) ->
FENOTIPO “IPERTROFICO”**
- **APPARATI VALVOLARI**
- **PERICARDIO**



ATTR - CM?



- SEGNI e SINTOMI di INSUFFICIENZA CARDIACA SINISTRA senza causa evidente
- INSUFFICIENZA CARDIACA DESTRA in CARDIOPATIA IPERTENSIVA
- ASTENIA, SINCOPE, IPOTENSIONE ORTOSTATICA
- VERSAMENTO PERICARDICO ndd
- BLOCCHI (BB, BAV, BSA)
- SY TUNNEL CARPALE BILATERALE
- STENOSI AORTICA SEVERA LF/LG con EF lievemente ridotta

[Eur Heart J.](#) 2017 Oct 7; 38(38): 2879–2887.

Published online 2017 Aug 1. doi: [10.1093/eurheartj/ehx350](https://doi.org/10.1093/eurheartj/ehx350)

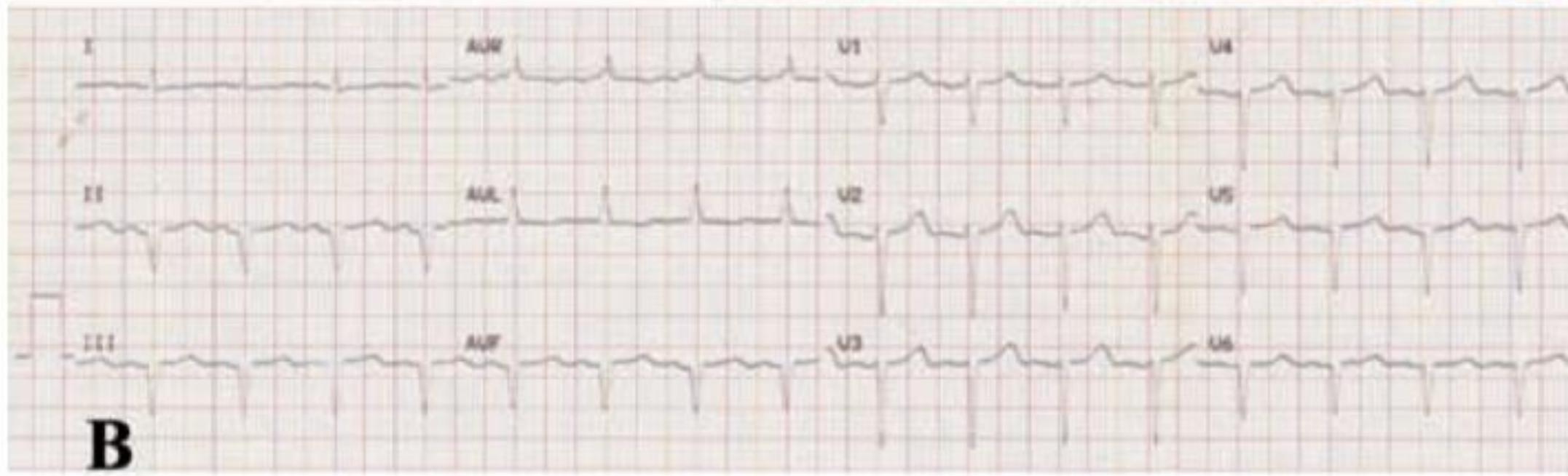
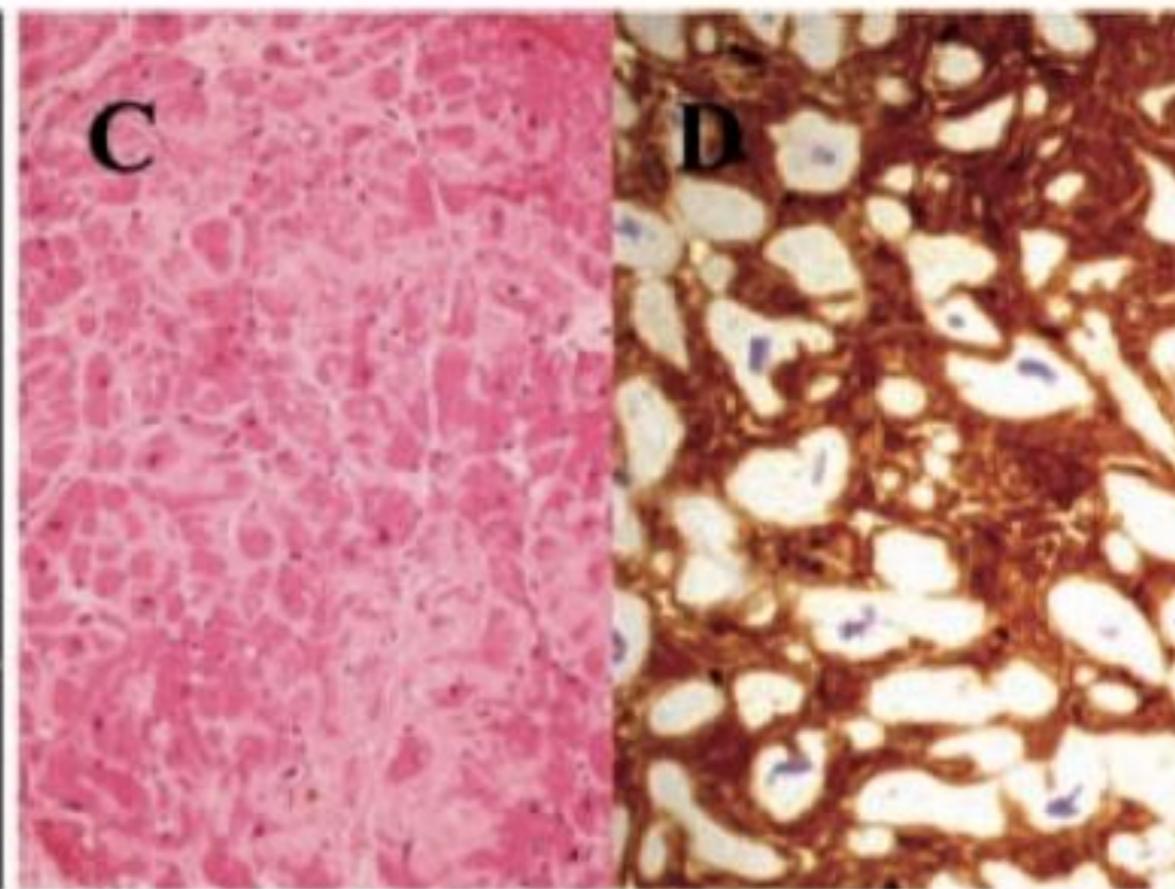
Unveiling transthyretin cardiac amyloidosis and its predictors among elderly patients with severe aortic stenosis undergoing transcatheter aortic valve replacement

[Adam Castaño](#),^{1,2} [David L Narotsky](#),¹ [Nadira Hamid](#),³ [Omar K Khalique](#),³ [Rachelle Morgenstern](#),² [Albert DeLuca](#),² [Jonah Rubin](#),¹ [Codruta Chiuzan](#),⁴ [Tamim Nazif](#),³ [Torsten Vahl](#),³ [Isaac George](#),³ [Susheel Kodali](#),³ [Martin B Leon](#),³ [Rebecca Hahn](#),³ [Sabahat Bokhari](#),² and [Mathew S Maurer](#)¹

Conclusions

Transthyretin cardiac amyloidosis is prevalent in 16% of patients with severe calcific AS undergoing TAVR and is associated with a severe AS phenotype of low-flow low-gradient with mildly reduced ejection fraction. Average tissue Doppler mitral annular S' of < 6 cm/s may be a sensitive measure that should prompt a confirmatory ^{99m}Tc-PYP scan and subsequent testing for ATTR-CA. Prospective assessment of outcomes after TAVR is needed in patients with and without ATTR-CA.

PRINCIPALI ESAMI DIAGNOSTICI



BASSI VOLTAGGI

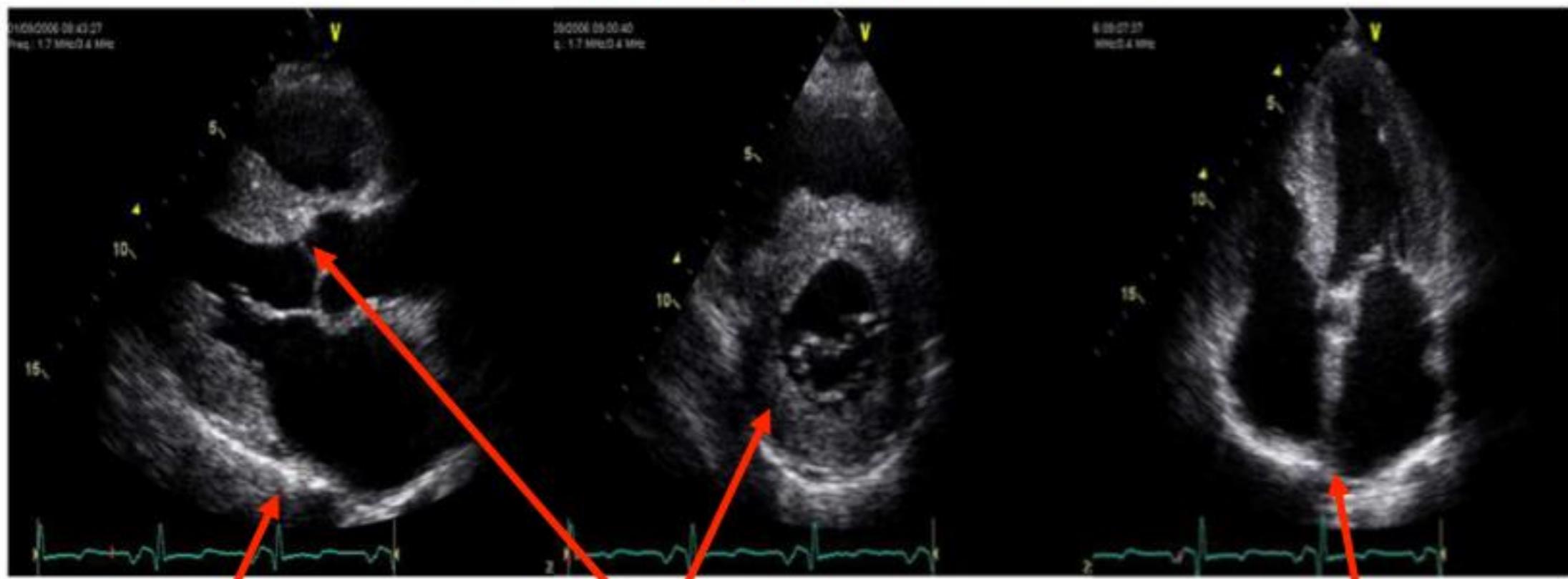
- ECG ANORMALE -

Non confermato. Da riesaminare.

**$\leq 1 \text{ mV}$ derivazioni precordiali o
 $\leq 0.5 \text{ mV}$ derivazioni periferiche**

Prevalenza bassa: 60% in AL - 20% in ATTR
→ l'assenza di bassi voltaggi non esclude la CA !

Echocardiogram in ATTR-CA

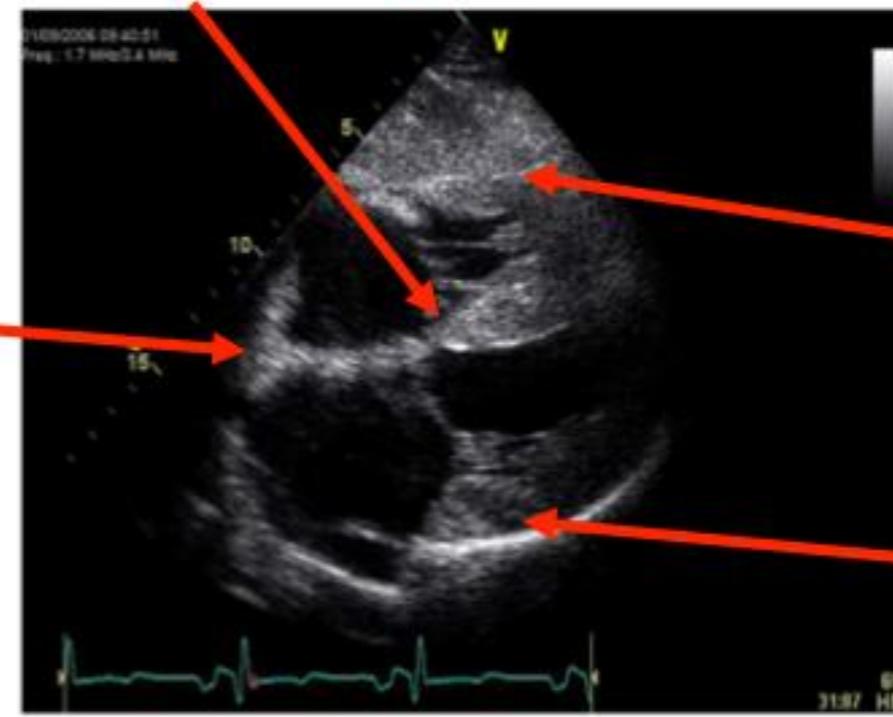


Left atrial dilatation

**Bright myocardium and
concentric symmetrical LVH**

Biatrial dilatation

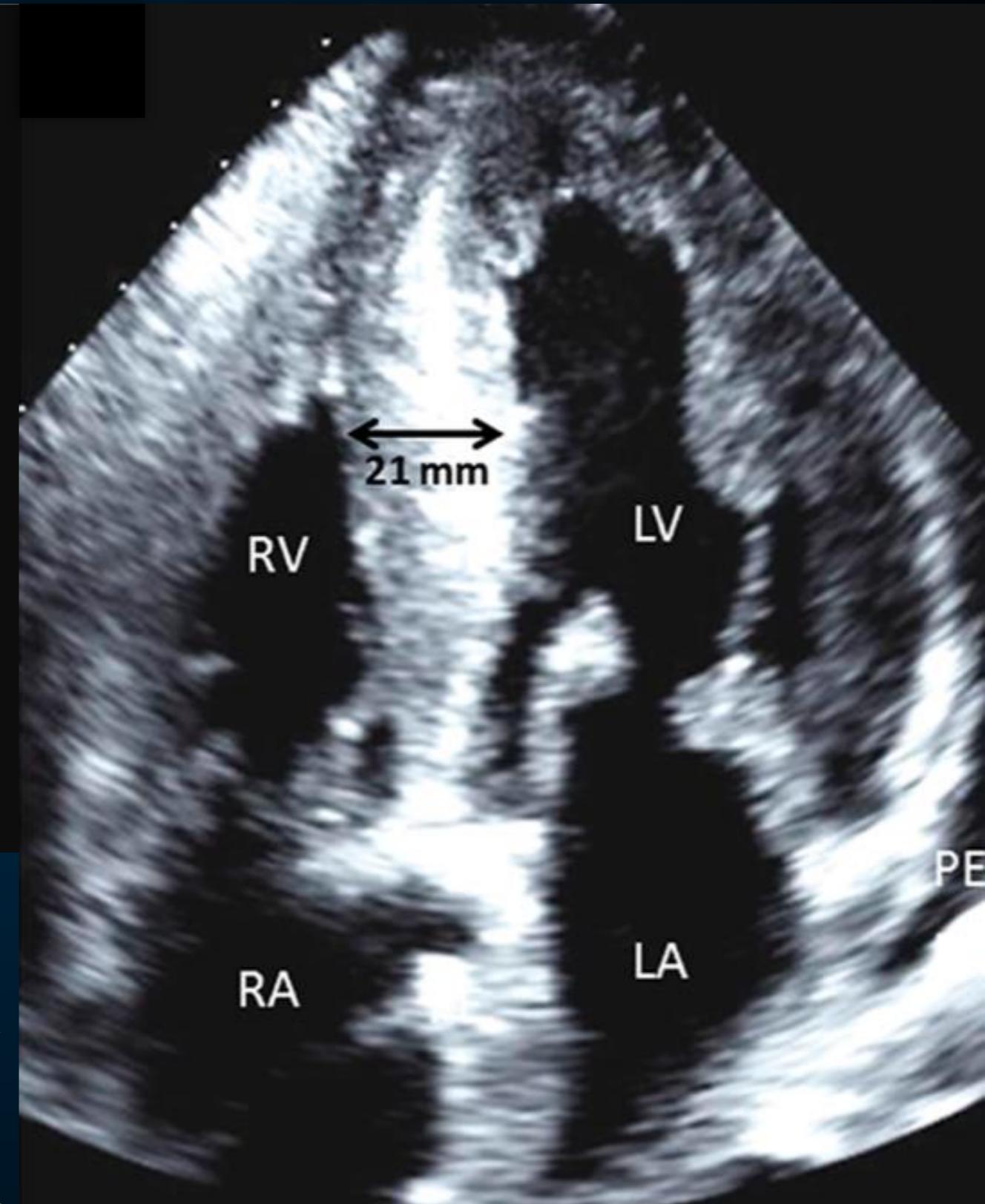
**Thickened interatrial
septum**



Thickening of RV free wall

Thickened valves

“SPARKLING” MYOCARDIUM

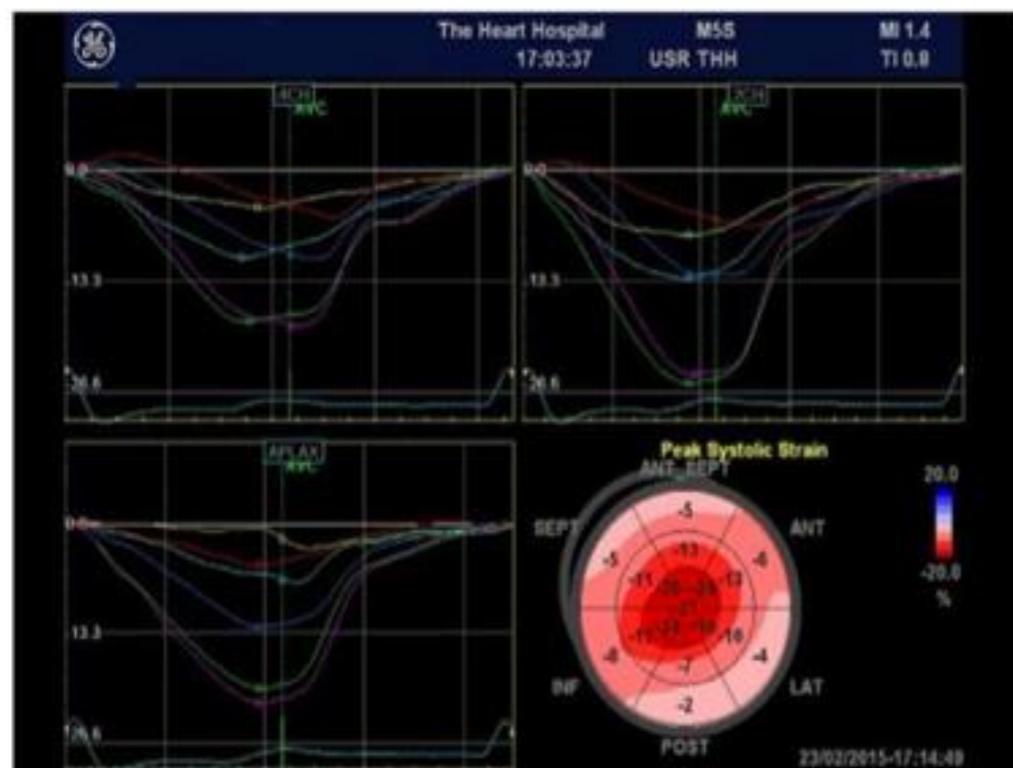


Presente nel 25% dei casi

N.B.: meglio evidente **senza armonica**

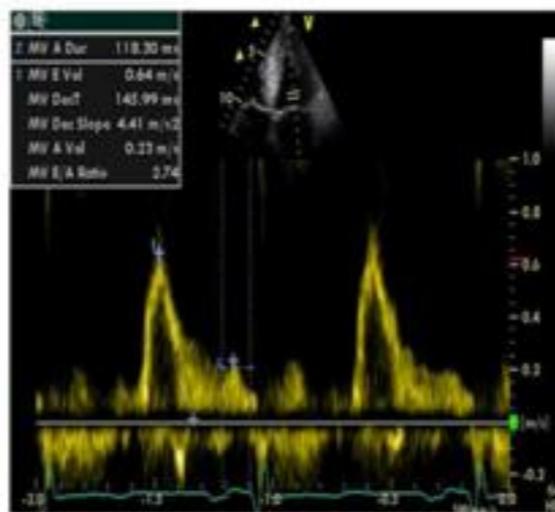
Echocardiogram in ATTR-CA

STRAIN ECHO



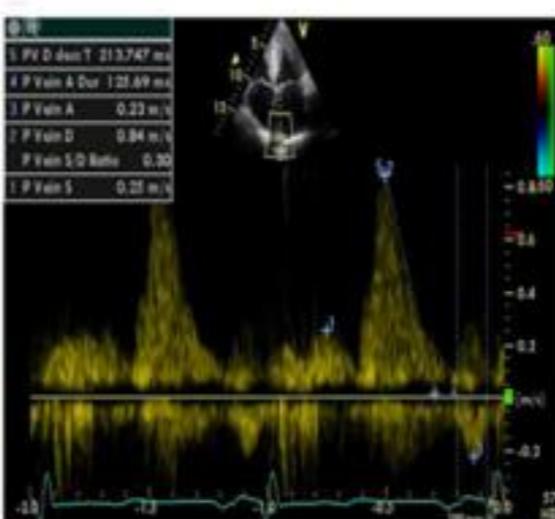
Impaired systolic longitudinal shortening, with a base-apex gradient

DOPPLER WAVES



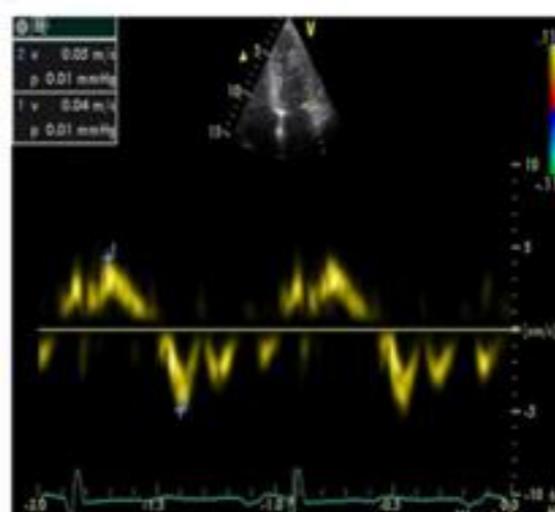
Mitral inflow PW Doppler

- Increased E/A ratio
- Normal E wave decT time
- Marked reduction in transmitral A-wave velocity



Pulm. vein inflow PW Doppler

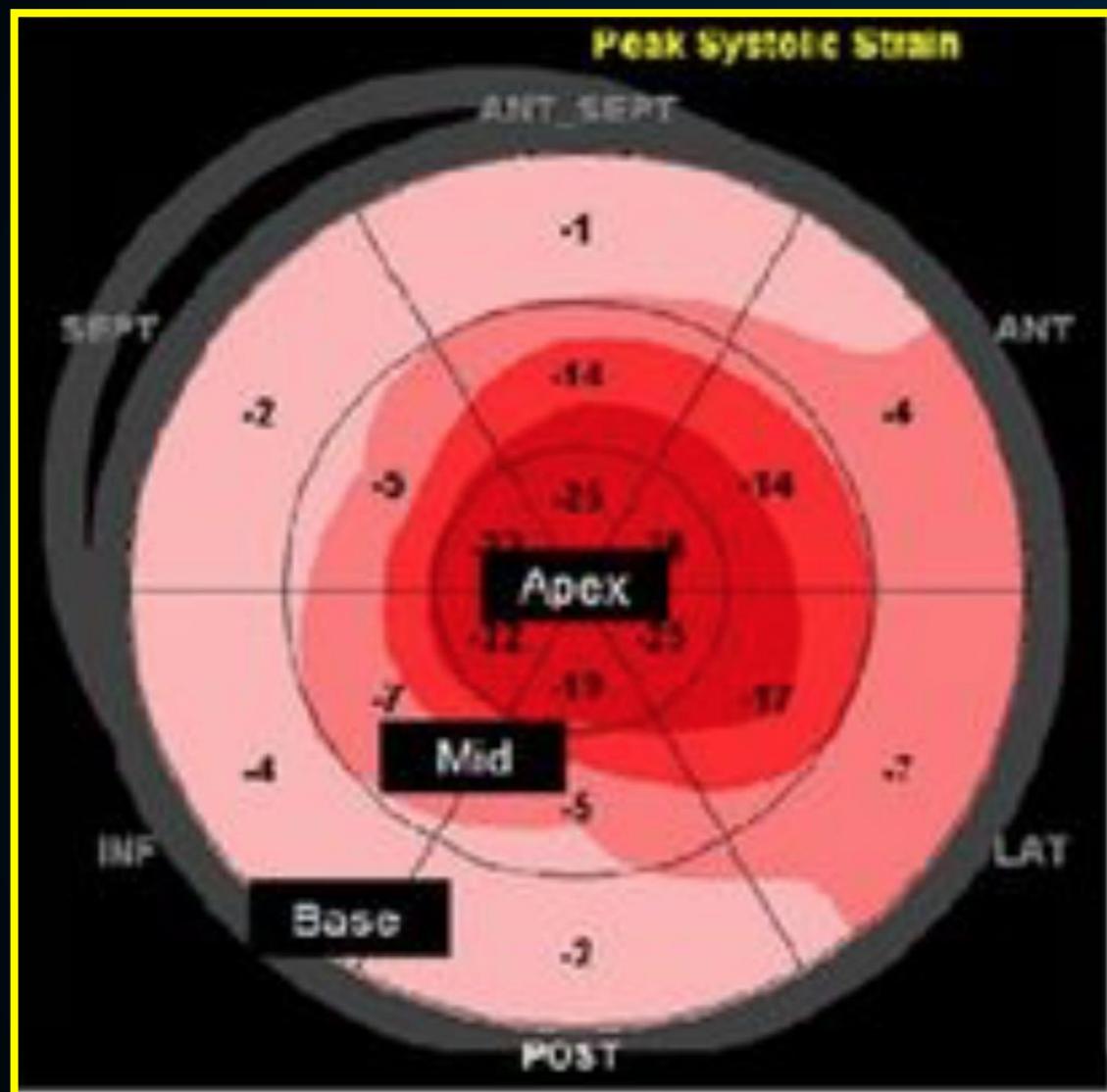
- Diastolic atrial reversal with increased duration and peak velocity as compared to transmitral signal



Mitral annulus tissue Doppler

- Marked reduction in apical systolic and diastolic velocities

RELATIVE APICAL SPARING

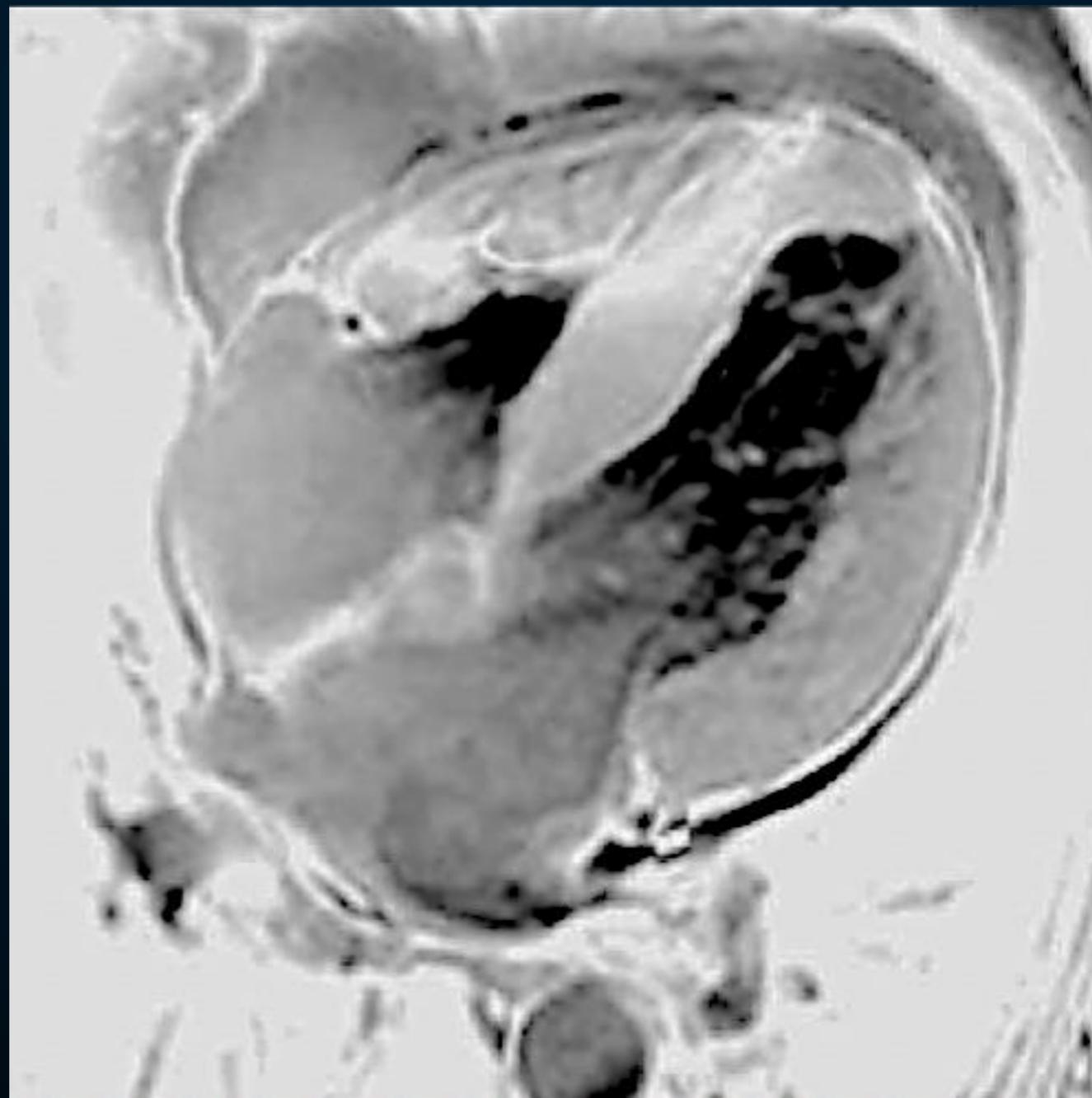


$$\text{RELAPS} = \frac{\text{AVG APICAL LS}}{\text{SUM OF AVG BASAL and MID LS}}$$

CUT OFF : > 1



RISONANZA MAGNETICA



Modalità di captazione del gadolinio

Ischemica



Subendocardica



Transmurale

Sarcoidosi



Non-ischemica



Intramiocardica
(CMP ipertrofica
CMP dilatativa
Sovraccarico dx)



Intramiocardica-
Subepicardica
(Miocardite, Sarcoidosi)



Subendocardica diffusa
(Amiloidosi)

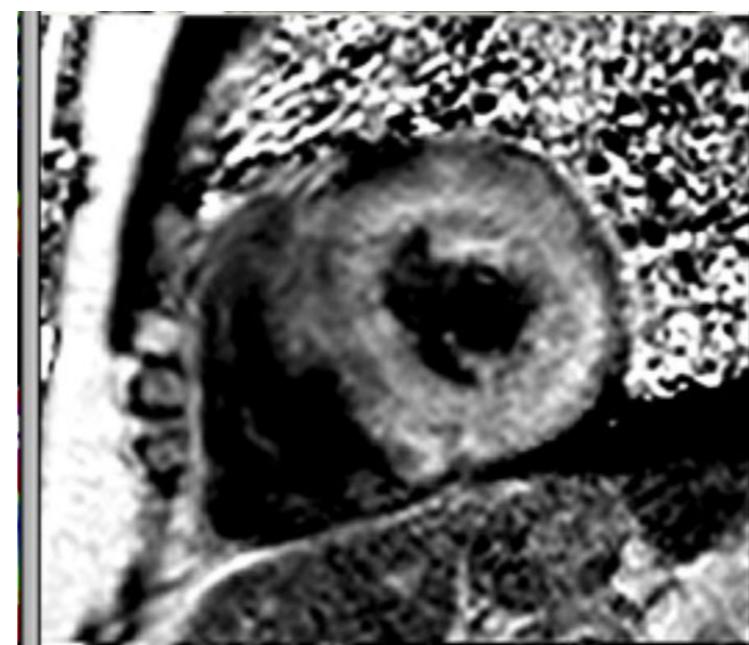
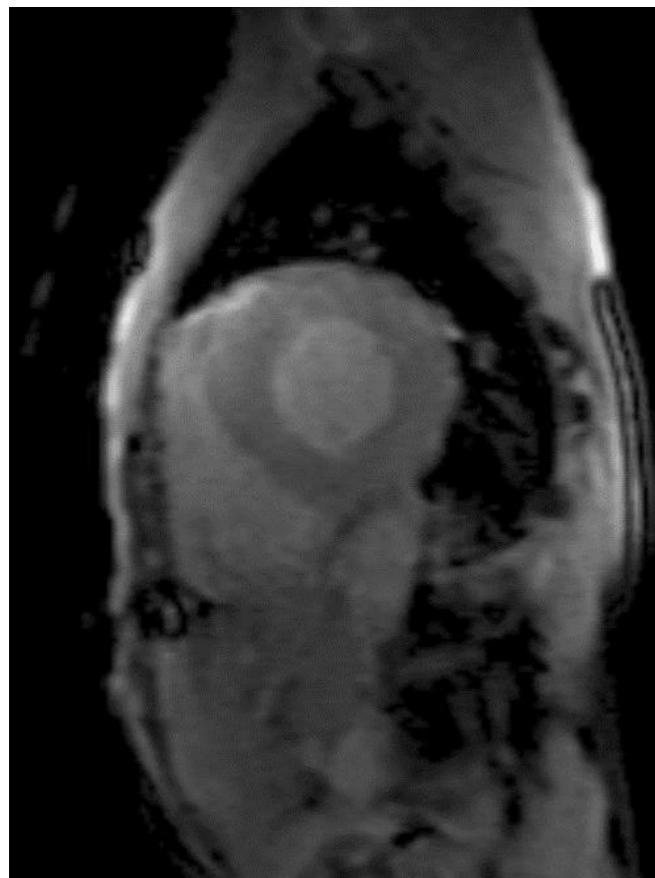
Subendocardica

Transmurale

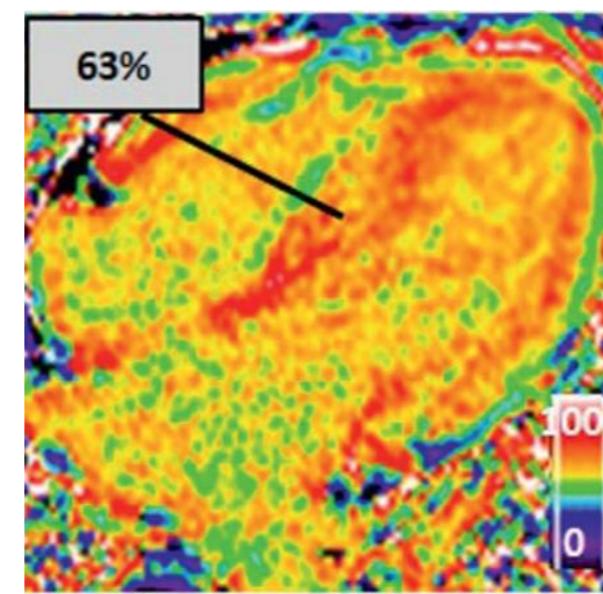
Coinvolgimento dx

CMR in AMYLOIDOSIS

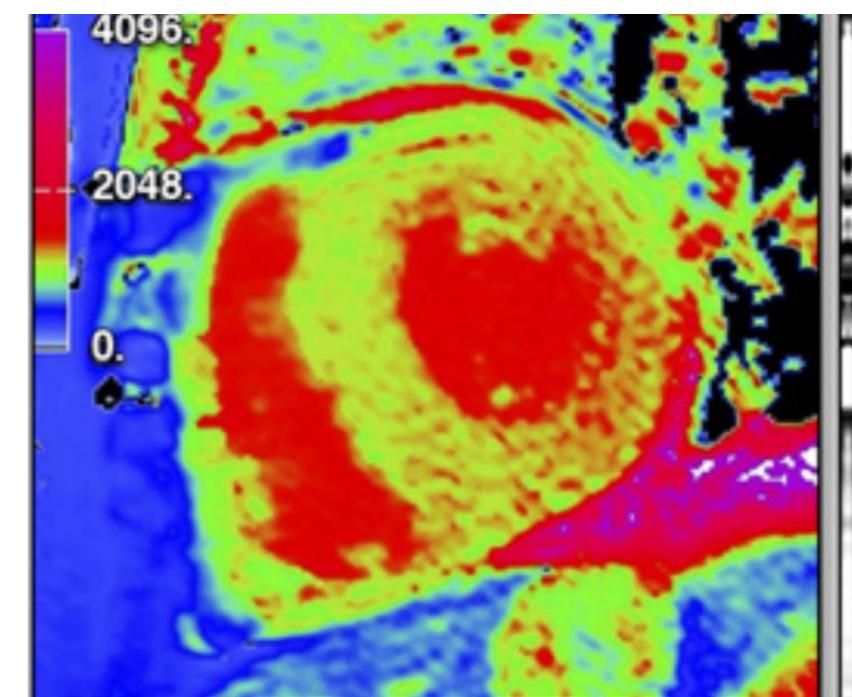
NO NULL



LE



ECV



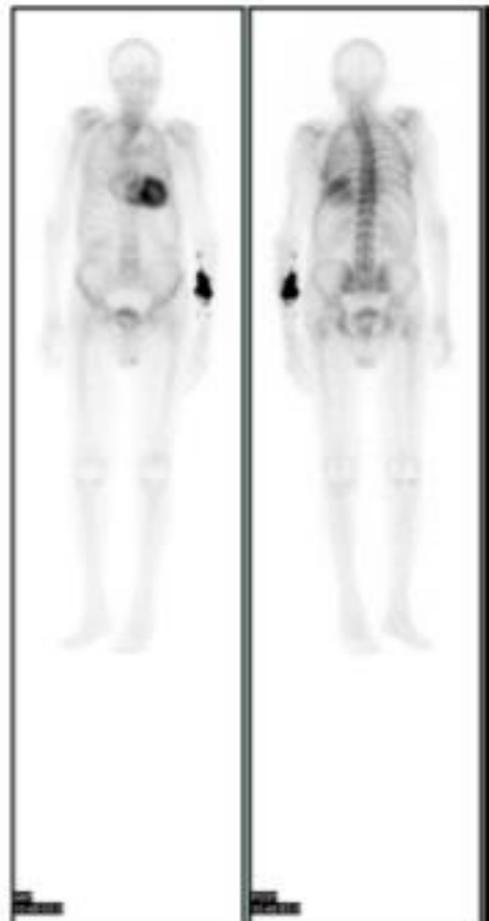
T1
NATIVE

Courtesy of Dr. Faletti

Bone tracer scintigraphy in ATTR-CA



Healthy control



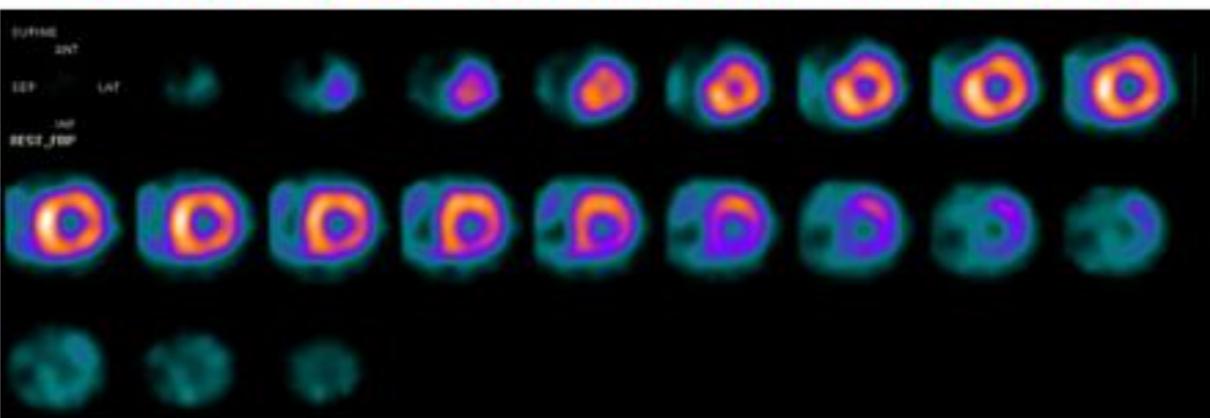
ATTR-CA

Perugini Score

Visual Cardiac Score

- 0 Absent Myocardial Uptake
- 1 Myocardial Uptake < Bone
- 2 Myocardial Uptake = Bone
- 3 Myocardial Uptake > Bone

Quantitative and regional assessment

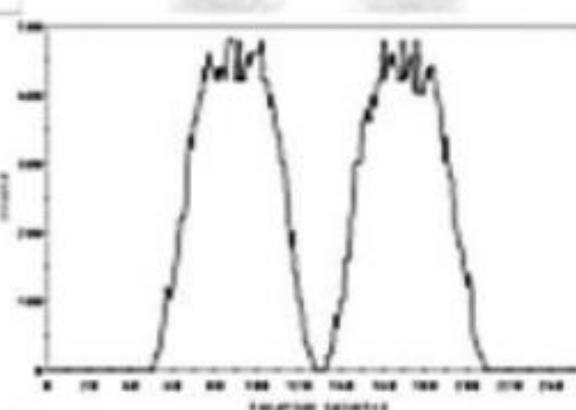
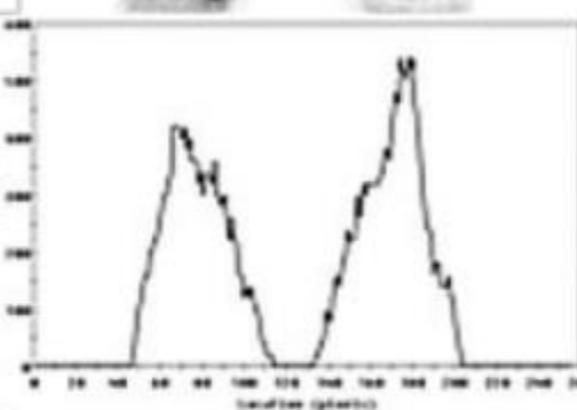
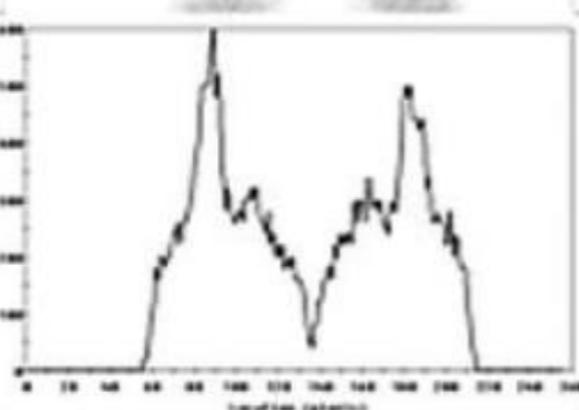
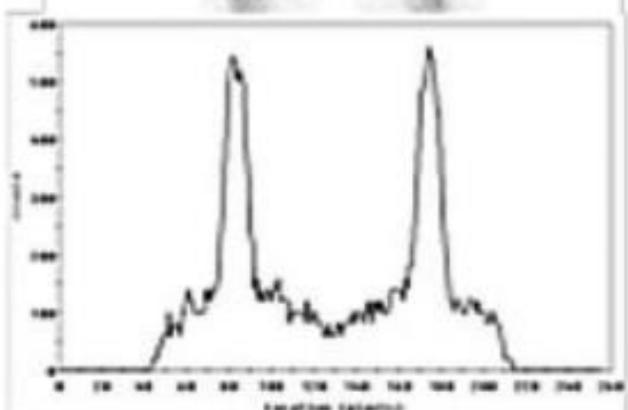


Courtesy of Dr.ssa Casoni

Nonbiopsy Diagnosis of Cardiac Transthyretin Amyloidosis

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Giovanni Palladini, MD, PhD; Paolo Milani, MD; Pierluigi L. Guidalotti, MD;
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Philip N. Hawkins, PhD, FMedSci

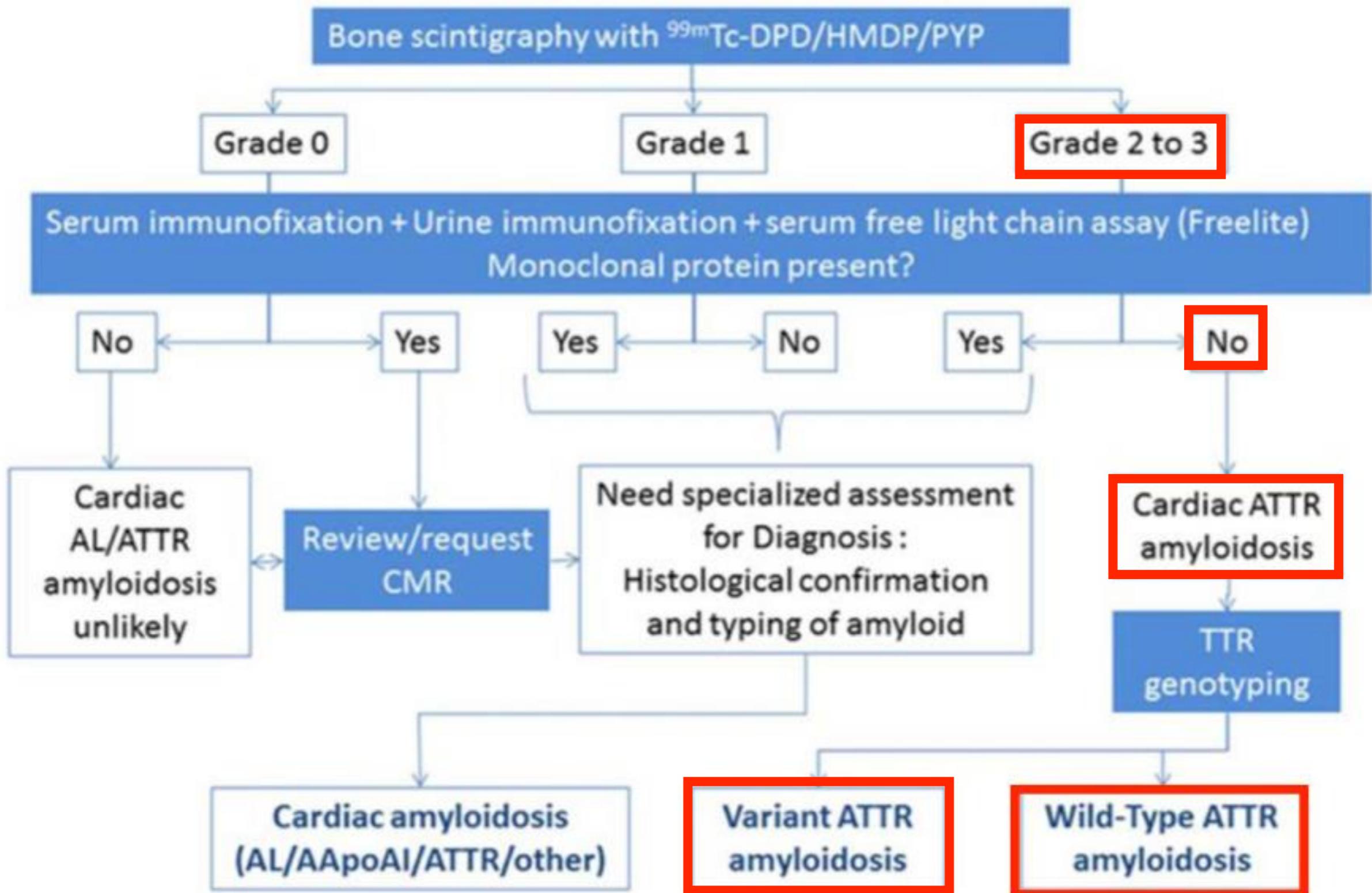
- **>99% sensitive and 86% specific for ATTR-CA**
- **false positives almost exclusively from uptake in patients with cardiac AL amyloidosis**
- **Grade 2-3 Perugini score + the absence of a monoclonal protein: 100% Sp and PPV**

A**B****C****D**

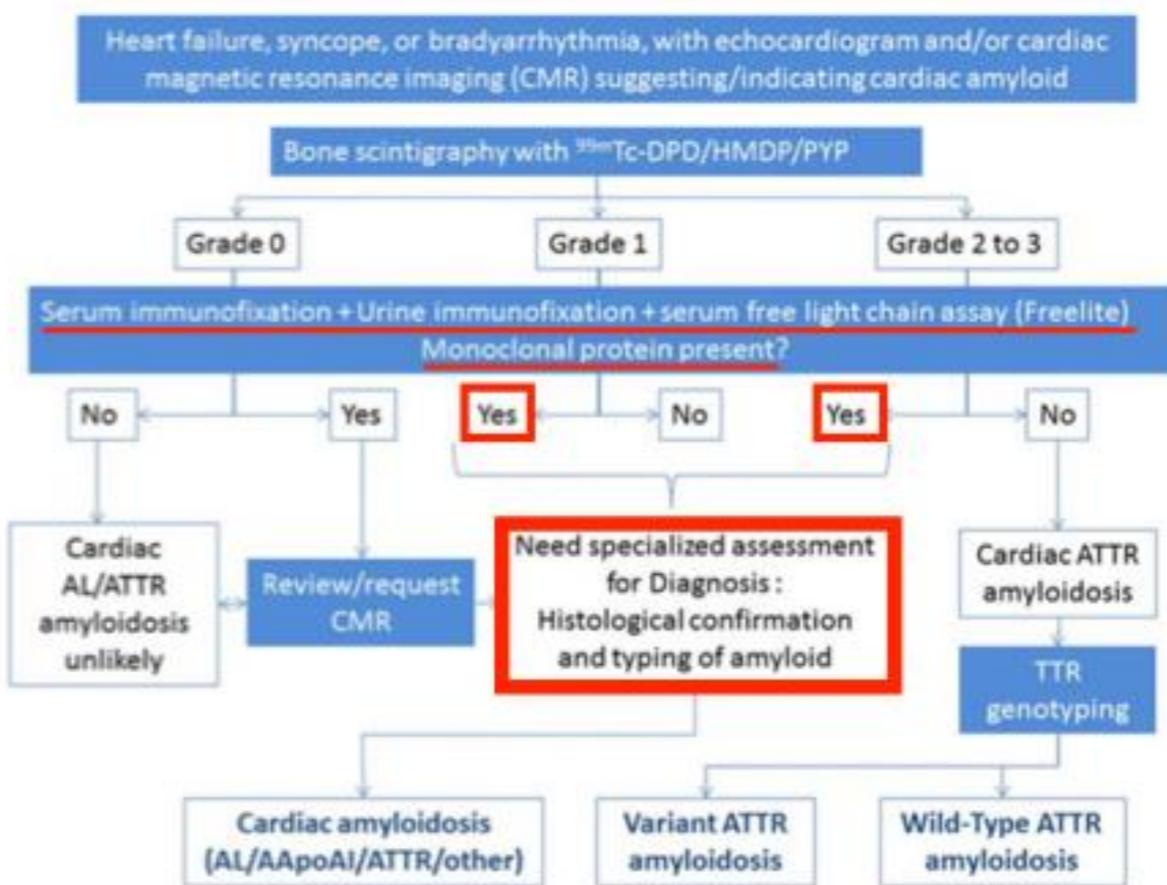
Courtesy of Dr.ssa Casoni

Nonbiopsy diagnosis of ATTR-CA

Heart failure, syncope, or bradyarrhythmia, with echocardiogram and/or cardiac magnetic resonance imaging (CMR) suggesting/indicating cardiac amyloid



When and How Should Tissue Biopsy Be Undertaken?



- Positive ^{99m}Tc -phosphate scan without evidence for plasma clone on blood and urine testing -> **diagnosis of ATTR-CA without a biopsy**
- Positive ^{99m}Tc -phosphate scan with evidence for plasma clone on blood and urine testing -> **histological diagnosis is still required because the uptake on a ^{99m}Tc -phosphate scan is not 100% specific for ATTR-CA.**

EXTRACARDIAC BIOPSY (*abdominal fat pad, gingiva, skin, salivary gland, or gastrointestinal tract*)

Diagnostic accuracy:

- 70% for AL-CA / 67% for ATTRm / 14% for ATTRwt

Fine NM et al. Yield of noncardiac biopsy for the diagnosis of transthyretin cardiac amyloidosis. Am J Cardiol. 2014;113:1723–1727. doi: 10.1016/j.amjcard.2014.02.030.

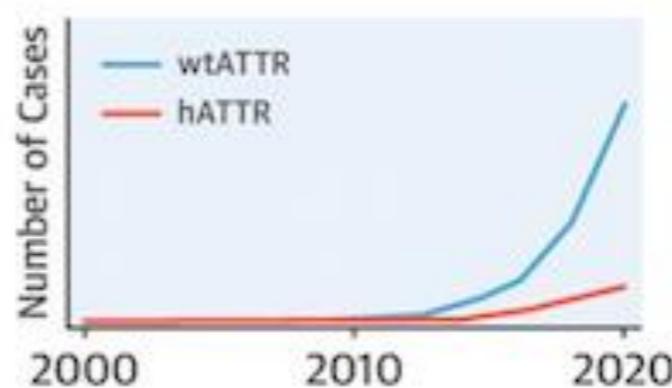
although a fat pad biopsy is a preferred initial site, a negative result is insufficient to exclude the diagnosis

CARDIAC BIOPSY

Tissue diagnosis is required for AL amyloid and endomyocardial biopsy should be pursued if the index of suspicion is high despite a negative fat pad.

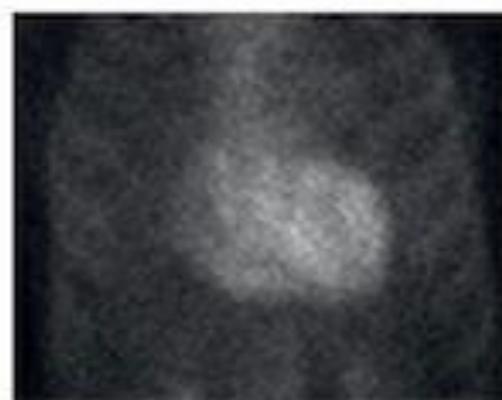
Present/Future

Recognition of ATTR-CM



Epidemiology

Noninvasive-Scintigraphy



Diagnosis

Emerging Treatment Options

wtATTR-CM

Treatment

hATTR

Cardiomyopathy
ONLY

Cardiomyopathy
AND Neuropathy

Neuropathy
ONLY

TAFAMIDIS
Under review by FDA

DIFLUNISAL
Off-label usage

TAFAMIDIS
Under review by FDA

DIFLUNISAL
Off-label usage

TAFAMIDIS
Under review by FDA

PATISIRAN

PATISIRAN

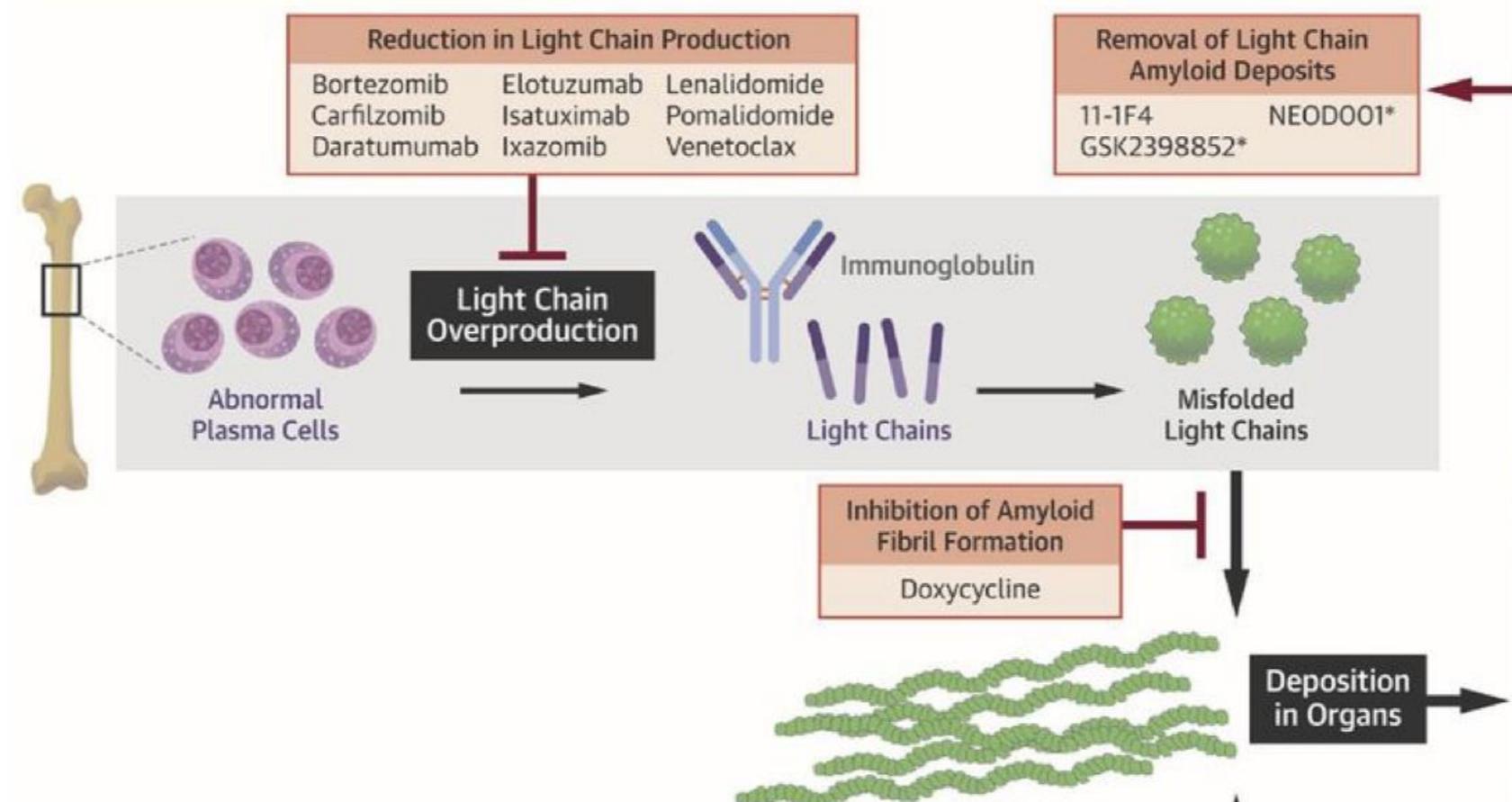
INOTERSEN

INOTERSEN

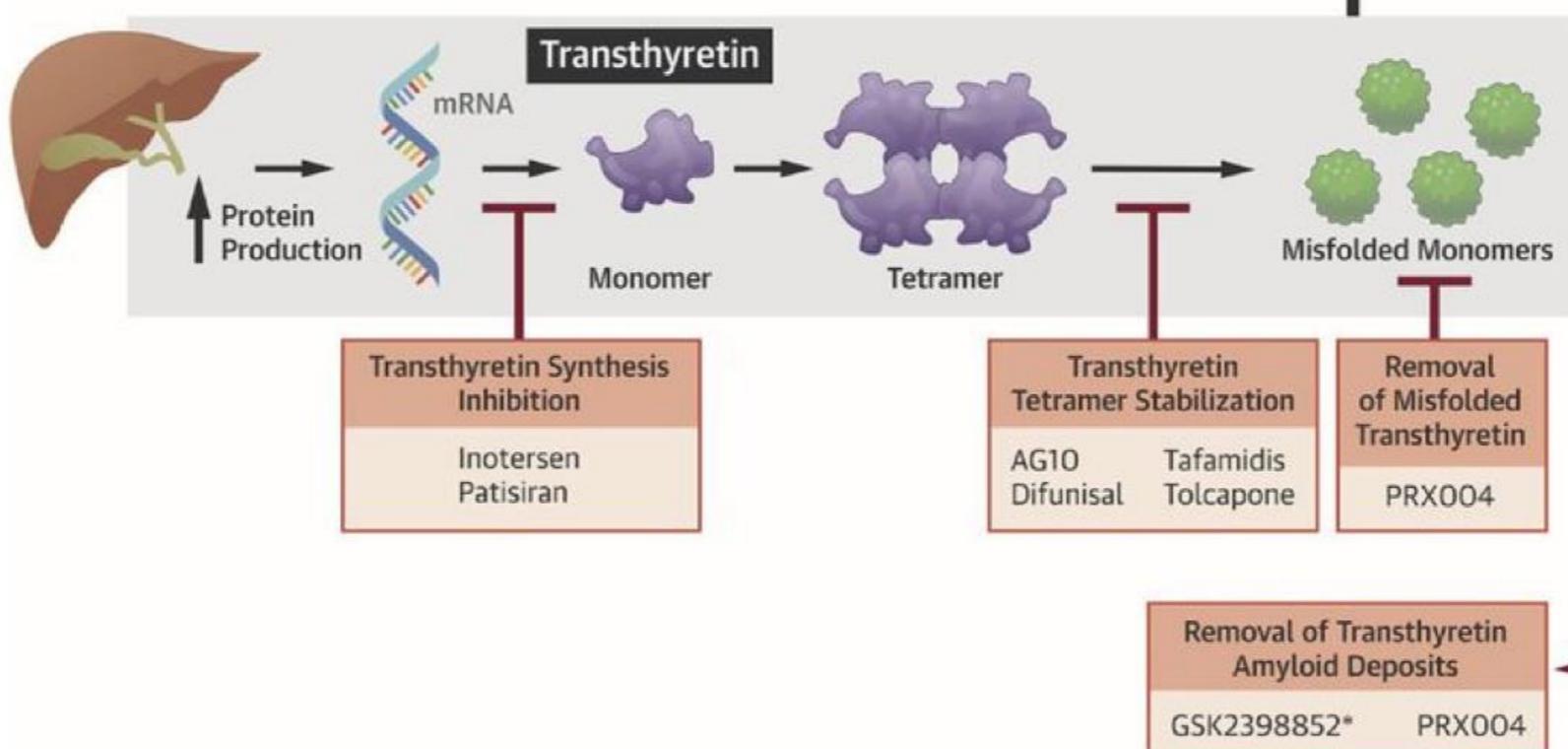
DIFLUNISAL
Off-label usage

DIFLUNISAL
Off-label usage

A Light Chain Amyloidosis



B Transthyretin Amyloidosis

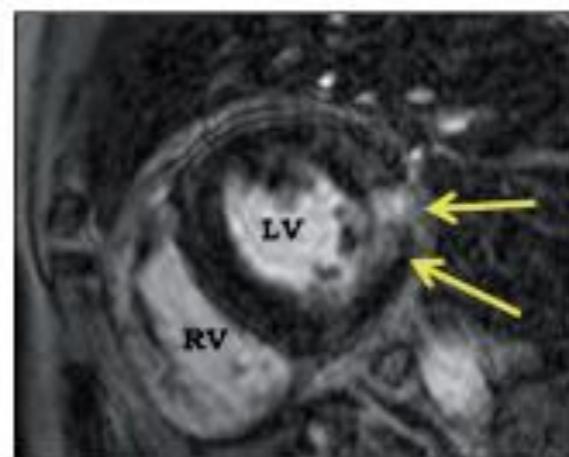


31 GIORNATE CARDIOLOGICHE TORINESI



Fabry's Disease: key messages

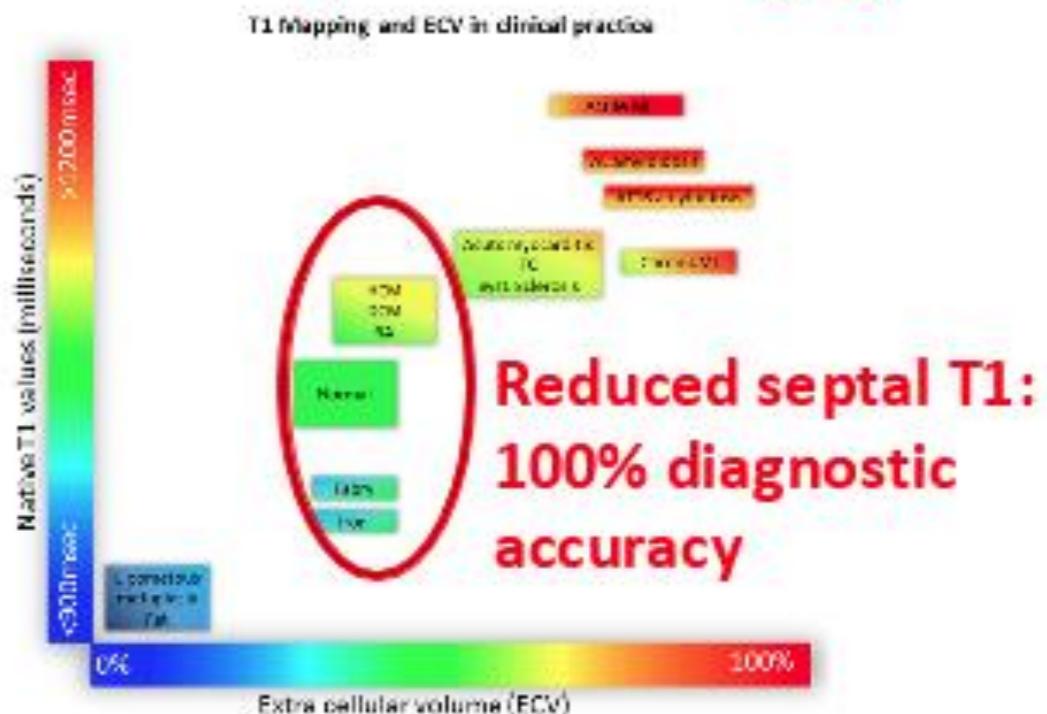
1. HCM phenocopy



1% prevalence among patients diagnosed with HCM

(Monserrat et al. JACC Vol. 50, No. 25, 2007 18/25, 2007:2399–403)

2. CMR parametric imaging



**Reduced septal T1:
100% diagnostic
accuracy**

3. Early treatment improves outcomes!

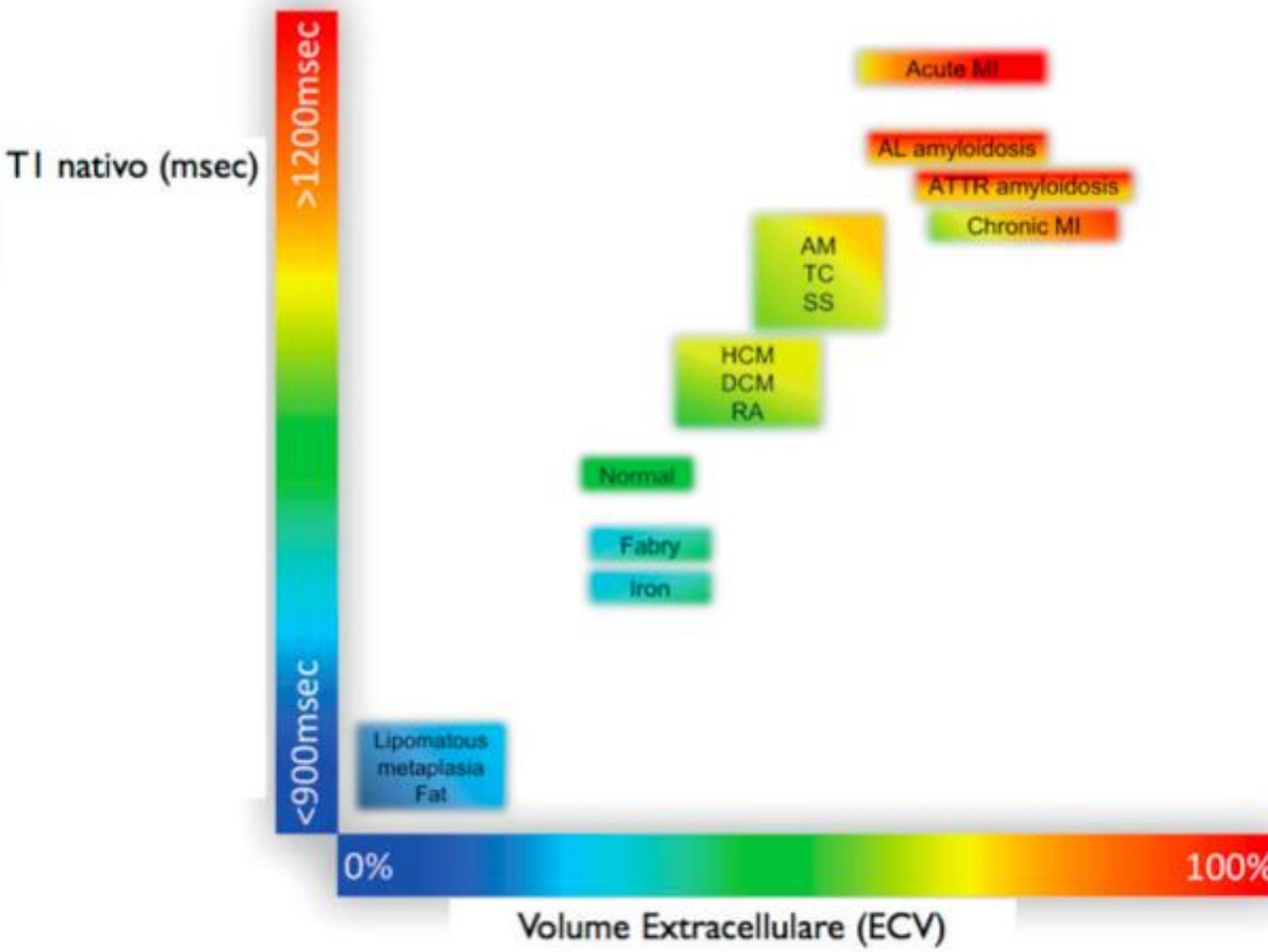
The effect of enzyme replacement therapy on clinical outcomes in male patients with Fabry disease: A systematic literature review by a European panel of experts

Molecular Genetics and Metabolism Reports 19
(2019) 100454

Seward et al. JACC Vol. 55, No. 17, 2010 April 27, 2010:1769–79

Condition	Age at Presentation	History and Clinical Presentation	Echocardiography	ECG Profile	CMR LGE
Fabry disease	Male: 11 ± 7 yrs; Female: 23 ± 16 yrs	Neuropathic pain, imaired sweating, skin nodules	Symmetrical increase in LV and RV wall thickness, normal EF	Increased or normal QRS complex voltage, short or prolonged PR interval	Focal, midwall, inferolateral wall
Differential diagnosis:					
Hypertrophic cardiomyopathy	17–38 yrs	May be asymptomatic, dyspnea, arrhythmia, syncope, sudden death	Asymmetrical hypertrophy, small LV cavity, LVOT obstruction, normal EF	Increased QRS complex voltage, pseudo-delta wave, blunt T-wave inversion	Patchy, midwall, junctions of the ventricular septum and RV
Hypertensive heart disease	Adults	History of hypertension	Symmetrical increase in LV wall thickness, mild LV dilation, normal EF	Increased QRS complex, nonspecific STT-wave changes	No pattern, predominantly subendocardial

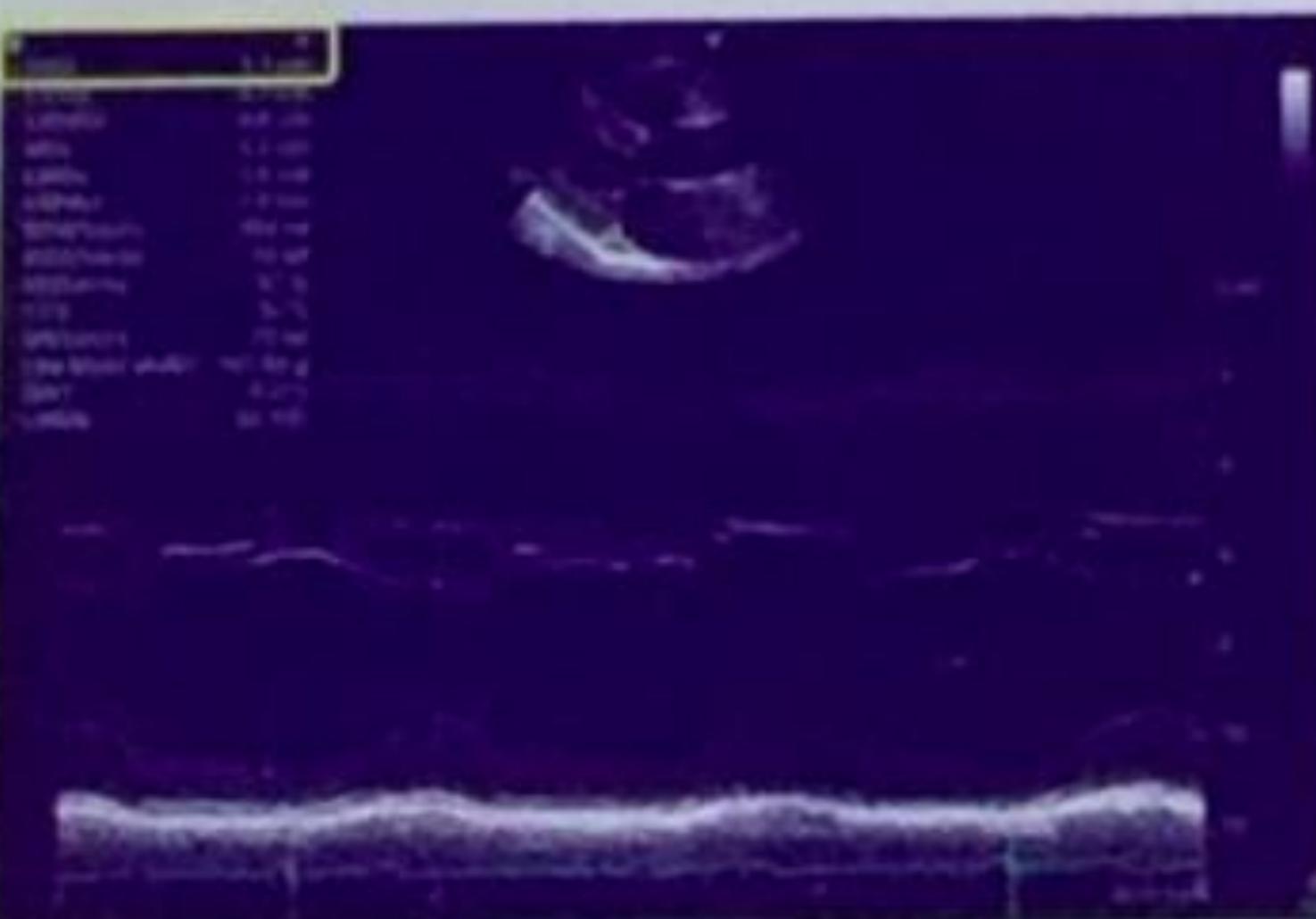
Mappaggio TI e ECV nella pratica clinica



Courtesy of Dr. Imazio

AFD Disease: Typical early stage

FI, male, 45 years



EF = 58%



Initial septal hypertrophy and GLS pattern

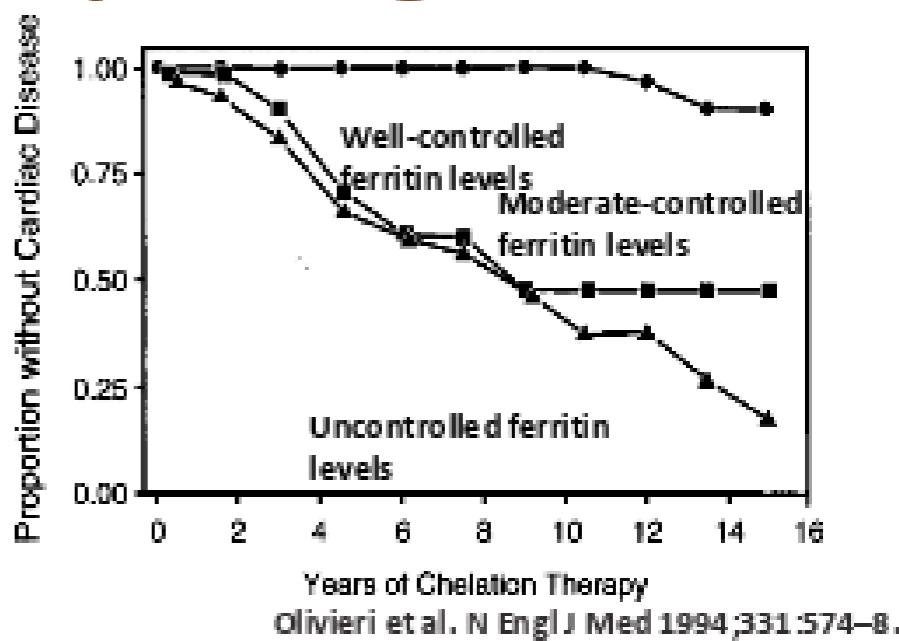


31 GIORNATE CARDIOLOGICHE TORINESI

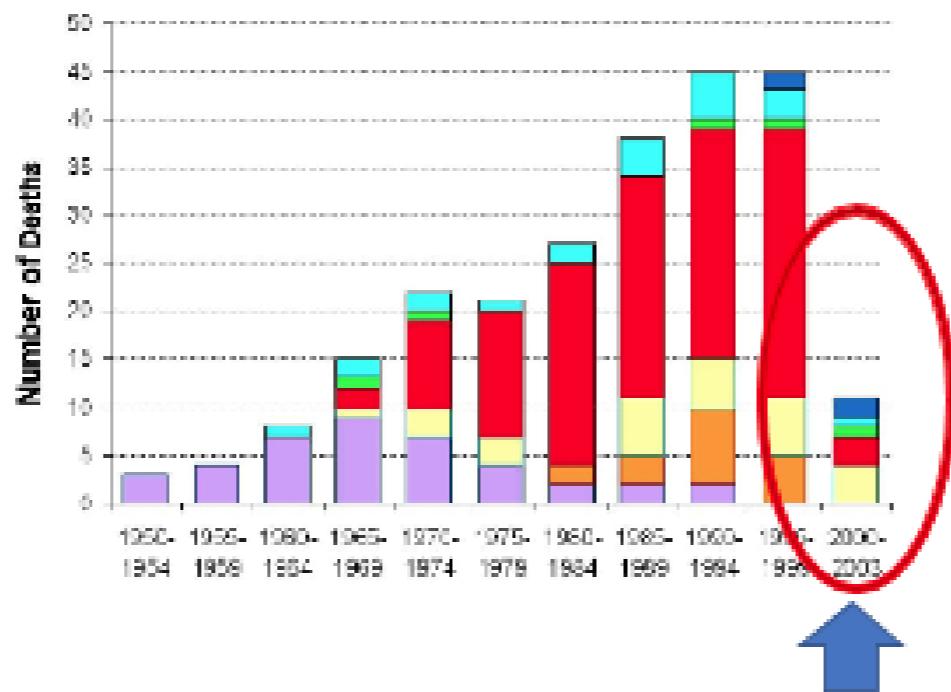
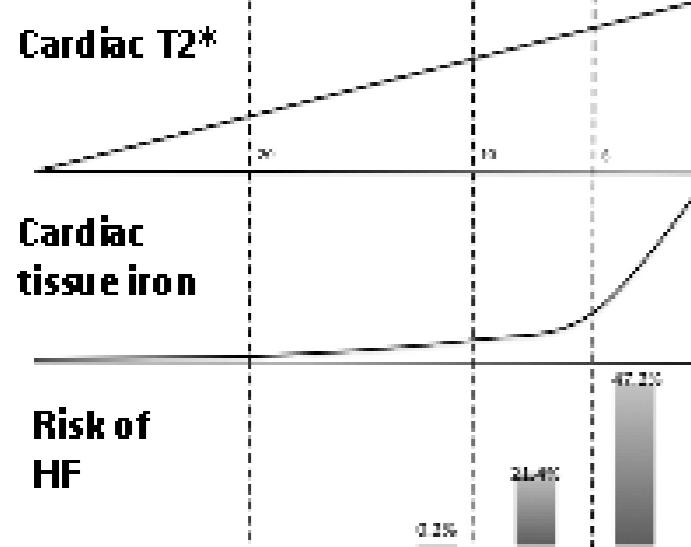
Iron overload cardiomyopathy (IOC): key messages

1. Epidemiology

- Constantly **increasing incidence** as an effect of improved mortality of patients with hereditary anemia and blood malignancies
- Leading cause of death in patients receiving chronic blood transfusion therapy**
- Iron dose-dependent probability of HF-development



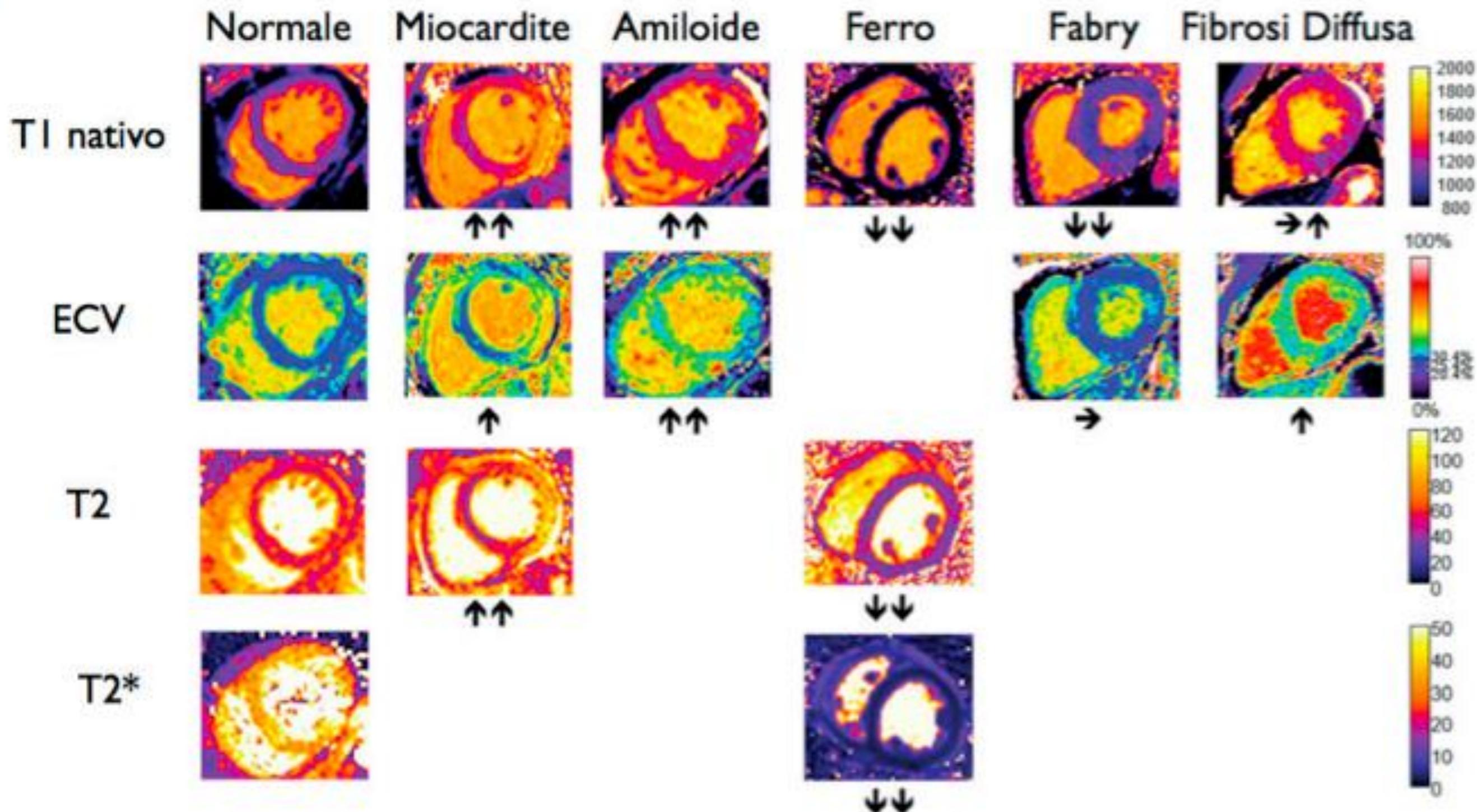
2. CMR-guided follow-up



INTRODUCTION OF T2* CMR

- Cardiac ultrasound inadequate** to assess early cardiac structural changes and guide therapy
- cardiac T2*** is the imaging of choice, **should be performed as early as possible and the effectiveness of iron chelation can be reliably guided by follow-up scans**

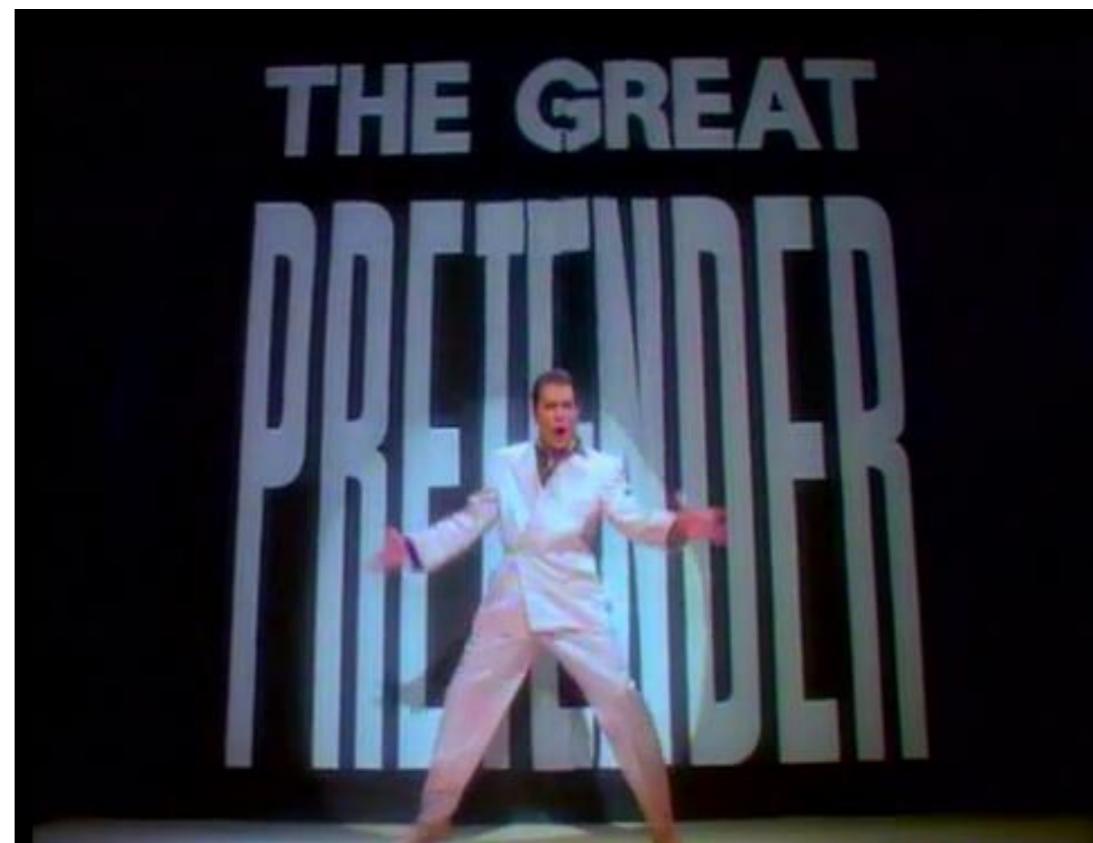
Mapping T1 e T2 e calcolo del volume extracellulare (ECV)



Courtesy of Dr. Imazio

ATTR: the great pretender

- Challenging
- Fascinating
- Mysterious
- Not as rare as supposed
- Relative easy to detect (when suspected!)
- Treatable !!



CARATTERISTICHE DELLE TRE FORME DI AMILOIDOSI SISTEMICA AD INTERESSAMENTO CARDIACO E DELLA CARDIOMIOPATIA IPERTROFICA

	ATTRm	AL	SSA	CMPI
Spessore parietale VS	Moderatamente aumentato (1.5-2.0 cm)	Lievemente aumentato (1.2-1.5 cm)	Severamente aumentato (1.8-12.2 cm)	Estremamente variabile (1.2-3.5 cm)
Ipertrofia VS	Tendenzialmente simmetrica	Tendenzialmente simmetrica	Tendenzialmente simmetrica	Variabile (asimmetrica, apicale, raramente simmetrica)
Frazione di eiezione VS	Lievemente ridotta	Normale/lievemente ridotta	Moderatamente ridotta	Normale o aumentata
Ipertrofia VD	Frequente	Frequente	Frequente	Possibile
Ispessimento del setto interatriale	Frequente	Frequente	Frequente	Assente
Disfunzione diastolica	Frequente	Frequente	Frequente	Frequente
Ispessimento delle valvole atrioventricolari	Frequente	Possibile	Frequente	Assente
Versamento pericardico	Frequente	Frequente	Frequente	Estremamente raro
Bassi voltaggi del QRS	<25% dei casi	Frequente	<25% dei casi	Estremamente raro
Captazione miocardica di 99mTc-DPD	Forte	Assente o debole	Forte	Assente
Valori di NT-proBNP e troponina cardiaca	Moderatamente aumentati	Severamente aumentati	Moderatamente aumentati	Moderatamente aumentati