

ARE ALL NOVEL ORAL CREATED ANTICOAGULANTS EQUAL ?

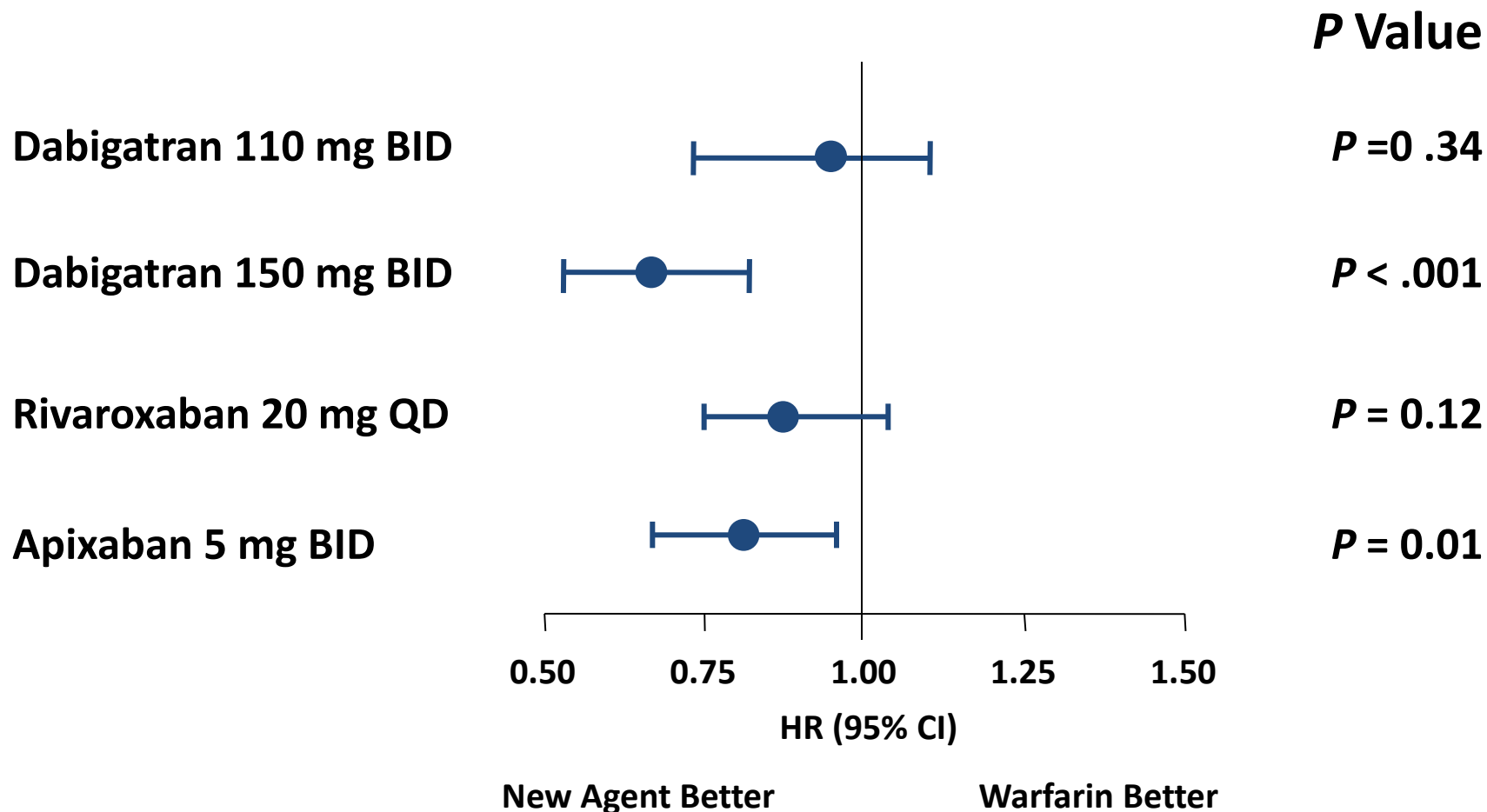
✕ Evidence from the recent literature

Prof Alessandro Capucci
Direttore Clinica di Cardiologia
Università Politecnica delle Marche
Ancona

DISCLOSURES

- ✗ Speaker fee in the last 2 years from:
- ✗ Abbot, Bayer, Boheringer, Boston Scientific, Meda, Medico, Sanofi-Synthelabo, Sorin.

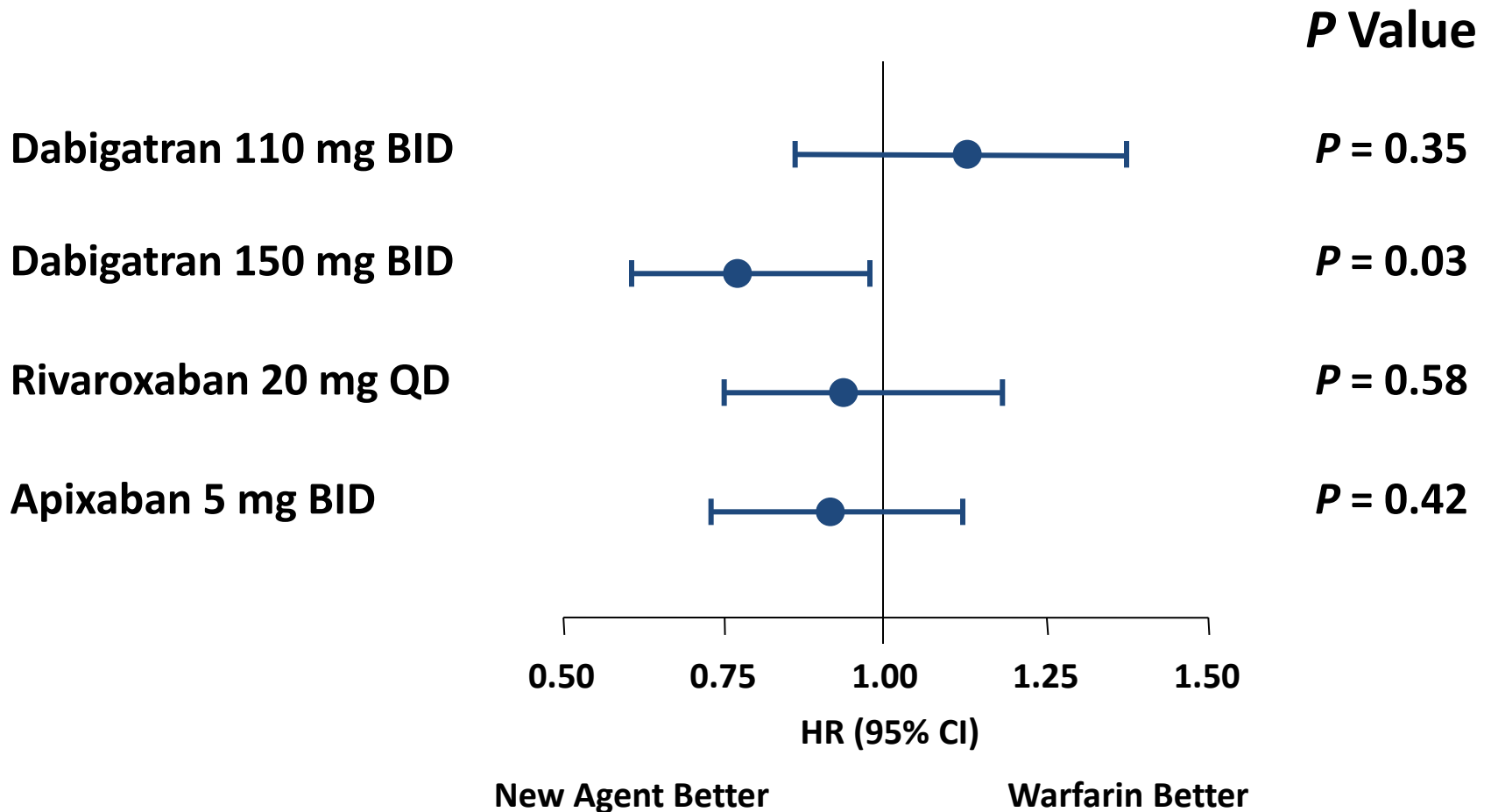
DOACs vs warfarin: stroke and systemic embolism



Not head to head comparison – For illustrative purposes only

Connolly SJ, et al. N Engl J Med 2009;361:1139–51; Connolly SJ et al. N Engl J Med 2010;363:1875–6; Patel MR, et al. N Engl J Med 2011;365:883–91; Granger C, et al. N Eng J Med 2011;365:981–92.

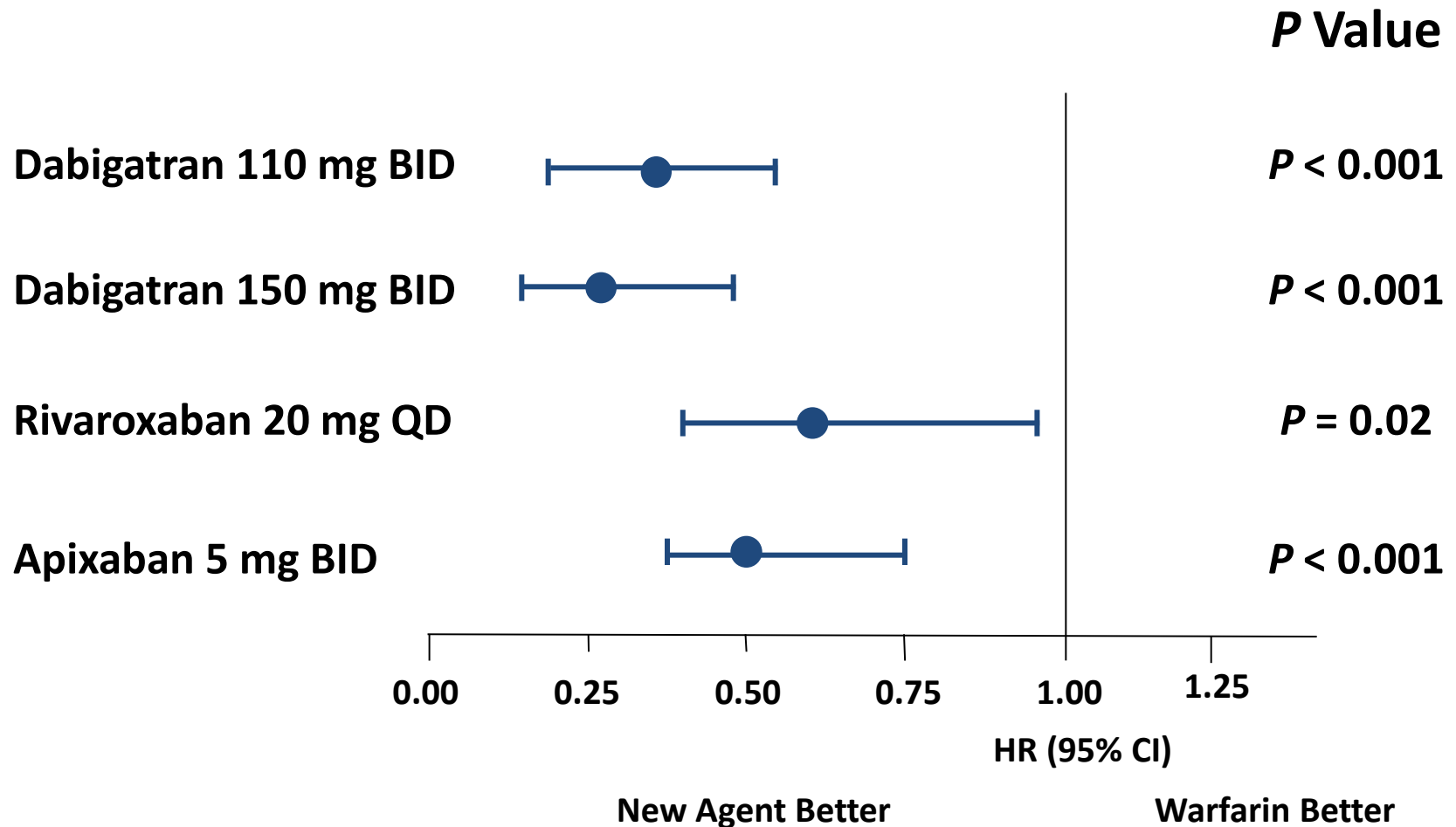
DOACs vs warfarin: ischaemic stroke



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DOACs vs warfarin: haemorrhagic stroke



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NOACs= New oral anticoagulants

Comparative PK/PD of DOACs

	Dabigatran	Rivaroxaban	Apixaban
Target	Ila (thrombin)	Xa	Xa
Hours to C _{max}	1-3	2-4	3-4
Half-life, hours	12-17	5-13	12
Renal Clearance, %	80	33*	27
Transporters	P-gp	P-gp	P-gp
CYP Metabolism, %	None	32	<32

CYP = cytochrome P450; P-gp = P-glycoprotein *33% renally cleared; 33% excreted unchanged

Pradaxa [package insert]. Ridgefield, CT: Boehringer Ingelheim Pharmaceuticals, Inc. 2013

Xarelto [package insert]. Titusville, NJ: Janssen Pharmaceuticals, Inc. 2011

ELIQUIS Summary of Product Characteristics. Bristol Myers Squibb/Pfizer EEIG, UK

DOACs Phase III Trials

Table 1: Overview of the phase III trials performed with the new oral anticoagulants* with study acronym and according to generic drug name.

Stroke prevention in atrial fibrillation	Acute coronary syndromes	Primary VTE prevention (orthopaedic surgery)	Primary VTE prevention (medically ill)	Initial treatment of VTE	Extended treatment of VTE
dabigatran RE-LY		dabigatran RE-MODEL RE-MOBILIZE RE-NOVATE RE-NOVATE II		dabigatran RE-COVER RE-COVER II	dabigatran RE-SONATE RE-MEDY
rivaroxaban ROCKET AF	rivaroxaban ATLAS ACS-2 TIMI 51	rivaroxaban RECORD I RECORD II RECORD III RECORD IV	rivaroxaban MAGELLAN	rivaroxaban EINSTEIN-DVT EINSTEIN-PE	rivaroxaban EINSTEIN-Extension
apixaban AVERROES ARISTOTLE	apixaban APPRAISE-2	apixaban ADVANCE I ADVANCE I ADVANCE III	apixaban ADOPT	apixaban AMPLIFY	apixaban AMPLIFY-Extension
edoxaban TIMI 48-ENGAGE				edoxaban HOKUSAI-VTE	

VTE, venous thromboembolism. *Studies with the oral thrombin inhibitor ximelagatran are not included since the drug was withdrawn from market in 2006.

DOACs SPAF Trials

	RE-LY	ROCKET-AF	ARISTOTLE
Drug	Dabigatran	Rivaroxaban	Apixaban
# Randomized	18,113	14,264	18,201
Dose (mg)	150, 110	20	5
Frequency	Twice Daily	Once Daily	Twice Daily
Dose Adjustment at baseline	No	20 → 15	5 → 2.5
Target INR (Warfarin)	2.0-3.0	2.0-3.0	2.0-3.0
Design	PROBE*	2x blind	2x blind

*PROBE = prospective, randomized, open-label, blinded end point evaluation

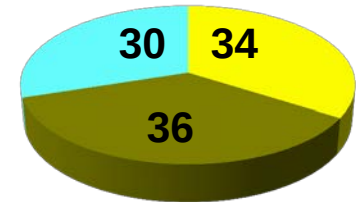
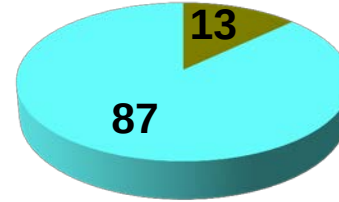
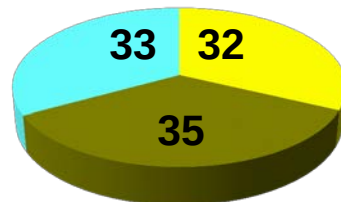
Connolly SJ, et al. *N Engl J Med* 2009;361:1139-1151
Patel MR, et al. *N Engl J Med* 2011;365:883-891
Granger CB, et al. *N Engl J Med* 2011;365:981-992

Baseline Characteristics

	RE-LY (Dabigatran)	ROCKET-AF (Rivaroxaban)	ARISTOTLE (Apixaban)
# Randomized	18,113	14,266	18,201
Age, years	72 ± 9	73 [65-78]	70 [63-76]
Female, %	37	40	35
Paroxysmal AF	32	18	15
VKA naive	50	38	43
Aspirin Use	40	36	31

CHADS₂

■ 0-1
■ 2
■ 3-6

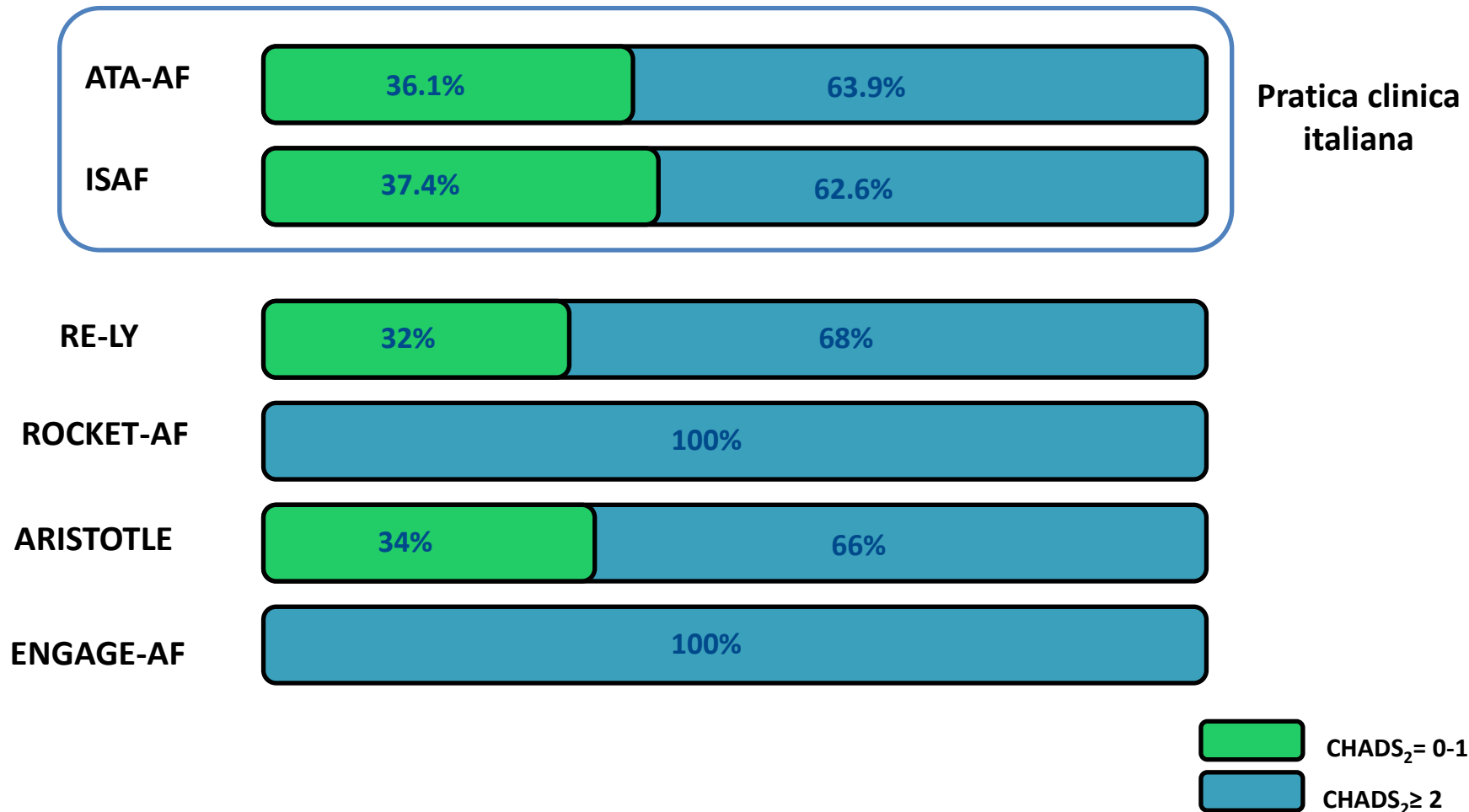


Connolly SJ, et al. N Engl J Med 2009;361:1139-1151

Patel MR, et al. N Engl J Med 2011;365:883-891

Granger CB, et al. N Engl J Med 2011;365:981-992

Distribuzione del punteggio CHADS₂ in coorti di pazienti con FANV



Trial Metrics

	RE-LY (Dabigatran)	ROCKET-AF (Rivaroxaban)	ARISTOTLE (Apixaban)
Median Follow-Up, years	2.0	1.9	1.8
TTR, %	64 mean 67 median	55 mean 58 median	62 mean 66 median
Lost to Follow-Up, N	20	32	90

*TTR, time in therapeutic range

INTERAZIONI FRA FARMACI

Possible drug-drug interactions – effect on DOAC plasma levels

		Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Atorvastatin	P-gp/ CYP3A4	+18%	no data yet	no effect	no effect
Digoxin	P-gp	no effect	no data yet	no effect	no effect
Verapamil	P-gp/ wk CYP3A4	+12–180% (reduce dose)	no data yet	+ 53% (SR) (reduce dose 50%)	minor effect
Diltiazem	P-gp/ wk CYP3A4	no effect	+40%	No data	minor effect
Quinidine	P-gp	+50%	no data yet	+80% (reduce dose 50%)	+50%
Amiodarone	P-gp	+12–60%	no data yet	no effect	minor effect
Dronedarone	P-gp/CYP3A4	+70–100%	no data yet	+85% (reduce dose 50%)	no data yet
Ketoconazole; itraconazole; voriconazole; posaconazole	P-gp and BCRP/ CYP3A4	+140–150%	+100%	no data yet	up to +160%

Red = contraindicated; Orange = adapt dose; Yellow = consider dose reduction if two concomitant yellow interactions present

Heidbuchel H et al. Europace 2013;15:625–51

Possible drug-drug interactions – effect on DOAC plasma levels

	Interaction	Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Fluconazole	CYP3A4	no data	no data	no data	+42%
Cyclosporin; tacrolimus	P-gp	no data	no data	no data	+50%
Clarithromycin; erythromycin	P-gp/ CYP3A4	+15–20%	no data	no data	+30–54%
HIV protease inhibitors	P-gp and BCRP/ CYP3A4	no data	strong increase	no data	up to +153%
Rifampicin; St John's wort; carbamazepine; phenytoin; phenobarbital	P-gp and BCRP/ CYP3A4/CYP2J2	-66%	-54%	-35%	up to -50%
Antacids	GI absorption	-12–30%	no data	no effect	no effect

MULTAQ ... efficacia nella vita reale

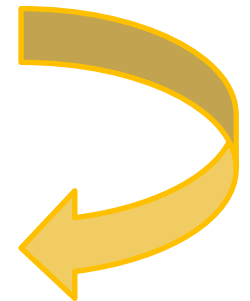
Dabigatran–dronedarone interaction in a spontaneous reporting system

Pranav K. Gandhi, William M. Gentry, and Michael B. Bottorff

J Am Pharm Assoc. 2013;53:414–419.

- Obiettivo dello studio era di quello di indagare sui potenziali sanguinamenti associati alla concomitante somministrazione di dabigatran e dronedarone ...

Objectives: To investigate the risk of bleeding events associated with concurrent administration of dabigatran–dronedarone compared with dabigatran standalone therapy using the Food and Drug Administration Adverse Event Reporting System (FAERS) database and to identify the characteristics of patients with bleeding events associated with concurrent use of dabigatran and dronedarone.



MULTAQ ... efficacia nella vita reale

Dabigatran–dronedarone interaction in a spontaneous reporting system

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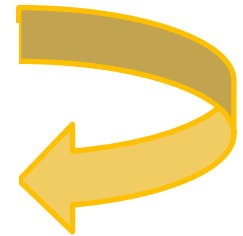
Table 2. Reporting odds ratios concerning the occurrence of bleeding events in index and reference groups			
	Bleeding cases	Nonbleeding cases	OR (95% CI)
Concomitant use of dabigatran and dronedarone	51	57	13.80 (9.45–20.14)
Dabigatran but not dronedarone	1,819	1,747	16.06 (15.00–17.19)
Dronedarone but not dabigatran	82	779	1.62 (1.29–2.04)
Neither dabigatran nor dronedarone	12,961	199,866	1
Abbreviation used: OR, odds ratio.			

MULTAQ ... efficacia nella vita reale

Dabigatran–dronedarone interaction in a spontaneous reporting system

Pranav K. Gandhi, William M. Gentry, and Michael B. Bottorff

Conclusion: The likelihood of reporting bleeding events to FAERS among patients using dabigatran only was similar to that among patients using dabigatran and dronedarone concomitantly.



- Negli USA le segnalazioni alla FDA di sanguinamenti nei pazienti trattati solo con dabigatran erano simili a quelle rilevate nei pazienti trattati con dabigatran associato a Multaq

Possible drug-drug interactions – effect on DOAC plasma levels (III)

		Dabigatran	Apixaban	Edoxaban	Rivaroxaban
Aged ≥80 years	Increased plasma level	Orange	Yellow	Yellow (diagonal lines)	Yellow
Aged ≥75 years	Increased plasma level	Yellow	Yellow	Yellow (diagonal lines)	Yellow
Weight ≤60 kg	Increased plasma level	Yellow	Yellow	Orange	Yellow
Renal function	Increased plasma level	Yellow	Yellow	Yellow	Yellow

Other increased
bleeding risk



Pharmacodynamic interactions – antiplatelet drugs, NSAIDs
 Systemic steroid therapy
 Other anticoagulants
 Recent surgery on critical organ (brain, eye)
 Thrombocytopenia (e.g. chemotherapy)
 HAS-BLED ≥3

Red = contraindicated; Orange = adapt dose; Yellow = consider dose reduction if two concomitant yellow interactions present

NSAIDs = non-steroidal anti-inflammatory drugs

Heidbuchel H et al. Europace 2013;15:625–51

NAO E CARDIOVERSIONE

Cardioversion during Phase III trials

Circulation

JOURNAL OF THE AMERICAN HEART ASSOCIATION

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Dabigatran Versus Warfarin in Patients With Atrial Fibrillation: An Analysis of Patients Undergoing Cardioversion

Rangadham Nagarakanti, Michael D. Chernick, Timothy H. Aikens, Greg Parekh, Paul A. Reilly, *Circulation* DOI: 10.1161/CIR.000000.000000

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<http://dx.doi.org/10.1016/j.jacc.2013.02.025>

Heart Rhythm Disorders

Outcomes After Cardioversion and Atrial Fibrillation Ablation in Patients Treated With Rivaroxaban and Warfarin in the ROCKET AF Trial

Jonathan P. Piccini, MD, MHS,* Susanna R. Stevens, MS, Manesh R. Patel, MD,* Jonathan L. Halperin, MD,† Dani Graeme J. Hankey, MD,§ Werner Hacke, MD, PhD,|| Ric Christopher C. Nessel, MD,¶ Kenneth W. Mahaffey, MD, Robert M. Califf, MD,** Günter Breithardt, MD†† for the & Investigators

Durham, North Carolina; New York, New York; Boston, Mass Heidelberg and Münster, Germany; Raritan, New Jersey; and

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<http://dx.doi.org/10.1016/j.jacc.2013.09.062>

Antithrombotic Therapy

Efficacy and Safety of Apixaban in Patients After Cardioversion for Atrial Fibrillation

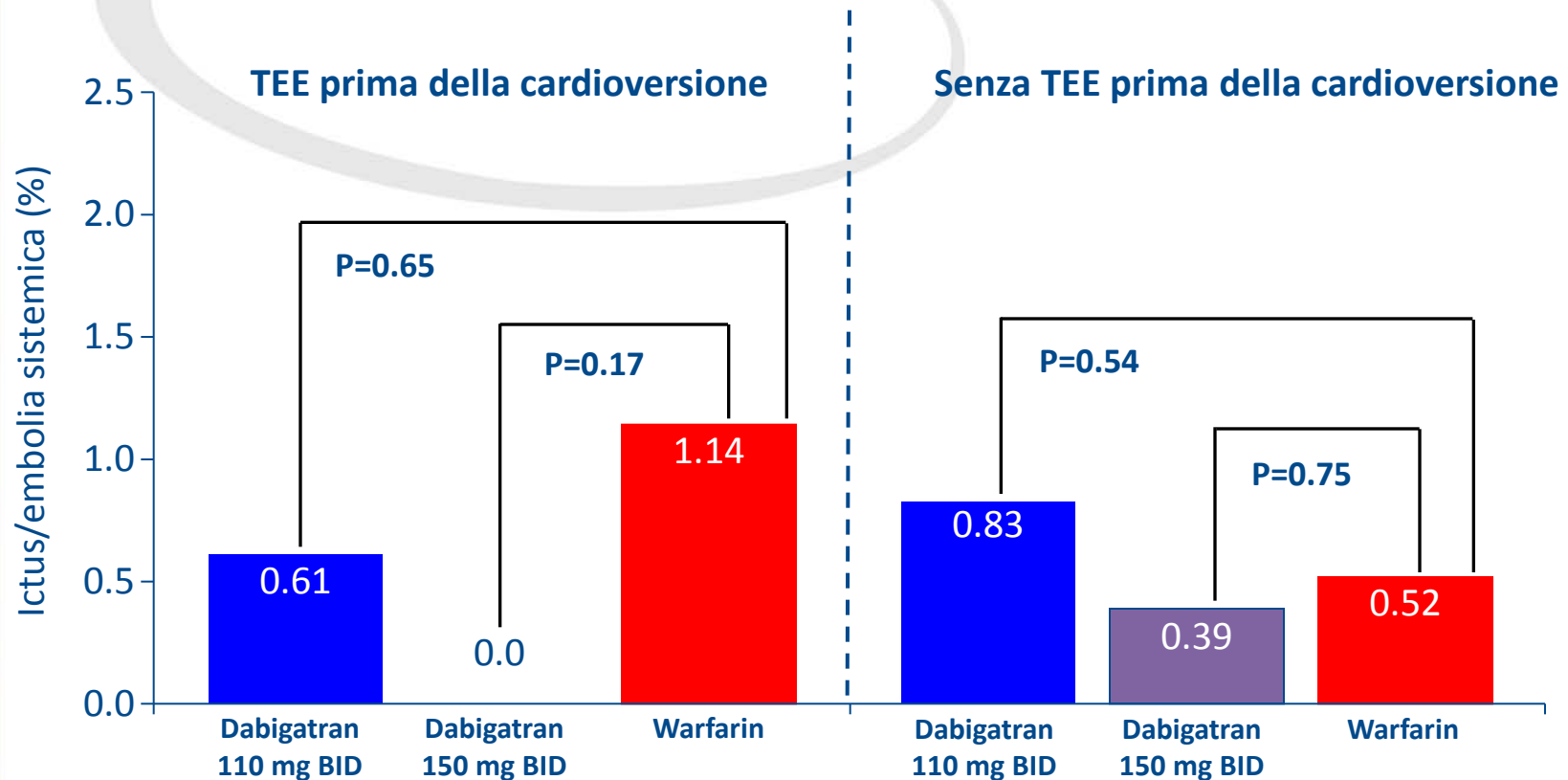
Insights From the ARISTOTLE Trial (Apixaban for Reduction in Stroke and Other Thromboembolic Events in Atrial Fibrillation)

Greg Flaker, MD,* Renato D. Lopes, MD, PhD,† Sana M. Al-Khatib, MD, MHS,† Antonio G. Hermosillo, MD,‡ Stefan H. Hohnloser, MD,§ Brian Tinga, MS,† Jun Zhu, MD,|| Puneet Mohan, MD, PhD,¶ David Garcia, MD,‡ Jozef Bartunek, MD, PhD,** Dragos Vinereanu, MD, PhD,†† Steen Husted, MD, DMSc,‡‡ Veli Pekka Harjola, MD, PhD,§§ Marten Rosenqvist, MD,||| John H. Alexander, MD, MHS,† Christopher B. Granger, MD,† for the ARISTOTLE Committees and Investigators

Columbia, Missouri; Durham, North Carolina; Tlalpan, Mexico; Frankfurt, Germany; Beijing, China; Princeton, New Jersey; Albuquerque, New Mexico; Aalst, Belgium; Bucharest, Romania; Århus, Denmark; Helsinki, Finland; and Stockholm, Sweden



Sottoanalisi cardioversione: ictus o embolia sistemica con o senza TEE



Percentuali analoghe di ictus o embolia sistemica con/senza TEE prima della cardioversione

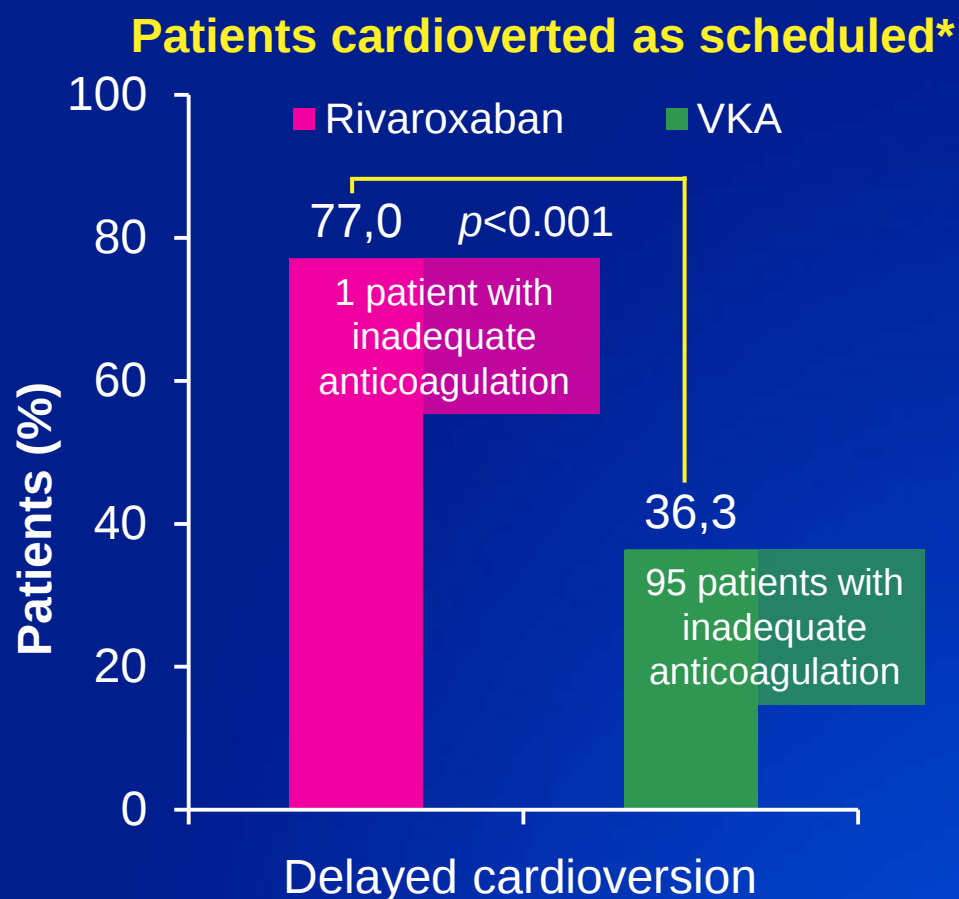
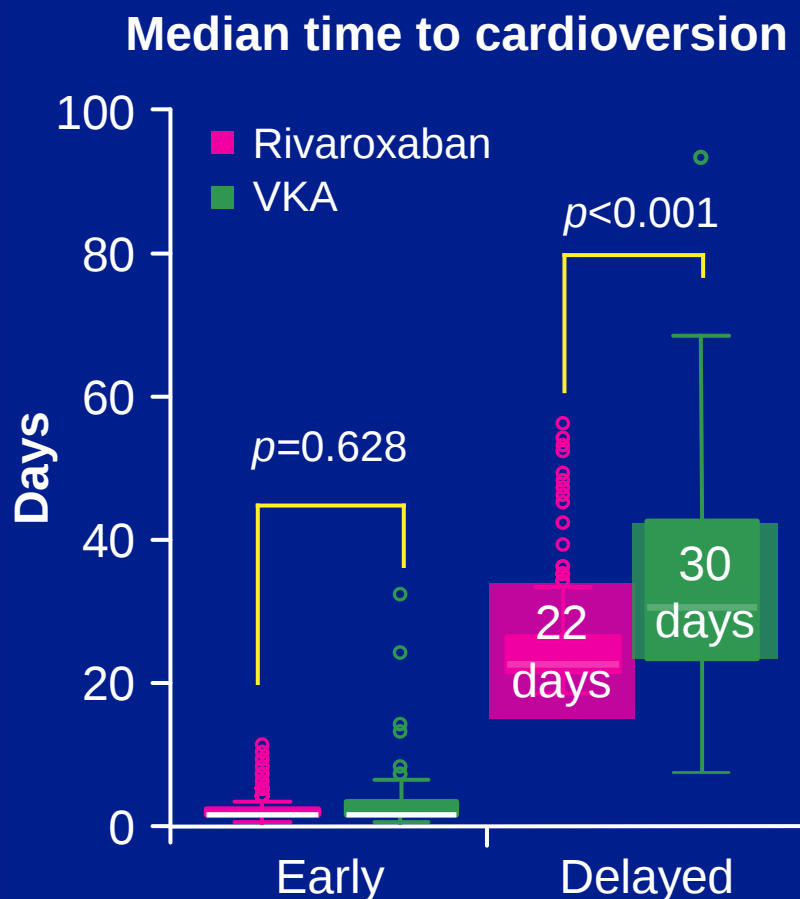
BID = due volte al giorno; TEE = ecocardiografia transesofagea
Nagarakanti R et al. Circulation 2011;123:131-6

X-VeRT: primary efficacy endpoints

	Rivaroxaban (N=978)		VKA (N=492)		Risk ratio (95% CI)
	%	n*	%	n*	
Primary efficacy endpoint	0.51	5	1.02	5	0.50 (0.15–1.73)
Stroke	0.20	2	0.41	2	
Haemorrhagic stroke	0.20	2		0	
Ischaemic stroke		0	0.41	2	
TIA		0		0	
Non-CNS SE		0	0.20	1	
MI	0.10	1	0.20	1	
Cardiovascular death	0.41	4	0.41	2	

*Number of patients with events; patients may have experienced more than one primary efficacy event
MITT population

X-VeRT: time to cardioversion by cardioversion strategy

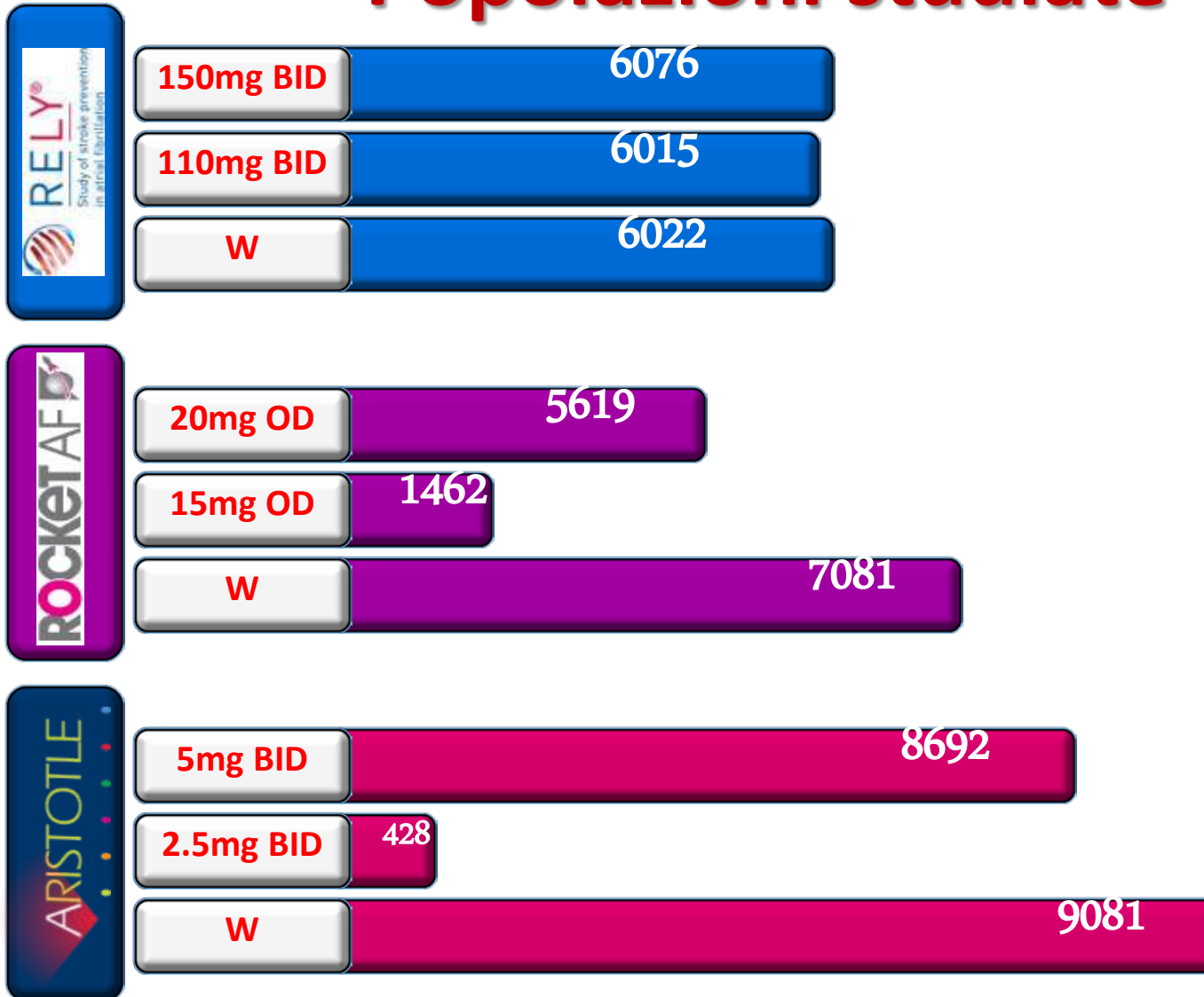


*Reason for not performing cardioversion as first scheduled from 21–25 days primarily due to inadequate anticoagulation (indicated by drug compliance <80% for rivaroxaban or weekly INRs outside the range of 2.0–3.0 for 3 consecutive weeks before cardioversion for VKA)

Cappato R et al. *Eur Heart J* 2014; doi: 10.1093/eurheartj/ehu367

RE-LY® ROCKET-AF® ARISTOTLE®

Popolazioni studiate

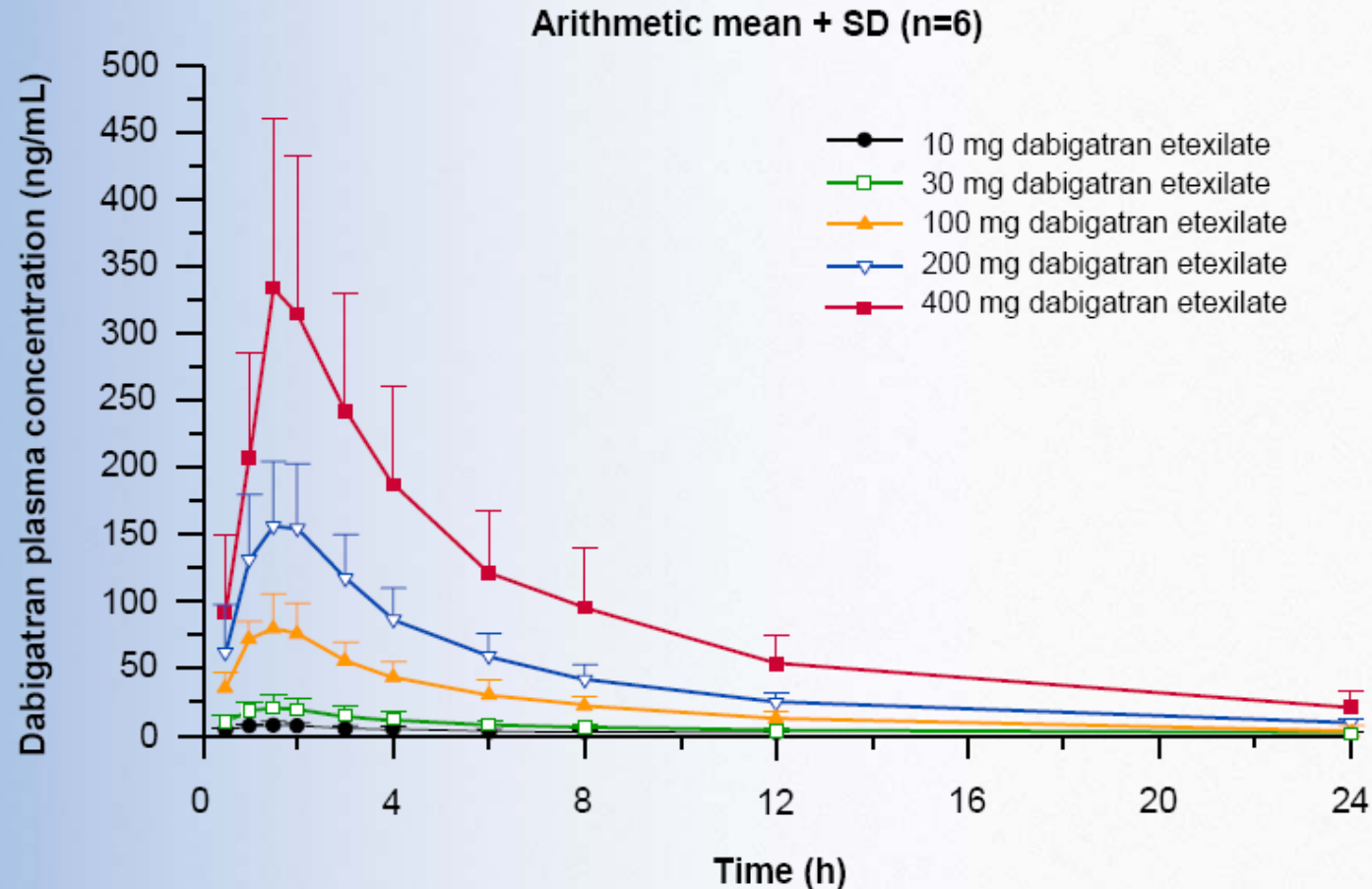


Differenze

- **Dabigatran** (dati da RE-LY trial):
 - efficace e sicuro in associazione a clopidogrel e/o ASA (unico con dati)
 - meglio di Warfarin su ictus ischemico (unico)
 - efficace e sicuro nella cardioversione(sottostudio)
 - due dosaggi: 150 mgx2 (maggior efficacia) e 110 mgx2 (maggior sicurezza), randomizzazione 1:1 ai due dosaggi
- **Rivaroxaban** (dati da ROCKET-AF trial):
 - mono somministrazione (unico con dati)
 - dose ridotta di $\frac{1}{4}$ (a 15 mg) in pazienti con insufficienza renale moderata (ClCr 30-49 ml): 21 % del totale dei pazienti
 - Efficace e sicuro nella CV (Xvert)
- **Apixaban** (dati da ARISTOTLE trial):
 - unico che ha direttamente dimostrato superiorità ad ASA (AVERROES trial)
 - meglio di W come efficacia (ictus) e sicurezza (emorragie maggiori)
 - ridurre a metà dose (2,5 mg x2) in pazienti con 2 fra età ≥ 80 , peso < 60 kg, Cr ≥ 1.5 mg/dl): 4.6 % del totale dei pazienti

BID vs monosomministrazione

Reproducible PK Profile



- PK profile is **reproducible** across a wide range of doses^{1,2}

¹Stangier et al. *Br J Clin Pharmacol* 2007;64:292-303

²Stangier *Clin Pharmacokinet* 2008;47:285-295

Twice daily dosing of dabigatran for stroke prevention in atrial fibrillation. A pharmacokinetic justification

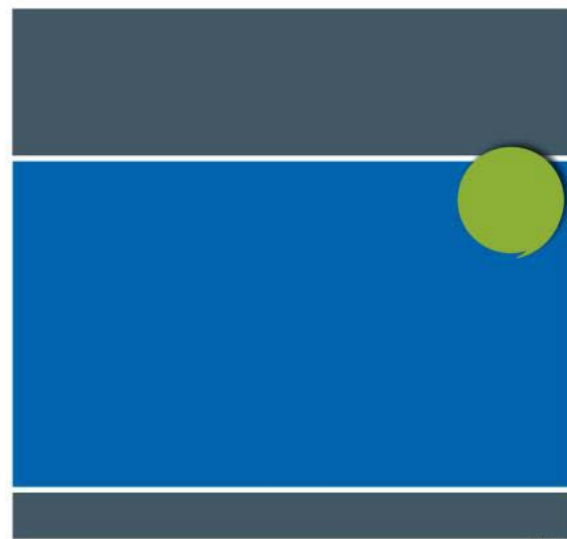
A PK simulation study derived from a population PK model supplemented with data from 9522 patients enrolled in RE-LY supports the BID dosing regimen in patients with AF.

The results show that BID dosing leads to more stable plasma concentrations, thereby minimizing the risks of both bleeding and thrombosis. The predicted consequences of a missed dose with BID dosing are less than for QD dosing, where trough levels may decrease to the point where they do not provide sufficient anticoagulation.

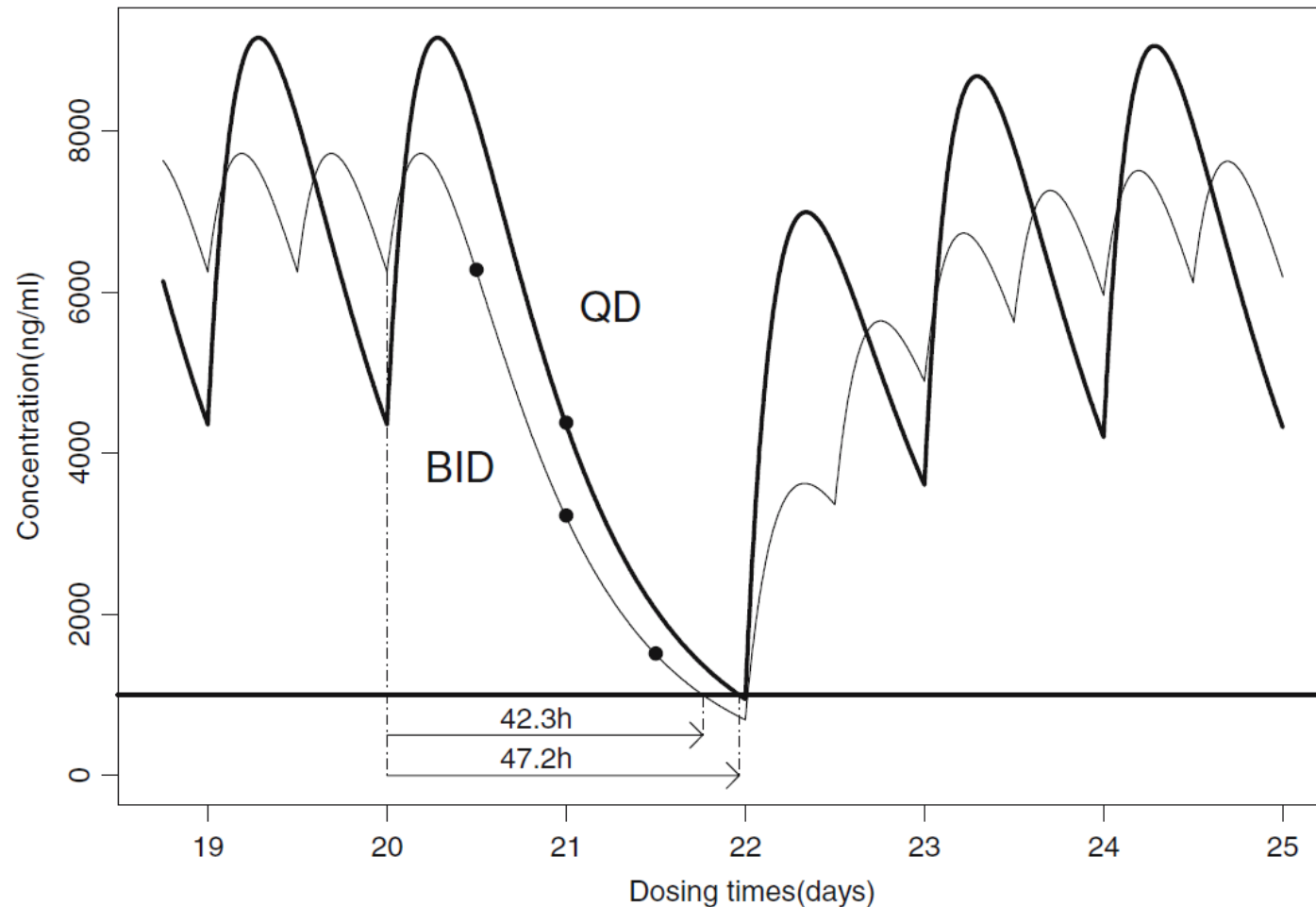
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Estimation of the comparative therapeutic superiority of QD and BID dosing regimens, based on integrated analysis of dosing history data and pharmacokinetics



Estimation of the comparative therapeutic superiority of QD and BID dosing regimens, based on integrated analysis of dosing history data and pharmacokinetics

A key point is that the pharmacokinetic equivalent of a single missed once-daily dose is between two and three sequentially omitted twice-daily doses. Thus, an important parameter is the probability of two or three twice-daily doses being *sequentially* omitted, versus the probability of missing a single once-daily dose. An extensive body of electronically compiled dosing history data shows that the probability of sequential omission of 2–3 twice daily doses is half the probability of omission of a single once daily dose. For that reason, a twice-daily regimen is likely to prove to be superior to a once-daily regimen in maintaining drug concentrations within a therapeutically desirable range.

Dati a lungo termine

RELY-ABLE[®]: goal and design

- To provide additional information on the long-term effects of D150 and D110 in patients completing RE-LY[®]
- Patients eligible at completion of RE-LY[®] study if still receiving study dabigatran and being followed at centre participating in RELY-ABLE[®]
- Dabigatran continued blinded in RELY-ABLE[®] for 2.3 years, when combined with RE-LY[®]: maximum of 4.3 years' follow-up
- Patients in countries where dabigatran was not yet approved continued to receive blinded dabigatran: maximum of 6.7 years' follow-up
- Descriptive analysis of outcomes: stroke, SE, MI, vascular mortality, total mortality, bleeding (major, life-threatening, minor, and total), DVT and net clinical benefit

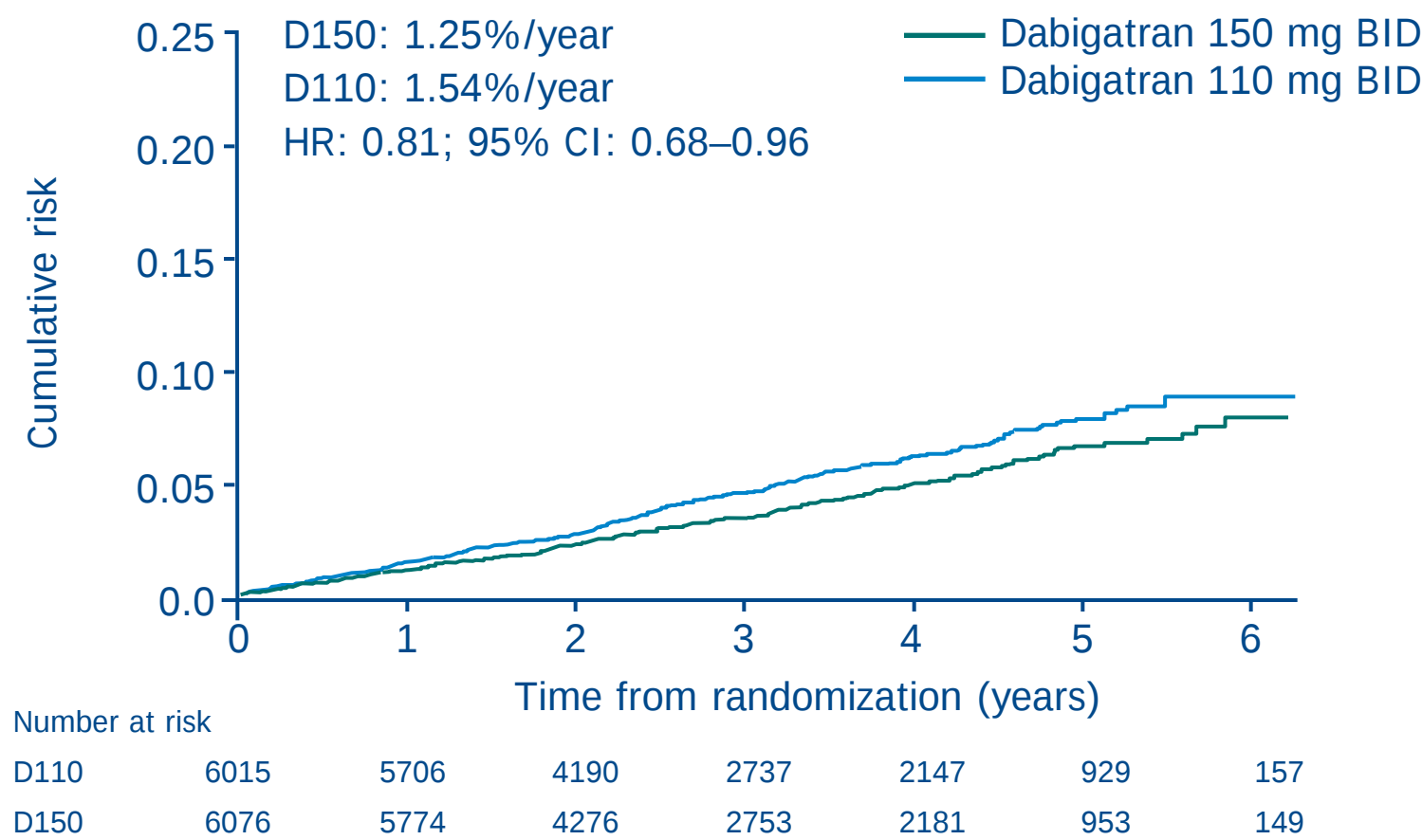
D150 and D110 = dabigatran 150 and 110 mg twice daily, respectively; DVT = deep vein thrombosis;

MI = myocardial infarction; SE = systemic embolism

Connolly S et al. Circulation 2013;128:237–43; Ezekowitz M. AHA 2013; abstr 10684

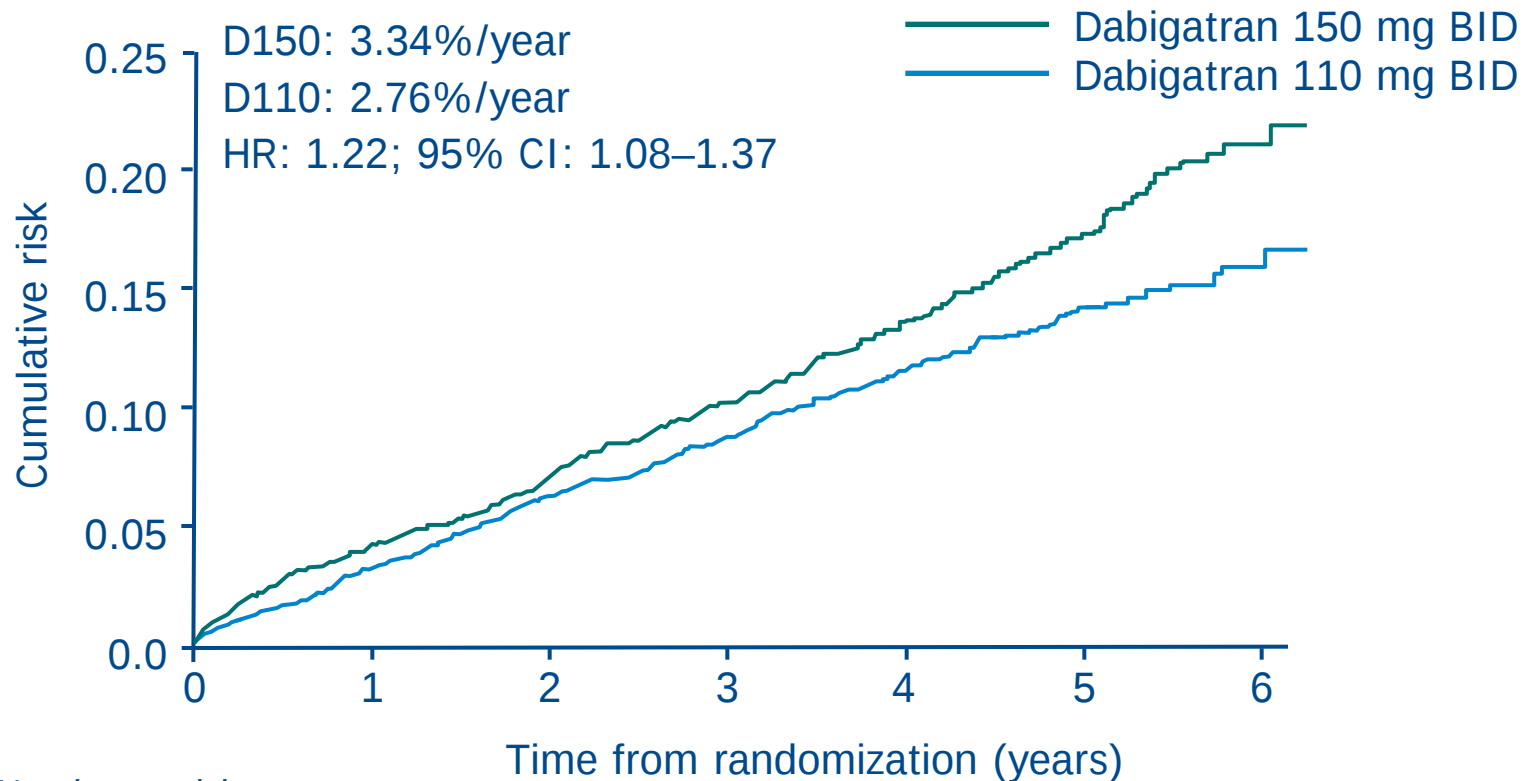
RELY-ABLE[®] extended follow-up: stroke or systemic embolism

- Rates of stroke and systemic embolism remained low during the extended follow-up period



RELY-ABLE[®] extended follow-up: major bleeding

- Rates of major bleeding remained consistent over 6.7 years of follow-up

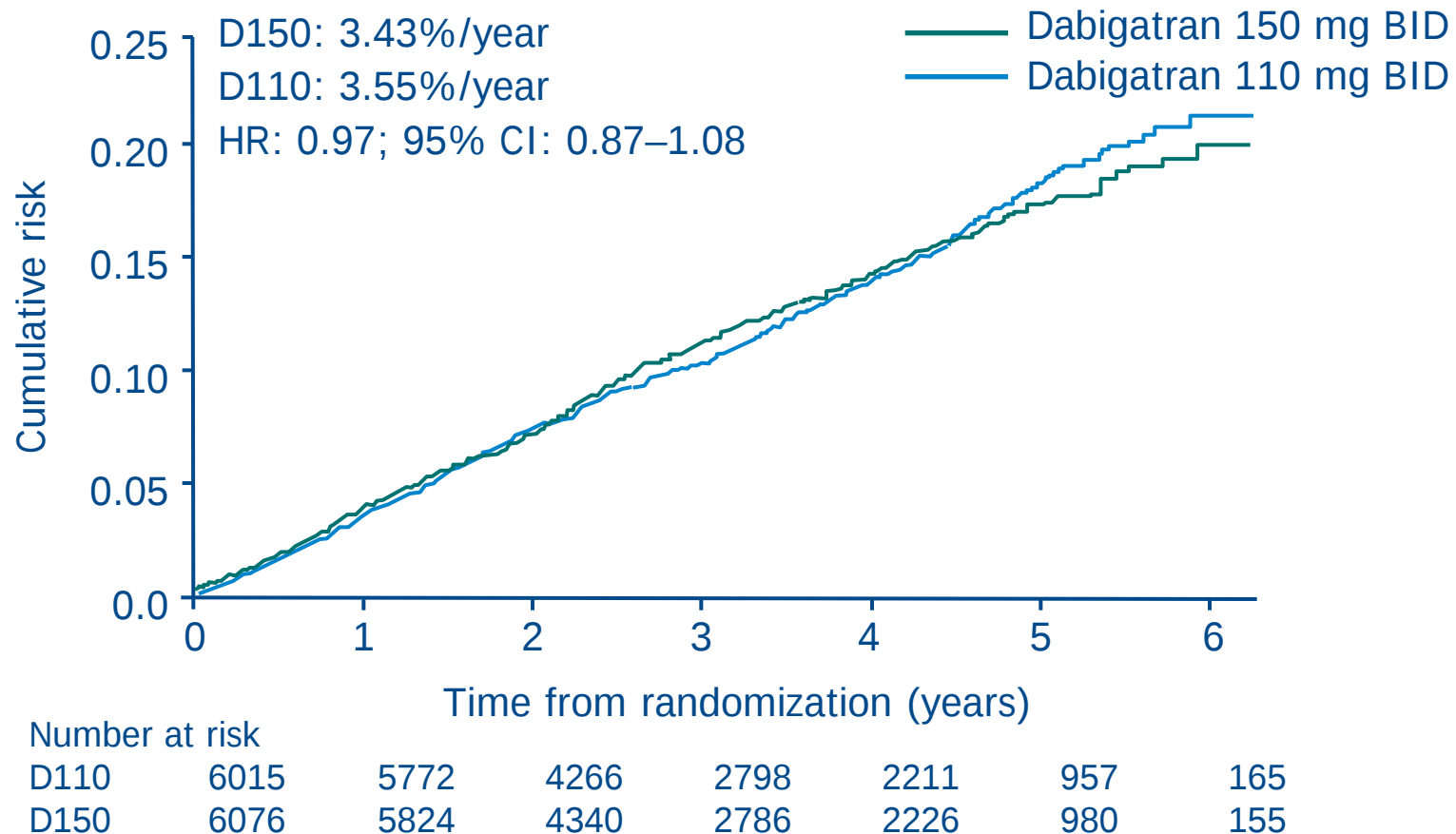


Number at risk:

D110	6015	5616	4075	2658	2085	903	158
D150	6076	5622	4130	2638	2077	910	146

RELY-ABLE[®] extended follow-up: total mortality

- Total mortality remained comparable for both doses during extended follow-up



RELY-ABLE[®]: conclusions

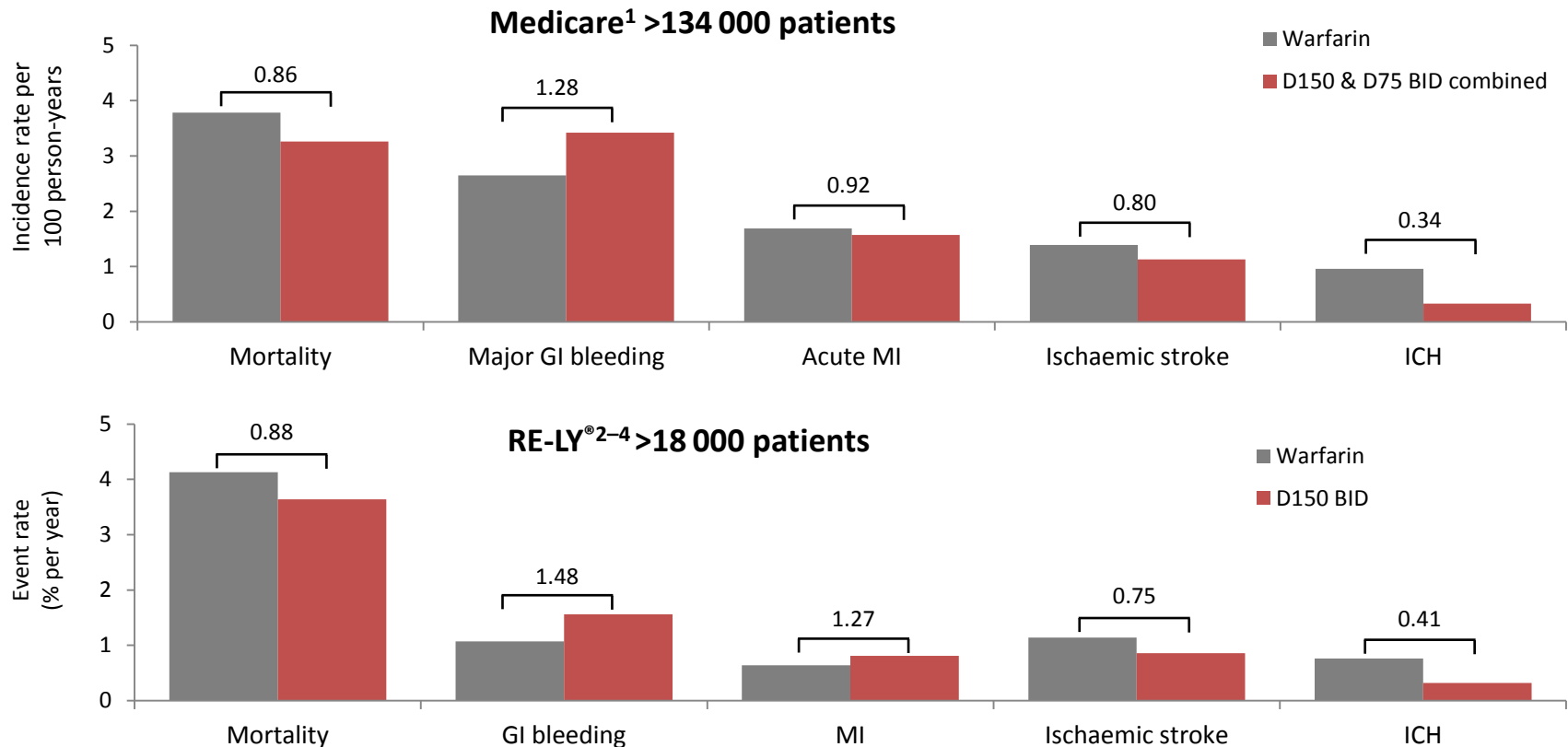
- Dabigatran is the only NOAC with long-term follow-up data extending up to 6.7 years
 - No new safety signals were observed during this period
- RELY-ABLE[®] provides additional safety information for a large cohort of patients continuing the same dose of dabigatran as assigned in the RE-LY[®] trial
- Rates of major events were consistent with RE-LY[®]
 - Low rates of intracranial bleeding were sustained throughout the RELY-ABLE[®] study period

The results from RELY-ABLE[®] support the long-term safety of dabigatran in patients with NVAf and contribute to the growing body of data reinforcing dabigatran as an important advance in the treatment of patients with AF

NVAf = nonvalvular AF

Connolly S et al. Circulation 2013;128:237–43; Ezekowitz M. AHA 2013; abstr 10684

Independent FDA Medicare analysis findings are consistent with findings from RE-LY[®]



Independent FDA analysis confirmed the favourable benefit–risk profile of dabigatran in clinical practice

In the USA, the licensed doses for Pradaxa[®] are: Pradaxa[®] 150 mg BID and Pradaxa[®] 75 mg BID for the prevention of stroke and systemic embolism in adult patients with nonvalvular AF

Numbers on bars denote HRs vs warfarin. D75 = dabigatran 75 mg; D150 = dabigatran 150 mg

1. Available at <http://www.fda.gov/Drugs/DrugSafety/ucm396470.htm>; accessed September 2014; 2. Connolly SJ et al. N Engl J Med 2009;361:1139–51; 3. Connolly SJ et al. N Engl J Med 2010;363:1875–6; 4. Pradaxa[®]: EU SPC, 2014

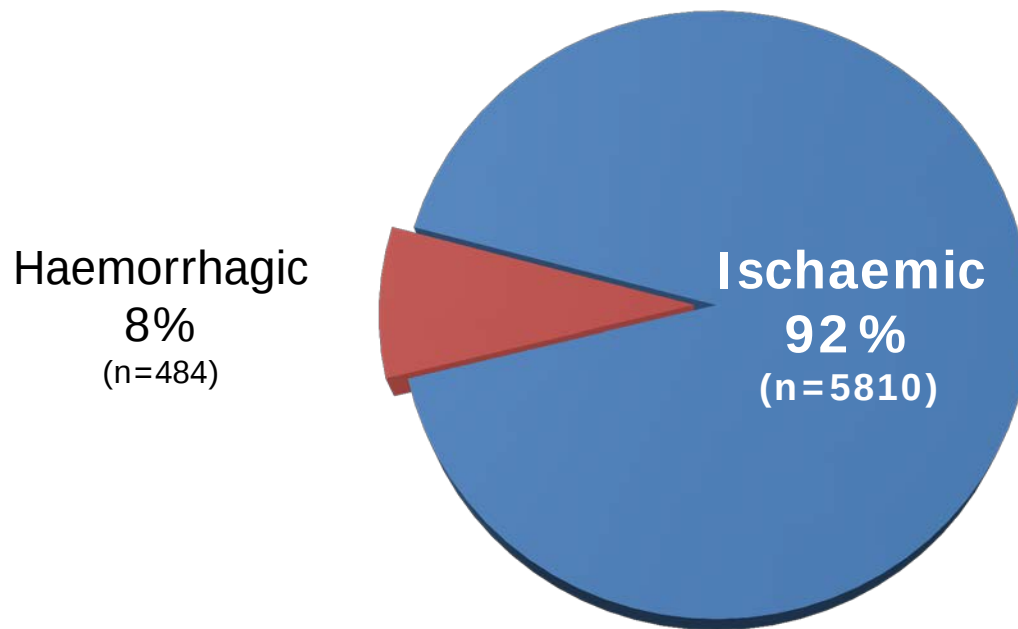
Tableau 5 Persistance au traitement aux deux mois chez les nouveaux utilisateurs de dabigatran ou de warfarine du 20 avril 2011 au 19 avril 2012 ayant une FANV* et assurés en continu par le régime public d'assurance médicaments

Persistance au traitement	DABIGATRAN				WARFARINE
	110 mg 2x /jr	150 mg 2x /jr	Autres posologies	TOTAL	
	%	%	%	%	%
2 mois	81,1	82,8	87,0	82,4	72,6
4 mois	81,4	82,7	83,5	82,2	66,6
6 mois	78,9	81,0	82,2	80,2	63,9
8 mois	78,3	80,8	81,4	79,7	59,5
10 mois	75,0	77,6	80,8	76,8	55,9
12 mois	76,1	78,7	80,2	77,7	55,7

* Définie comme une occurrence d'un diagnostic de fibrillation auriculaire dans les six mois précédant la date d'amorce du dabigatran ou de la warfarine sans atteinte valvulaire.

Most strokes associated with AF are ischaemic

Types of stroke in patients with AF

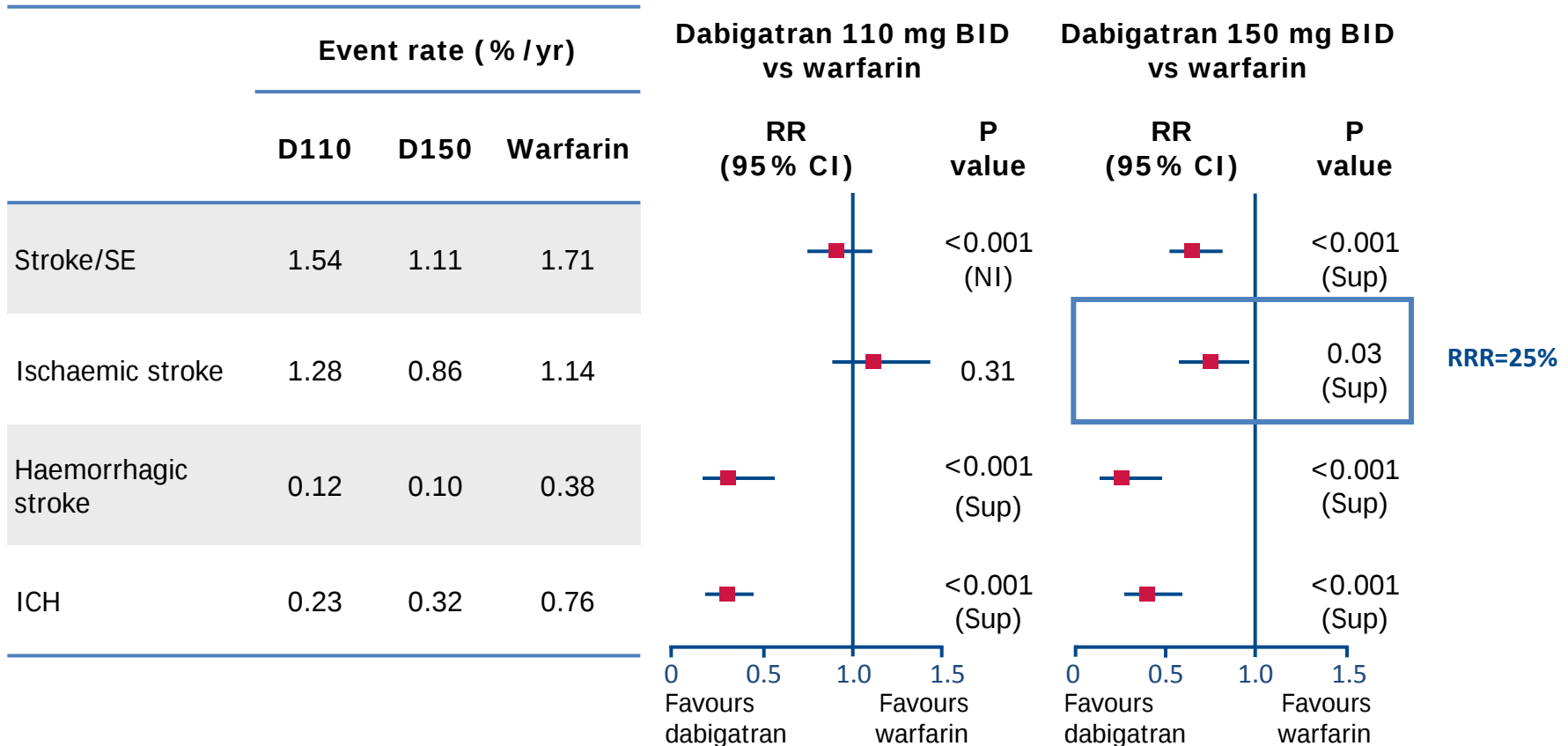


Based on data collected in the Danish National Indicator Project for 39 484 patients hospitalized for stroke (80% of all stroke admissions in Denmark) including 6294 patients with AF; OAC use not recorded

Andersen KK et al. Stroke 2009;40:2068–72

Dabigatran 150 mg is the only new-generation agent to also reduce the risk of ischaemic stroke vs warfarin

- In addition to a significant reduction in stroke/SE, haemorrhagic stroke, and ICH



Prescribing patterns of novel oral anticoagulants following regulatory approval for atrial fibrillation in Ontario, Canada: a population-based descriptive analysis

Yan Xu BSc, Anne M. Holbrook MD PharmD MSc, Christopher S. Simpson MD,
Dar Dowlatshahi MD PhD, Ana P. Johnson PhD

See related commentary in *CMAJ* by Coppens and colleagues at www.cmaj.ca/lookup/doi/10.1503/cmaj.131291.

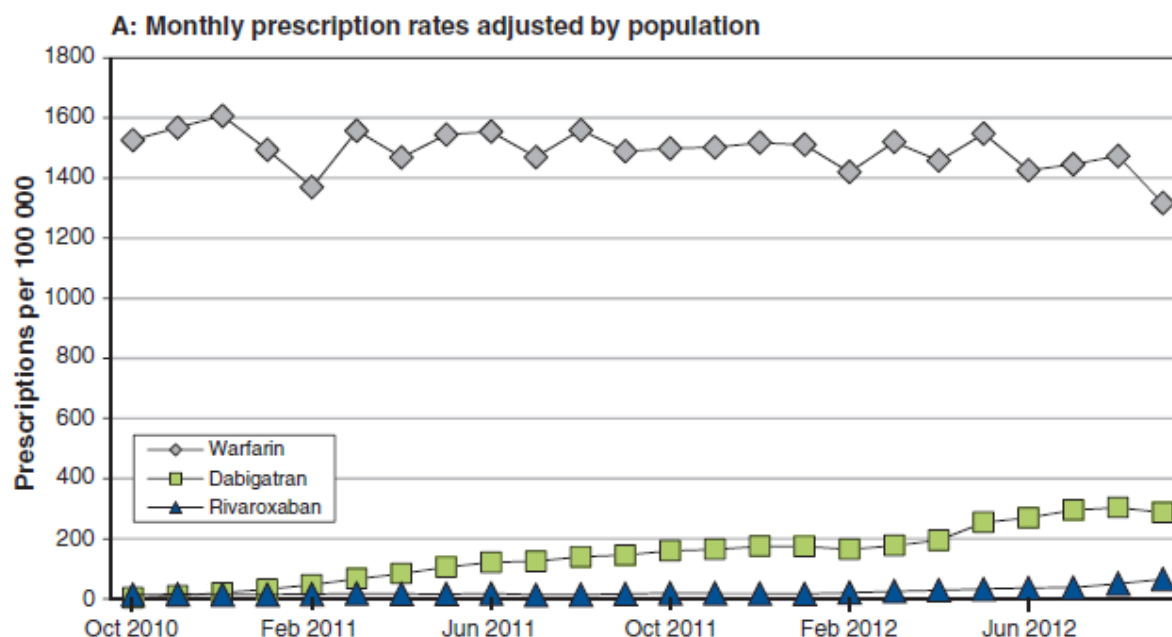
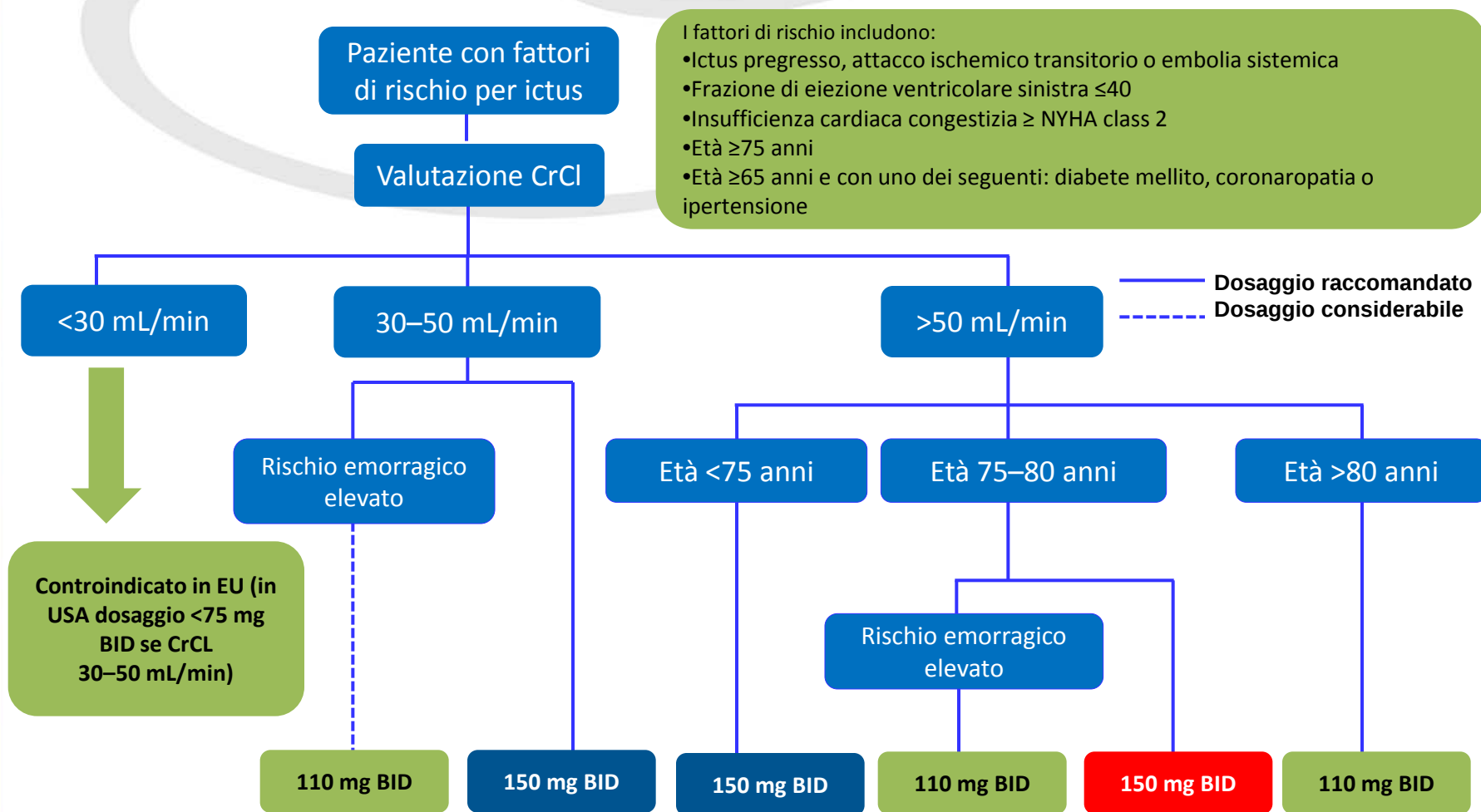


Figure 1: Monthly prescription rates for warfarin, dabigatran and rivaroxaban in Ontario among adults aged ≥ 20 , adjusted by population (A) and proportion of prescription rates by type of anticoagulant (B).

Dabigatran nella prevenzione dell'ictus in pazienti con FA: risolvere le incertezze nella pratica quotidiana



La funzionalità renale deve essere valutata in tutti i pazienti prima di iniziare la terapia con dabigatran

BID = due volte al giorno; CrCl = clearance della creatinina; NYHA = New York Heart Association

Adapted from: Huisman M et al. Thromb Haemost doi:10.1160/TH11-10-0718

Stroke prevention in older adults with atrial fibrillation

Michiel Coppens MD PhD, Robert G. Hart MD, John W. Eikelboom MBBS

See related research article by Xu and colleagues in *CMAJ Open* at www.cmajopen.ca/content/1/3/E115

KEY POINTS

- Older patients with atrial fibrillation have a higher risk of stroke and worse outcomes after stroke than younger patients, but many do not receive recommended anticoagulation treatment.
- Subgroup analyses of data for more than 19 100 patients aged 75 years or older enrolled in phase III trials suggest that the new oral anticoagulants dabigatran, rivaroxaban and apixaban offer consistent benefits over warfarin in older patients with atrial fibrillation.
- The rate of intracranial bleeding, the most feared complication of anticoagulation, is related to age and is sharply reduced by the new anticoagulants relative to warfarin, making these agents particularly attractive for older patients.
- Uptake of new oral anticoagulants in Canada has been rapid. Their use in older patients is consistent with guideline recommendations and is supported by the results of clinical trials.
- Ongoing surveillance by regulatory authorities and postmarketing studies of the use of new oral anticoagulants will help to inform uptake of the medications and related outcomes among older patients in clinical settings.