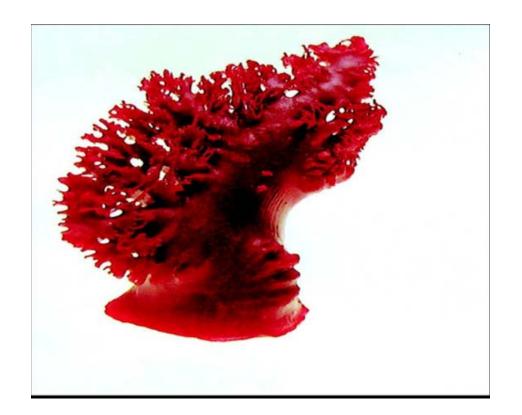
### Prevention of Thromboembolic Events by Left Atrial Appendage Occlusion

Raphael Rosso MD
Tel Aviv Sourasky Medical Center
Torino 2014



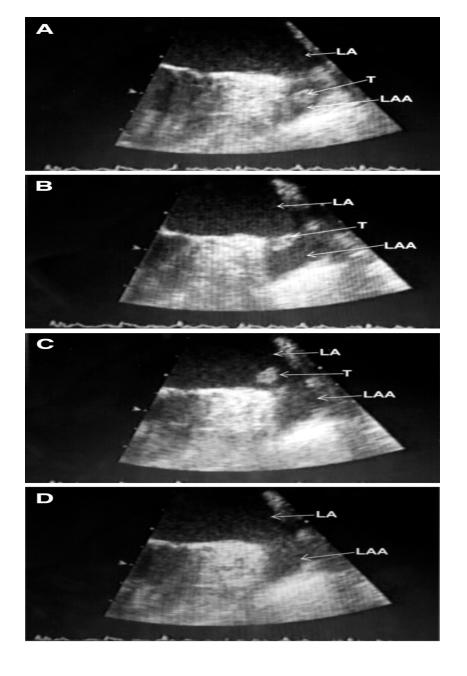


≈15-20% of all strokes due to AF

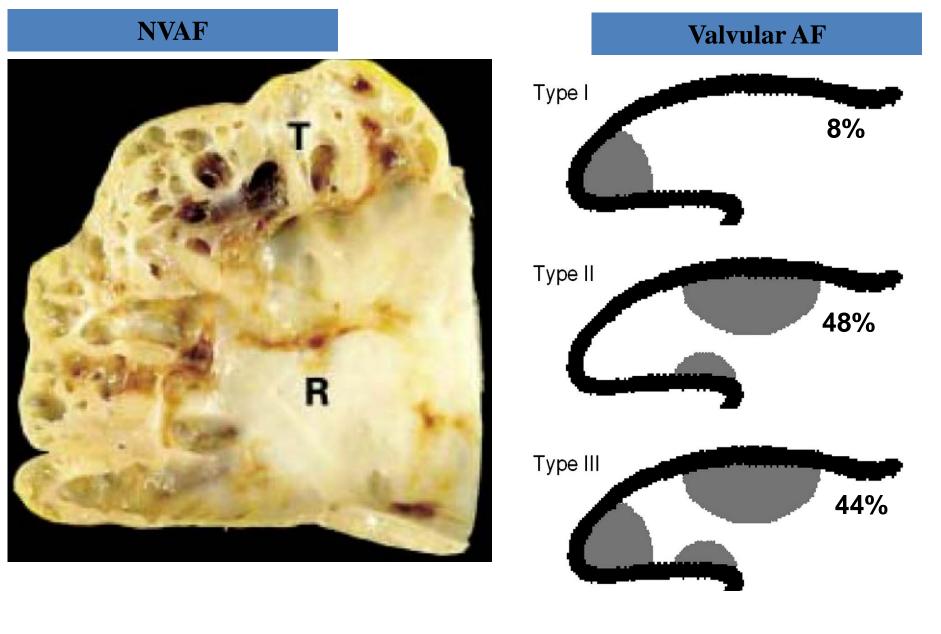


≈90% of AF strokes cardioembolic

≈90% of emboli forms
In the LAA

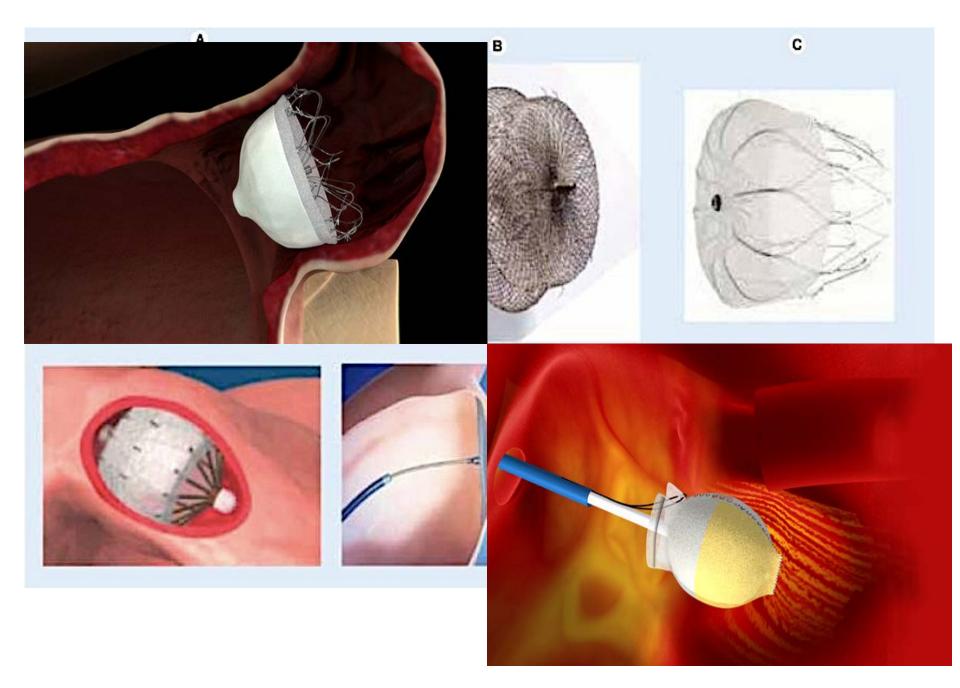


Parekh A et al. Circulation. 2006;114:e513-e514



Yamaji, et al.Cardiology2002;97:104

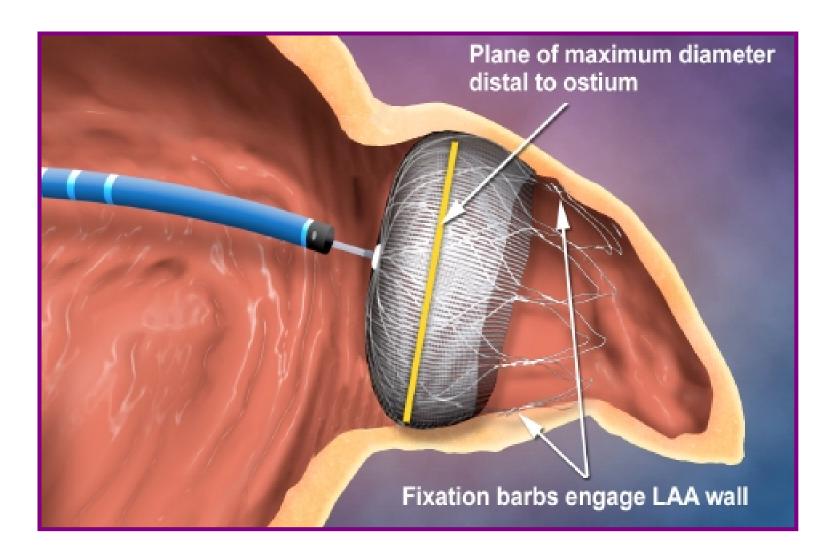
Saito, et al. AHJ 2007;153:704



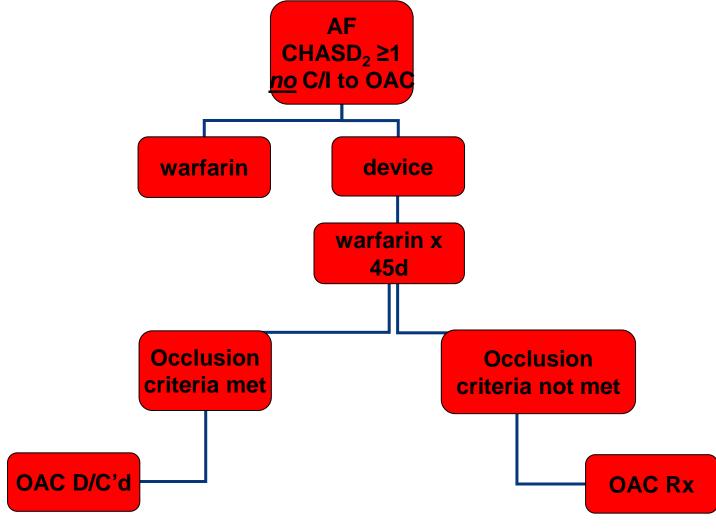




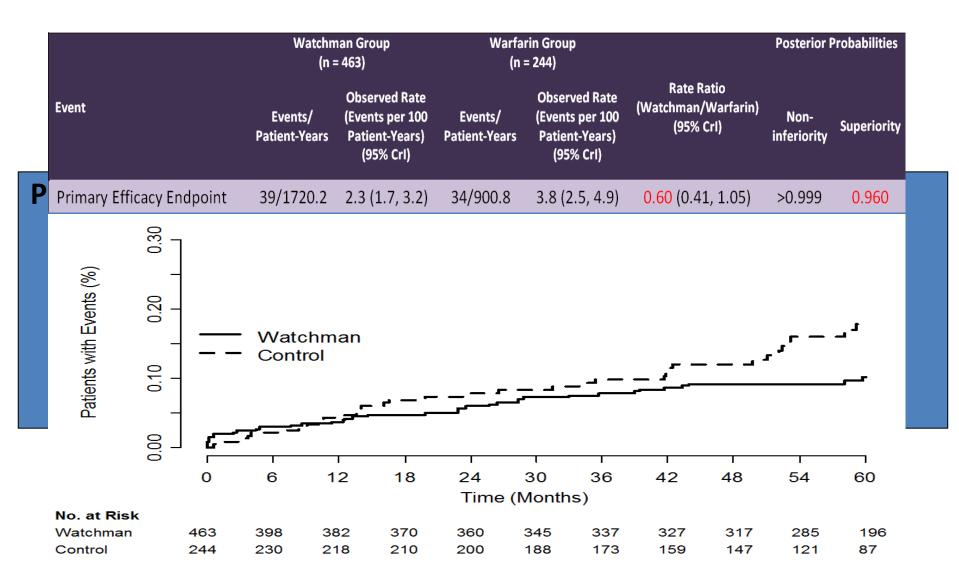




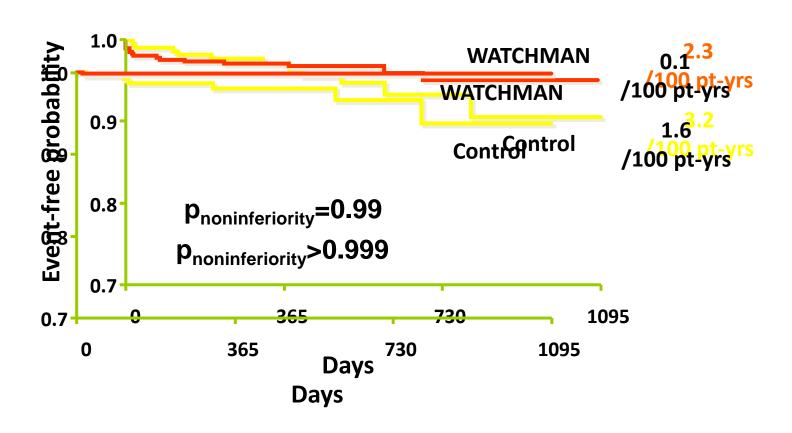
### Is the LAAO better then warfarin?



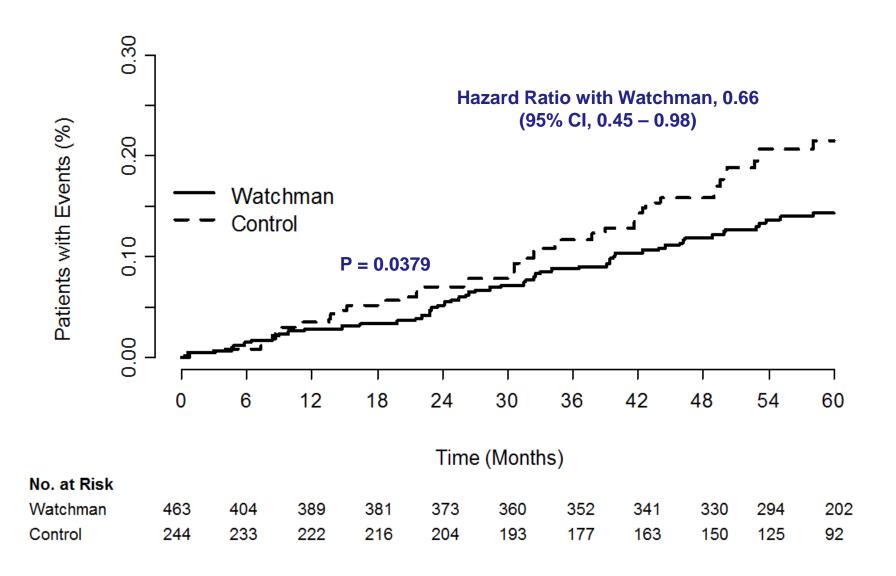
Protect AF Holmes. Lancet 2009



### Intentitoe Treat: The morth agiok stroke



### Intention-to-Treat:All-Cause Mortality

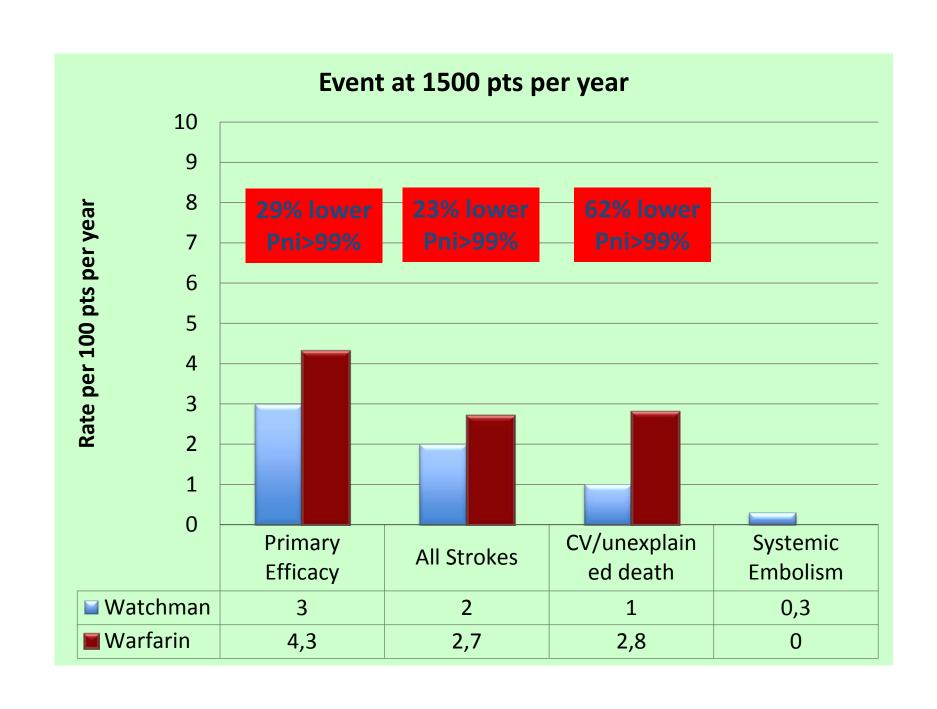


### **PROTECT AF Patient Risk Factors**

	WATCHMAN N= 463	Control N= 244	p-value
CHADS <sub>2</sub>			
Score:			
1	34.1%	27.0%	
2	33.9%	36.1%	0.27
3	19.0%	20.9%	0.37
4	8.0%	9.8%	
5	4.1%	4.1%	
6	0.9%	2.0%	
AF Pattern:			
<b>Paroxysmal</b>	43.2%	40.6%	
Persistent	21.0%	20.5%	0.76
Permanent	34.6%	38.1%	
Unknown	1.3%	0.8%	
LVEF (%)	57.3 ± 9.7	56.7 ± 10.1	0.42

### PROTECT-AF:Long-Term Follow-Up Analysis

- Mean follow-up 45 months (range 0–77.5) = 2,621 patientyears
- RELY (2.0 yrs), ROCKET-AF (1.9 yrs), ARISTOTLE (1.8 yrs)
- All analyses by intention-to-treat
- Primary Efficacy and Safety endpoints
  - Bayesian model stratified for CHADS2 score
- All Secondary Analyses (including All-Cause Mortality)
  - Used Cox proportional hazards model



## PROTECT AF: WATCHMAN Final Primary Efficacy (2717 Pt Yrs)

	Event Rate					
	(per 100 P	t-Yrs)	Rate Ratio	Posterior Probability		
	WATCHMAN	Warfarin	(95% CrI)	Non-inferiority	Superiority	
Primary efficacy	2.2	3.7	0.61	>99%	95.4%	
			(0.42, 1.07)	2270	20.170	
Stroke (all)	1.5	2.2	0.68 (0.42, 1.37)	>99%	83%	
Ischemic	1.3	1.1	1.25	78%	15%	
Ischeniic	1.5	1.1	(0.72, 3.27)	7870	1570	
Hemorrhagic	0.2	1.1	0.15	>99%	>99%	
Tichioiinagic	offinagic 0.2 1.1		(0.03, 0.49)	~3370	~99%	
Systemic embolism	0.2	0.0	N/A	N/A	N/A	
Death (CV/unaval)	1.0	2.2	0.44	>000/	99%	
Death (CV/unexpl)	1.0	2.3	(0.26, 0.90)	>99%	99%	

# Randomized Trial of LAA Closure vs Warfarin for Stroke/ Thromboembolic Prevention in Patients with Non-valvular Atrial Fibrillation (PREVAIL)

	PROTECT AF	PREVAIL
Randomization	2:1	2:1
Time from randomization to implant	7-14 <sup>1</sup> days	2 days
Roll-in	New implanter: 1st 3 patients <sup>2</sup>	New implanter: 1 <sup>st</sup> 2 patients Experienced: 1 <sup>st</sup> patient
Exclusion of clopidogrel	No exclusion	Indication for clopidogrel therapy or has taken clopidogrel within 7 days prior to enrollment
Inclusion differences	CHADS <sub>2</sub> ≥ 1	<ul> <li>CHADS2 &gt; 2</li> <li>Or</li> <li>CHADS2 = 1 if any of the following apply*:</li> <li>Female age &gt;75</li> <li>Baseline LVEF &gt; 30 and &lt; 35%</li> <li>Age 65-74 and has diabetes or coronary artery disease</li> <li>Age 65 or greater and has documented congestive heart failure</li> </ul>

### Demographics

#### **Device Patients**

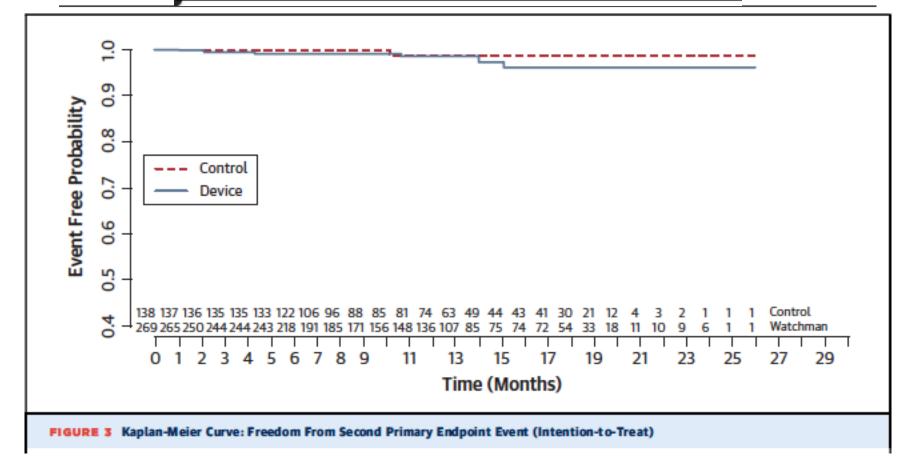
Characteristic	PROTECT AF N=463	CAP N=566	PREVAIL N=269	P value
Age, years	71.7 ± 8.8 (463) (46.0, 95.0)	74.0 ± 8.3 (566) (44.0, 94.0)	74.0 ± 7.4 (269) (50.0, 94.0)	<0.001
Gender (Male)	326/463 (70.4%)	371/566 (65.5%)	182/269 (67.7%)	0.252
CHADS₂ Score (Continuous)	2.2 ± 1.2 (1.0, 6.0)	2.5 ± 1.2 (1.0, 6.0)	2.6 ± 1.0 (1.0, 6.0)	<0.001
CHADS <sub>2</sub> Risk Factors CHF	124/463 (26.8%)	108/566 (19.1%)	63/269 (23.4%)	
Hypertension	415/463 (89.6%)	503/566 (88.9%)	238/269 (88.5%)	
Age ≥ 75	190/463 (41.0%)	293/566 (51.8%)	140/269 (52.0%)	
Diabetes	113/463 (24.4%)	141/566 (24.9%)	91/269 (33.8%)	
Stroke/TIA	82/463 (17.7%)	172/566 (30.4%)	74/269 (27.5%)	

Most notable differences: Age, Diabetes, and Prior Stroke/TIA

### Prevail Primary Endpoints

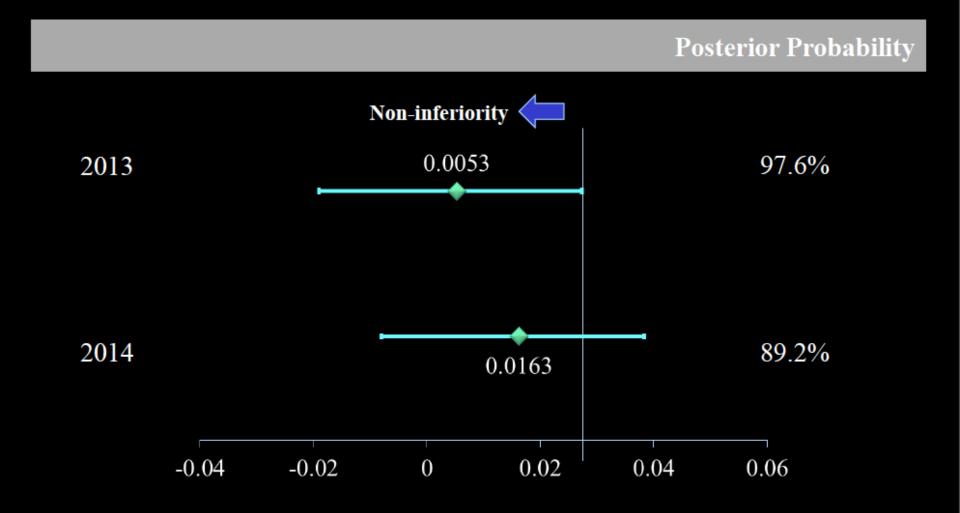
- Acute (7-day) occurrence of death, ischemic stroke, systemic embolism and procedure or device related complications requiring major cardiovascular or endovascular intervention
  - Timepoint = 7 days post randomization
- Comparison of composite of stroke, systemic embolism, and cardiovascular/unexplained death
  - Timepoint = 18 months
- Comparison of ischemic stroke or systemic embolism occurring >7 days post randomization
  - Timepoint = 18 months

TABLE 4 Late-Ischemic Coprimary Endpoint: PREVAIL Subjects Only (Intention-to-Treat)					
Device 18-Month Rate	Control 18-Month Rate	18-Month Rate Ratio (95% CrI)	Rate Ratio Noninferiority Criterion	18-Month Rate Difference (95% CrI)	Rate Difference Noninferiority Criterion
0.0253	0.0200	1.6 (0.5 to 4.2)	95% Crl upper bound <2.0	0.0053 (-0.0190 to 0.0273)	95% Crl upper bound <0.0275
Abbreviations as in Tables 2 and 3.					



J Am Coll Cardiol. 2014 Jul 8;64

## PREVAIL Ad hoc Analysis: Second Primary Endpoint (2013 vs 2014)



# PREVAIL-only: New First Events Since 2013 Panel

	New First Events Since 2013 Panel			
	WATCHMAN			farin
	N=	=269	N=138	
Endpoint Event	n	%	n	%
Primary Efficacy	10	3.7	5*	3.6
All Stroke	9	3.3	2	1.4
Ischemic	8	3.0	0	0
Hemorrhagic	1	0.4	2*	1.4
Systemic Embolism	0	0	0	0
Death (CV or Unexplained)	1	0.4	4*	2.9

One patient had a hemorrhagic stroke followed by death. This was only counted as a single event for the combined primary endpoint per the statistical analysis plan

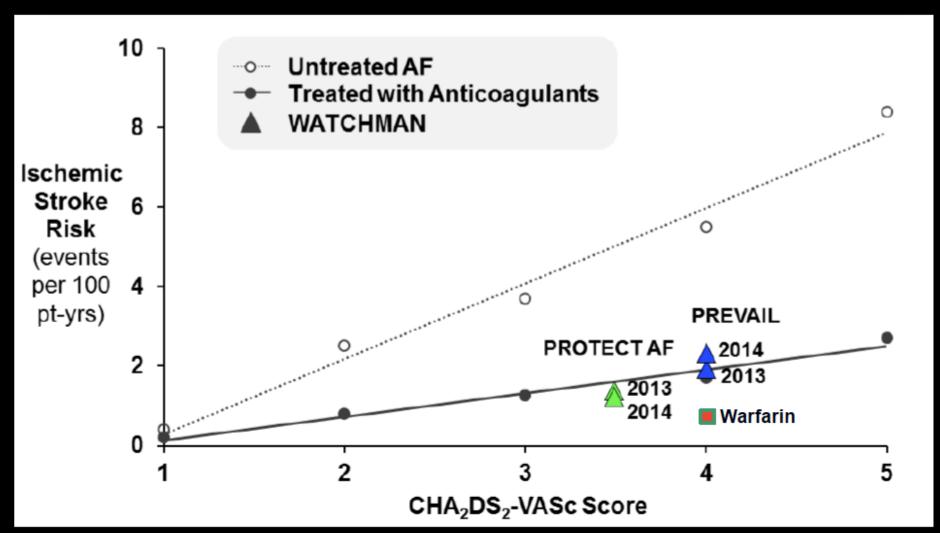
<sup>\*</sup> One patient had a hemorrhagic stroke followed by death. This was only counted as a single event for the combined primary endpoint per the statistical analysis plan

# PREVAIL-only: Primary Efficacy Rates

	Total Endpoint Events Event Rate (per 100 pt-yrs)		
Endnaint Event	WATCHMAN	Warfarin	
Endpoint Event	N=269	N=138	
Composite Primary Efficacy	4.3	3.0	
Individual Components			
All Stroke	2.7	1.0	
Ischemic	2.3	0.3	
Hemorrhagic	0.4	0.7	
Systemic Embolism	0.2	0	
Death (CV or Unexplained)	h. This was only $1.4$ nted as a sing	le event (c2.3) combined	

<sup>\*</sup> One patient had a hemorrhagic stroke followed by death. This was only counted as a single event for the combined primary endpoint per the statistical analysis plan

# PREVAIL Ischemic Stroke Rate Aligns with Expected Rate



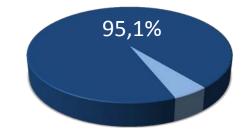
# PREVAIL: Warfarin Stroke Rate Differs from Other Trials

Trial (Warfarin Arm)	Stroke / Embolism Rate per 100 pt-yrs	Mean CHADS <sub>2</sub>
PREVAIL	1.0	2.6
PROTECT AF	2.2	2.2
RE-LY <sup>1</sup>	<b>1.7</b> →	2.1
ROCKET AF2	2.2	3.5
ARISTOTLE <sup>3</sup>	1.6	2.1
0.1	1	10

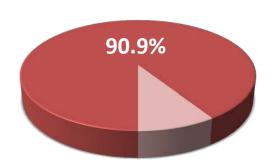
### Is LAAO with the Watchman safe and feasible?

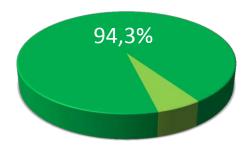








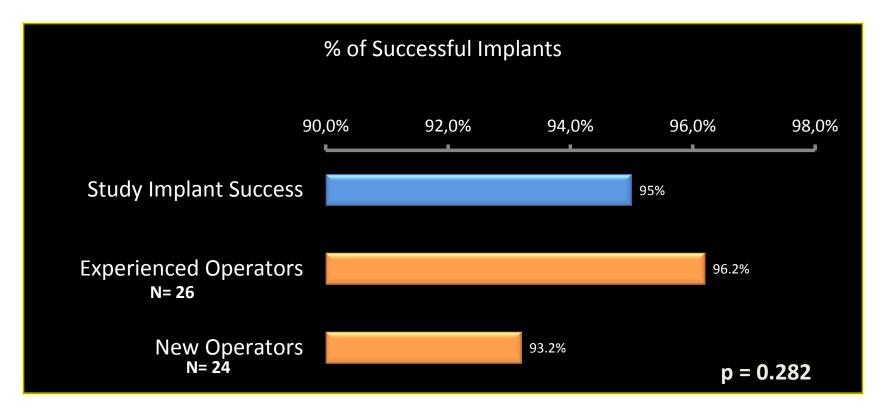




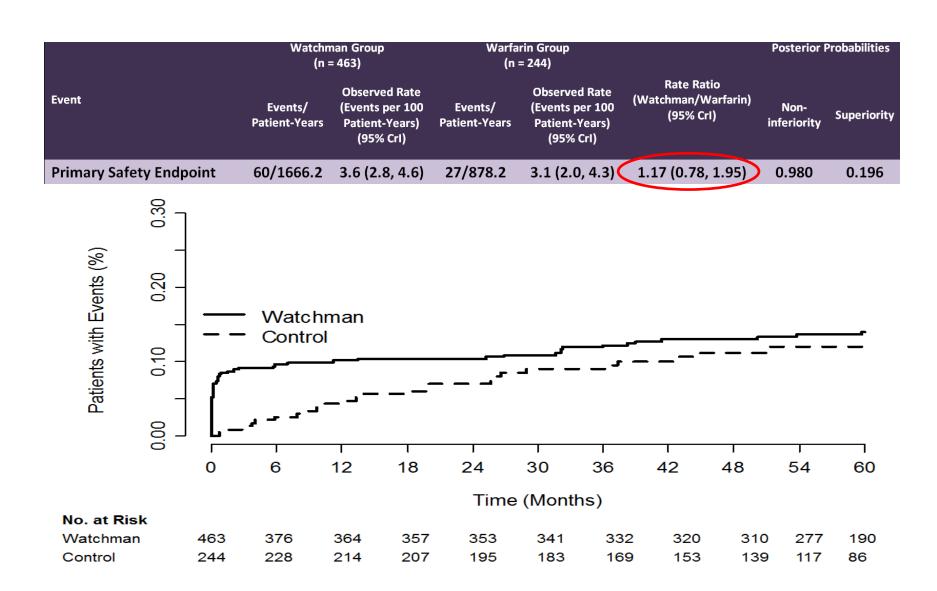
P = 0.04

### New vs Experienced Operators

- Protocol required a minimum of 20% of subjects enrolled at new centers and 25% of subjects enrolled by new operators
- 18 out of 41 centers did not have prior WATCHMAN experience
- 40% of patients enrolled at new sites by new operators

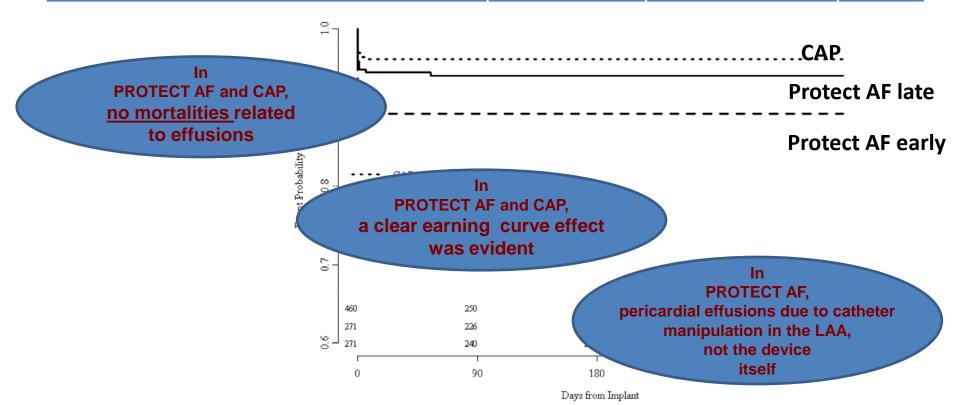


### **PROTECT AF:Primary Safety Endpoint**



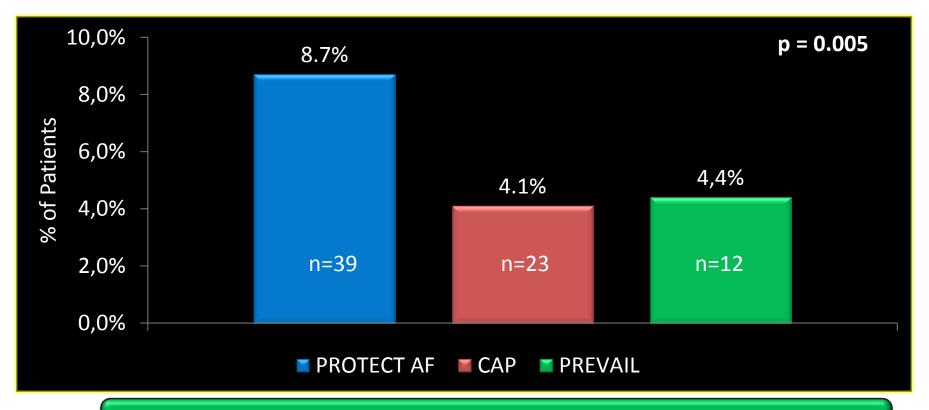
### LAA closure - Adverse Events PROTECT AF randomized arm vs. CAP Registry

Event	Protect AF (n=463)	CAP (n=460)	р
Serious pericardial effusion	4.8%	2.2%	0.007
Any serious adverse event	7.7%	3.7%	0.02



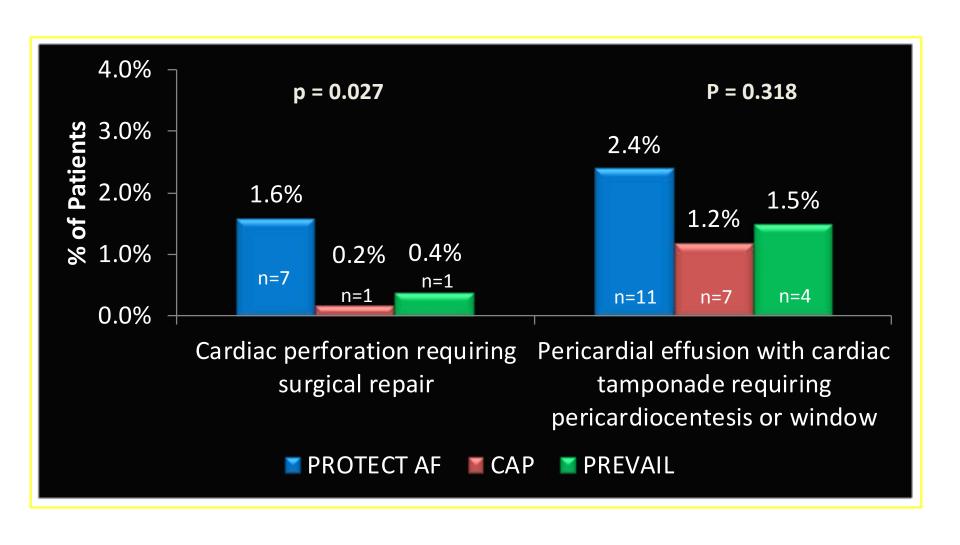
### Vascular Complications 7 Day Serious Procedure/Device Related

Composite of vascular complications includes cardiac perforation, pericardial effusion with tamponade, ischemic stroke, device embolization, and other vascular complications<sup>1</sup>

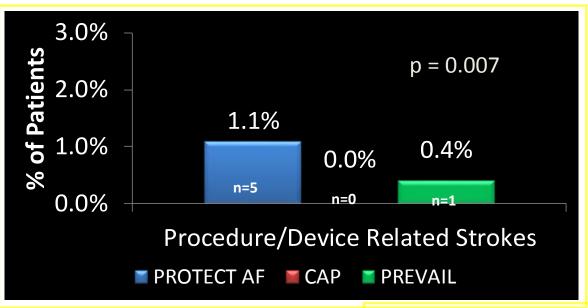


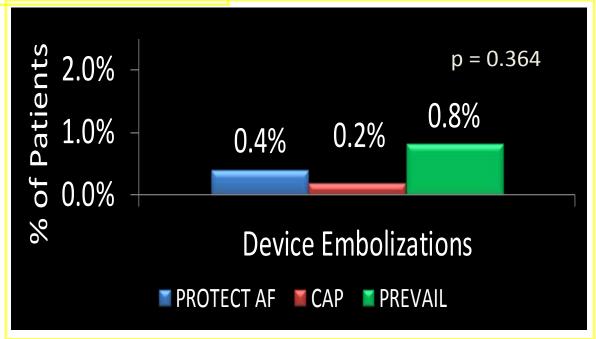
No procedure-related deaths reported in any of the trials

### Pericardial Effusions Requiring Intervention



### Stroke and Device Embolization





PROTECT-AF and CAP data from Reddy VY et al. *Circulation*. 2011;123:417-424

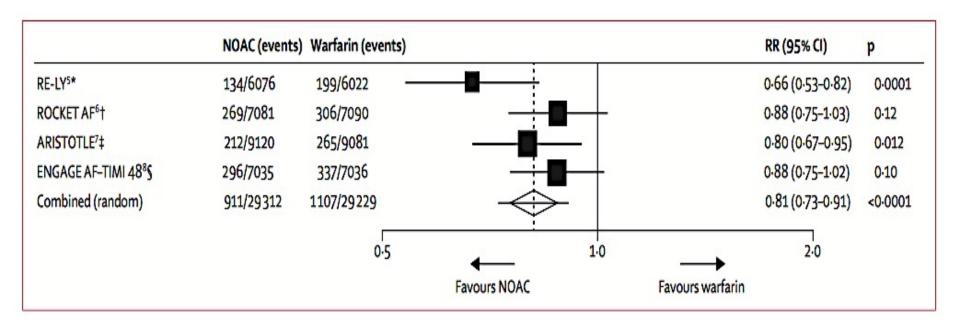
### LAAOs vs NOACS





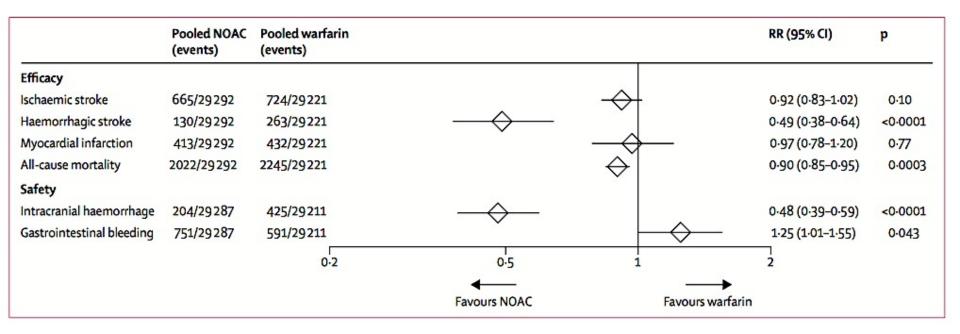
## Comparison of the efficacy and safety of new oral anticoagulants with warfarin in patients with atrial fibrillation: a meta-analysis of randomised trials

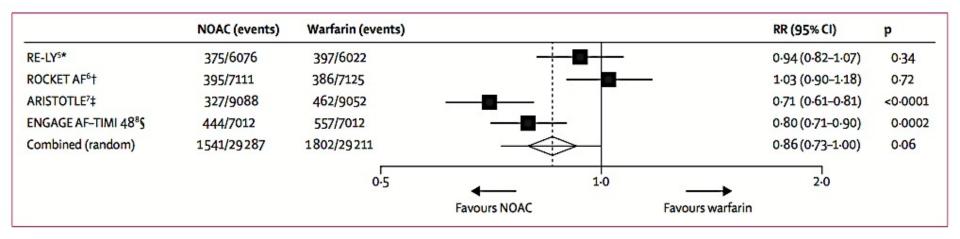
Christian T Ruff, Robert P Giugliano, Eugene Braunwald, Elaine B Hoffman, Naveen Deenadayalu, Michael D Ezekowitz, A John Camm, Jeffrey I Weitz, Basil S Lewis, Alexander Parkhomenko, Takeshi Yamashita, Elliott M Antman



Stroke and systemic embolism

Lancet March 2014





#### Major bleeding

### Rate of drug discontinuation

- Rely trial:
- -warfarin at 1 year 10%
- -warfarin 2 years 17%

- -Dabi 110mg bid at 1 year 15%
- -Dabi 110mg bid at 2 years 16%

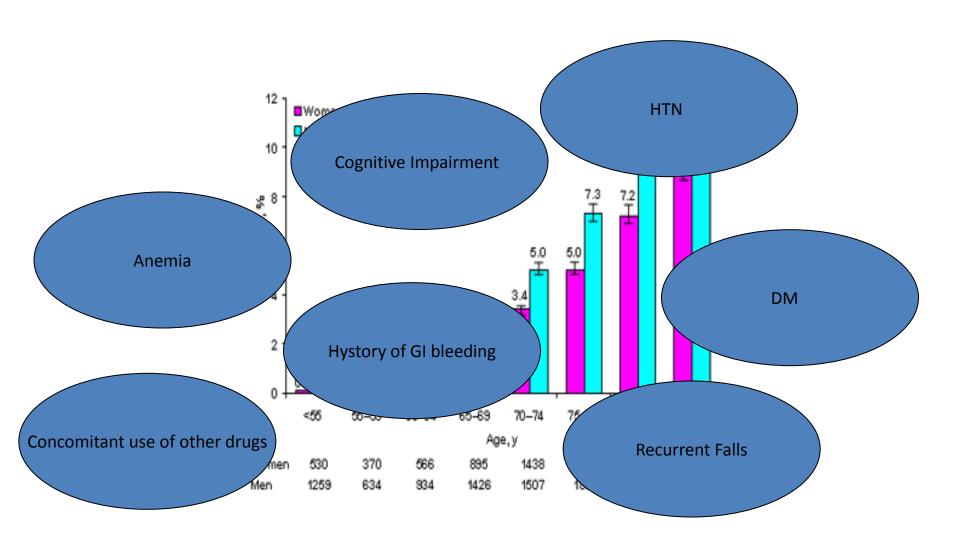
-Dabi 150mg bid at 2 years 21%

- Aristotle:
- -warfarin discontinued in 28%
- -apixaban discontinues in 25%

- Rocket AF:
- -warfarin discontinued in 22%
- -riva discontinued in 24%

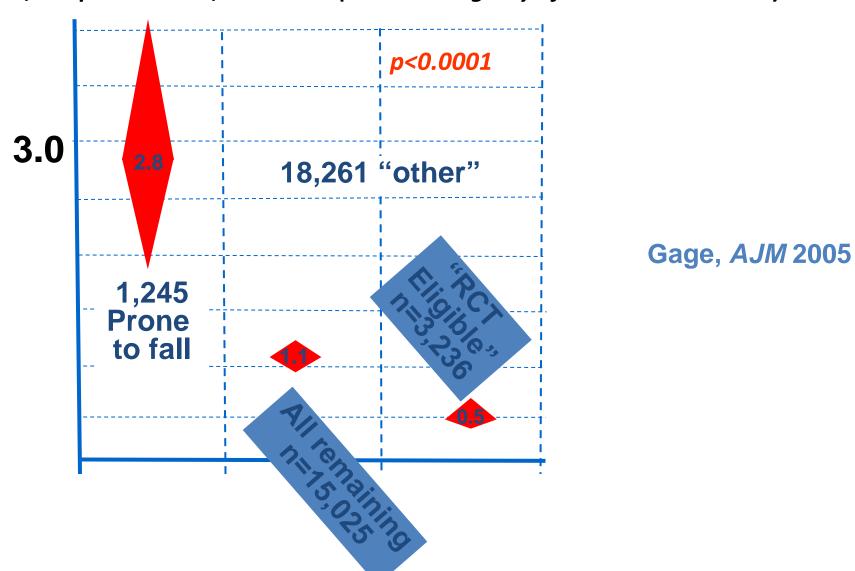
No head to head study NOACs vs LAAO

 History of bleeding and high risk for bleeding represent an exclusion criteria for any NOACs study



# Proneness to Falls and the Risk for Intracranial Bleeds (per 100 pt-yrs)

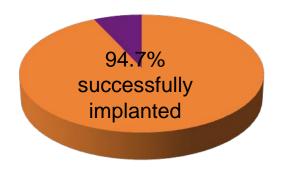
n=1,245 prone vs. 18, 261 other (National registry of Atrial Fibrillation II)



## ASAP (Aspirin Plavix) Study

- Patients history of hemorrhagic & bleeding tendencies or a warfarin hypersensitivity
- 150 patients, 4 European centers
- Average CHADS<sub>2</sub> = 2.8
- Post procedure anti-platelet regimen
  - Clopidogrel through 6 months
  - Aspirin indefinitely
- Patients followed to 2 years
  - Follow up @ 3, 6, 12, 18 & 24 months
  - TEE at 3 and 12 months
  - Average follow-up was 14.4 months

Rate of success with implantation in warfarin contraindicated patients<sup>1</sup>



Ave Procedure Time = 51.5 mins

<sup>&</sup>lt;sup>1</sup> Braut A et al, LAA closure with the WATCHMAN Device in patients with contraindications to warfarin: preliminary results from the ASA Plavix registry (ASAP), ESC Congress 2011, Paris 27-31 August 2011

	All patients		
Characteristic	(n=150)	CHA <sub>2</sub> DS <sub>2</sub> -VASc score	
Clinical		1	7 (4.7%)
Age (year)	$72.5 \pm 7.4$	2	12 (8.0%)
Male	96 (64.0%)	3	25 (16.7%)
Stroke risk factors*		4	42 (28.0%)
Heart failure or reduced LV EF	43 (28.7%)	5	28 (18.7%)
Hypertension	142 (94.7%)	6	18 (12.0%)
Age ≥ 75 yrs	64 (42.7%)	7	13 (8.7%)
Diabetes	48 (32.0%)	8	5 (3.3%)
Prior stroke or TIA	61 (40.7%)	9	0 (0.0%)
Vascular disease	27 (18.0%)		
Age 65-74 yrs	64 (42.7%)	Mean CHA <sub>2</sub> DS <sub>2</sub> -VASc score (ent	ire cohort, = 150) =
Female gender	54 (36.0%)	4.4 ± 1.7	

#### Reasons for Warfarin ineligibility\*

### History of hemorrhagic/bleeding

tendencies

Blood dyscrasia

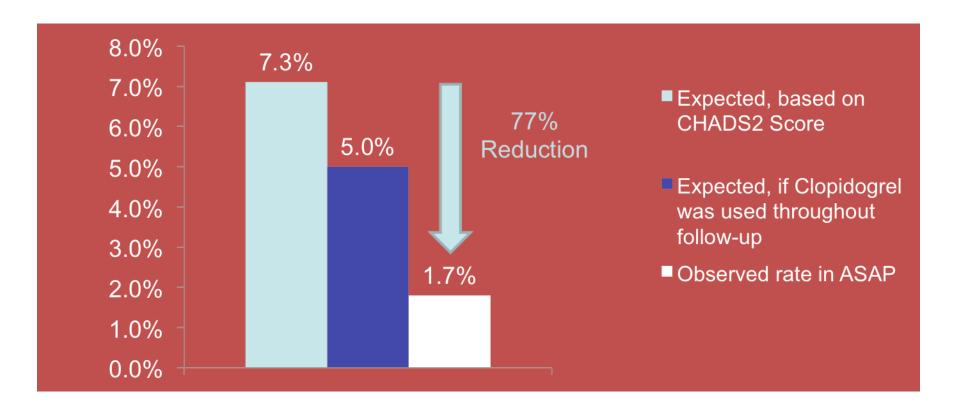
Unsupervised Senility/high fall risk 6 (4.0%)

140 (93.0%)

11 (7.3%)

Other 8 (5.3%)

#### Expected and Observed Stroke Rates (per 100 patient-years)



Observed rate of ischemic stroke represents a 77% reduction from the expected event rate

#### Percutaneous Left Atrial Appendage Closure With the AMPLATZER Cardiac Plug Device in Patients With Nonvalvular Atrial Fibrillation and Contraindications to Anticoagulation Therapy

Marina Urena, MD,\* Josep Rodés-Cabau, MD,\* Xavier Freixa, MD,† Jacqueline Saw, MD,‡ John G. Webb, MD,§ Mélanie Freeman, MD,§ Eric Horlick, MD,|| Mark Osten, MD,|| Albert Chan, MD,¶ Jean-Francois Marquis, MD,# Jean Champagne, MD,\* Réda Ibrahim, MD† Quebec City, Quebec; Montreal, Quebec; Vancouver, British Columbia; Toronto, Ontario; and Ottawa, Ontario, Canada

Age 74±8, 58% male

CHADS2 score 3 (2-4)

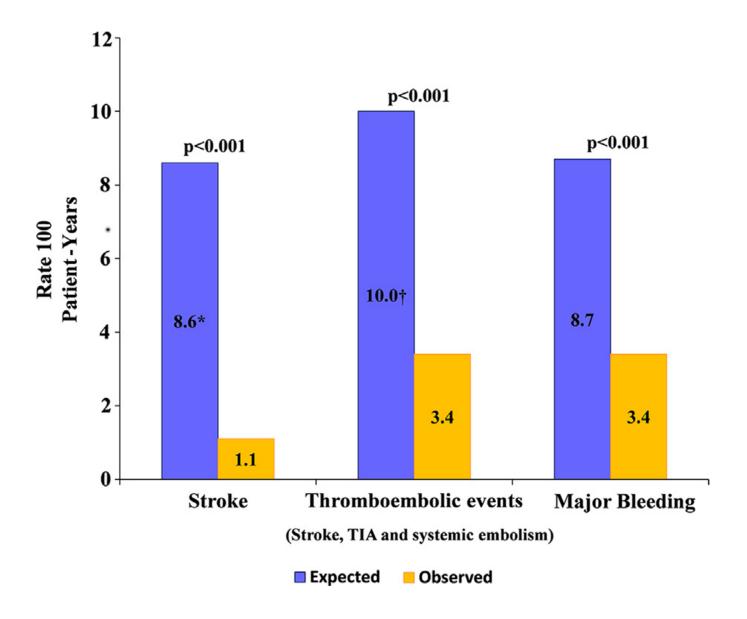
CHA2DS2VASc score 5 (4-6)

HAS-BLED score 4 (3-4)

Bleeding	
Intracranial hemorrhage	18 (34.6)
Gastrointestinal bleeding	12 (23.1)
Spontaneous hematoma of abdominal muscles	7 (13.5)
Otorhinolaryngological	4 (7.7)
Respiratory	3 (5.8)
Recurrent severe hematuria	1 (1.9)
Ophthalmological	1 (1.9)
Recurrent hemarthrosis	1 (1.9)
International normalized ratio lability	2 (3.8)
High risk of fall	1 (1.9)
Warfarin allergy	1 (1.9)
Severe anemia	1 (1.9)

Procedural success	51 (98.1)
In-hospital outcomes	
Pericardial effusion	0 (0)
Major bleeding†	2 (3.8)
Device embolization	1 (1.9)
Myocardial infarction	0 (0)
Systemic embolism	0 (0)
Transient ischemic attack	1 (1.9)
Stroke	0 (0)
Death	0 (0)
MAEs‡	3 (5.8)
Hospitalization length, days	1 (1-1)
Device embolization	0 (0)
Cardiac tamponade	1 (1.9)
Major bleeding	1 (1.9)
Transient ischemic attack	1 (1.9)
Stroke	1 (1.9)
Systemic embolism	0 (0)
Death	
Overall	3 (5.8)
Cardiovascular or neurologic death*	1 (1.9)

#### F.U 20±5 months



Mean f.u 20±months

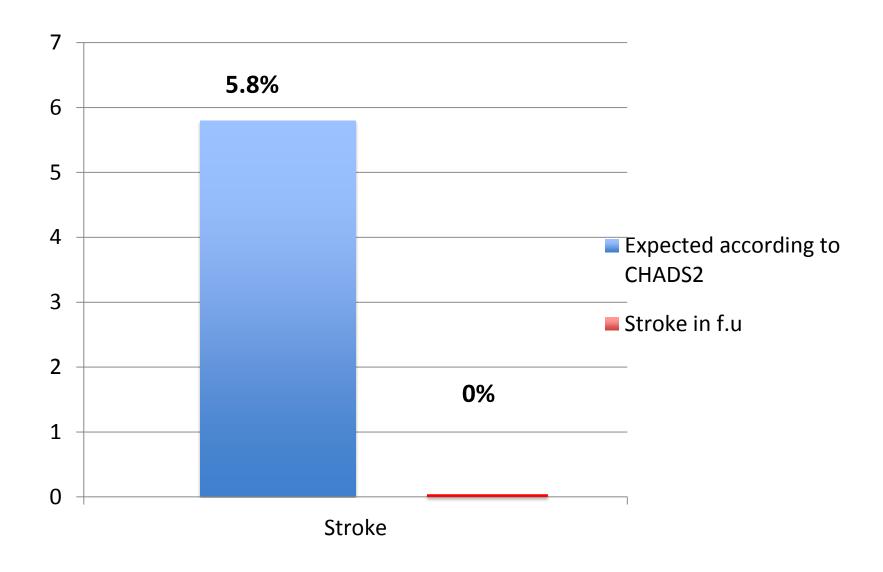
# Safety of Percutaneous Left Atrial Appendage Closure with the Amplatzer Cardiac Plug in Patients with Atrial Fibrillation and Contraindications to Anticoagulation

Jens Wiebe, мр, Stefan Bertog, мр, Jennifer Franke, мр, Olga Wettstein, мр, Katharina Lehn, мр, Ilona Hofmann, мр, Laura Vaskelyte, мр, and Horst Sievert,\* мр

	%		(n/N)
Number of Contraindications			
1	85.0		(51/60)
TABLE I. Baseline Characteristics	13.3		(8/60)
3	1.7		<u>(1/6</u> 0)
N History of bleeding without	2 <b>50</b>		(15/60)
Age typean years ± SD)	6.7	$72.9 \pm 8.1$	(1/15)
CHADStr (intentinebre ± SD)	60.0	$2.6 \pm 1.4$	(9/15)
Intracranial	33.3		(5/15)
CHA <sub>1</sub> D <sub>1</sub> S <sub>2</sub> VAS <sub>4</sub> (mean score ± SD)	63.3	$4.3 \pm 1.7$	(38/60)
oral anticoagulation			
Epistaxis	5.1		(2/38)
HASYBLED (mean score ± SD) Gastrointestinal	5.1	$3.3 \pm 1.0$	(2/38)
Gastrointestinal	33.3		(13/38)
Hematoma	17.9		(7/38)
Hematuria	5.1		(2/38)
Intracranial	23.1		(9/38)
Other locations	7.7		(3/38)
Non-hermorrhagical	36.7		(22/60)
Contraindications			
Elevated liver enzymes	13.6		(3/22)
Falling tendencies	4.5		(1/22)
Labile INR <sup>a</sup> , % (n/N)	13.6		(3/22)
Other contraindications	40.9		(9/22)

## TABLE IV. Follow-up

Follow-up time (median years, range) <sup>a</sup> Patient years	1.8 (1.0–2.8) 103.2	
Patient contacts (mean $n \pm SD$ )	$3.7 \pm 1.3$	
Device-associated thrombus (%; $n/N$ )	3.5	(2/57)
Cerebral Ischemia (% per year)	0.0	
Stroke (% per year)	0.0	
TIA <sup>b</sup> (% per year)	0.0	
Other thromboembolic event (% per year)	0.0	
Bleeding complications (% per year)	8.7	
Major bleeding complications (% per year)	1.9	
Minor bleeding complications (% per year)	6.8	
Major cardiovascular AE (% per year)	15.5	
Major noncardiovascular AE (% per year)	18.4	
Deaths (% per year)	4.8	

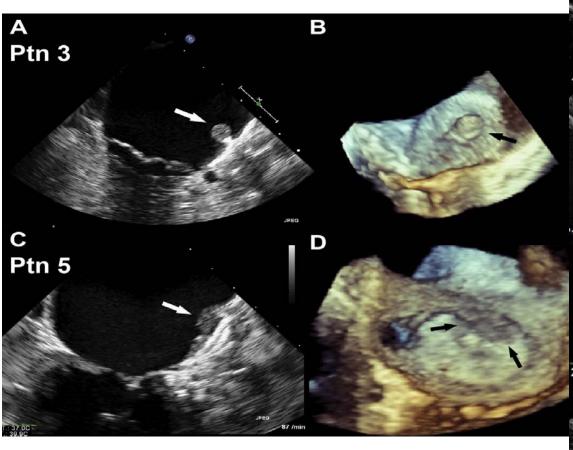


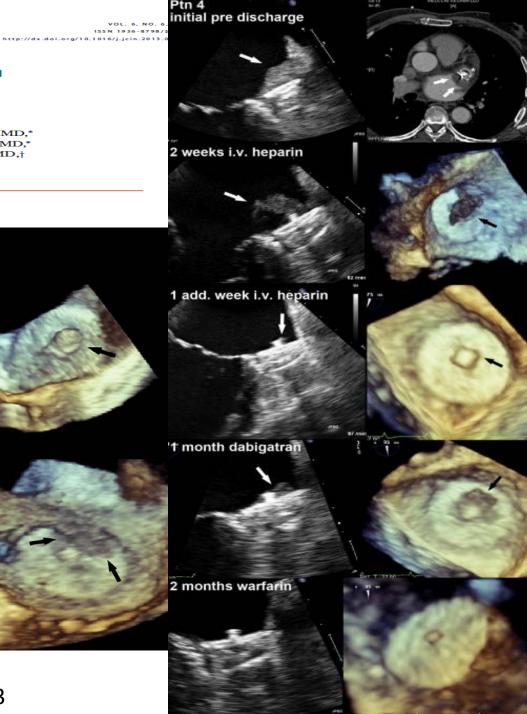
Mean Follow Up 1.8 years (1-2.8)

#### Risk Factors for Thrombus Formation on the Amplatzer Cardiac Plug After Left Atrial Appendage Occlusion

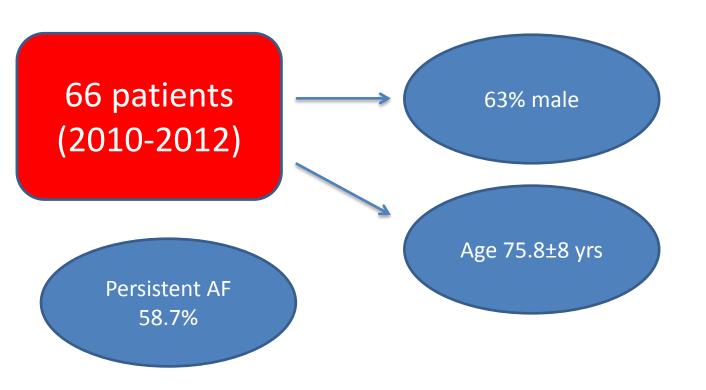
Bjoern Plicht, MD,\* Thomas F. M. Konorza, MD,\* Philipp Kahlert, MD,\* Fadi Al-Rashid, MD,\* Hagen Kaelsch, MD,\* Rolf Alexander Jánosi, MD,\* Thomas Buck, MD,\* Hagen S. Bachmann, MD,† Winfried Siffert, MD,† Gerd Heusch, MD,‡ Raimund Erbel, MD\*

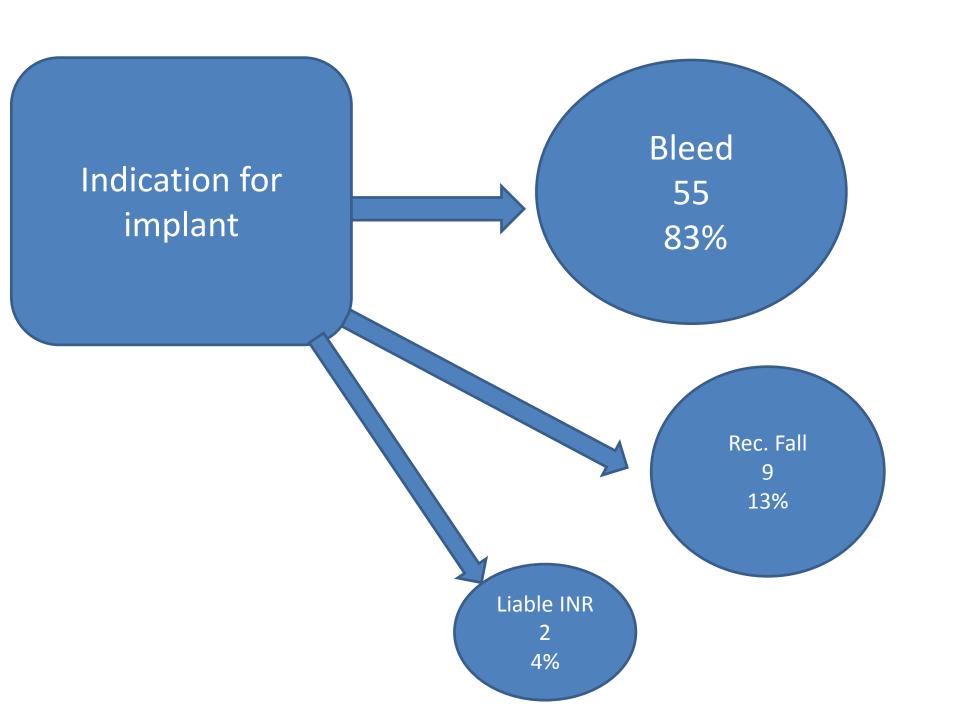
Essen, Germany

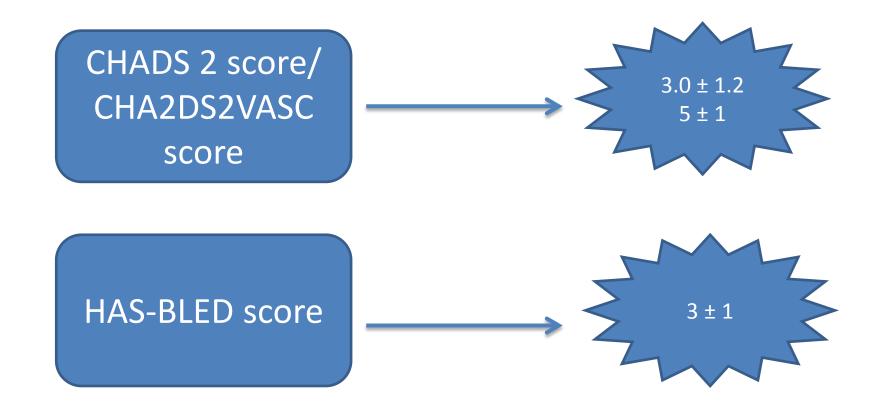


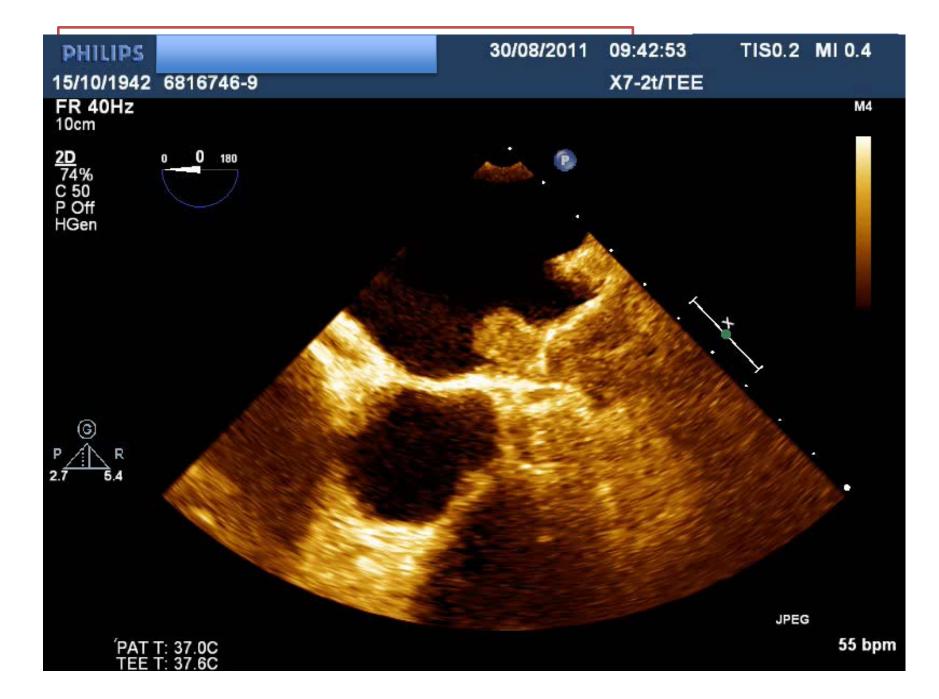


# Watchman long-term efficacy from the Israeli Registry

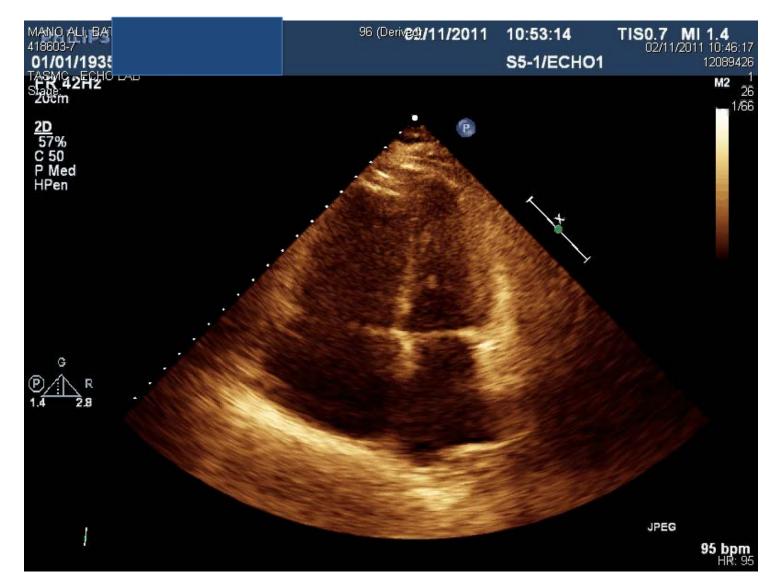




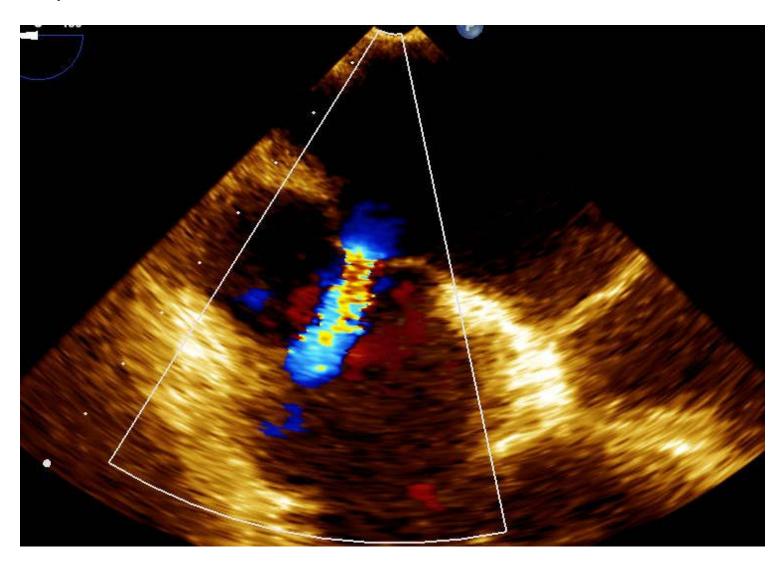


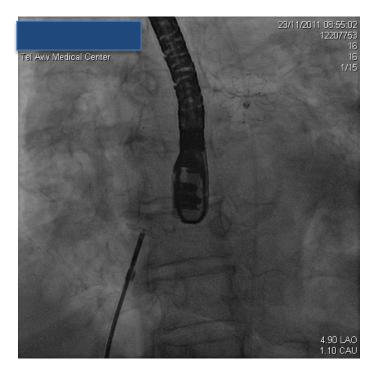


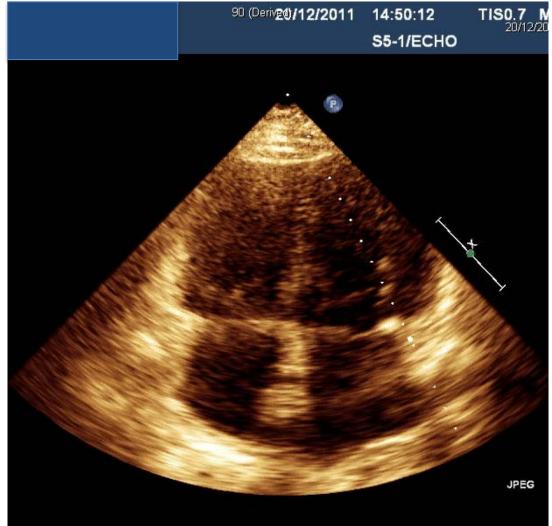
#### 4-mo post implant presents with severe right-sided CHF



### PE, RVMI excluded

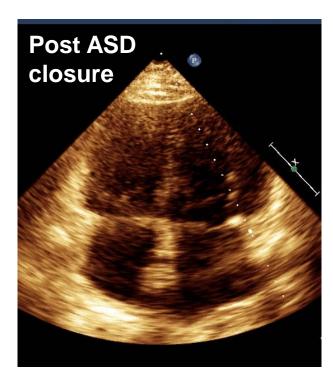






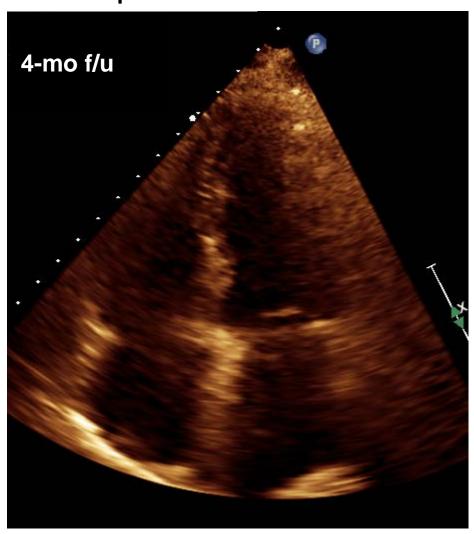
## Post-procedural Echo Guidance after LAA Closure

#### underwent ASD closure with gradual clinical improvement



## Post LAAC symptomatic ASD

- incidence??
- 1<sup>st</sup> case report



# 2012 focused update of the ESC Guidelines for the management of atrial fibrillation

An update of the 2010 ESC Guidelines for the management of atrial fibrillation

Developed with the special contribution of the European Heart Rhythm Association

**EHJ Aug 2012** 

Recommendations	Classa	Levelb	Refc
Interventional, percutaneous  LAA closure may be considered in patients with a high stroke risk and contraindications for long- term oral anticoagulation.	IIb	В	115, 118
urgical excision of the LAA hay be considered in patients ndergoing open heart urgery.	IIb	С	

## Who are the patients we are going to implant?

AF ablation

**PROTECT AF** 

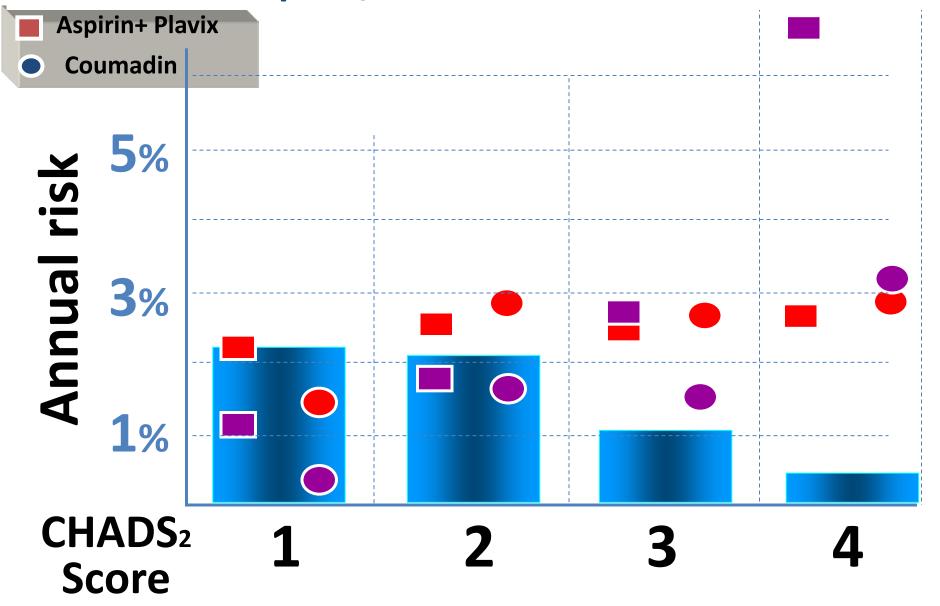
**ASAP** 

# Can the PROTECT AF data be extrapolated to <u>OACs</u> other than warfarin?

Can the PROTECT AF data be extrapolated to devices other than Watchman?

How do we manage high bleeding-risk patients early post device implantation?

# Annual Risk for Stroke and Bleeding on Aspirin/Plavix vs. Coumadin

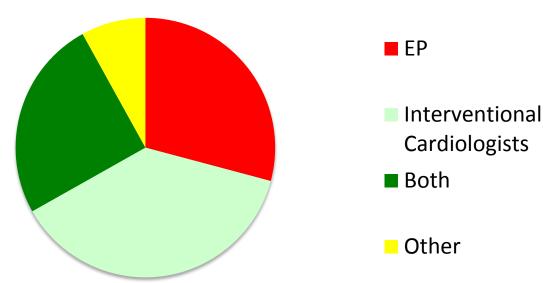


# Left atrial appendage occlusion for stroke prevention in atrial fibrillation in Europe: results

• 36 center 5,24 (67%) performing LAAO 773% \$40 ciation procedures/year

Gregory Y.H. Lip<sup>1\*†</sup>, Nikolaos Dagres<sup>2†</sup>, Alessandro Proclemer<sup>3</sup>, Jesper Hastrup Svendsen<sup>4</sup>, Laurent Pison<sup>5</sup>, and Carina Blomstrom-Lundqvist<sup>6</sup>, conducted by the Scientific Initiative Committee, European Heart Rhythm Association

#### Who implants Watchman?



## Indications for implant

• 86% absolute contra indication for anticoagulation

• 8% along with CPVI

• 6% patient request

50% GA and 50% conscious sedation

## Periprocedural Complication Rate

- Periprocedural Stroke: 0% to 10%
- Tamponade : 0% to 10%
- Major Bleeding: 0% to 8%
- Dislodgment: 0% to 20%

