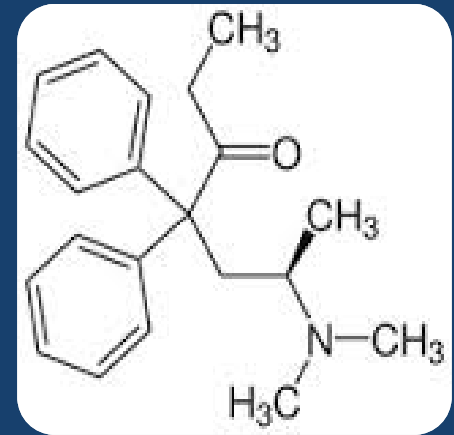


Is there a role for antiarrhythmic treatment in AF patients?



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Clinica di Cardiologia e Aritmologia
Universita' Politecnica delle Marche
Ancona

DISCLOSURES

- Speaker Fee:
- Abbot, Bayer,Boheringer,Boston Scientific,Meda,Medico,
Sanofi-Synthelabo,Sorin.

Therapeutic options for AF

1. Rhythm control
2. Rate control
3. AF ablation
4. AV node ablation
5. Pill in the pocket

Key topics in the management of AF: focus of 2012 update

- ▶ Anticoagulation risk stratification
- ▶ Use of novel oral anticoagulants (NOACs)
- ▶ Left atrial appendage occlusion / excision
- ▶ Pharmacological cardioversion (vernakalant)
- ▶ **Oral antiarrhythmic therapy
(dronedarone and short-term therapy)**
- ▶ Left atrial catheter ablation

1914 – **Quinidine**

1950 – Lidocaine

1951 – Procainamide

1956 – Ajmaline

1962 – Verapamil

1962 – Disopyramide

1964 – Propranolol

1967 – Amiodarone

1965 – Bretylium

1972 – Mexiletine

1969 – Diltiazem

1973 – Aprindine, Tocainide

1975 – Flecainide

1976 – Propafenone

1985 – Sotalol

ICD, 1980

CAST, 1989

2000 – Dofetilide

2009 – Dronedarone

2010 – Vernakalant

AF Only

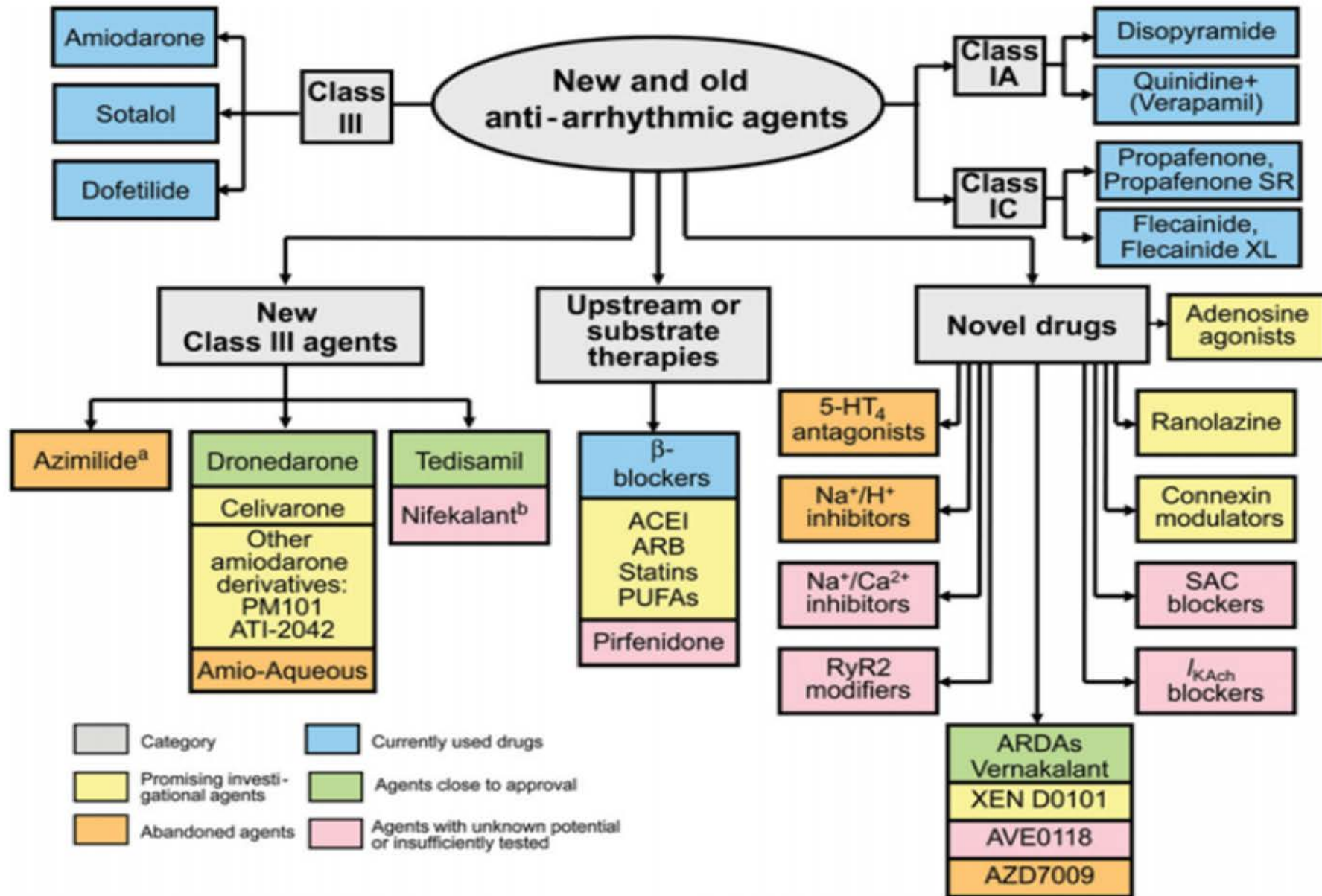


Classificazione dei farmaci antiaritmici di Vaughan Williams e Harrison (I)

Classe e meccanismo d'azione	Esempi
<i>I Bloccanti i canali del Na⁺</i>	
IA Blocco dei canali del Na⁺: ++ • Depressione della fase 0: ++ • Rallentamento della conduzione: ++ • Blocco dei canali del K⁺: ++ • Prolungamento della ripolarizzazione: ++ • Prolungamento della refrattarietà: ++	<i>chinidina, procainamide, disopiramide</i>
IB Blocco dei canali del Na⁺: ++ • Depressione della fase 0: + • Rallentamento della conduzione: Tessuto normale: ± Tessuto patologico: + • Blocco dei canali del K⁺: - • Prolungamento della ripolarizzazione: - • Prolungamento della refrattarietà: -	<i>lidocaina, difenilidantoina, mexiletina, tocainide</i>
IB Blocco dei canali del Na⁺: ++ • Depressione della fase 0: +++ • Rallentamento della conduzione: +++ • Blocco dei canali del K⁺: + • Prolungamento della ripolarizzazione: + • Prolungamento della refrattarietà: +	<i>encainide, flecainide, moricizina, propafenone</i>

Classificazione dei farmaci antiaritmici di Vaughan Williams e Harrison (II)

<i>Classe e meccanismo d'azione</i>	<i>Esempi</i>
<i>II Bloccanti i recettori β-adrenergici</i>	<i>propranololo, acebutololo, atenololo, metoprololo, nadololo,timololo, esmololo</i>
<i>III Bloccanti i canali del K^+</i> • Prolungamento della ripolarizzazione: +++ • Prolungamento della refrattarietà: +++	<i>amiodarone, bretilio, sotalolo</i>
<i>IV Bloccanti i canali del Ca^{++}</i> • Riduzione dell'automatismo delle cellule del nodo seno-atriale; rallentamento della conduzione e aumento della refrattarietà delle cellule del nodo atrio-ventricolare	<i>verapamil diltiazem gallopamil</i>

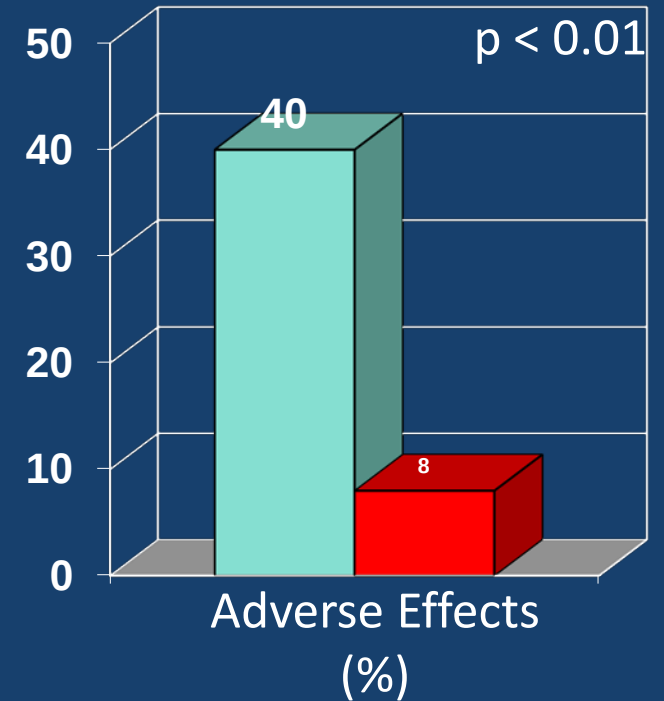
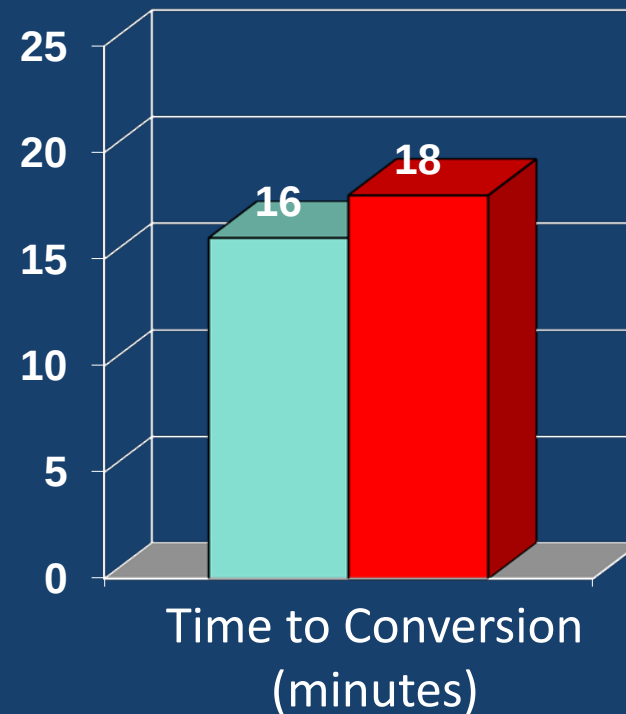
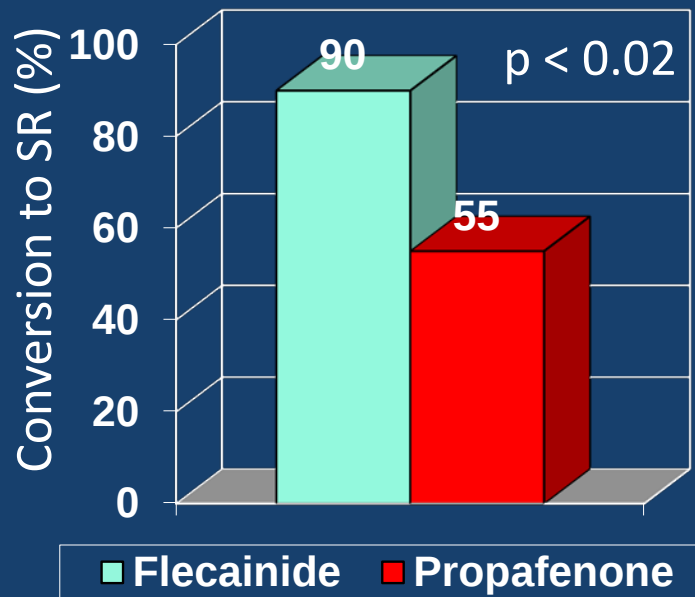


**FLECAINIDE E
PROPAFENONE**

Atrial Fibrillation

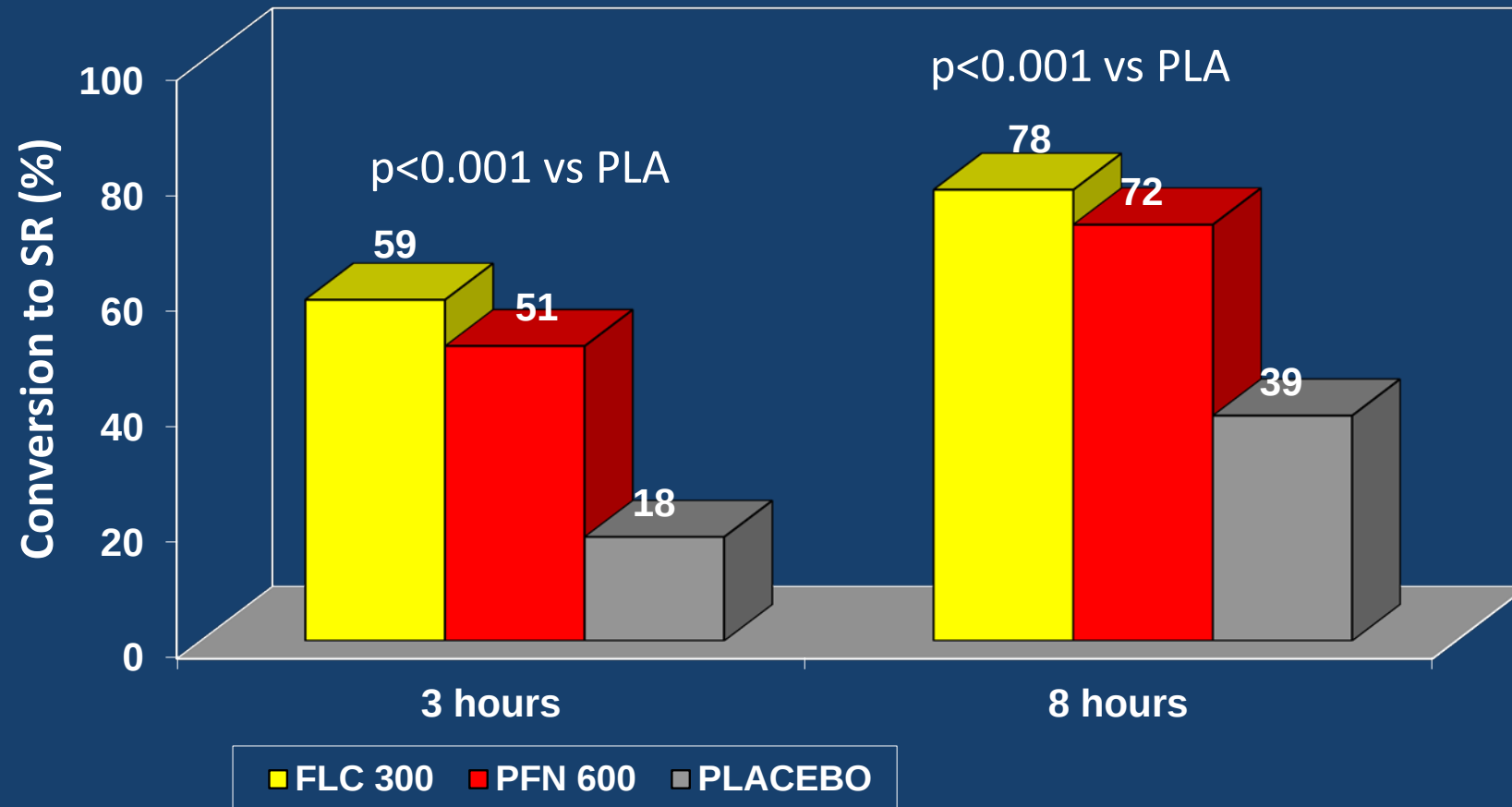
Conversion with i.v. 1C Antiarrhythmic Drugs

50 pts with AF / AFL (arrhythmia duration < 24 h in 31 pts)



Atrial Fibrillation

Oral Flecainide or Propafenone in Recent Onset AFIB



Recommendations for pharmacological cardioversion

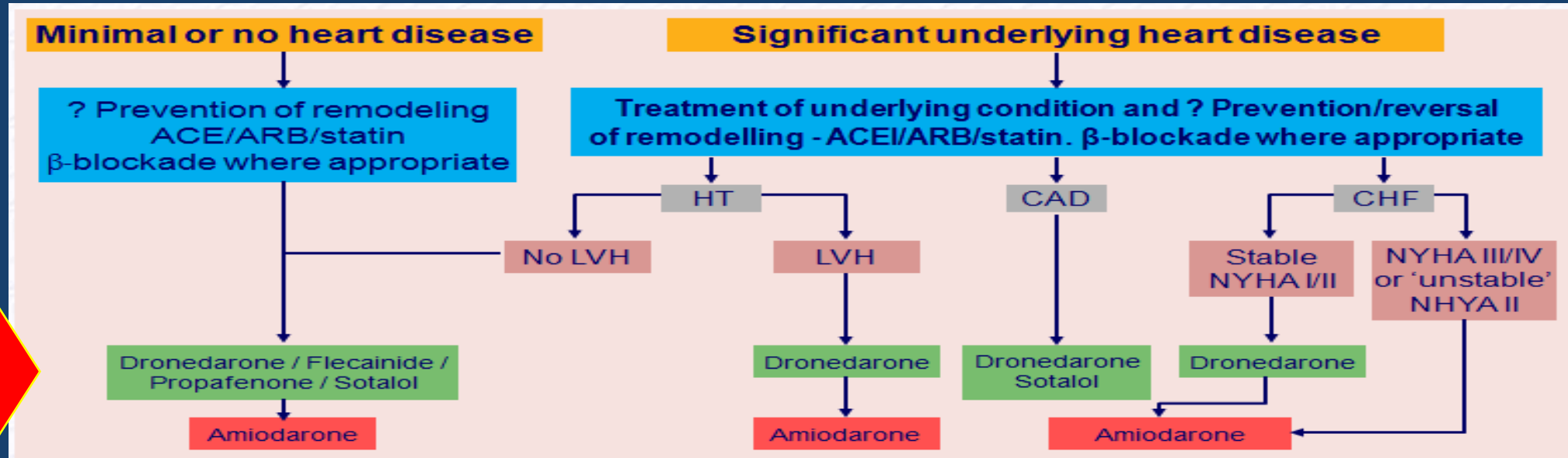
Recommendations	Class ^a	Level ^b	Ref. ^c
When pharmacological cardioversion is preferred and there is no structural heart disease, <u>i.v. flecainide or propafenone</u> is recommended for cardioversion of recent-onset AF.	I	A	71–73
In patients with recent-onset AF and structural heart disease, i.v. amiodarone is recommended.	I	A	74–76
In selected patients with recent-onset AF and no significant structural heart disease, a single high oral dose of flecainide or propafenone (<u>the 'pill-in-the-pocket' approach</u>) should be considered, provided this treatment has proven safe during previous testing in a medically secure environment.	IIa	B	67

Condizioni critiche

- Popolazione di pazienti valutata
- Tipo di FA
- Tempo di trattamento dall' insorgenza

Atrial Fibrillation

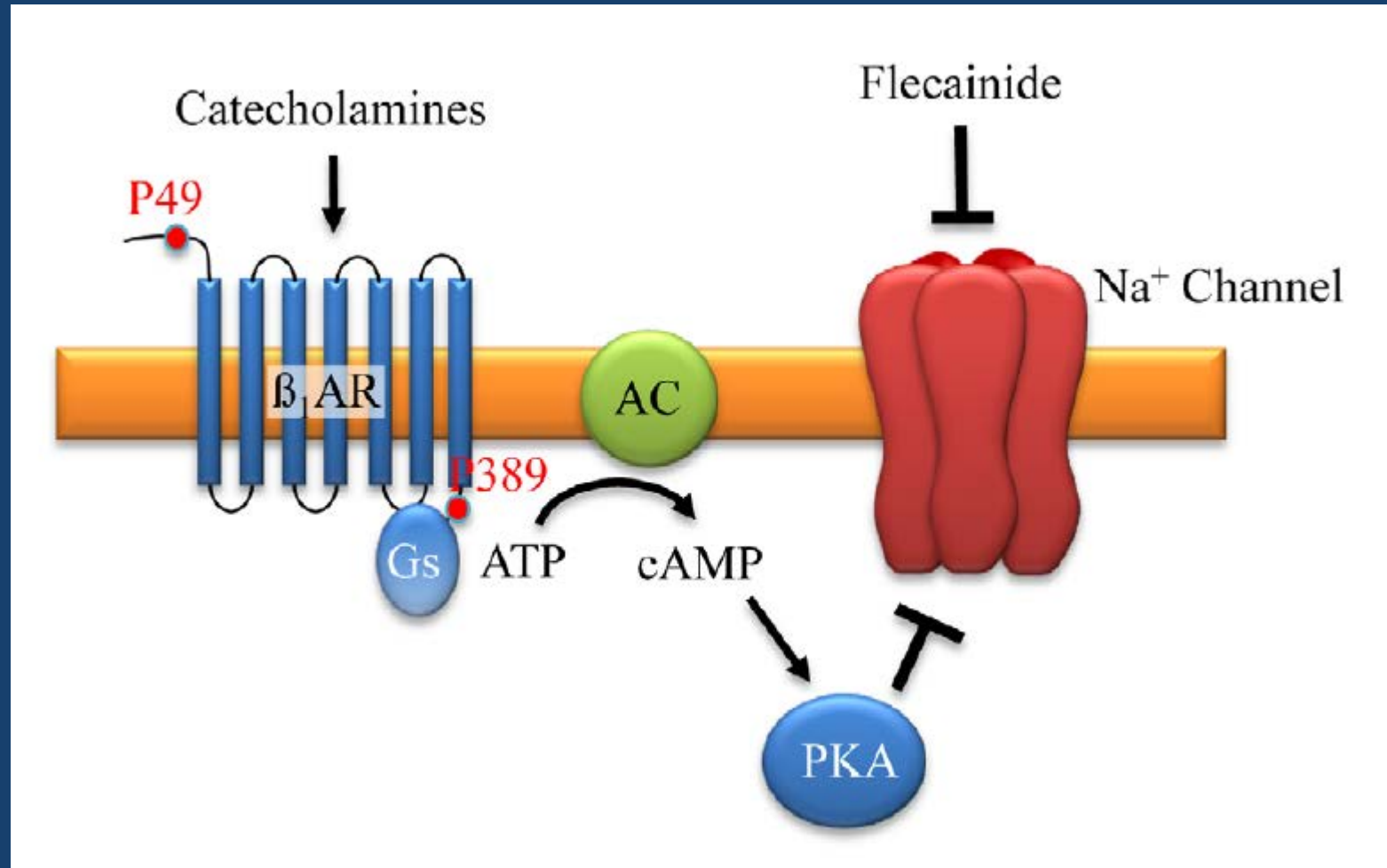
Rhythm control



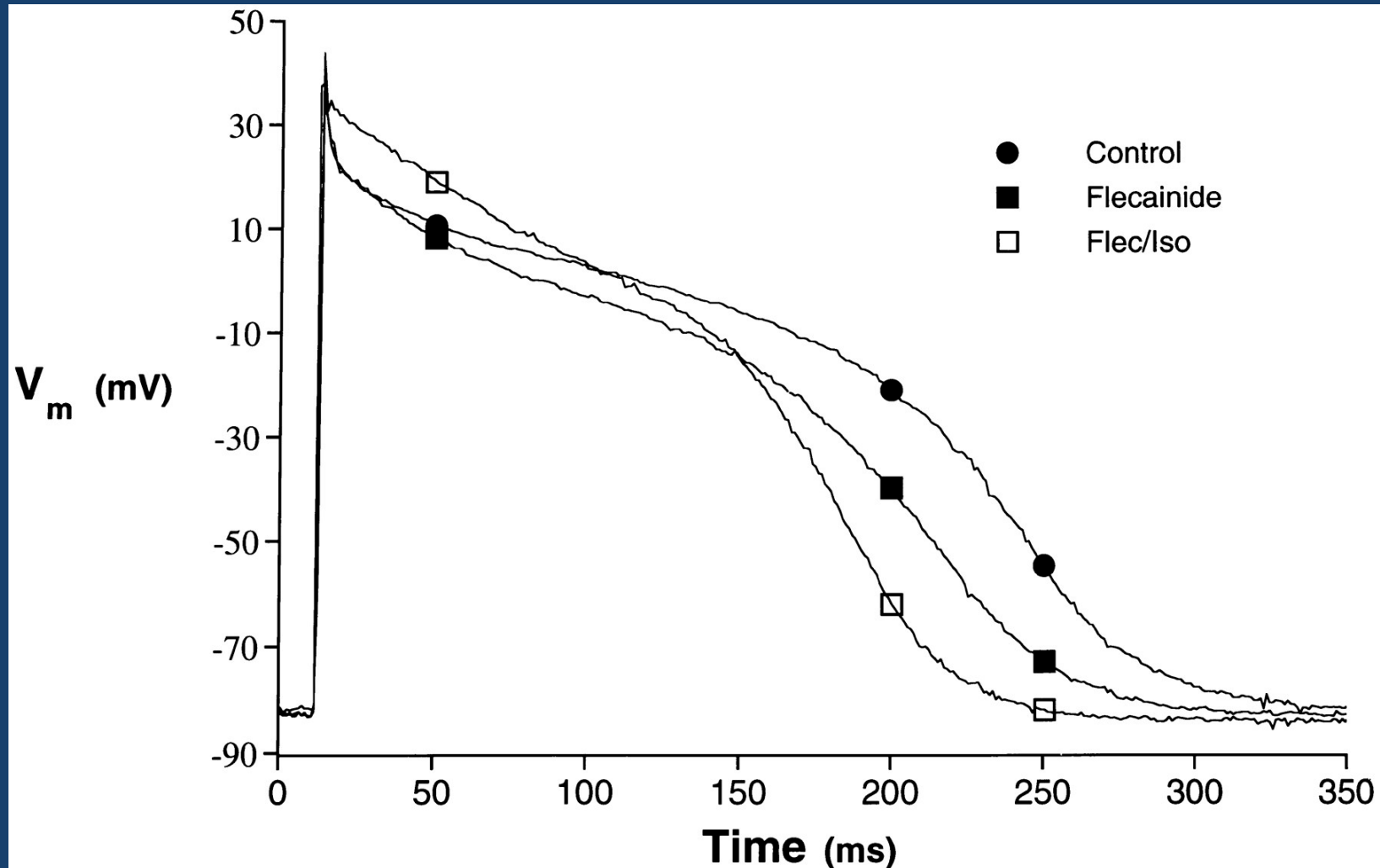
Flecainide	100-200 mg b.i.d.	Contraindicated if creatinine clearance < 50 mg/mL, in coronary artery disease, reduced LV ejection fraction.	QRS duration increase > 25% above baseline	None
Flecainide XL	200 mg o.d.	Caution in the presence of conduction system disease.		
Propafenone	150-300 mg t.i.d.	Contraindicated in coronary artery disease, reduced LV ejection fraction.	QRS duration increase > 25% above baseline	Slight
Propafenone SR	225-425 mg b.i.d.	Caution in the presence of conduction system disease and renal impairment.		

Beta₁-Adrenoceptor Polymorphism Predicts Flecainide Action in Patients with Atrial Fibrillation

Amir M. Nia¹*, Evren Caglayan¹*, Natig Gassanov¹*, Tom Zimmermann¹, Orhan Aslan¹, Martin Hellmich², Firat Duru³, Erland Erdmann¹, Stephan Rosenkranz¹, Fikret Er^{1*}

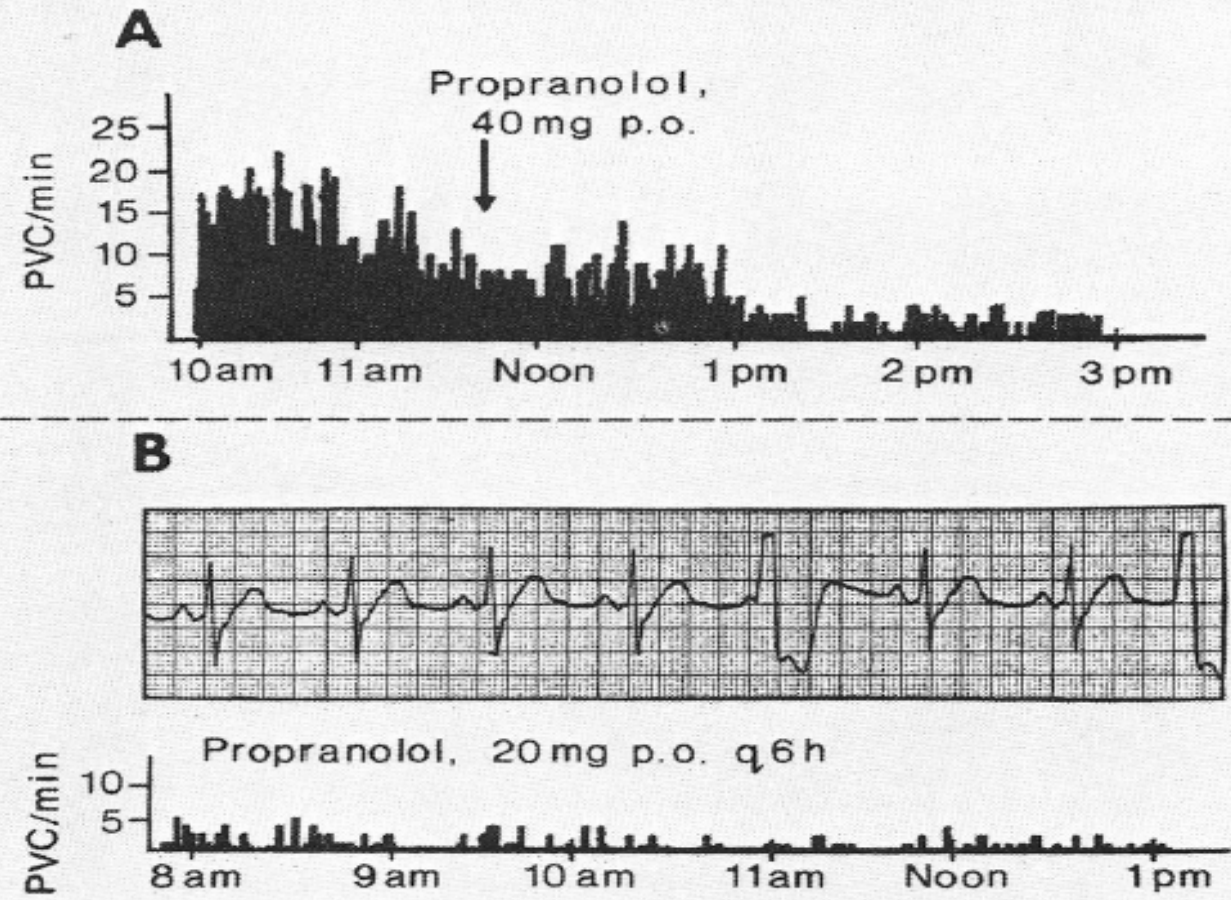
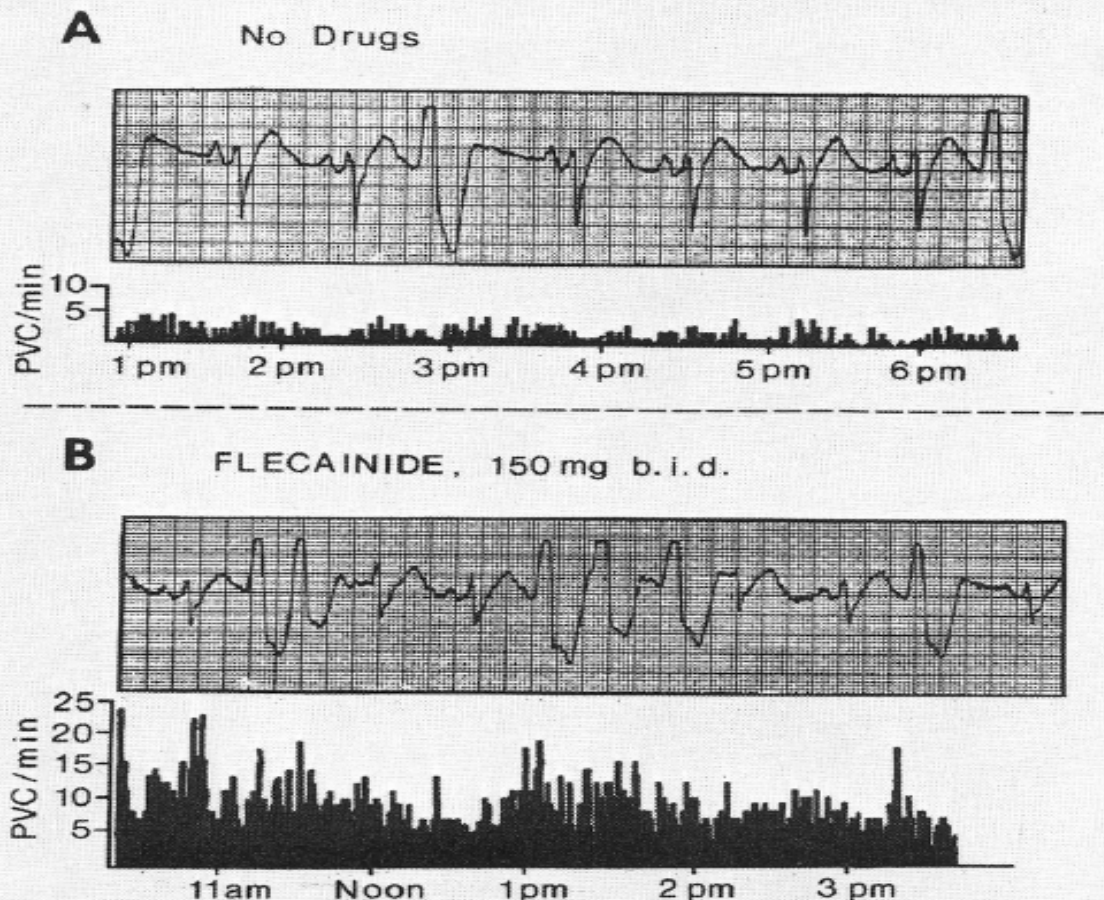


Modification of APD by flecainide and flec+isoproterenol in a single canine Purkinje fiber



Reversal of proarrhythmic effects of flecainide acetate and encainide hydrochloride by propranolol.

R J Myerburg, K M Kessler, M M Cox, H Huikuri, E Terracall, A Interian, Jr, P Fernandez and A Castellanos



Our Study design

- Prospective randomized open trial in patients with persistent atrial fibrillation

Study endpoints

- One year symptomatic atrial fibrillation recurrence rate
- Improvements of quality of life during one year follow-up

Maximum dose up-titration

➤ 1 month:

- Group A: Flecainide 50 mg x 2 + Metoprolol 50 mg x 2
- Group B: Flecainide 50 mg x 2
- Group C: Metoprolol 50 mg x 2

➤ 3 months:

- Group A: Flecainide 100 + 50 mg + Metoprolol 50 mg x 2
- Group B: Flecainide 100 + 50 mg
- Group C: Metoprolol 50 mg x 2

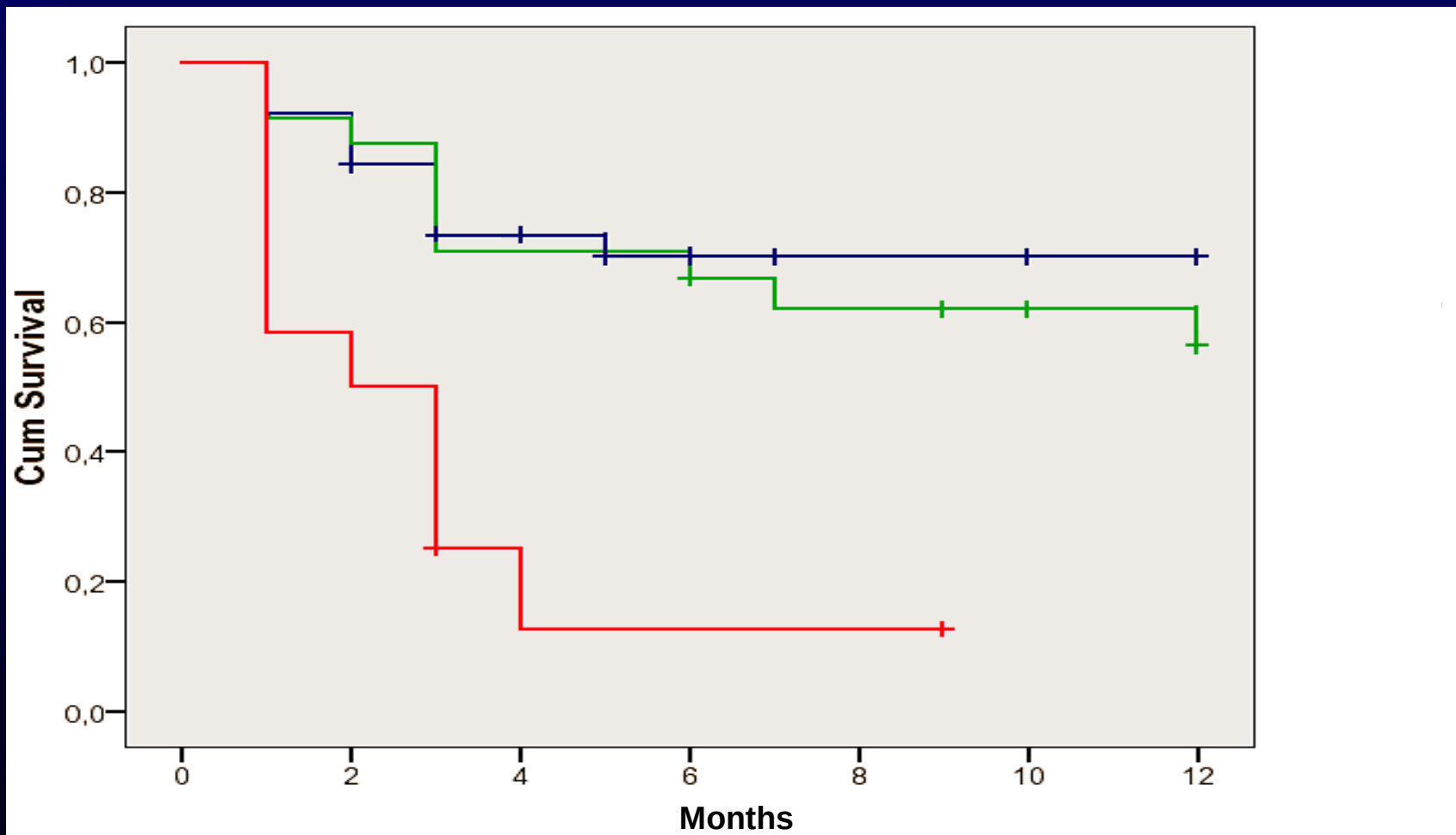
➤ 6 months:

- Group A: Flecainide 100 mg x 2 + Metoprololo 50 mg x 2
- Group B: Flecainide 100 mg x 2
- Group C: Metoprololo 100 mg x 2

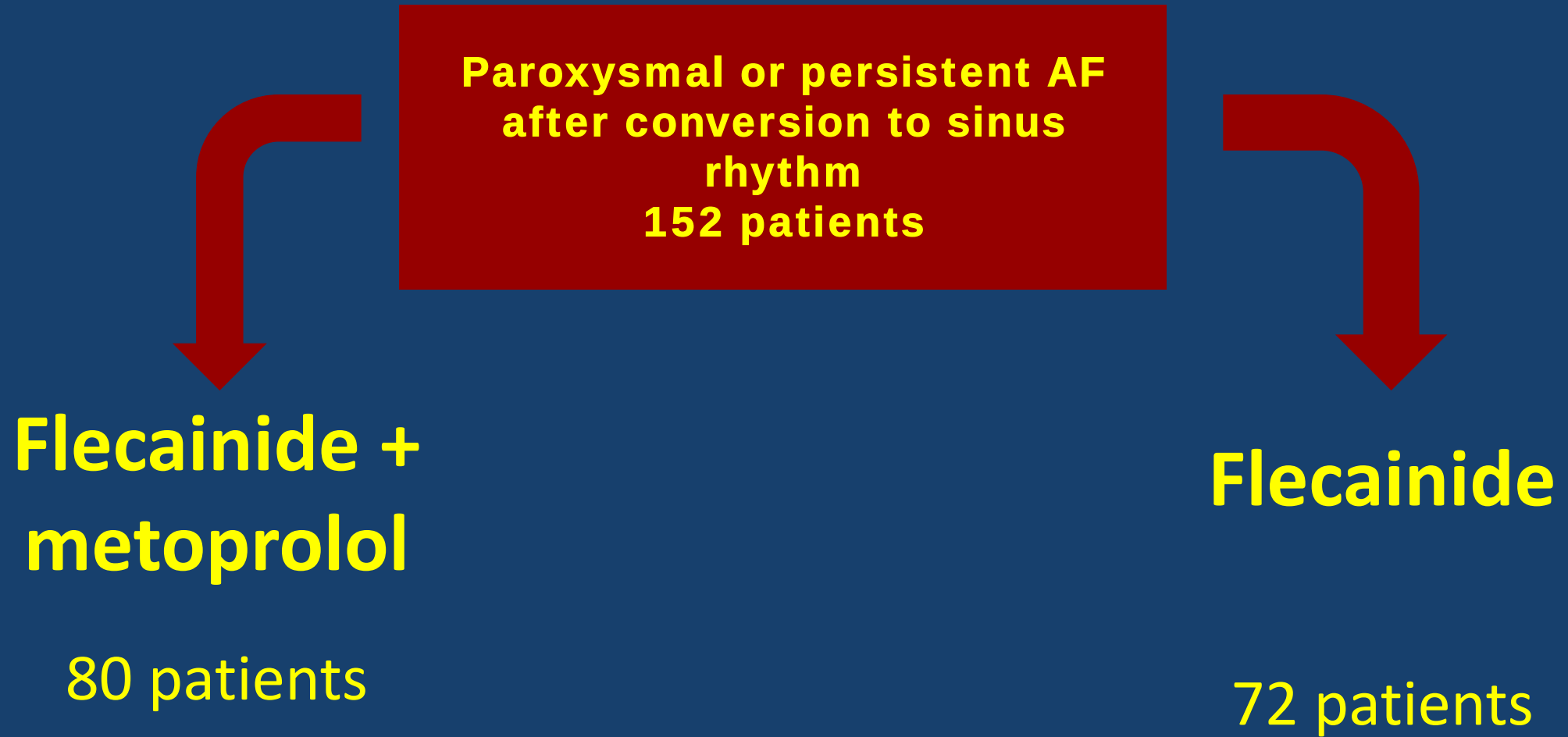
➤ 1 year: end of follow-up

Atrial fibrillation recurrence rate

90% of recurrences are described in the first 6 months

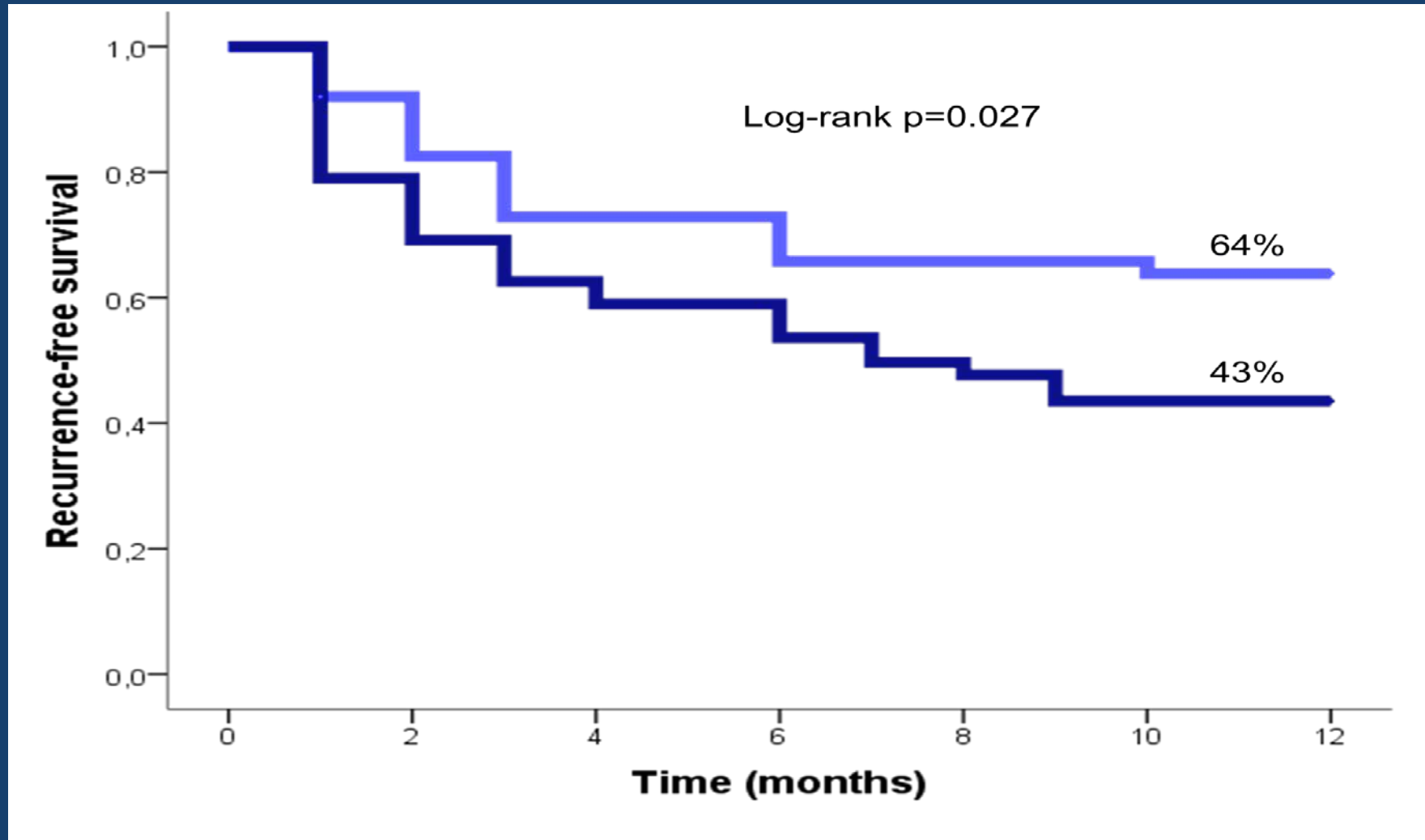


Treatment strategy

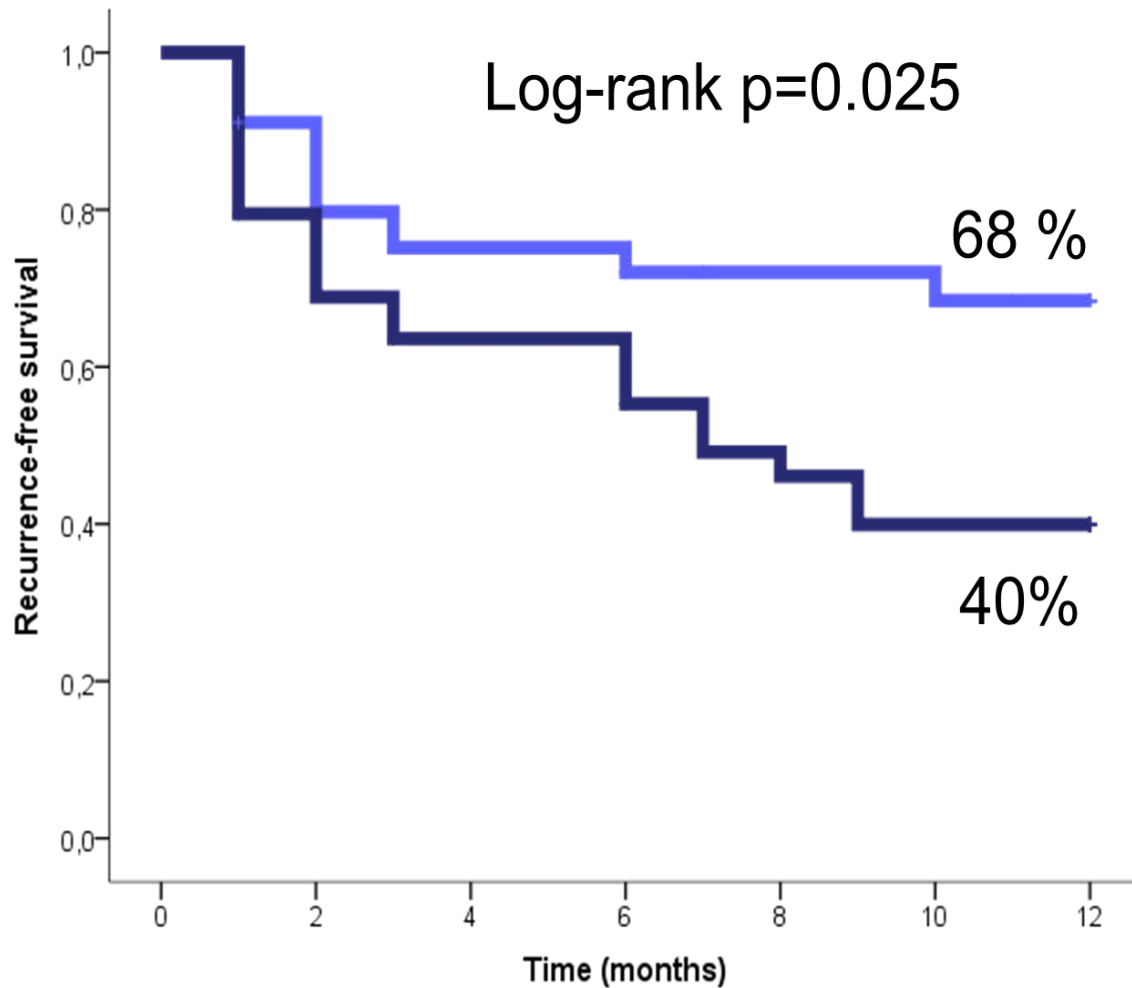


Variable	Combination (n=80)	Flecainide (n=72)	p
Age (years)	66,6±12.9	65,9±11.5	,708
Male gender (%)	55,0	66,7	,152
AF history (%)	25,4	16,7	,214
Hypertension (%)	72,5	64,3	,279
Diabetes (%)	11,3	12,5	,504
Dyslipidemia (%)	51,3	46,4	,553
Smoking Habit (%)	21,1	24,2	,663
eGFR<60 ml/min(%)	14,1	11,5	,665
Obesity (%)	21,1	18,2	,667
COPD (%)	11,1	19,7	,186
CHA2DS2-Vasc	2,4	2,3	,564
LAD (mm)	43.9±4.6	42.9±8.7	.482
LVEDD (mm)	51.4±5.5	50.8±4.8	.553
LVEF	59.4±9.1	60.2±10.5	.512

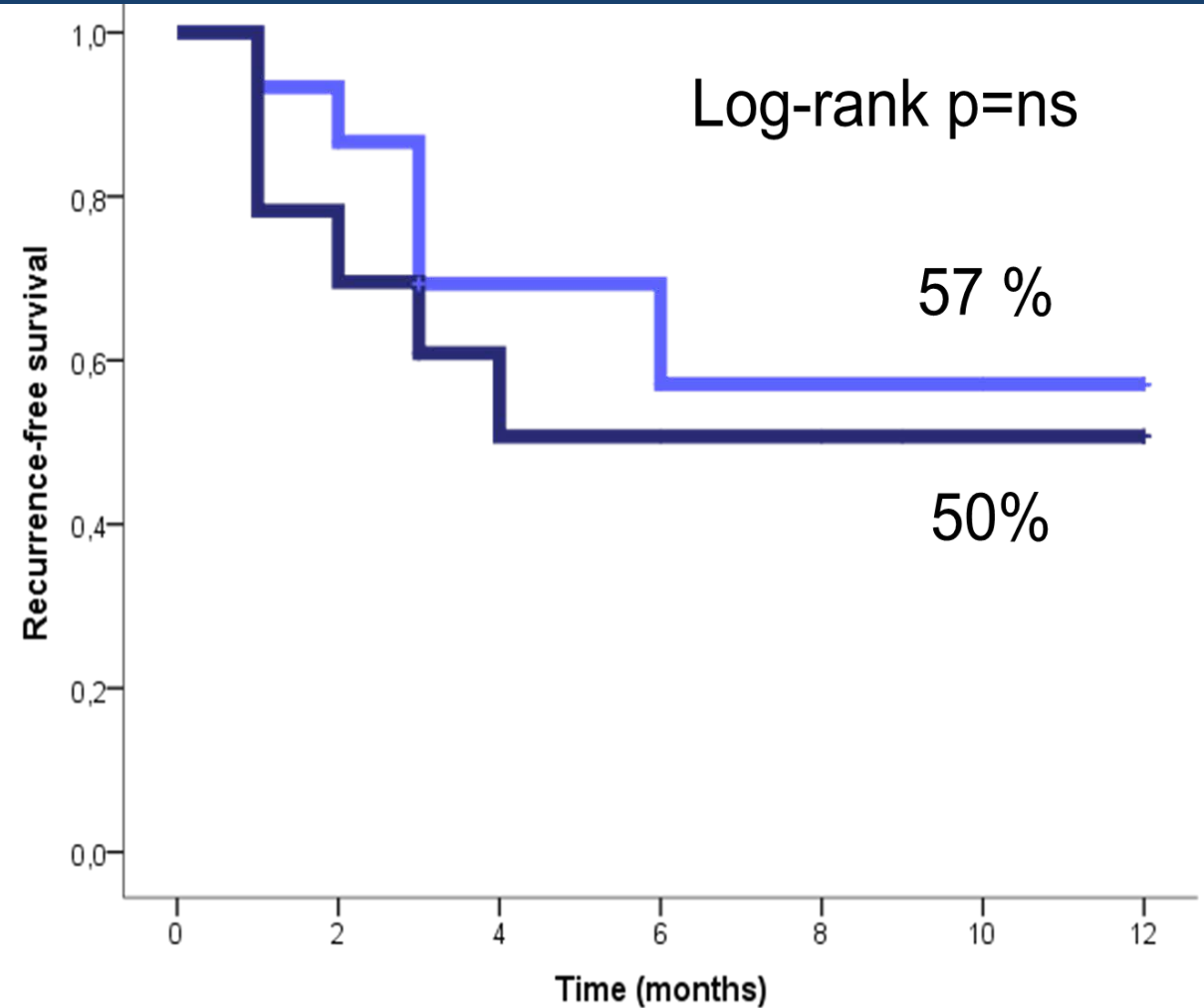
Time free from AF recurrence (n=152)



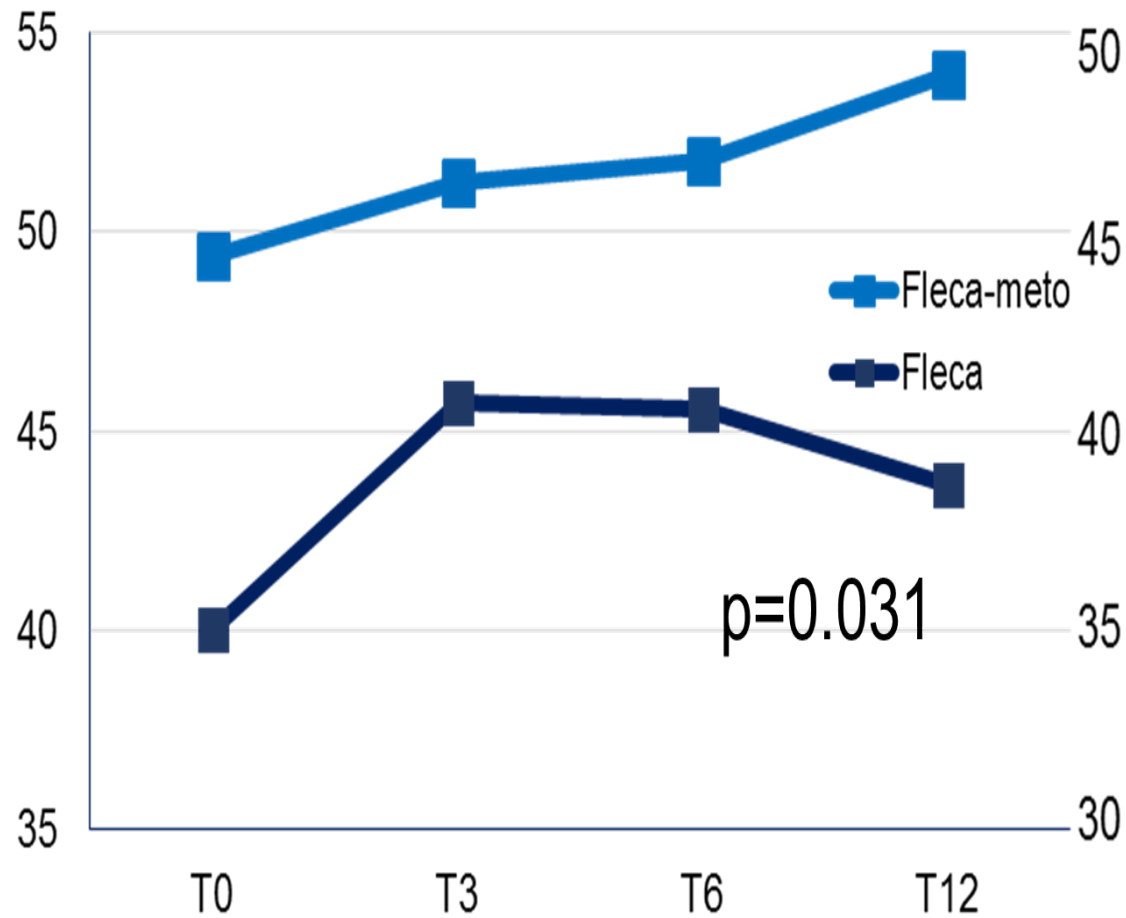
Persistent AF (n=92)



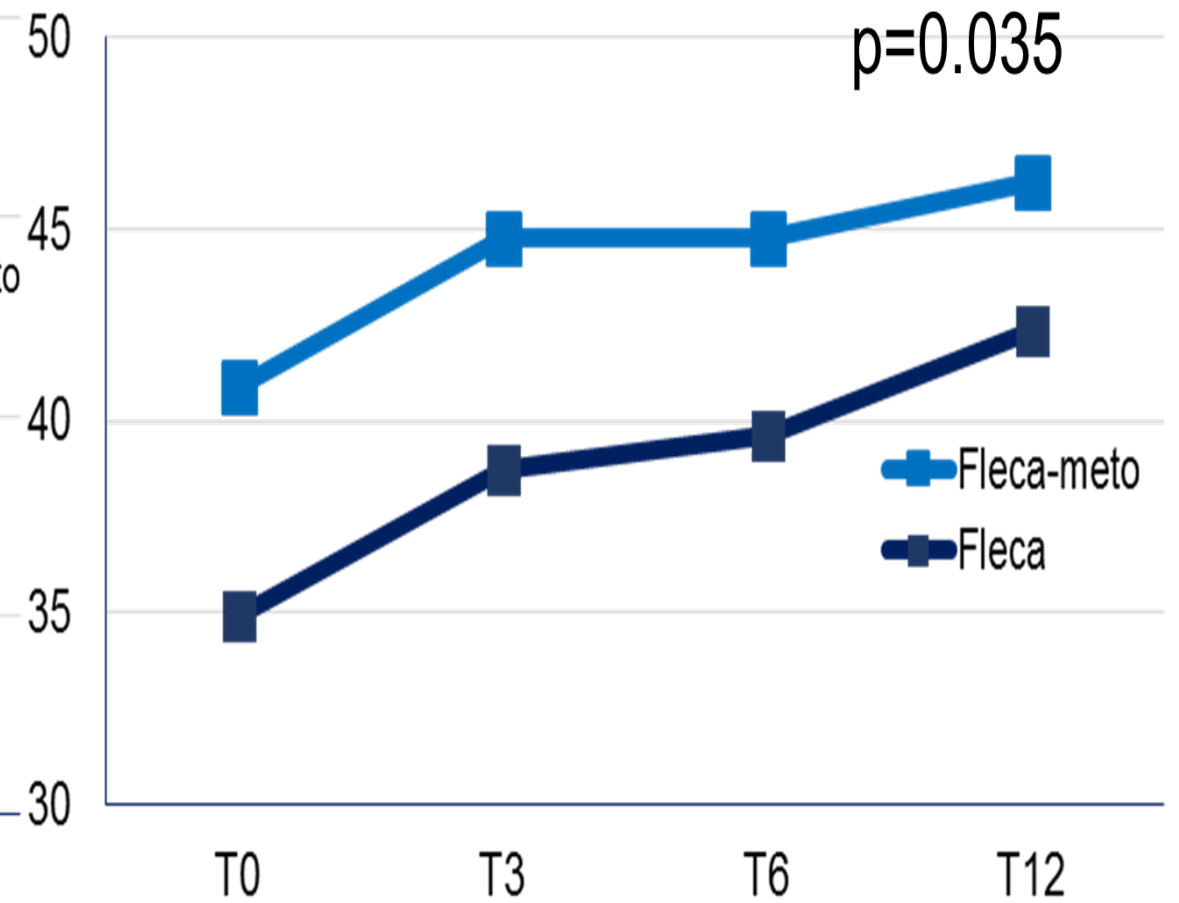
Paroxysmal AF (n=60)



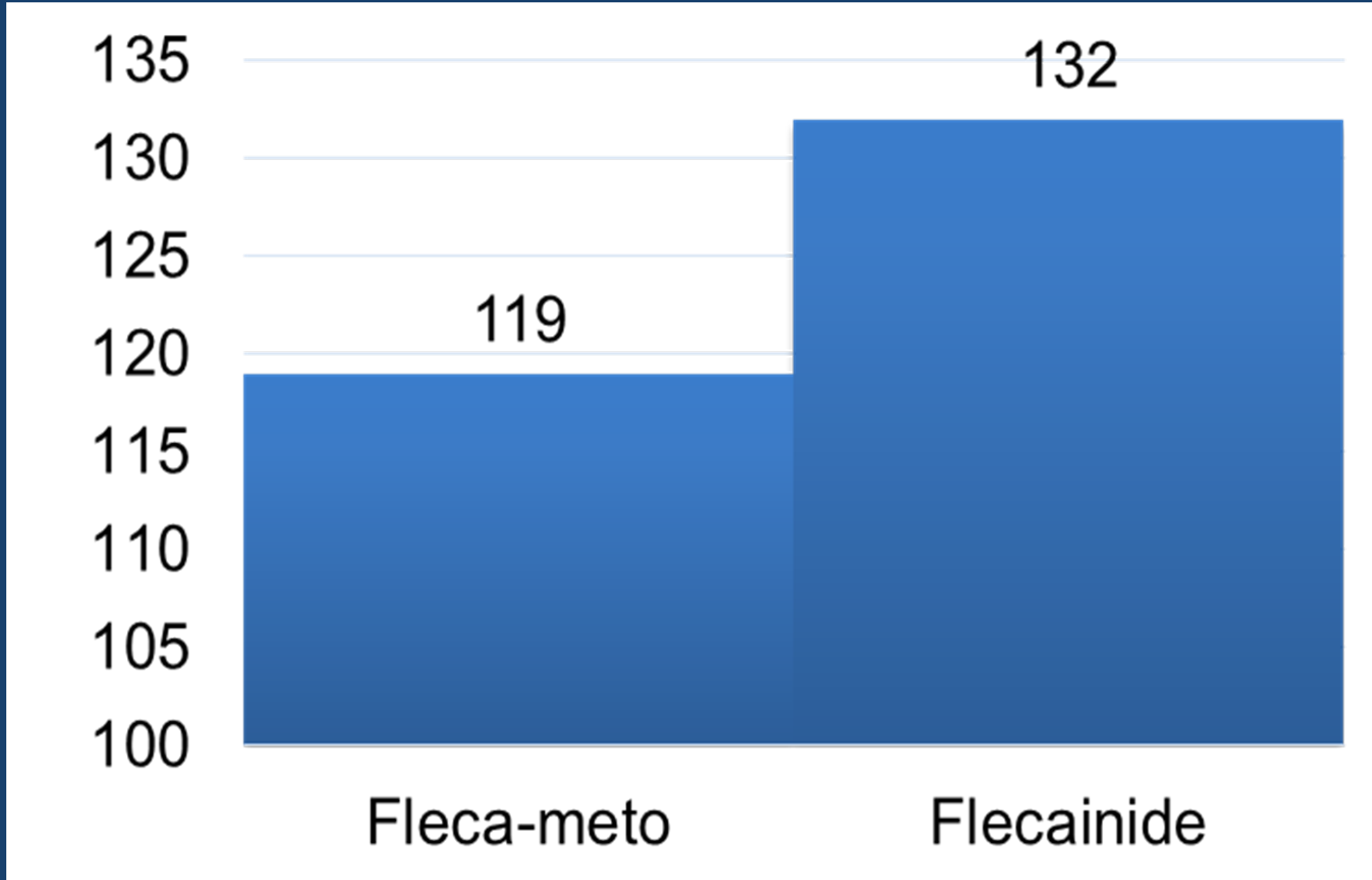
Physical Health



Mental Health



Mean flecainide dose at 1-year



Conclusions

- β_1 adrenergic receptors further reduce the action potential duration and enhance the conduction slowing already mediated by flecainide
- β -blockers revert the pro-arrhythmic effect of many IA and IC anti-arrhythmic drugs in vitro
- In a clinical setting, β -blockers have been demonstrated as effective in preventing IC-mediated PVCs
- β -blockers in combination to rhythm control therapy could have the potential to further reduce recurrences while improve quality of life and drug tolerabilty

AMIODARONE

INDICATIONS AND USAGE

Cordarone I.V. is indicated for initiation of treatment and prophylaxis of frequently recurring ventricular fibrillation and hemodynamically unstable ventricular tachycardia in patients refractory to other therapy.

***PRESCRITTO TROPPO
SPESSO????***

[illegible]



Gli autori, sulla base di queste analisi, hanno concluso che:

- può essere usato con sicurezza nella disfunzione Vsx e insufficienza cardiaca congestizia;
- utile in acuto sia in caso di arresto cardiaco che in caso di TVS;
- sicuro e valido farmaco aggiuntivo in associazione all'ICD per ridurre il numero di shock;
- efficace in associazione ai beta-bloccanti nell' "elettrical storm";
- appropriato come farmaco di prima linea solo nei pz sintomatici con disfunzione Vsx ed insufficienza cardiaca congestizia, dove però il rapporto rischio/beneficio del suo impiego deve essere confrontato con le altre strategie alternative disponibili per trattare la FA;
- nel flutter atriale e nella TPSV è preferibile l'ablazione con catetere; l'amiodarone ha scarsa/nulla efficacia.
- l'uso dell'amiodarone in profilassi va limitato al periodo perioperatorio cardiocirurgico;

review's clinical pharmacology and evaluate evidence supporting amiodarone for treatment and prevention of various arrhythmias, with the goal of motivating clinicians to rigorously evaluate how they prescribe amiodarone.

Conclusion: Amiodarone should be used with close follow-up in patients who are likely to derive the most benefit, namely those with atrial fibrillation and left ventricular dysfunction, those with acute sustained ventricular arrhythmias, those about to undergo cardiac surgery, and those with implantable cardioverter-defibrillators and symptomatic shocks.

JAMA. 2007;296(11):1312-1322

www.jama.com

92 Studies included in review

AF CARDIOVERSION

Recommendations	Class ^a	Level ^b
When pharmacological cardioversion is preferred and there is no structural heart disease, i.v. flecainide or propafenone is recommended for cardioversion of recent-onset AF.	I	A
In patients with recent-onset AF and structural heart disease, i.v. <u>amiodarone</u> is recommended.	I	A

AF RHYTHM CONTROL

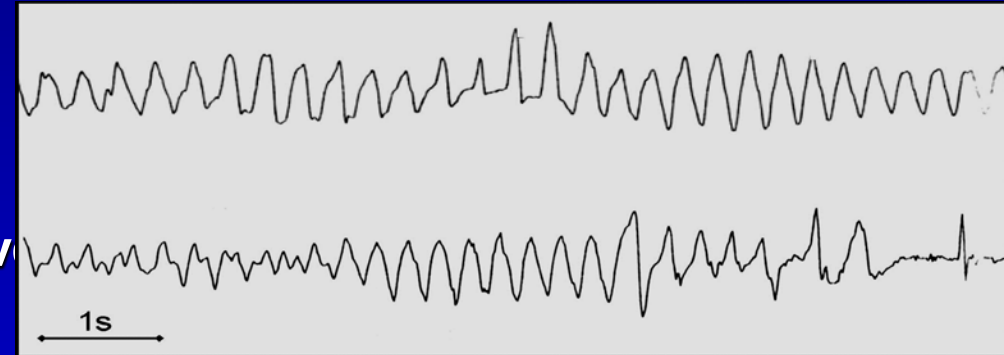
Recommendations	Class ^a	Level ^b
The following antiarrhythmic drugs are recommended for rhythm control in patients with <u>AF</u> , depending on underlying heart disease:		
• <u>amiodarone</u>	I	A
• <u>dronedarone</u>	I	A
• <u>flecainide</u>	I	A
• <u>propafenone</u>	I	A
• <u>d,l-sotalol</u>	I	A
<u>Amiodarone</u> is more effective in <u>maintaining sinus rhythm</u> than <u>sotalol, propafenone, flecainide</u> (by analogy), or <u>dronedarone</u> (LoE A), but because of its toxicity profile should generally be used when other agents have failed or are contraindicated (LoE C).	I	A C
In patients with <u>severe heart failure</u> , NYHA class III and IV or recently unstable (decompensation within the prior month) NYHA class II, <u>amiodarone</u> should be the drug of choice.	I	B
In patients without significant structural heart disease, initial antiarrhythmic therapy should be chosen from <u>dronedarone, flecainide, propafenone, and sotalol</u> .	I	A

AF RATE CONTROL

Recommendations	Class ^a	Level ^b
In the <u>acute setting</u> , i.v. administration of <u>digitalis or amiodarone</u> is recommended to control the heart rate in patients with AF and concomitant heart failure, or in the setting of hypotension.	I	B
In pre-excitation, preferred drugs are class I antiarrhythmic drugs or amiodarone.	I	C

Amiodarone for rate control in patients with AF and CHF

1. Significant long-term toxicity: a second-line treatment (ACC/AHA/ESC Guidelines 2006)
 - Useful when other drugs are unsuccessful or contraindicated
 - Safety concerns when given in combination with β -blockers and digoxin
 - 25% of the patients developed VAs
3–48 h after amiodarone loading¹
2. IV amiodarone is relatively safe and more effective for rate control²
 - In critically ill patients³



(1) Schrickel et al. *Europace* 2006;8:403–407. (2) Hofmann et al. *Int J Cardiol* 2006;110:27–32. (3) Delle KG et al. *Crit Care Med* 2001; 29:1149–1153.

Proarrhythmic Effect of Class III Drugs

Effect	Amio	Sotalol	Class III AAD
• Bradycardia	↑↑	↑↑↑	±
• QT/QTc prolongation	↑↑↑	↑↑	↑↑
• QT/QT dispersion			
- Space	↓↓	↓ ± →	± ? ↑
- Time	↓↓	?	?
• EAD in Purkinje or Myocardial fibers	↓↓	↑	↑↑
• EAD reversibility	—	↑	↑↑
• Calcium antagonist Effect	++	—	—
• APD lenght K Dependence	±	↑↑	↑↑
• T3 interaction	++	—	—
• TdP % incidence	< 1	3-4	3-6

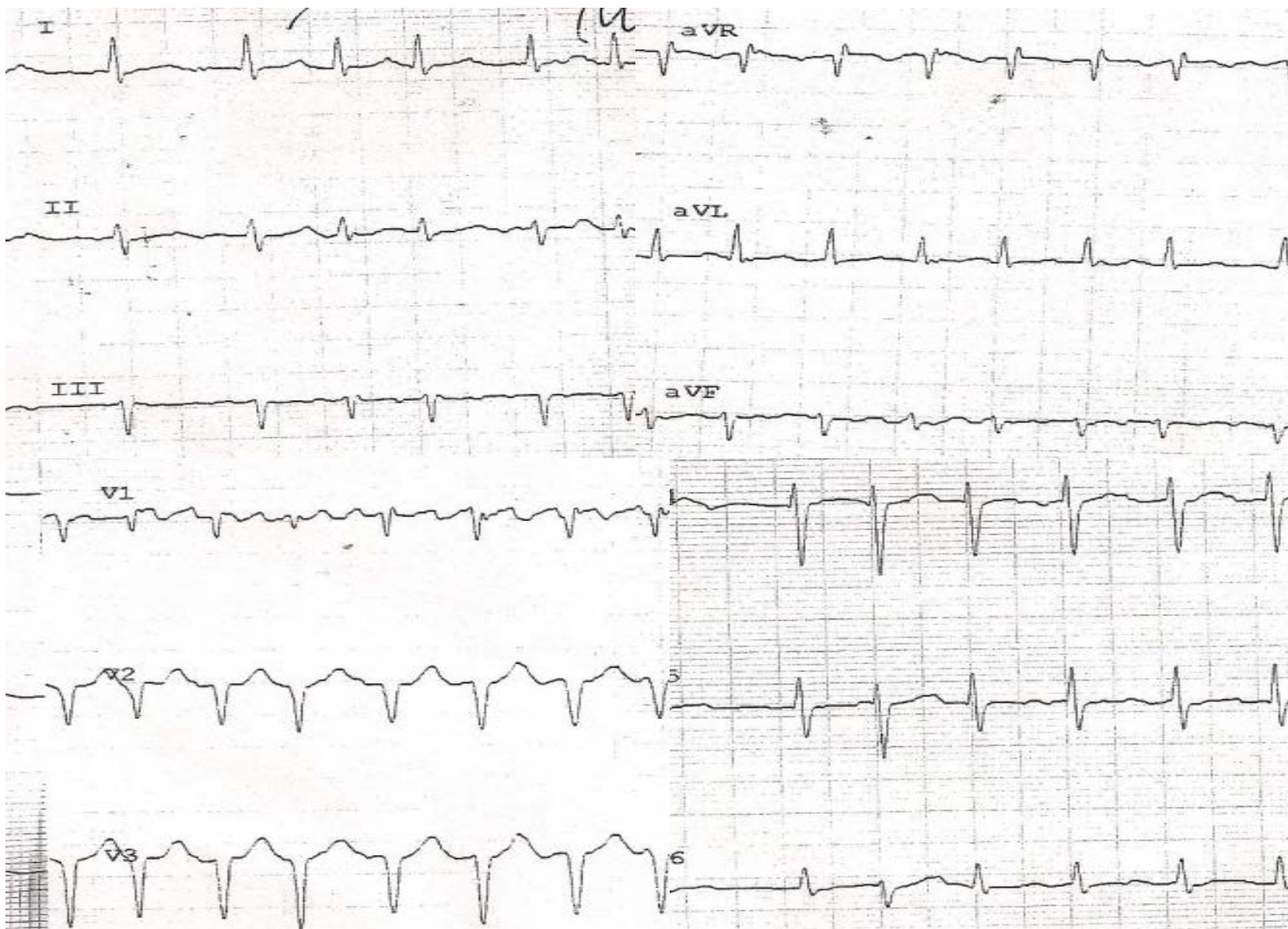
CASE REPORT

Amiodarone and digitalis: An odd couple in a tachycardiomyopathic patient

Federico Guerra, Michela Brambatti, Maria Vittoria Matassini, Alessandro Capucci

- 76 yo, F, hypertension, admitted for shortness of breath and fatigue
- Felodipine 5 mg, Ramipril 10 mg daily as antihypertensive therapy
- Clinical Sign and XRay suggestive for HF
- AF at the ECG with minimum and maximum QTc intervals of 450 and 475 ms, respectively. EF 30%

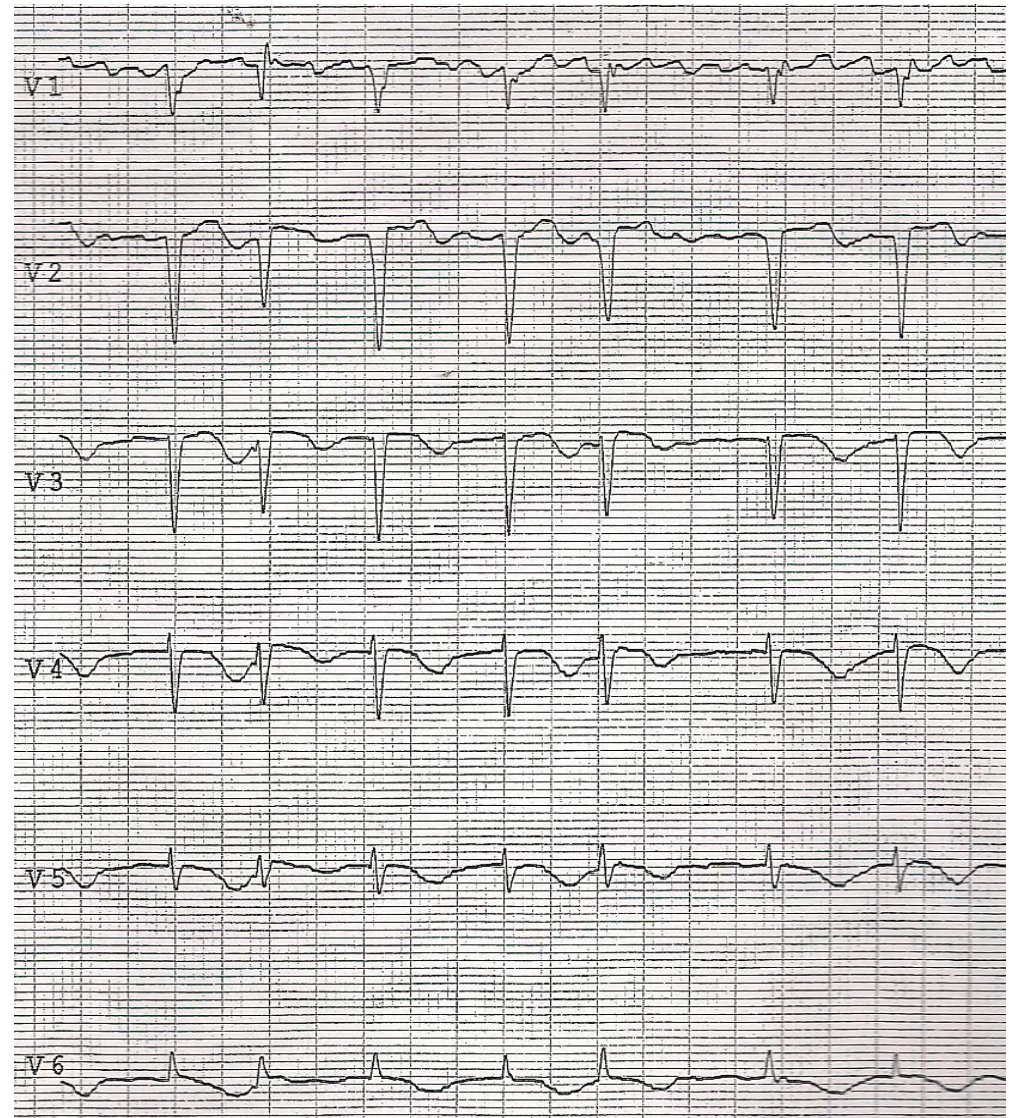
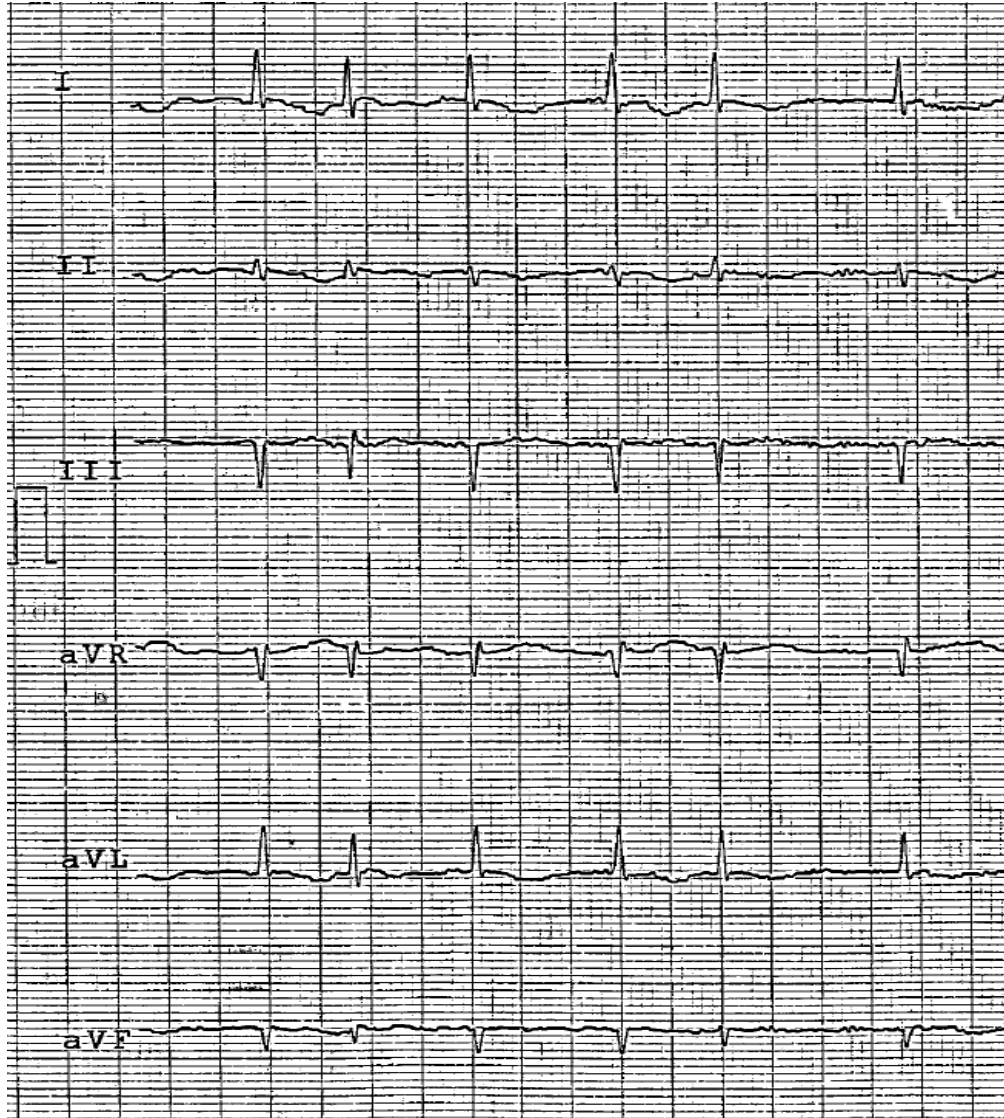
What does the ECG say?



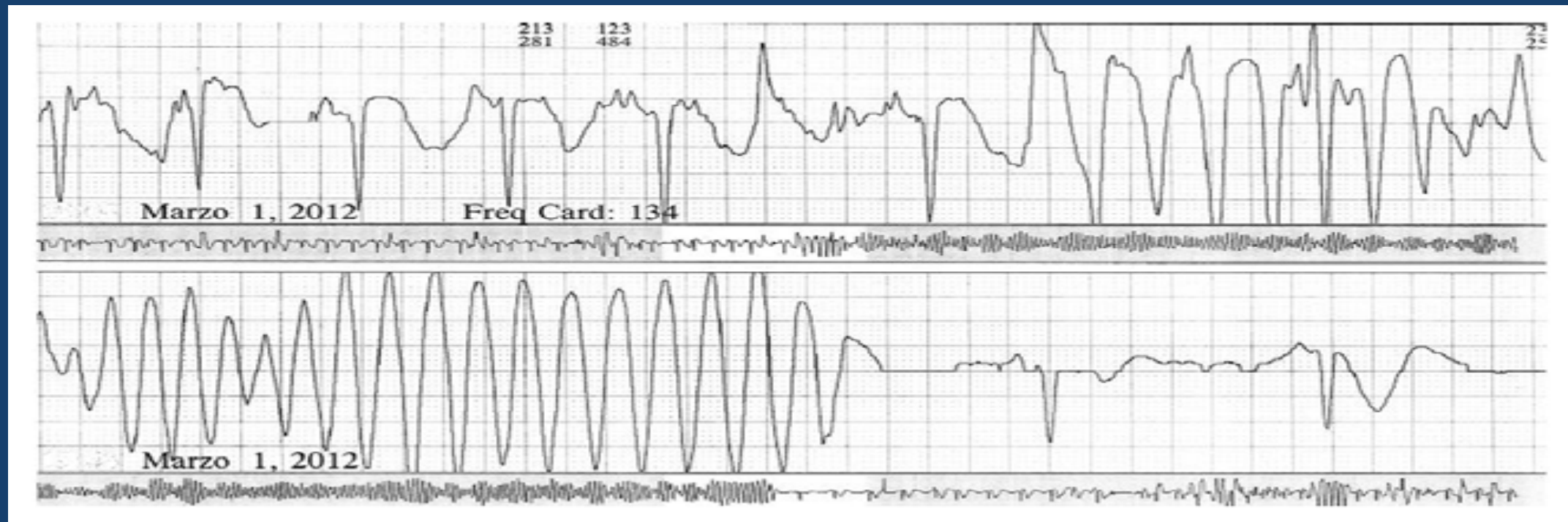
- Treated with furosemide 20 mg IV and digoxin 0.5 mg IV. As AF less than 24 hours, a pharmacological cardioversion was attempted with Amiodarone 300 mg IV bolus followed by a 0.6 mg/minute infusion.
- After 12 hours → Still AF → STOP amiodarone and DCC was attempted after another 6 hours.



What does the ECG say now?



- 150 J biphasic shock was delivered → SR with frequent premature supraventricular complexes. In order to avoid early AF recurrence, amiodarone infusion (0.6 mg/minute IV) was started again. A few hours later, syncope occurred....



Latest status

- ▶ **A temporary pacemaker at 90 bpm was inserted to prevent further bradycardia-related TdP episodes**
- ▶ AF recurred a few minutes later
- ▶ In the next 7 days, QTc shortened progressively to 420 ms and no further arrhythmic events were recorded
- ▶ Coronary angiography performed 2 days later did not show any significant coronary lesions
- ▶ **At discharge, the patient's heart rate was normal and stable, thanks to an adequate rate control with beta-blockers, and LVEF improved to 45%**

Key findings and discussion points

- ▶ Acute systolic dysfunction may contribute to a small extent to a QT interval prolongation. In our patient, it seems that the combination of tachycardiomyopathy, digitalis and amiodarone may have resulted in triggered activity due to delayed after depolarization and, finally, TdP
- ▶ The present case shows that tachycardiomyopathy could predispose to QT prolongation, making amiodarone not safe enough when given to patients with acute ventricular dysfunction and concomitant digitalis therapy
- ▶ It is also presumable that dronedarone, as an amiodarone derivate, could have caused the same proarrhythmic effects in the elderly, decompensated PALLAS patients treated with digoxin, as suggested by retrospective adverse event reportings

(*Circulation*. 2004;110:247-252.)

© 2004 American Heart Association, Inc.

Original Articles

Heart Failure and Sudden Death in Patients With Tachycardia- Induced Cardiomyopathy and Recurrent Tachycardia

Pamela Nerheim, MD; Sally Birger-Botkin, RN;
Lubna Piracha, DO; Brian Olshansky, MD

AF: Investigational Antiarrhythmics

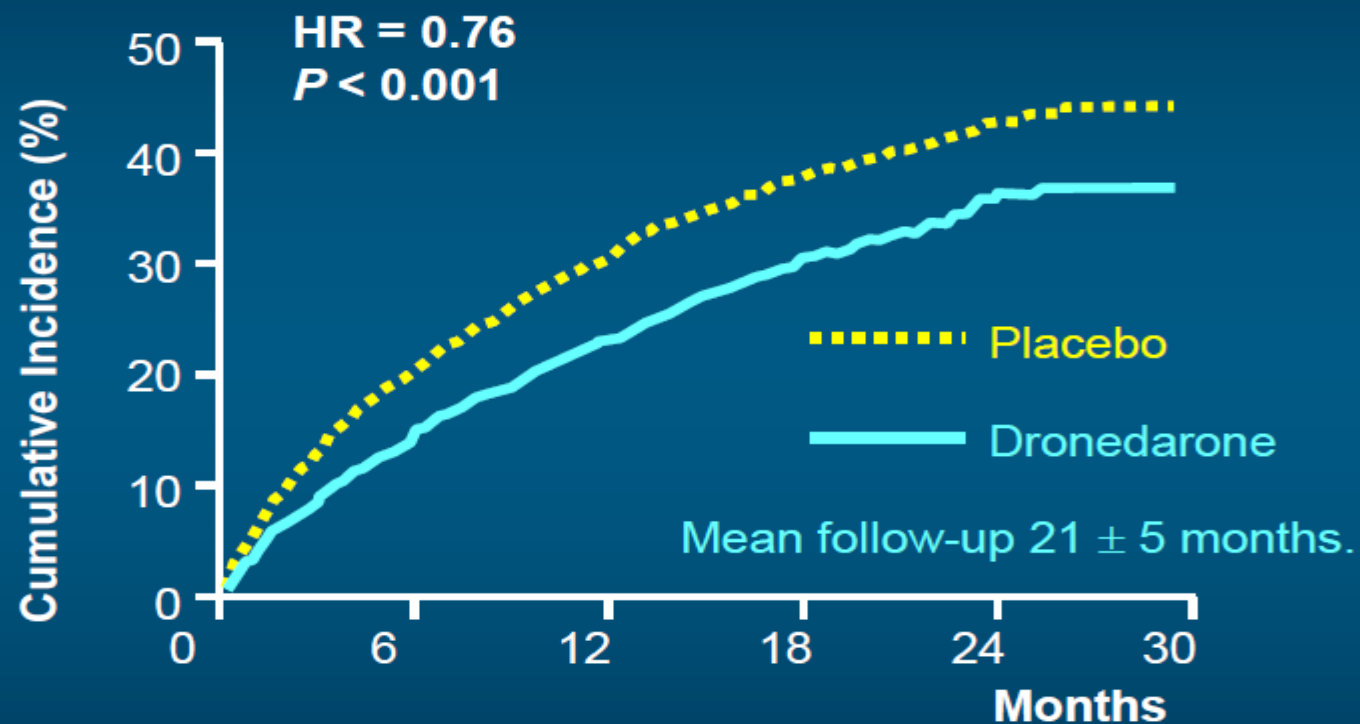
(Ross H, Kowey PR, Naccarelli GV. New Arrhythmia Technologies (Wang); 2005; 1-13)

- Azimilide (I_{Kr} ; I_{Ks})
- **Dronedarone** (I_{Kr} ; I_{Ks} ; B_1 ; I_{Ca} ; I_{to} ; I_{Na})
- SSR149744C (I_{Kr} ; I_{Ks} ; B_1 ; I_{Ca} ; I_{to} ; I_{Na})
- Piboserod (5-HT₄ receptor antagonist)
- Tedisamil (IV) ($I_{Kv1.5}$; $I_{Kv4.3}$; I_{Kr} ; I_{to} ; I_{KATP} ; I_{Na} ; I_{Kur})
- RSD-1235 (Atrial-selective K inhibitor- I_{Kur} ; I_{to} ; I_{Na} ; I_{KACH})
- ZP-123 (GAP 486)(Facilitates conduction in gap junction)
- Tecadenoson (CVT-150) (Long-acting IV A-1 adenosine agonist)
- AVE-0118 (Atrial-selective K inhibitor- $I_{Kv1.5}$; $I_{Kv4.3}$; I_{Kur} ; I_{to} ; I_{KACH})
- AZD7009 (I_{Kr} ; I_{Kur} ; I_{Na})
- NIP142 (I_{Kur} ; I_{KACH})
- NIP151 (I_{KACH})
- GsMtx4 (SAC blocker)

DRONEDARONE

ATHENA TRIAL- *Primary outcome-*

Time to first cardiovascular hospitalization or death



Patients at risk

Placebo

2327	1858	1625	1072	385	3
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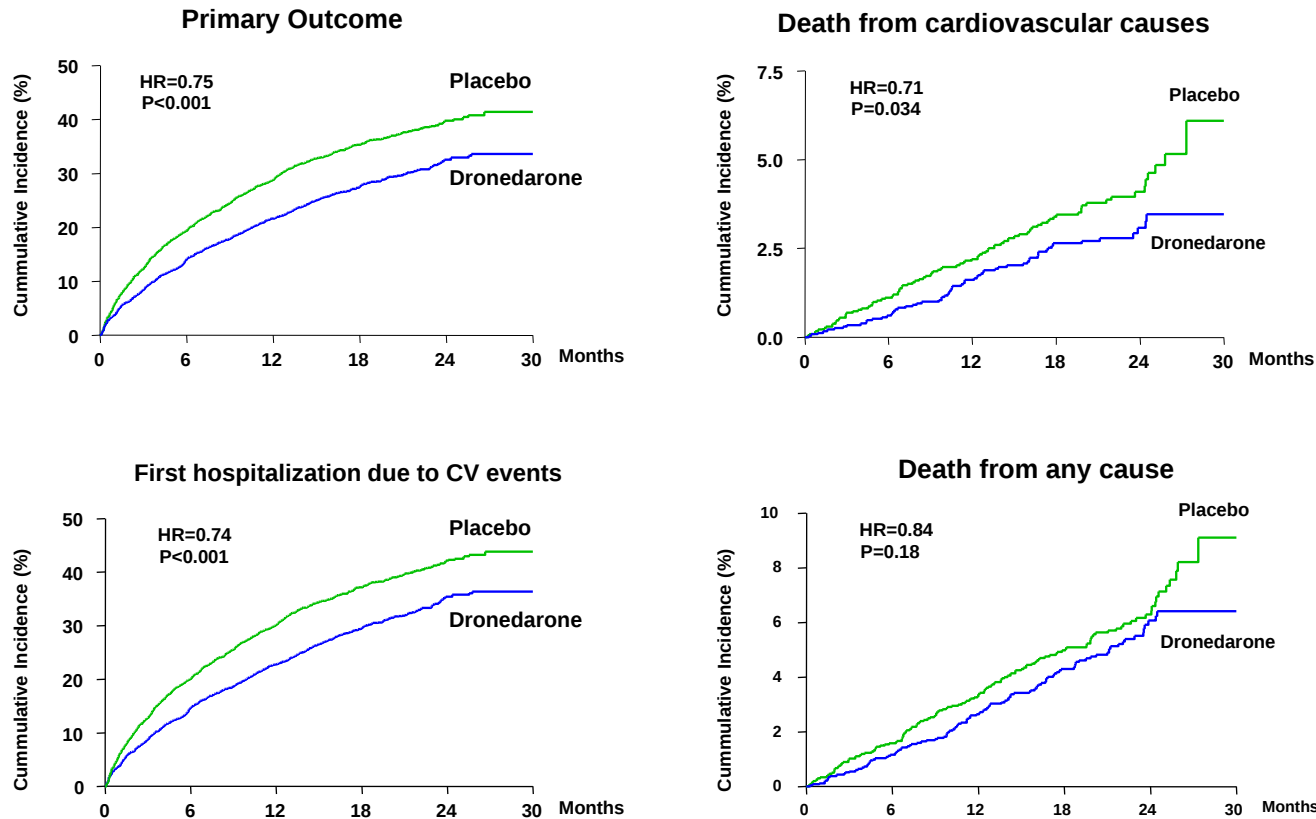
Dronedarone

2301	1963	1776	1177	403	2
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Hohnloser SH et al. ATHENA Investigators. *N Engl J Med.* 2009 Feb 12;360(7):668-78.

Dronedarone reduced the risk of hospitalization due to CV events or death in patients with AF - ATHENA trial

- 4628 patients, 540 with LVEF <45%, NYHA class II-III 21.1%



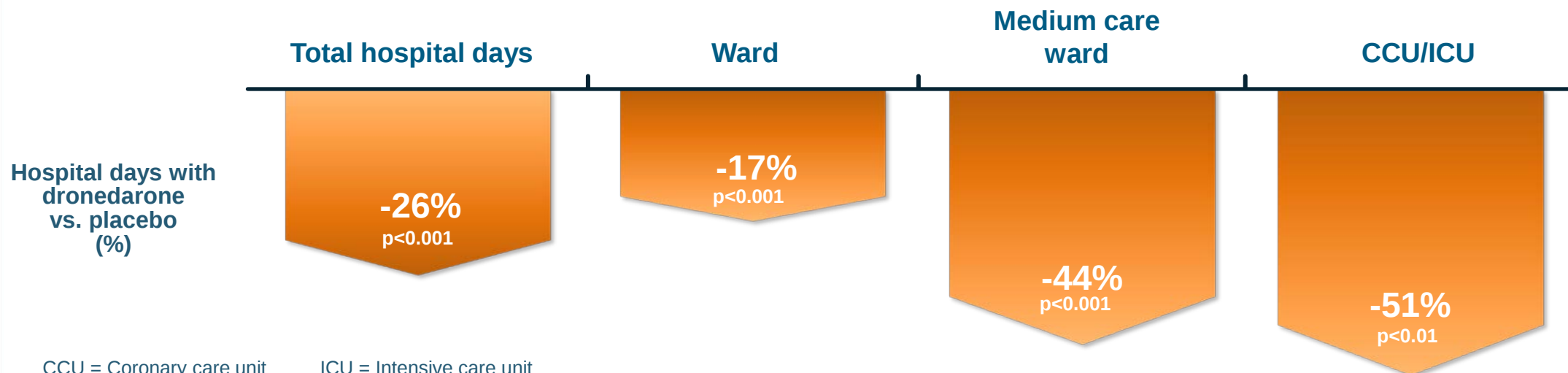
Characteristic	N	HR [95% CI]	P-value
Age (years)			
<75	2703	0.76 [0.67;0.87]	0.93
≥75	1925	0.75 [0.65;0.87]	
Gender			
Male	2459	0.74 [0.64;0.85]	0.65
Female	2169	0.77 [0.67;0.89]	
Presence of AF/AFL			
Yes	1155	0.74 [0.61;0.91]	0.85
No	3473	0.76 [0.68;0.85]	
Structural Heart Disease			
Yes	2732	0.76 [0.67;0.85]	0.85
No	1853	0.77 [0.65;0.92]	
Congestive Heart Failure			
Yes	1365	0.75 [0.64;0.88]	0.83
No	3263	0.76 [0.68;0.86]	
LVEF (%)			
<35	179	0.68 [0.44;1.03]	0.30
[35-45[	361	0.66 [0.47;0.92]	
≥45	4004	0.78 [0.70;0.86]	
ACE/ARB			
Yes	3216	0.74 [0.66;0.83]	0.59
No	1412	0.79 [0.66;0.95]	
Beta Blocking Agents			
Yes	3269	0.78 [0.69;0.87]	0.41
No	1359	0.71 [0.58;0.86]	

- Primary outcome: first hospitalization due to CV events or death
- Patients with CHF had a benefit similar to that of the entire group

- Adverse effects:** bradycardia, QT prolongation, diarrhea, nausea, rash and an increase in serum creatinine level. No thyroid- and pulmonary-related events

Dronedarone significantly reduced the duration of first AF related hospitalisation

Decrease of the duration of first AF related hospitalisation care (Dronedarone vs. placebo*) according to the level of



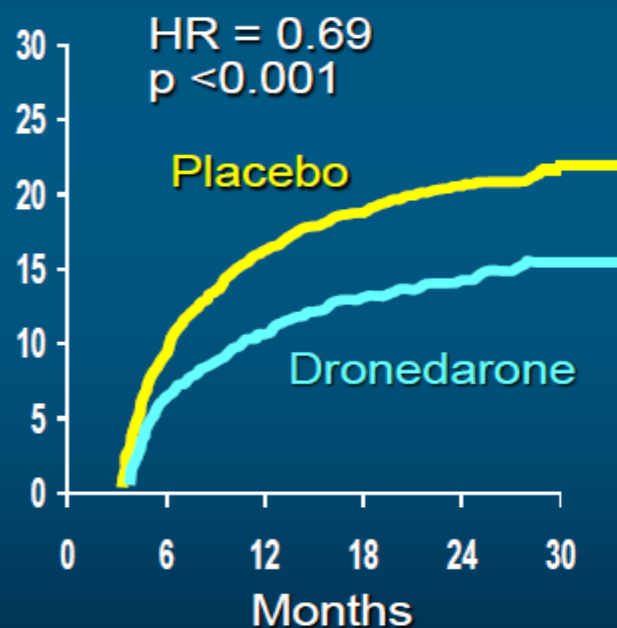
CCU = Coronary care unit ICU = Intensive care unit

* Dronedarone and placebo treatments were additional to standard therapy

ATHENA TRIAL

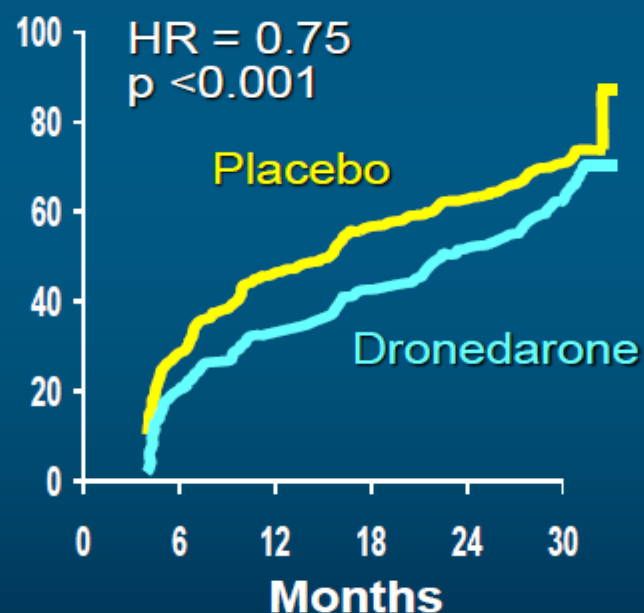
Time to 1st DCV

Cumulative incidence, %



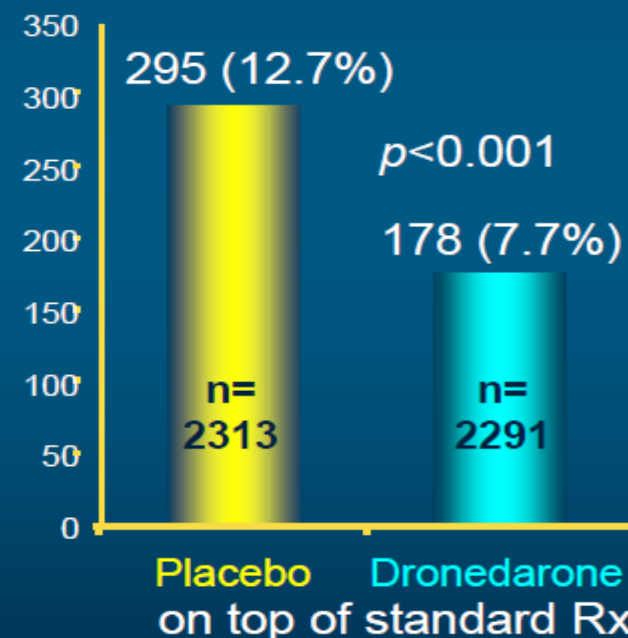
Time to 1st AF/AFL

Cumulative incidence of AF/AFL, %



No. in Permanent AF

Number of Patients

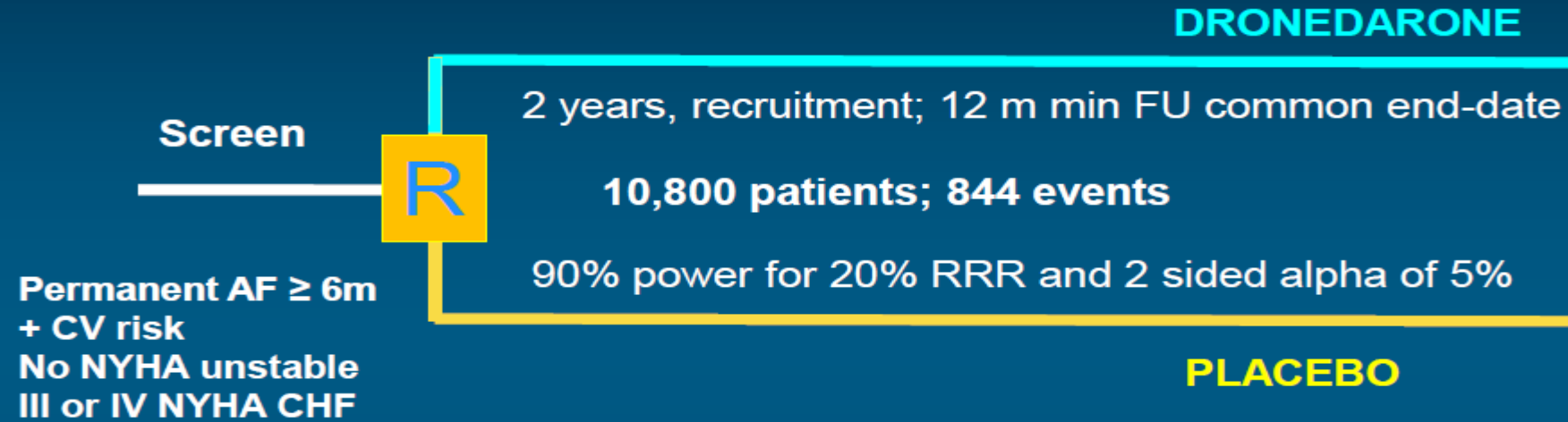


All AF related hospitalization:
First AF related hospitalization:

HR=0.626, 95% CI = [0.54; 0.73]
HR=0.63, 95% CI = [0.55; 0.72]

PALLAS

Permanent Atrial fibrillation outcome Study



1 ^o Outcomes	Dronedarone (n = 1619)		Placebo (n = 1617)		Dronedarone vs Placebo		
	Events	%/yr	Events	%/yr	HR	95% CI	P value
1st Co-primary (Stroke/MI/SEE/CV Death)	43	8.2	19	3.6	2.29	1.34-3.94	0.002
2nd Co-primary (All Death/Unplanned CV Hospitalization)	127	25.3	67	12.9	1.95	1.45-2.62	<0.001

ATHENA vs PALLAS

PALLAS Risk Factors	ATHENA (Overall)		PALLAS	
	Dronedarone n = 2301 %	Placebo n = 2327 %	Dronedarone (n = 1619) %	Placebo (n = 1617) %
CAD	28.7	31.3	40.9	41.2
Prior Stroke/TIA	7.3	7.1	26.9	28.3
Symptomatic HF	-	-	14.4	14.8
LVEF $\leq$ 40%	4.2	4.7	21.3	20.7
Peripheral Arterial Disease	-	-	11.6	13.2
Age $\geq$ 75 with HTN & Diabetes	2.1	2.7	18.2	17.1

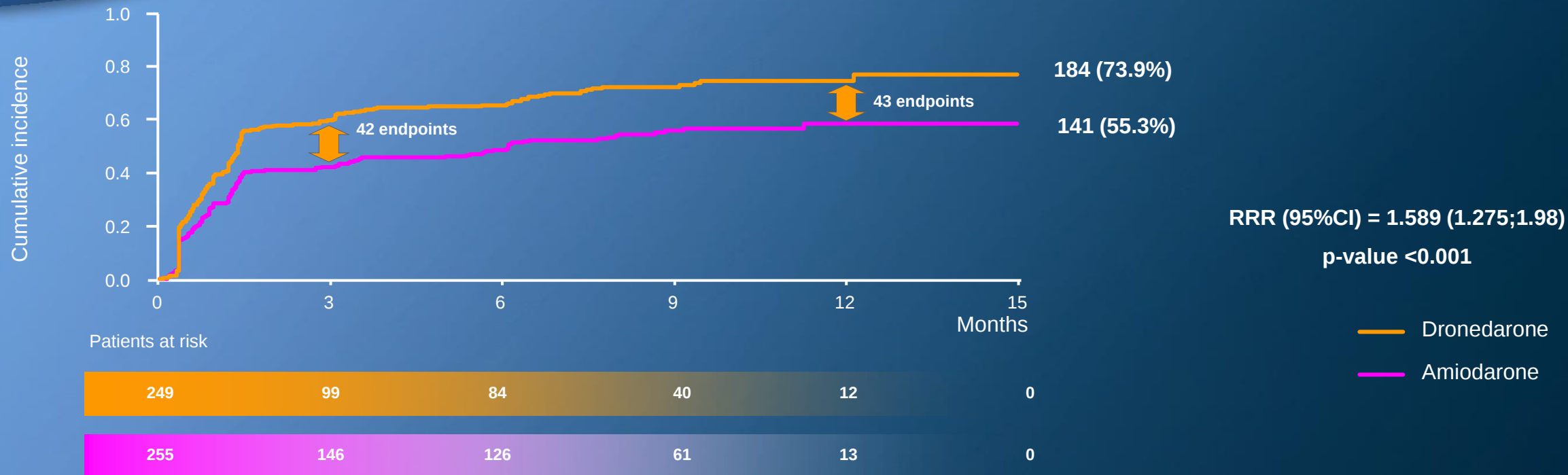
Hohnloser SH, et al. N Engl J Med. 2009;360:668-78

Connolly S. et al. N Engl J Med 2011 Dec 15;365(24):2268-76

Studio Pallas

- Pazienti più severi
- Maggior parte dei casi con morte improvvisa erano in terapia con digitale
- Nessun farmaco antiaritmico presenta indicazioni specifiche al suo impiego nei pazienti con FA permanente.

Primary Endpoint: More AF Events But Less Early Discontinuation With Dronedarone



	Dronedarone (n=249)	Amiodarone (n=255)
Number of patients with endpoint	184 (73.9%)	141 (55.3%)
ECG documented AF endpoint	158 (63.5%)	107 (42.0%)
Documented AF after conversion	91 (36.5%)	62 (24.3%)
Unsuccessful electrical cardioversion	29 (11.6%)	16 (6.3%)
No spontaneous conversion and no electrical cardioversion on day 10 to day 28	38 (15.3%)	29 (11.4%)
Premature study drug discontinuation	26 (10.4%)	34 (13.3%)
Lack of efficacy	1 (0.4%)	0
Intolerance	25 (10.0%)	34 (13.3%)

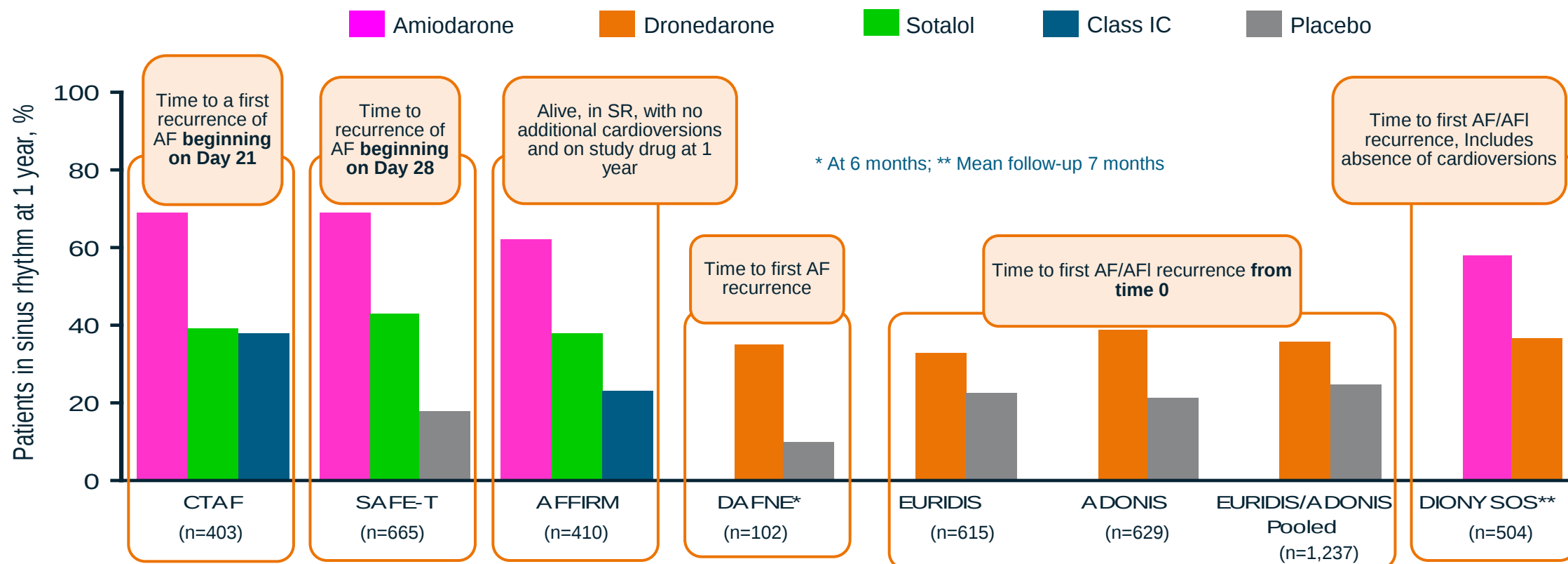


DIONYSOS: NUMBER OF PATIENTS WITH AT LEAST 1 HEPATIC TEAE

Hepatic TEAE	Dronedarone 400 mg BID (N=249)	Amiodarone 600 mg for 28 days, then 200 mg OD (n=255)
TEAE	22 (8.8%)	14 (5.5%)
SAE	2 (0.8%)	2 (0.8%)
AE + discontinuation	7 (2.8%)	6 (2.4%)
SAE + death	0 (0.0%)	0 (0.0%)

- 2 patients in the dronedarone group:
 - 1 acute hepatic failure, probably due to cardiogenic shock
 - 1 acute hepatic failure in a patients with pancreas neoplasia
- 2 patients in the amiodarone group:
 - 1 colangitis
 - 1 acute cholecystitis

Maintenance of sinus rhythm: Data from various clinical studies



Adapted from:

1. Camm AJ, Savelieva I. Future Prescriber 2009; 10 (1): 24-32.
2. Roy D, et al. N Engl J Med 2000;342:913-20.
3. Singh BN, et al. N Engl J Med 2005;352:1861-72.
4. AFFIRM Investigators. J Am Coll Cardiol 2003;42:20-9.

5. Touboul P, et al. Eur Heart J. 2003;24(16):1481-7.
6. Singh BN, et al. N Engl J Med 2007;357:987-99.
7. Le Heuzey JY, et al. J Cardiovasc Electrophysiol. 2010 1;21(6):597-605.

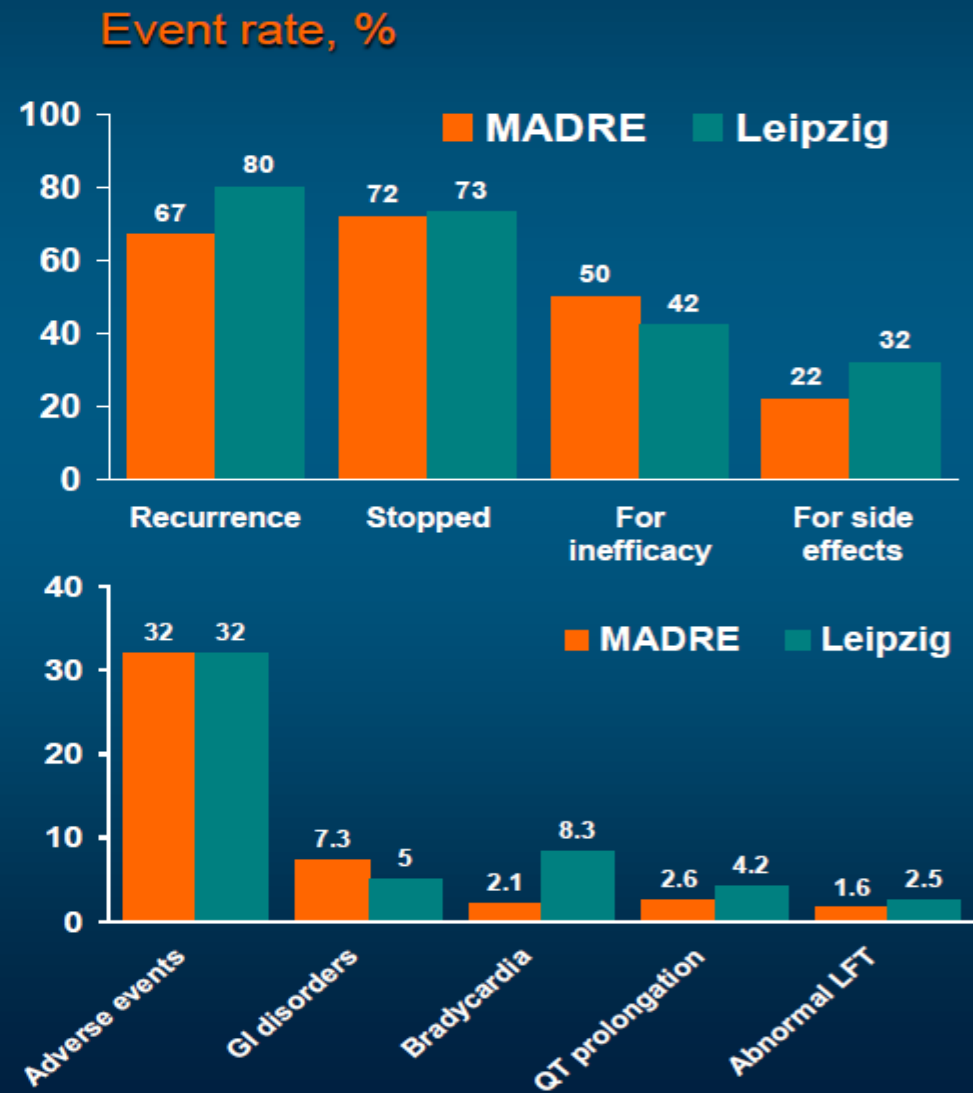
Post-market Experience: Magdeburg and Leipzig Registries

Registry	Magdeburg (MADRE)	Leipzig
# patients	191	120
Age, yrs	63 ± 10	67 ± 9
PAF, %	63	34
Duration, yrs	3.6 ± 4.1	6.1 ± 6.8
HTN, %	66	93
CAD, %	22	17
Prior AAD, %	63	19
Prior PVI	0	28
Follow-up, mos	14.3 ± 4.9	6-9

More effective in non-lone AF (62% vs 84%),
U-shape relationship with LA size

Said SM, et al. *Int J Cardiol* 2013;167:2600-4

Said SM, et al. *JCP* 2013;53:841-5



Recommendations regarding dronedarone	Class ^a	Level ^b
Dronedarone is recommended in patients with <u>recurrent AF</u> as a moderately effective antiarrhythmic agent for the maintenance of sinus rhythm.	I	A
Dronedarone should be considered in order to reduce cardiovascular hospitalizations in patients with <u>non-permanent AF</u> and cardiovascular risk factors.	IIa	B
Dronedarone is <u>not recommended</u> for treatment of AF in patients with NYHA class III and IV, or with recently unstable (decompensation within the prior month) NYHA class II heart failure.	III	B
Dronedarone is <u>not recommended</u> in patients with <u>permanent AF</u>	III	B



Dronedarone: una reale innovazione o solo una valida seconda scelta? Come districarsi tra linee guida, agenzie regolatorie e pratica clinica quotidiana

Alessandro Capucci¹, Federico Guerra¹, Cesare Antenucci², Roberto Antonicelli³, Paolo Bocconcelli⁴, Giuseppe Boriani⁵, Paolo Busacca⁶, Nino Ciampani⁷, Stefano Della Casa⁸, Domenico Gabrielli⁹, Marcello Galvani¹⁰, Massimo Margheri¹¹, Francesco Melandri¹², Maria Grazia Modena¹³, Gian Piero Perna¹⁴, Pierluigi Pieri¹⁵, Giancarlo Piovaccari¹⁶, Andrea Pozzolini¹⁷, Claudio Rapezzi¹⁸, Giovanni Quinto Villani¹⁹

Less effective than amiodarone, but similar efficacy when compared to other AADs.

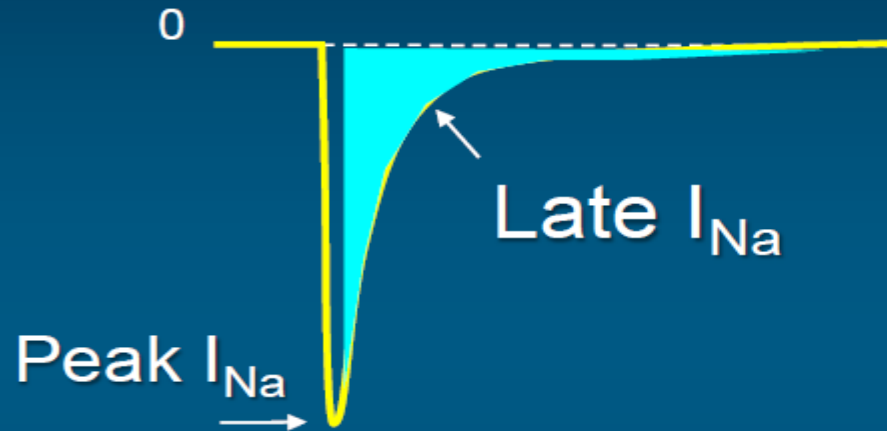
Low risk profile in patients with mild structural cardiopathy and non permanent AF.

Avoid in permanent AF, heart failure NYHA class III and IV, acute heart failure or hepatic or renal failure amiodarone-related.

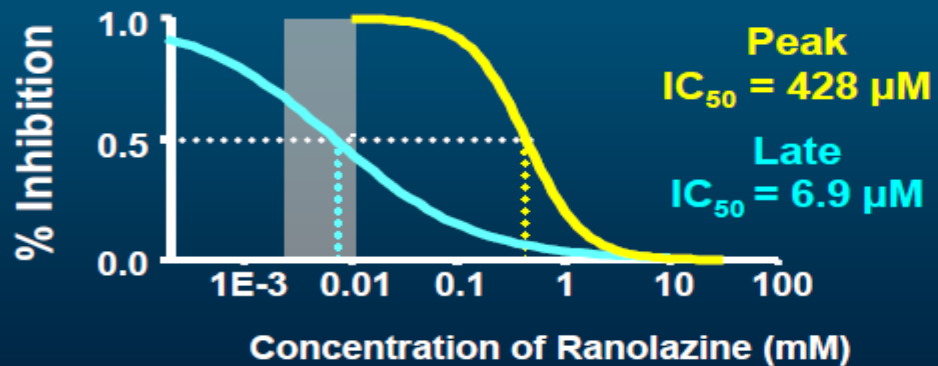
RANOLAZINA

Ranolazine

Sodium Current

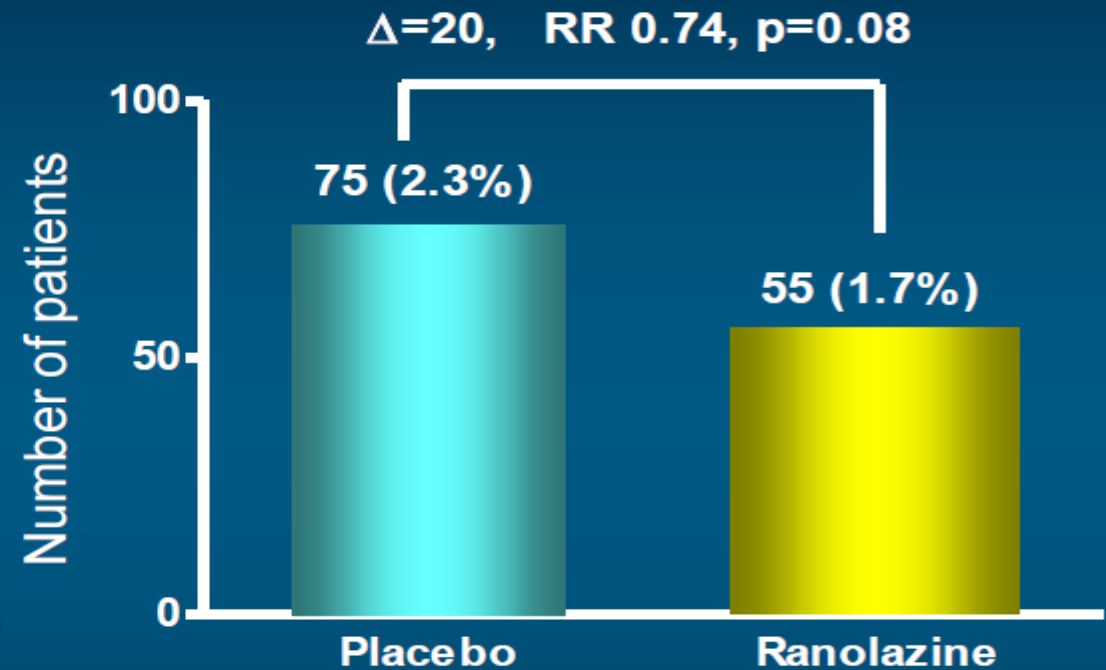


Human Cardiac NaCh in HEK293 Cells



Rajamani S., et al., *Eur Heart J.* 28(1) 2007

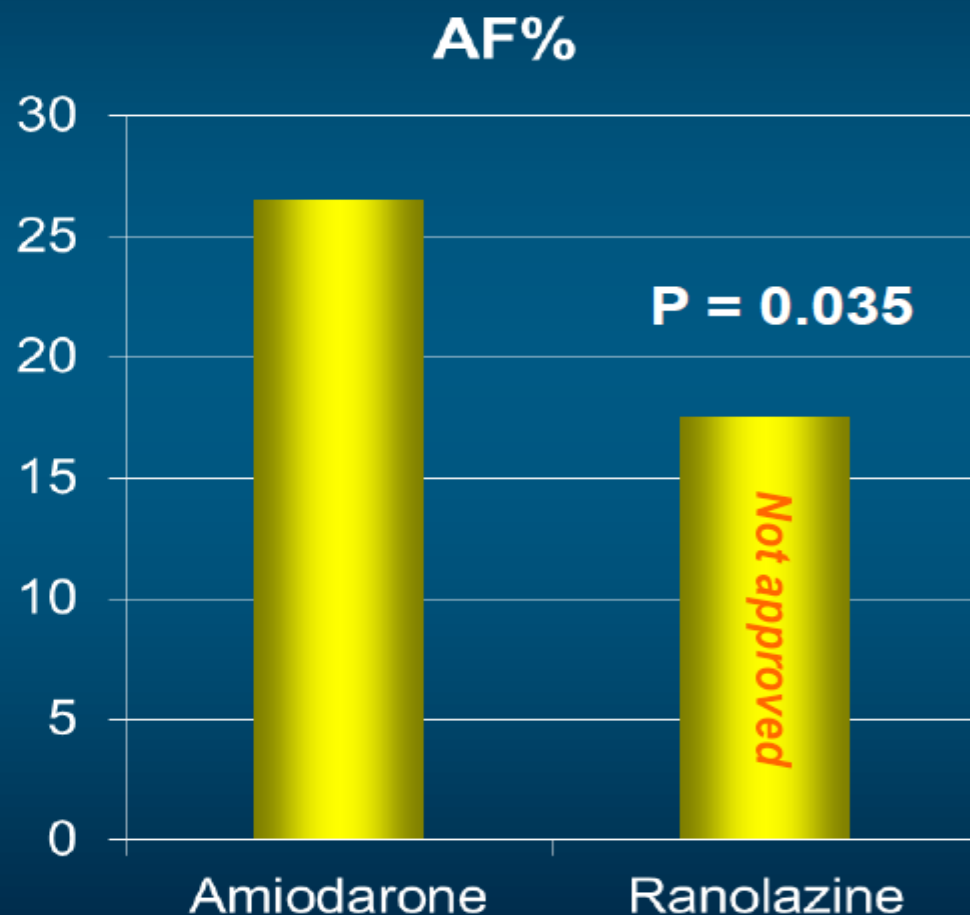
New-Onset Atrial Fibrillation



Scirica et al. *Circulation.* 2007;116:1449-1457.

RANOLAZINE VS AMIODARONE

- Retrospective cohort study
- 393 pts undergoing CABG
- Amiodarone (400 mg preoperative followed by 200 mg twice daily for 10–14 days) - N=211 (53.7%)
- Ranolazine (1,500 mg preoperative followed by 1,000 mg twice daily for 10–14 days) - N=182 (46.3%)
- Mean age 65 ± 10 years, 72% male



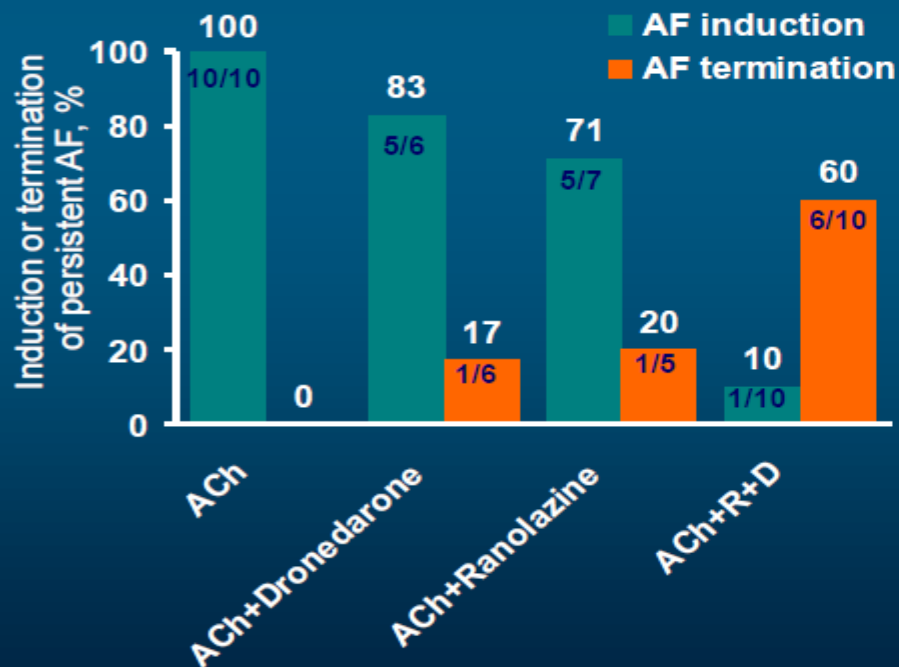
CABG=coronary artery bypass grafting

Murdock D, et al. ACC Abstracts 2011, New Orleans, LA, USA

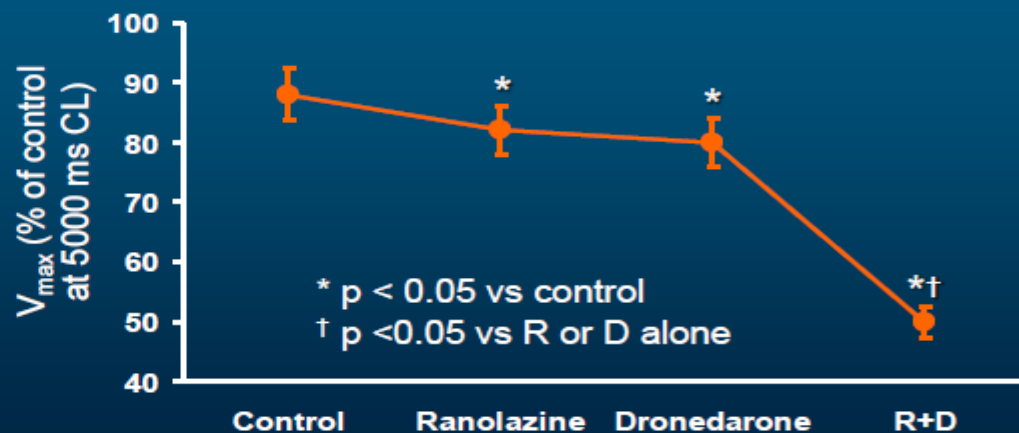
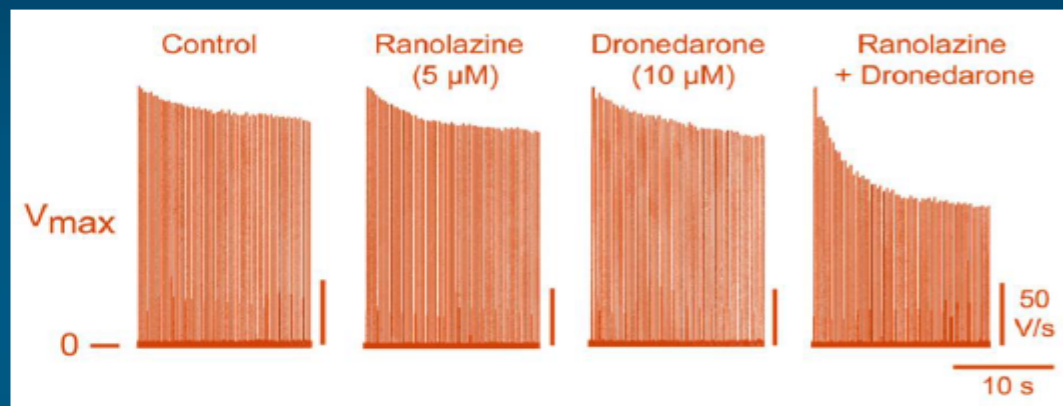
Ranolazine associated independently
with a reduction of post-op AF

RANOLAZINE + DRONEDARONE

- Canine isolated coronary-perfused RA, LA, PV, and LV preparations
- Ranolazine 5 $\mu\text{mol/L}$
- Dronedarone 10 $\mu\text{mol/L}$

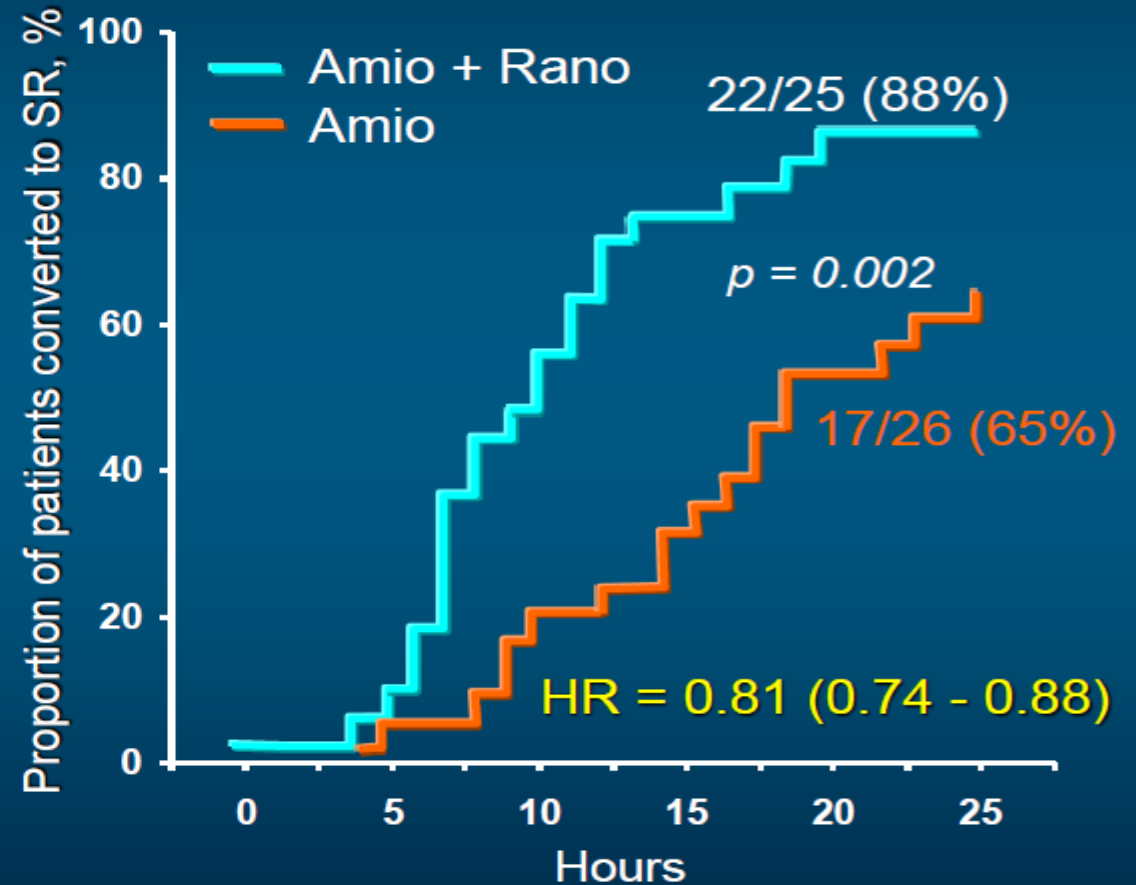


Pulmonary vein preparations



RANOLAZINE + AMIODARONE

- Pilot RCT
- N = 51 with AF < 48 h
- Age 63 ± 8 years, 65% men
- HTN 68–77%, CAD 20–27%
- I.V. amio 5 mg/kg for 1 h followed by infusion of 50 mg/h for 24 h
- I.V. amio + ranolazine 1,500 mg p.o.
- 1° EP: conversion within 24 h



SR=sinus rhythm

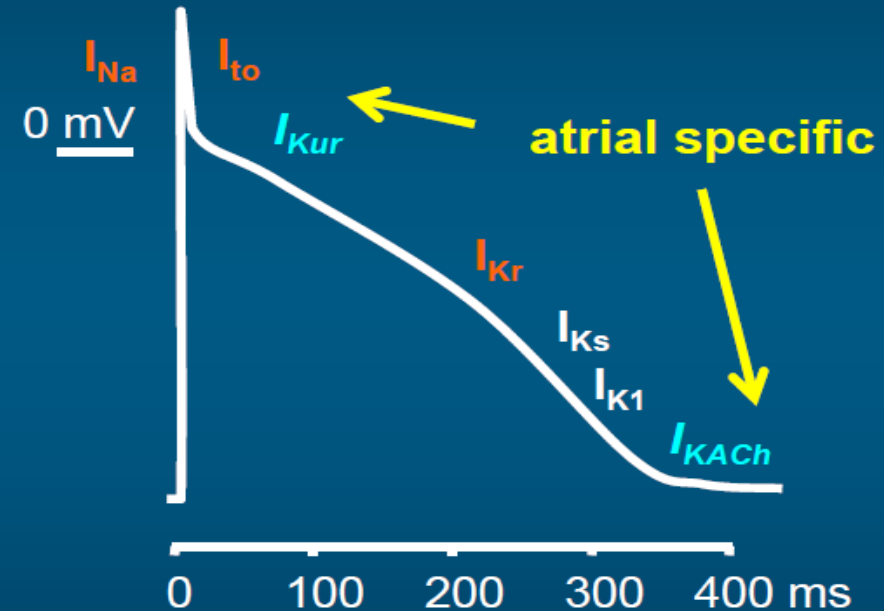
Fragakis N, et al. Am J Cardiol 2012;110:673–7

Median time to conversion:
18 h (Amio) vs 10 h (Amio+Rano)

VERNAKALANT

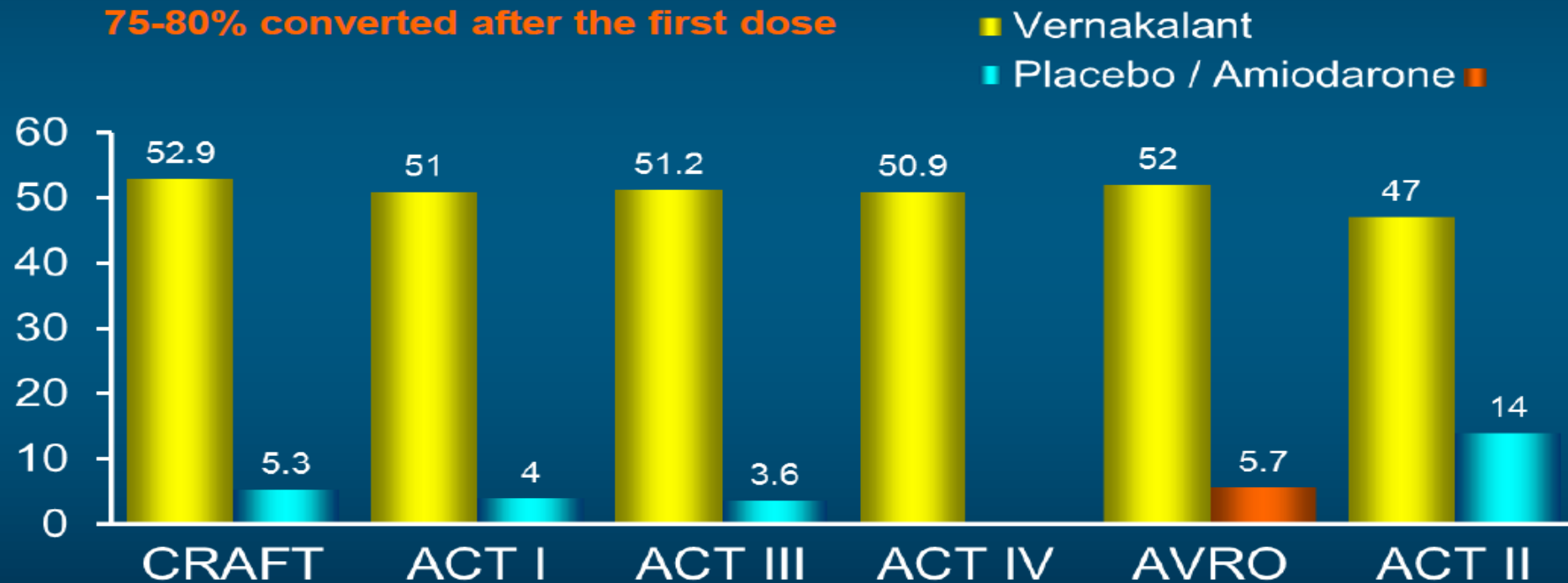
VERNAKALANT

- **Unique ion channel-blocking profile**
 - Frequency- and voltage-dependent I_{Na} block
 - Early activating K^+ block (I_{Kur} , I_{to})
 - I_{KACh} block
- Rate enhanced decrease in conduction velocity
- **Atrial-selective APD/ERP prolongation**
- Little effect on ventricular repolarization
- Mean elimination $t_{1/2}$: ~3 hours
- **Minimal adverse hemodynamic effects**



VERNAKALANT – AF cardioversion-

Median time to conversion 8-14 minutes
75-80% converted after the first dose



Roy D, et al. JACC 2004;44:2355-61

Roy D, et al. Circulation 2008;117:1518-25

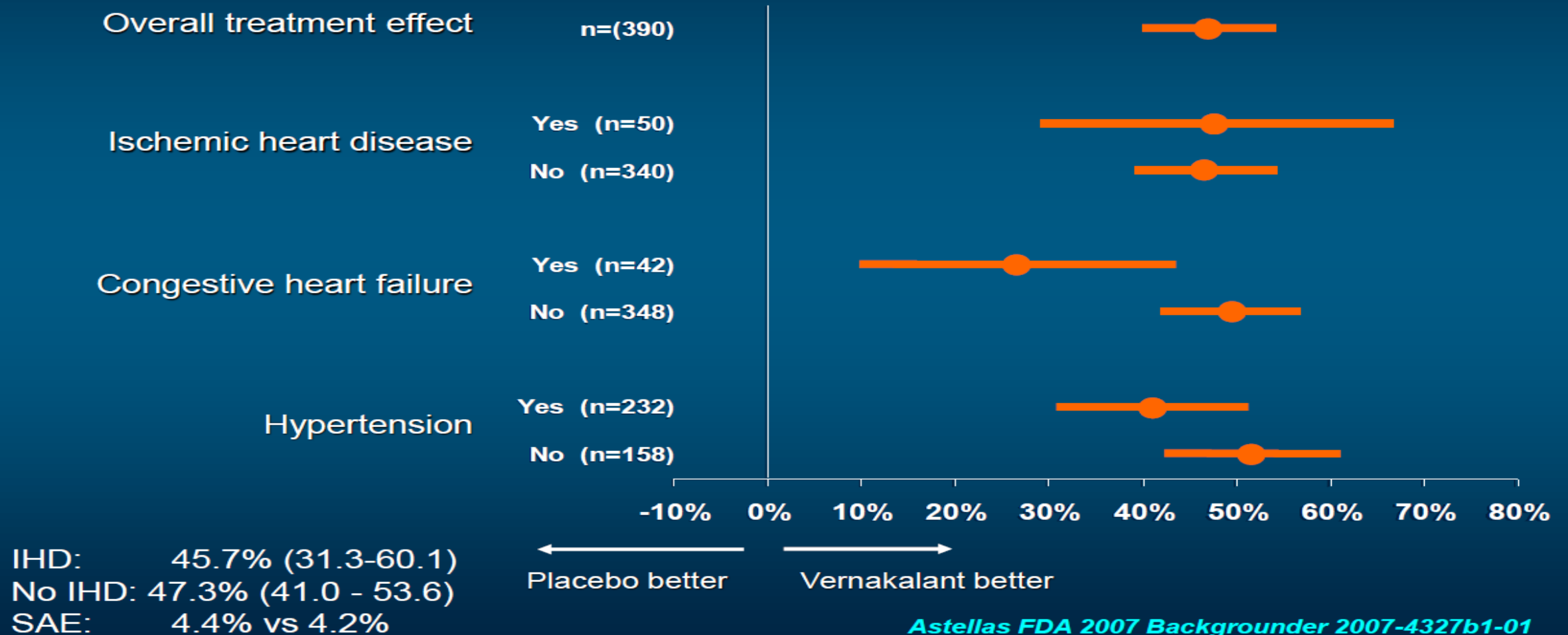
Pratt CM, et al. AJC 2010;106:1277-83

Stiell IG, et al. AHJ 2010;159:1095-101

Camm AJ, et al. JACC 2011;57:313-21

Kowey PR, et al. Circ Arrhyth Electrophysiol 2009;2:652-9

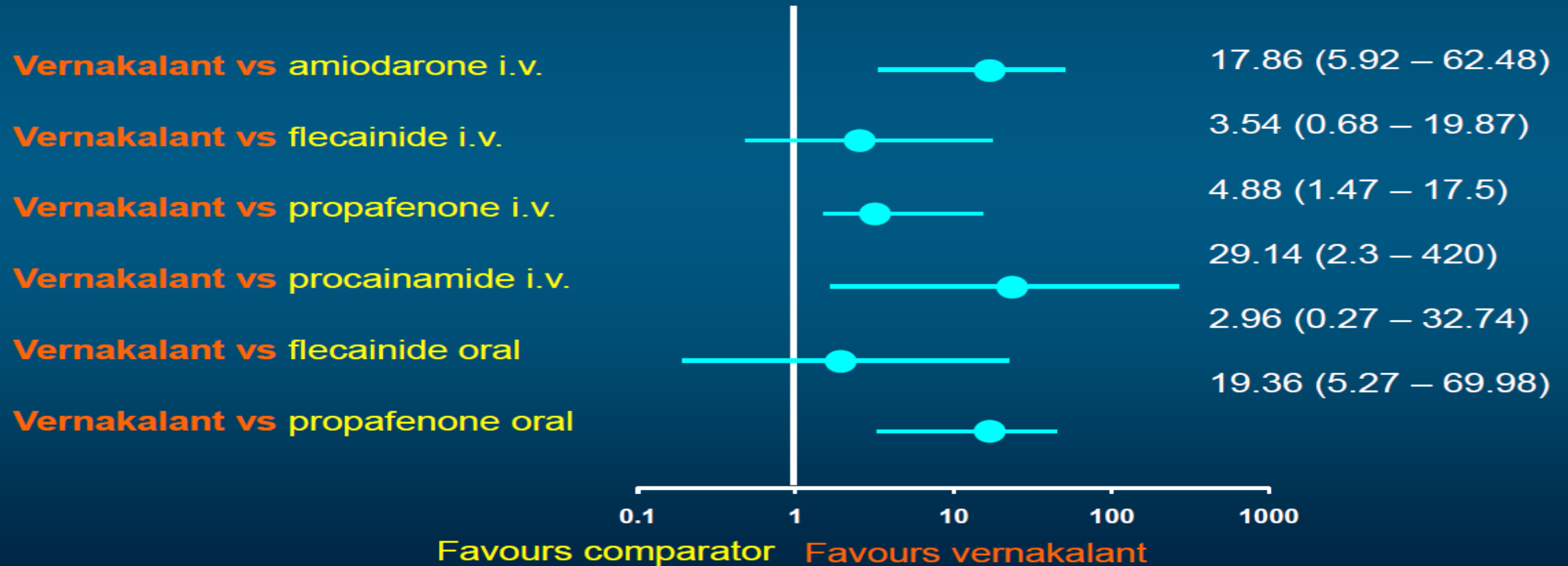
ACT I and ACT III studies



Astellas FDA 2007 Backgrounder 2007-4327b1-01
Torp-Pedersen C, et al. *Int J Cardiol* 2011;doi:10.1016/j.ijcard.2011.10.108

VERNAKALANT CARDIOVERSION VS OTHERS AADs

- 22 studies, 2410 patients with "short-duration" AF
- 1° endpoint: conversion within 2 h
- Pair-wise comparison against placebo, Bayesian MTC



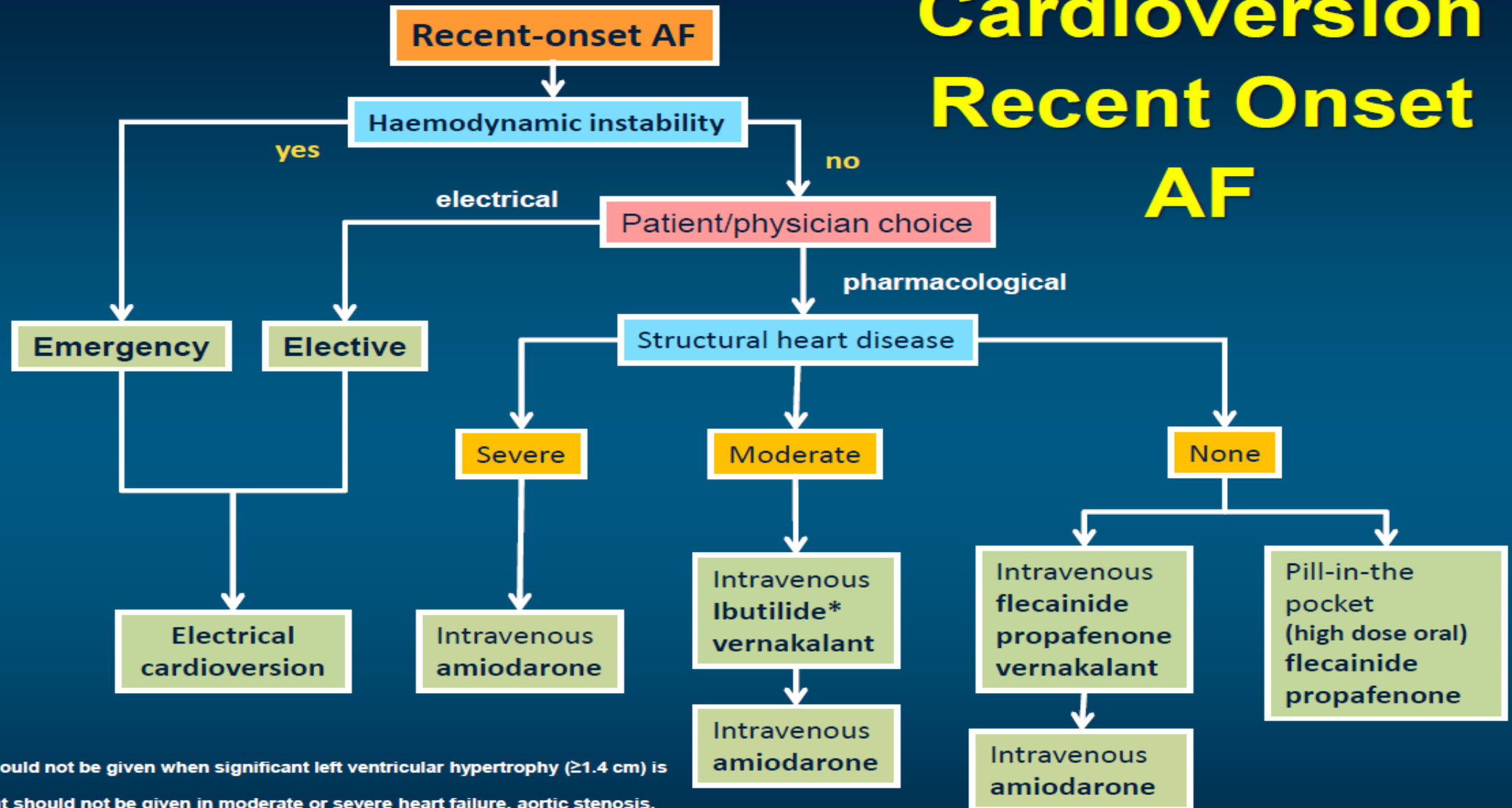
VERNAKALANT- Adverse effects

Adverse effect	Incidence and warnings
Hypotension	Vernakalant vs placebo: 5.8% vs 3.6%, severe 1.2% vs 0.6% Usually transient (15-20 min) Greater risk in patients with CHF (16.1% vs 4.7%) Do not use if SBP < 100 mm Hg
Ventricular arrhythmia	6.3% vs 5.3% at 2 h Patients with CHF had higher incidence of ventricular arrhythmia (7.3% vs 1.6%) No drug-related torsades
Bradycardia	Predominantly at the time of conversion to SR (1.8%) Responded well to vernakalant discontinuation (0.5%) and/or administration of atropine
Atrial flutter	As a transitional rhythm in 8.6-12.7%, as AE in 1% Majority of patients with AFL continue to convert to SR Electrical cardioversion for the remaining patients No 1:1 atrioventricular conduction
ECG intervals	QTc increased by 20-25 ms QRS increased by 8 ms Do not use if baseline QT > 440 ms
Concomitant Rx	~ 76% received beta-blockers, calcium antagonists, or digoxin ~ 24% AAD within 24 h No difference in conversion rates and adverse effects

Recommendations for pharmacological cardioversion of recent-onset AF

Recommendations	Class	Level
When pharmacological cardioversion is <u>preferred</u> and there is <u>no or minimal structural heart disease</u> , intravenous flecainide, propafenone, ibutilide, or <u>vernakalant</u> are recommended.	I	A
In patients with AF ≤ 7 days and <u>moderate structural heart disease</u> (but without hypotension < 100 mm Hg, NYHA class III or IV heart failure, recent [< 30 days] <u>ACS</u> , or severe aortic stenosis) intravenous <u>vernakalant</u> may be considered. Vernakalant should be used with <u>caution</u> in patients with NYHA class I–II heart failure.	IIb	B
Intravenous vernakalant may be considered for cardioversion of <u>postoperative AF</u> ≤ 3 days in patients after cardiac surgery.	IIb	B

Cardioversion Recent Onset AF



*Ibutilide should not be given when significant left ventricular hypertrophy (≥ 1.4 cm) is present.

^bVernakalant should not be given in moderate or severe heart failure, aortic stenosis, acute coronary syndrome or hypotension. Caution in mild heart failure.

^c 'Pill-in-the-pocket' technique – preliminary assessment in a medically safe environment and then used by the patient in the ambulatory setting.

CONCLUSION

- AF THERAPY DID NOT HAVE ANY MAJOR SUCCESS % ADVANCE IN THE LAST YEARS DESPITE THE PRESENCE OF FEW NEW AAD AND THE ADVENT OF ABLATION PROCEDURES
- WE LEARNT HOWEVER THAT DIFFERENT AF TYPES AND COMORBIDITIES MAY MAKE AN IMPORTANT DIFFERENCE IN TERM OF THERAPEUTIC EFFICACY AND RESPONCES
- A FULL pros /cons DRUGS AND ABLATION PROCEDURES KNOWLEDGE IS THEREFORE MANDATORY
- AAD MAINTAIN AN IMPORTANT ROLE IN THIS CLINICAL COMPLEX CONTEXT



GRAZIE PER L'ATTENZIONE

