

# Conflict of Interest and Funding

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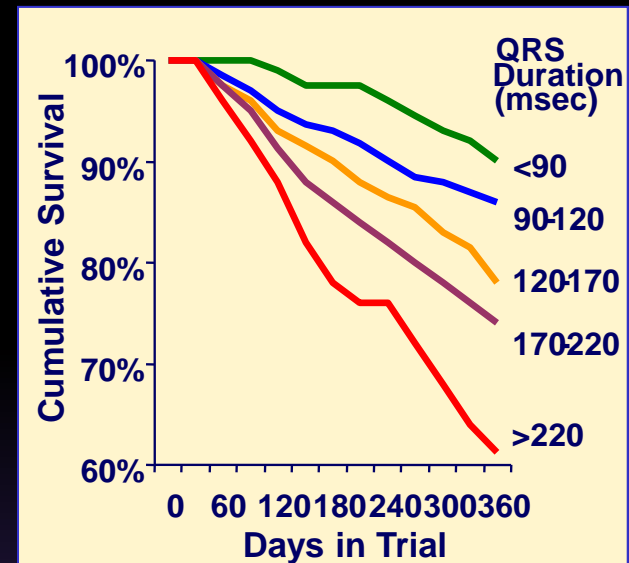
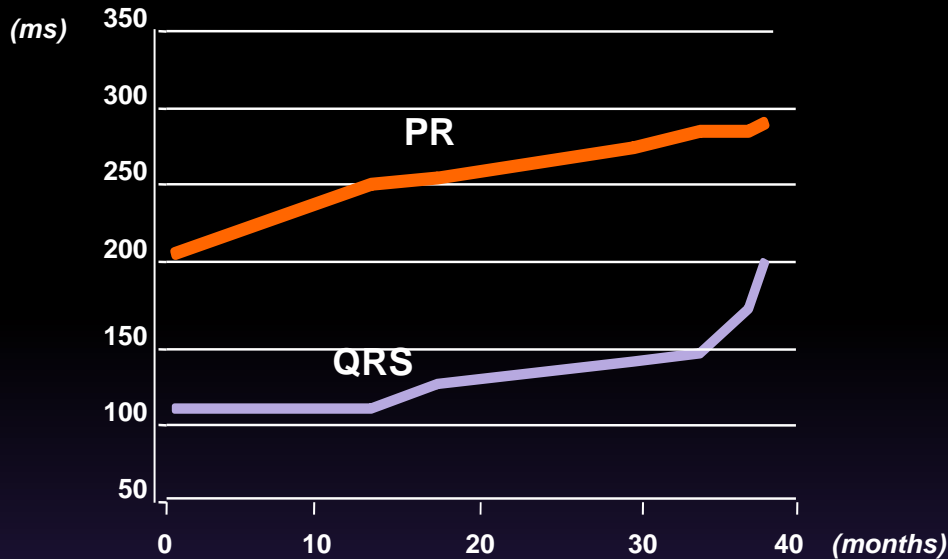
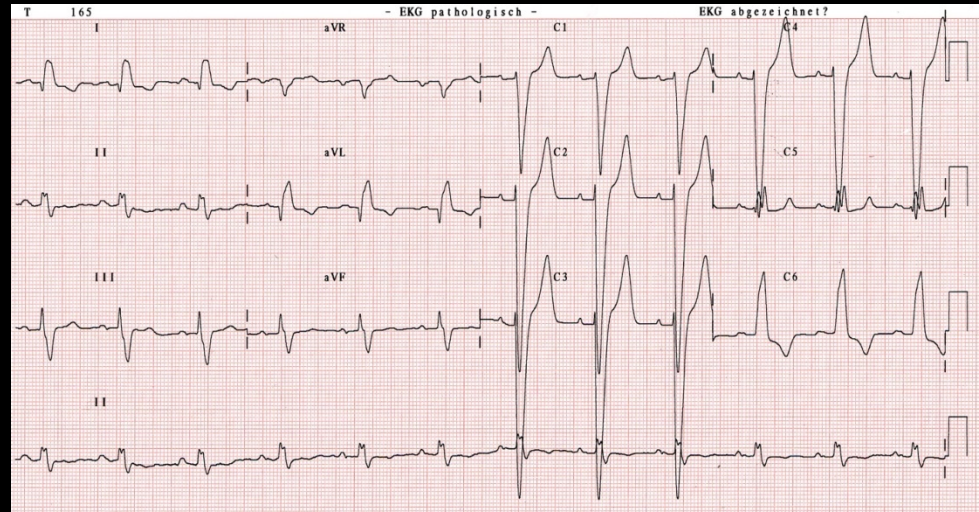
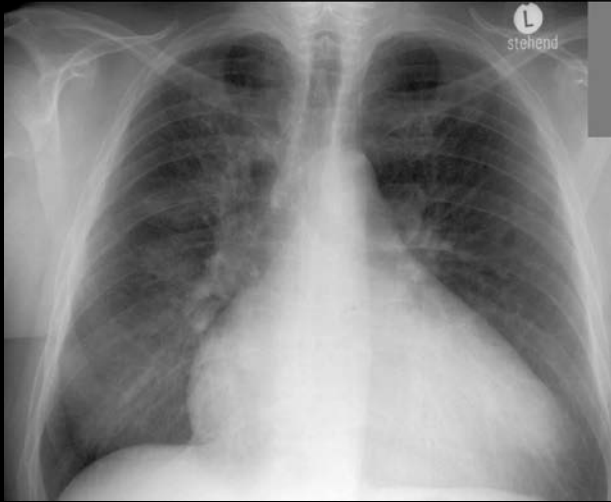
- Speaking honorarium: MEDA pharma, Boehringer Ingelheim
  - Consulting fees: St Jude Medical
-

# Who Should NOT get a Cardiac Resynchronization Therapy in 2013 ?

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Hôpital Cardiologique du Haut-Lévêque  
Bordeaux, France

# Electrical dyssynchrony in heart failure



Adapted from Gottipaty et al.

Study (n)	NYHA	QRS	Sinus	ICD?	Status	Results
PATH CHF (41)	III, IV	□120	Normal	No	Published	+
MIISTIC SR (58)	III	□150	Normal	No	Published	+

**+ 4000 pts included in large trials**  
**Improvement of Quality of Life, NYHA status,**  
**6MWT, peak VO<sub>2</sub>**  
**Reduction of Mortality, Hospitalizations**

<b>COMPANION (1520)</b>	<b>III, IV</b>	<b>□120</b>	<b>Normal</b>	<b>No</b>	<b>Published</b>	<b>+</b>
<b>CARE HF (814)</b>	<b>III, IV</b>	<b>□120<sup>†</sup></b>	<b>Normal</b>	<b>No</b>	<b>Published</b>	<b>+</b>
REVERSE (610)	I, II	□120	Normal	Y/N	Published	+ / -
MADIT CRT (1820)	I, II	≥ 130	Normal	Yes	Published	+
RAFT (1798)	II, III	≥120 or 200 if paced	SR, AF	Yes	Published	+

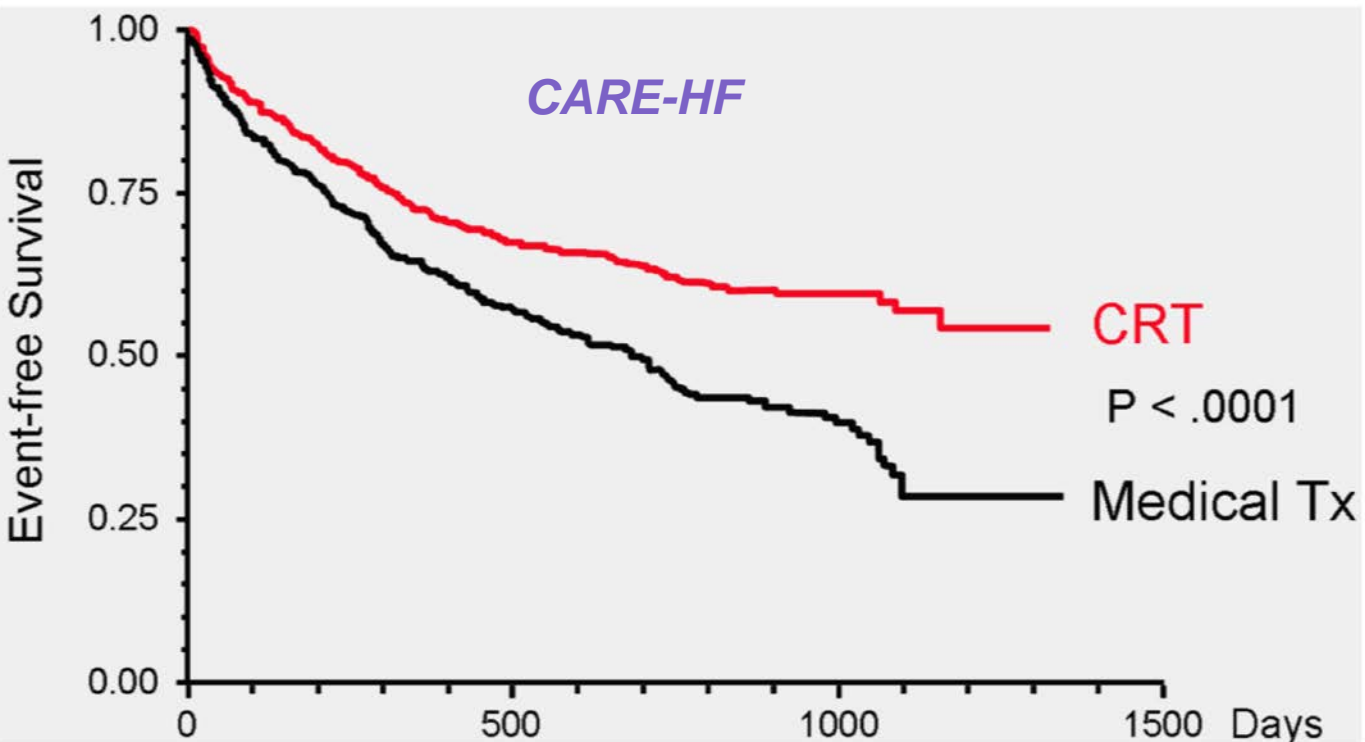
# 2013 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy

The Task Force on cardiac pacing and resynchronization therapy of the European Society of Cardiology (ESC). Developed in collaboration with the European Heart Rhythm Association (EHRA).



**2013**

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref. <sup>c</sup>
<b>1) LBBB with QRS duration &gt;150 ms.</b> CRT is recommended in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. <sup>d</sup>	I	A	48-64
<b>2) LBBB with QRS duration 120-150 ms.</b> CRT is recommended in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. <sup>d</sup>	I	B	48-64



Cleland. N Engl J Med. 2005

# 2013 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy

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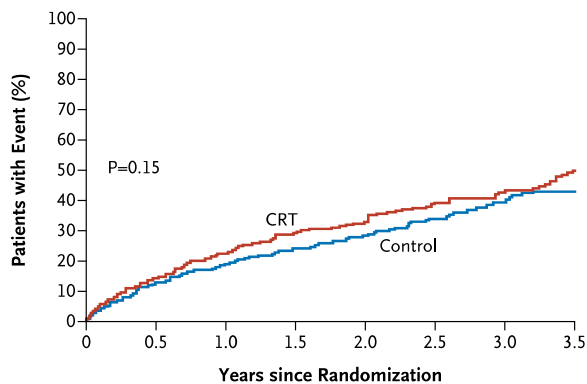
Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref. <sup>c</sup>
<p><b>3) Non-LBBB with QRS duration &gt;150 ms.</b>                      CRT should be considered in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment.<sup>d</sup></p>	<b>IIa</b>	<b>B</b>	48–64
<p><b>4) Non-LBBB with QRS duration 120–150 ms.</b>                      CRT may be considered in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment.<sup>d</sup></p>	<b>IIb</b>	<b>B</b>	48–64

## Cardiac-Resynchronization Therapy in Heart Failure with a Narrow QRS Complex

Frank Ruschitzka, M.D., William T. Abraham, M.D., Jagmeet P. Singh, M.D., Ph.D., Jeroen J. Bax, M.D., Ph.D., Jeffrey S. Borer, M.D., Josep Brugada, M.D., Ph.D., Kenneth Dickstein, M.D., Ph.D., Ian Ford, M.D., Ph.D., John Gorcsan III, M.D., Daniel Gras, M.D., Henry Krum, M.B., B.S., Ph.D., Peter Sogaard, M.D., D.M.Sc., and Johannes Holzmeister, M.D., for the EchoCRT Study Group\*

- Randomized, multicenter (115)
- Patients with HF, class III/IV
- QRS duration <130ms
- Echocardiographic evidence of LV dyssynchrony
- Stopped on March 2013
- 809 patients

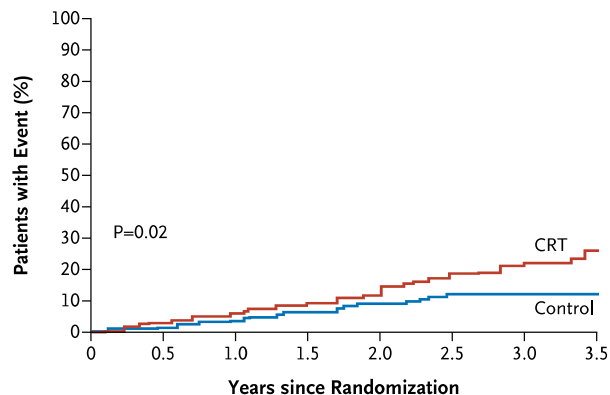
**A Primary Composite Outcome**



No. at Risk

CRT	404	297	223	155	103	65	42	19
Control	405	302	236	166	119	71	44	15

**B Death from Any Cause**



No. at Risk

CRT	404	334	267	199	132	84	56	25
Control	405	335	269	195	141	87	62	27

# 2013 ESC Guidelines on cardiac pacing and cardiac resynchronization therapy



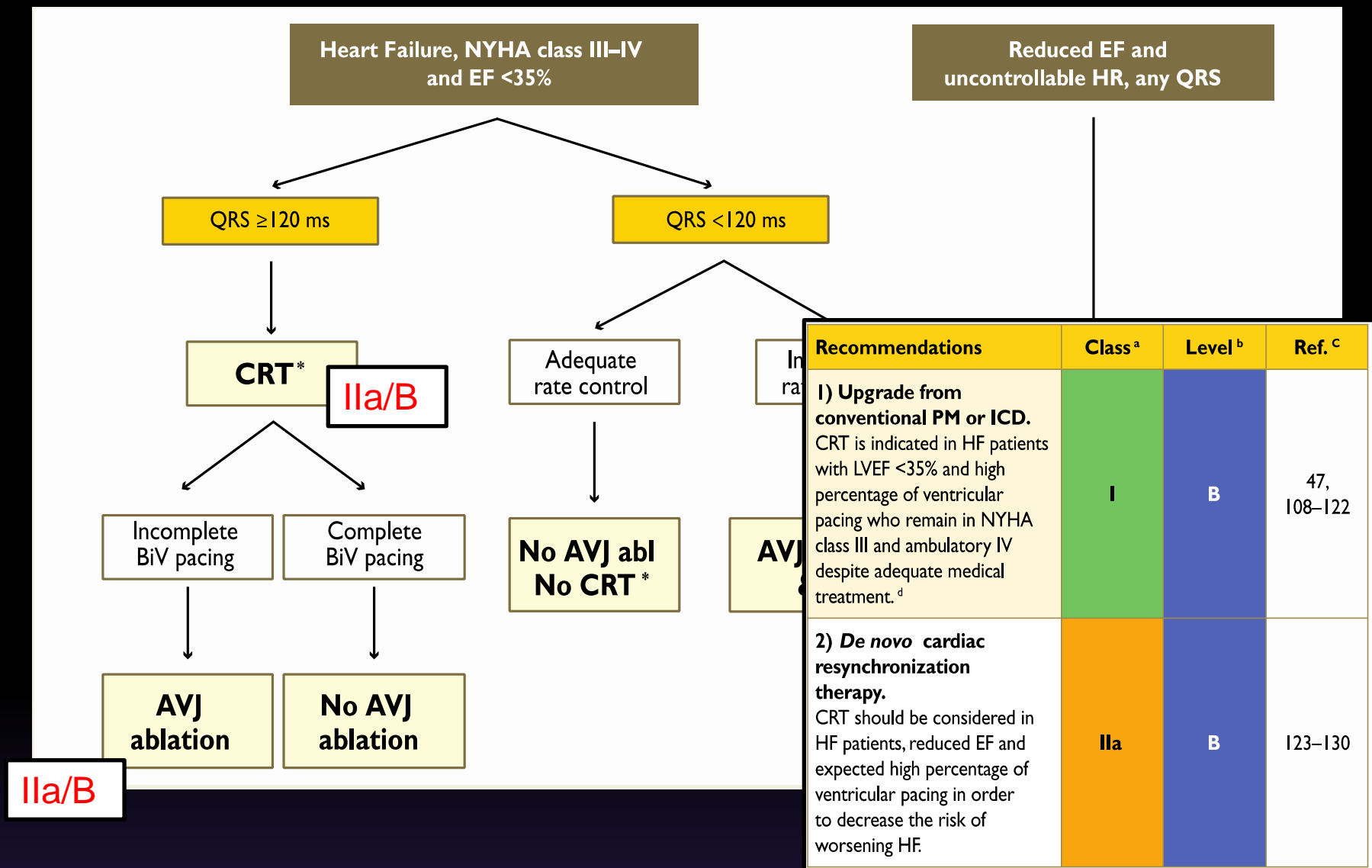
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<b>4) Non-LBBB with QRS duration 120–150 ms.</b> CRT may be considered in chronic HF patients and LVEF ≤35% who remain in NYHA functional class II, III and ambulatory IV despite adequate medical treatment. <sup>d</sup>	IIb	B	48–64

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref. <sup>c</sup>
<b>5) CRT in patients with chronic HF with QRS duration &lt;120 ms is not recommended.</b>	III	B	65, 66



# Recommendations in patients with heart failure and permanent atrial fibrillation



## Magnitude of benefit from CRT

**Highest  
(responders)**

Wider QRS, left bundle branch block, females,  
non-ischaemic cardiomyopathy

Males, ischaemic cardiomyopathy

**Lowest  
(non-responders)**

Narrower QRS, non-left bundle branch block

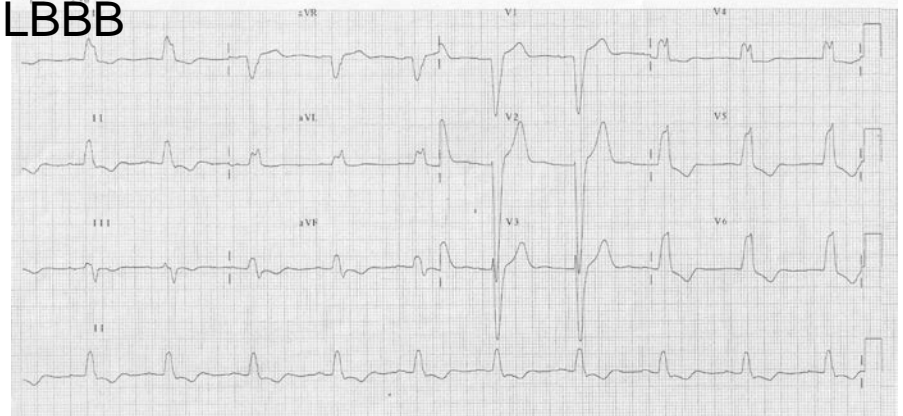
# AHA/ACCF/HRS Recommendations for the Standardization and Interpretation of the Electrocardiogram

## Part III: Intraventricular Conduction Disturbances

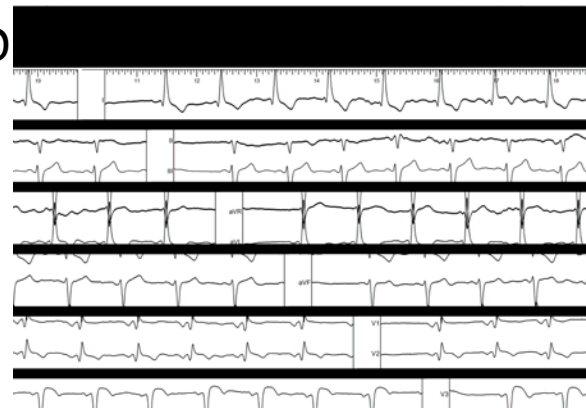
### Complete LBBB

1. QRS duration greater than or equal to 120 ms in adults, greater than 100 ms in children 4 to 16 years of age, and greater than 90 ms in children less than 4 years of age.
2. Broad notched or slurred R wave in leads I, aVL, V<sub>5</sub>, and V<sub>6</sub> and an occasional RS pattern in V<sub>5</sub> and V<sub>6</sub> attributed to displaced transition of QRS complex.
3. Absent q waves in leads I, V<sub>5</sub>, and V<sub>6</sub>, but in the lead aVL, a narrow q wave may be present in the absence of myocardial pathology.
4. R peak time greater than 60 ms in leads V<sub>5</sub> and V<sub>6</sub> but normal in leads V<sub>1</sub>, V<sub>2</sub>, and V<sub>3</sub>, when small initial r waves can be discerned in the above leads.
5. ST and T waves usually opposite in direction to QRS.
6. Positive T wave in leads with upright QRS may be normal (positive concordance).
7. Depressed ST segment and/or negative T wave in leads with negative QRS (negative concordance) are abnormal (11,12) and are discussed in part VI of this statement.
8. The appearance of LBBB may change the mean QRS axis in the frontal plane to the right, to the left, or to a superior, in some cases in a rate-dependent manner (13,14).

### LBBB



### NIVCD



# LV activation pattern in patients with narrow QRS, NICD or LBBB

47 heart failure patients referred for catheter ablation of VT

Narrow QRS: n=19

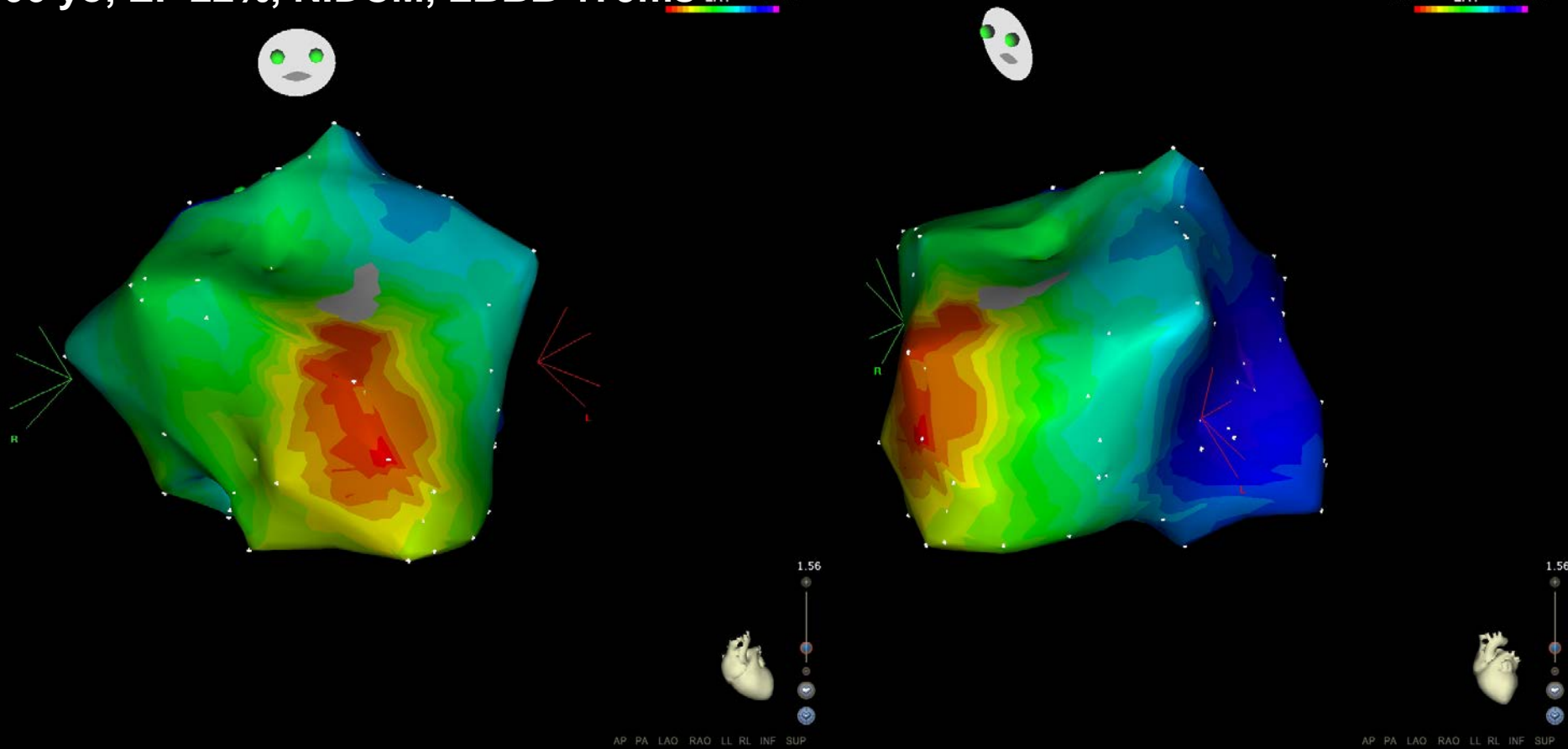
Nonspecific intraventricular conduction disturbance: n=16

Left bundle branch block: n=12

3D navigation system

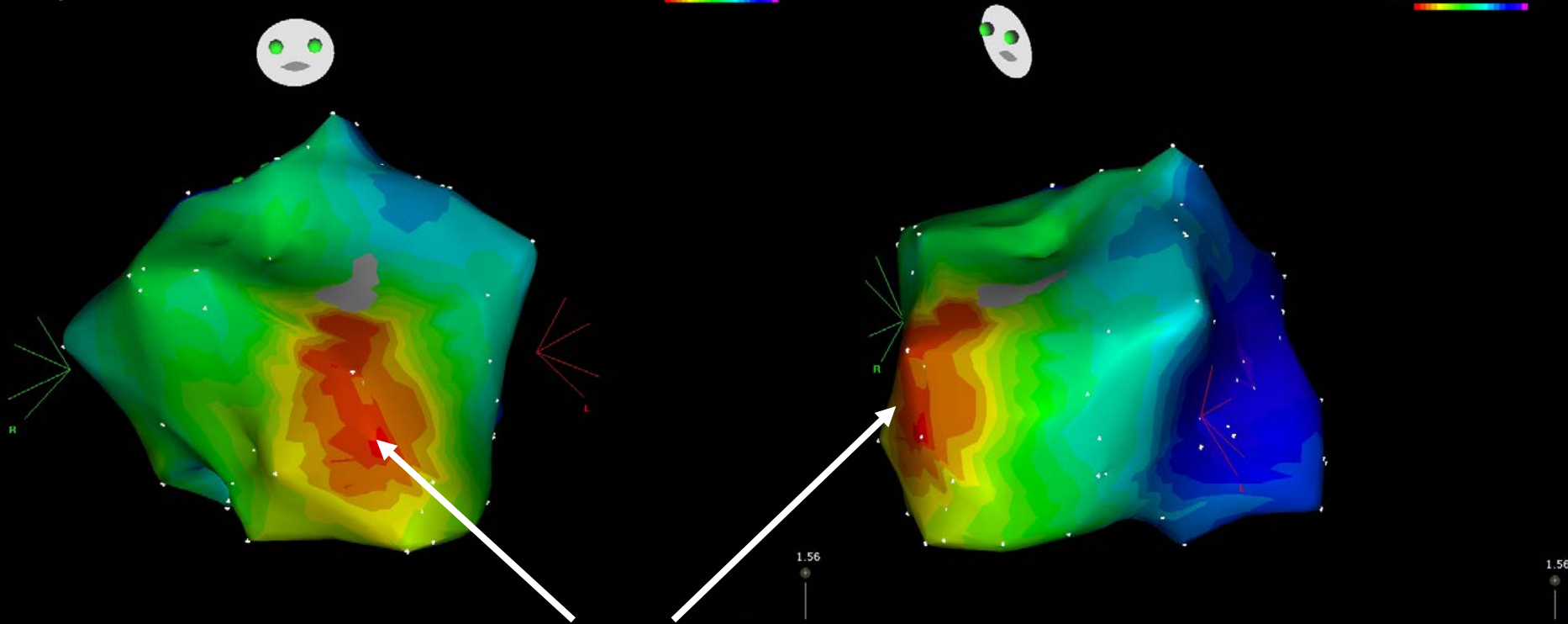
# LBBB: preliminary results

66 yo, EF 22%, NIDCM, LBBB 179ms



# LBBB: preliminary results

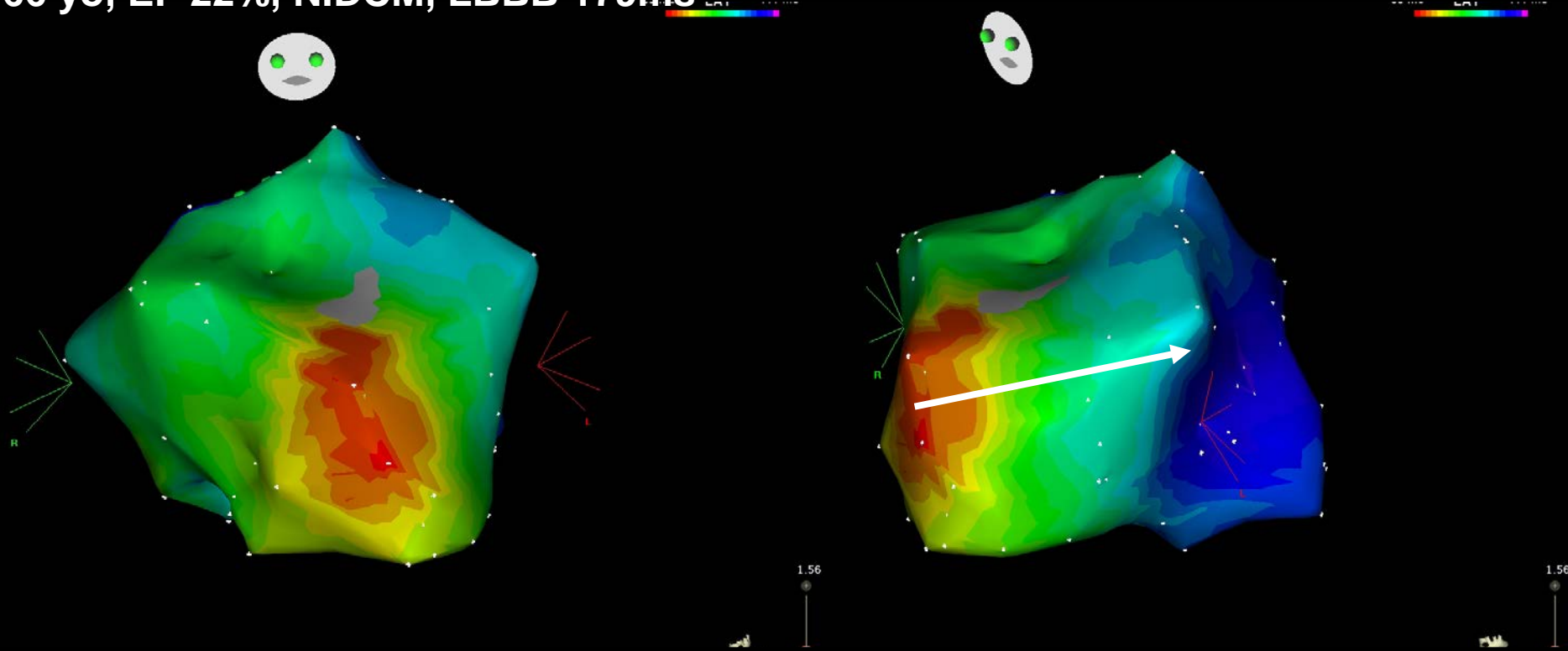
66 yo, EF 22%, NIDCM, LBBB 179ms



**Single LV breakthrough in the septum**  
**43±20 ms after the beginning of the QRS complex**  
**Prolonged right-to-left transseptal activation time**  
**Absence of direct LV Purkinje activation**

# LBBB: preliminary results

66 yo, EF 22%, NIDCM, LBBB 179ms



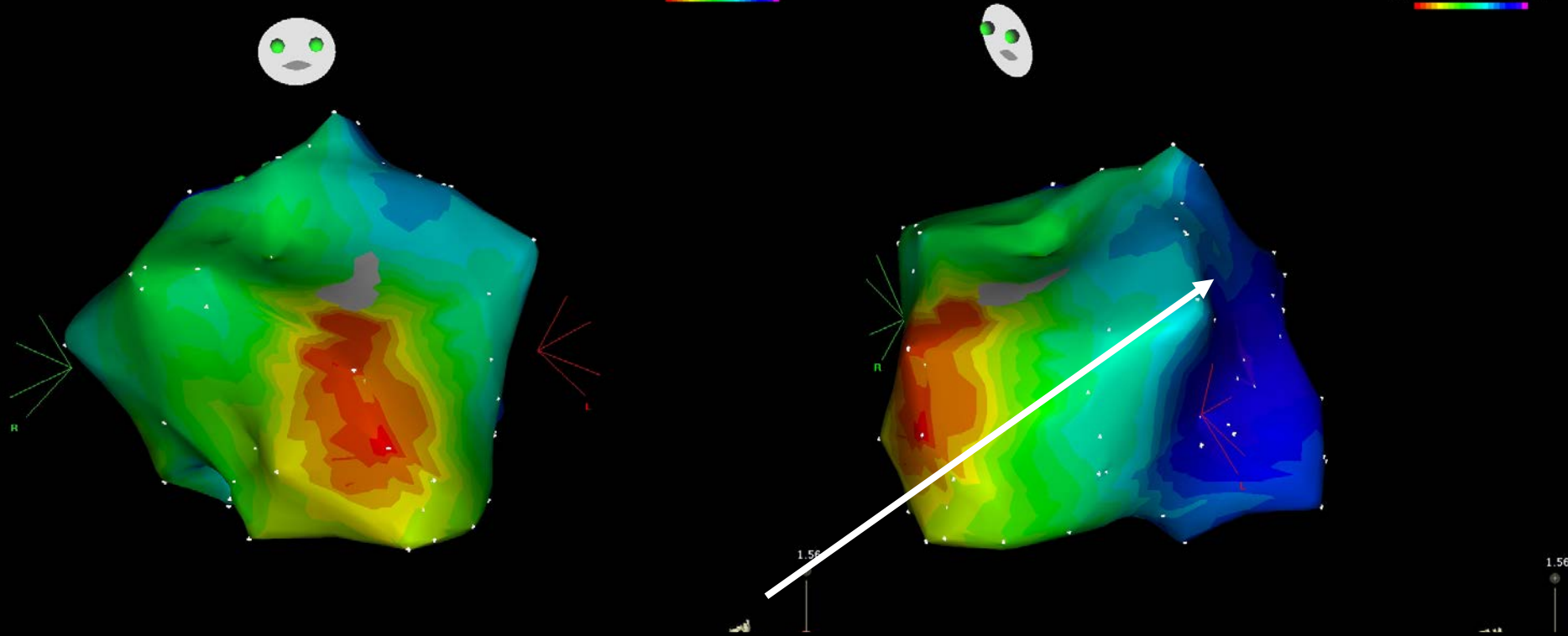
**Slow homogeneous cell-to-cell propagation inside LV cavity**

AP PA LAO RAO LL RL INF SUP

AP PA LAO RAO LL RL INF SUP

# LBBB: preliminary results

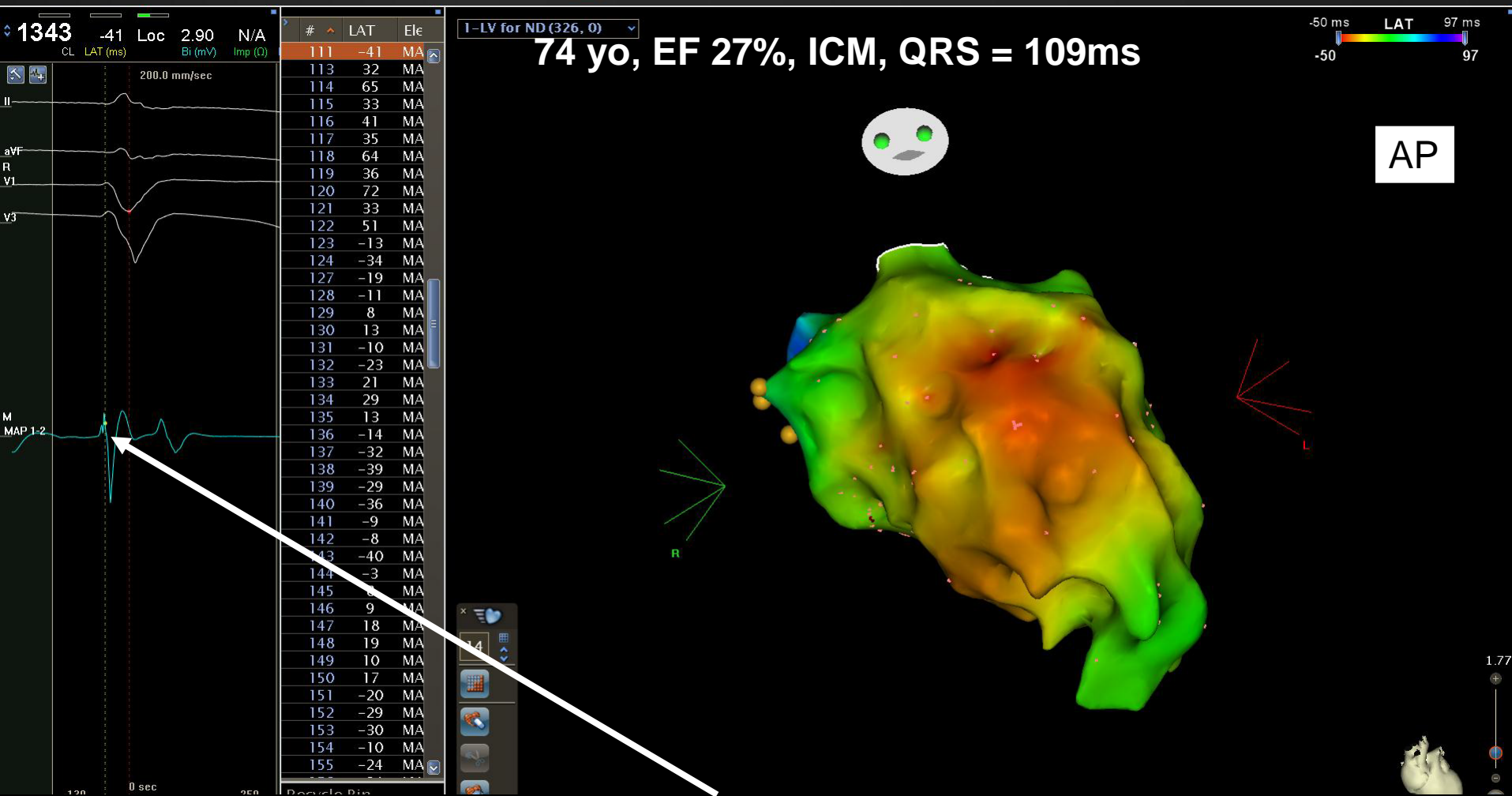
66 yo, EF 22%, NIDCM, LBBB 179ms



**Basal lateral wall as the latest activated region**



# Narrow QRS: preliminary results

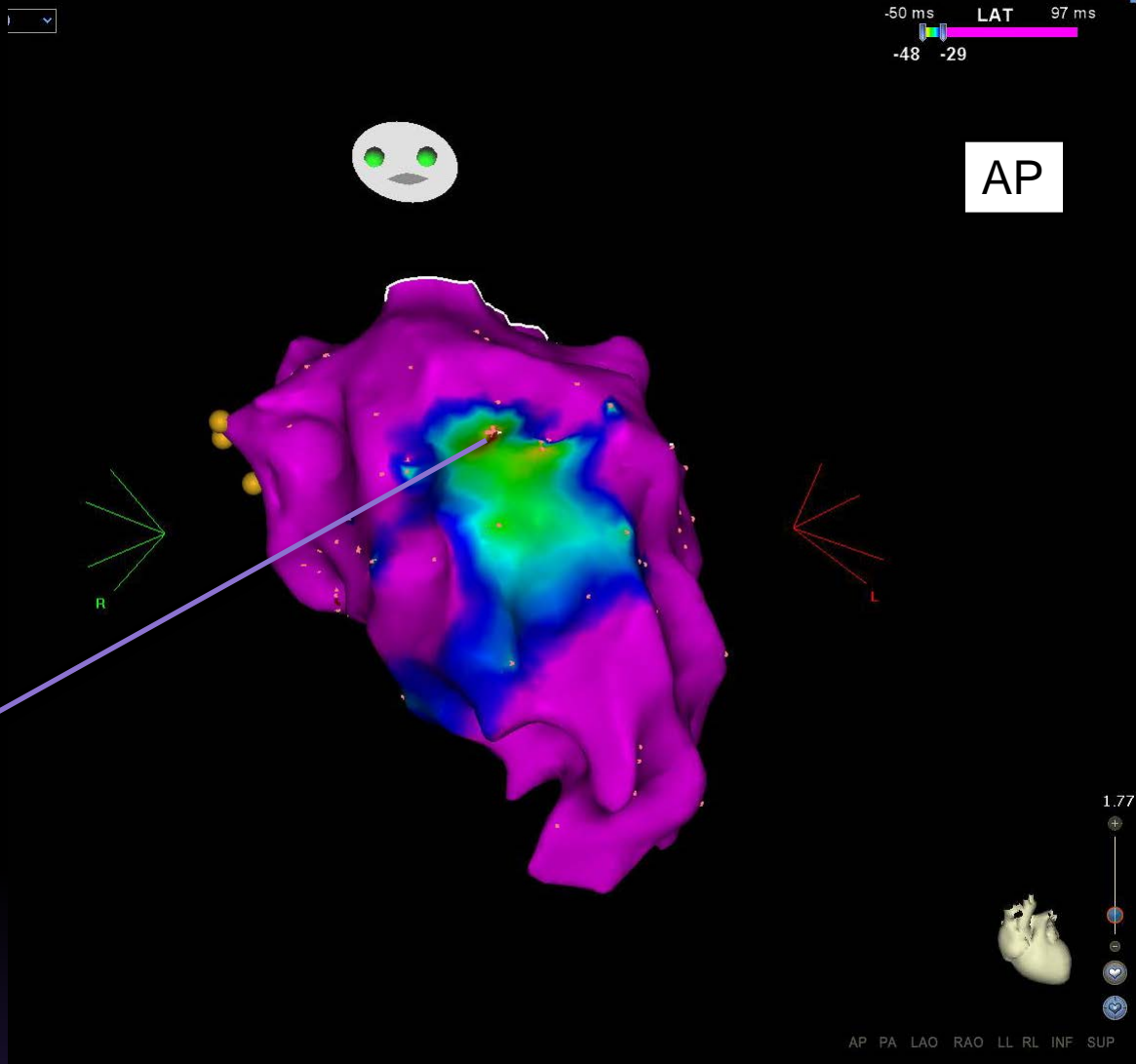
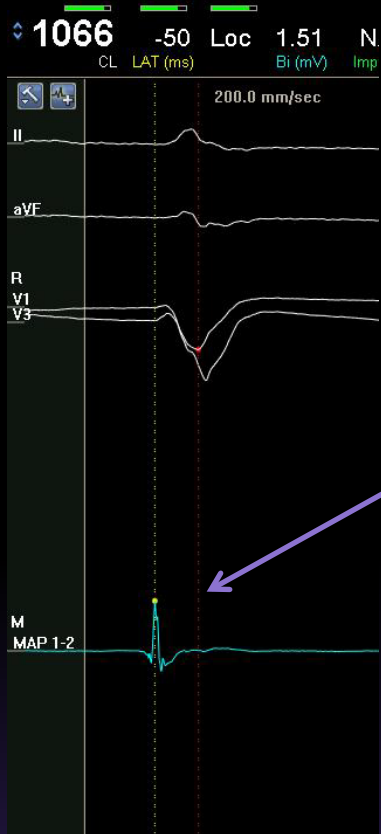


Multiple LV breakthrough ( $4 \pm 2$ )

Recording of early/preQRS LV EGMs with Purkinje potentials

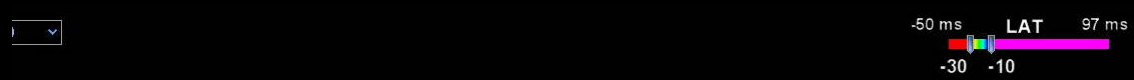
# Narrow QRS: preliminary results

T= 0 à 20ms

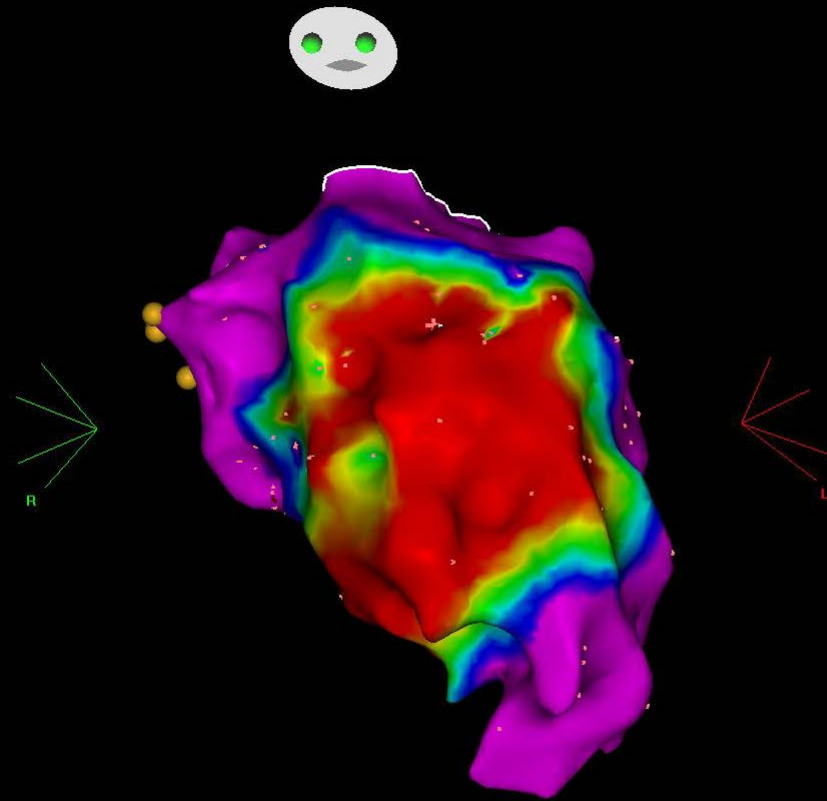


# Narrow QRS: preliminary results

T= 20 à 40ms



AP



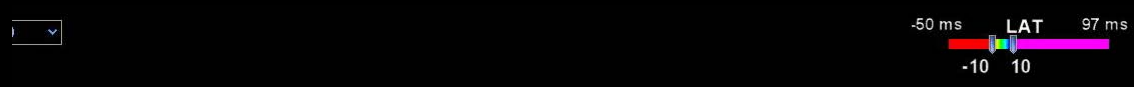
Fast propagation



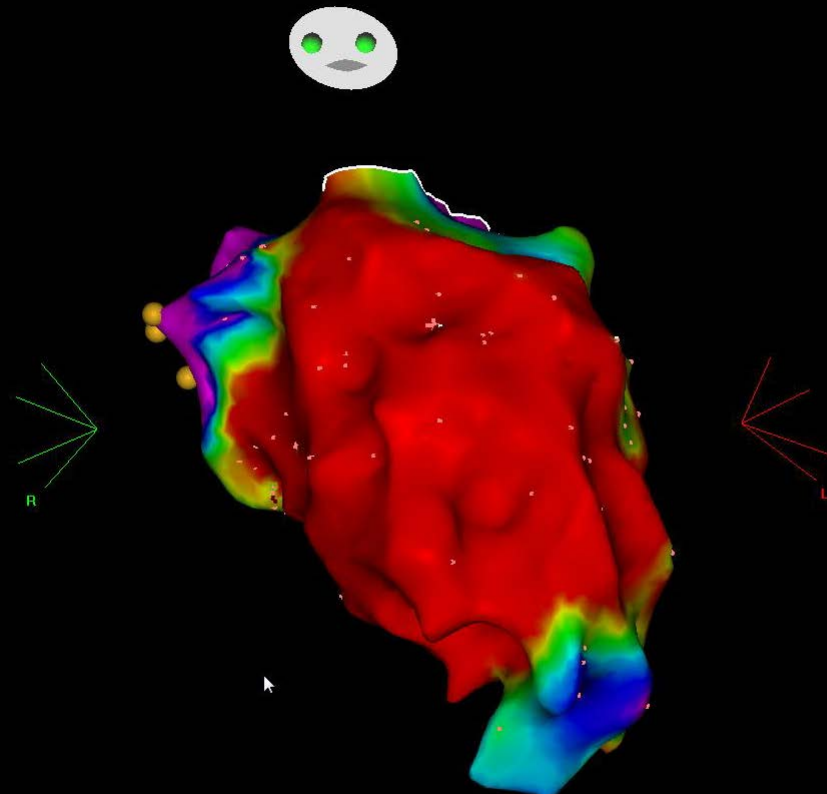
AP PA LAO RAO LL RL INF SUP

# Narrow QRS: preliminary results

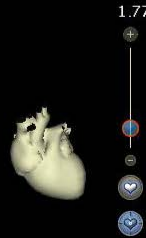
T= 40 à 60ms



AP



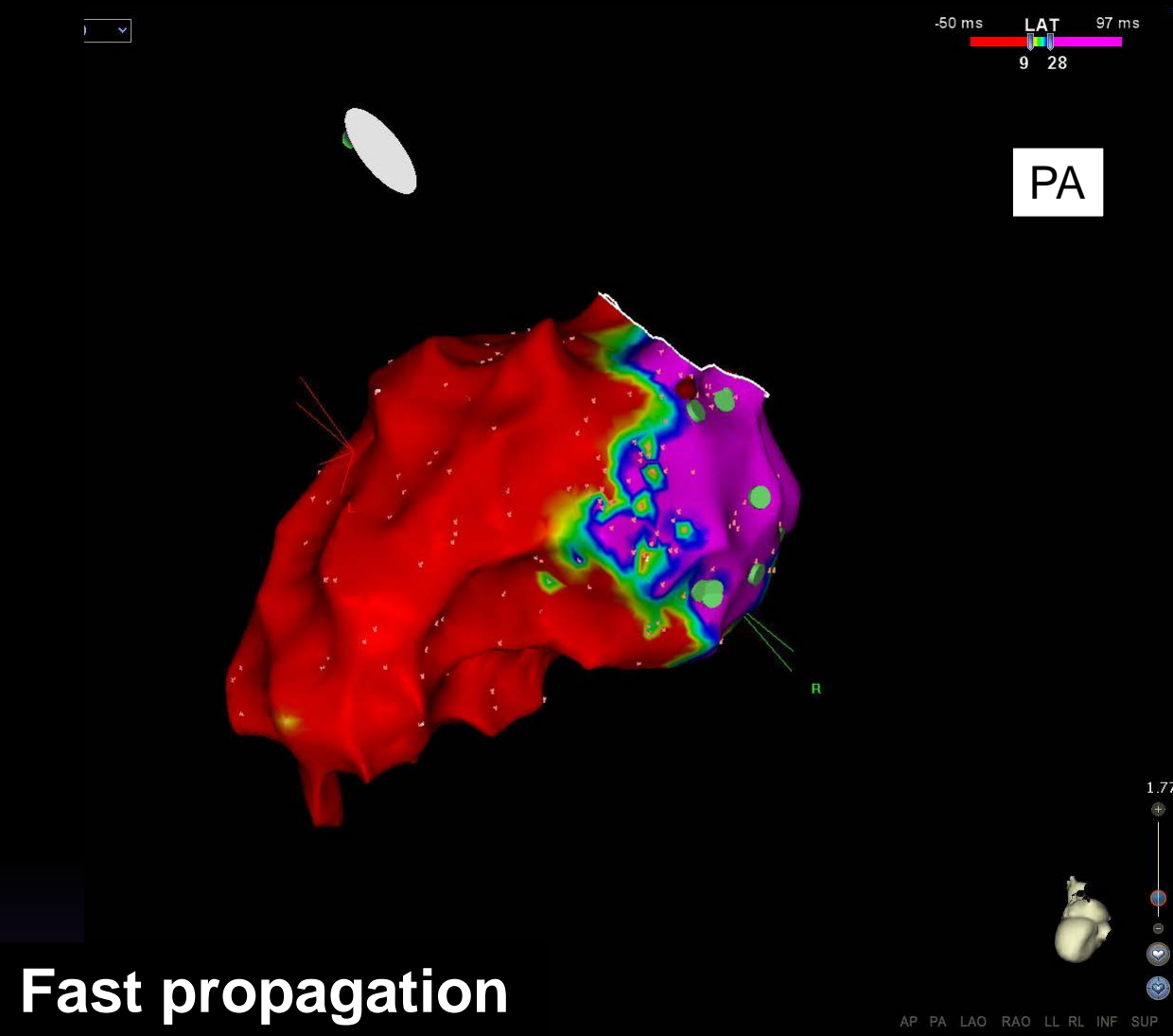
Fast propagation



AP PA LAO RAO LL RL INF SUP

# Narrow QRS: preliminary results

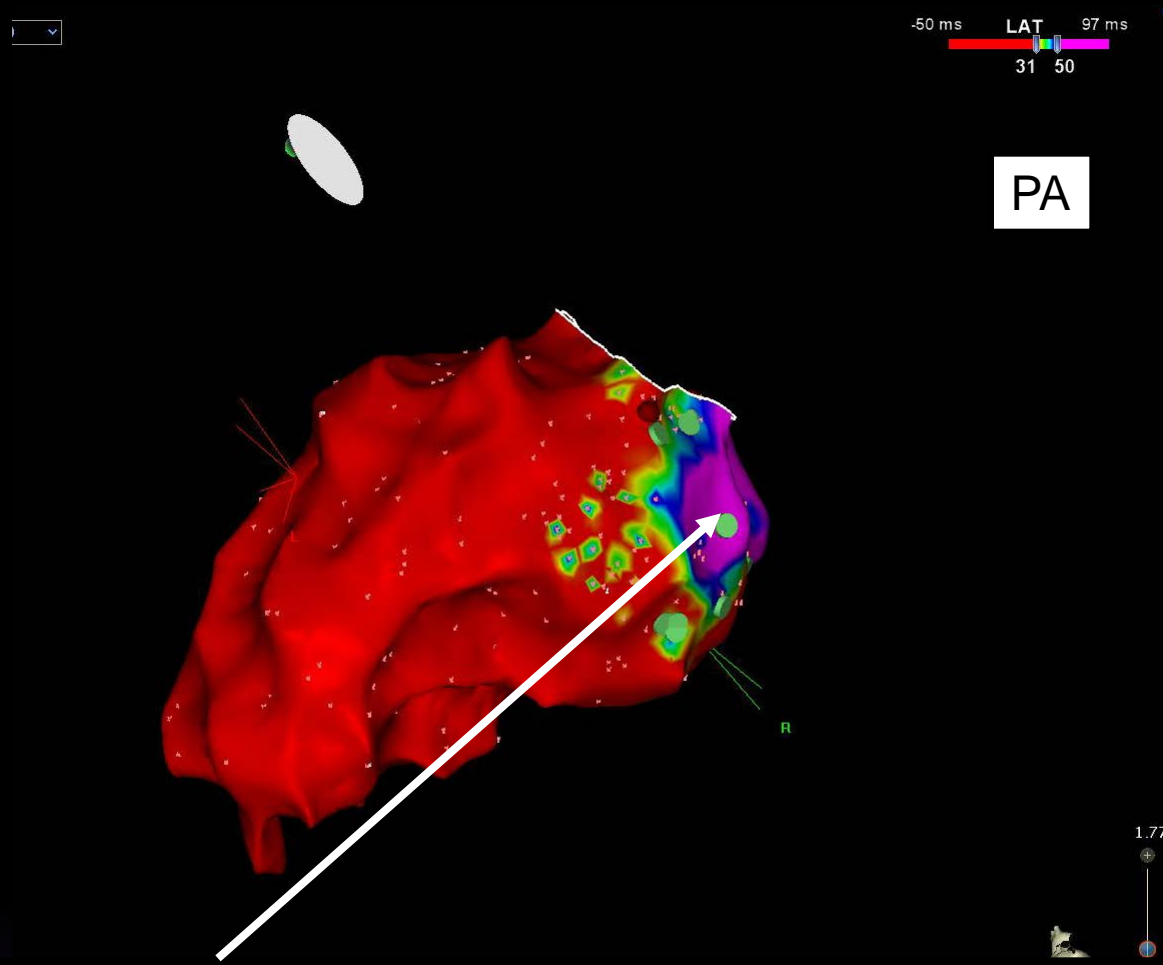
T= 60 à 80ms



Fast propagation

# Narrow QRS: preliminary results

T= 80 à 100ms



Limited areas of late activation

Interindividual heterogeneity in terms of late activated areas

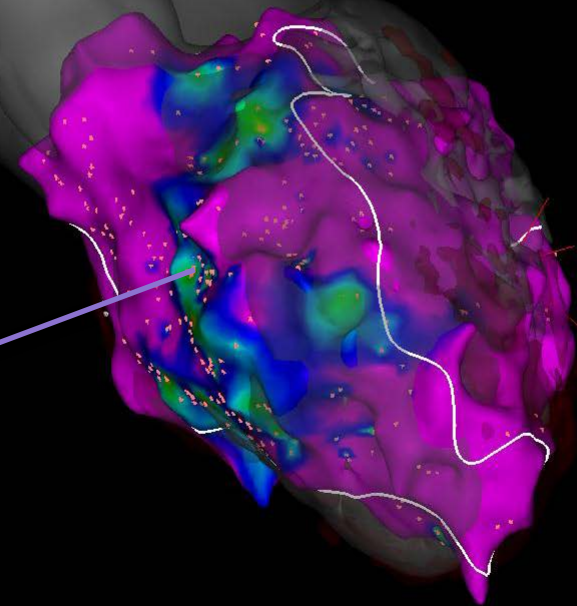
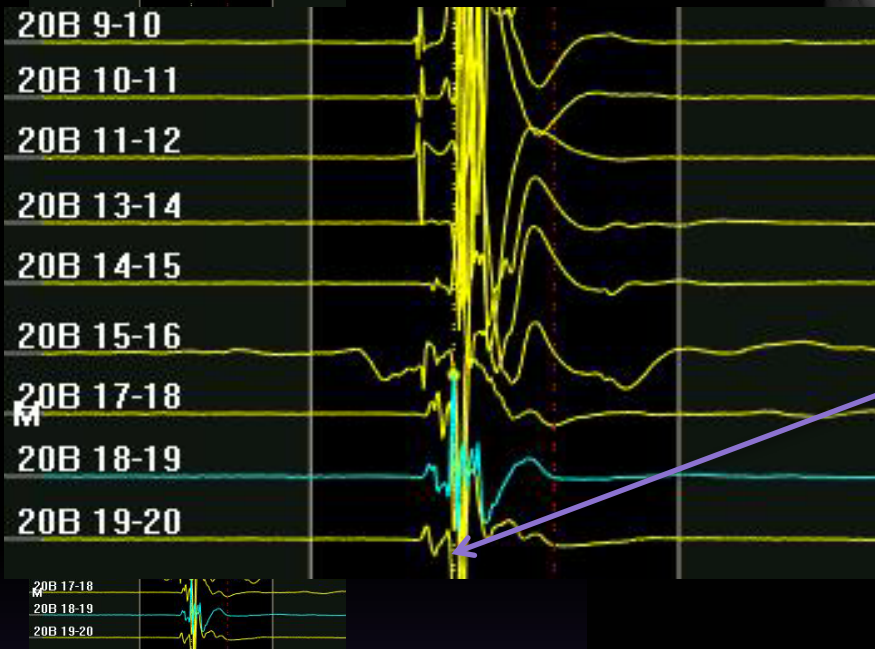
# NICD: preliminary results

71 yo, EF 25%, ICM, NICD = 140 ms



-60 -40

T= 0 à 20ms



1.77

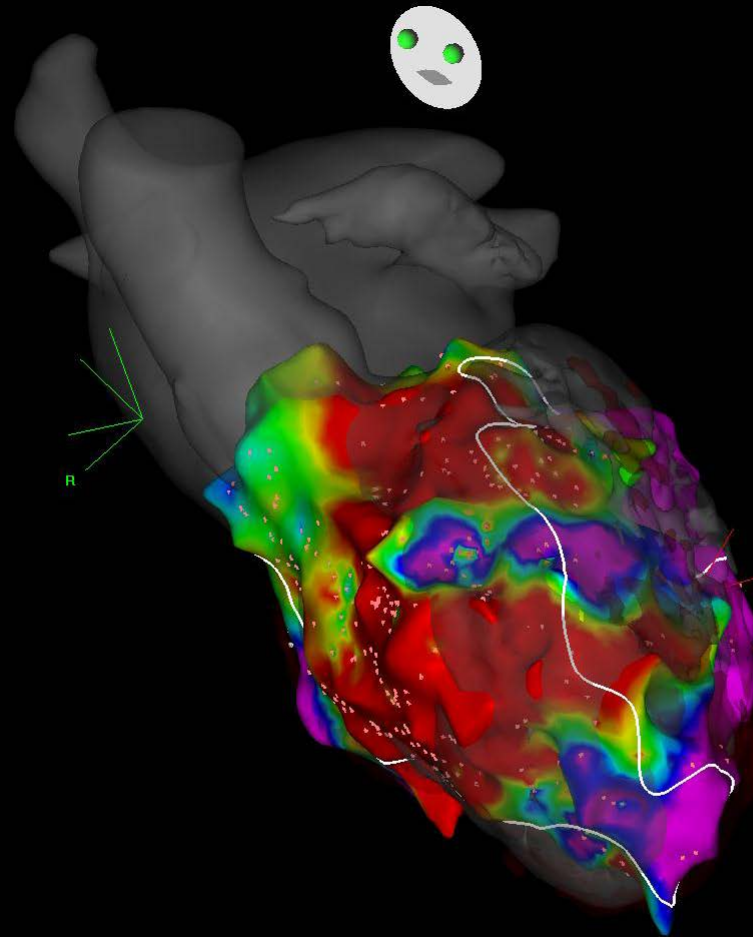


Multiple LV breakthrough ( $4 \pm 3$ )

Recording of early/preQRS LV EGMs with Purkinje potentials

# NICD: preliminary results

T= 20 à 40ms



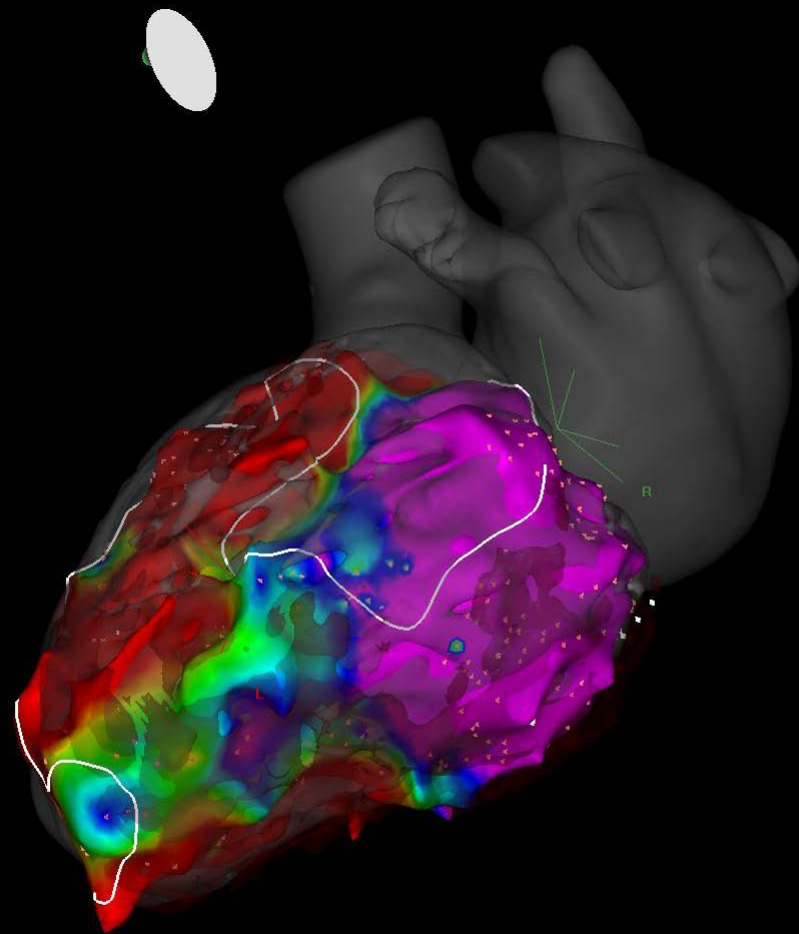
**Heterogeneous propagation**

AP PA LAO RAO LL RL INF SUP



# NICD: preliminary results

T= 40 à 60ms

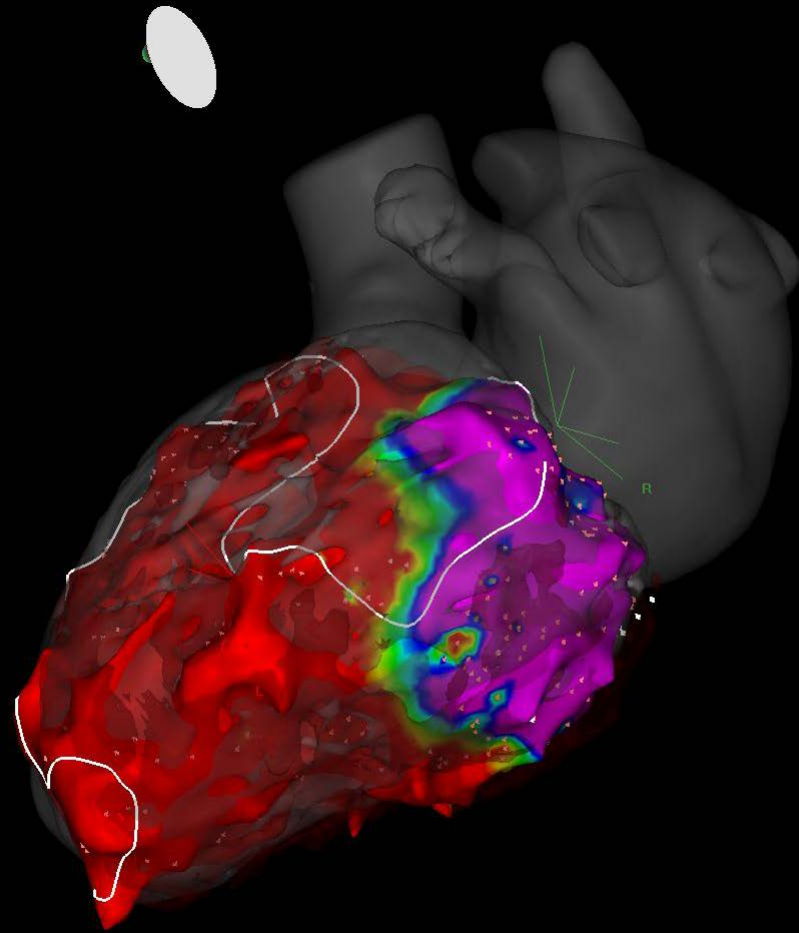


**Heterogeneous propagation**

AP PA LAO RAO LL RL INF SUP

# NICD: preliminary results

T= 60 à 80ms

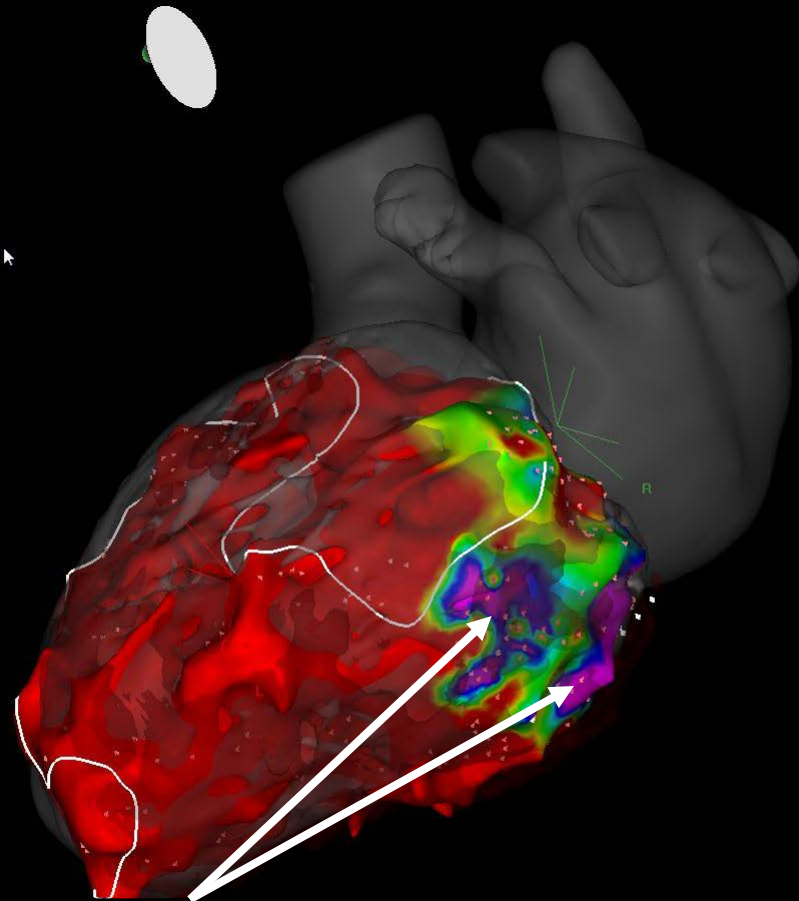


**Heterogeneous propagation**

AP PA LAO RAO LL RL INF SUP

# NICD: preliminary results

T= 80 à 140ms



Areas of late activation

Interindividual heterogeneity in terms of late activated areas

# LV activation pattern in patients with narrow QRS, NICD or LBBB

Narrow QRS: homogeneous, multiple breakthroughs, Purkinje, fast propagation

LBBB: homogeneous, single breakthrough, no Purkinje, slow conduction, postero-basal late activation

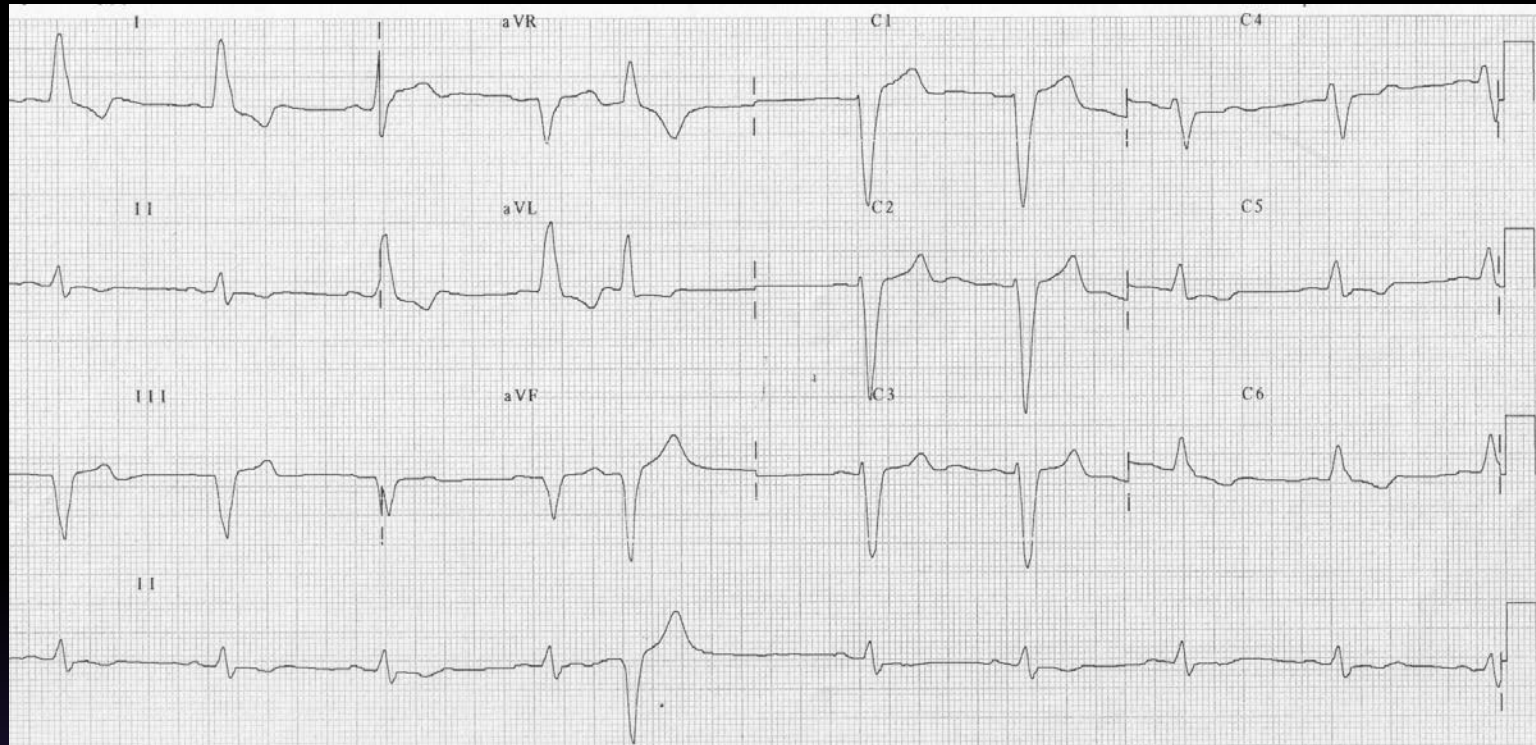
NICD: heterogeneous, multiple breakthroughs, Purkinje, altered propagation

# case

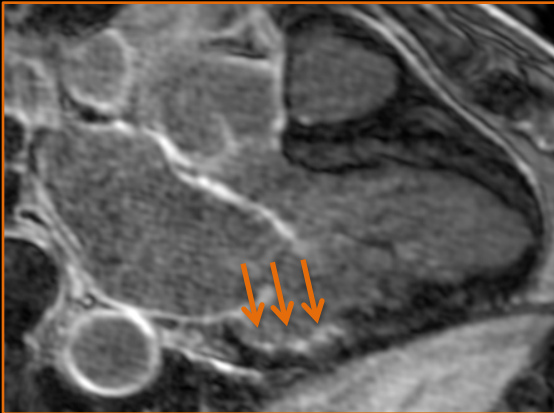
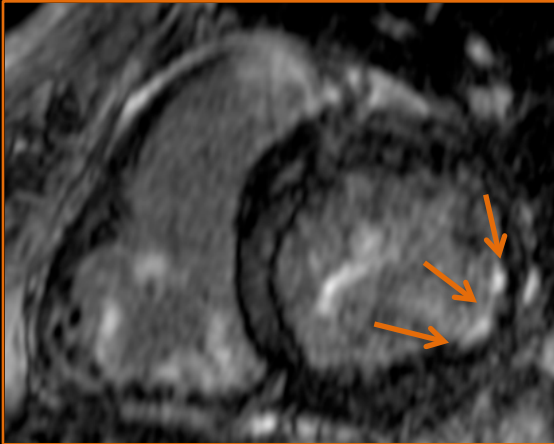
74 yo

Non Ischemic DCM

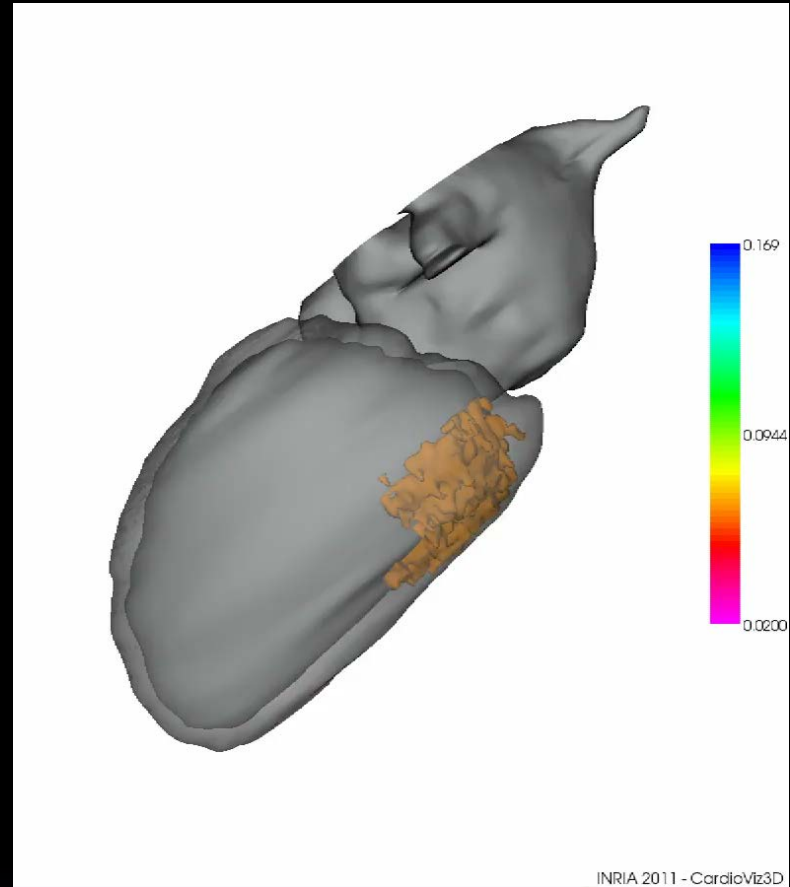
EF 30%



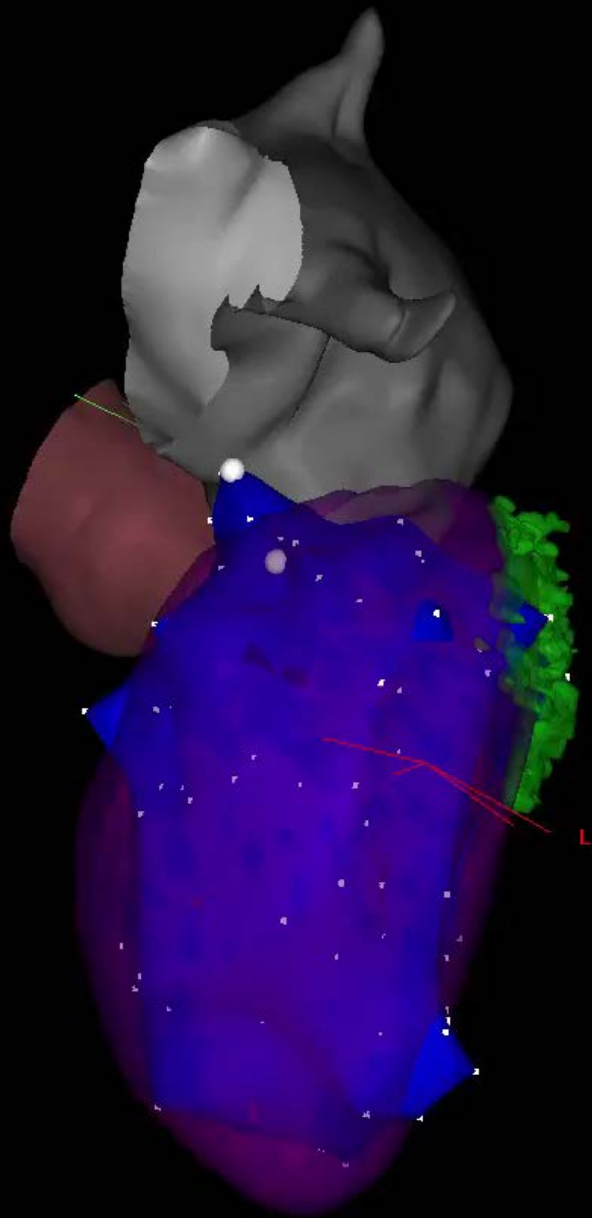
# PATIENT 4: CRT



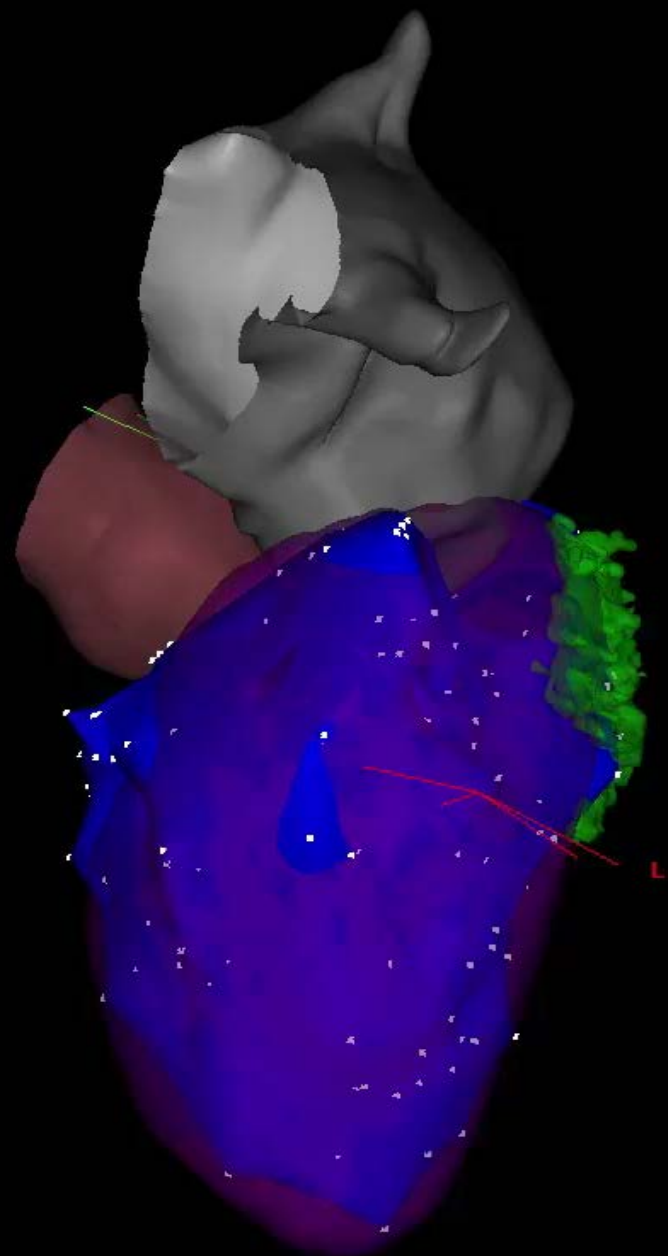
DEMRI



**MRI** : Sub-endocardial scar in basal infero-lateral segment



**BASELINE**  
LV activation time 90ms



**During CRT**  
LV activation time 111ms (+21ms)

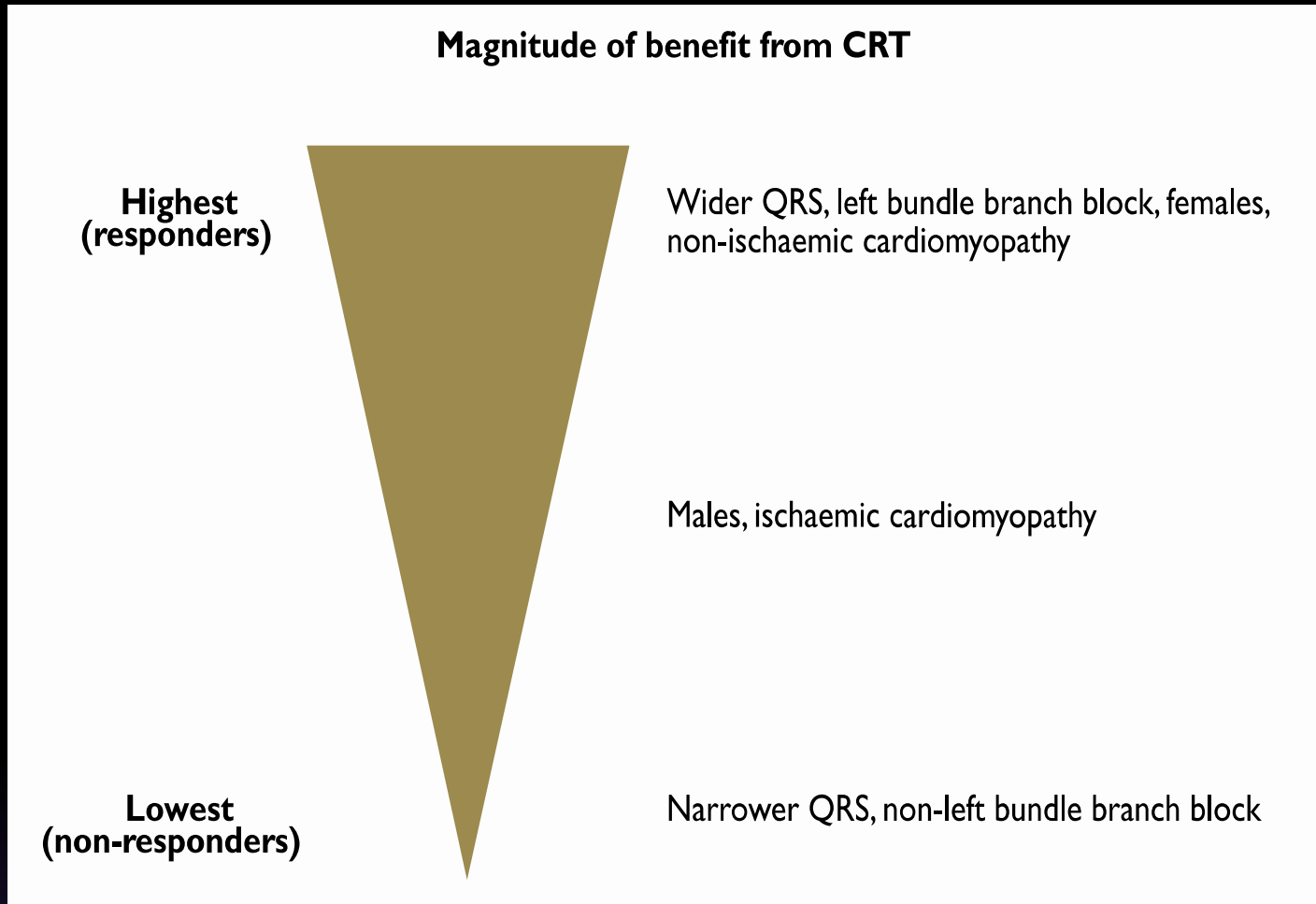
**BASELINE**  
LV activation time 122ms



**During CRT**  
LV activation time 55ms (-67ms)



# Conclusion



# Noninvasive Electrocardiographic Imaging to optimize selection for CRT



Inst

Potentials (mV)

4

CADIS (CI measure)

CT pro

Electrode measu

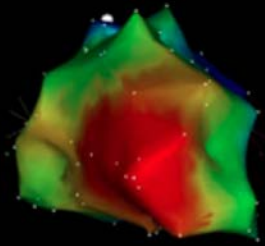
ECG pote

A medical team in a clinical setting is viewing a computer monitor displaying ECG data. The monitor shows a 3D map of the heart with a color-coded area. The text "Potentials (mV)" and "4" are visible on the monitor. The text "CADIS (CI measure)" is visible on the right side of the image. The text "CT pro" and "Electrode measu" and "ECG pote" are visible on the left side of the image.

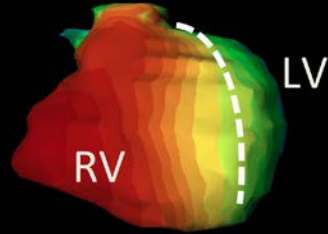
## Intrinsic Rhythm

Endocardial Mapping

Epicardial Mapping

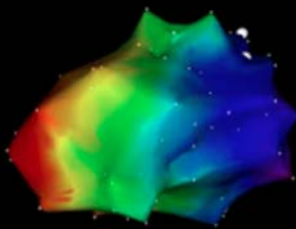


AP

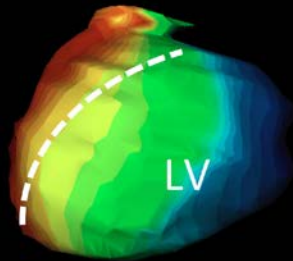


RV

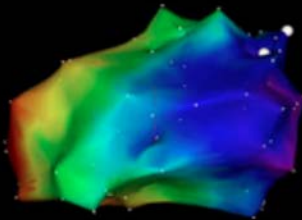
LV



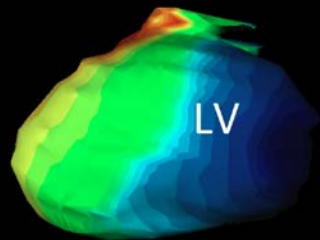
LAO



LV



LL

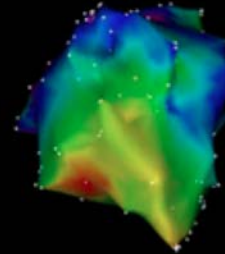


LV

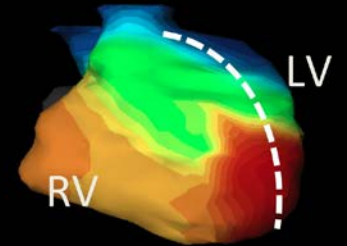
## BiV Pacing

Endocardial Mapping

Epicardial Mapping

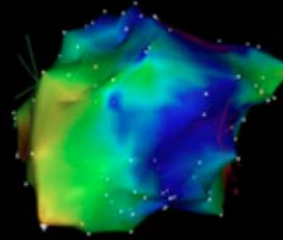


AP

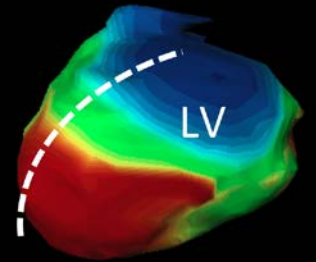


RV

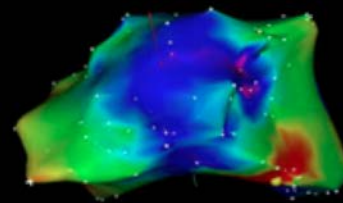
LV



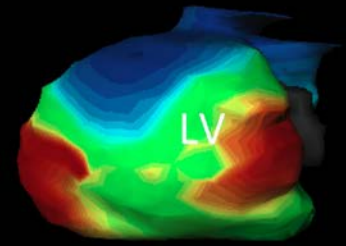
LAO



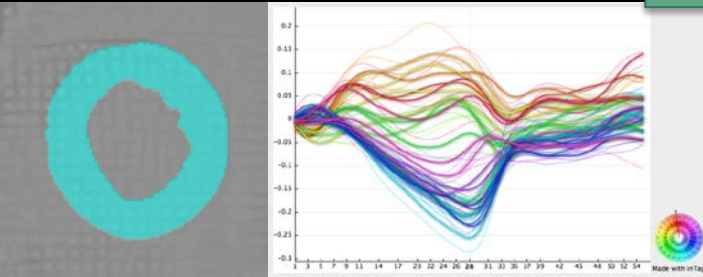
LV



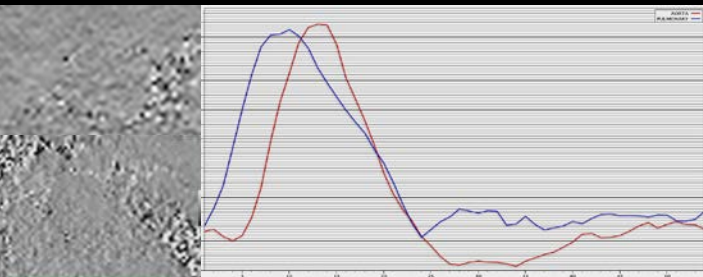
LL



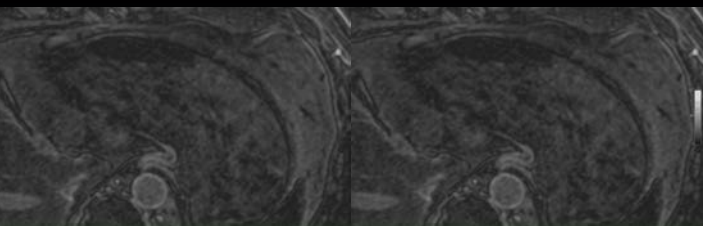
LV



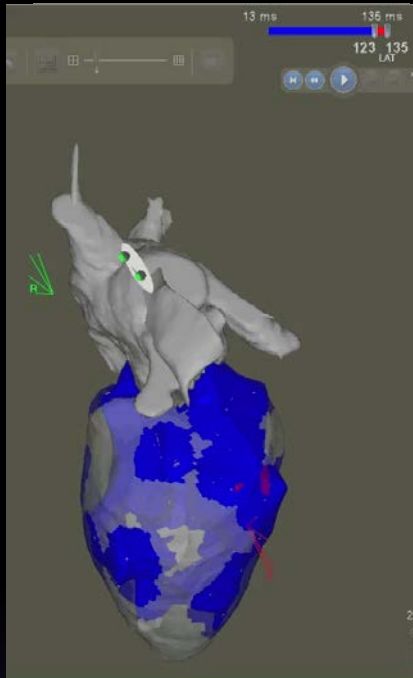
LV mechanical activation



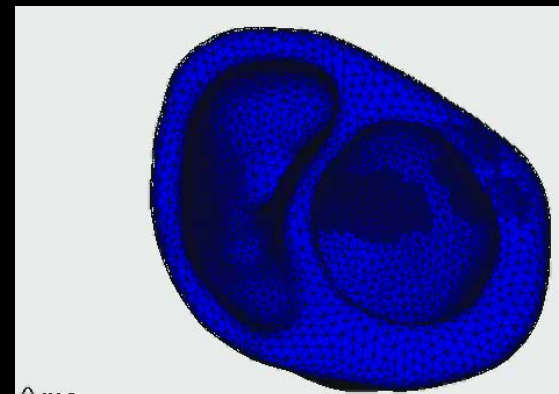
InterV synchrony



Myocardial fibrosis



Activating SR

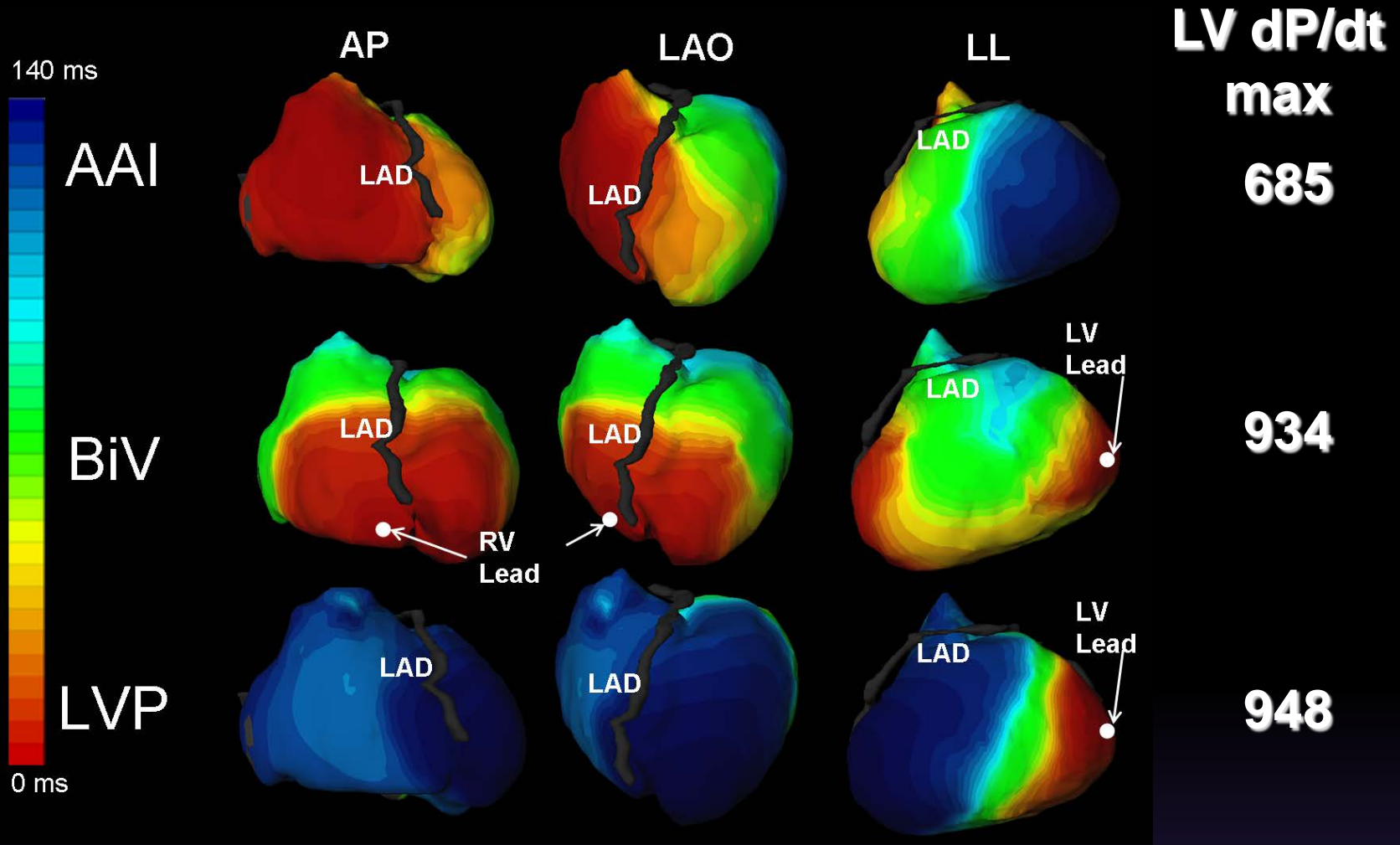


0 ms

Computer modeling / simulation

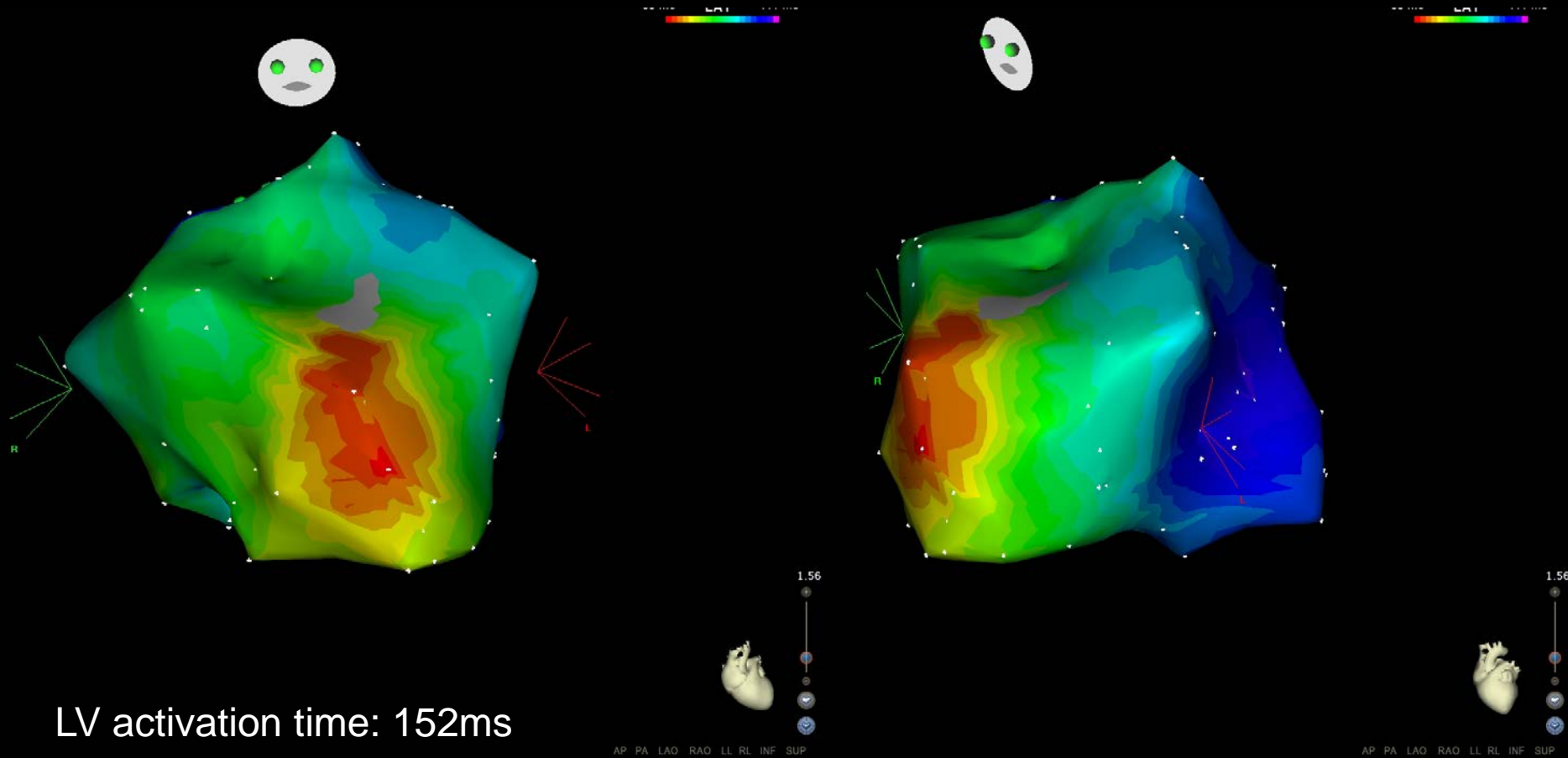


# Direct relation between hemodynamics and dyssynchrony ???

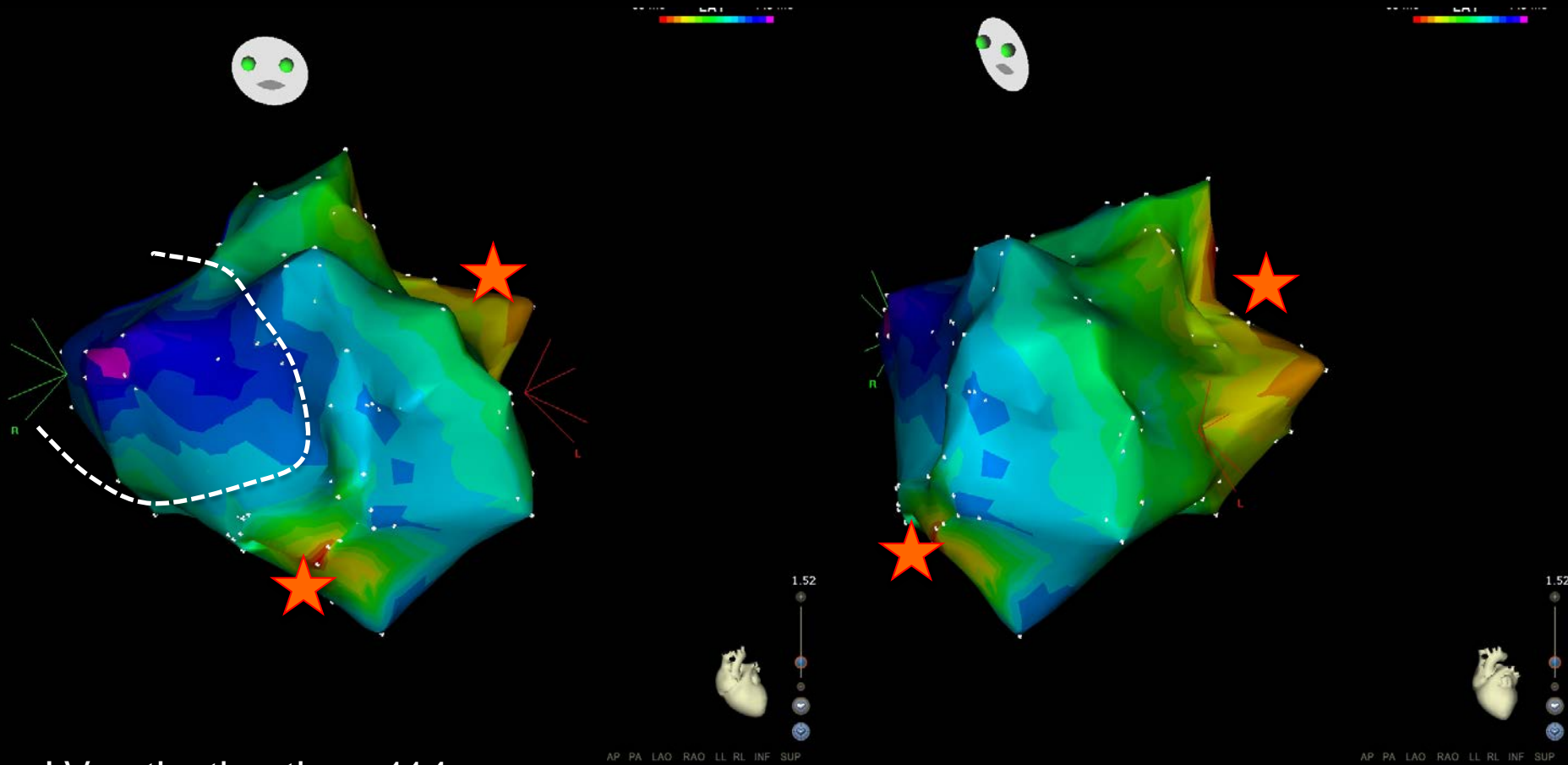


# DURING CRT ??

66 yo, EF 22%, NIDCM, LBB 179ms



# case



LV activation time: 114ms  
 $+dP/dt_{max} = +16\%$





CL	LAT (ms)	Loc	Bi (mV)	Imp (Ω)	Force (gr)
N/A	N/A	N/A	N/A	N/A	N/A

200.0 mm/sec

4-Map (123, 0)

35 ms **LAT** 149 ms

35 35

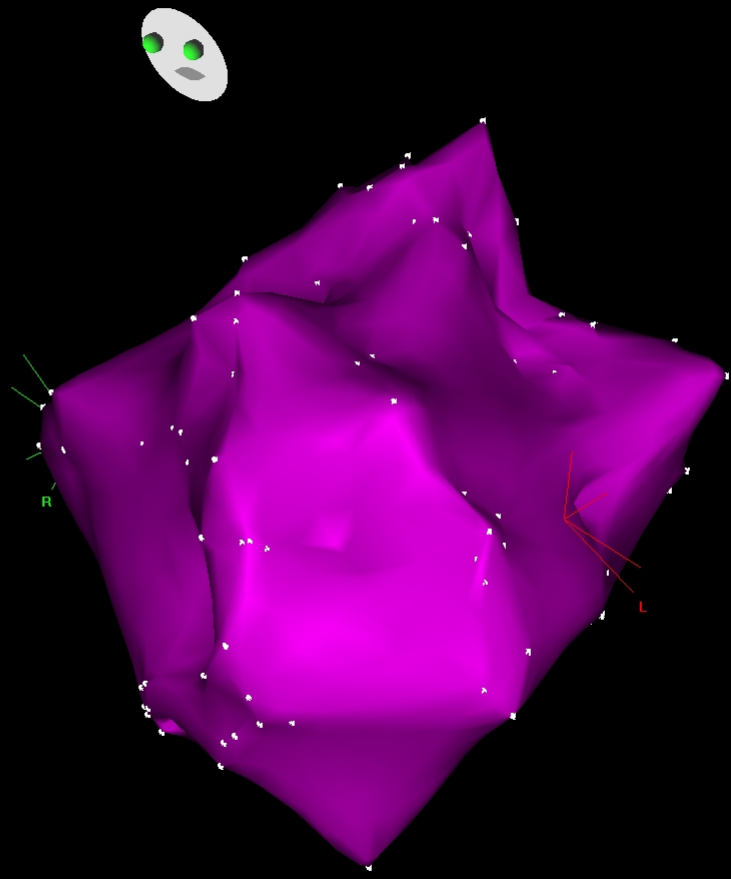
T=0ms

N/A<sub>g</sub>

**Isochronal Steps** ×

Main Map Viewer

Step



1.43

AP PA LAO RAO LL RL INF SUP



CL	LAT (ms)	Loc	Bi (mV)	Imp (Ω)	Force (gr)
N/A	N/A	N/A	N/A	N/A	N/A

200.0 mm/sec

4-Map (123, 0)



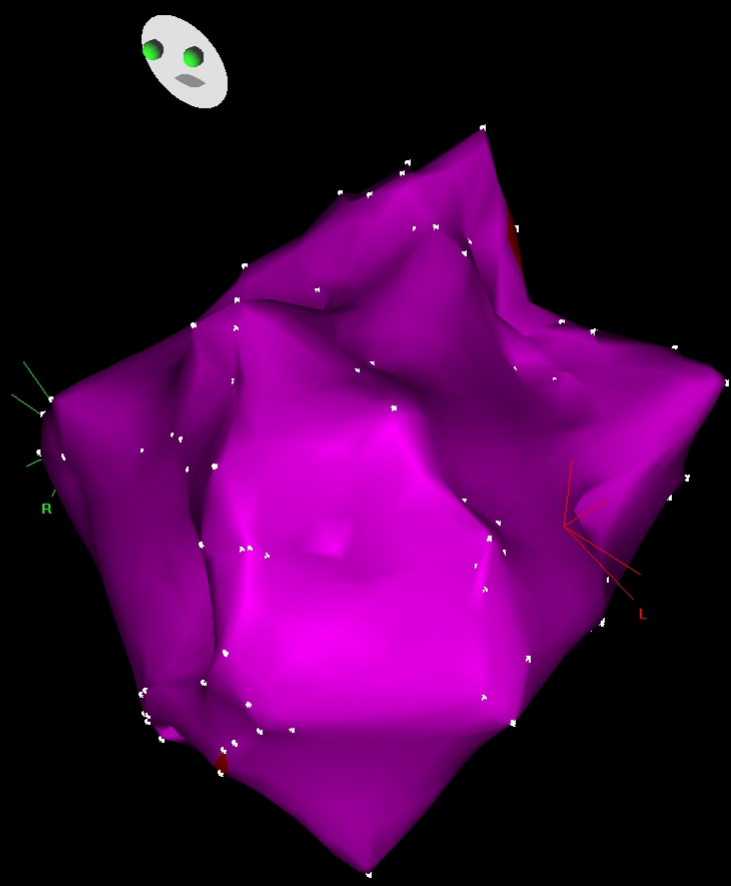
T=20ms

N/A<sub>g</sub>

Isochronal Steps ×

Main Map Viewer

Step



1.43



N/A	N/A	Loc	N/A	N/A	N/A
CL	LAT (ms)		Bi (mV)	Imp (Ω)	Force (gr)

200.0 mm/sec

4-Map (123, 0)

35 ms **LAT** 149 ms

35 75

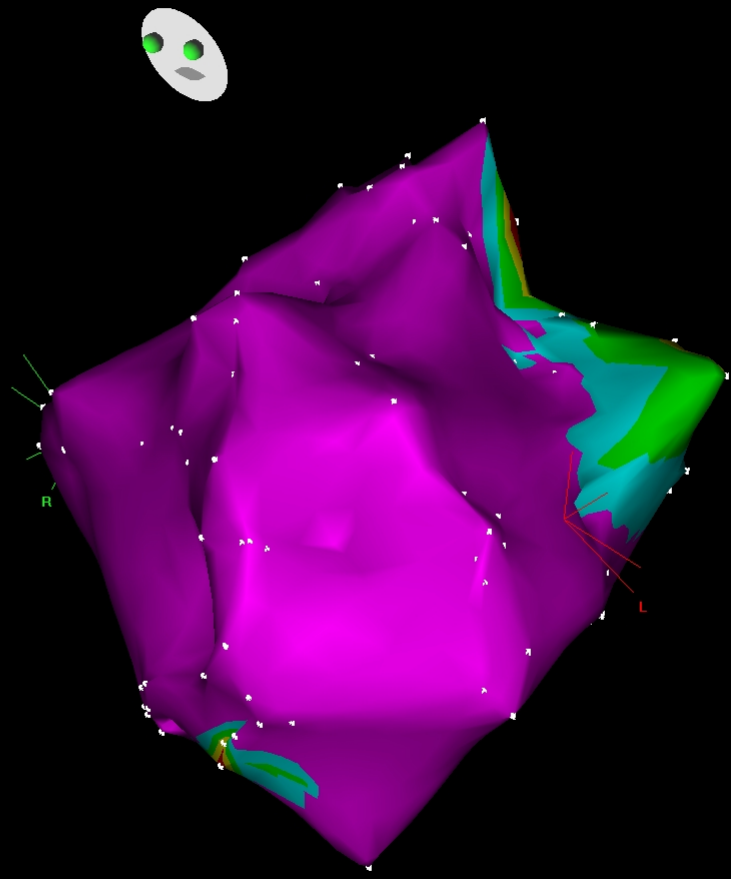
T=40ms

N/A<sub>g</sub>

**Isochronal Steps** ×

Main Map Viewer

Step



1.43

AP PA LAO RAO LL RL INF SUP



N/A	N/A	Loc	N/A	N/A	N/A
CL	LAT (ms)		Bi (mV)	Imp (Ω)	Force (gr)

200.0 mm/sec

4-Map (123, 0)



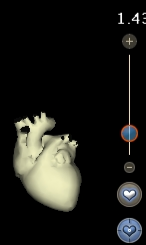
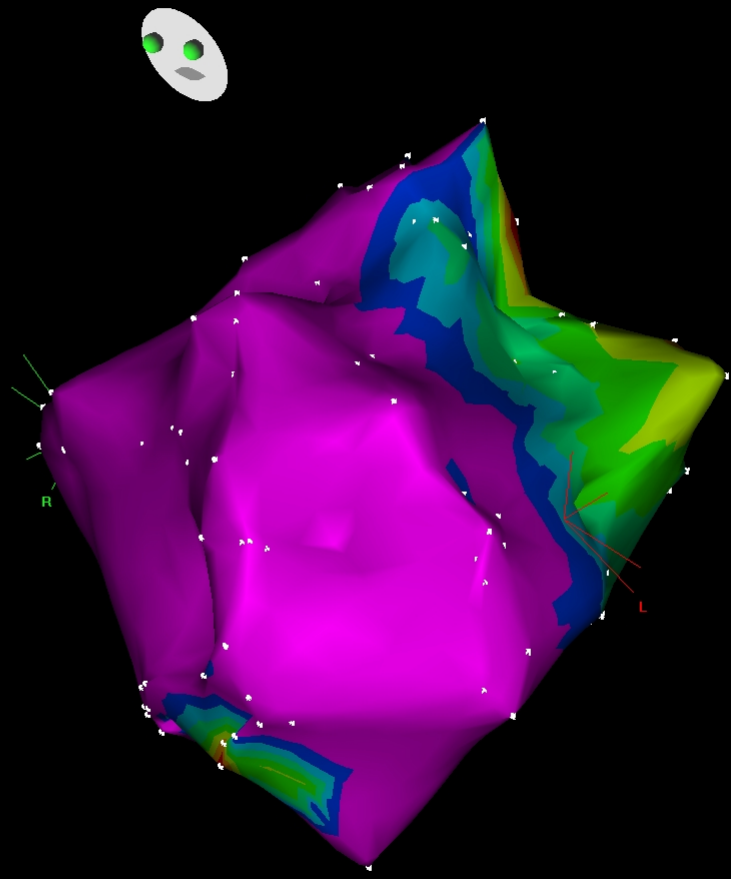
T=60ms

N/A<sub>g</sub>

**Isochronal Steps** ×

Main Map Viewer

Step 7



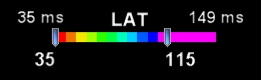
AP PA LAO RAO LL RL INF SUP



CL	LAT (ms)	Loc	Bi (mV)	Imp (Ω)	Force (gr)
N/A	N/A	N/A	N/A	N/A	N/A

200.0 mm/sec

4-Map (123, 0)



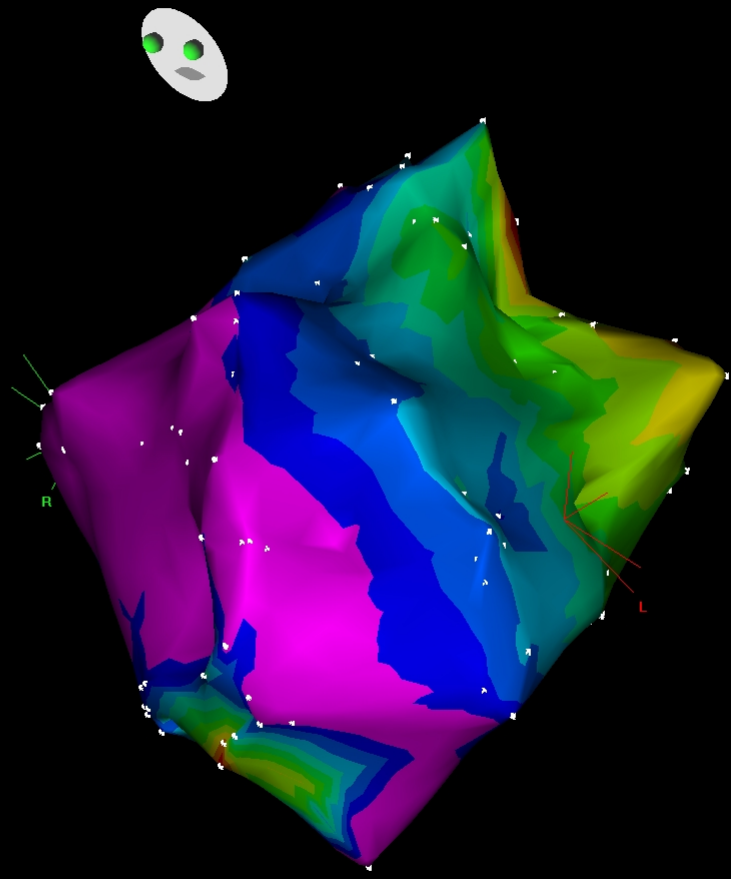
T=80ms



**Isochronal Steps** ×

Main Map Viewer

Step





CL	LAT (ms)	Loc	Bi (mV)	Imp (Ω)	Force (gr)
N/A	N/A		N/A	N/A	N/A

200.0 mm/sec

4-Map (123, 0)

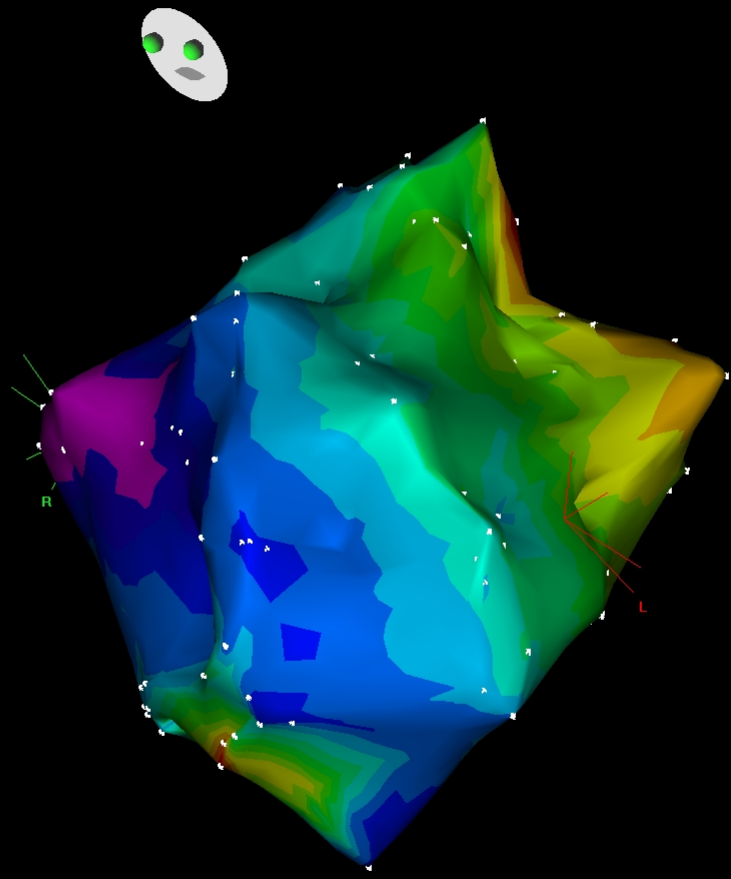


T=100ms

N/A<sub>g</sub>

Isochronal Steps ×  
Main Map Viewer

Step



1.43