

# **XXIV Giornate Cardiologiche Torinesi**

**“ADVANCES IN CARDIAC ARRHYTHMIAS  
AND GREAT INNOVATIONS IN CARDIOLOGY”**

Turin, October 25-27, 2012  
Centro Congressi Unione Industriale

## **L'ottimizzazione della stimolazione biventricolare è sempre necessaria?**

**Torino, 26 ottobre 2012**

**Gerardo Ansalone, MD, FESC**

**Ospedale “M.G. Vannini”**

**Istituto Figlie di San Camillo - Roma**

# Sì, è sempre necessaria !!!

- Perché ?

.... A suboptimal programming of the AV and/or VV interval may partially contribute to the presence of AV or LV dyssynchrony and, consequently, may curtail the beneficial effects of CRT (Bertini M, Europace 2009)

- Come ?

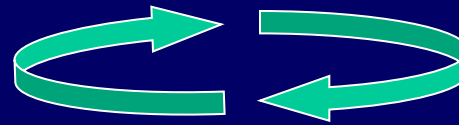
....

....

- Quando ?

....

# Radial Asynchrony and/or Dyssynchrony

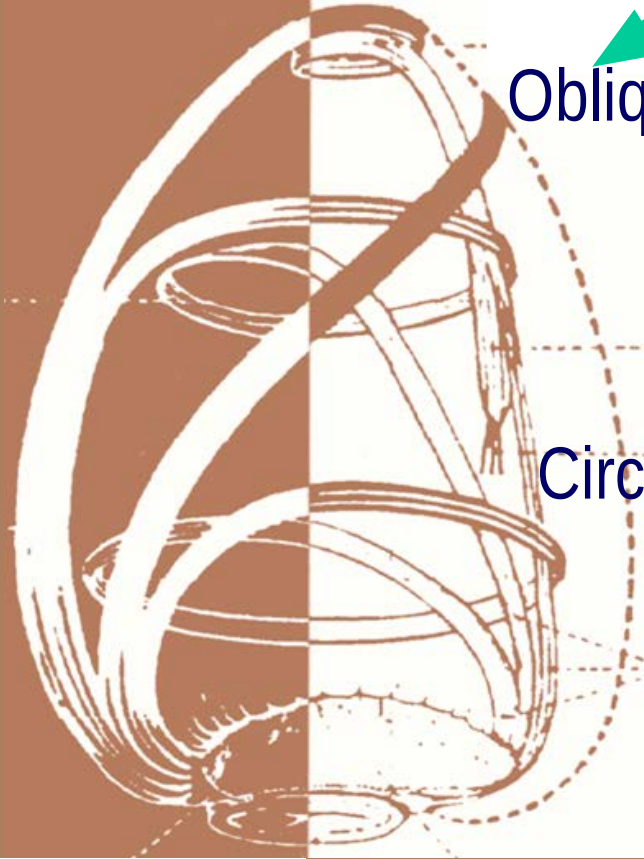


Twisting Asynchrony

Longitudinal Asynchrony



Longitudinal



Oblique

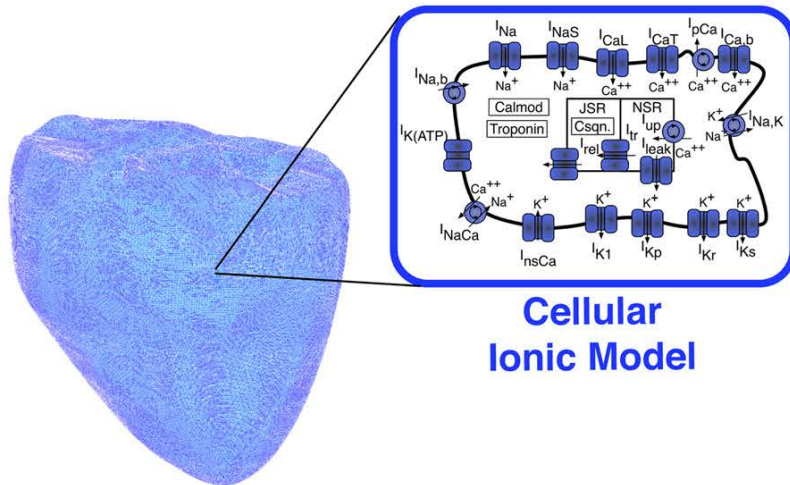
Circumferential

Longitudinal Dyssynchrony



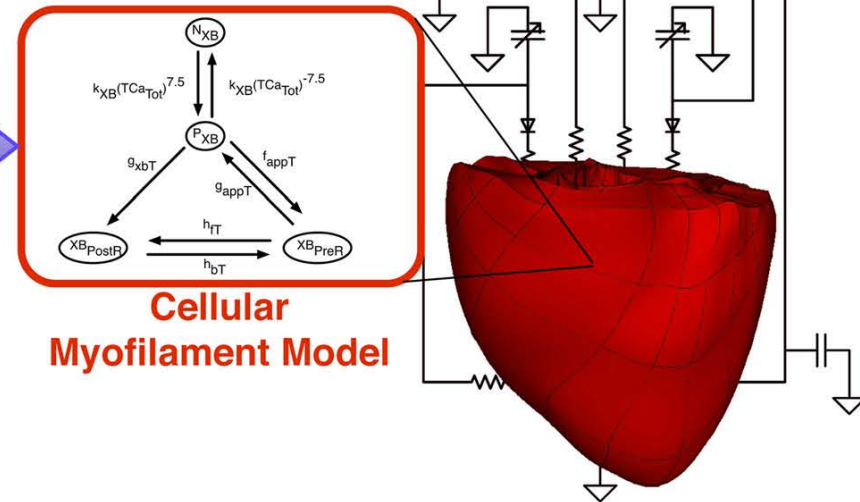
# Electromechanical modeling of the ventricles

## Electrical Component



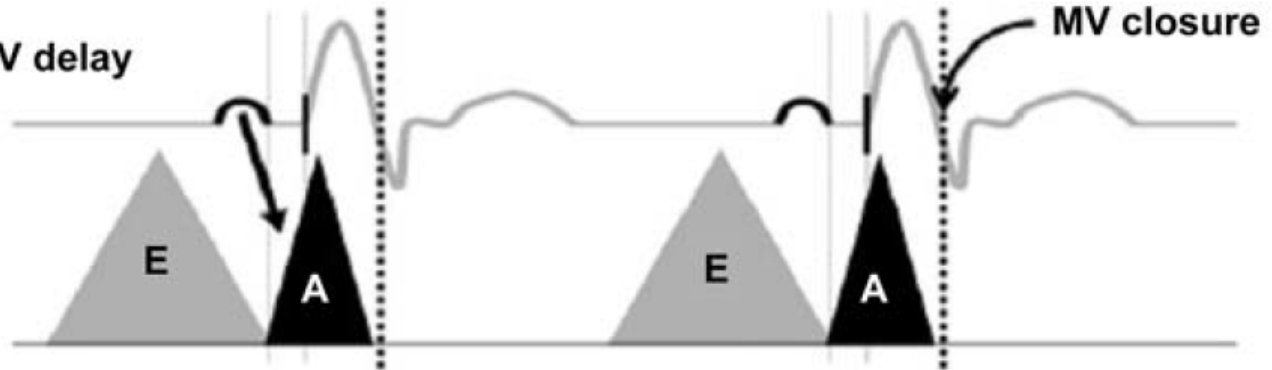
**Cellular  
Ionic Model**

## Mechanical Component

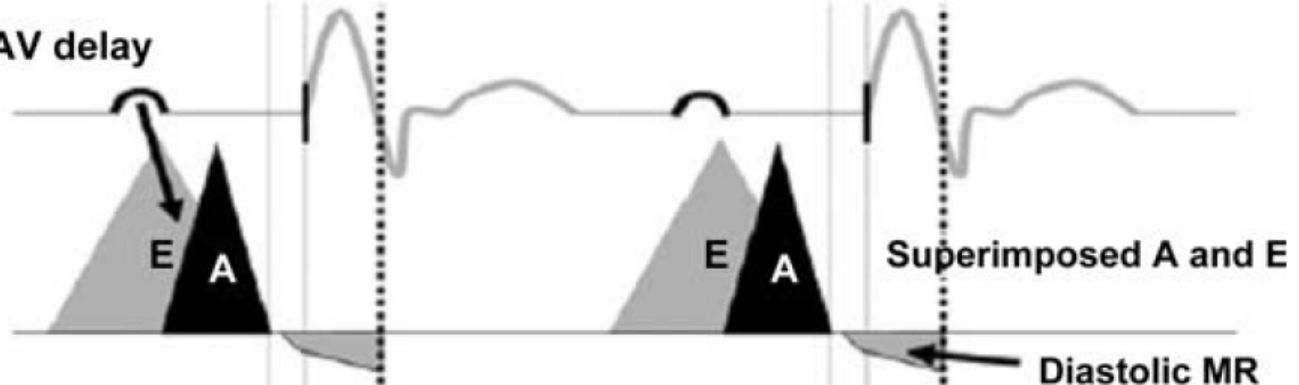


**Cellular  
Myofilament Model**

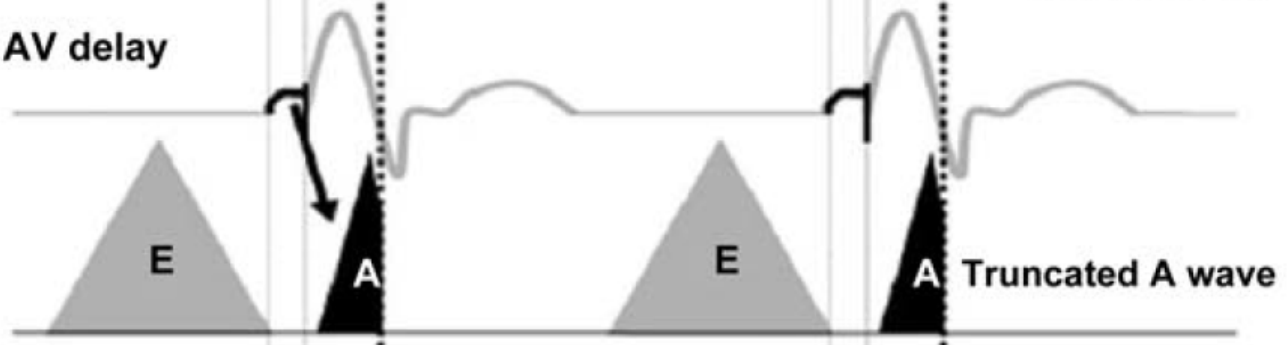
Optimal AV delay



Too long AV delay



Too short AV delay



# Improving LV filling time with pacing

**LBBB**

**AV block I°**

**Interatrial delay**

**E-A**

**E**

**A**

**A-V Sequential pacing  
with short AV delay**

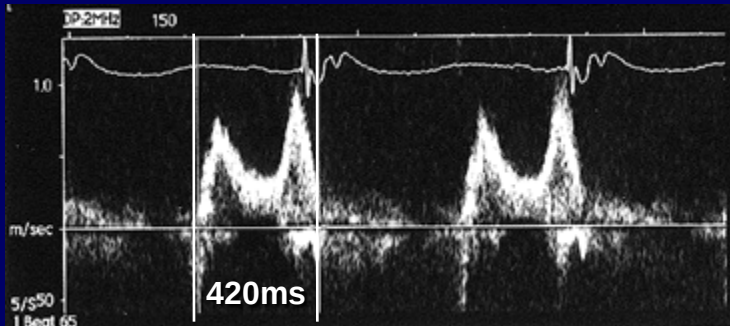
**Biventricular  
pacing**

**E**

**A**

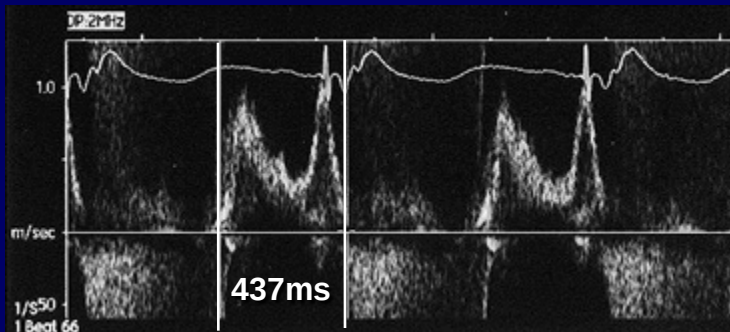
# Intervallo AV e tempi diastolici

**AV  
150 ms**



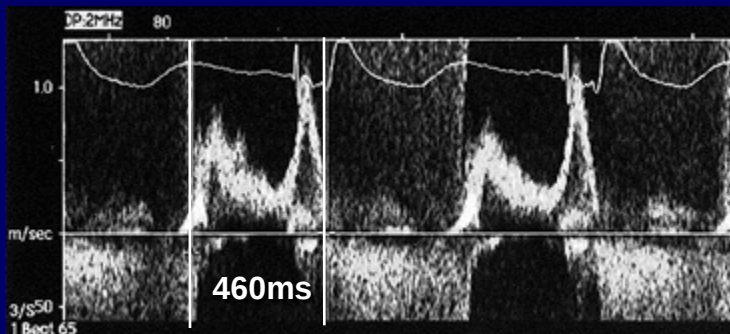
**Spike - A = 43 ms**

**AV  
120 ms**



**Spike - A = 63 ms**

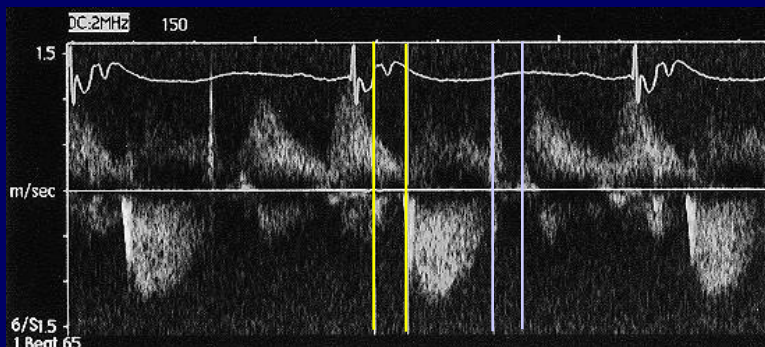
**AV  
80 ms**



**Spike - A = 103 ms**

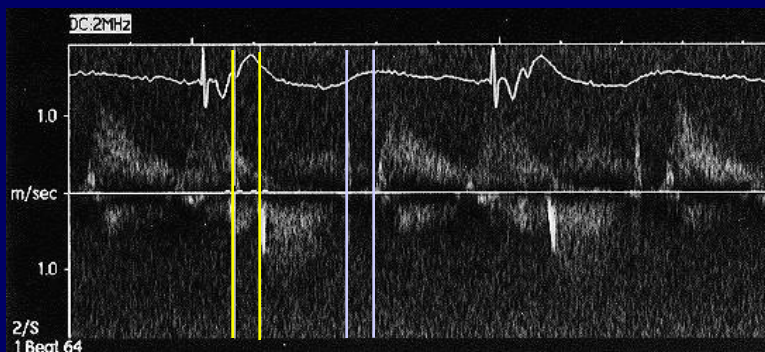
# Intervallo AV e tempi diastolici

**AV**  
**150 ms**



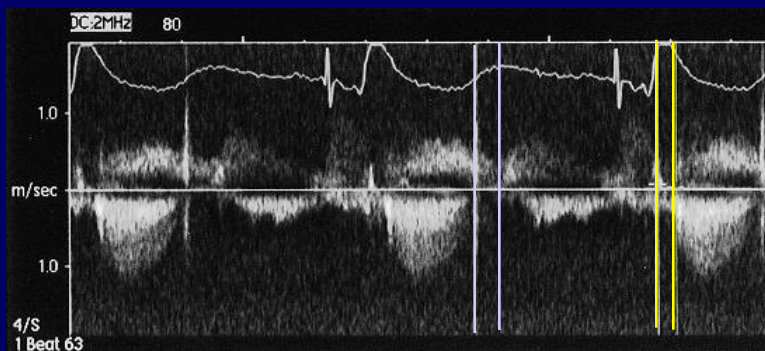
**ICT 110 ms**  
**IRT 100 ms**

**AV**  
**120 ms**



**ICT 83 ms**  
**IRT 80 ms**

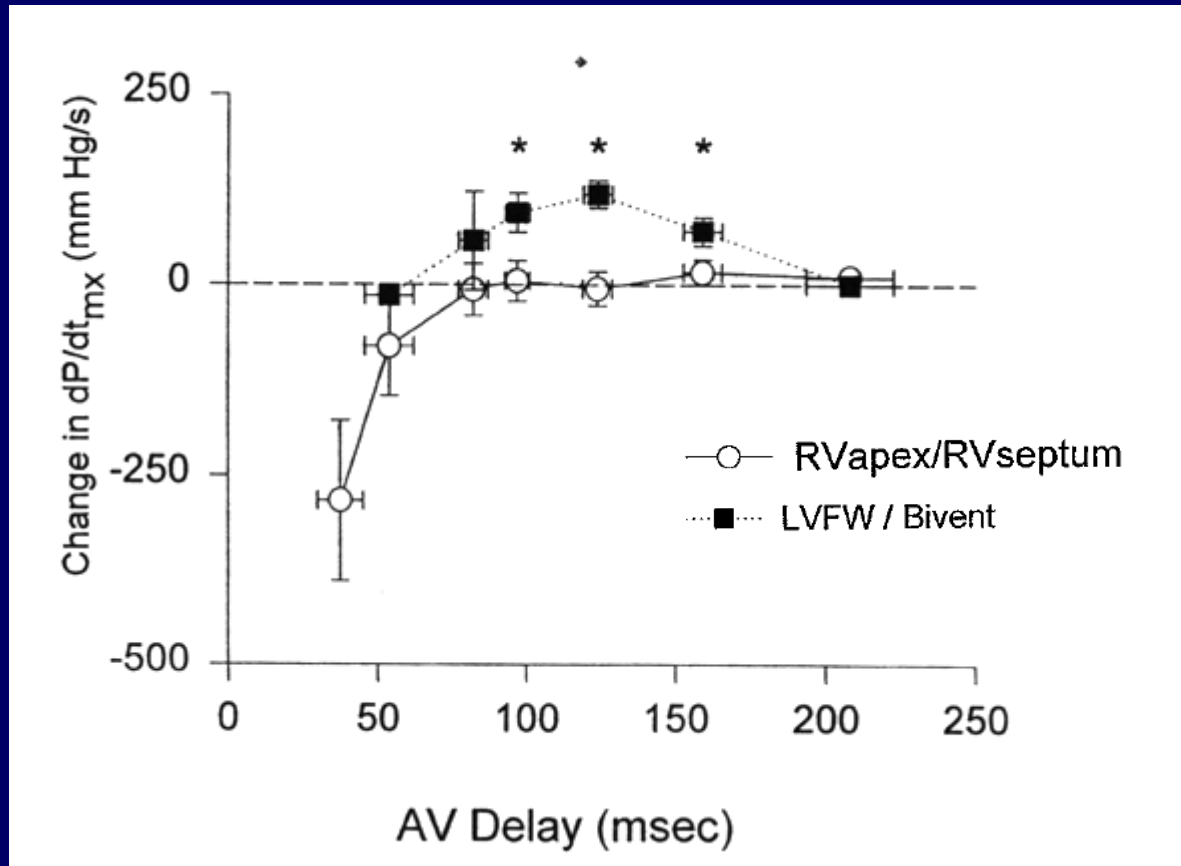
**AV**  
**80 ms**



**ICT 60 ms**  
**IRT 75 ms**

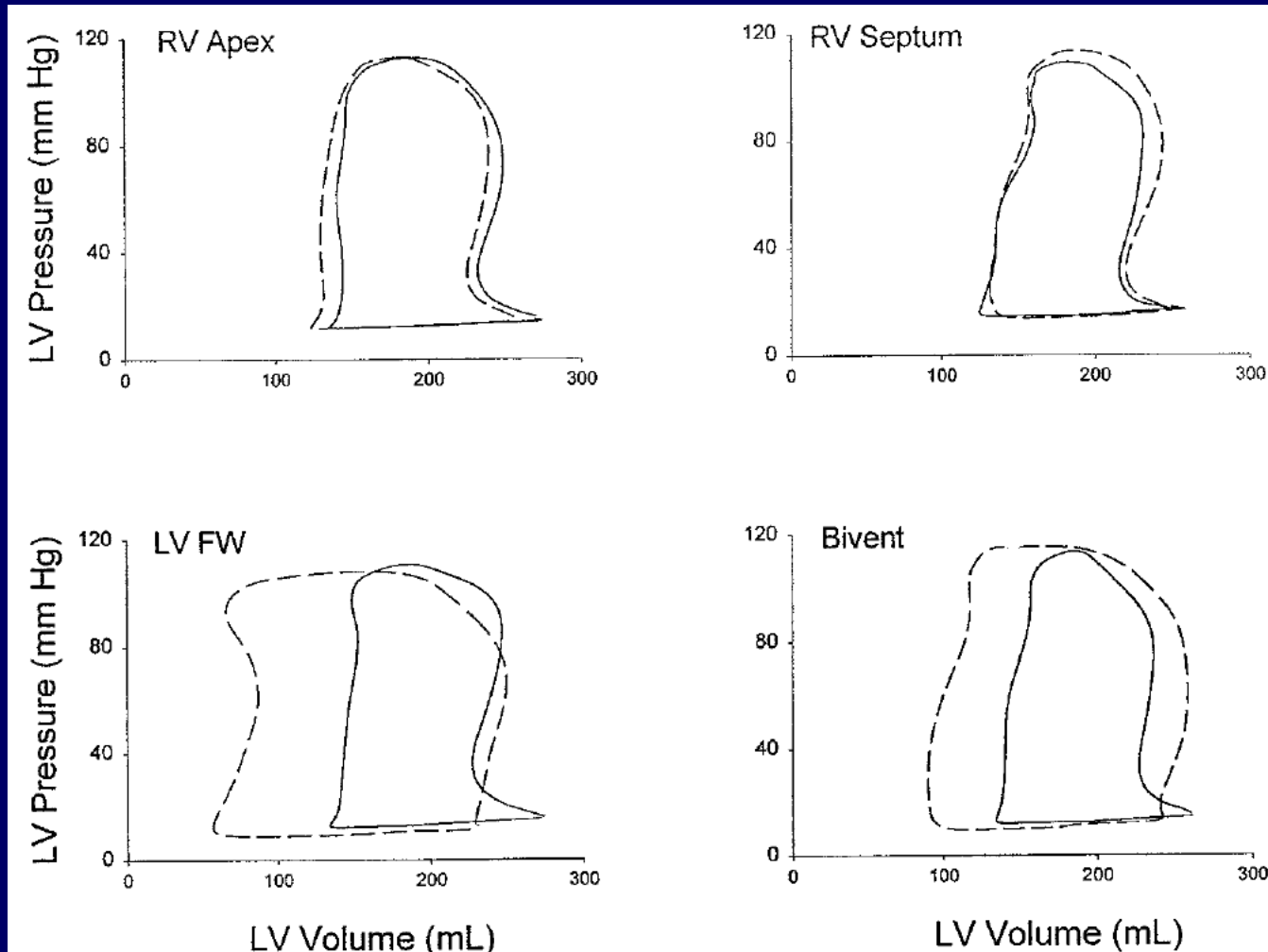
# Intervallo AV e differenti siti di pacing

- AV delay has less influence on LV function than pacing site (range  $125 \pm 49$  ms)



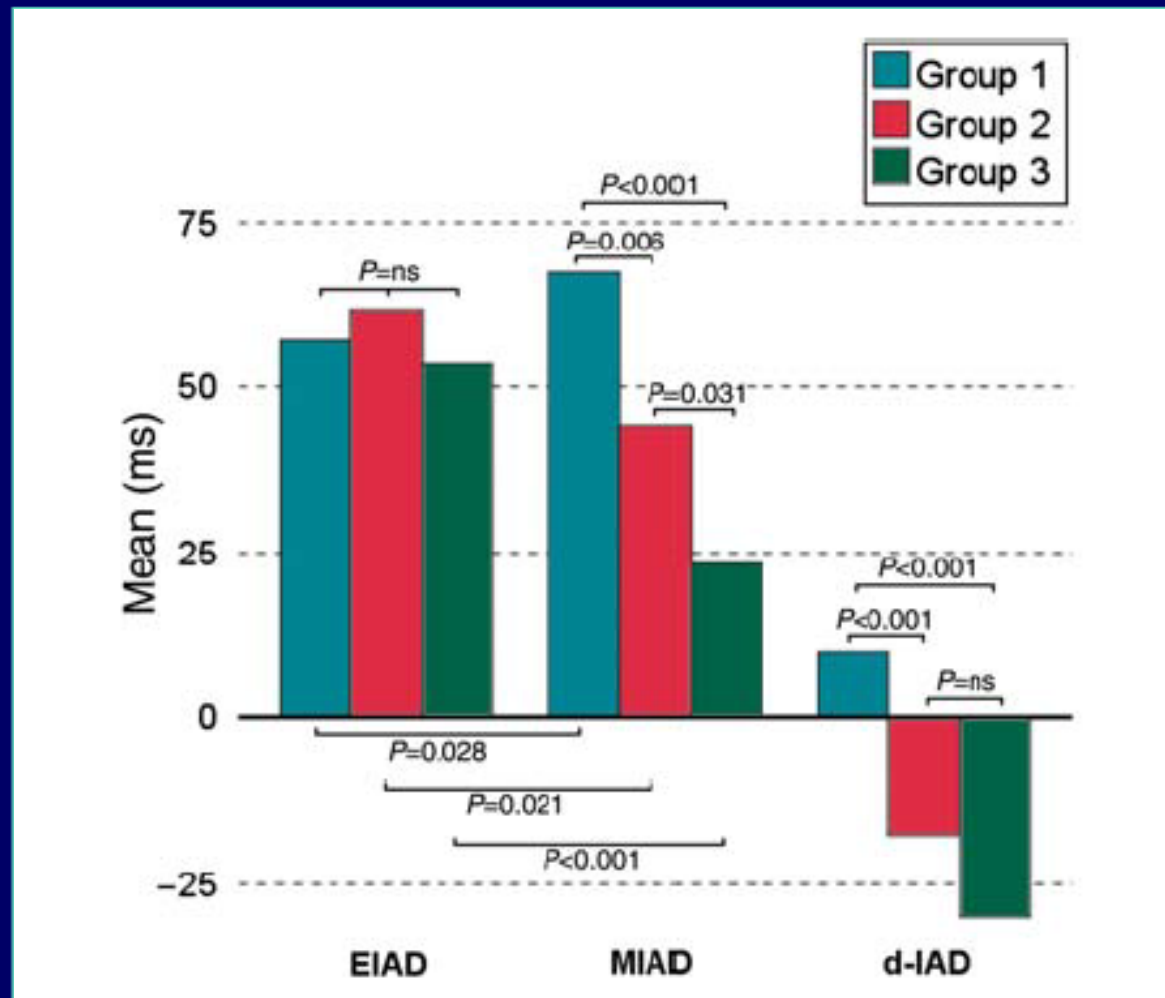
Kass DA, Circulation 1999

# PV loops from a patient with baseline LBBB as a function of varying pacing site

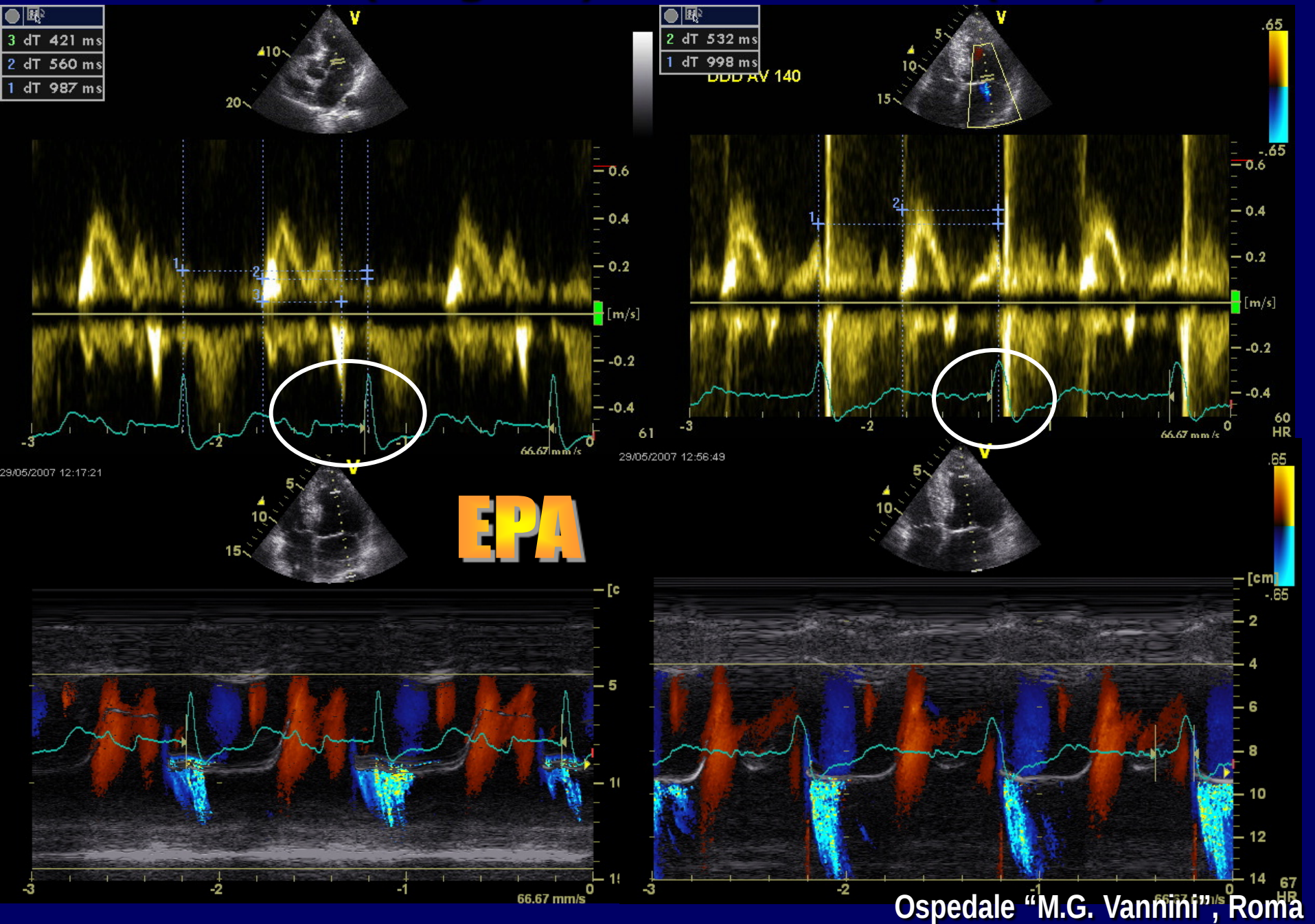


Kass DA, Circulation 1999

# Mechanical interatrial delay and optimal AV delay

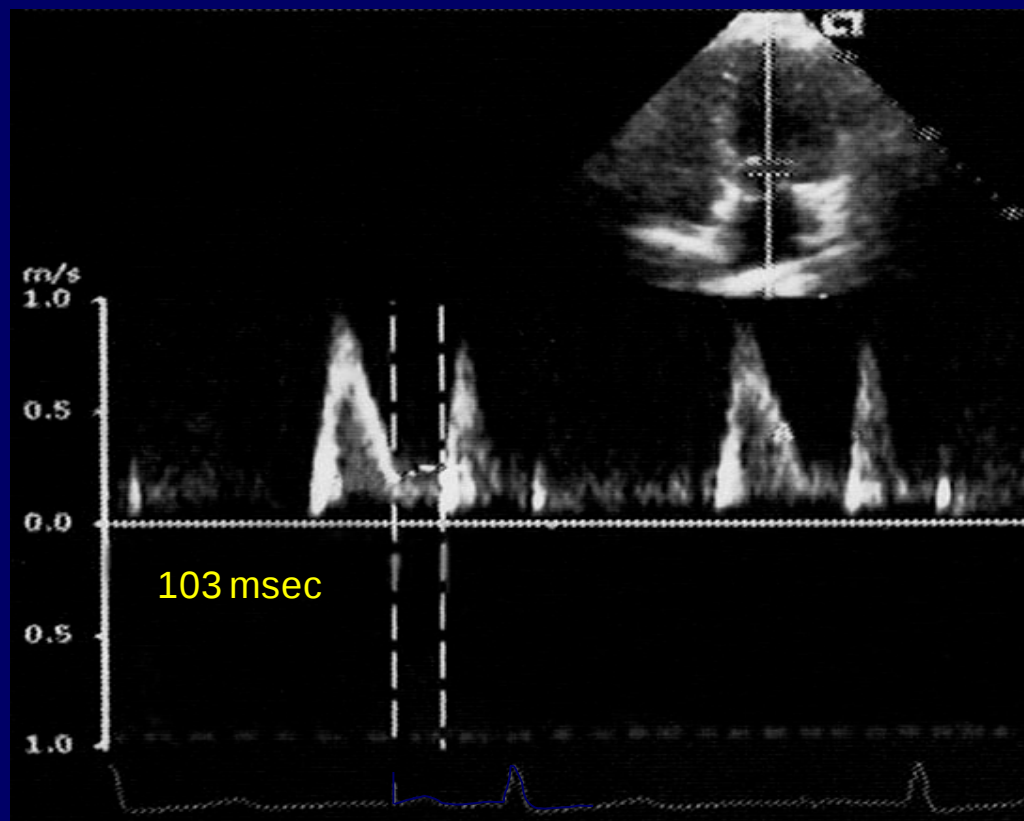


# AAIR (long AV) versus DDDR (BIV)



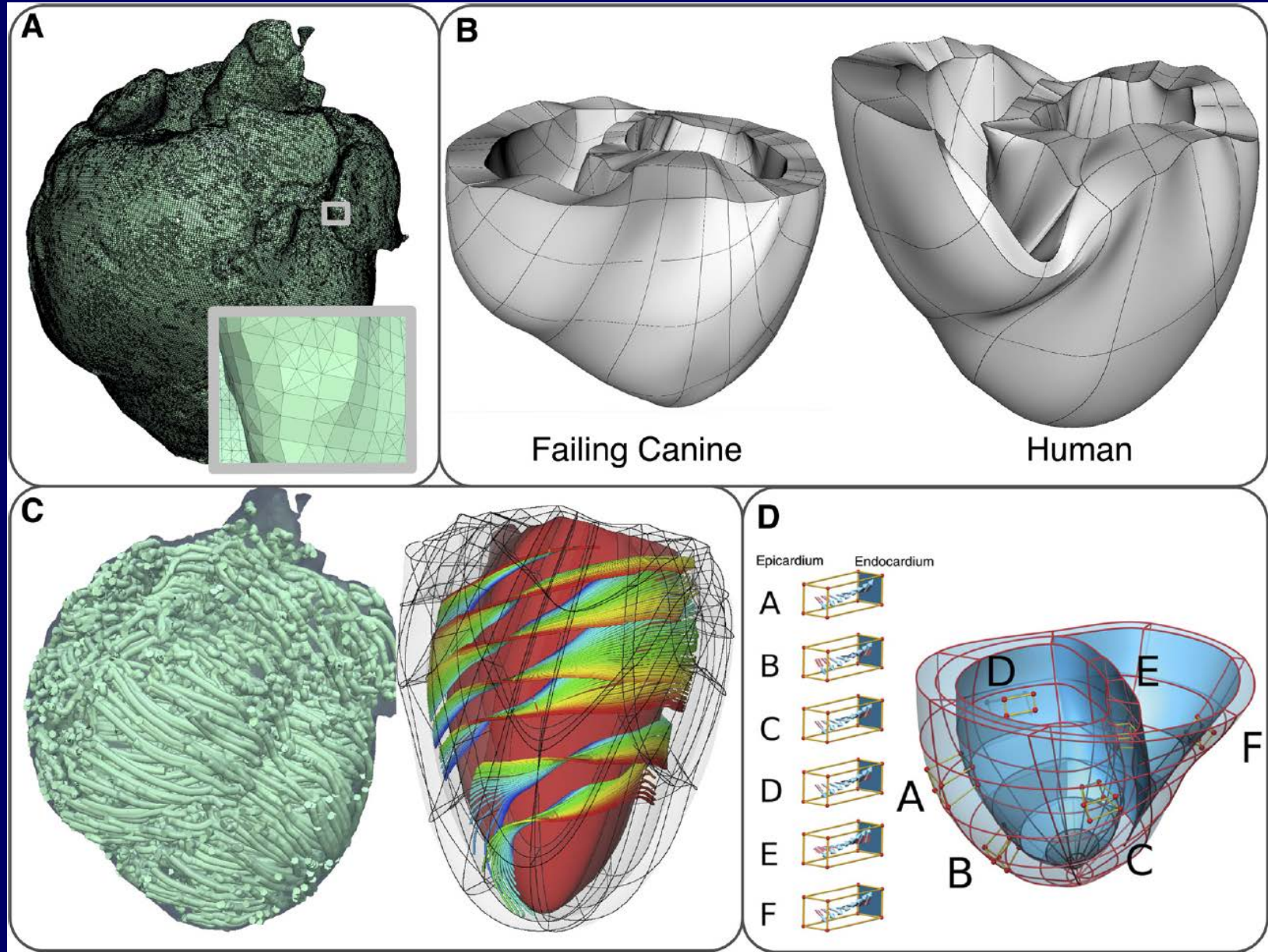
# METODO

TCI calcolato come media di 3 intervalli tra lo spike del pacing temporaneo sulla traccia ecg dell'ecocardiografo ed il piede dell'onda A del flusso transmitralico in proiezione 4 c apicale



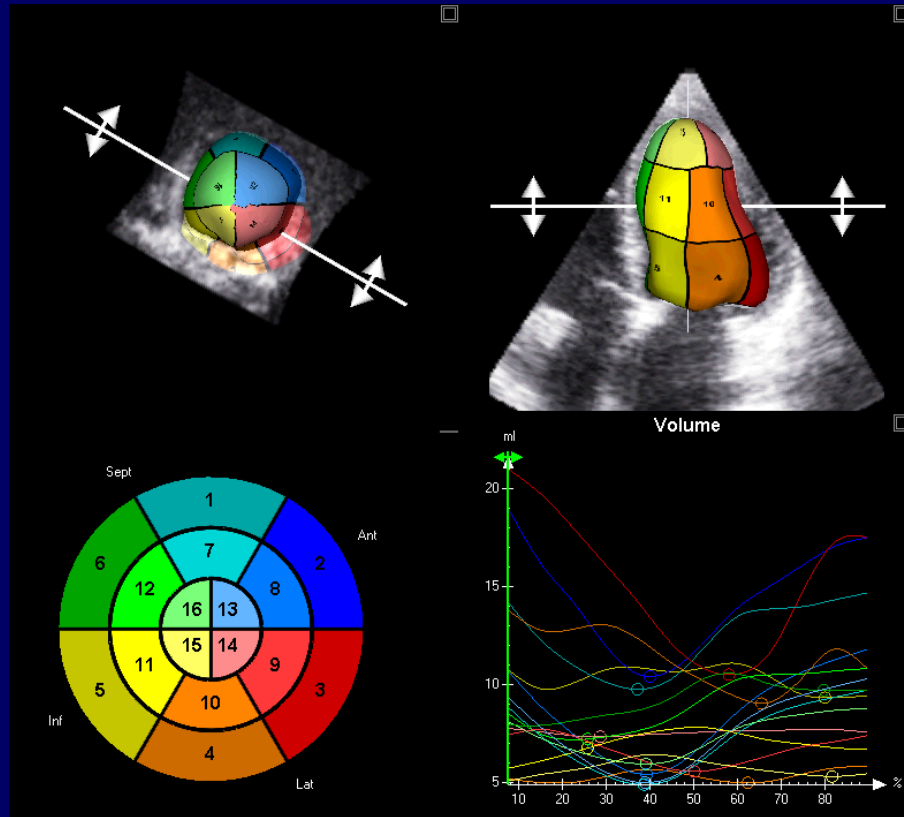
Intervallo spike pacing temporaneo - piede onda A

# Electromechanical models of the ventricles



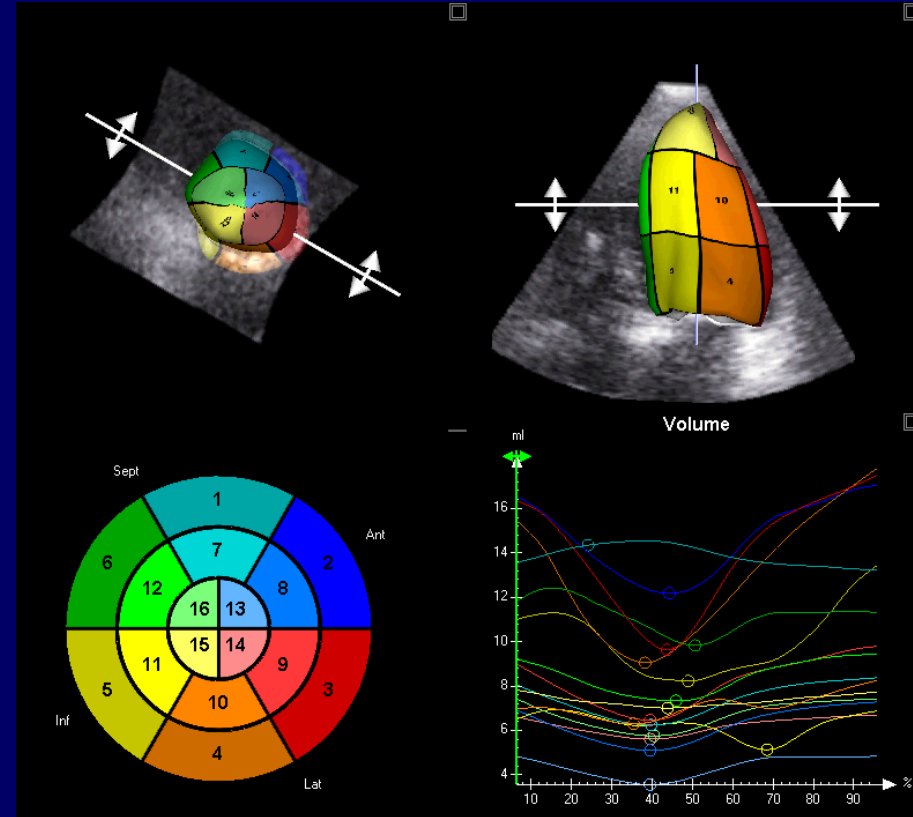
# 4D LV e ottimizzazione V-V

BASE



LVEF 23 %

BIV

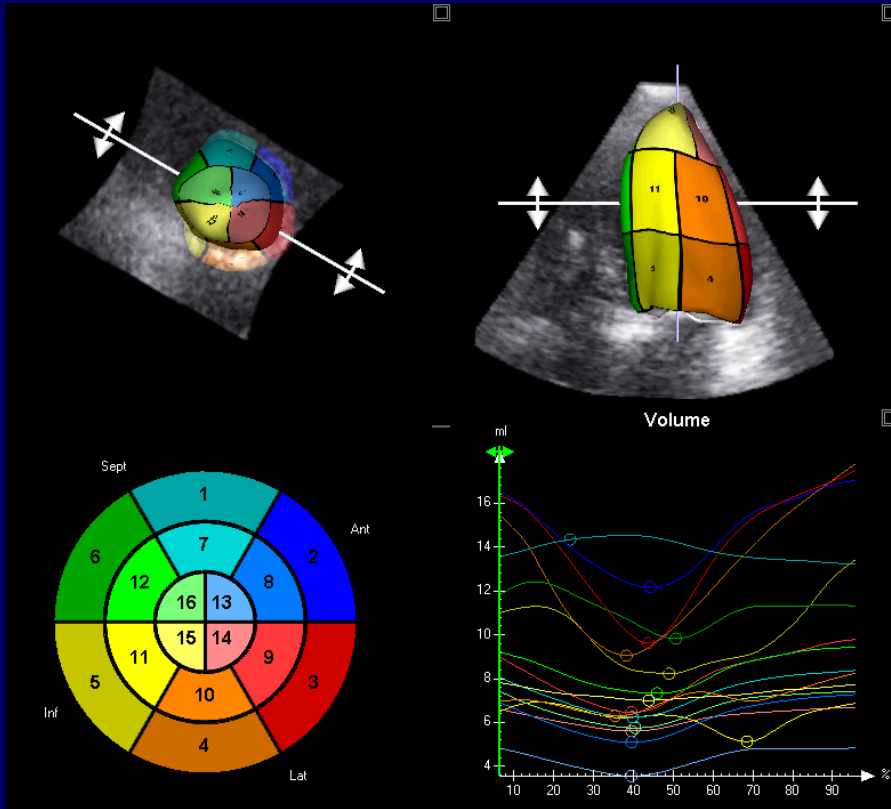


LVEF 25 %

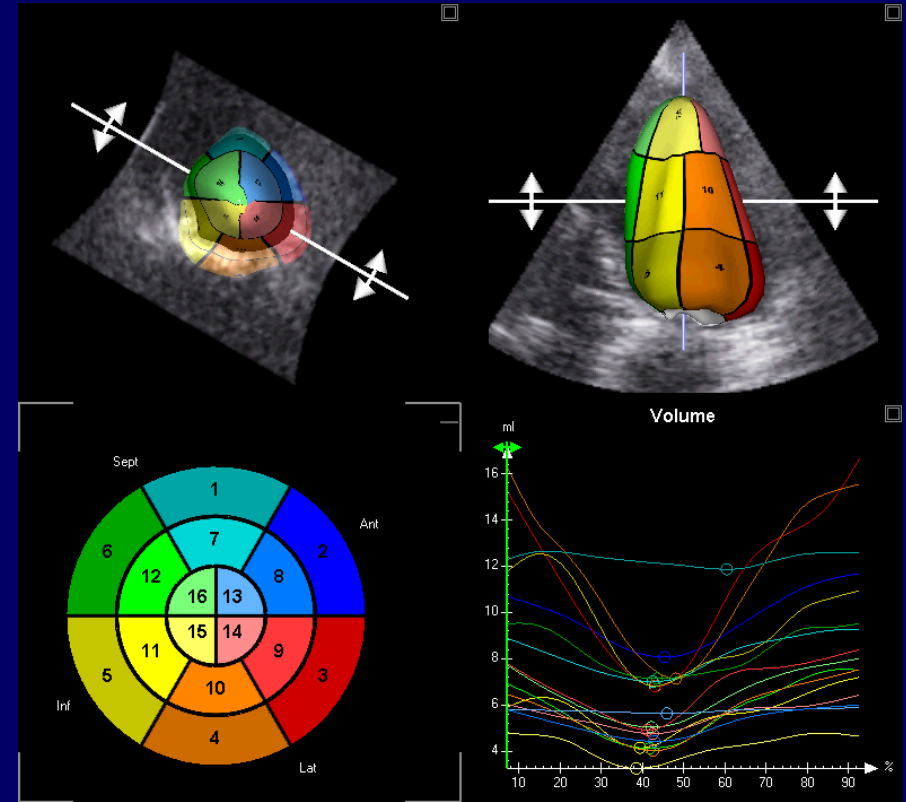
# 4D LV e ottimizzazione V-V

BIV V-V = 0

LV



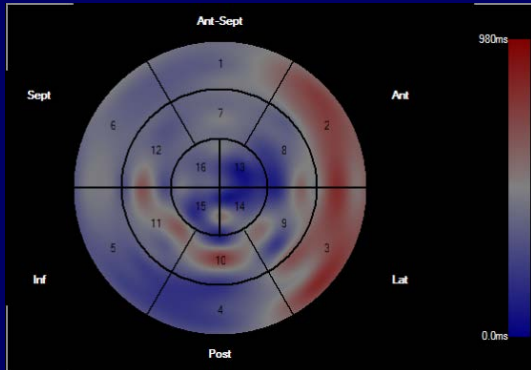
|     |        |
|-----|--------|
| EDV | 167 ml |
| ESV | 124 ml |
| EF  | 25 %   |



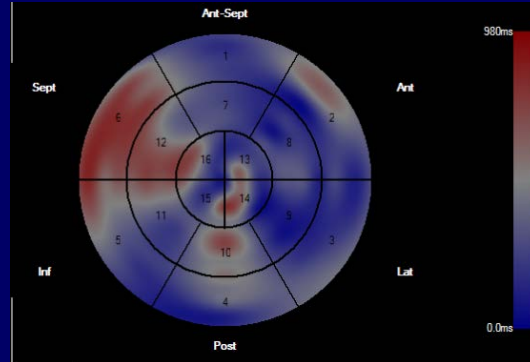
|     |        |
|-----|--------|
| EDV | 148 ml |
| ESV | 96 ml  |
| EF  | 35 %   |

# Programmazione Pacemaker con 4 D LV

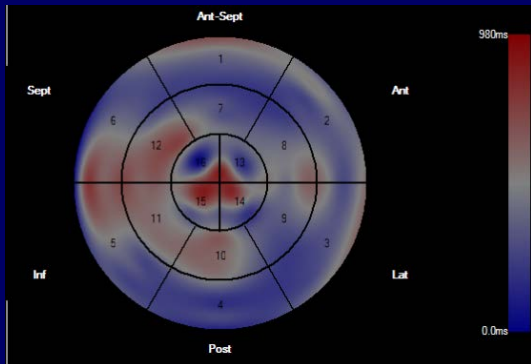
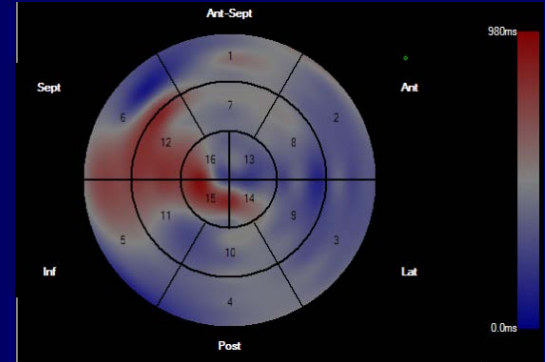
SR



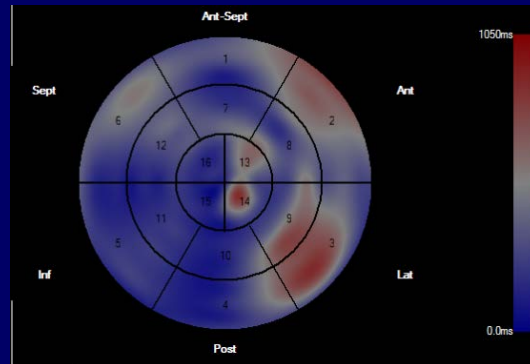
RV20



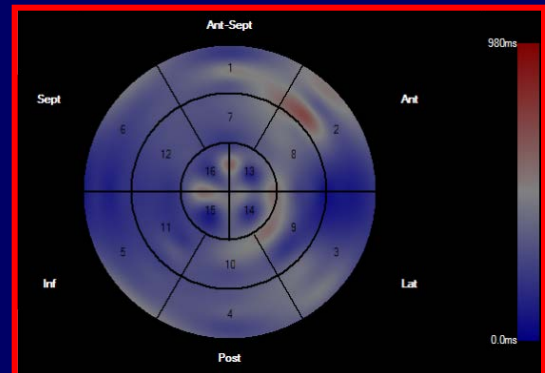
RV40



VV0



LV20

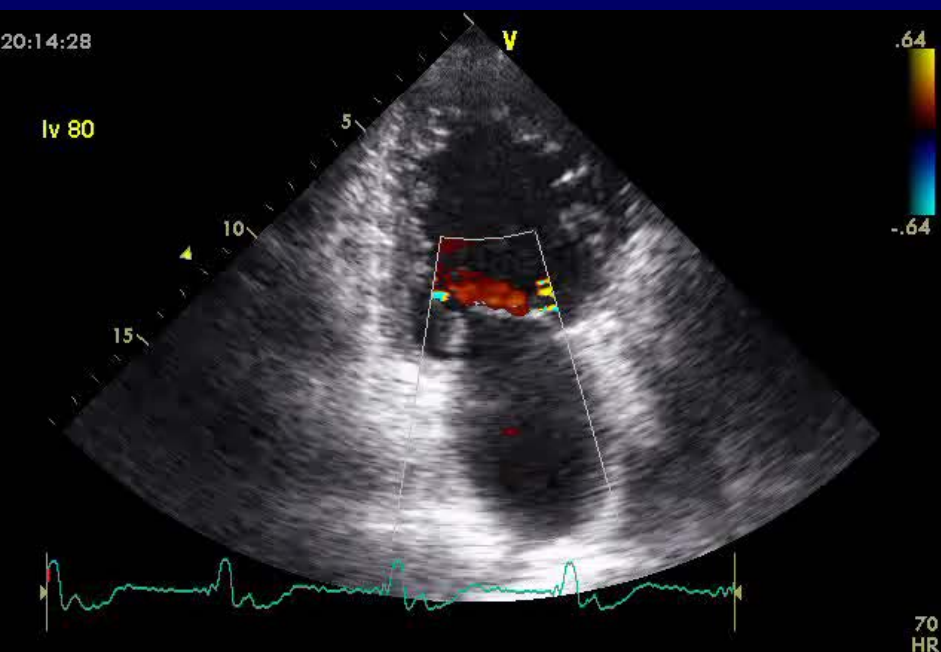


LV40

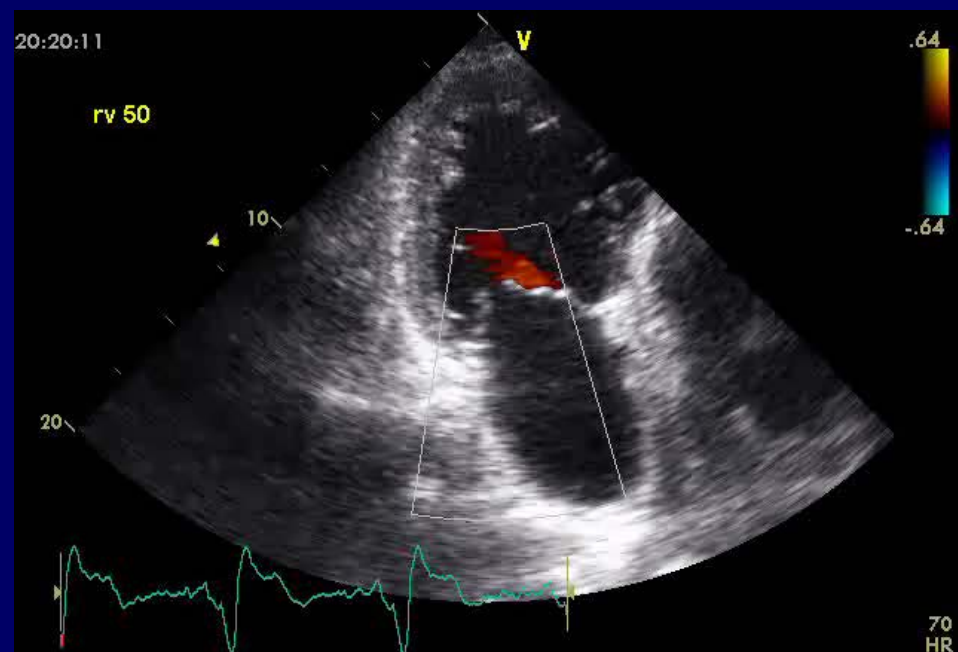
Visualization of contraction delays due to different pacemaker settings  
**LV40 delivered best result**

Three dimensional ventricular dyssynchrony: a fast and reliable parameter to optimize sequential biventricular pacing  
Dr. Stéphane Lafitte et al. Hôpital Cardiologique Pessac, NASPE 2004

# Riduzione dell'insufficienza mitralica con ottimizzazione del VV



- 80 ms (LV pre-excitation)



+ 50 msec (RV pre-excitation)

# Quali raccomandazioni dalle Linee guida ?

- performing AV interval optimization (echo guided or using invasive hemodynamic measurements)
- performing V-V optimization
- setting upper tracking limit (higher than the fastest sinus rate)
- setting automatic mode switch
- setting protection against endless-loop tachycardias
- setting rate-responsiveness in case of chronotropic incompetence
- setting diagnostic functions dedicated to detection of ventricular and atrial arrhythmias

# How to optimize AV interval

**Table I** Atrioventricular interval optimization methods

| Echocardiography                                                                                                                                    |                                                                                                                                                      | Non-echocardiography                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Optimization of LV diastolic filling                                                                                                                | Optimization of LV systolic function                                                                                                                 |                                                                                                                                                                                           |
| <ul style="list-style-type: none"><li>• Iterative method</li><li>• Ritter's method</li><li>• Mitral inflow VTI</li><li>• Meluzin's method</li></ul> | <ul style="list-style-type: none"><li>• LV <math>dP/dt_{\max}</math></li><li>• LV outflow tract VTI</li><li>• Myocardial performance index</li></ul> | <ul style="list-style-type: none"><li>• Invasive <math>dP/dt_{\max}</math></li><li>• Impedance cardiography</li><li>• Acoustic cardiography</li><li>• Intracardiac electrograms</li></ul> |

LV, left ventricular; VTI, velocity time integral.

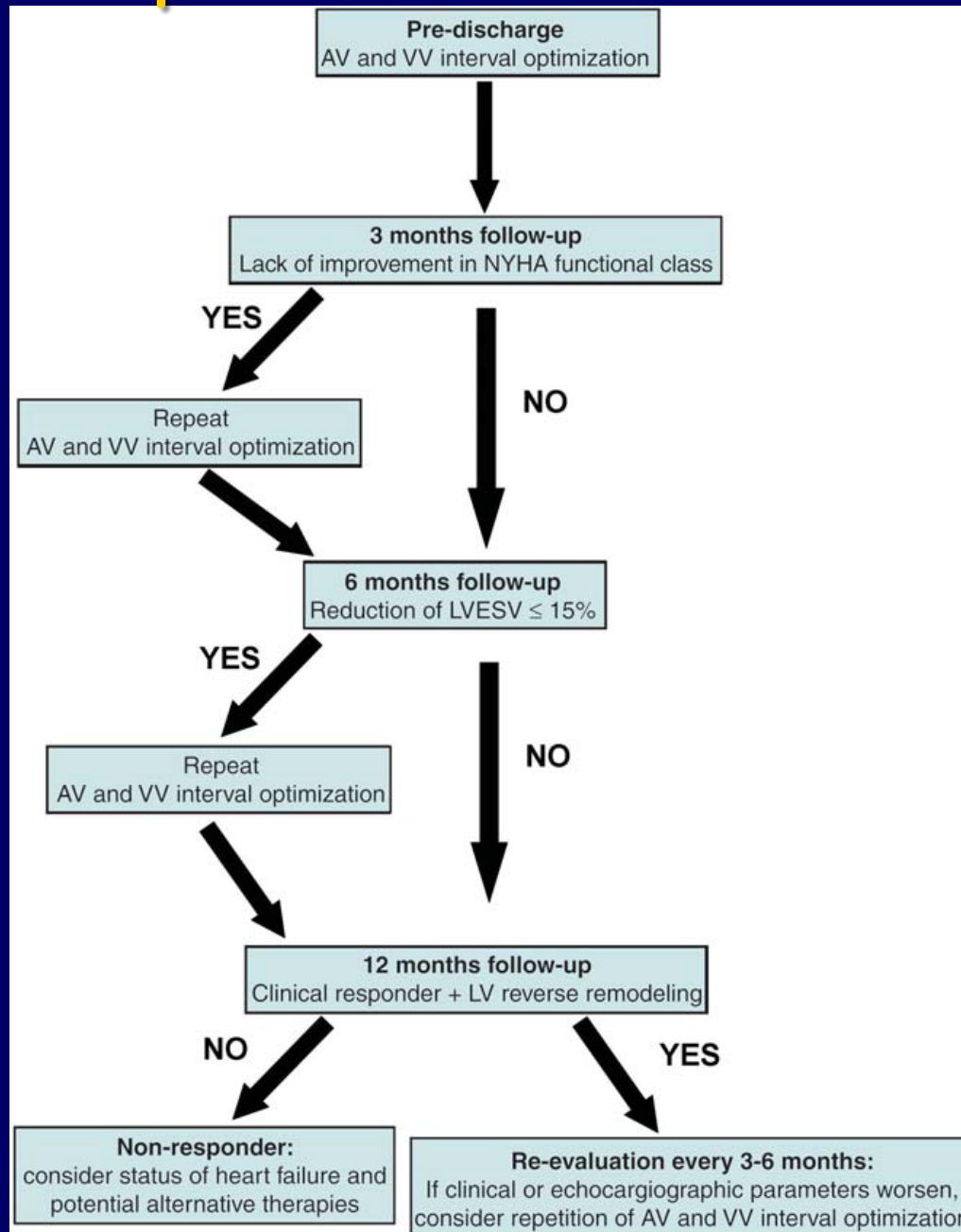
# How to optimize VV interval

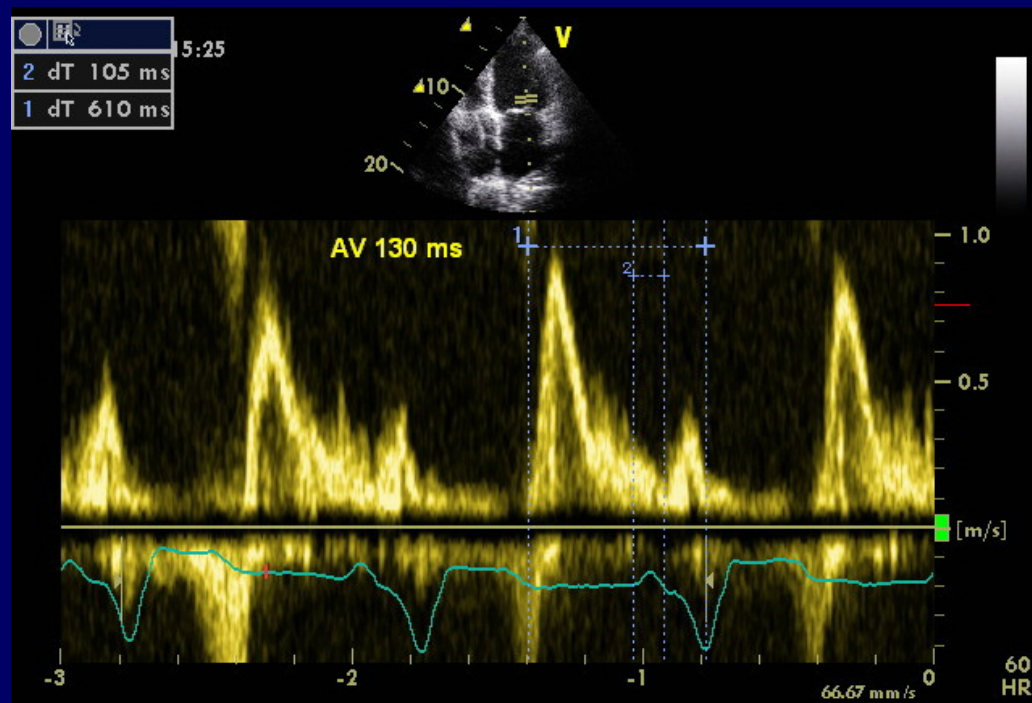
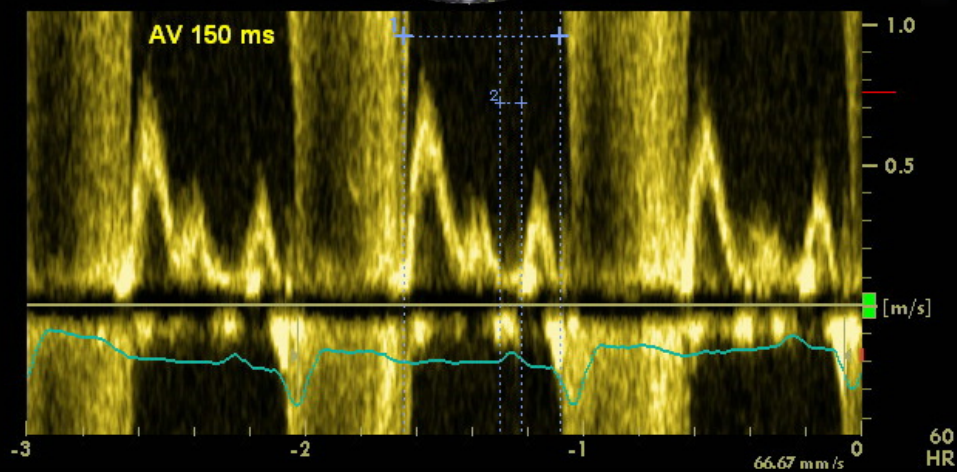
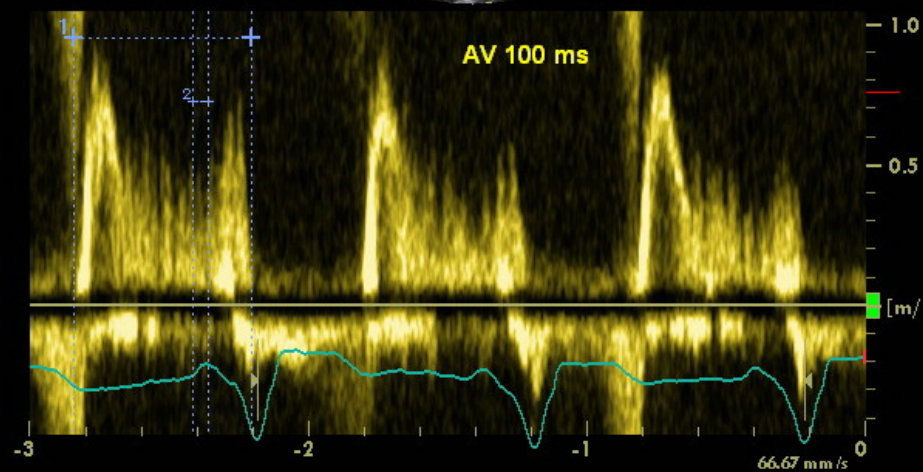
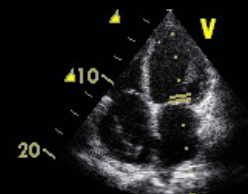
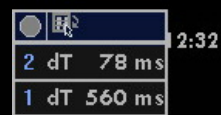
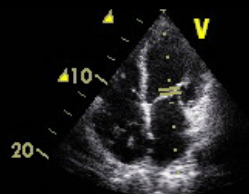
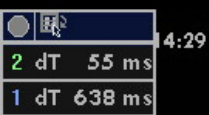
**Table 2** Interventricular interval optimization methods

| Echocardiography                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Non-echocardiography                                                                                                                                                                                                                                                                                   |
|--------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Optimization of LV systolic function                                     | Optimization of LV mechanical dyssynchrony                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                        |
| <ul style="list-style-type: none"> <li>• LV outflow tract VTI</li> </ul> | <ul style="list-style-type: none"> <li>• Interventricular dyssynchrony (difference between aortic and pulmonary pre-ejection times)</li> <li>• Time to peak systolic velocity at TDI (time difference between two or four opposing walls, standard deviation of 12 LV segments)</li> <li>• Speckle-tracking echocardiography (radial, longitudinal and circumferential dyssynchrony)</li> <li>• Real time 3D echocardiography (systolic dyssynchrony index)</li> </ul> | <ul style="list-style-type: none"> <li>• Invasive <math>dP/dt_{\max}</math></li> <li>• Radionuclide ventriculography</li> <li>• Finger photo-plethysmography</li> <li>• Surface ECG</li> <li>• Impedance cardiography</li> <li>• Acoustic cardiography</li> <li>• Intracardiac electrograms</li> </ul> |

LV, left ventricular; TDI, tissue Doppler imaging; VTI, velocity time integral.

# when to optimize AV and VV interval





# FU 24 mesi

02/02/2012 19:55:13

5

02/02/2012 20:02:51

15

.57

5

10

20

30

40

50

60

70

80

90

100

110

120

130

140

150

160

170

180

190

200

210

220

230

240

250

260

270

280

290

300

310

320

330

340

350

360

370

380

390

400

02/02/2012 20:03:08

16

02/02/2012 20:03:30

17

.59

64

HR

5

10

20

30

40

50

60

70

80

90

100

110

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130

140

150

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170

180

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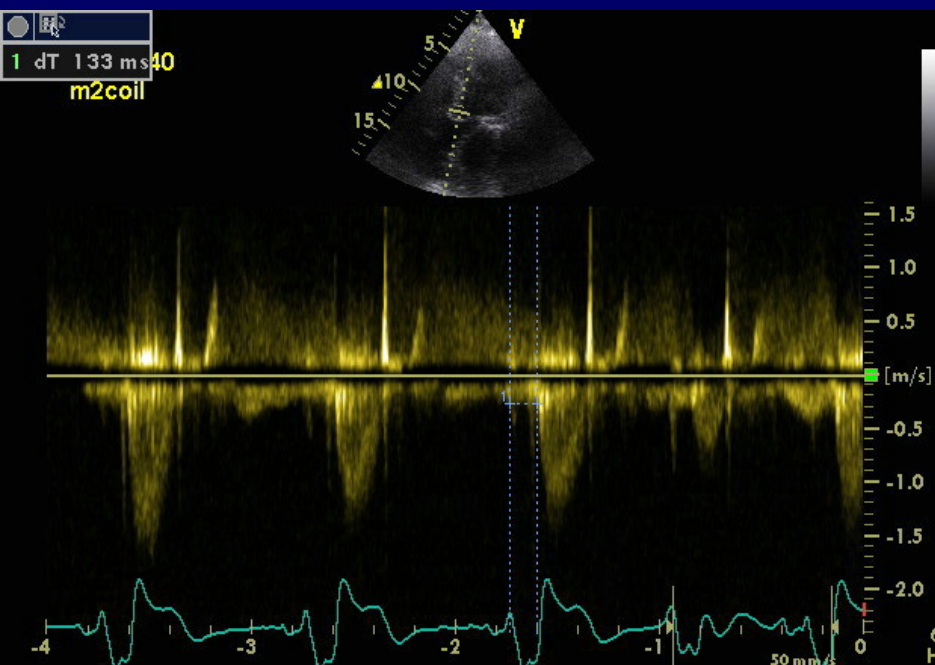
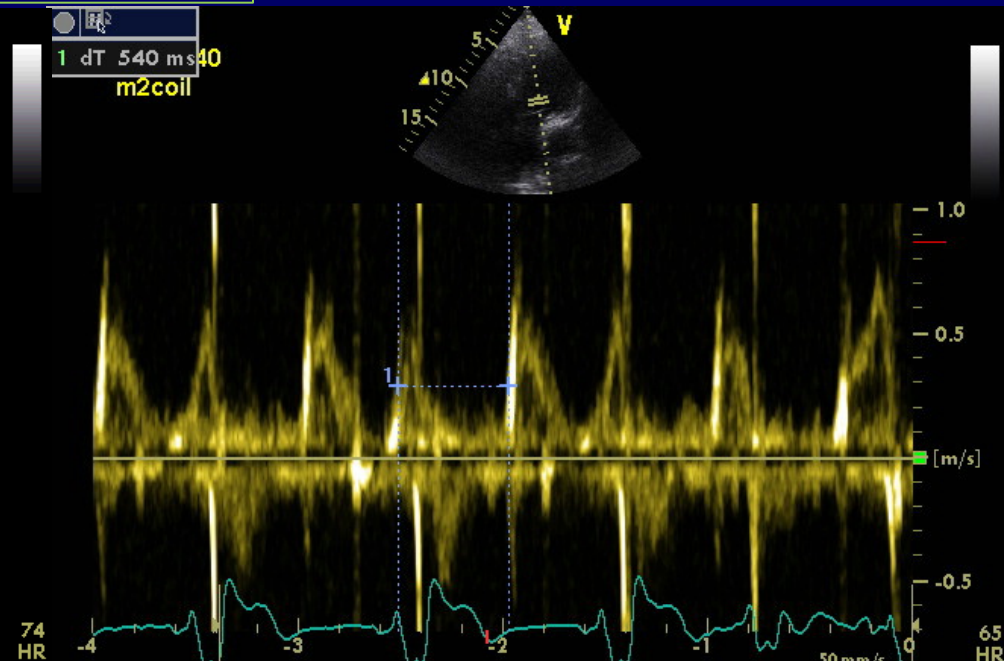
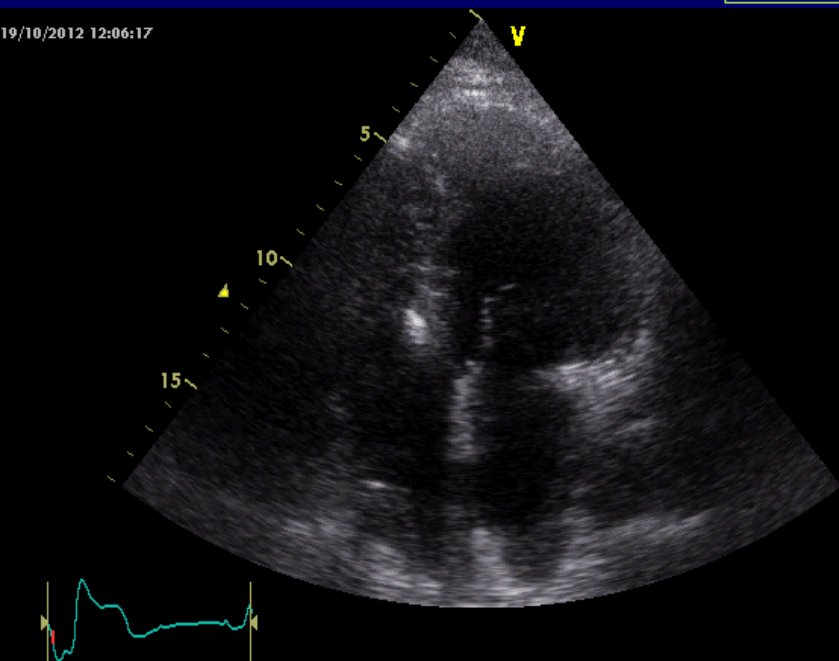
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2700

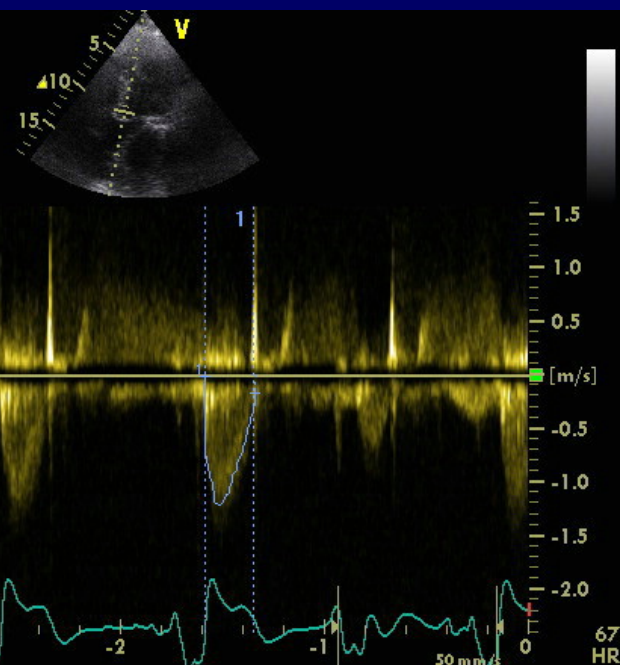
- G. G. 71 anni CMD idiopatica
- Ricovero per scompenso
- Ottimizzazione della terapia medica

# M2-Coil VV = - 40

19/10/2012 12:06:17

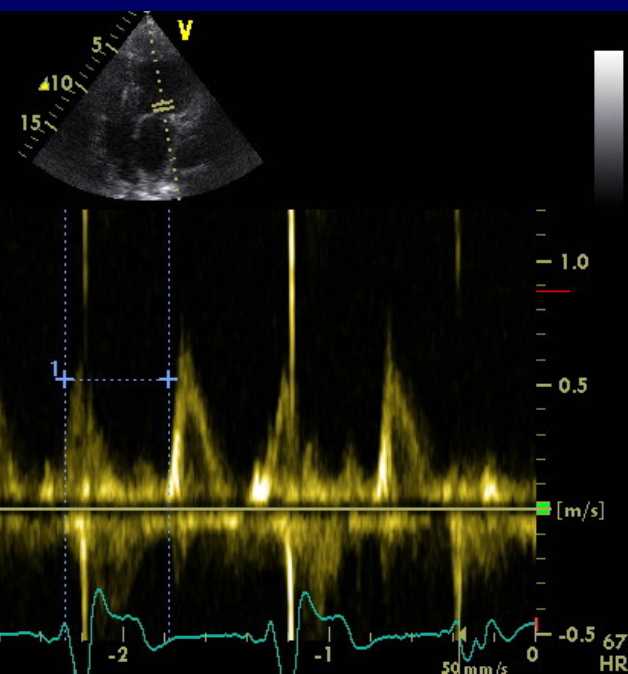
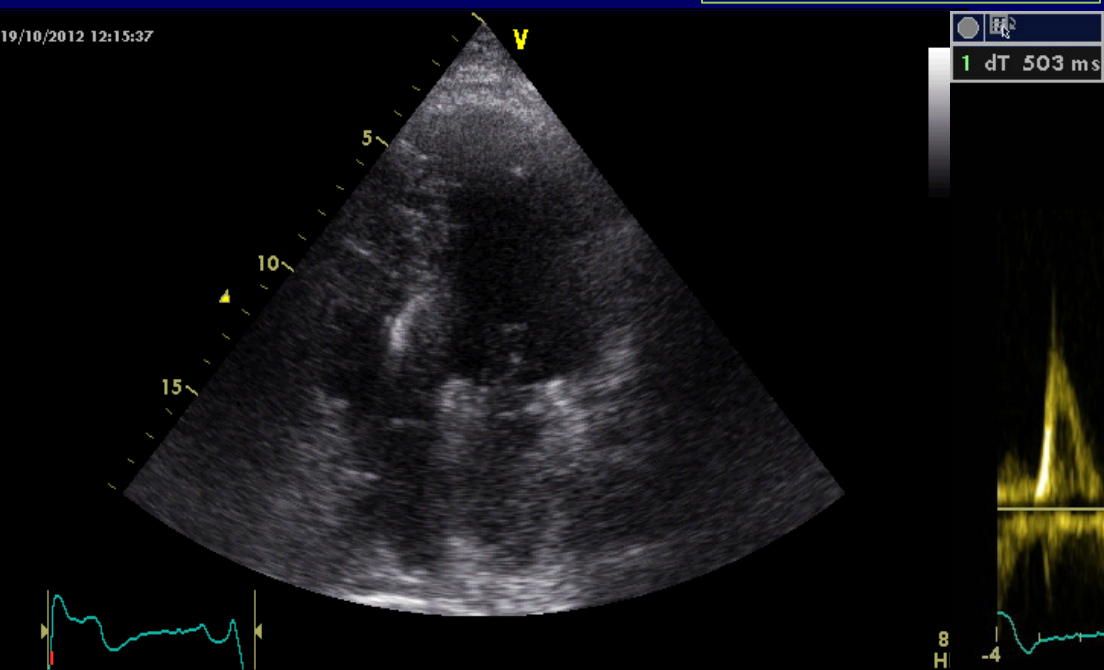


|   |             |           |
|---|-------------|-----------|
| 1 | AV Vmax     | 1.21 m/s  |
|   | AV Vmean    | 0.87 m/s  |
|   | AV maxPG    | 5.86 mmHg |
|   | AV media PG | 3.32 mmHg |
|   | AV VTI      | 21.2 cm   |
|   | AV Env.Ti   | 244 ms    |
|   | HR          | 254 BPM   |

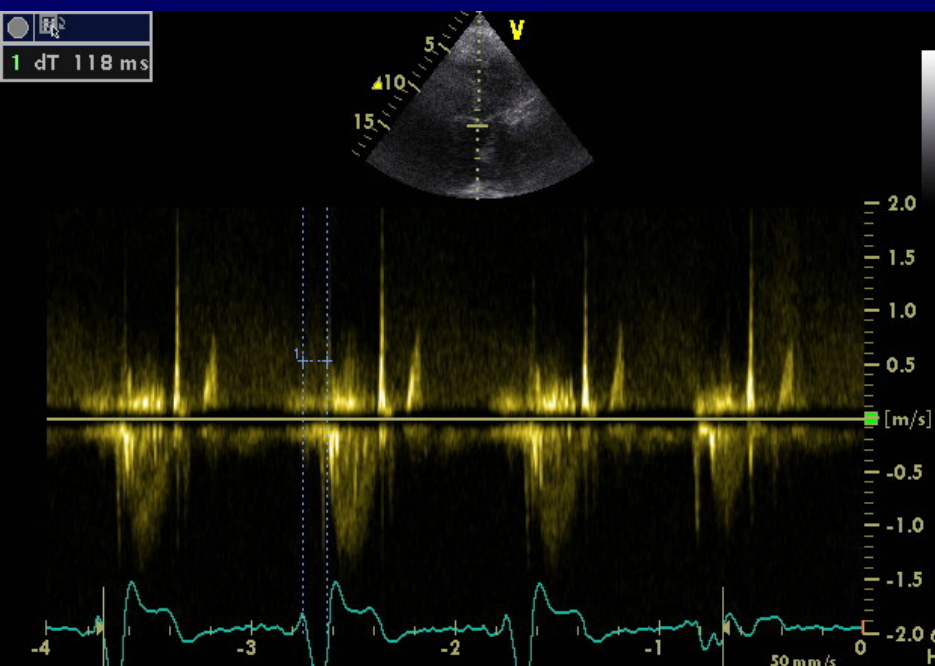


# M2-Coil VV = 0

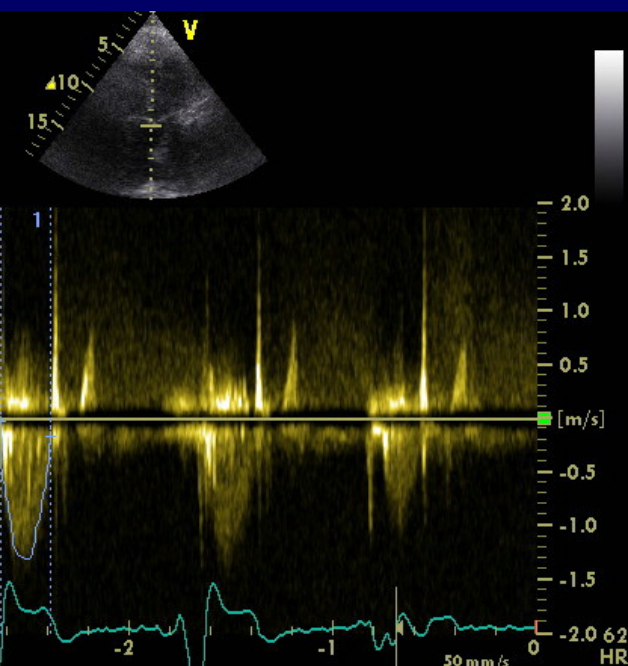
19/10/2012 12:15:37



1 dT 118 ms

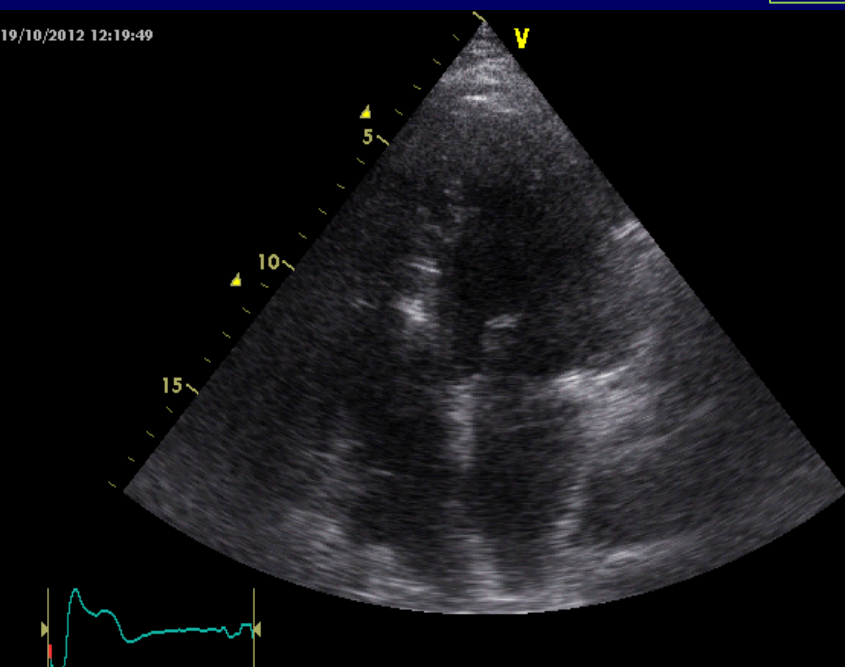


|             |           |
|-------------|-----------|
| 1 AV Vmax   | 1.31 m/s  |
| AV Vmean    | 0.97 m/s  |
| AV maxPG    | 6.84 mmHg |
| AV media PG | 4.13 mmHg |
| AV VTI      | 23.6 cm   |
| AV Env.Ti   | 244 ms    |
| HR          | 246 BPM   |

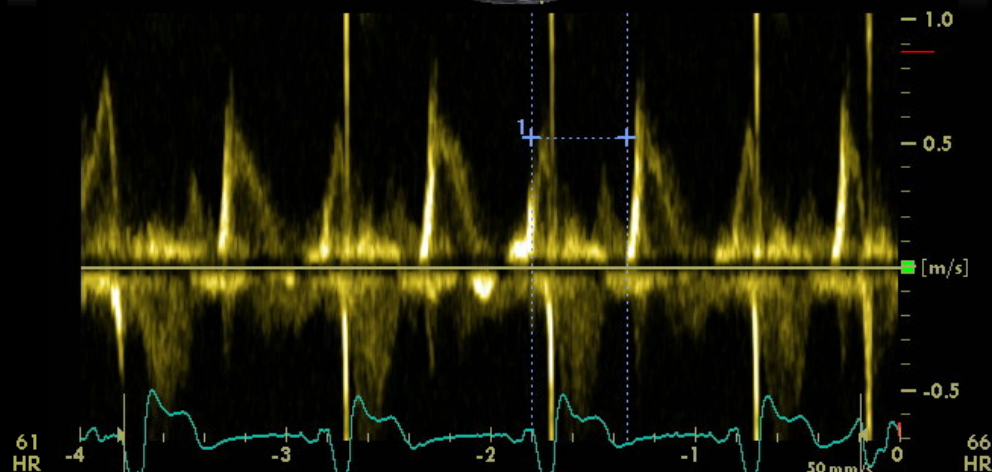


# M2-M3 VV = 0

19/10/2012 12:19:49



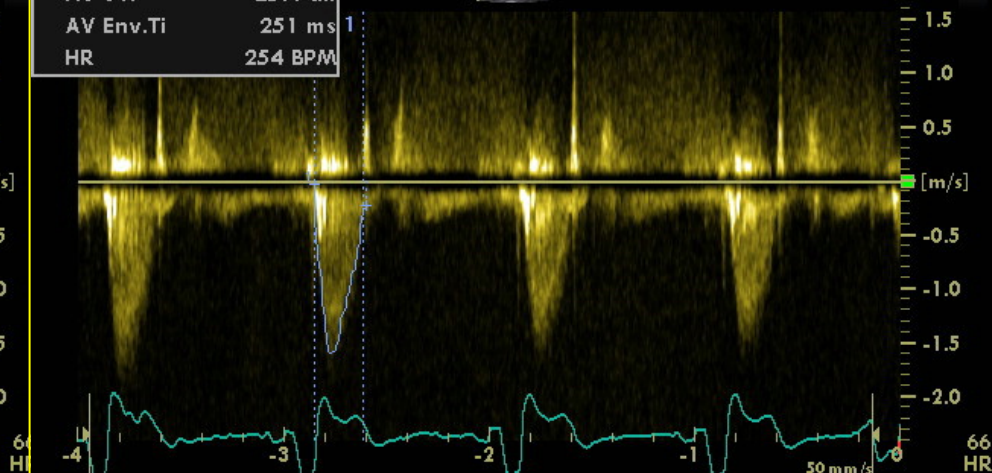
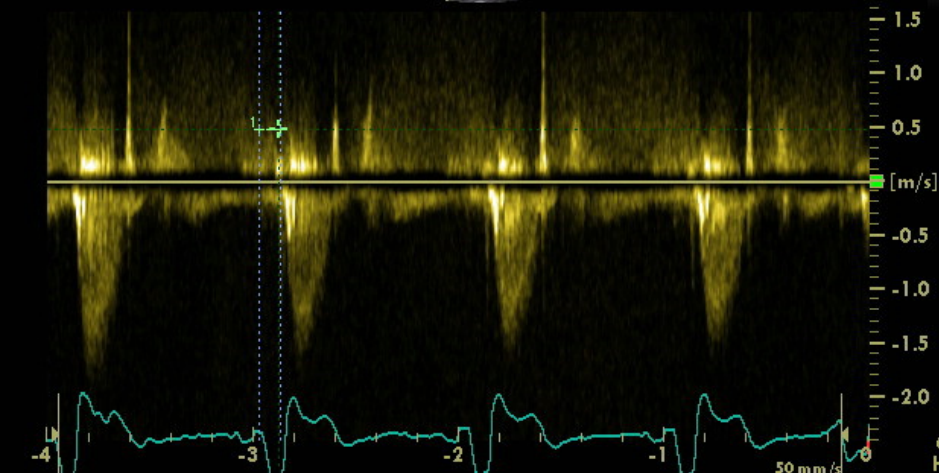
1 dT 466 ms



v 0.48 m/s  
 p 0.94 mmHg  
 1 dT 104 ms



1 AV Vmax 1.59 m/s  
 AV Vmean 1.01 m/s  
 AV maxPG 10.12 mmHg  
 AV media PG 4.82 mmHg  
 AV VTI 25.4 cm  
 AV Env.Ti 251 ms  
 HR 254 BPM



# Conclusions

- Short AV delay and optimal V-V delay favourably affect LV performance by improving LV filling time
- While AV delay can easily be settled, V-V delay has to be chosen on the basis of different parameters
- 4D LV LVEF probably is the most powerful method to identify the best results delivering V-V delay