



What is the best way to assess coronary perfusion?

Amir Lerman, MD

Barbara Woodward Lips Endowed Professor.
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Mayo Clinic, Rochester, MN

Low Diagnostic Yield of Elective Coronary Angiography

Study Population and Rates of Obstructive Coronary Artery Disease

Original Investigation

Nonobstructive Coronary Artery Disease and Risk of Myocardial Infarction

Among 37 674 patients, 8384 patients (22.3%) had non obstructive CAD

Coronary Ischemia and non obstructive coronary artery disease by angiography is common and is associated with cardiovascular events

37.6%
62.4 %

Multivessel

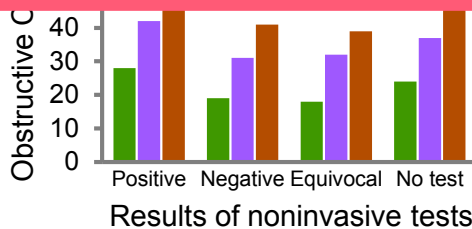
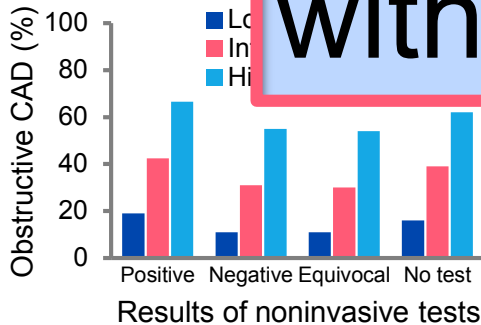
1-vessel

2-vessel

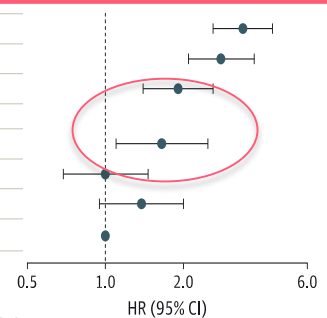
3-vessel

Framingham

CAD



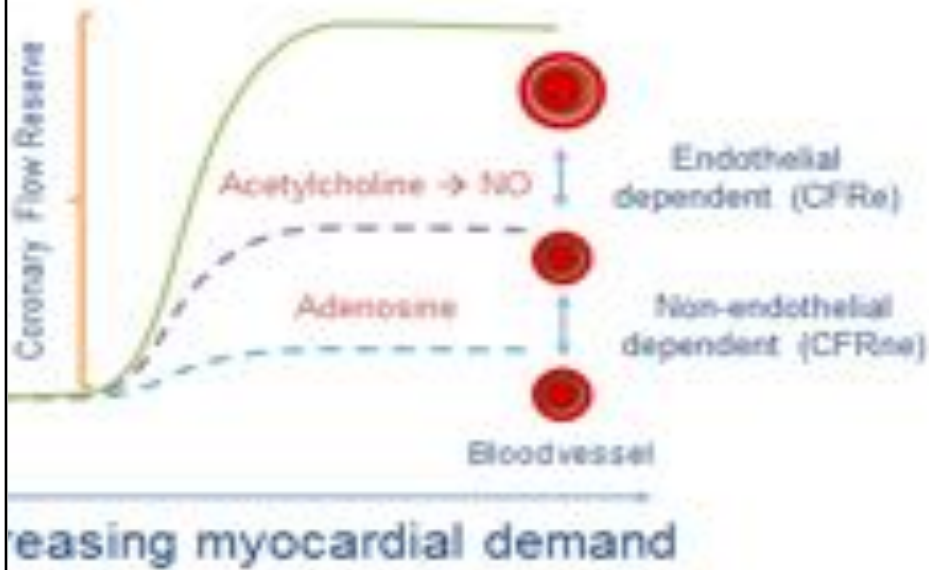
Obstructive CAD	n	N	HR (95% CI)
3-Vessel or left main	239	6036	3.4 (2.6-4.4)
2-Vessel	164	5452	2.8 (2.1-3.7)
1-Vessel	192	9411	1.9 (1.4-2.6)
Nonobstructive CAD			
3-Vessel	27	1133	1.6 (1.1-2.5)
2-Vessel	35	2605	1.0 (0.7-1.5)
1-Vessel	85	4646	1.4 (1.0-2.0)
No apparent CAD	103	8391	1 [Reference]



Coronary Microcirculation

Myocardial oxygen extraction 60-80% vs. 20-30% in skeletal muscle: coronary perfusion is flow limited

Coronary Blood Flow Response to Increase Myocardial Demand

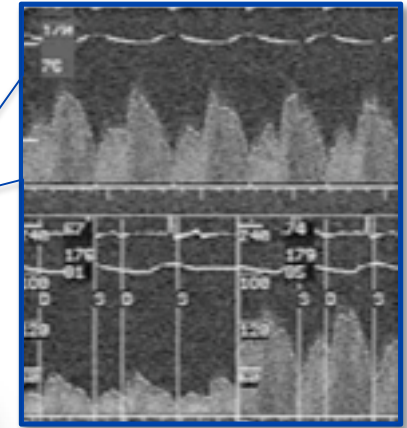


Functional Angiogram Protocol

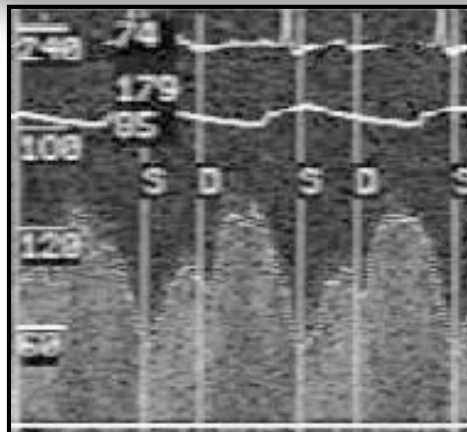
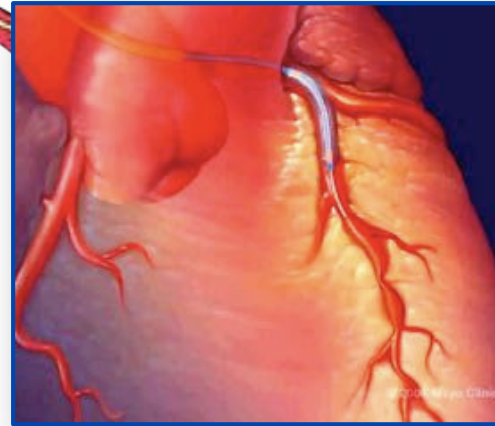
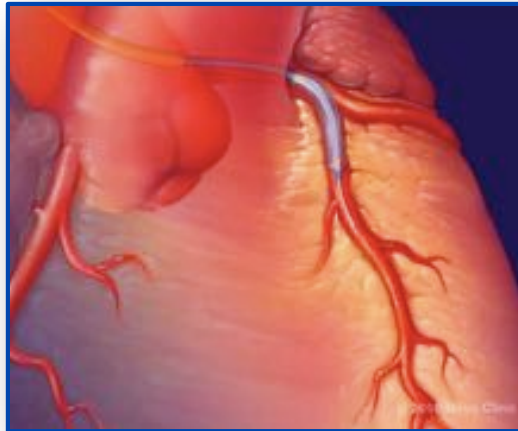
Diagnostic angiography

Adenosine IC
24-72 μg

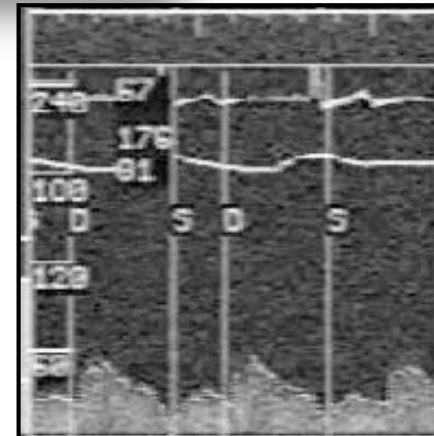
CFR: Non endothelium microcirculation



Acetylcholine
(endothelium dependent vasodilator)
Epicardial



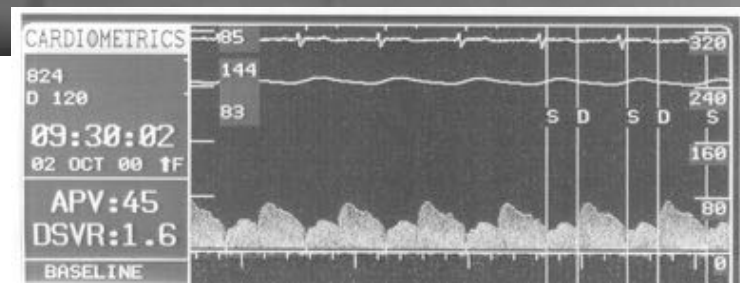
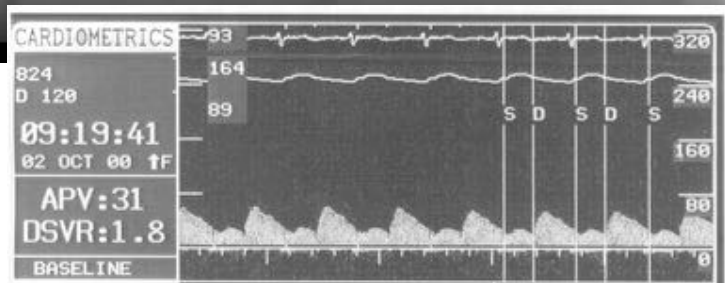
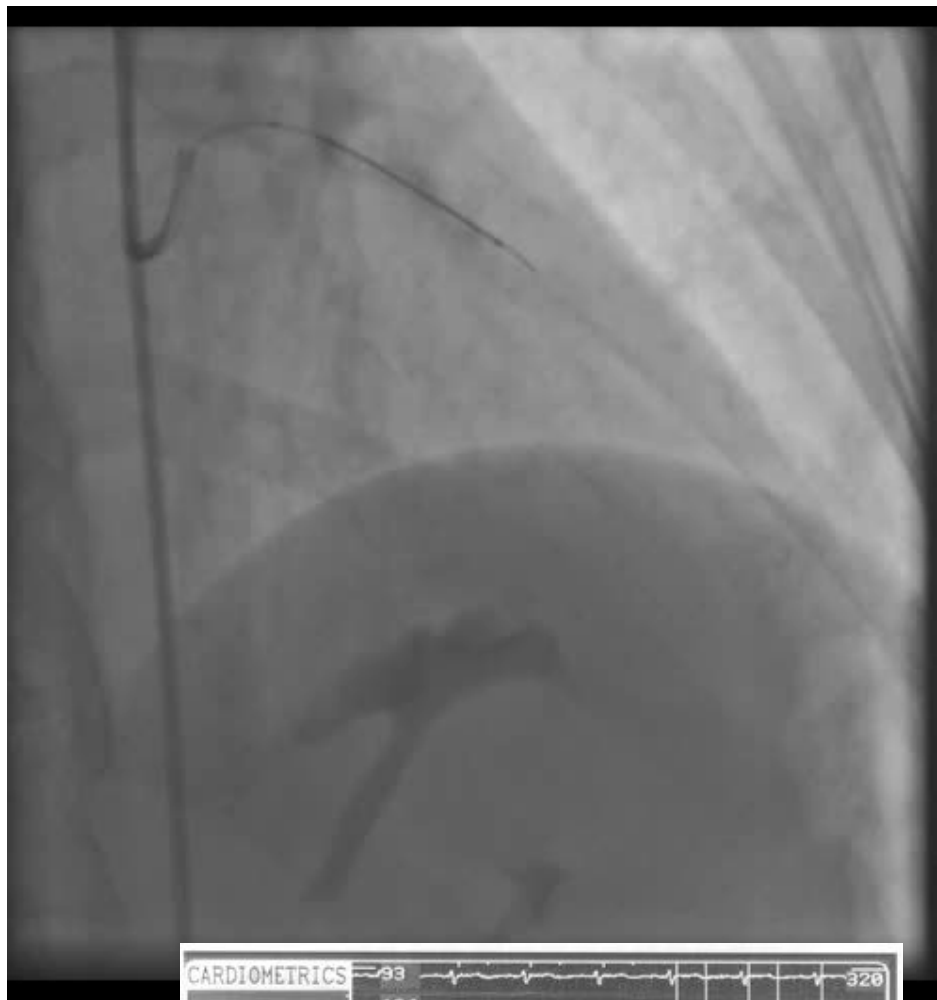
Microcirculation



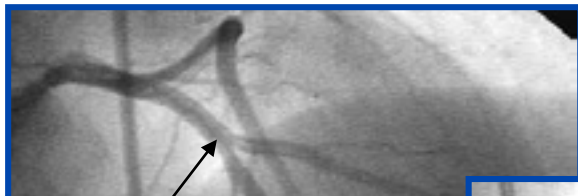
50-Year-Old Female With Chest Pain

Baseline

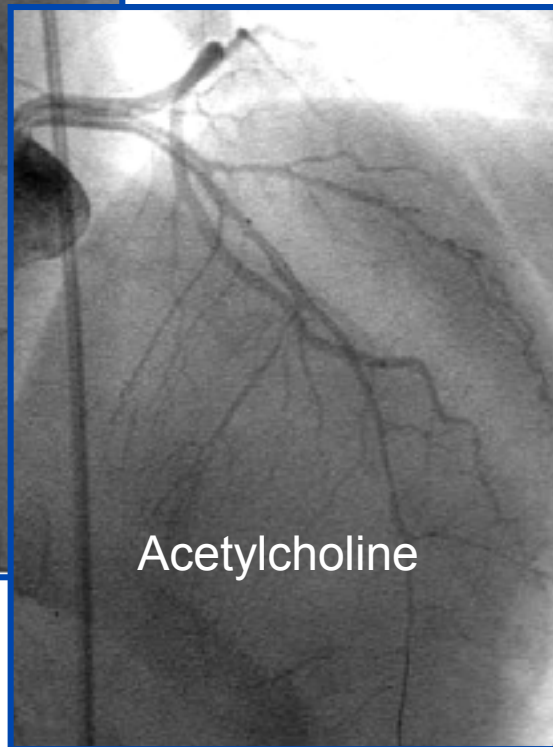
Acetylcholine 10-4M



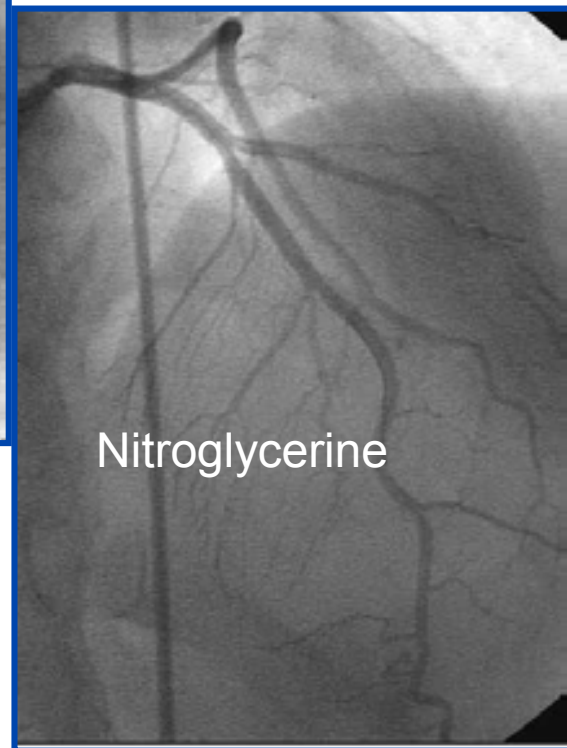
50-Year-Old Female With Chest Pain



Baseline



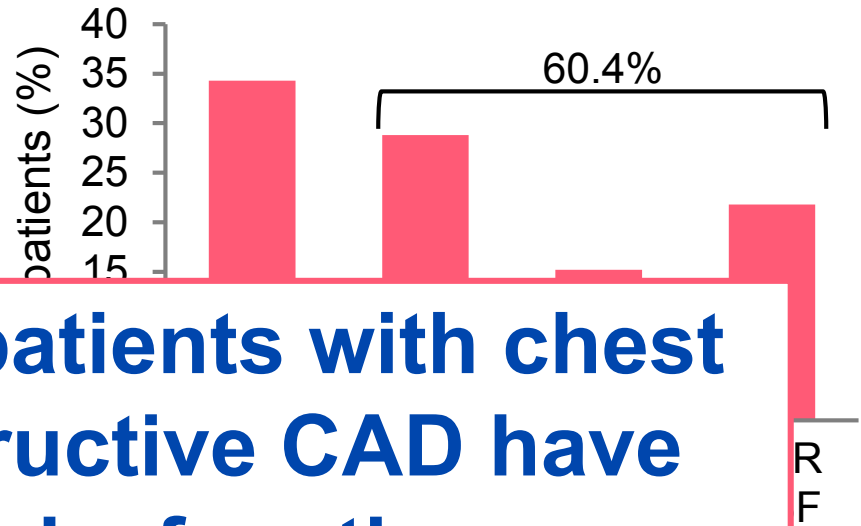
Acetylcholine



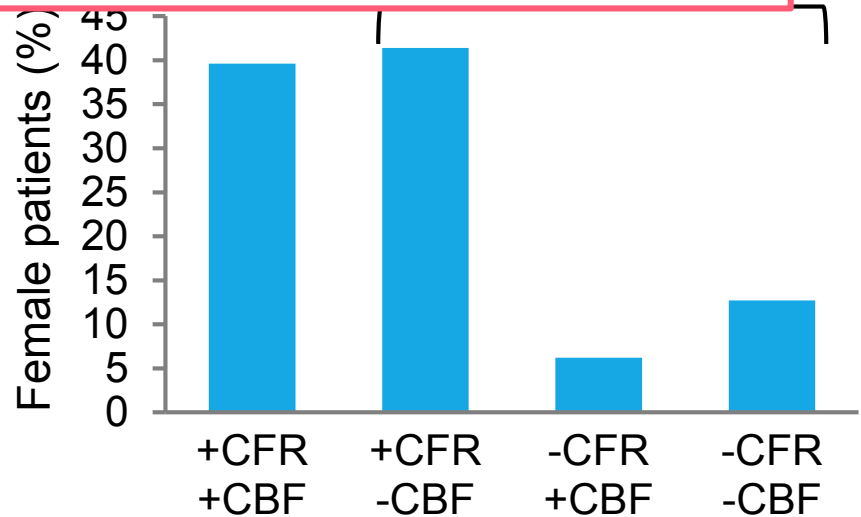
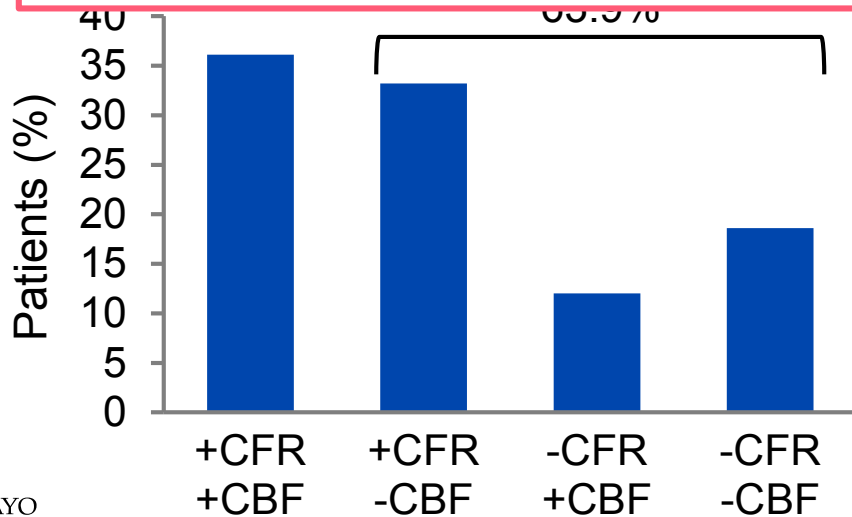
Nitroglycerine

Prevalence of Microvascular Dysfunction in Patients With Non-Obstructive CAD

1,439 patients with chest pain and non-obstructive CAD at coronary angiography underwent invasive coronary microvessel assessment.



The majority of the patients with chest pain and non-obstructive CAD have microvascular dysfunction



Myocardial ischaemia in patients with coronary endothelial dysfunction: insights from body surface ECG mapping and implications for invasive evaluation of chronic chest pain

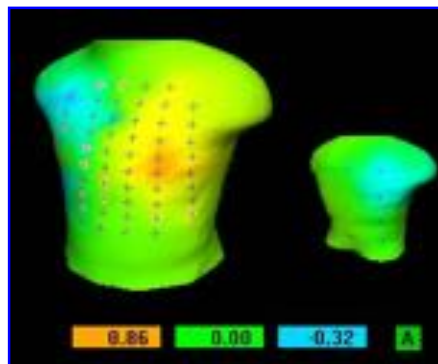
Matthew R. Summers¹, Amir Lerman¹, Ryan J. Lennon², Charanjit S. Rihal¹, and Abhiram Prasad^{1*}

Coronary endothelial function in response to acetylcholine

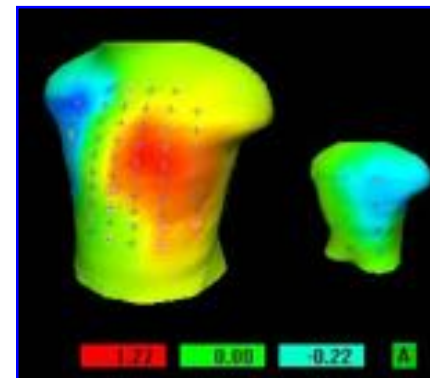
Eighty lead body surface ECG

Coronary Endothelial Function: Prime ECG

Baseline

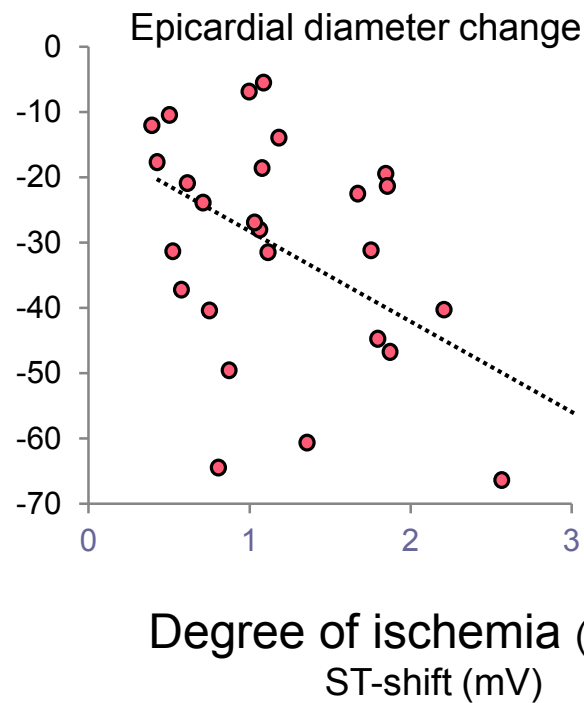
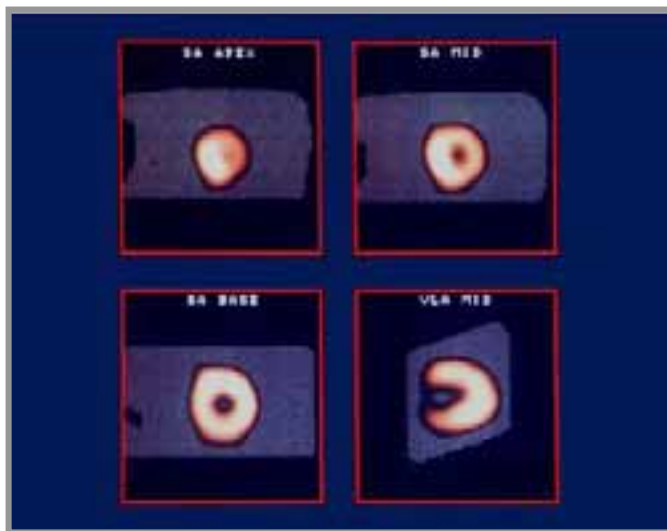


ACH 10⁻⁴M

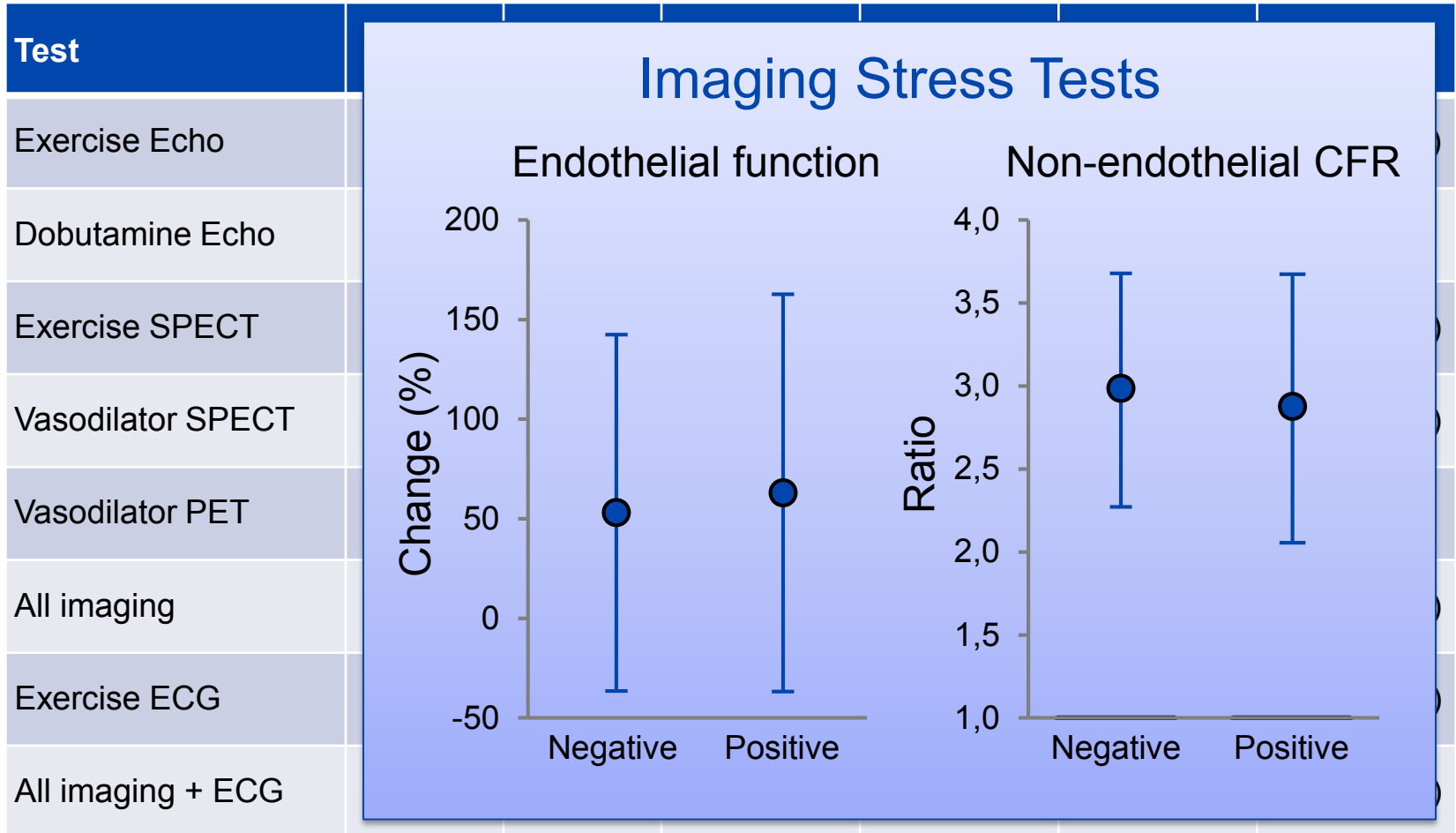


Coronary Endothelial Dysfunction in Humans Is Associated With Myocardial Perfusion Defects

David Hasdai, MD; Raymond J. Gibbons, MD; David R. Holmes, Jr, MD; Stuart T. Higano, MD; Amir Lerman, MD

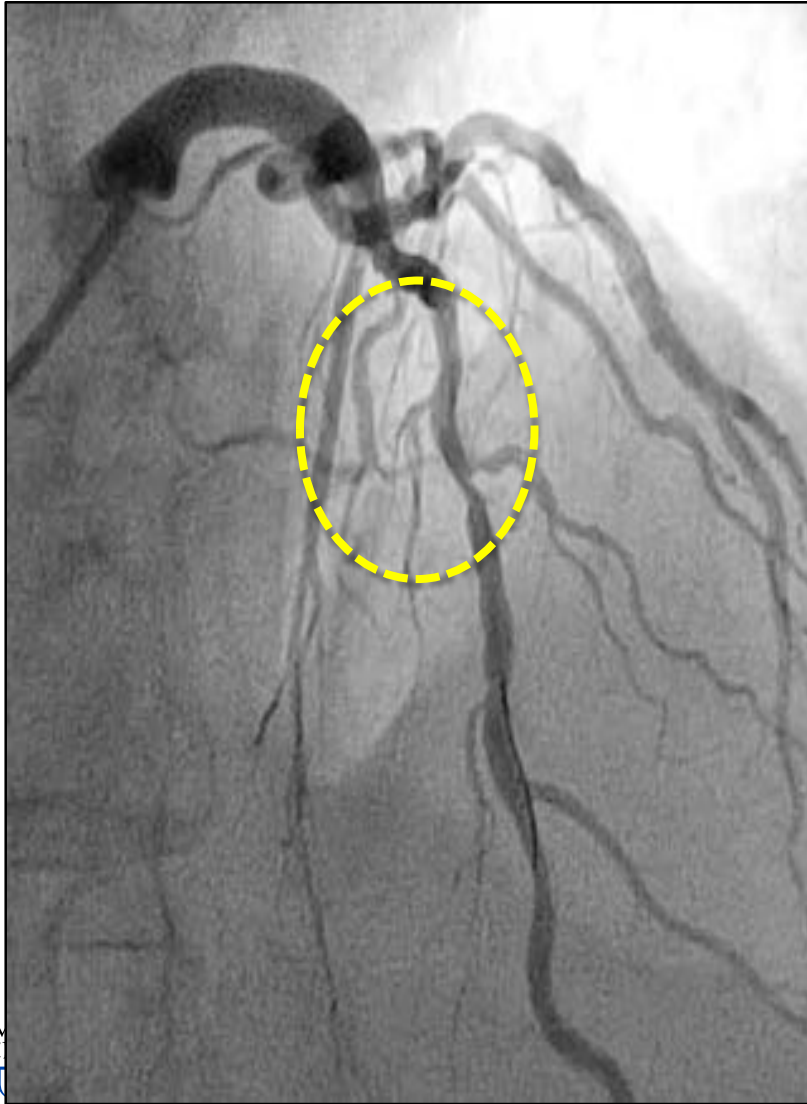


Association Between Noninvasive Tests and Coronary Microvascular Flow Reserve



Cassar: Circ, 2009

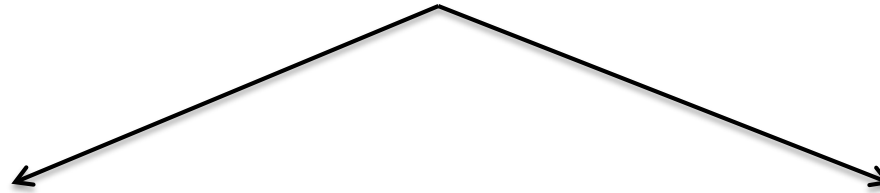
Case: 52 year old accountant with chest pain CFR, epicardial stenoses and microcirculation



CFR provides insight into the overall impairment in flow in the coronary circulation, regardless of its origin in the epicardial vessels (focal or diffuse stenoses), or in the microcirculation.

Many patients with microcirculatory dysfunction present also epicardial stenoses

How do we make resistance stable?

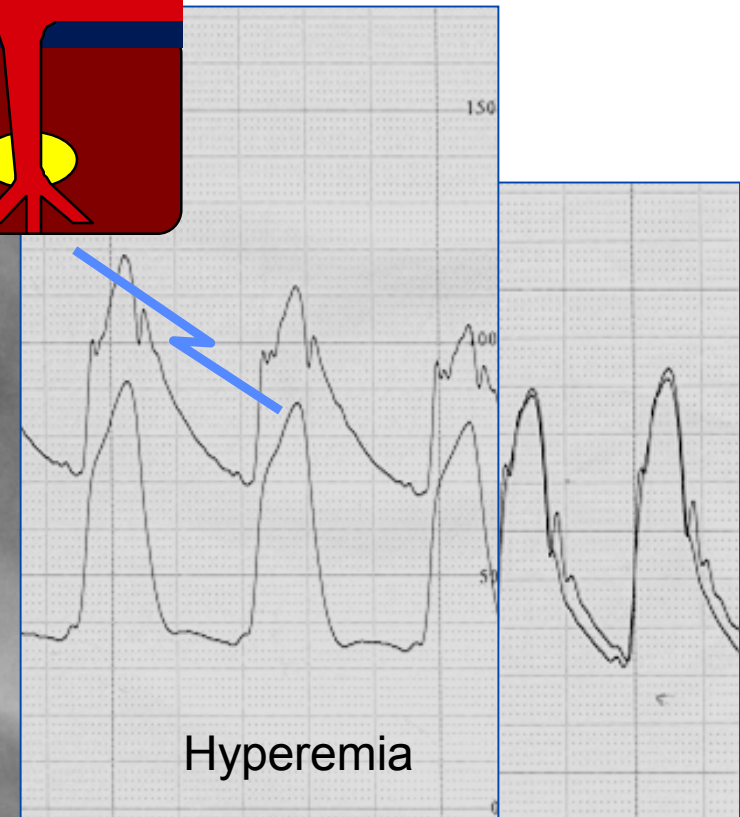
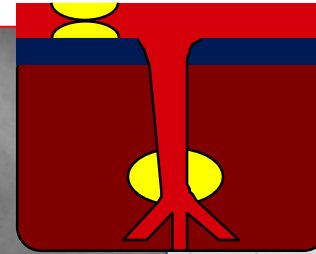
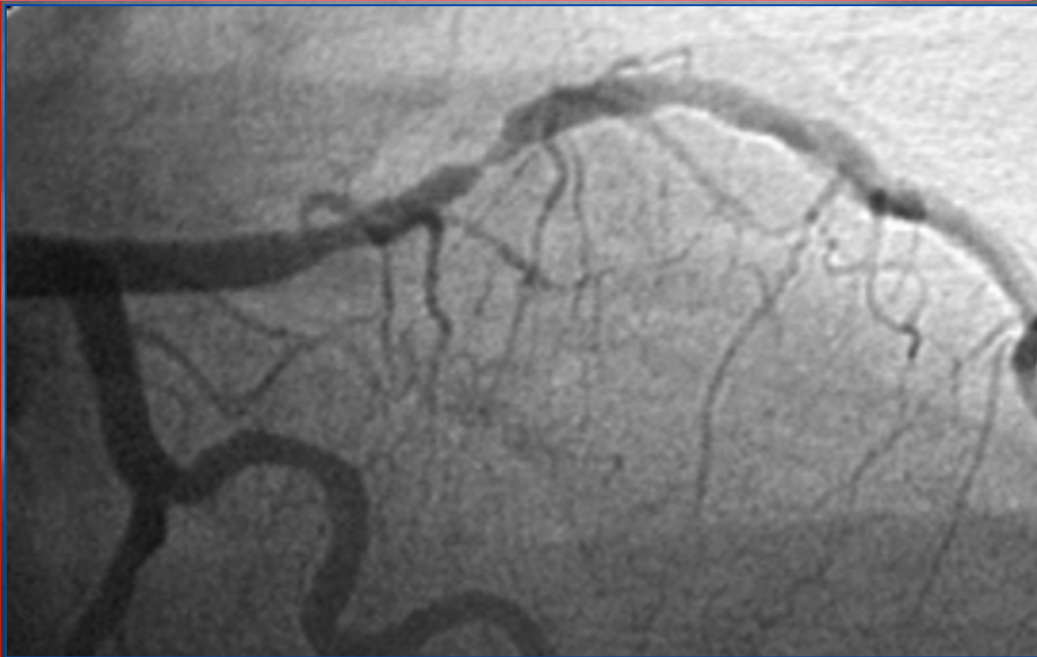


Pharmacological

Physiological

Coronary Stenoses Resting and hyperemic Flow

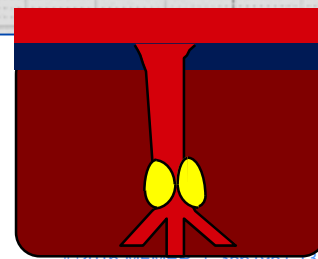
Hyperemia “uncover” the true gradient across the lesion



Baseline

- **Myocardial Fractional Flow Reserve during hyperemia**

$$FFR: = \frac{P_d}{P_A}$$



Fractional Flow Reserve to Determine the Appropriateness of Angioplasty in Moderate Coronary Stenosis

Randomized Trial

De Bruyne, MD, PhD; Nico H.J. Pijls, MD, PhD;

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CLINICAL RESEARCH

Interventional Cardiology

Percutaneous Coronary Intervention of Functionally Nonsignificant Stenosis

5-Year Follow-Up of the DEFER Study

Nico H. J. Pijls, MD, PhD,* Pepijn van Schaardenburgh, MD,* Ganesh Man Eric Boersma, PhD,† Jan-Willem Bech, MD, PhD,* Marcel van't Veer, MSc Jan Hoorntje, MD, PhD,‡ Jacques Koolen, MD, PhD,* William Wijns, MD, Bernard de Bruyne, MD, PhD†

Eindhoven, Rotterdam, Maastricht, and Zwolle, the Netherlands; and Aalst, Belg

Objectives	The purpose of this study was to investigate the appropriateness of stenting stenosis.
Background	Percutaneous coronary intervention (PCI) of an intermediate stenosis without formal, but its benefit is unproven. Coronary pressure-derived fractional flow reserve (FFR) is used to identify a stenosis responsible for reversible ischemia.
Methods	In 325 patients scheduled for PCI of an intermediate stenosis, FFR was measured. If FFR was ≥ 0.75 , patients were randomly assigned to deferral (Defer) (Perform group: n = 90) or PCI. If FFR was < 0.75 , PCI was performed as per clinical follow-up was 5 years.
Results	There were no differences in baseline clinical characteristics between the 2 groups. Event-free survival was not different between the Defer and Perform groups (p = 0.52), but was significantly worse in the Defer group (p = 0.02) for cardiac death and acute myocardial infarction in the Defer group (3.3%, 7.9%, and 15.7%, respectively) (p = 0.21 for Defer vs. Perform group; both other groups). The percentage of patients free from chest pain at follow-up was similar in both groups.

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Fractional Flow Reserve versus Angiography for Guiding Percutaneous Coronary Intervention

Pim A.L. Tonino, M.D., Bernard De Bruyne, MD, PhD, Nico H.J. Pijls, MD, PhD,

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Fractional Flow Reserve–Guided PCI for Stable Coronary Artery Disease

Bernard De Bruyne, M.D., Ph.D., William F. Fearon, M.D., Nico H.J. Pijls, M.D., Ph.D., Emanuele Barbato, M.D., Ph.D., Pim Tonino, M.D., Ph.D., Zsolt Piroth, M.D., Nikola Jagic, M.D., Sven Möbius-Winkler, M.D., Gilles Riouffol, M.D., Ph.D., Nils Witt, M.D., Ph.D., Petr Kala, M.D., Philip MacCarthy, M.D., Thomas Engström, M.D., Keith Oldroyd, M.D., Kretton Mavromatis, M.D., Ganesh Manoharan, M.D., Peter Verlee, M.D., Ole Frobert, M.D., Nick Curzen, B.M., Ph.D., Jane B. Johnson, R.N., B.S.N., Andreas Limacher, Ph.D., Eveline Nüesch, Ph.D., and Peter Jüni, M.D., for the FAME 2 Trial Investigators*

ABSTRACT

The NEW ENGLAND JOURNAL of MEDICINE

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SEPTEMBER 13, 2012

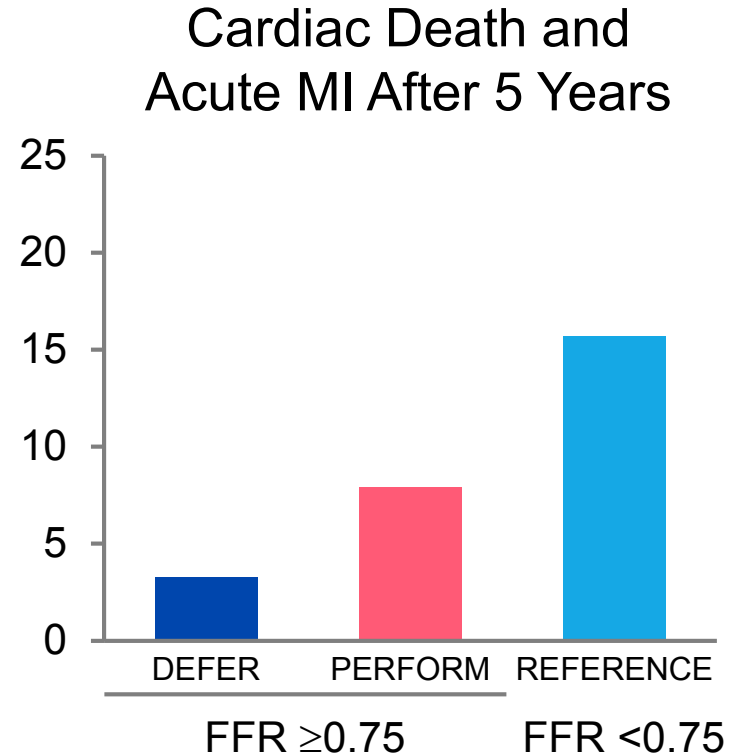
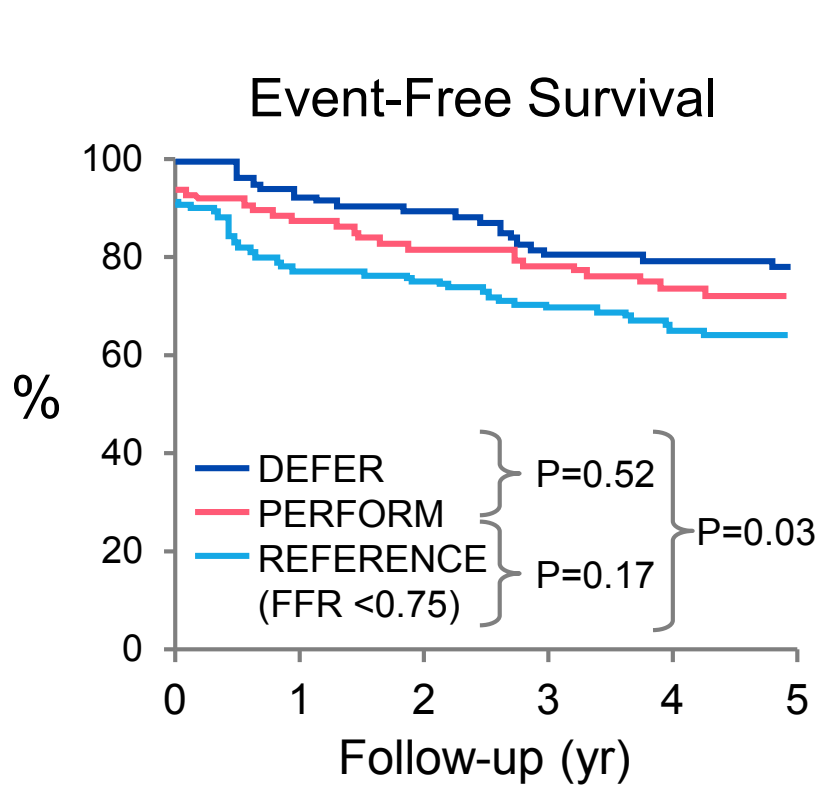
VOL. 367 NO. 11

Fractional Flow Reserve–Guided PCI versus Medical Therapy in Stable Coronary Disease

Bernard De Bruyne, M.D., Ph.D., Nico H.J. Pijls, M.D., Ph.D., Bindu Kalesan, M.P.H., Emanuele Barbato, M.D., Ph.D., Pim A.L. Tonino, M.D., Ph.D., Zsolt Piroth, M.D., Nikola Jagic, M.D., Sven Möbius-Winkler, M.D., Gilles Riouffol, M.D., Ph.D., Nils Witt, M.D., Ph.D., Petr Kala, M.D., Philip MacCarthy, M.D., Thomas Engström, M.D., Keith G. Oldroyd, M.D., Kretton Mavromatis, M.D., Ganesh Manoharan, M.D., Peter Verlee, M.D., Ole Frobert, M.D., Nick Curzen, B.M., Ph.D., Jane B. Johnson, R.N., B.S.N., Peter Jüni, M.D., and William F. Fearon, M.D., for the FAME 2 Trial Investigators*

ABSTRACT

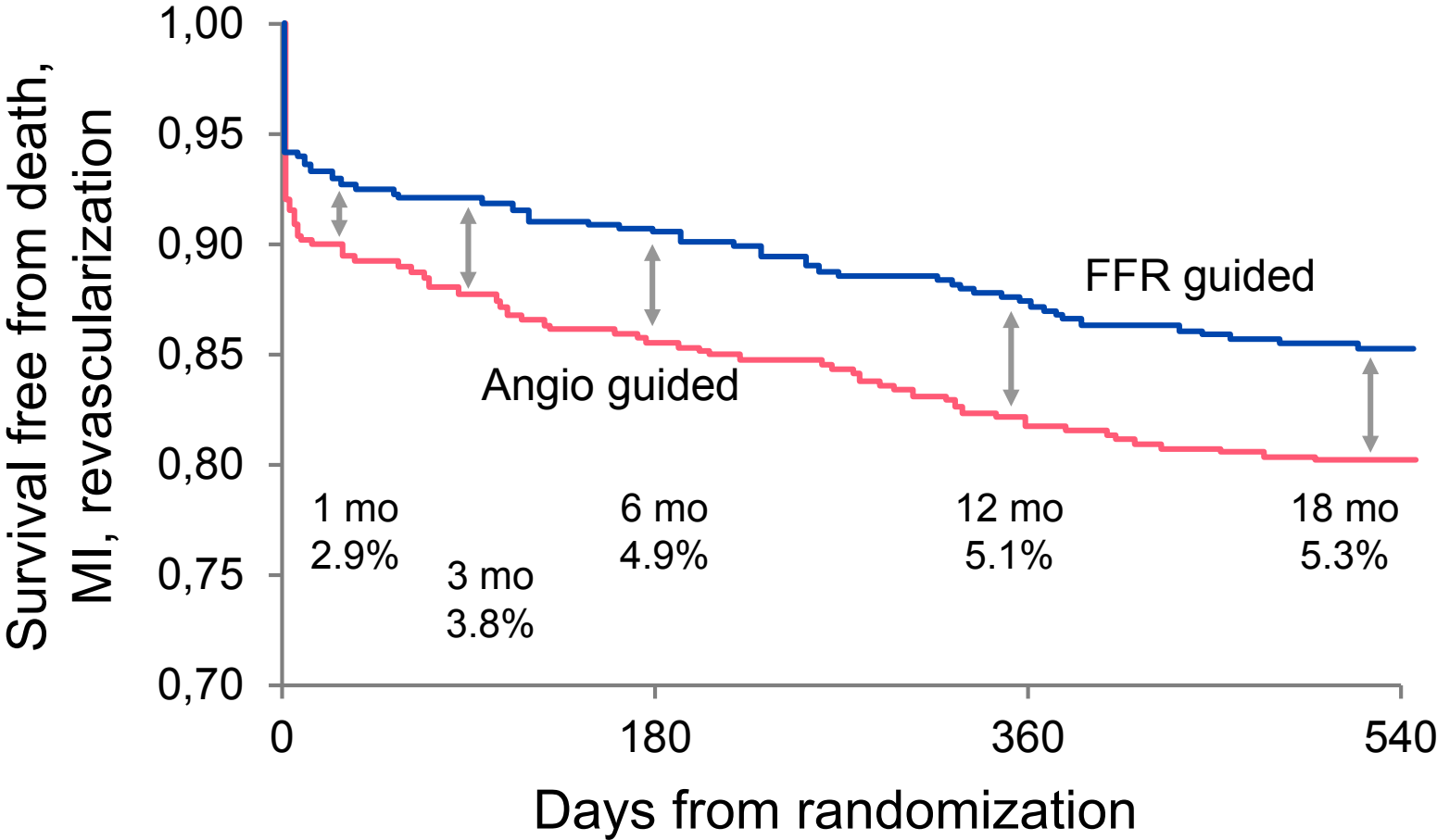
5-Year Outcomes – DEFER Trial



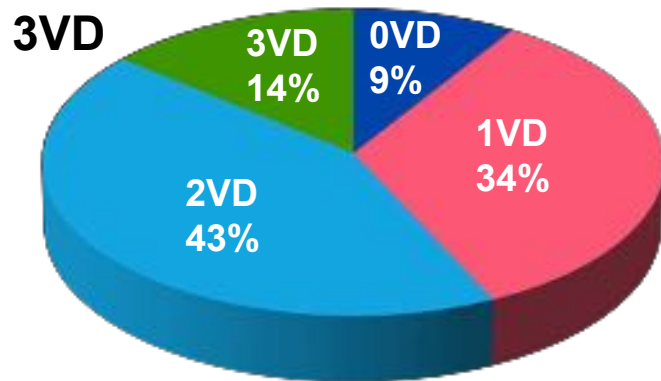
Conclusions: "Five-year outcome after deferral of PCI of an intermediate coronary stenosis based on $FFR \geq 0.75$ is excellent. The risk of cardiac death or myocardial infarction related to this stenosis is $<1\%$ per year and not decreased by stenting."

FAME Study

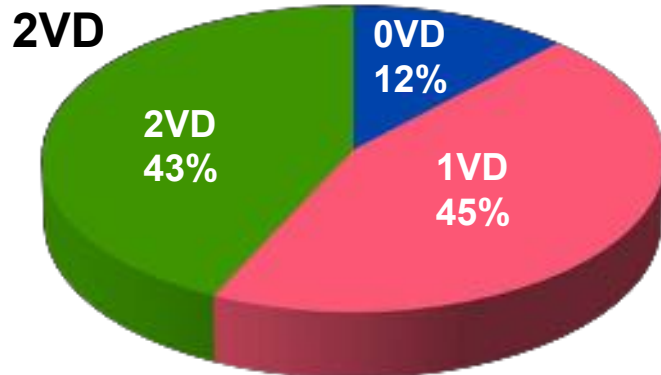
Event-Free Survival 18 Months Absolute Difference in MACE-Free Survival



Functional SYNTAX Score Recalculated Counting only Lesions With an FFR <math><0.8</math>

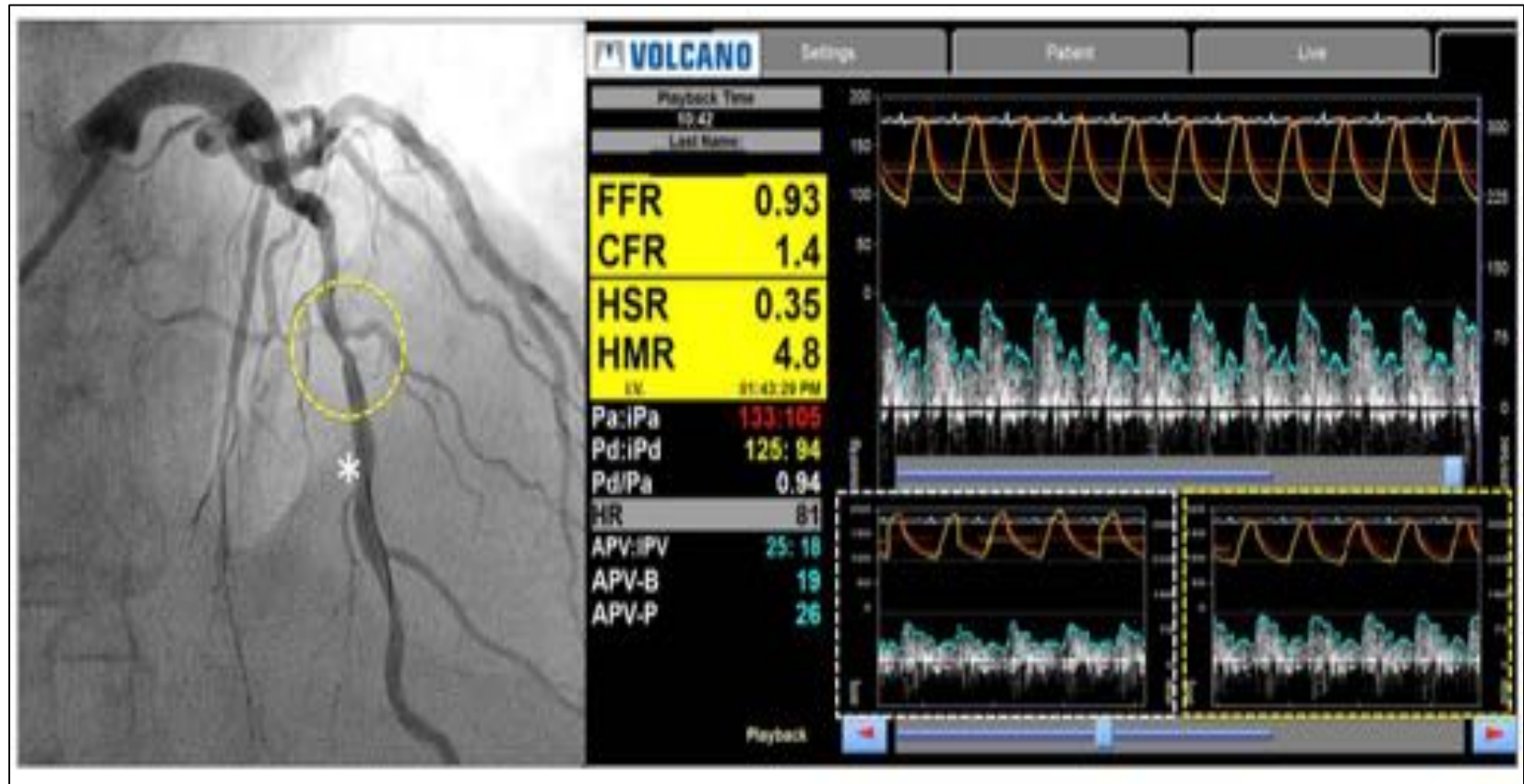


Only 14% of patients with angiographic 3VD had functional 3VD



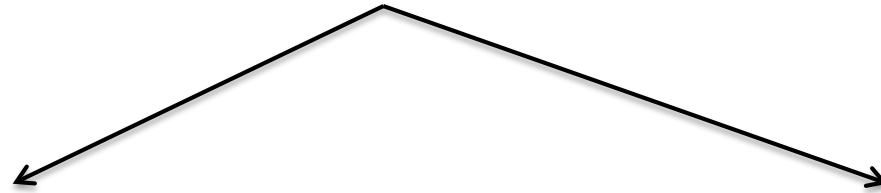
Only 43% of patients with angiographic 2VD had functional 2VD

Outlining the involvement of epicardial and microcirculatory domains in ischaemic heart disease



Normal FFR / Decreased CFR / Increased HMR (microcirculatory resistance)

How do we make resistance stable?



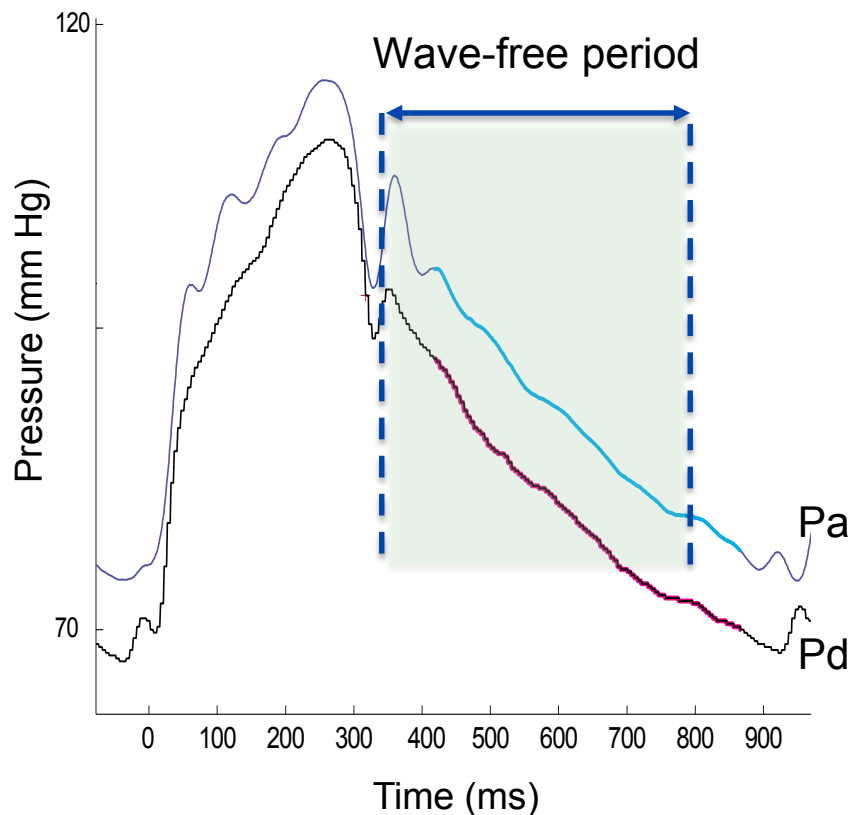
Pharmacological

Physiological

Development and Validation of a New Adenosine-Independent Index of Stenosis Severity From Coronary Wave-Intensity Analysis

Results of the ADVISE (ADenosine Vasodilator Independent Stenosis Evaluation) Study

Measure during a wave-free portion of diastole (microvascular resistance constant and minimal)



Contraindications to adenosine

- Bronchospasm
- Heart block
- Dipyridole can potentiate adenosine effect and cause prolonged heart block
- Patients taking inhibitors of adenosine may require higher doses
 - Theophylline
 - Chocolate
 - Caffeine

iFR and Clinical Outcome

ORIGINAL ARTICLE

Use of the Instantaneous Wave-free Ratio or Fractional Flow Reserve in PCI

J.E. Davies, S. Sen, H.-M. Dehbi, R. Al-Lamee, R. Petraco, S.S. Nijjer, R. Bhindi, S.J. Lehman, D. Walters, J. Sapontis, L. Janssens, C.J. Vrints, A. Khashaba, M. Laine, E. Van Belle, F. Krackhardt, W. Bojara, O. Going, T. Härle, C. Indolfi, G. Niccoli, F. Ribichini, N. Tanaka, H. Yokoi, H. Takashima, Y. Kikuta, A. Erglis, H. Vinhas, P. Canas Silva, S.B. Baptista, A. Alghamdi, F. Hellig, B.-K. Koo, C.-W. Nam, E.-S. Shin, J.-H. Doh, S. Brugaletta, E. Alegria-Barrero, M. Meuwissen, J.J. Piek, N. van Royen, M. Sezer, C. Di Mario, R.T. Gerber, I.S. Malik, A.S.P. Sharp, S. Talwar, K. Tang, H. Samady, J. Altman, A.H. Seto, J. Singh, A. Jeremias, H. Matsuo, R.K. Kharbanda, M.R. Patel, P. Serruys, and J. Escaned

DEFINE FLAIR

iFR-SWEDEHEART

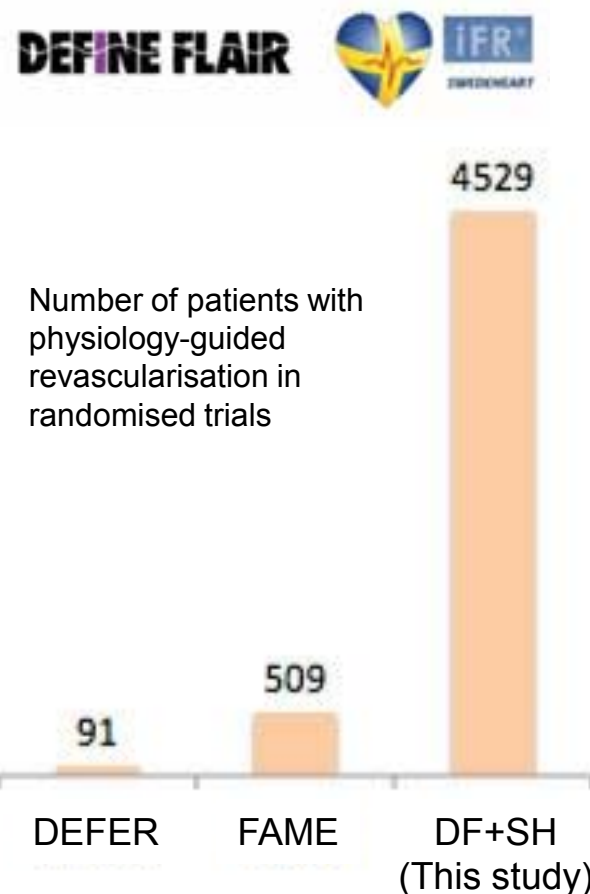
ORIGINAL ARTICLE

Instantaneous Wave-free Ratio versus Fractional Flow Reserve to Guide PCI

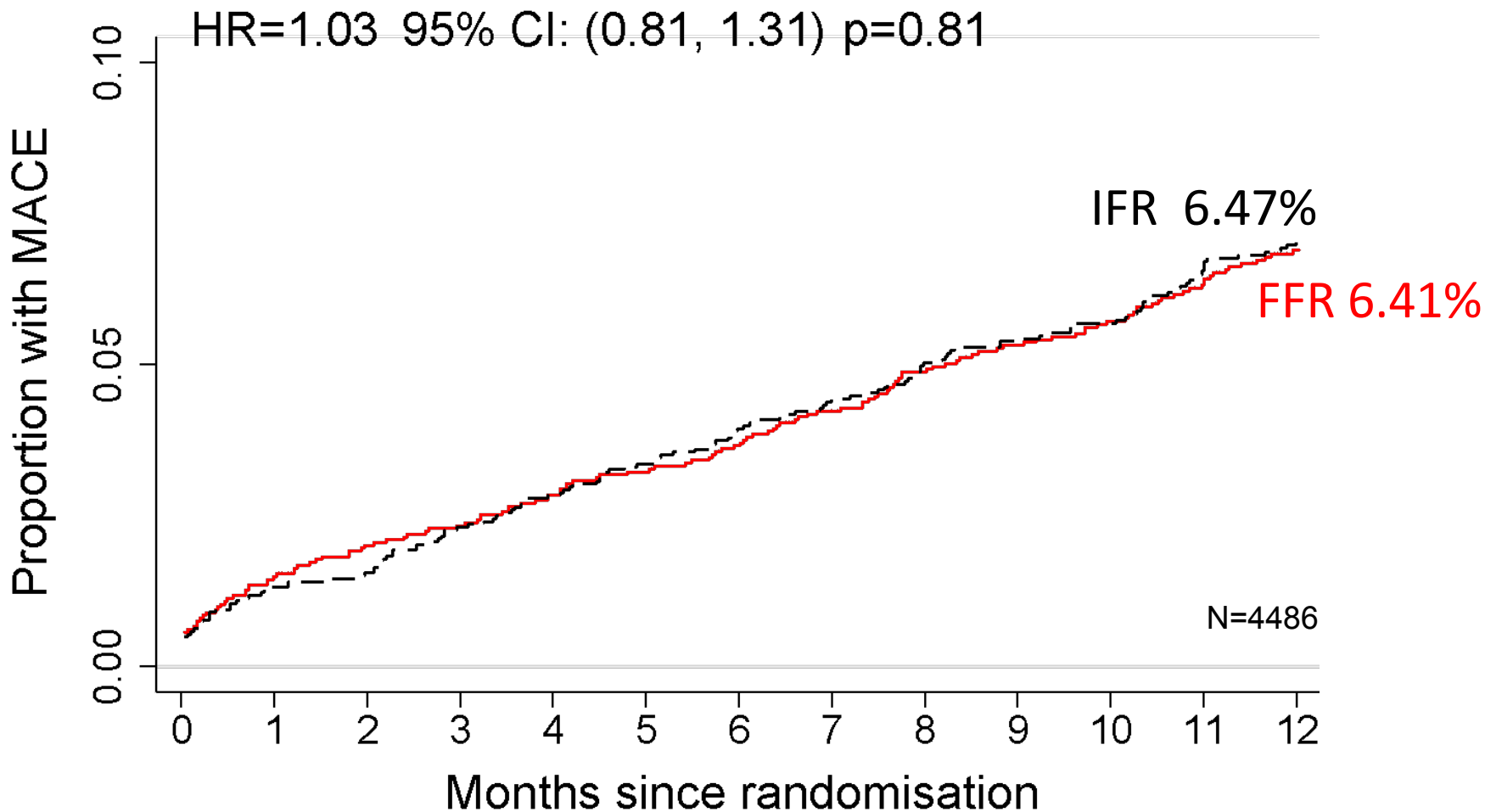
M. Götberg, E.H. Christiansen, I.J. Gudmundsdottir, L. Sandhall, M. Danielewicz, L. Jakobsen, S.-E. Olsson, P. Öhagen, H. Olsson, E. Omerovic, F. Calais, P. Lindroos, M. Maeng, T. Tödt, D. Venetsanos, S.K. James, A. Käregren, M. Nilsson, J. Carlsson, D. Hauer, J. Jensen, A.-C. Karlsson, G. Panayi, D. Erlinge, and O. Fröbert, for the iFR-SWEDEHEART Investigators*

Background: FFR- and iFR-based deferral of coronary revascularisation

- The DEFINE FLAIR (DF) and iFR SWEDEHEART (SH) trials demonstrated that iFR is as safe as FFR in guiding myocardial revascularisation.
- Yet, it is unknown if this is valid for patients in whom revascularisation is deferred.
- The pooled population of both studies (4529 patients) provides a unique opportunity to investigate the discussed aspects of revascularisation deferral in contemporary clinical practice.



MACE in iFR and FFR guided revascularisation (all patients)

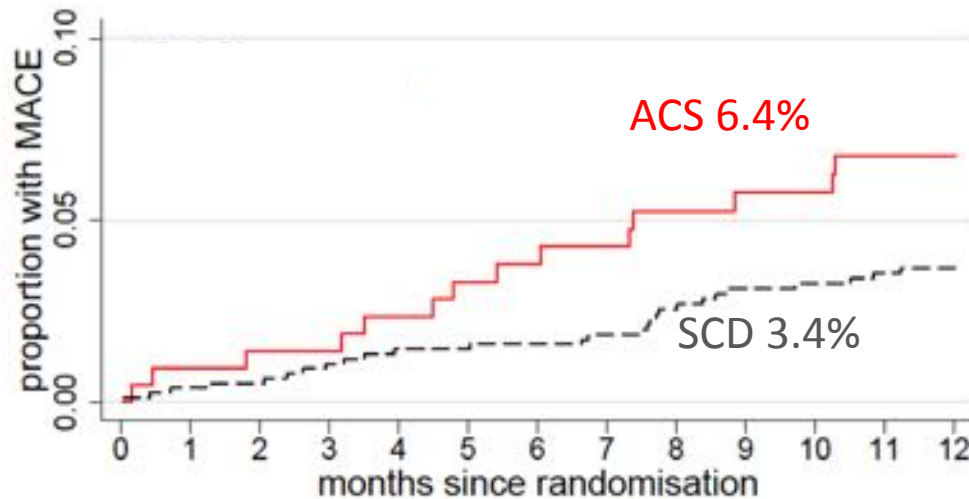


MACE similar and low at 1 year after iFR- and FFR-based revascularisation decision-making

Unadjusted outcomes after deferral by clinical presentation and iFR or FFR

FFR

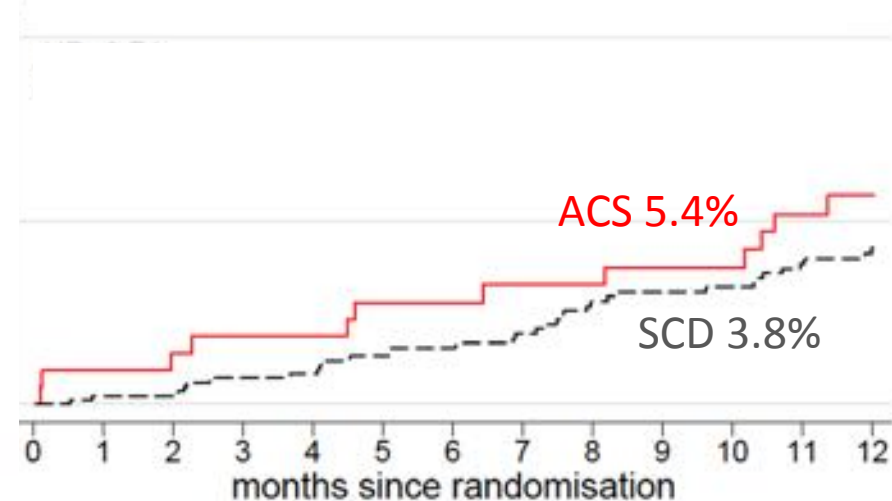
HR 0.52 (0.27-1.00); $p < 0.05$



In FFR-deferred patients, MACE is significantly higher in ACS than SCD

iFR

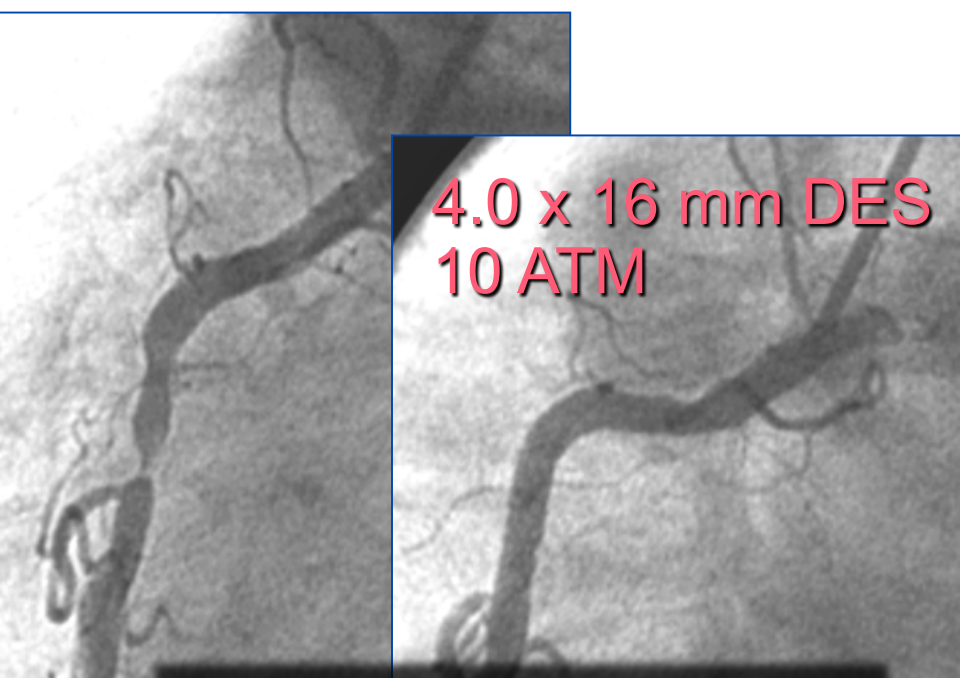
HR 0.74 (0.38-1.43); $p = 0.37$



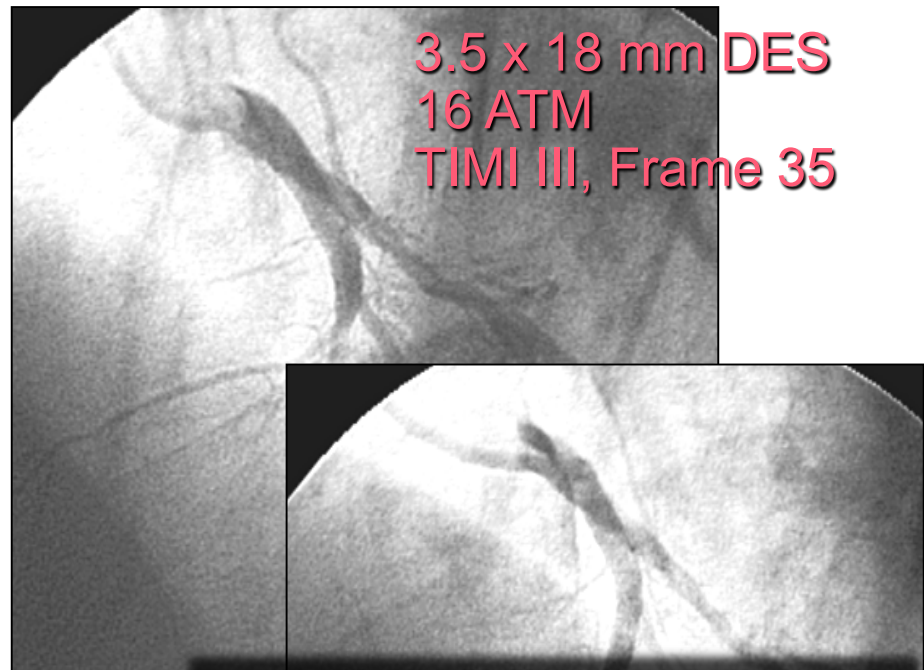
In iFR-deferred patients, MACE is similar in ACS and SCD

64 year old male, non-smoker, inactive,
Admitted with IWMI

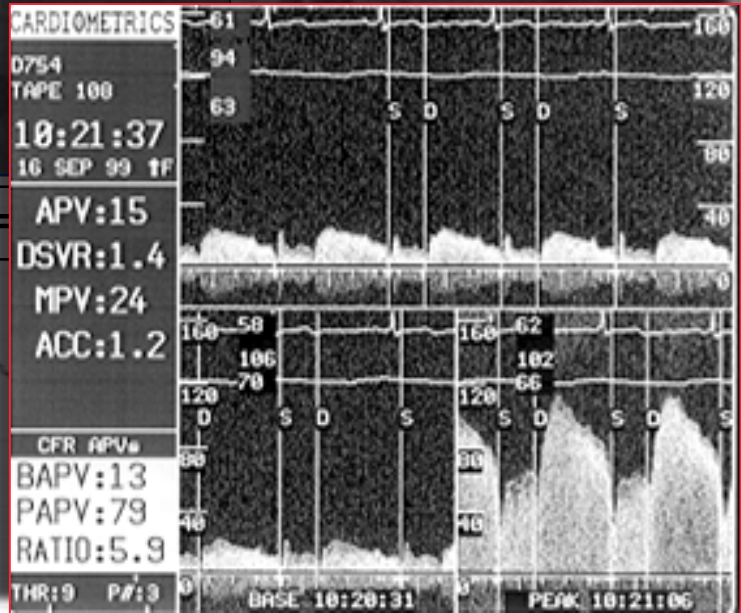
54 year old male, smoker,
Admitted with AWWMI



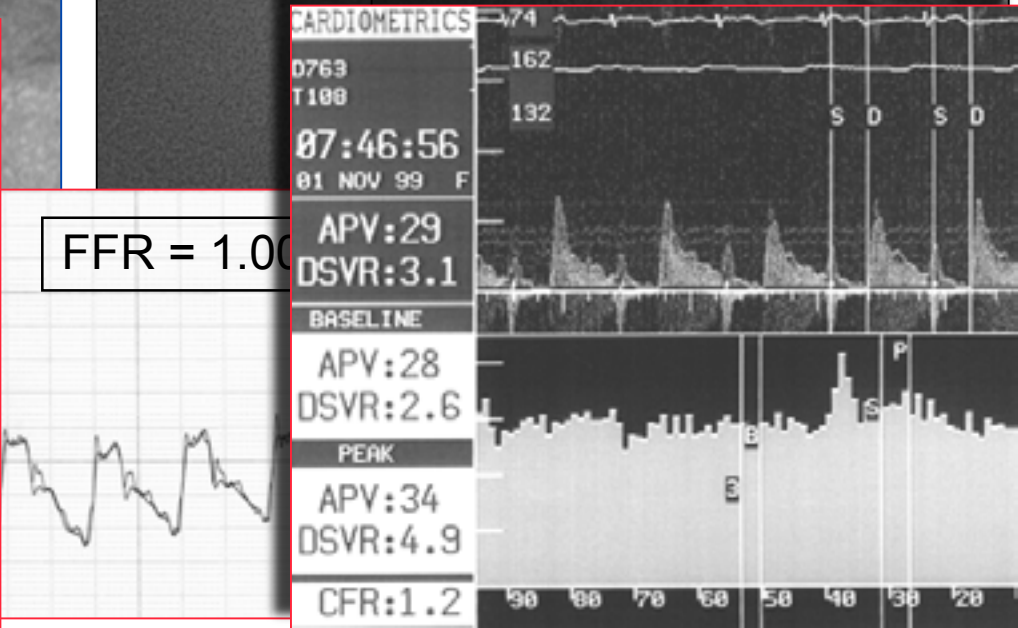
4.0 x 16 mm DES
10 ATM



3.5 x 18 mm DES
16 ATM
TIMI III, Frame 35

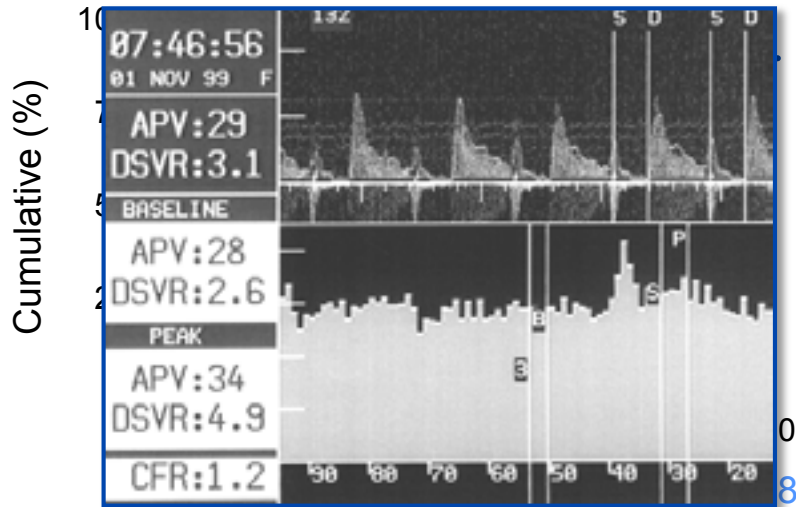


FFR =

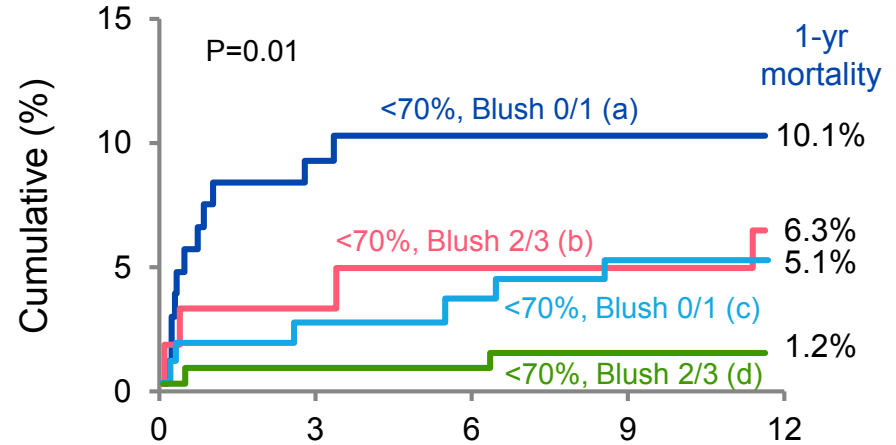


FFR = 1.00

Angiographic TIMI Flow and CFR

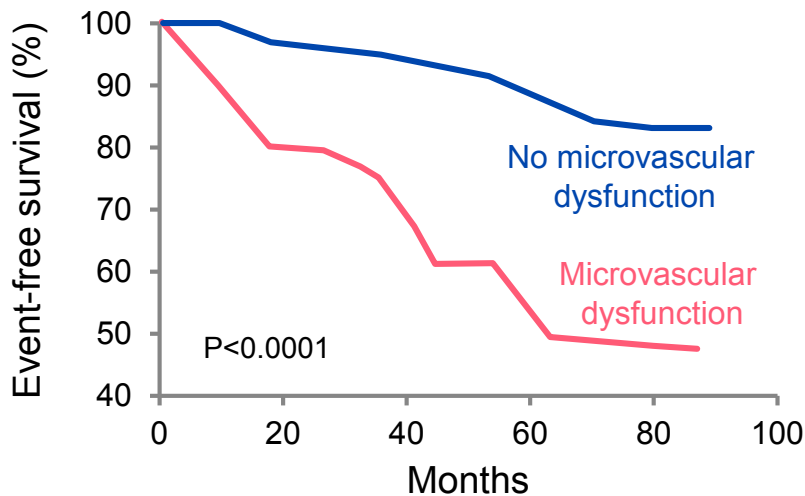


ST-Segment Recovery and Myocardial Blush Grade



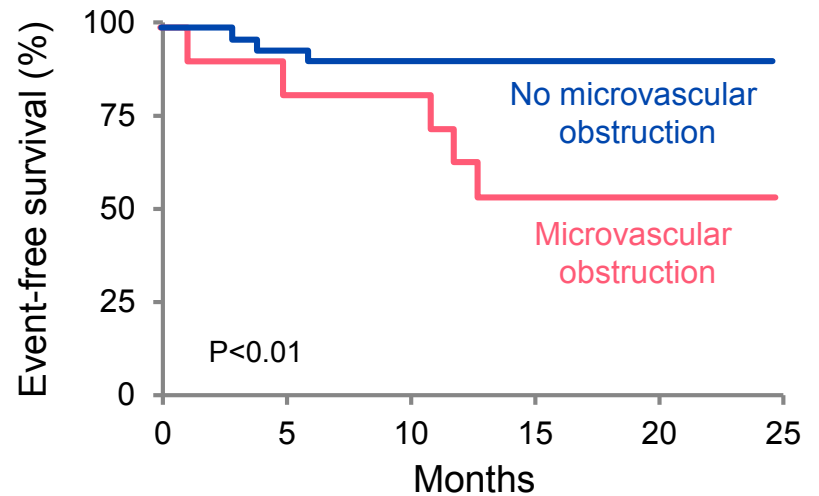
Sorajja et al: Eur Heart J, 2005

Myocardial Contrast Echo



Bolognese et al: Circulation, 2004

Magnetic Resonance Imaging



Wu et al: Circulation, 1998

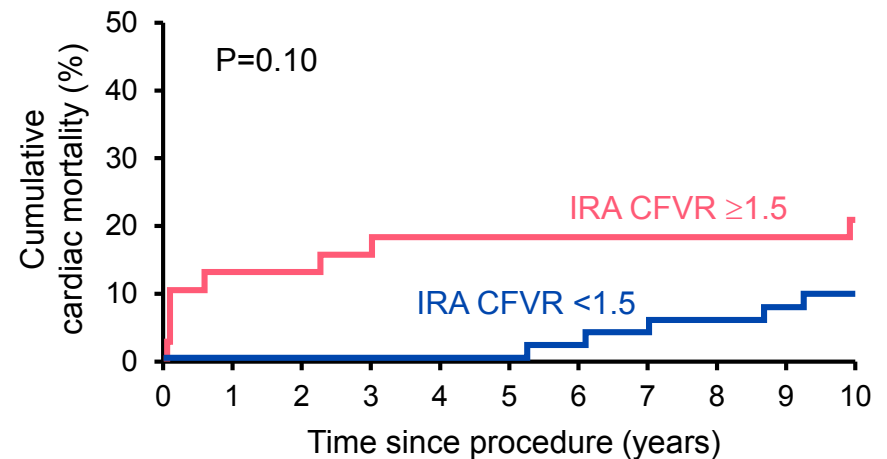
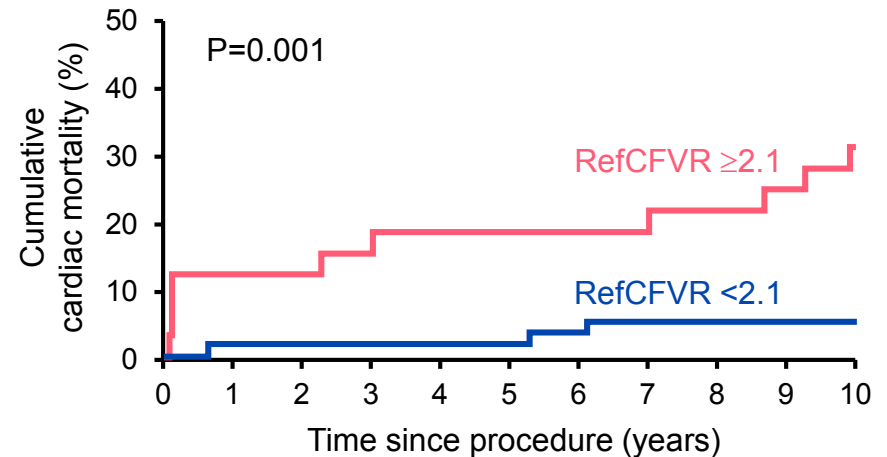
Impact of Coronary Microvascular Function on Long-term Cardiac Mortality in Patients With Acute ST-Segment–Elevation Myocardial Infarction

- intracoronary Doppler flow velocity was measured in the infarct-related artery,, as well as in a reference vessel to determine reference vessel CFVR

Conclusions

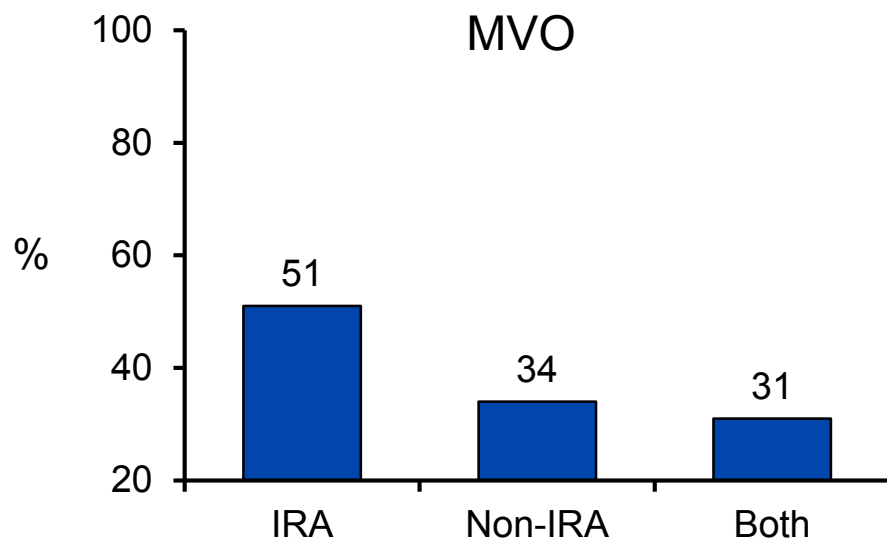
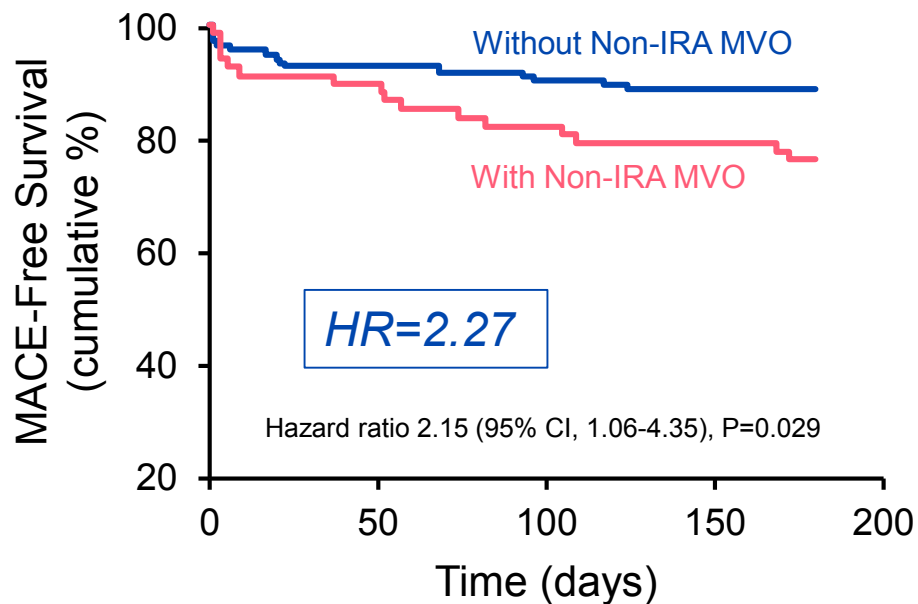
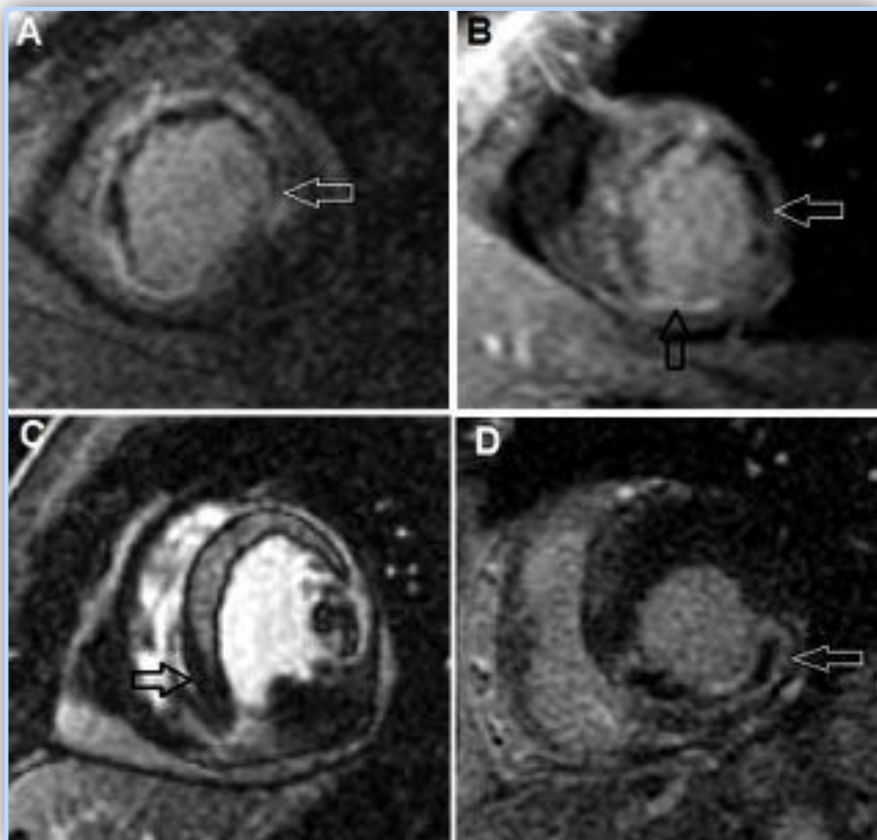
- Microvascular dysfunction, determined after primary percutaneous coronary intervention for acute anterior wall ST-segment–elevation myocardial infarction both at the IRA and the remote area are associated with a significantly increased long-term cardiac mortality

Kaplan-Meier estimates and log-rank comparison of cumulative cardiac mortality. A) Reference vessel coronary flow velocity reserve (refCFVR) and B) Infarct-related artery (IRA) CFVR

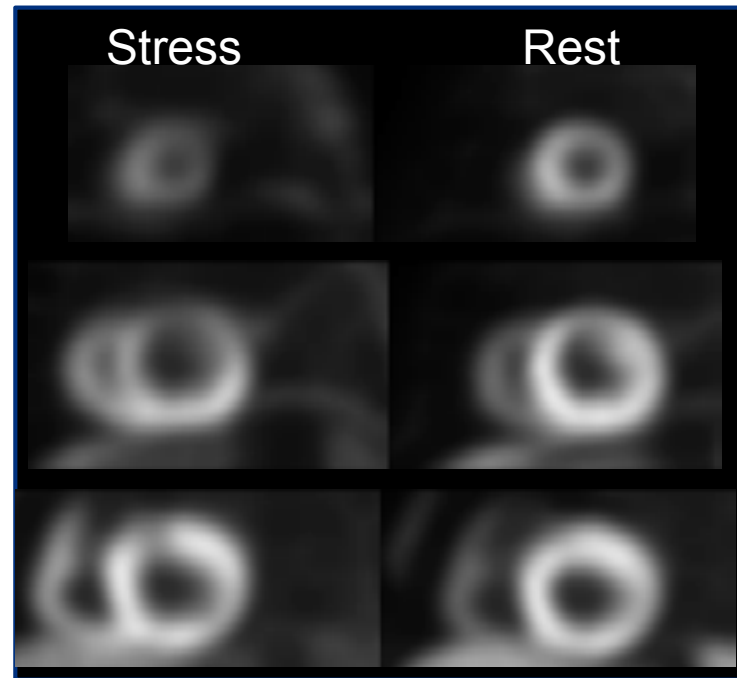
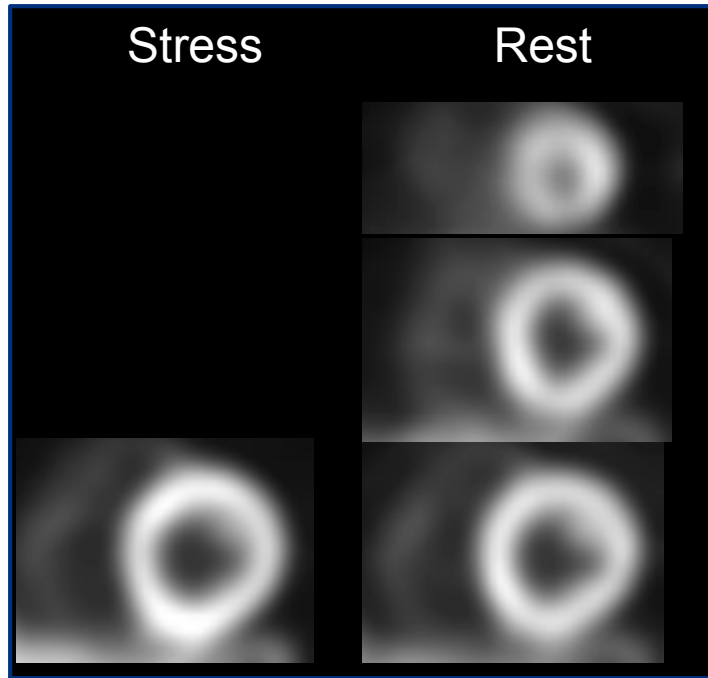


Microvascular Obstruction in Non-Infarct Related Coronary Arteries

- 199 patients followed PCI for STEMI
- Cardiac MRI within one week
- IRA and non-IRA segments (AHA)



PET MPI with N-13 ammonia and MBF



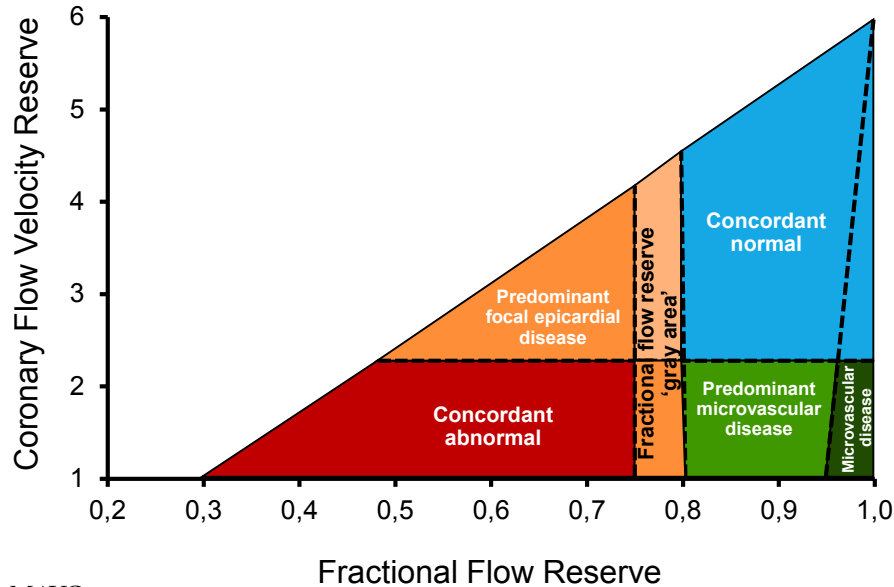
	Stress	Rest	MFR
LAD	2.11	0.95	2.22
LCx	1.92	0.93	2.06
RCA	1.68	0.88	1.91

	Stress	Rest	MFR
LAD	1.58	0.85	1.86
LCx	1.98	0.95	2.08
RCA	1.73	0.85	2.03

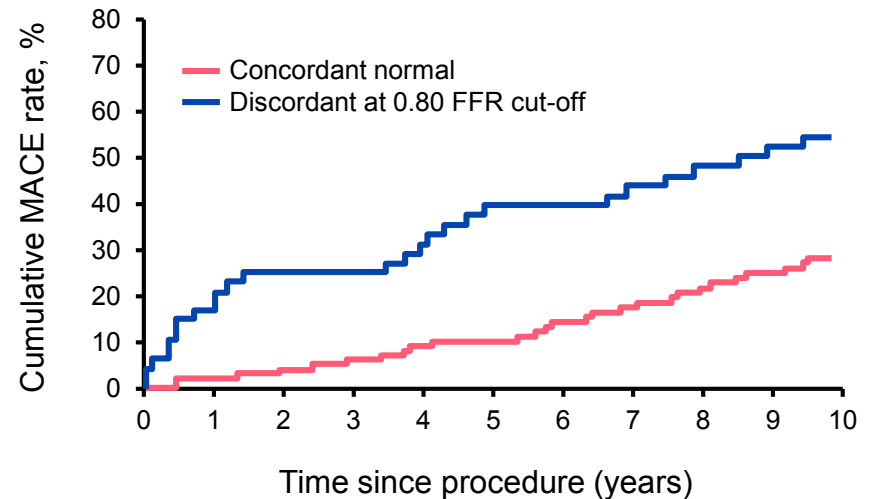
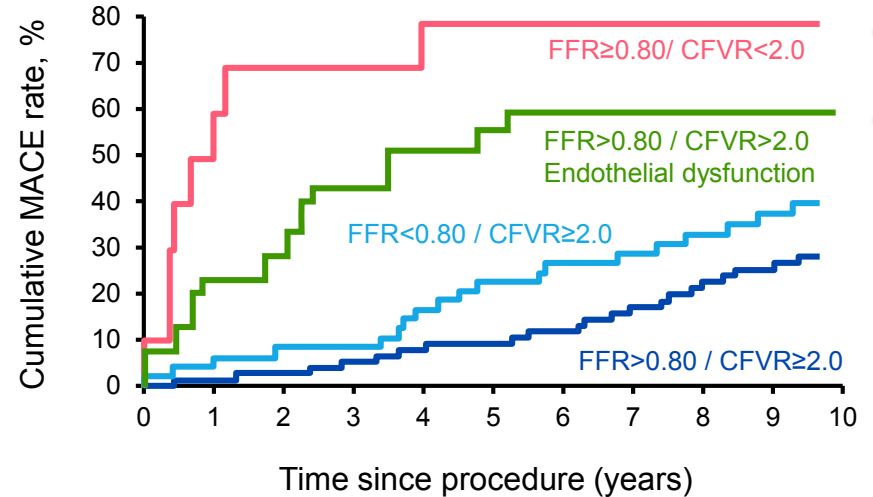
Coronary Hemodynamics

Physiological Basis and Long-Term Clinical Outcome of Discordance Between Fractional Flow Reserve and Coronary Flow Velocity Reserve in Coronary Stenoses of Intermediate Severity

- 157 patients, evaluated by FFR and CFVR
- Long-term follow-up was performed to document the occurrence of major adverse cardiac events: cardiac death, myocardial infarction, or target vessel revascularization. Discordance between FFR and CFVR occurred in 31% and 37% of stenoses at the 0.75, and 0.80 FFR cut-off value
- Discordance of CFVR with FFR originates from the involvement of the coronary microvasculature



MACE Indicates Major Adverse Cardiac Event



van de Hoef et al: Circ Cardiovasc Interv 7:301, 2014

