



TURIN, 20TH—21ST NOVEMBER 2008

GREAT INNOVATIONS IN CARDIOLOGY

4TH JOINT MEETING WITH MAYO CLINIC

4TH TURIN CARDIOVASCULAR NURSING CONVENTION



SESSION II: PERSPECTIVES IN ISCHEMIC HEART DISEASE (PART II)

R. Hubmayr (Rochester—MN—USA)

Lecture

Management of the critically ill cardiac patient:
a Critical Care Specialist's perspective

Management of the Critically Ill Cardiac Patient:

An Intensivist's Perspective

Rolf D Hubmayr, MD

Mayo Clinic College of Medicine

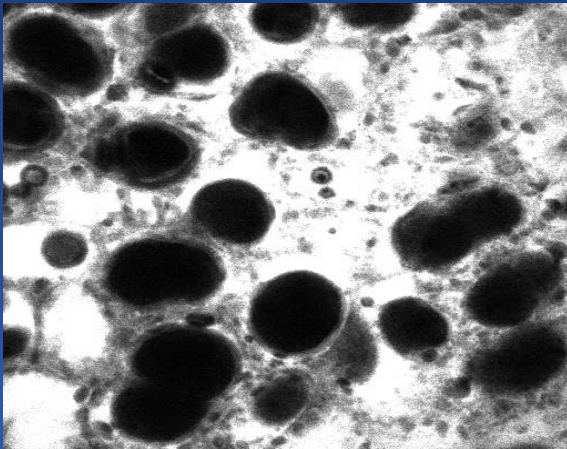
<http://mayoresearch.mayo.edu/mayo/research/hubmayr/index.cfm>

Ventilator-Induced Lung Injury

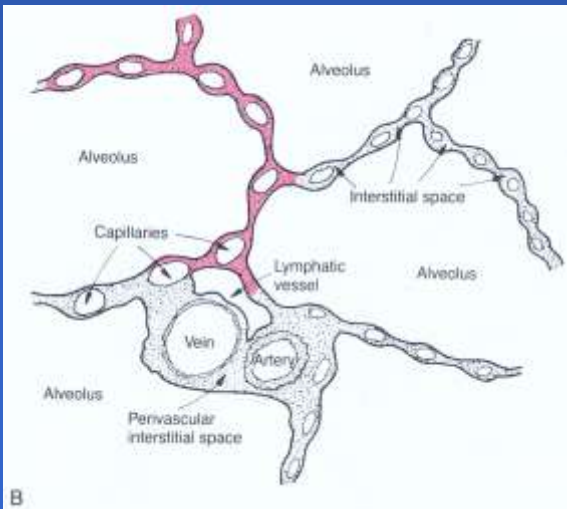
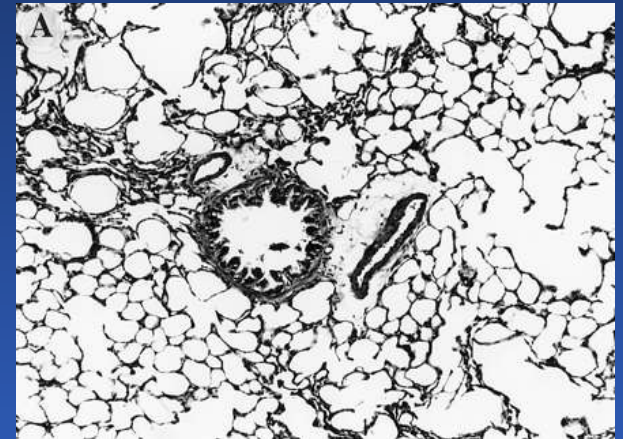
The Real Culprit ?



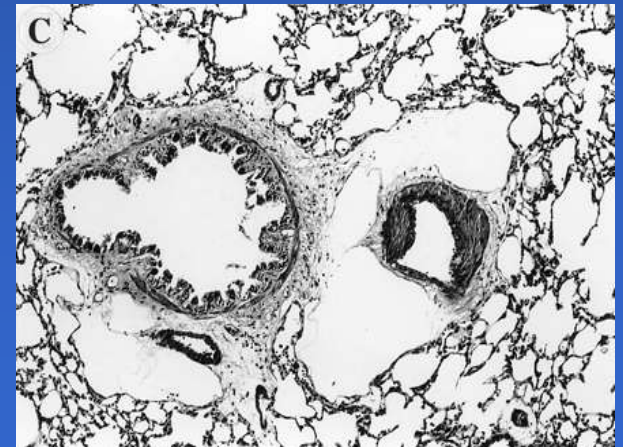
Effects of CPAP on the distribution of lung water



Control

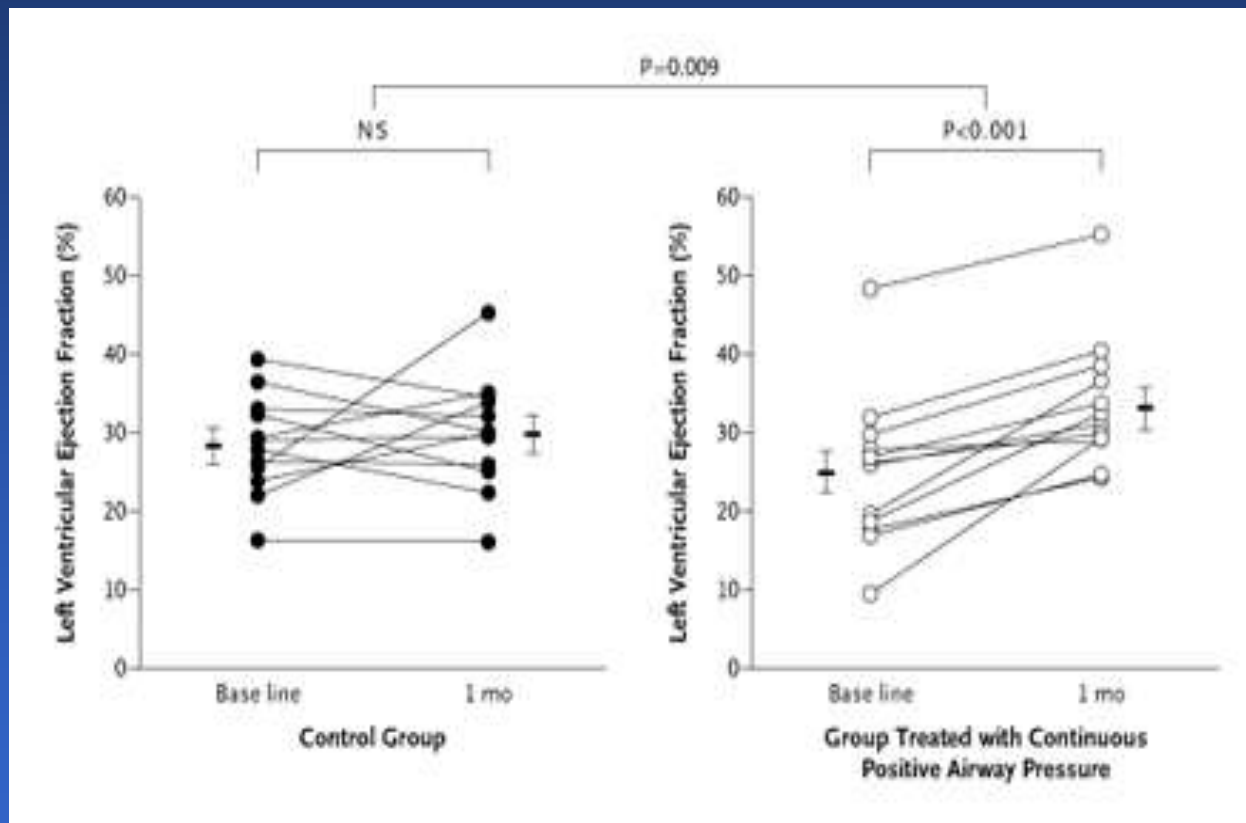


CPAP



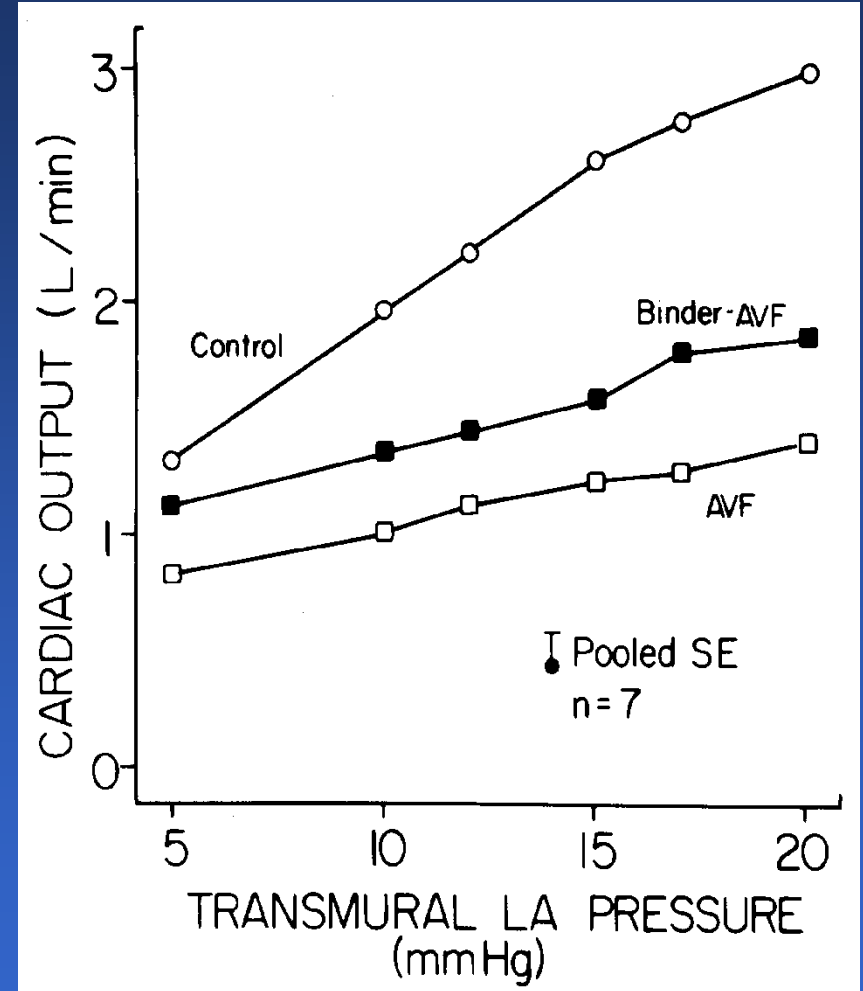
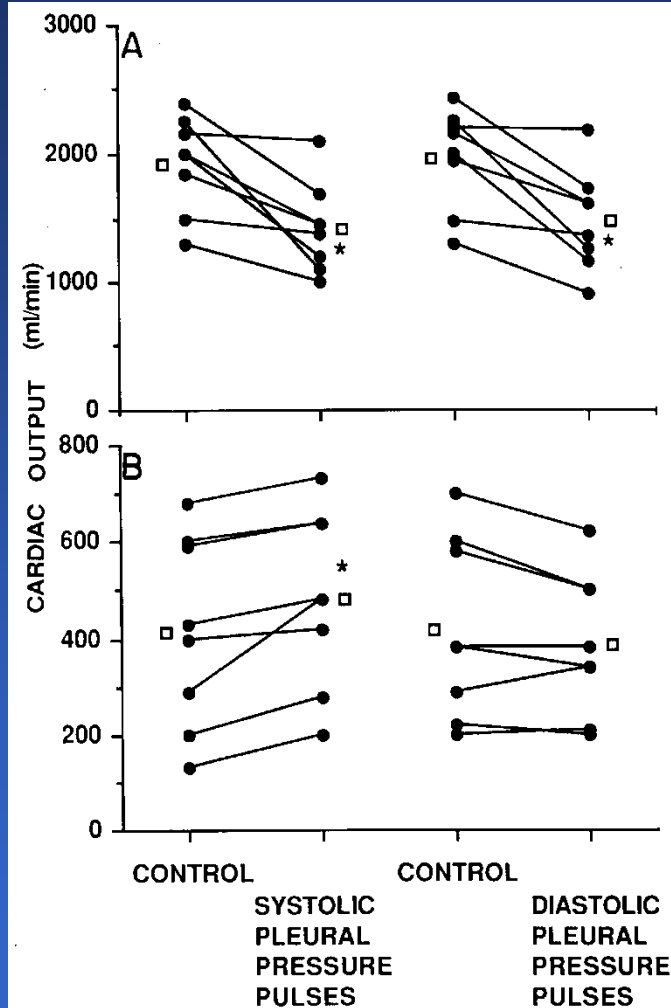
*Parker J Appl
Physiol 85:
1753-1761,
1998*

Benefits of CPAP in Heart Failure



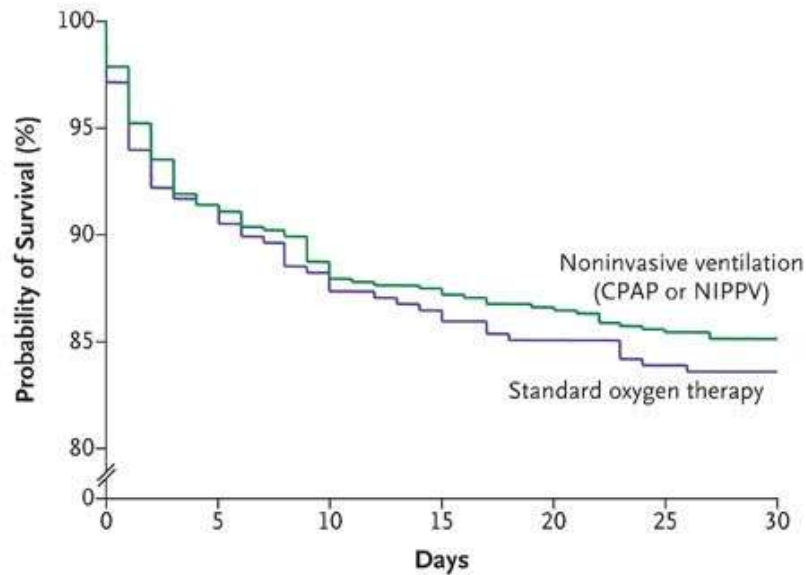
Kaneko et al. NEJM 348 (13): 1233, 2003

Under which circumstances are the lungs a Ventilatory Assist Device?

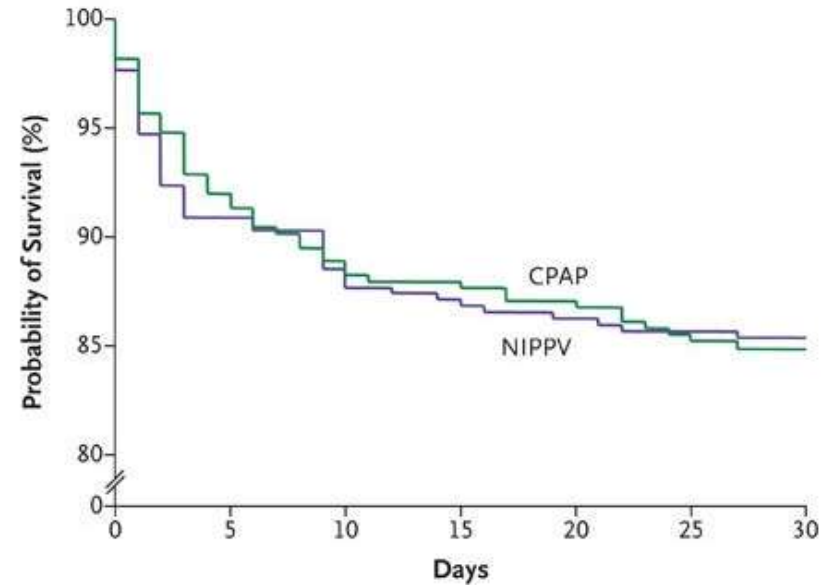


| Variable | Standard Oxygen Treatment (N=367) | CPAP or NIPPV (N=702) | Odds Ratio (95% CI) | P Value |
|---|-----------------------------------|-----------------------|--|---------|
| Death within 7 days (% of patients) | 9.8 | 9.5 | 0.97 (0.63 to 1.48) | 0.87 |
| Death within 30 days (% of patients) | 16.4 | 15.2 | 0.92 (0.64 to 1.31) | 0.64 |
| Intubation within 7 days (% of patients) | 2.8 | 2.9 | 1.05 (0.49 to 2.27) | 0.90 |
| Admission to critical care unit (% of patients) | 40.5 | 45.2 | 1.21 (0.93 to 1.57) | 0.15 |
| Myocardial infarction (% of patients) | | | | |
| WHO criteria | 24.9 | 27.0 | 1.12 (0.84 to 1.49) | 0.46 |
| Universal criteria | 50.5 | 51.9 | 1.06 (0.82 to 1.36) | 0.66 |
| | | | Difference between Means (95% CI)[†] | |
| Mean length of hospital stay (days) | 10.5 | 11.4 | 0.9 (-0.2 to 2.0) | 0.10 |
| Mean change at 1 hr after start of treatment [‡] | | | | |
| Dyspnea score [§] | 3.9 | 4.6 | 0.7 (0.2 to 1.3) | 0.008 |
| Pulse rate (beats/min) | 13 | 16 | 4 (1 to 6) | 0.004 |
| Blood pressure (mm Hg) | | | | |
| Systolic | 34 | 38 | 3 (-1 to 8) | 0.17 |
| Diastolic | 22 | 22 | 0 (-3 to 3) | 0.95 |
| Respiratory rate (breaths/min) | 7.1 | 7.2 | 0.2 (-0.8 to 1.1) | 0.74 |
| Peripheral oxygen saturation (%) | 3.5 | 3.0 | -0.4 (-1.4 to 0.6) | 0.41 |
| Arterial pH | 0.08 | 0.11 | 0.03 (0.02 to 0.04) | <0.001 |
| Arterial PaO ₂ (kPa) | 0.7 | -0.6 | -1.2 (-2.6 to 0.1) | 0.07 |
| Arterial PaCO ₂ (kPa) | 0.8 | 1.5 | 0.7 (0.4 to 0.9) | <0.001 |
| Serum bicarbonate level (mmol/liter) | 1.7 | 1.8 | 0.1 (-0.7 to 1.0) | 0.77 |

Noninvasive Ventilation in Acute Cardiogenic Pulmonary Edema

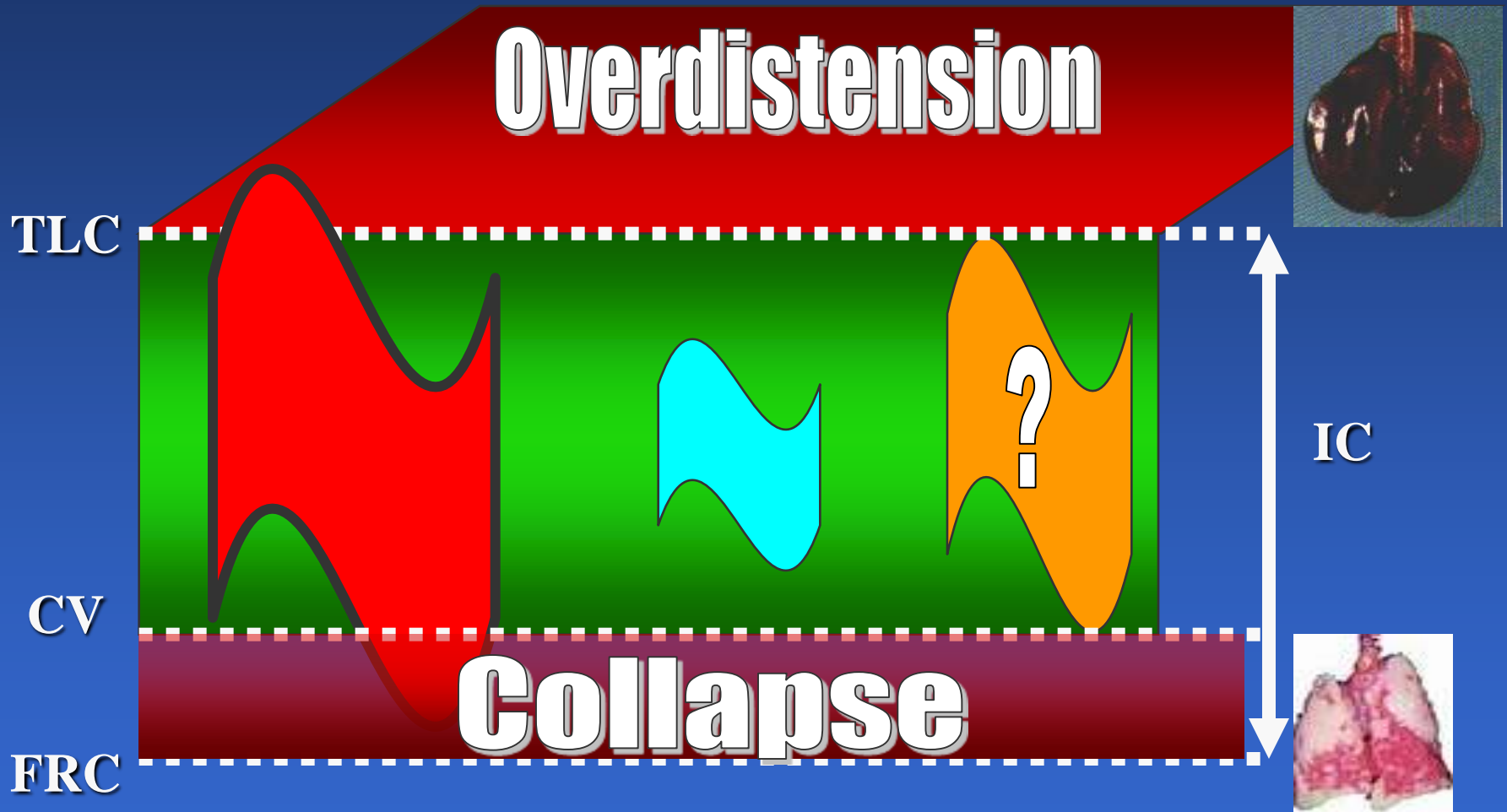


| No. at Risk | | | | | | | |
|------------------|-----|-----|-----|-----|-----|-----|-----|
| CPAP or NIPPV | 667 | 609 | 591 | 583 | 577 | 570 | 567 |
| Standard therapy | 348 | 318 | 307 | 301 | 296 | 292 | 291 |

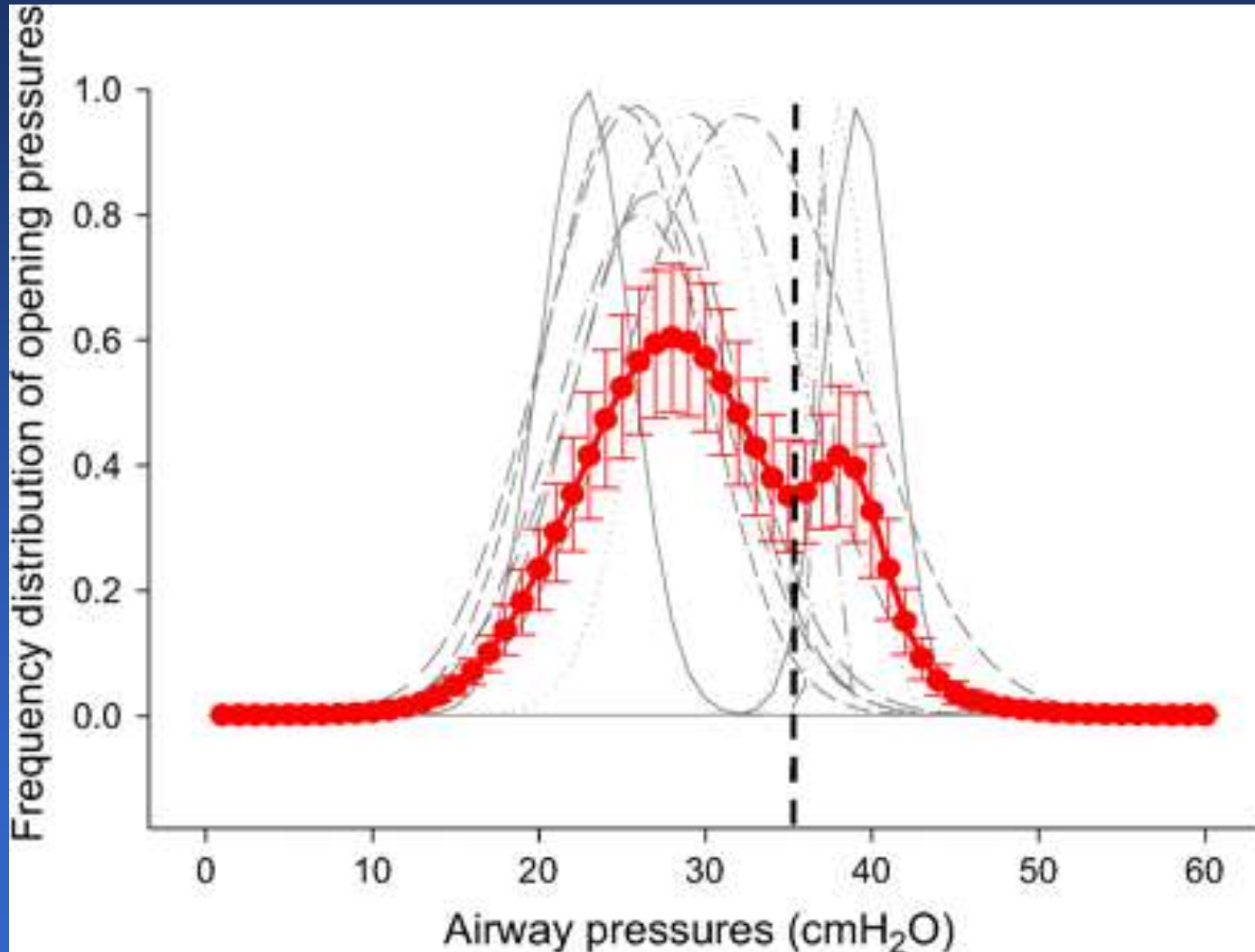


| No. at Risk | | | | | | | |
|-------------|-----|-----|-----|-----|-----|-----|-----|
| CPAP | 325 | 298 | 288 | 285 | 282 | 277 | 275 |
| NIPPV | 342 | 311 | 303 | 298 | 295 | 293 | 292 |

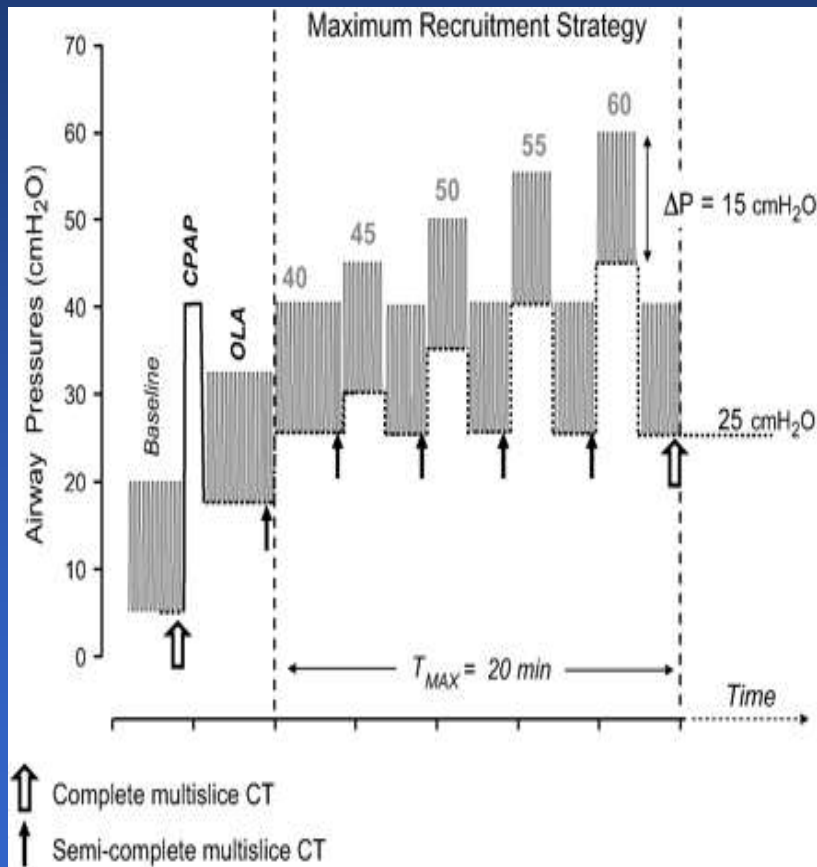
Ventilator Management: Physical Therapy of Injured Lungs



Injury is associated with a large variability in regional impedance

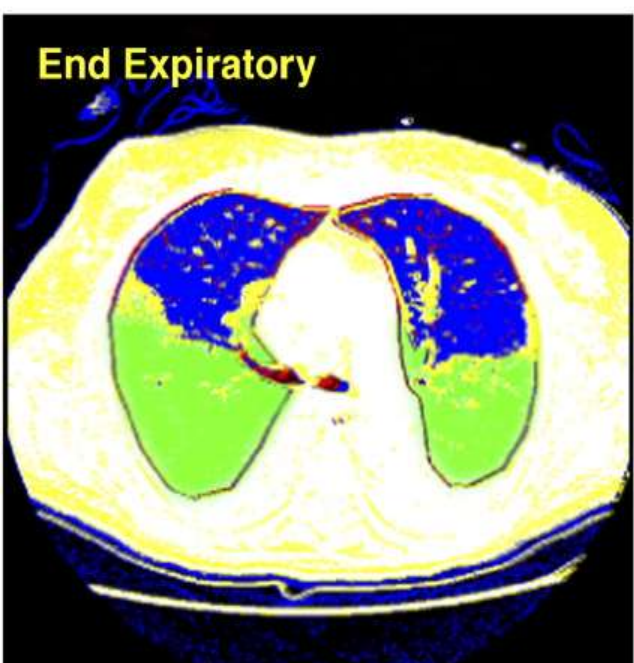
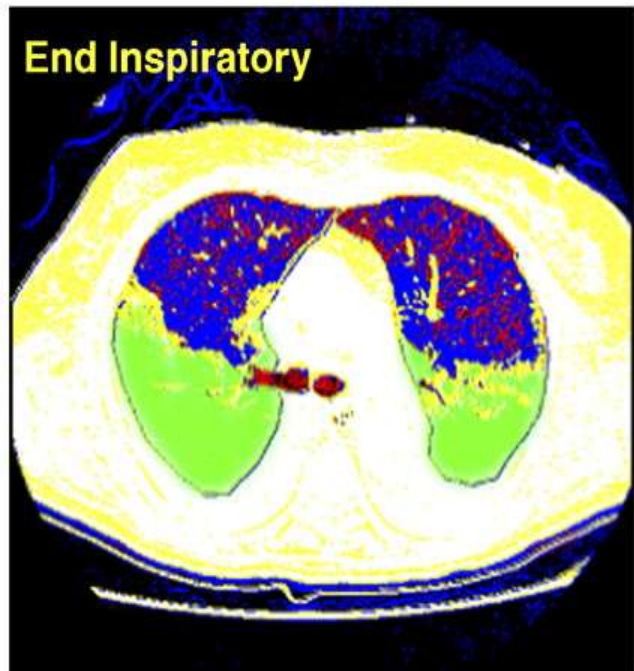


Open the lung and keep it open

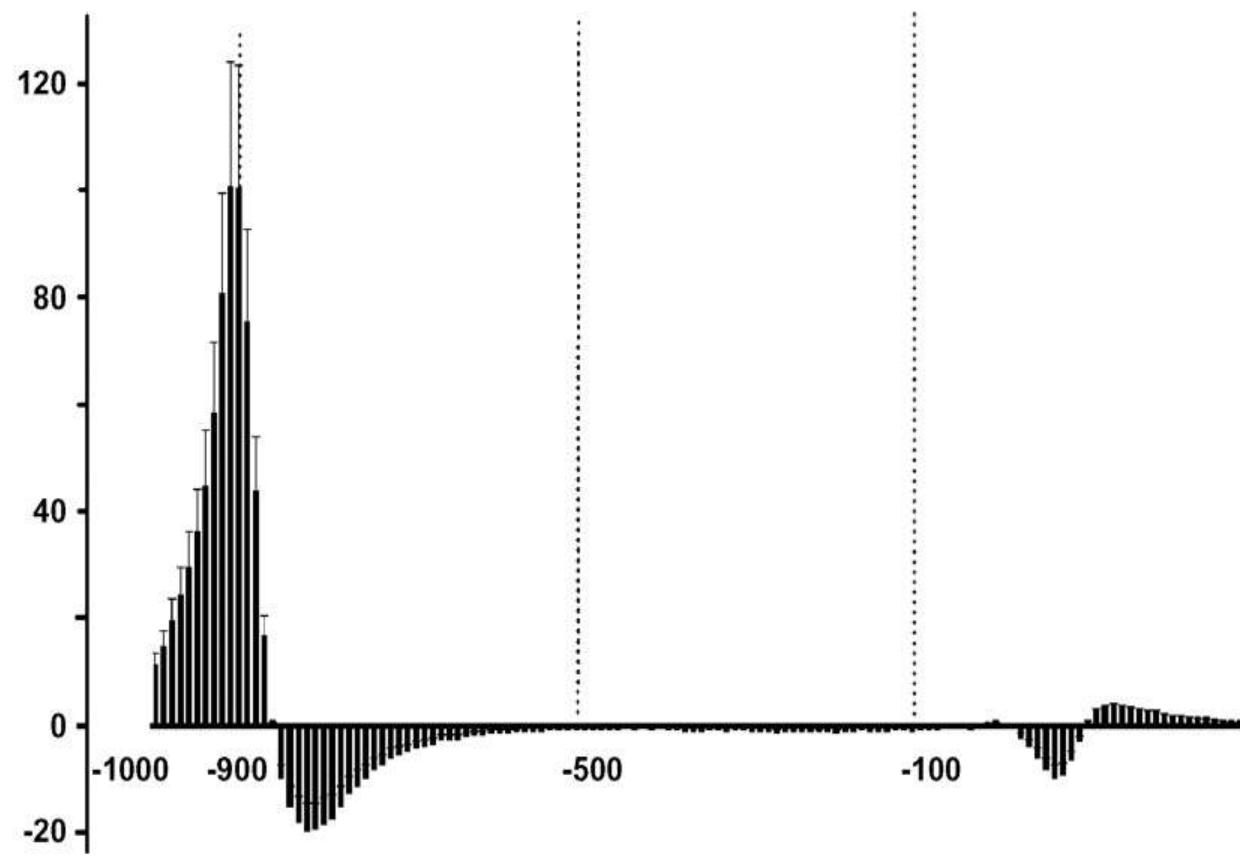


Critical Assumptions

- ΔP is the critical VILI determinant
- There is no P_{plat} safety threshold
- Preventing opening and collapse is more important than avoiding high transpulmonary pressure
- Measures of Gas Exchange Efficiency are acceptable surrogate efficacy endpoints

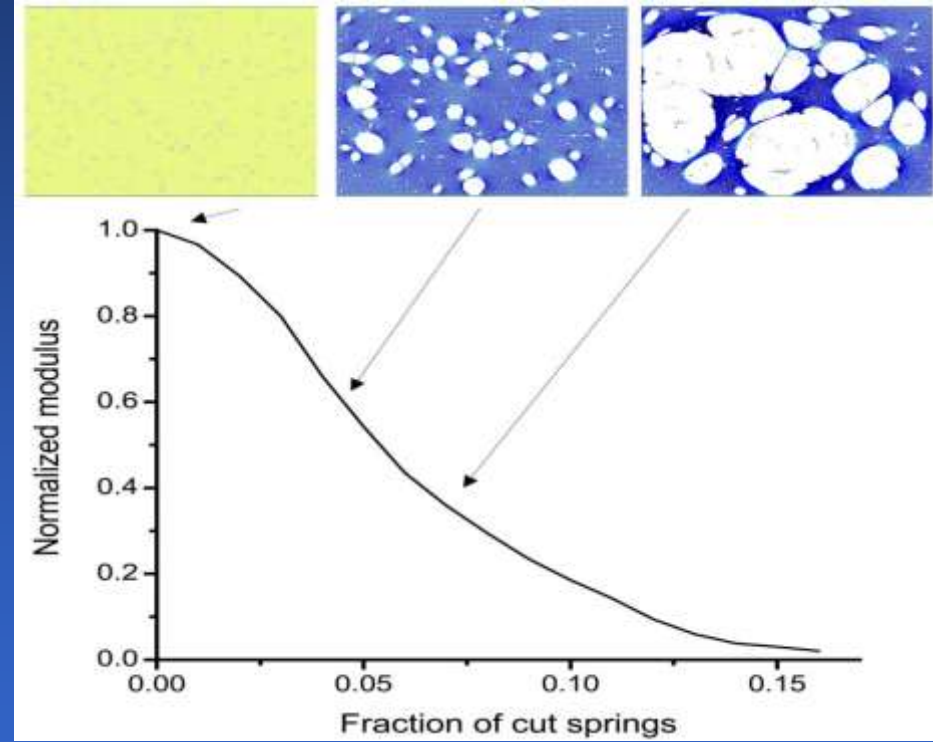
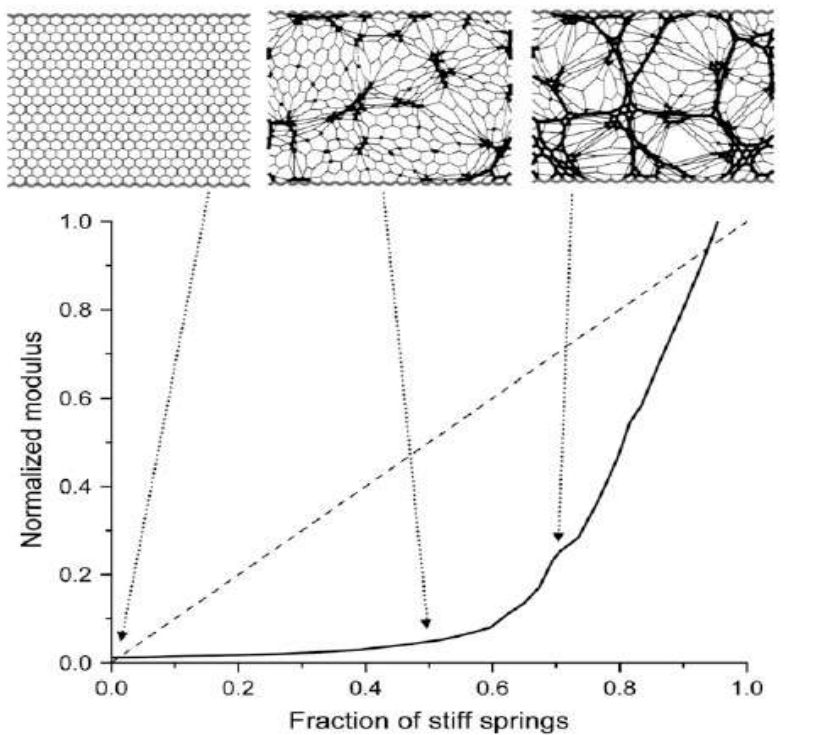
B

End-Inspiratory - End-Expiratory (ml)



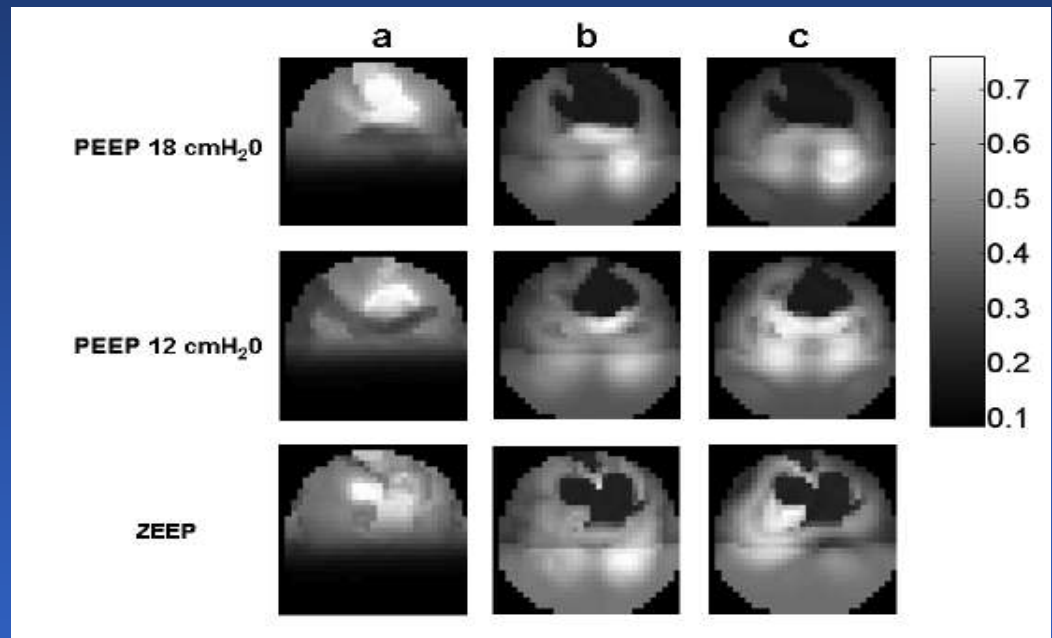
Hounsfield Units

The Meaning of Overdistension ?

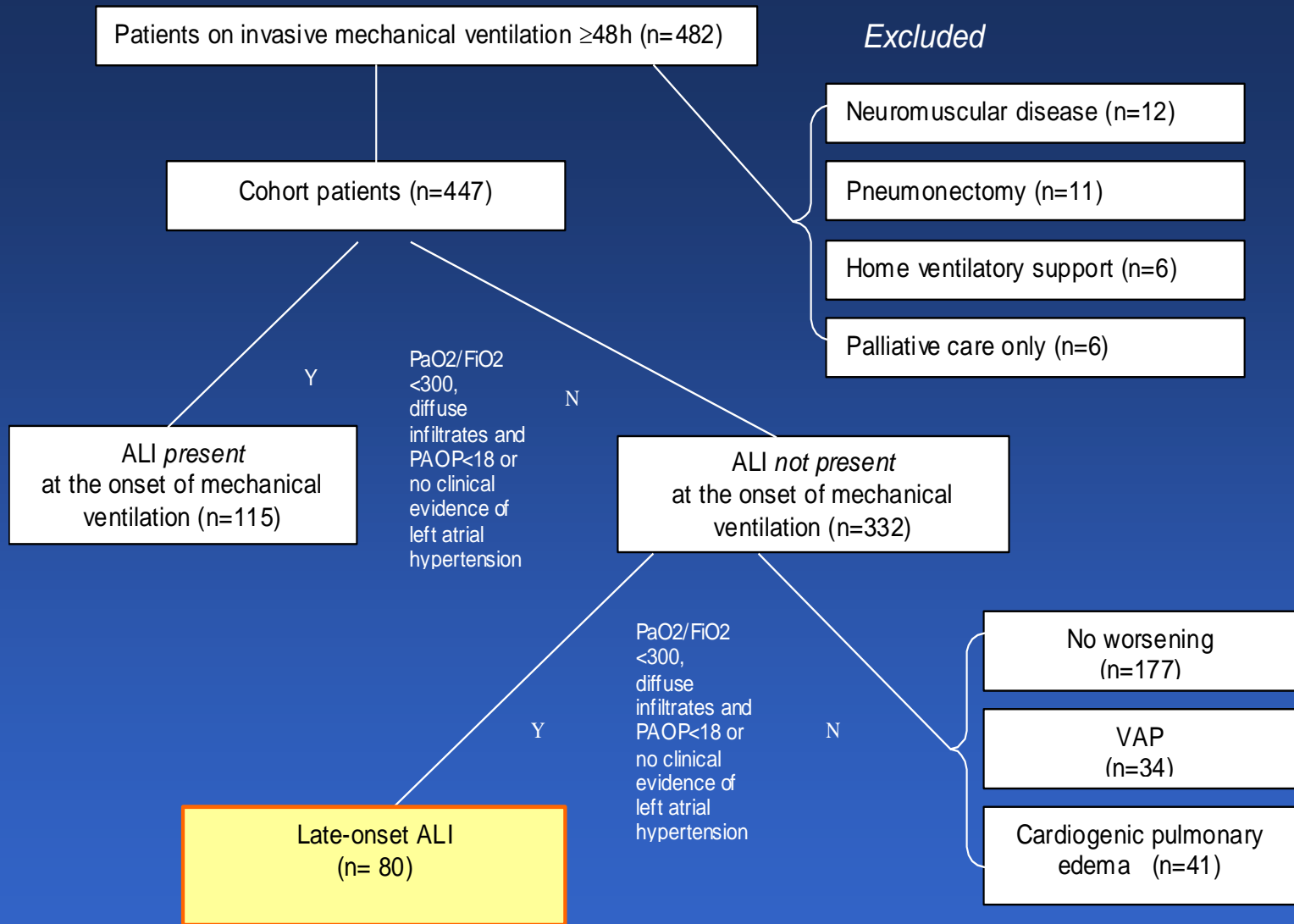


Electrical Impedance Tomography

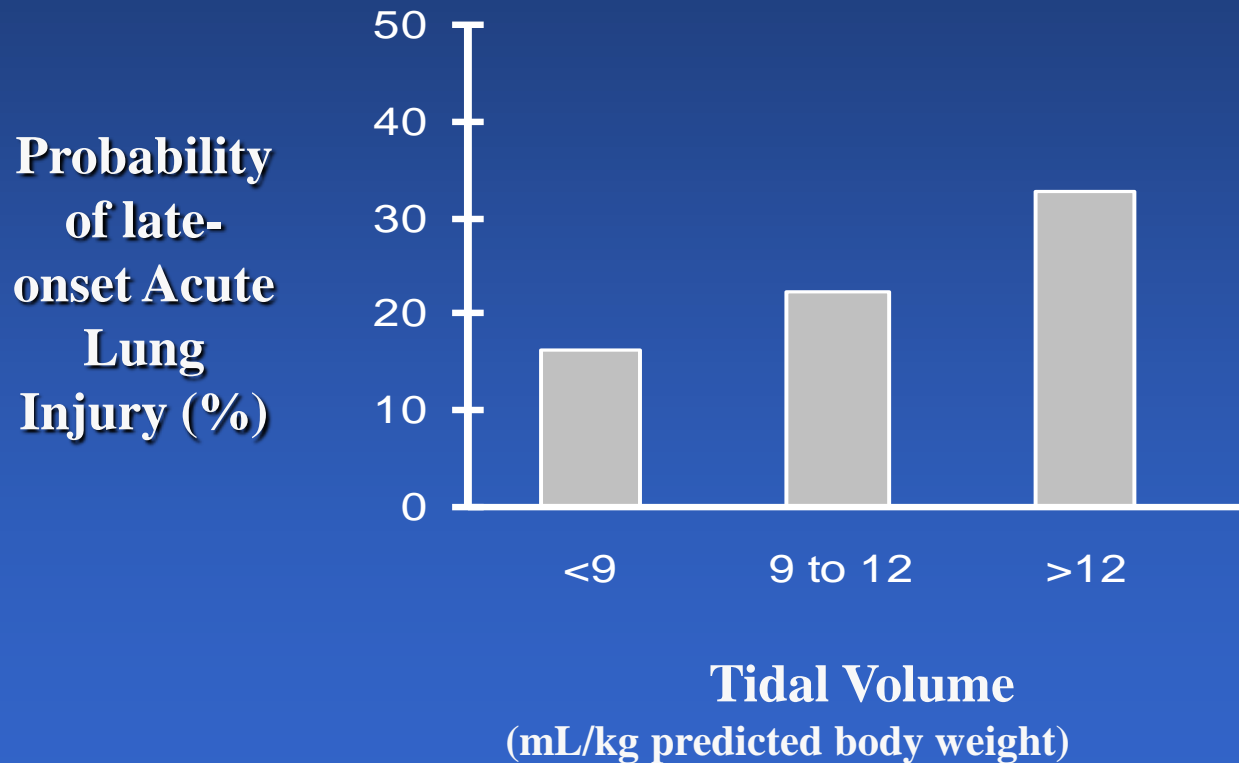
FUZZY MODELING OF ELECTRICAL IMPEDANCE TOMOGRAPHY IMAGES OF THE LUNGS

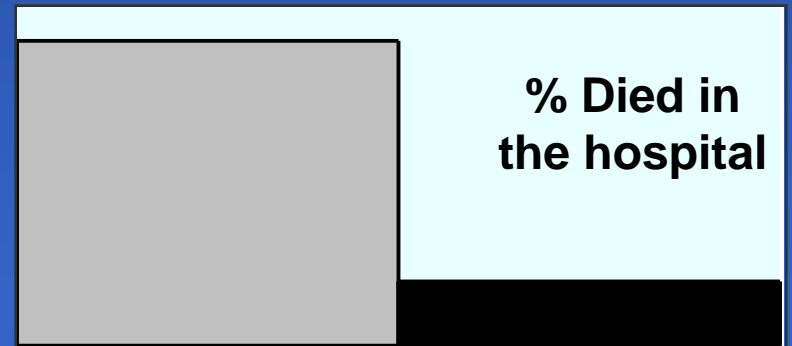
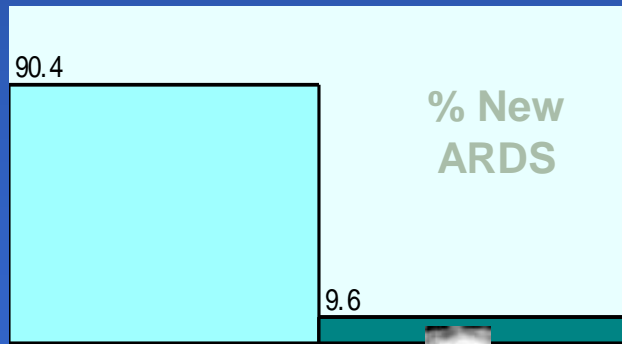
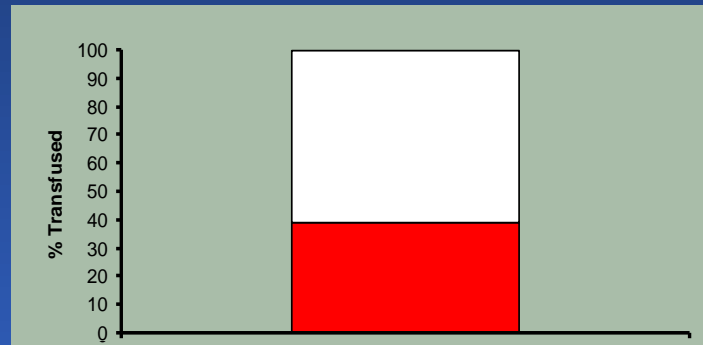
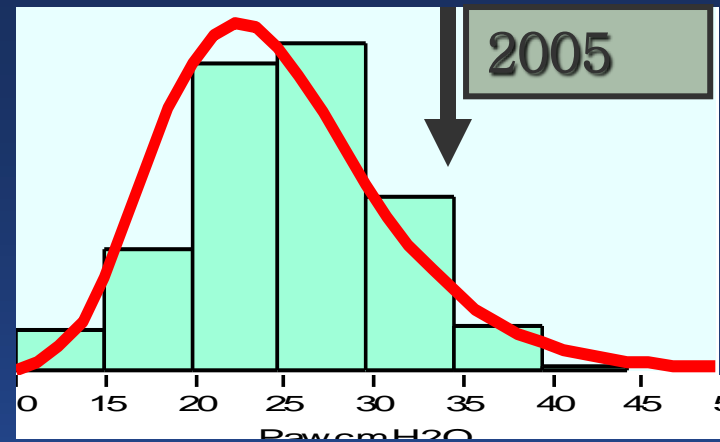
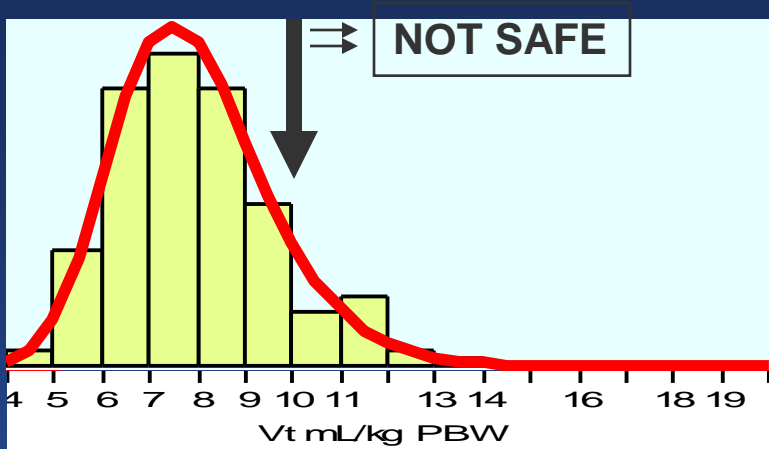


Tanaka H, Ortega NRS, Galizia MS, Borges JB, Amato MBP.
of the lungs. Clinics. 2008;63:363-70.



Mayo Ventilator Practice 2001





VALI & TRALI: CAN WE PREVENT IATROGENIC ARDS?

Reasons for turning unconventional?

Better Lung Protection

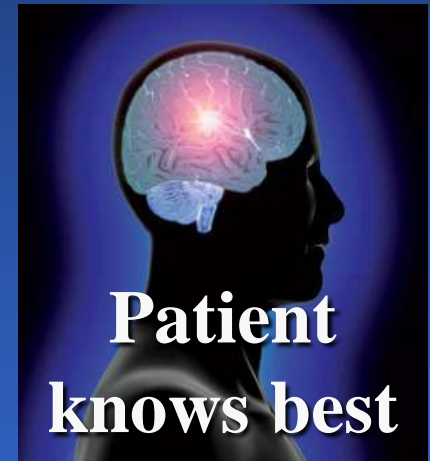


Noisy Ventilation

*High Frequency
Oscillatory Ventilation*

*ARDS-NET
Approach*

Better Synchrony

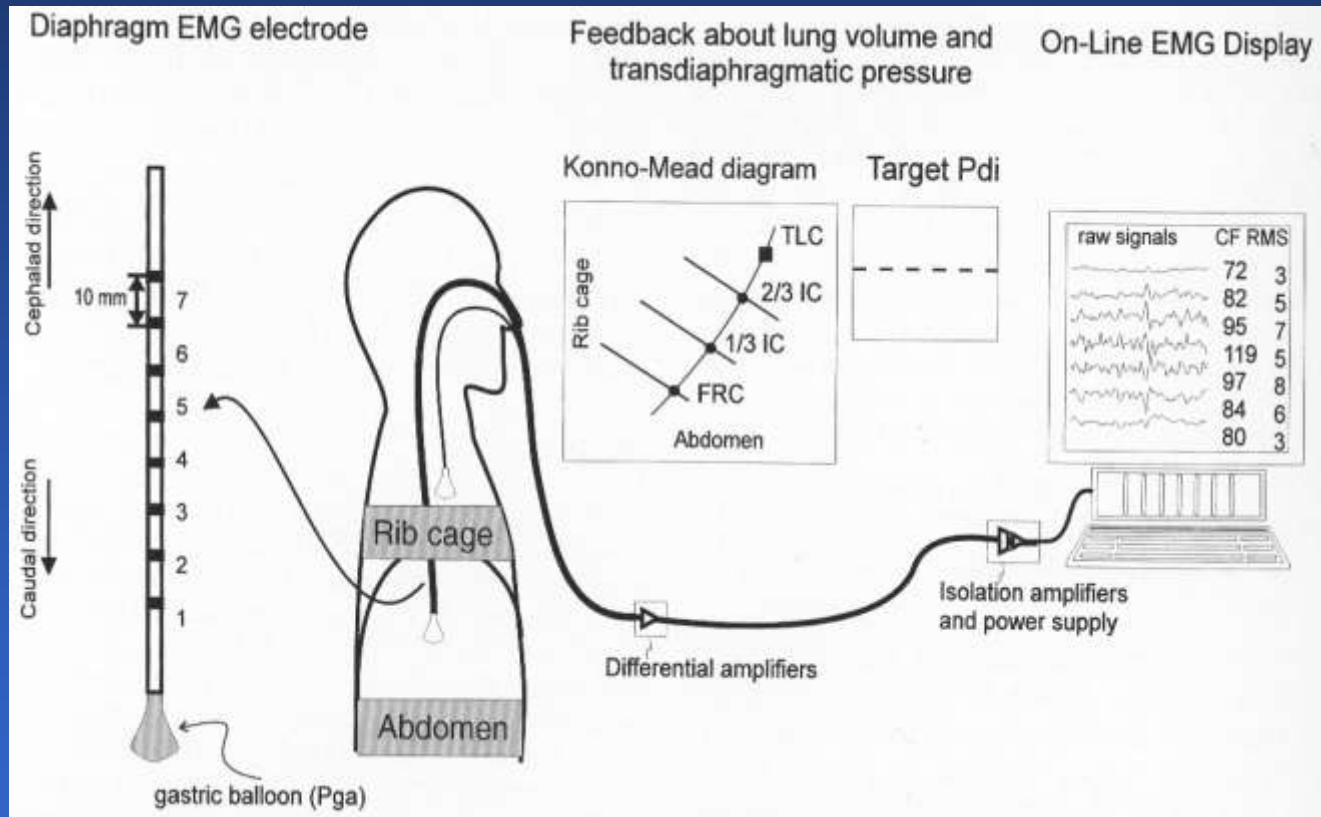


*Proportional Assist
Ventilation*

*Neurally Adjusted
Ventilatory Assist*

**Patient
knows best**

Neurally Adjusted Ventilation Assist

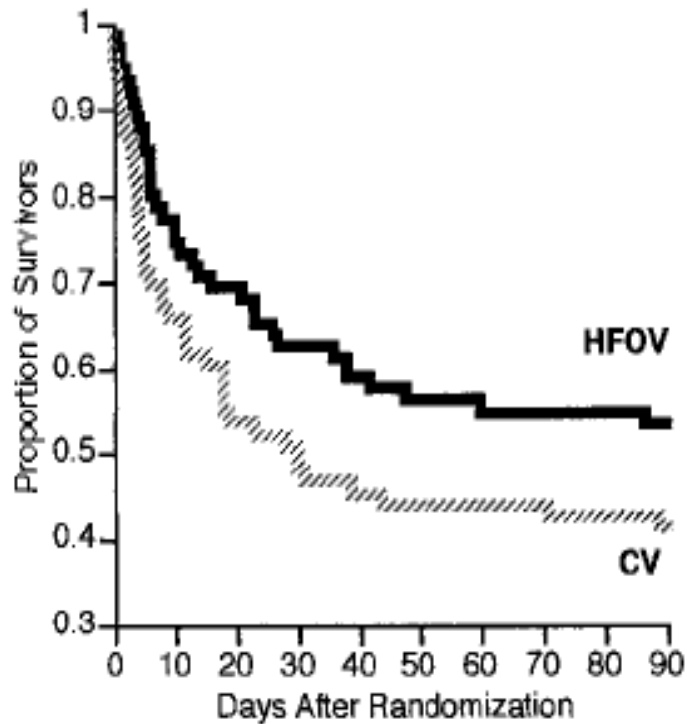


Beck J, et al. J Appl Physiol 1998; 85:1123-1134

Efficacy of HFO



❖ Adults



Am J Respir Crit Care Med Vol 166. pp 801-808, 2002

❖ Neonates

Henderson-Smart DJ, Cools F, Bhuta T, Offringa M



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Bridge to Lung Transplantation With the Extracorporeal Membrane Ventilator Novalung in the Veno-Venous Mode: The Initial Hannover Experience

STEFAN FISCHER,* MARIUS M. HOEPER,† SANDRA TOMASZEK,* ANDRE SIMON,* JENS GOTTLIEB,† TOBIAS WELTE,† AXEL HAVERICH,* AND MARTIN STRUEBER*

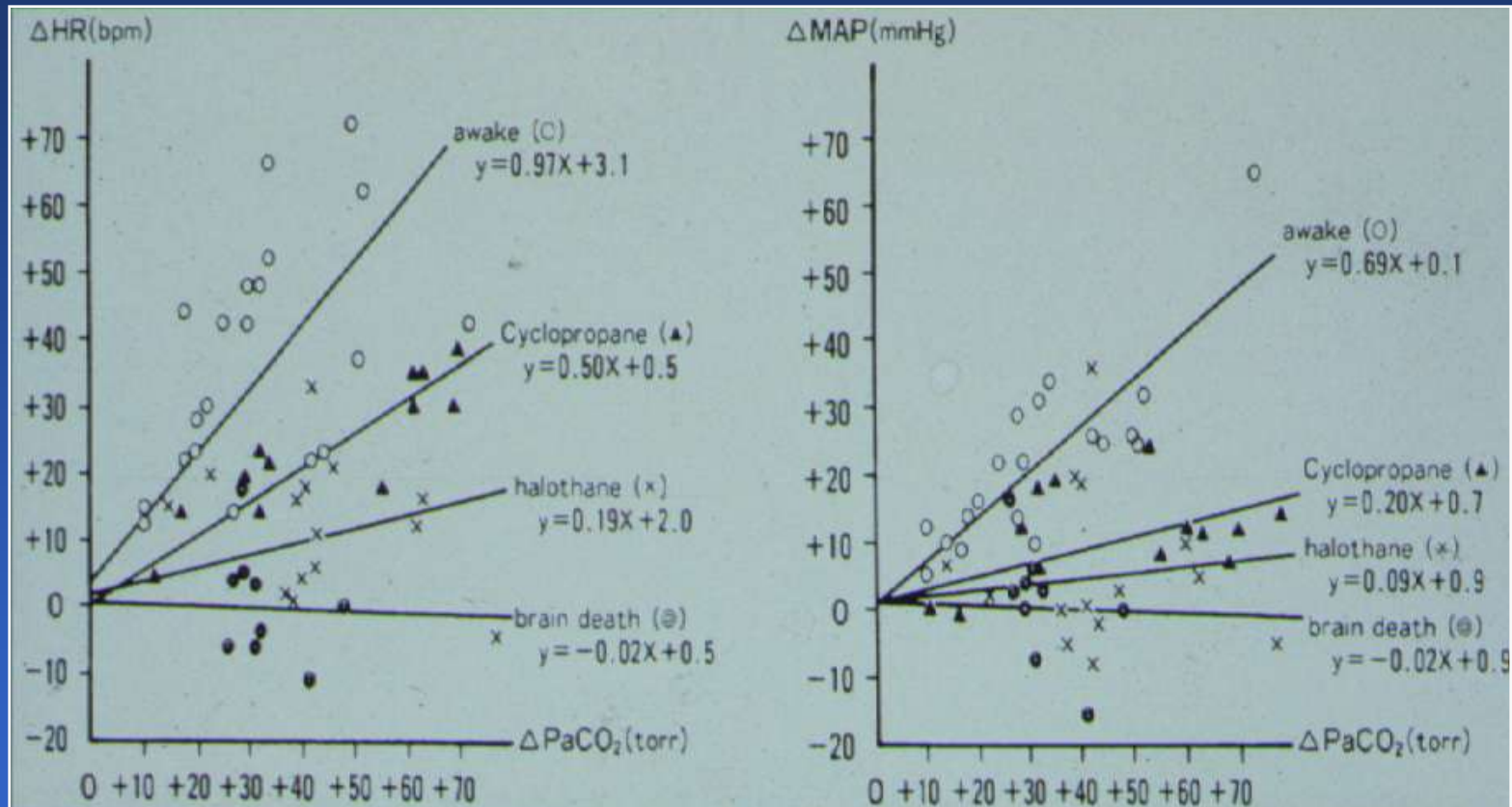


Table 1. Patient Characteristics Before Novalung Implantation

| | Patient 1 | Patient 2 |
|---|------------|-------------------|
| Age (years) | 35 | 38 |
| Gender (m/f) | F | F |
| Indication for LTx | Alveolitis | CF |
| Pre v-v Novalung ventilation | | |
| FIO ₂ | 1.0 | 1.0 |
| Peak inspiratory pressure (mm Hg) | 45 | 51 |
| PEEP (mm Hg) | 15 | 6 |
| Tidal volume (ml) | 214 | 185 |
| PaO ₂ at Novalung insertion (mm Hg) | 38 | 37 |
| PaCO ₂ at Novalung insertion (mm Hg) | 89 | 173 |
| pH in arterial blood | 7.22 | 6.95 |
| Time of pre-Novalung ventilation (days) | 10 | 4 |
| Secondary organ failure (yes/no) | No | No |
| Hemodynamics | | |
| Mean arterial pressure (mm Hg) | 67 | 75 |
| Central venous pressure (mm Hg) | 15 | 10 |
| Mean pulmonary artery pressure (mm Hg) | 32 | n/a |
| Inotropic support (yes/no) | Yes | Yes |
| Infection status | | |
| Sepsis (yes/no) | No | No |
| Positive blood cultures (yes/no) | No | No |
| Test results | Neg. | Neg. |
| Other positive cultures (yes/no) | No | Yes |
| Test results | Neg. | Pseud aer in lung |

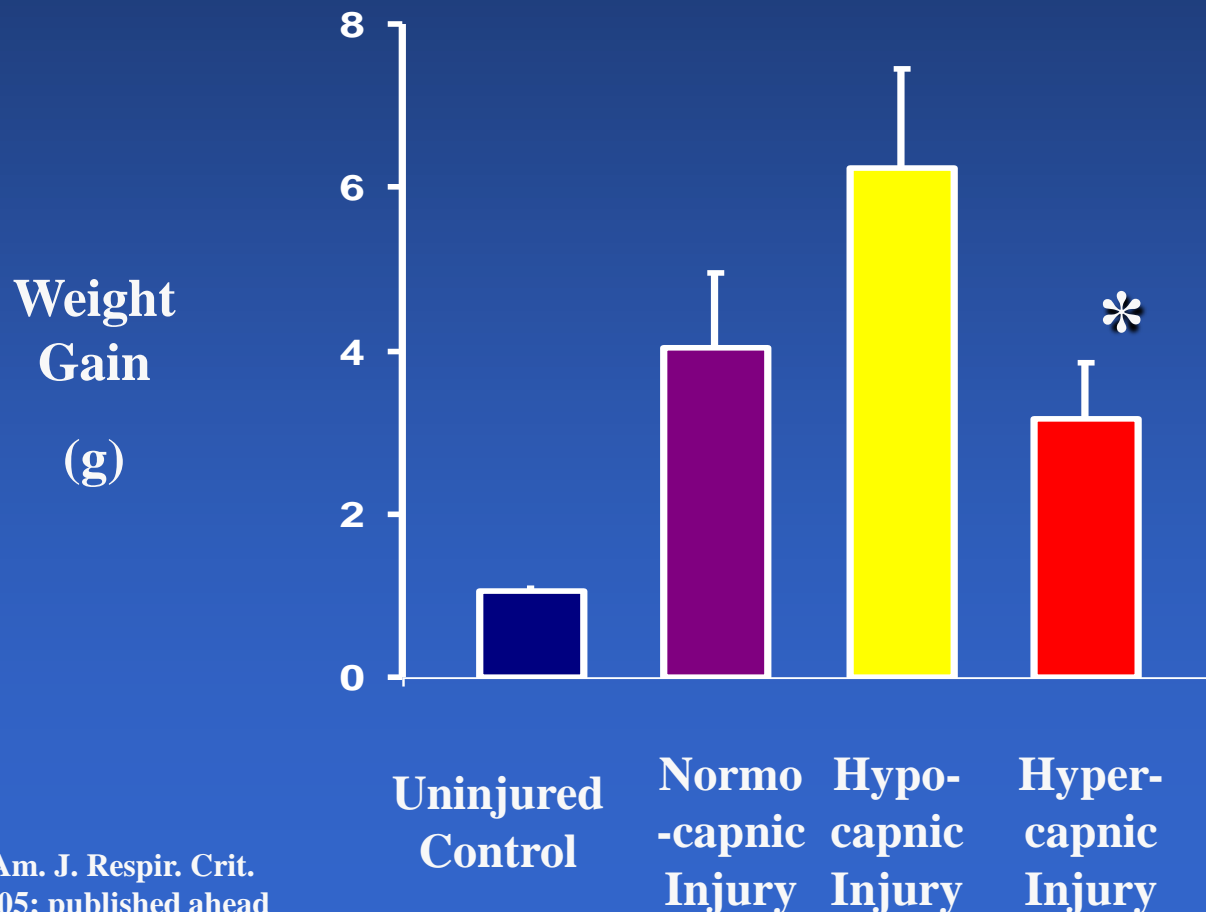
CF, cystic fibrosis; Pseud aer, Pseudomonas aeruginosa; n/a, not assessed.

Hypercapnic Acidosis

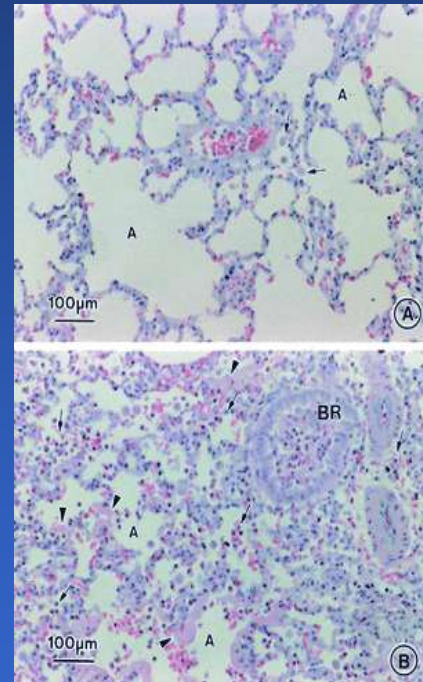
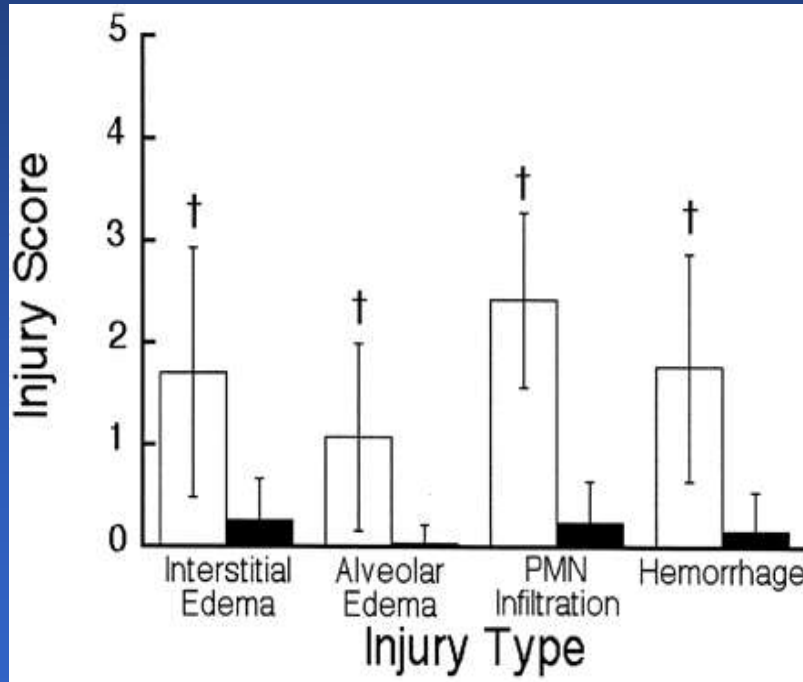


Ebata et al. Can J Anesth 1991; 38:436-440

Effects of CO₂ on Pulmonary Vascular Barrier Properties



Permissive Hypercapnia and VILI



Hypercapnia

Normocapnia

Scott E. Sinclair, Am. J. Respir. Crit. Care
Med. 166: 403-408

Bicarbonate buffers generate CO₂

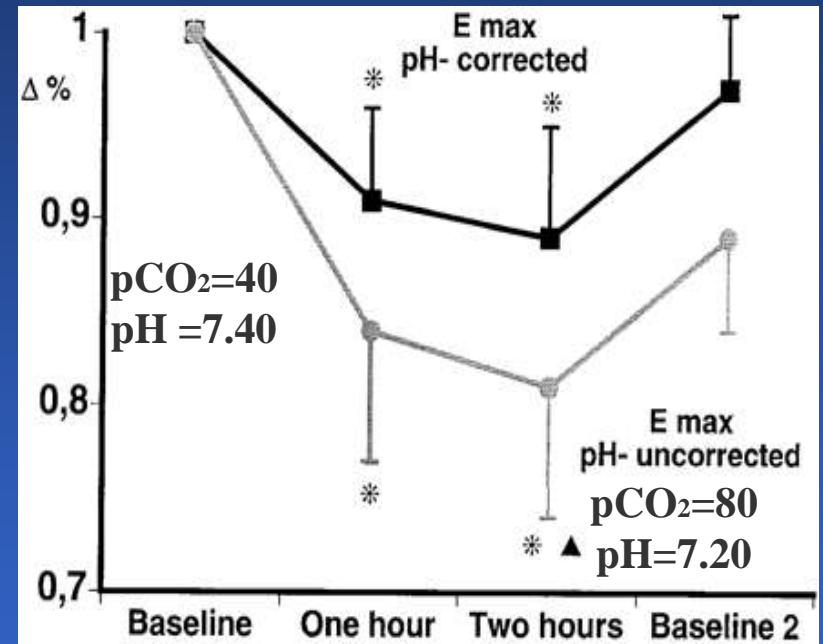
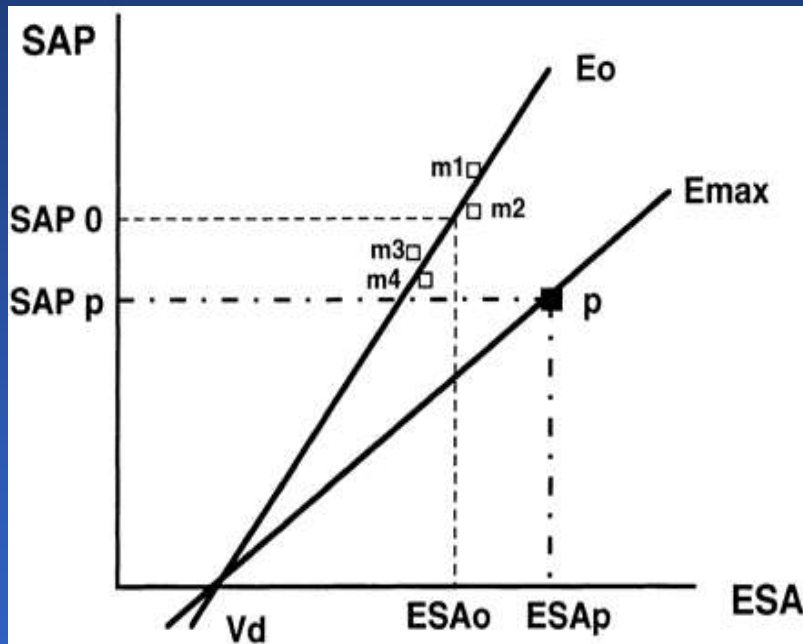
NaHCO₃

| Case | pHa Pre- NaHCO ₃ | pHa Post- NaHCO ₃ | Pa _{CO₂} Pre- NaHCO ₃ (mm Hg) | Pa _{CO₂} Post- NaHCO ₃ (mm Hg) | Base Deficit Pre- NaHCO ₃ (mEq/L) | Base Deficit Post- NaHCO ₃ (mEq/L) | NaHCO ₃ Dose (mEq) |
|-----------|-----------------------------------|------------------------------------|---|--|--|---|-------------------------------------|
| Mean ± SD | 7.21 ± 0.06 | 7.10 ± 0.04* | 53 ± 19 | 62 ± 24* | -6.4 ± 9.5 | -9.7 ± 11.3 | 82.5 ± 64.5 |

THAM

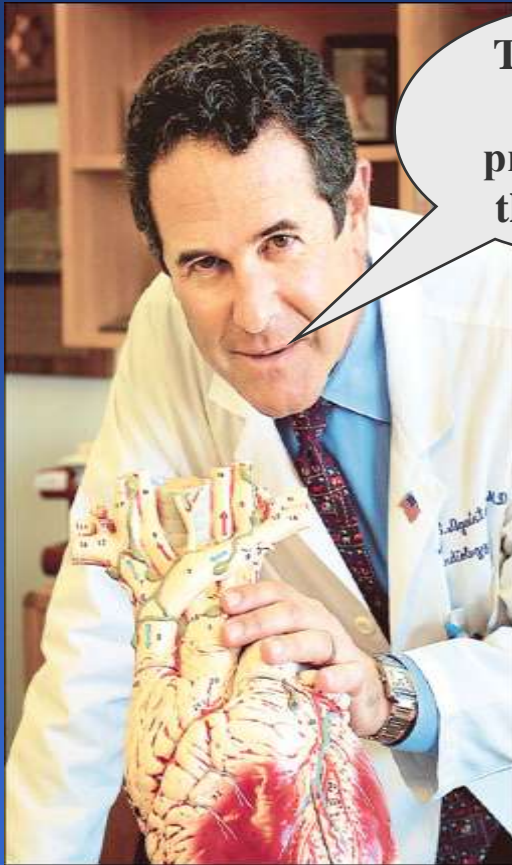
| Case | pHa Pre-THAM | pHa Post-THAM | Pa _{CO₂} Pre-THAM (mm Hg) | Pa _{CO₂} Post-THAM (mm Hg) | Base Deficit Pre-THAM (mEq/L) | Base Deficit Post-THAM (mEq/L) | THAM dose (mmol/kg/h) |
|-----------|-----------------|--------------------------|---|--|--|---|-----------------------------|
| Mean ± SD | 7.14 ± 0.05 | 7.26 ± 0.08 [†] | 63 ± 19 | 50 ± 16 [†] | -8.1 ± 8.0 | -4.4 ± 7.6 [†] | 1.07 ± 1.23 |

Effects of Hypercapnic Acidosis on Myocardial Contractility



Weber et al. AJRCCM 162: 1361; 2000

Cardiogenic or Non-Cardiogenic Edema

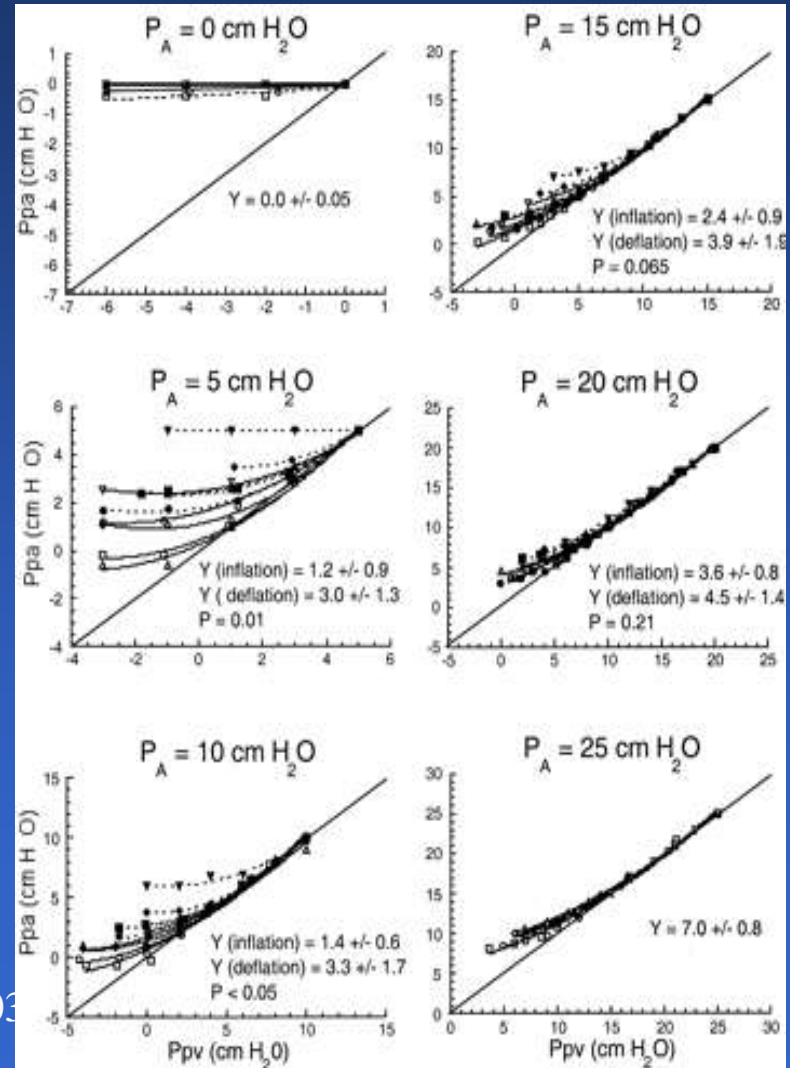
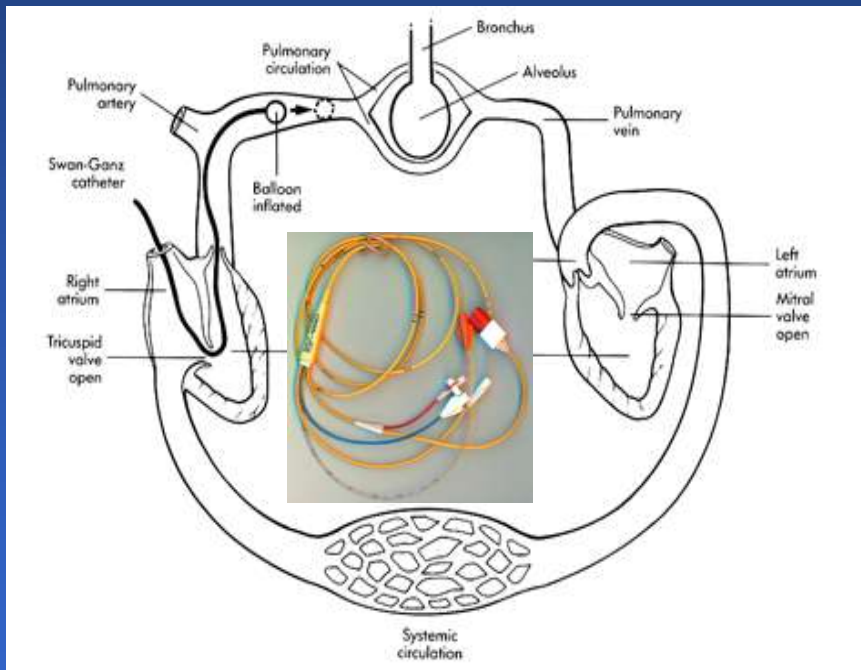


The heart is NOT the problem! It's the LUNGS

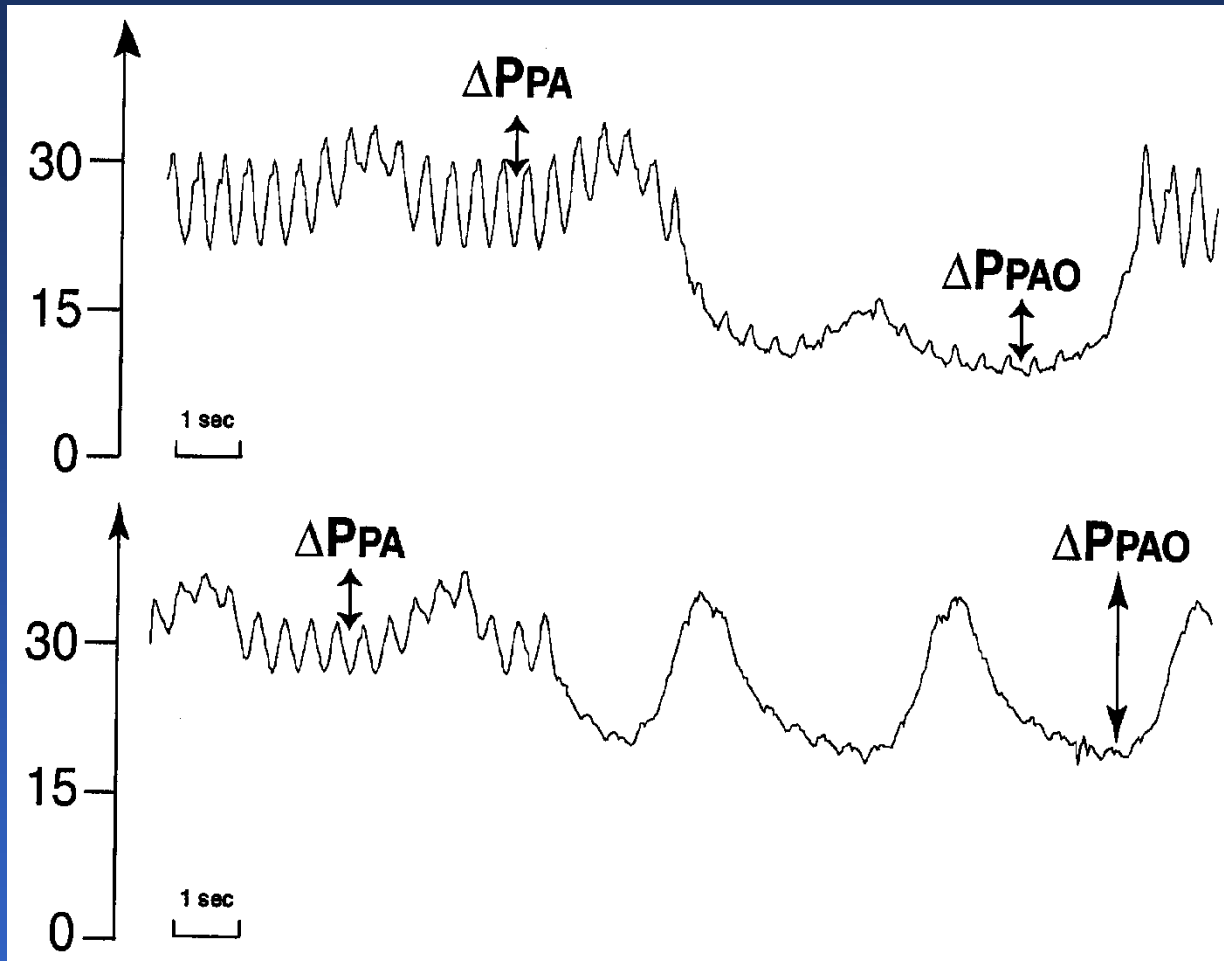
The lungs are NOT the problem! It's the HEART



The Swan and the Zone 1 Misconception

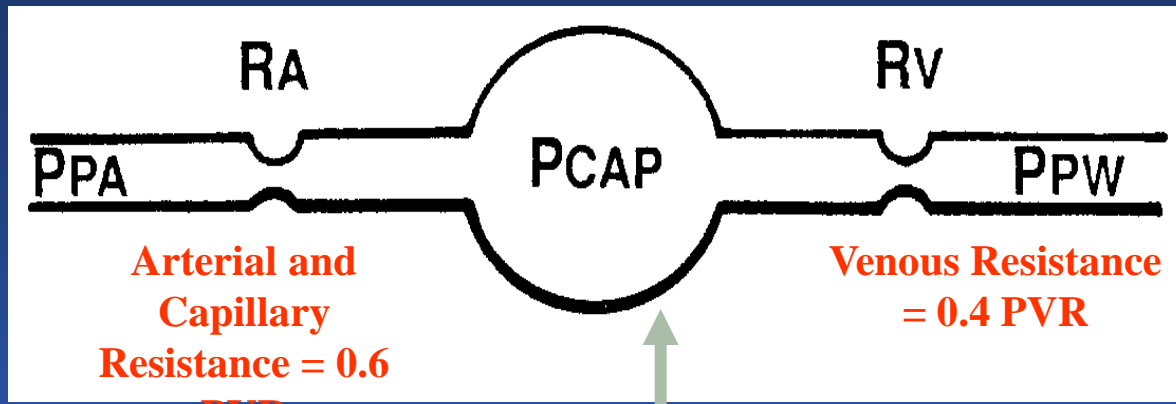


Albert et al. AJRCCM Vol 167. pp. 1016-1020, (2003)

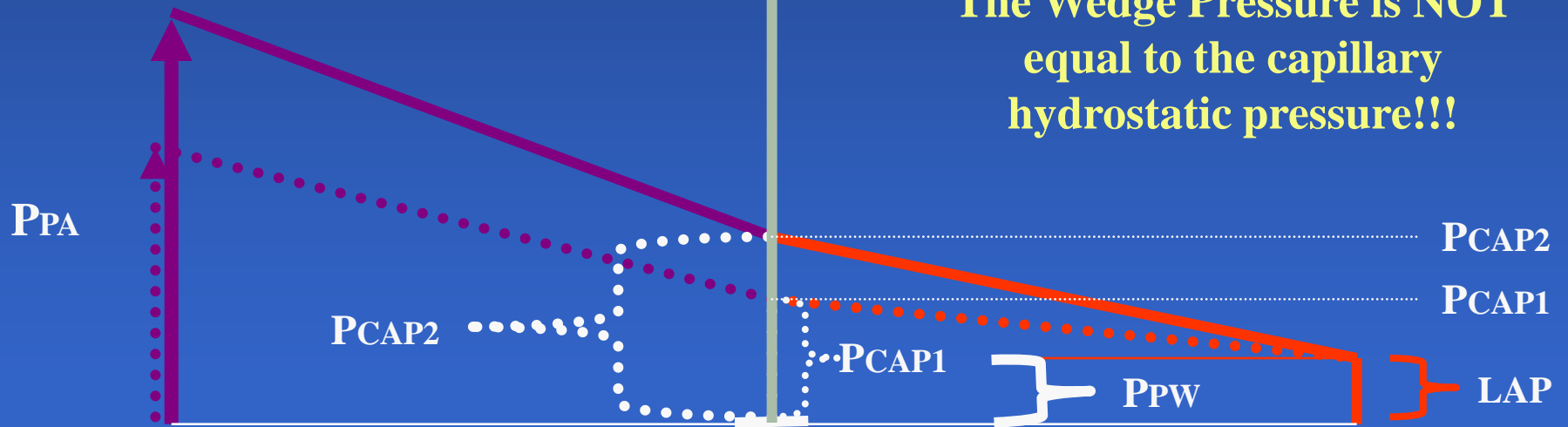


Leatherman JW, Marini JJ. Pulmonary artery catheterization: Interpretation of pressure recordings. In: Tobin MJ. Principles and Practice of Intensive Care Monitoring. New York: McGraw-Hill 1998; 821-837

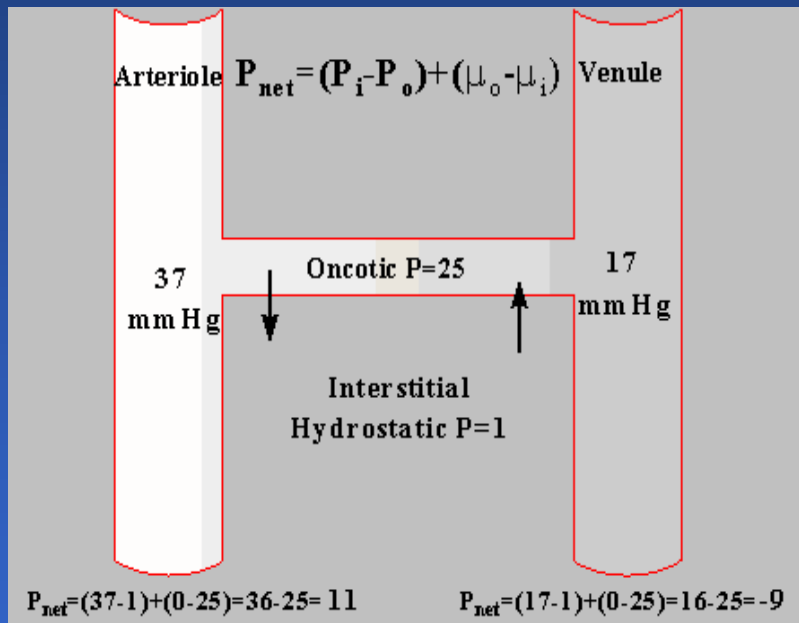
There is Nothing Magic about a Wedge of 18



The Wedge Pressure is NOT equal to the capillary hydrostatic pressure!!!

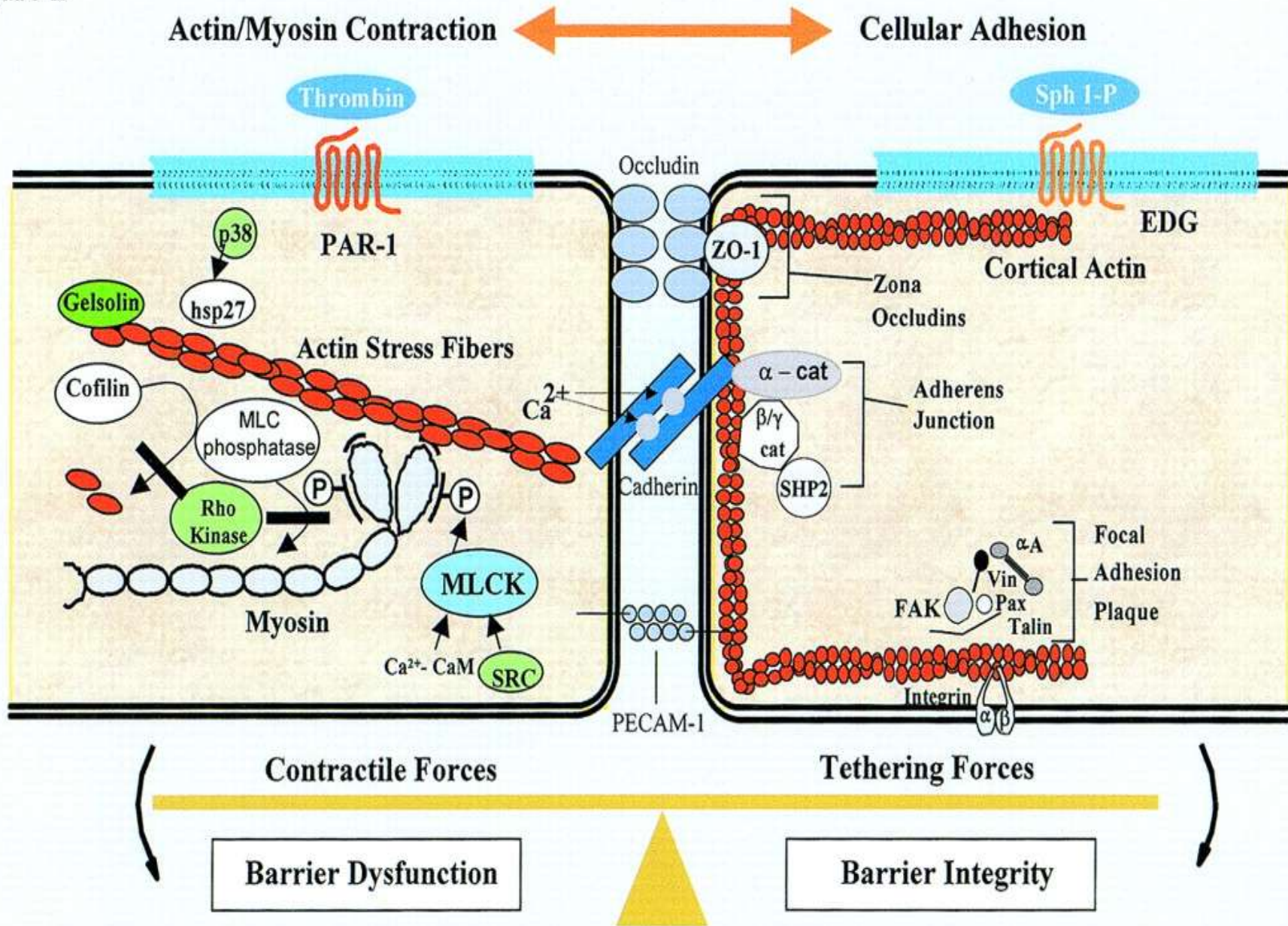


The Starling Equation does NOT tell the Whole Story



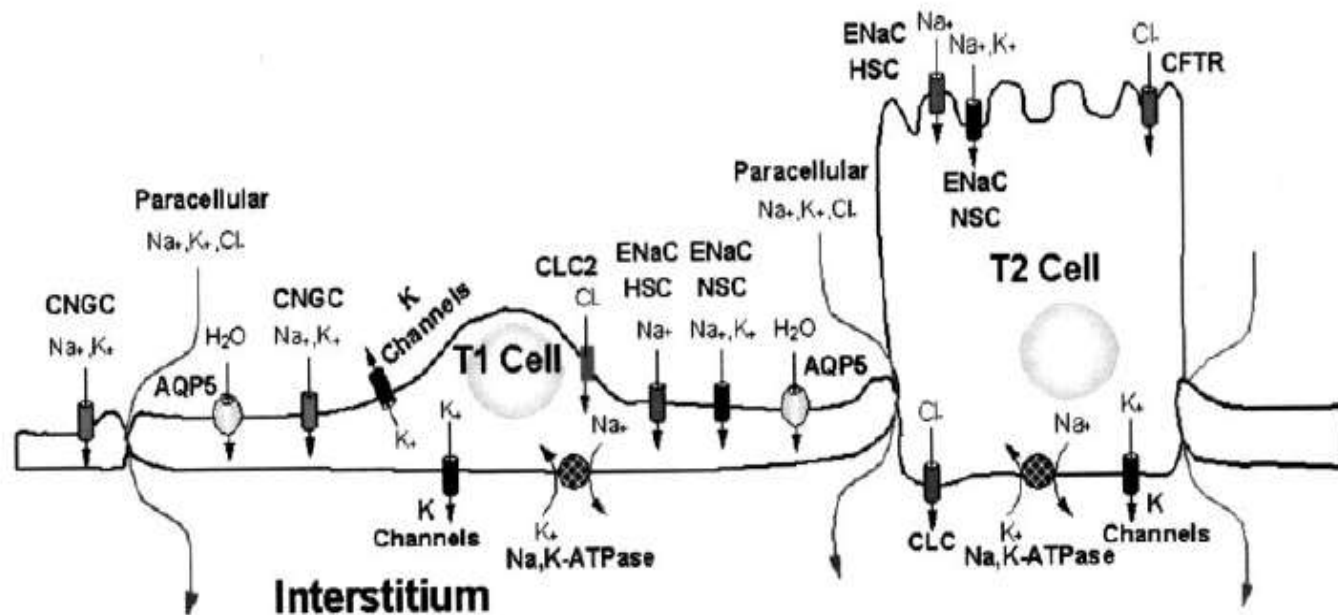
- Endothelial and Epithelial Barrier Properties are actively controlled
- Compliance and Hydration of the Lung Interstitium is regulated by matrix metalloproteinases
- Edema Clearance from the Alveolar Space is accomplished by active Ion Transport

Figure 2

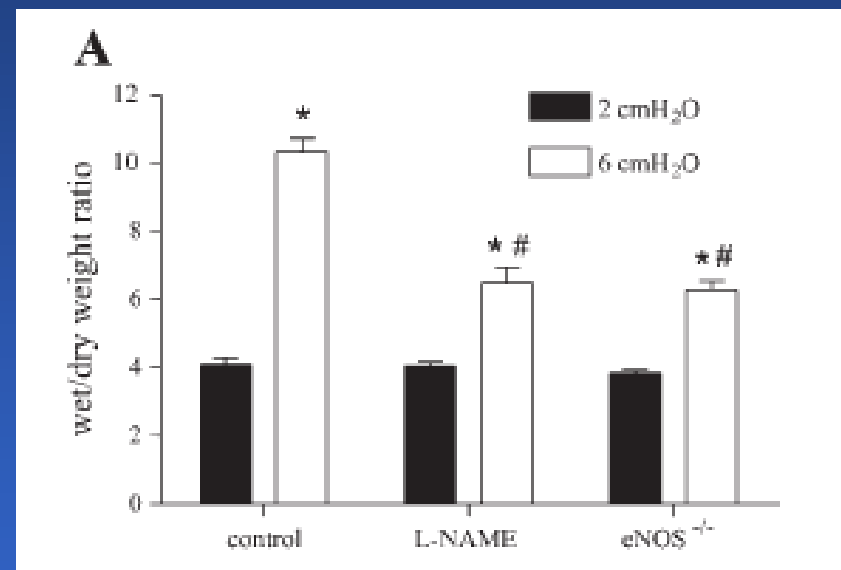
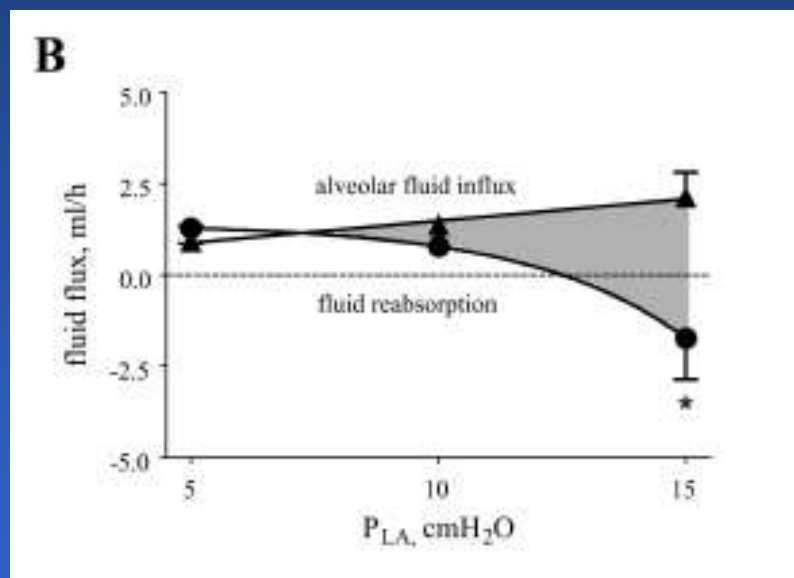


Integrating acute lung injury and regulation of alveolar fluid clearance

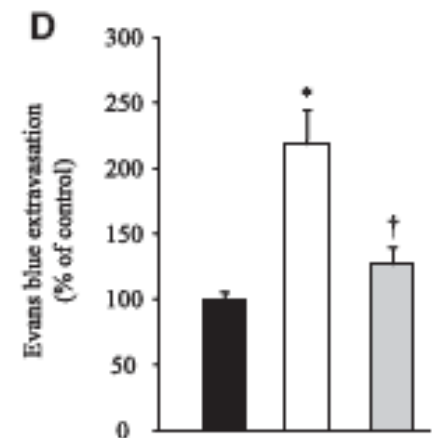
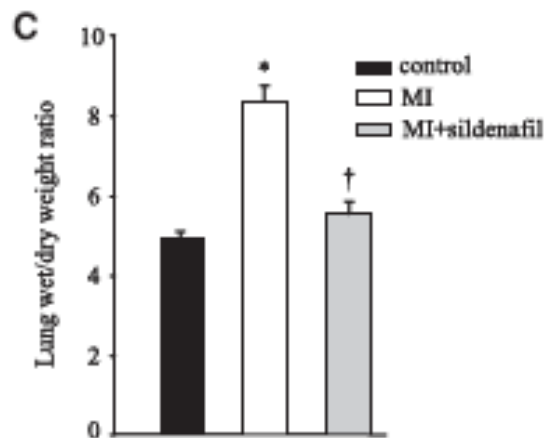
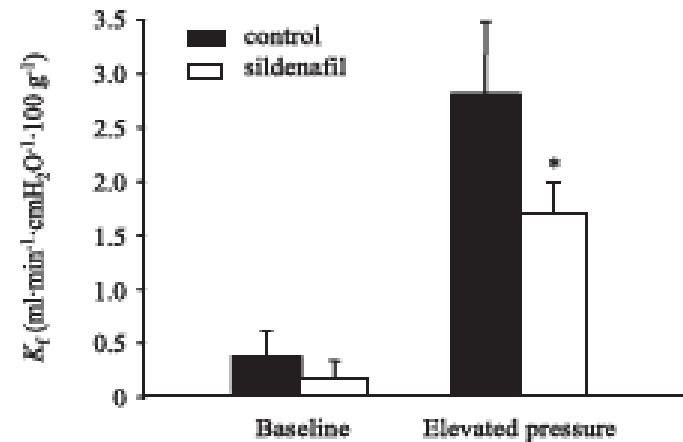
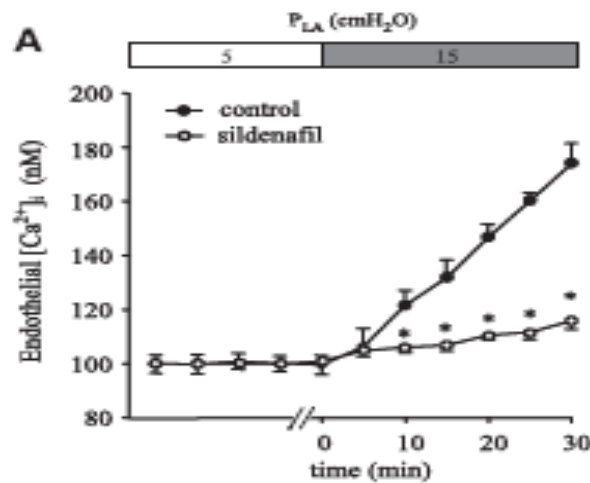
David M. Guidot,¹ Hans G. Folkesson,² Lucky Jain,¹
Jacob I. Sznajder,³ Jean-François Pittet,⁴ and Michael A. Matthay⁴



Nitric oxide-dependent inhibition of alveolar fluid clearance in hydrostatic lung edema



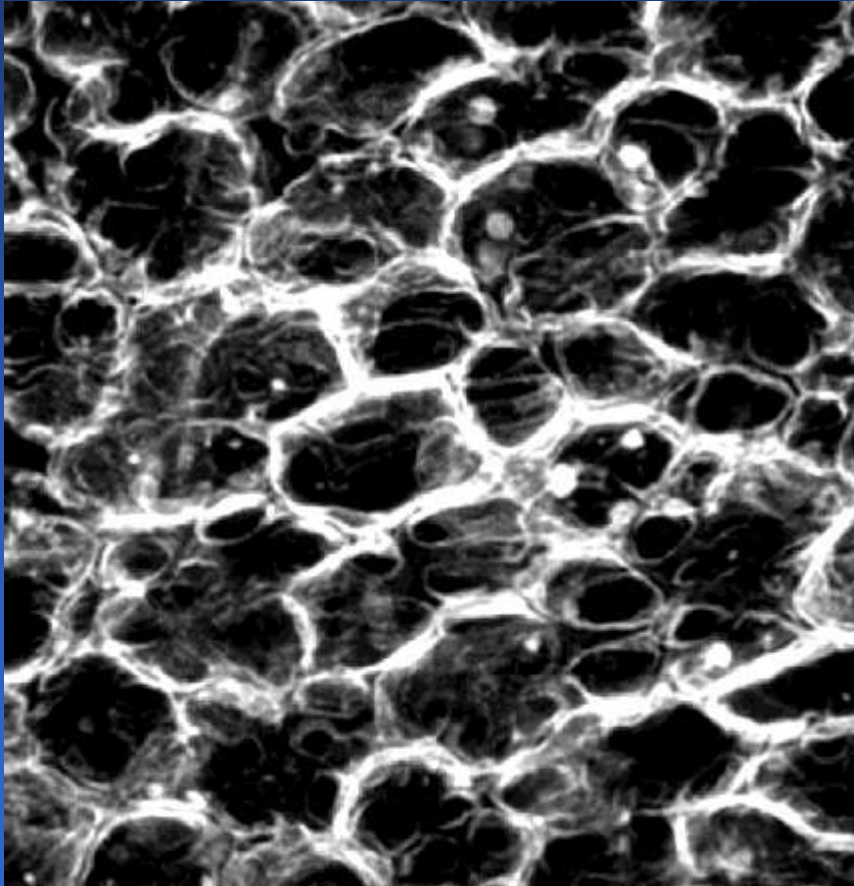
Negative-Feedback Loop Attenuates Hydrostatic Lung Edema via a cGMP-Dependent Regulation of Transient Receptor Potential Vanilloid 4



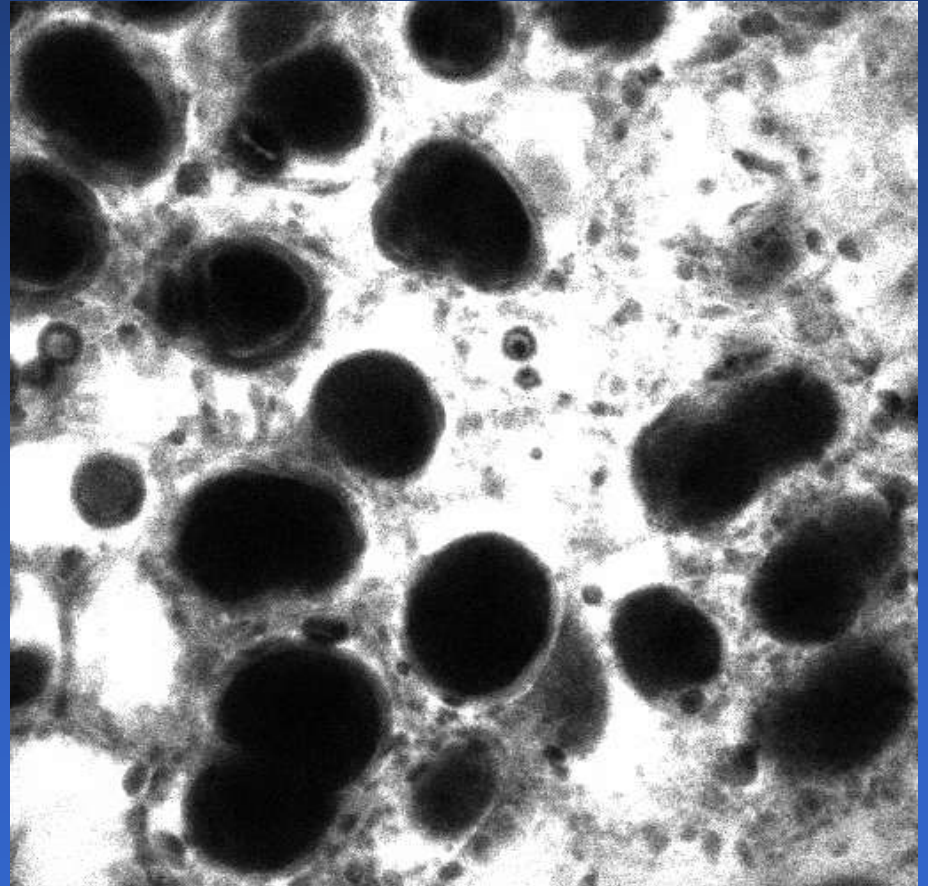
Stimuli of Na Transport

- Dopamine
- Catecholamines
- Glucocorticoids
- Aldosterone
- Thyroid Hormone
- Cytokines and Growth Factors (HGF, KGF, TNF α)

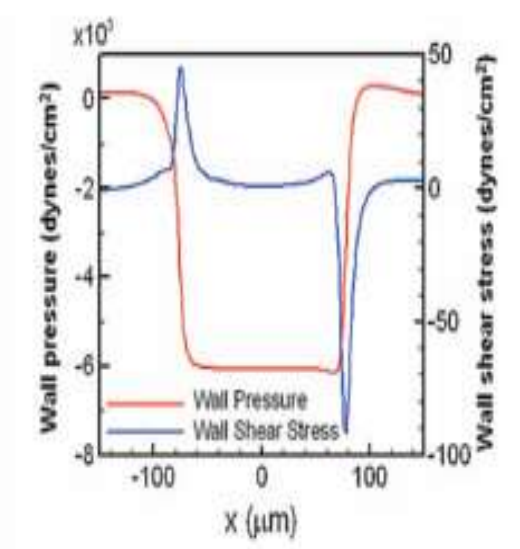
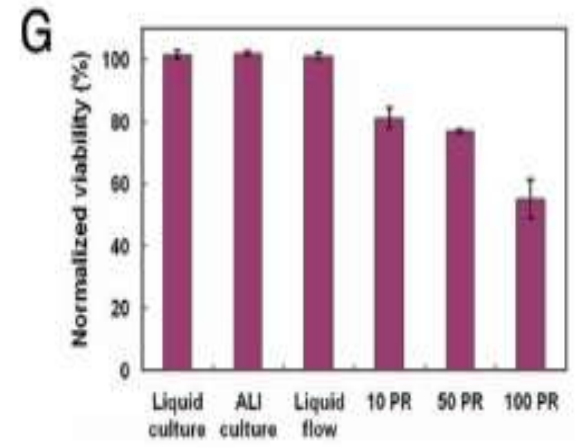
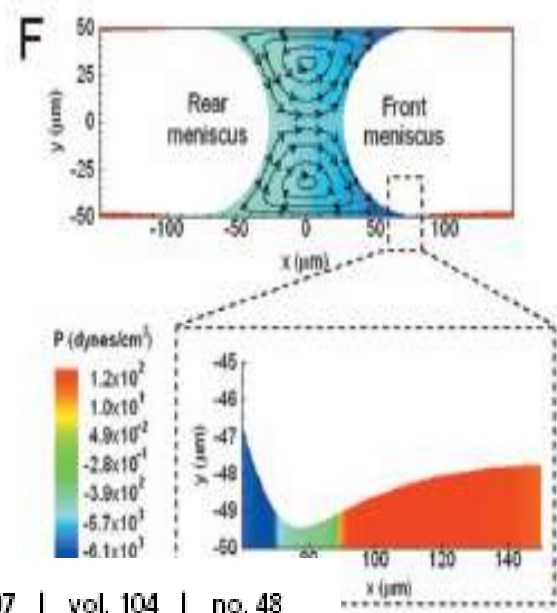
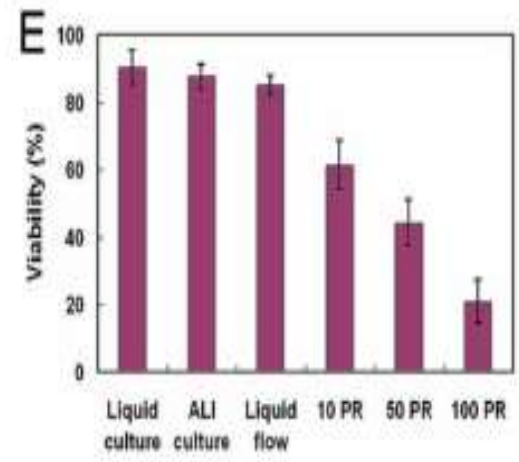
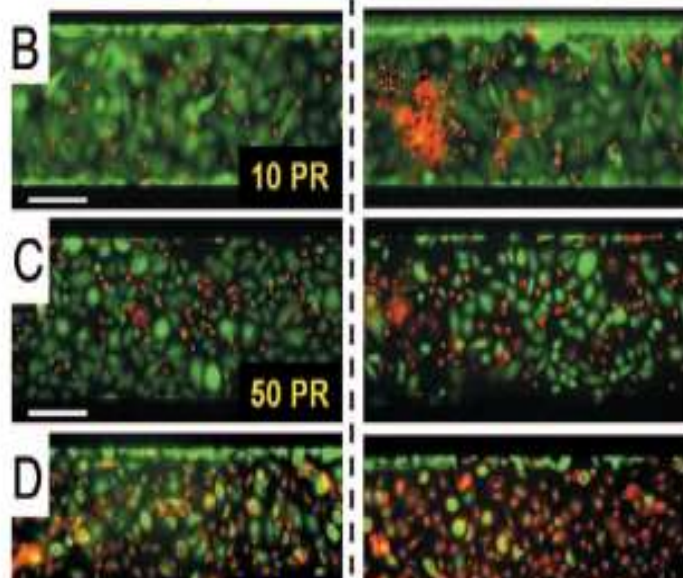
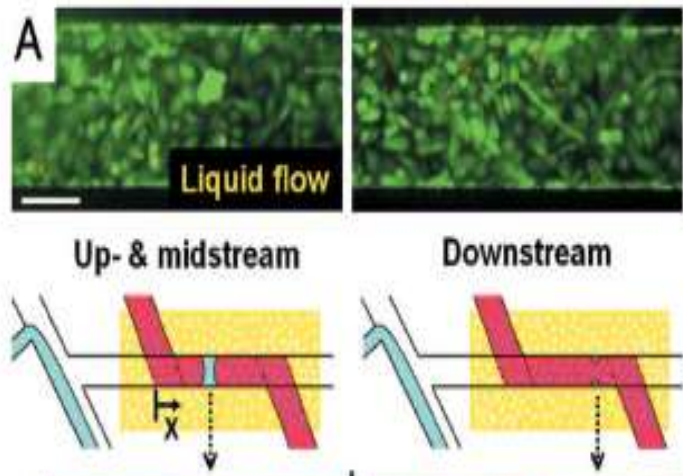
Normal Lung



Edematous Lung



Crackles and the Sounds of VILI



Patient on Ventilator

