

TURIN, 20TH-21ST NOVEMBER 2008

### GREAT INNOVATIONS IN CARDIOLOGY

4TH JOINT MEETING WITH MAYO CLINIC

4TH TURIN CARDIOVASCULAR NURSING CONVENTION



ABSTRACT SESSION (PART II)

Chairmen

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# Early experience of percutaneous interventional treatment for atrial septal defects: a safety and efficacy evalutation.

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### Aim

Mid-long term evalutation of:

Safety and efficacy of percutaneous treatment for atrial septal defects (patent foramen ovale and atrial septal defect ostium secundum)

#### Methods

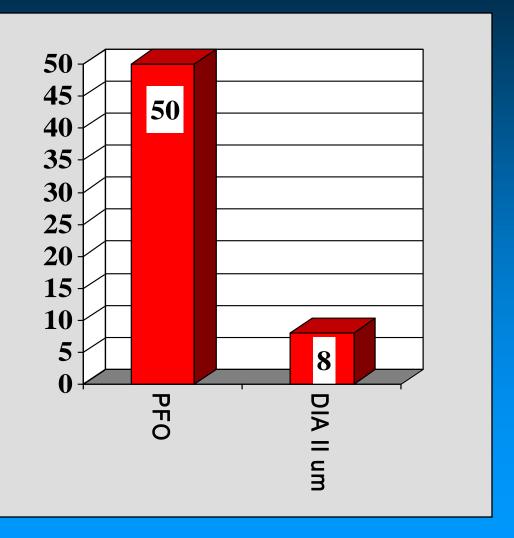
Prospective registry
with instrumental evaluation
at 6 months
and mid-long term
clinical outcomes analysis
in 58 patients treated
in overall 36 months

### **Patients characteristics**



F/M 52%

Diabetes 16%



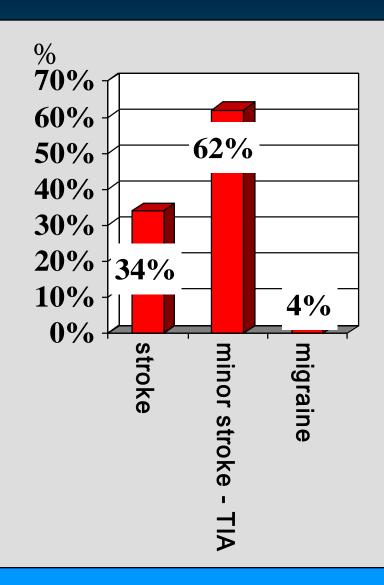
### Patent foramen ovale (50 patients)

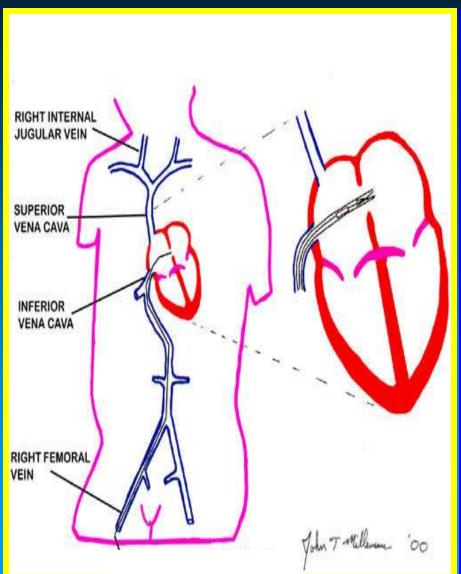
Lesions at neuroimaging 90%

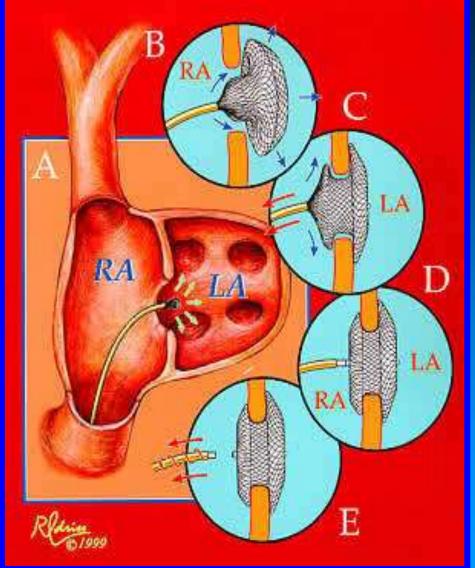
Carotid and vertebral doppler: Negative

Coagulation disorders 10%

ATRIAL SEPTAL ANEURYSM 73%



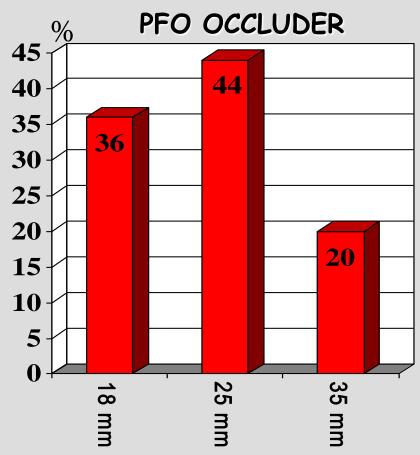




### **DEVICES**

## AMPLATZER PFO and CardioSeal Septal occluder





### Procedural characteristics

Fluoroscopic guide and trans-esophageal echocardiography

General Anaesthesia (15%) Deep sedation (85%)

Antithrombotic prophylaxis:
ASA and clopidogrel for 3 months,
then ASA alone for 3 months.
Endocarditis prophylaxis: 12 months

Follow up: clinical visits and TTE: 1<sup>th</sup>, 6<sup>th</sup>, 12<sup>th</sup> month TEE and trans-cranial doppler: 6<sup>th</sup> month

### Procedural results



Procedural success 100%

Major complications 0%

Minor complications 8% (atrial arrhythmias)

Mean procedural time 46 ± 11 min (range 20-90)

Mean fluoroscopic time 6,3 ± 4 min (range 2,2-22,5)

Mean in-hospital stay  $3.4 \pm 1.1$  days

### Long-term follow-up results

Cerebral ischaemic recurrences	0%
Bleeding	0%
Endocarditis	0%
Thrombosis	0%
Displacement	0%
Aortic erosion	0%
Atrial septum erosion (mild residual left to right shunt)	2%
Severe residual shunt	0%
Mild residual shunt (during Valsalva)	18%

Follow up mean time 18 months (range 1-37 months)

### Conclusions

Percutaneous treatment of atrial septal defects is effective and safe in a mid-long term follow-up and represents a valid option to medical and surgical therapy.

Ongoing randomized multicentric trials will definitely clarify the advantages of this therapeutic approach.

### ...THANK YOU