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October
25th-27th
2018
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GIORNATE CARDIOLOGICHE **TORINESI**



Clinical case: managing multiple comorbidities in old patient

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Uomo, 74 anni

Ex fumatore (15 sig/die, stop 2009), iperteso, dislipidemico.

Cardiopatia ischemica:

STEMI inferiore (2001) → 3VD

pPCI-DES su Dx, PCI-DES su IVA I-II e MO

Angina da sforzo (2009) → ISR IVA I e MO; Dx occlusa (modesta estensione)

AMIS-IVA; AMID-MO a Y

Successivamente asintomatico, in buon compenso, FE 50%

TD: ASA, metoprololo, ramipril, atorvastatina, amlodipina, formoterolo



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Anamnesi internistica

1996: linfoma non-Hodgkin sottoposto a CT (CHOP) e RT (Y rovesciata).

In remissione completa da 20 anni.

Piastrinopenia e anemia post-CT/RT, stabili negli ultimi 2 anni.

BPCO lieve in terapia inalatoria.

Insufficienza renale cronica III stadio.

Mai sanguinamenti.

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Dolore toracico a riposo durato 3 ore.

PA 140/90 mmHg. FC 65 bpm.

Killip 2.

Lab: WBC: $7.500 \times 10^3/\text{ml}$

Hb 11 g/dl

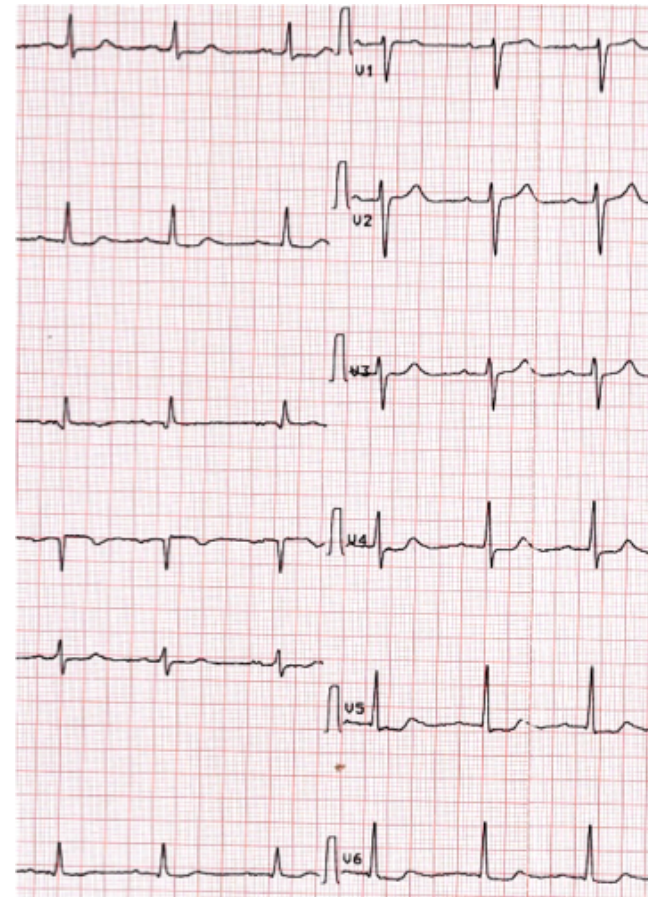
PLT $95.000/\text{mm}^3$

CrS 1.7 mg/dl; eGFR 45 ml/min

TnT 250 > 684 > 923 (ng/L)

CK-MB picco 90 UI/L

GRACE score 148



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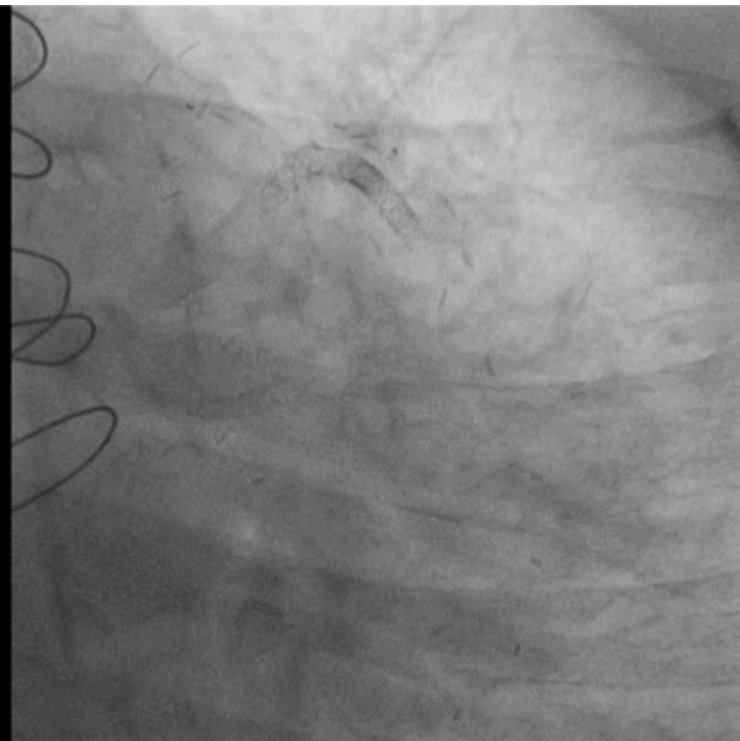
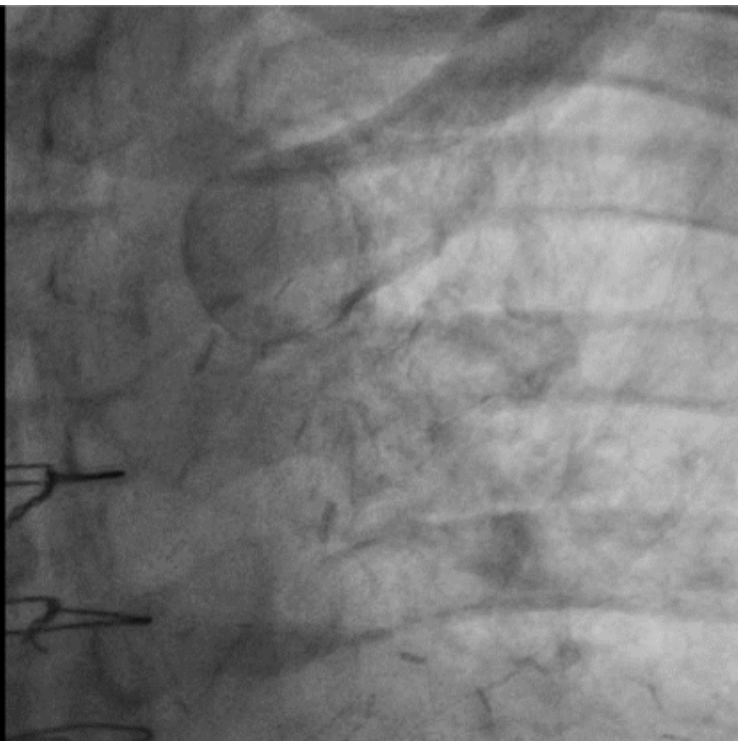
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AMIS-AMID



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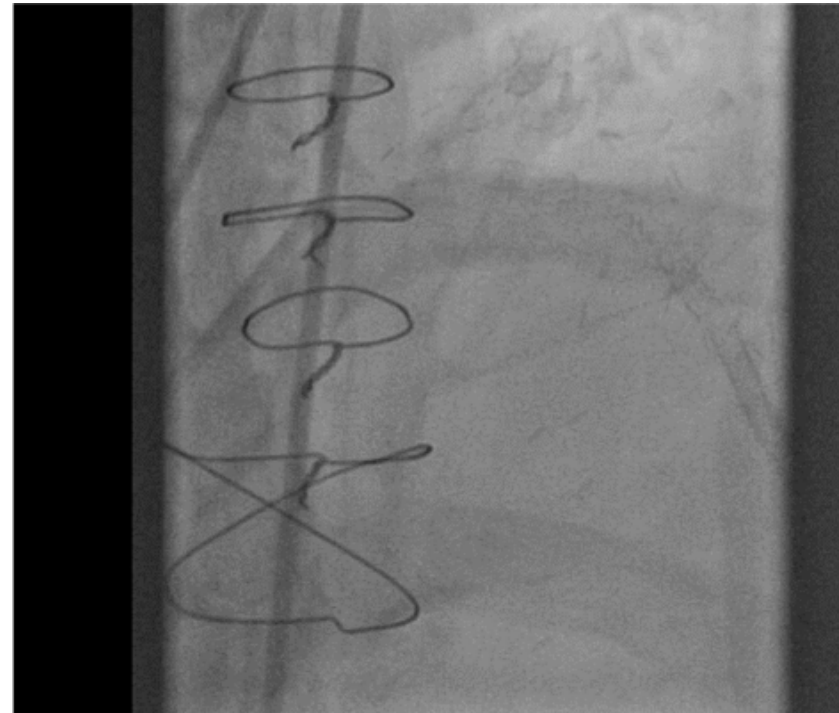
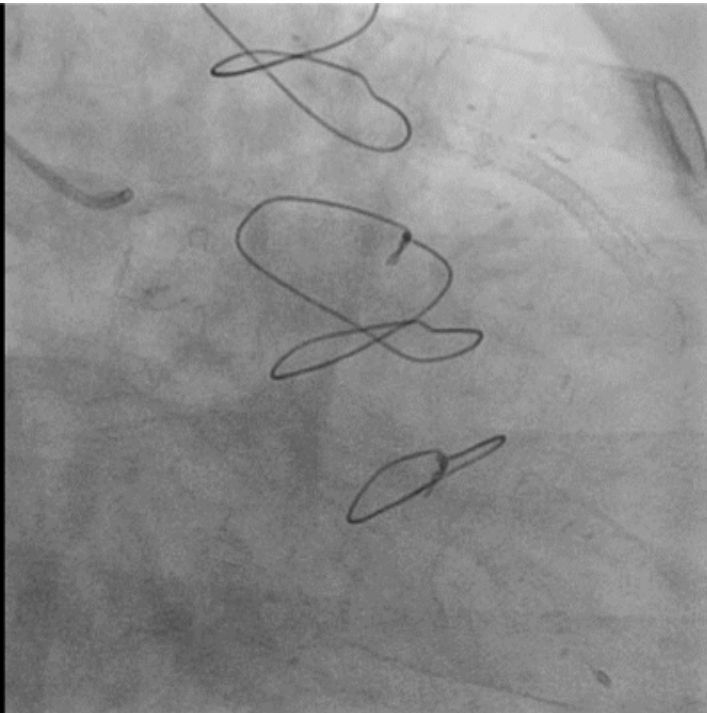
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Coro sn

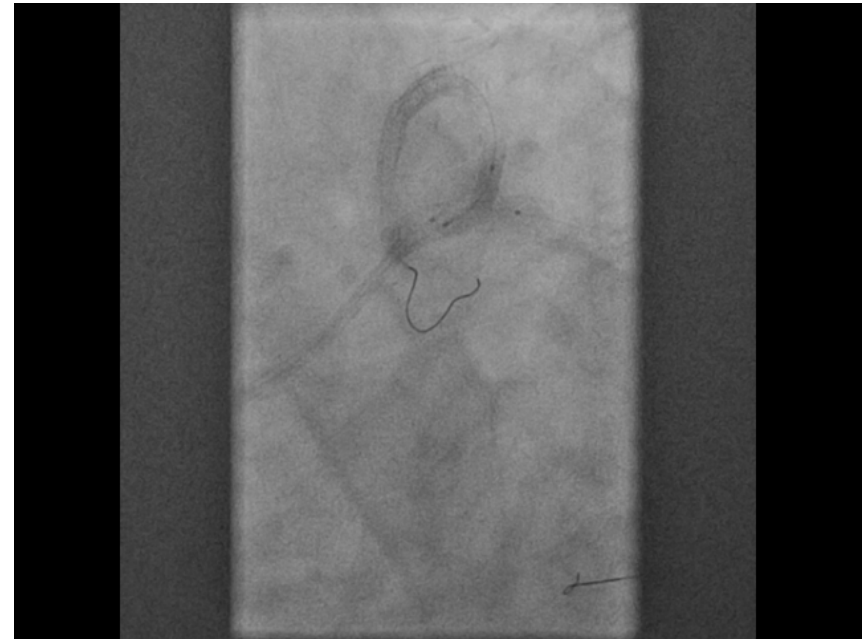
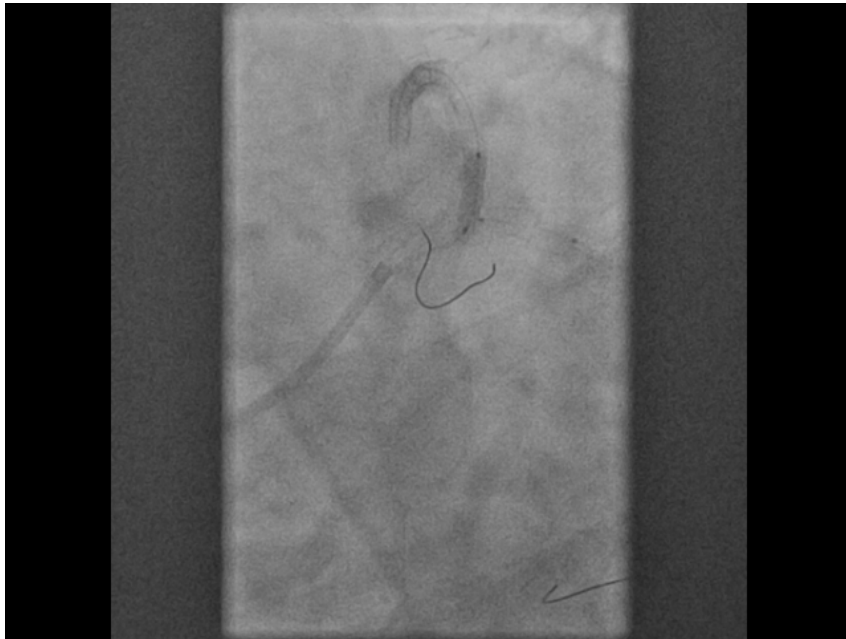


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PCI



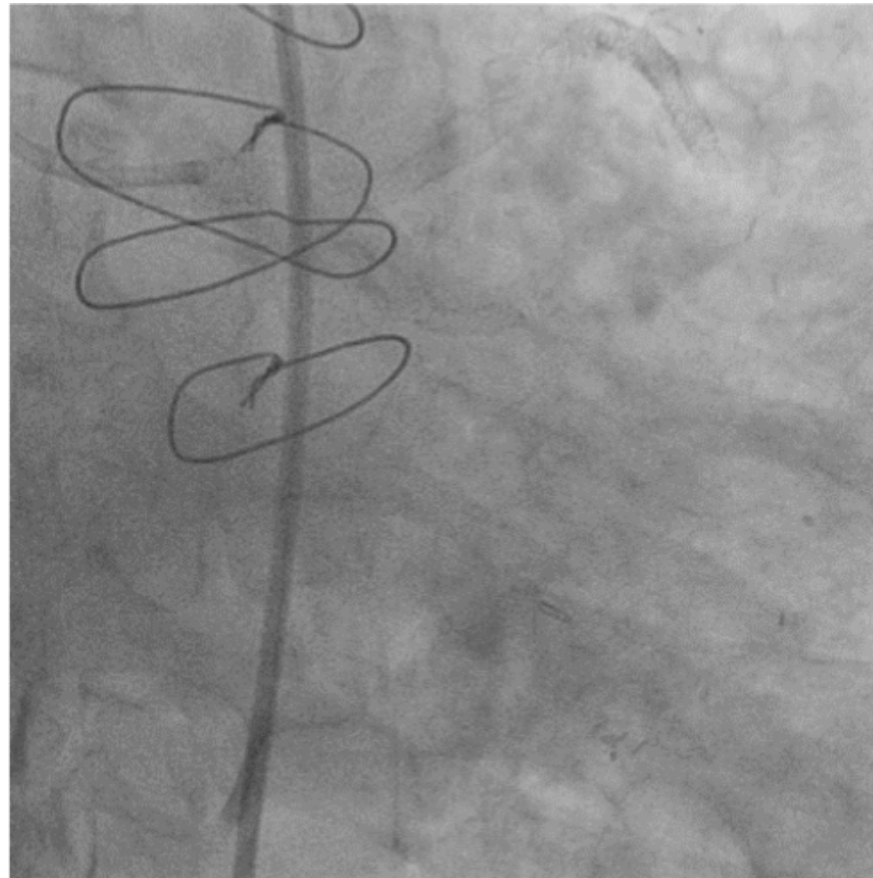
- 3 **Resolute Onyx** (TC/Cx 5 x 26 mm e IVA O-II 3 x 15 mm)
- T-stenting + FKB + POT + controllo IVUS

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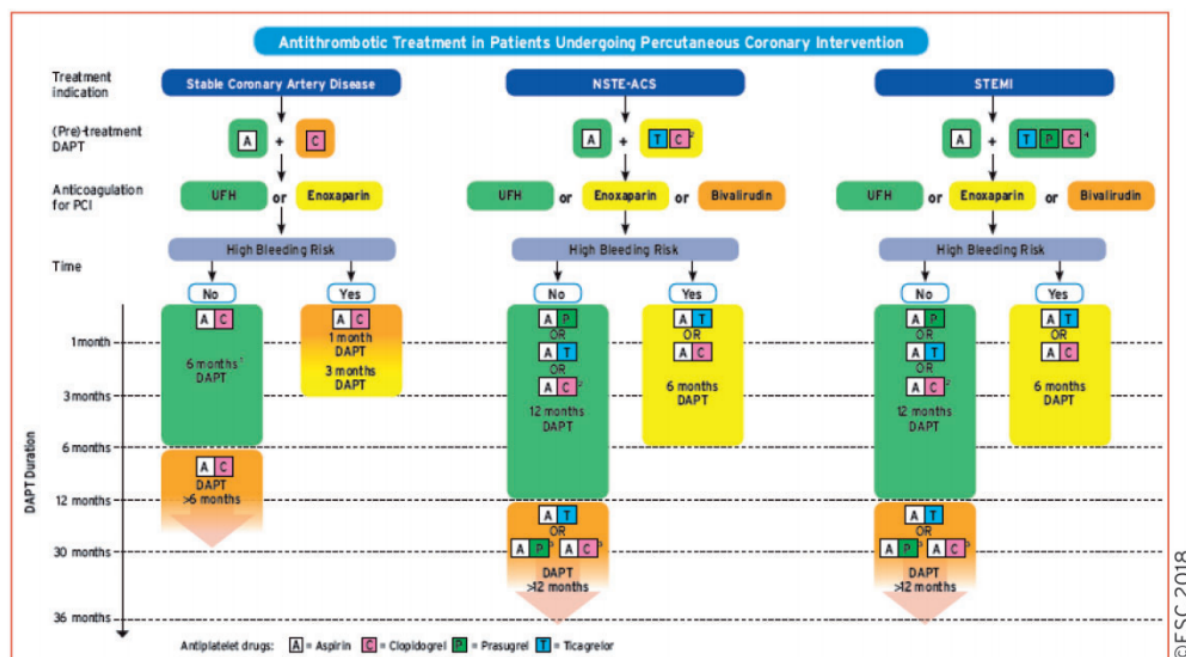


PCI



2018 ESC/EACTS Guidelines on myocardial revascularization

Quale terapia antiaggregante?



Recommendations for post-interventional and maintenance treatment in patients with non-ST-elevation acute coronary syndromes and ST-elevation myocardial infarction undergoing percutaneous coronary intervention

Recommendations	Class ^a	Level ^b
In patients with ACS treated with coronary stent implantation, DAPT with a P2Y ₁₂ inhibitor on top of aspirin is recommended for 12 months unless there are contraindications such as an excessive risk of bleeding (e.g. PRECISE-DAPT ≥25). ^{701,702,722,723}	I	A
In patients with ACS and stent implantation who are at high risk of bleeding (e.g. PRECISE-DAPT ≥25), discontinuation of P2Y ₁₂ inhibitor therapy after 6 months should be considered. ^{729,730}	IIa	B



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Quale terapia antiaggregante?

- In dimissione:
ASA + ticagrelor 180 mg die per almeno 6 mesi
- Rivalutazione clinica a 3 e 6 mesi:
piastrinopenia stabile, nessun sanguinamento
→ prosegue ASA + ticagrelor 180 mg die fino a 12 mesi.
- Dopo 12 mesi: solo ASA