

CARTOSMARTTOUCH™ Technology for every patient, every physician every arrhythmia

Can we reproduce the ablation strategy to standardize a successful paroxysmal AF treatment?

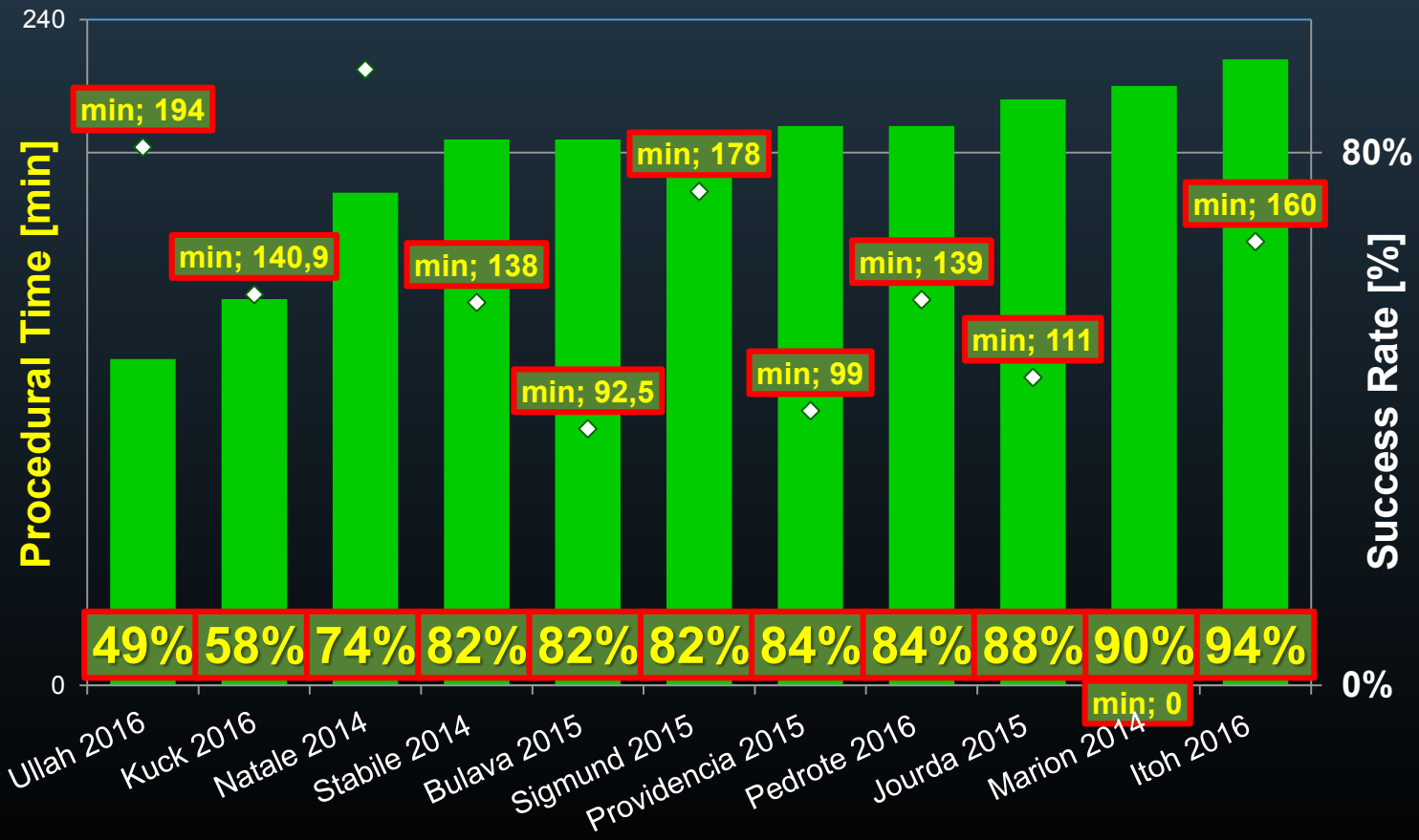


Dr. Federico Ferraris
Cardiology Department - University of Turin, Italy



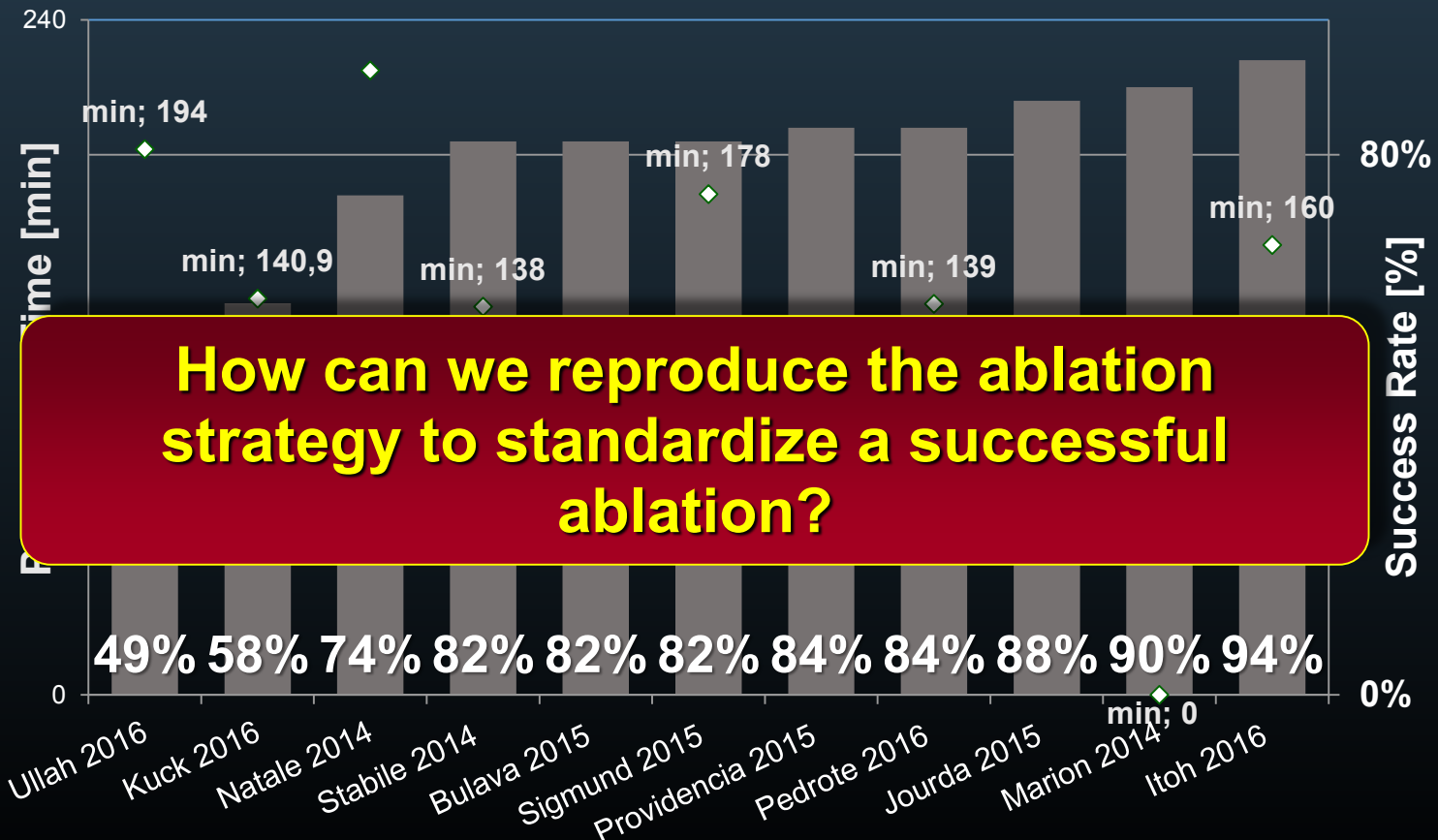
State of the art

High variability in paroxysmal AFIB ablation outcome due also to the absence of a standardized workflow



State of the art

High variability in paroxysmal AFIB ablation outcome due also to the absence of a standardized workflow



RF lesion **size** and **depth**

**Current density
tip catheter**

Tip size

Power

Cooling

Irrigation

Contact stability

Time

RF lesion **size** and **depth**

Current density
tip catheter

Tip size

Power

Cooling

Irrigation

Contact stability

Time

RF lesion **size** and **depth**

Current density
tip catheter

Tip size

Power

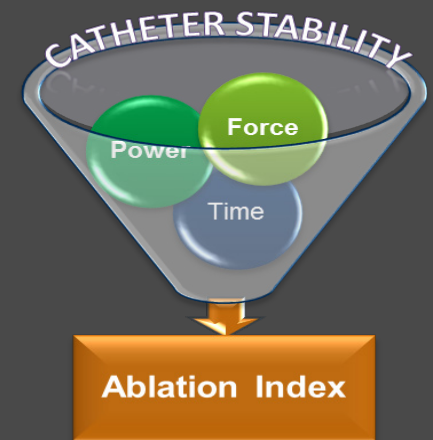
Cooling

Irrigation

Contact stability

Time

Ablation Index



Animal

**Formula
Identification**

**Retrospective
Study**

**Prospective
Study**

Animal study: formula identification

Retrospective animal study (dog ventricle)

$$Index = \left(k * \int_0^t \overset{\text{Force}}{CF^a(\tau)} \overset{\text{Power}}{P^b(\tau)} d\tau \right)^c \overset{\text{Time}}$$

HRS 2012, Hiroshi Nakagawa, MD, PhD et al

Greater impact of
Power over contact force

$\int$ *Force Time*

Animal

**Retrospective
Study**

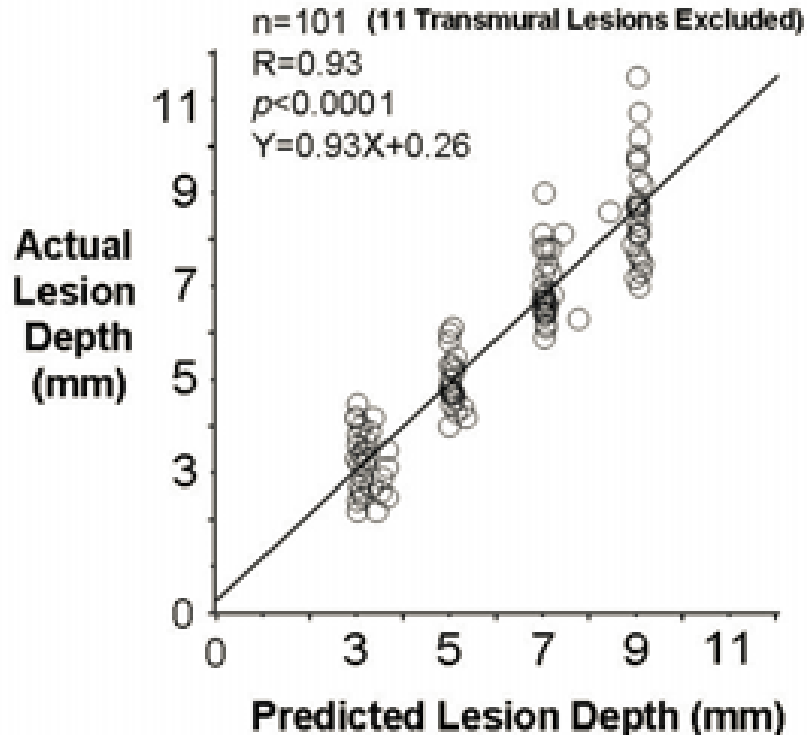
**Formula
Identification**

**Prospective
Study**

**Formula
Validation**

Animal study: formula validation

Lesion dimension prediction via formula



**Lesion
depth
prediction
+/- 1 mm**

Animal

Human

**Retrospective
Study**

**Formula
Identification**

**Ablation index
Thresholds
Identification**

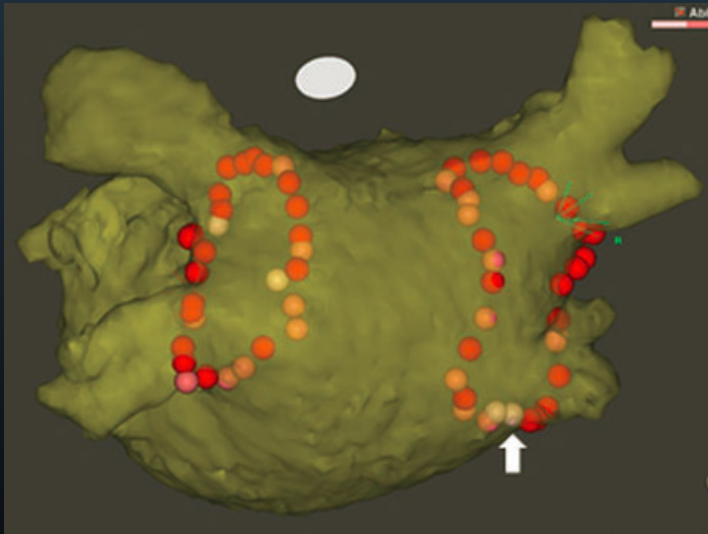
**Prospective
Study**

**Formula
Validation**

Human study: retrospective validation

Can formula predict acute reconnection?

159 pts



Low ablation index is correlated to reconnection (adenosine after 20 minutes)

There is a **minumum value** under which there is *constantly acute reconnection*

Regional difference

Posterior/inferior walls
AI = 380

Anterior/superior walls
AI = 550

Animal

Human

**Retrospective
Study**

**Formula
Identification**

**Ablation index
Thresholds
Identification**

**Prospective
Study**

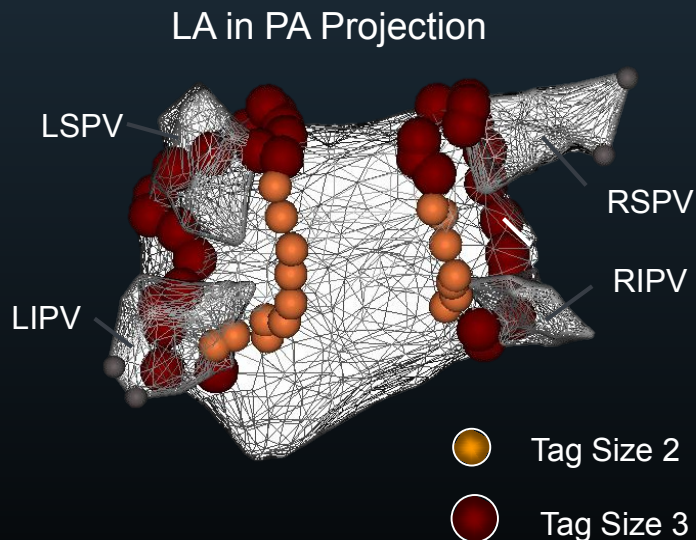
**Formula
Validation**

**Ablation Index
Clinical
outcomes**

Human study: prospective validation 1

Applying target values: 380/550

43 pts



PVI disconnection with single encircling 90% (77/86)

Adenosine acute reconnection 5% (4/86)

**Follow up 2-12 months:
2% recurrence (1/43)**

Human study: prospective validation 2

Applying target values: 380/550

Parameters	CF (n=50)	'CLOSE' (n=50)	
Procedure time, min	194±42	143±27	p<0.0001
Ispilateral encirclement			
RF time, min	27.7±7.4	17.8±3.8	p<0.0001
Isolation after 1st circle, n	55/100 (55%)	98/100 (98%)	p<0.0001
Isolation proof to adeno/waiting, n	76/100 (76%)	97/100 (97%)	p<0.01
FU at 6 months without blanking			
Free of Afib, n (%)	42/50 (84%)	48/50 (96%)	p<0.05
N of repeats, n (%)	7 (14%)	2 (4%)	p<0.05

138 pts

**Follow up 2-14
months: 96%**

**Comparison with
CF workflow**

**Shorter RF time
Shorter procedural time
Better outcome**

Our experience

Ablation index settings

Filters

☒ Respiration Adjustment

Stability Max. Range mm

☒ Stability Min. Time Sec

☒ Force Over Time

Time % Min. Force g

Method

Threshold Low High

Save

OK

Ablation index settings

During ablation, an Ablation Index progress bar is added to the ablation Energy Indication toolbar. (labeled f')

Sec	°C	W	Imp	f' ^x
13	22.9	20	98	98

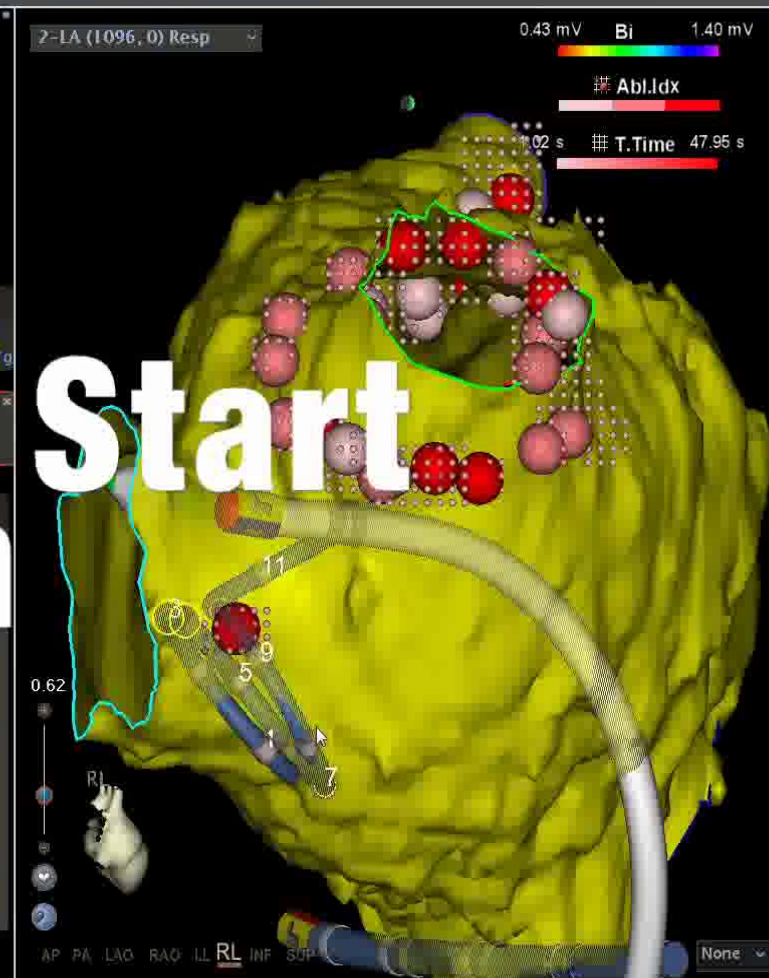
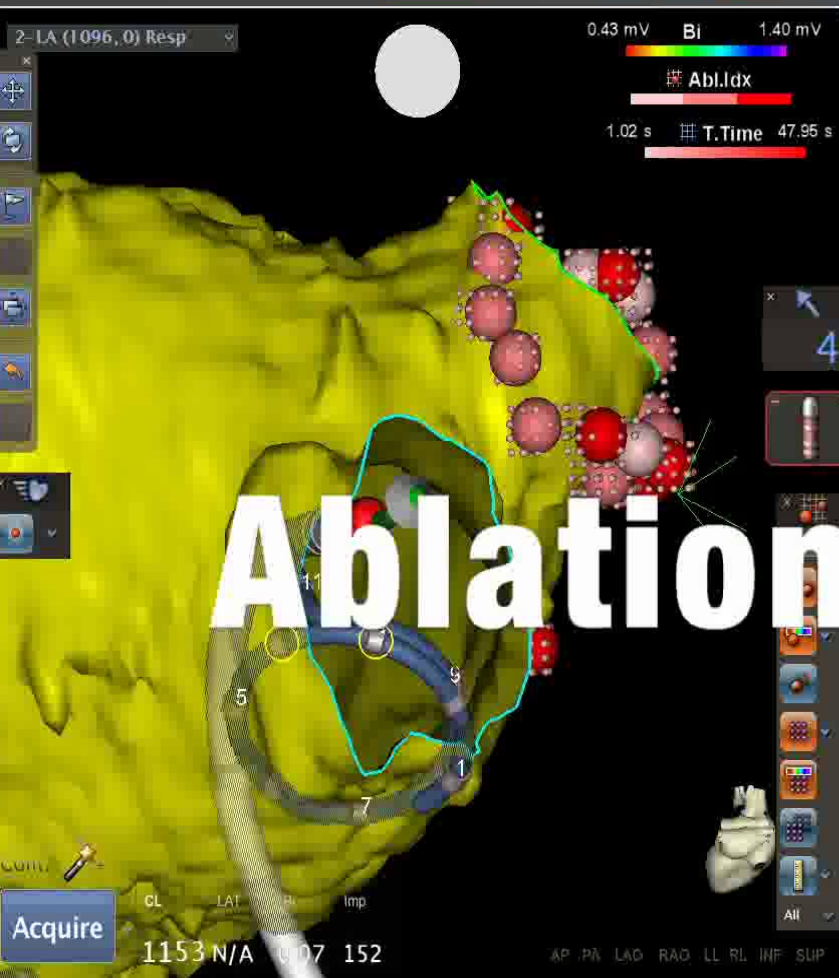
Ablation Index Indication:
Below low threshold

Sec	°C	W	Imp	f' ^x
50	23.6	20	90	403

Ablation Index Indication:
**Above low threshold,
below high threshold**

Sec	°C	W	Imp	f' ^x
74	23.0	20	90	526

Ablation Index Indication:
**At or above high
threshold**



Conclusions

PROs

Riproducibility:
not only force, power
and time and **stability**

Lesion **contiguity**

Useful for **starters**

More value to **visitag**

CONs

Dragging technique vs
point by point

All atria are
created equal?

Local potential amplitude
is not considered

Useful to decide **what to do**,
more useful to measure **what we have done**