Advances in X-ray dose reduction techniques

Annalia De Venezia Image Guided Therapy Systems, Italy October 24, Torino



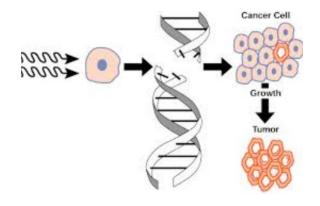


Effects of radiation dose

Patient and staff

Patient: Skin effects and cancer





Staff: Cancer and cataracts







Patient radiation dose management

- ALARA principle -

The most effective ALARA step:

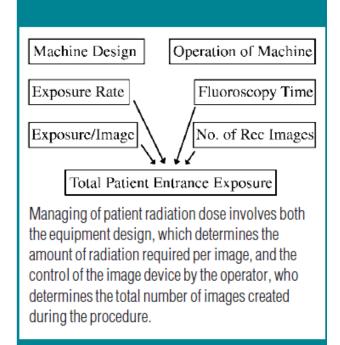
whenever possible, use an alternative imaging modality without ionizing radiation!

If this is not possible, two aspects need to be considered to achieve ALARA

patient doses



Design of imaging equipment is optimized to reduce radiation dose



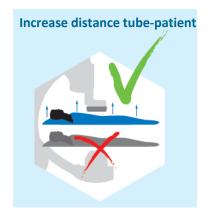


Strauss KJ, Kaste SC. The ALARA (as low as reasonably achievable) concept in pediatricinterventional and fluoroscopic imaging: striving to keepradiation doses as low as possible during fluoroscopy of pediatricpatients—a white paper executive summary. PediatrRadiol. 2006; 36 (Suppl 2): 110–112

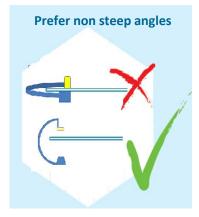


Reducing patient dose

The ALARA principle



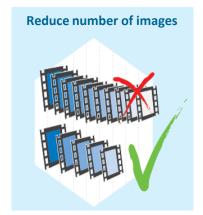
















Reducing staff dose

Beside reducing patient dose,



Use lead shielding.



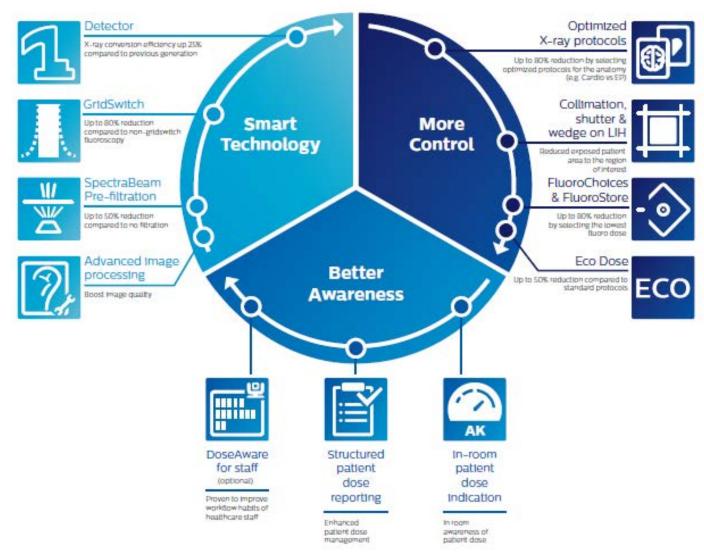
Keep distance if possible during acquisition.



If possible, step out of the examination room during acquisition.



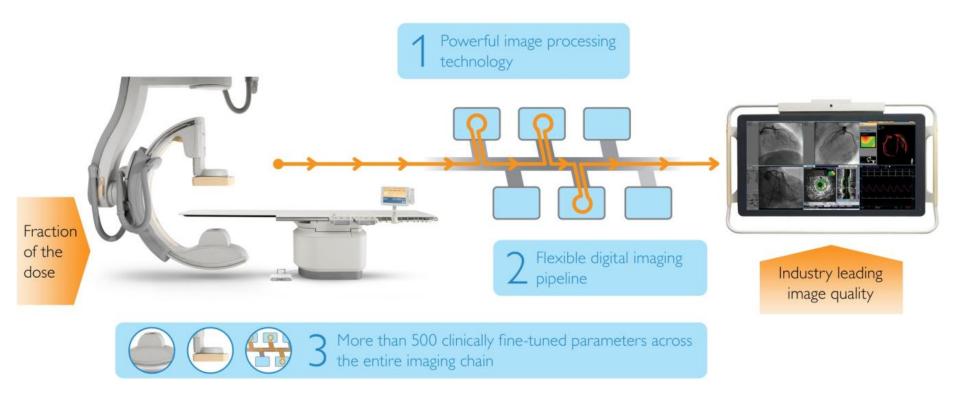
The DoseWise program





ClarityIQ: the foundation of AlluraClarity family

Unique ClarityIQ technology: touches every part of the AlluraClarity system from tube to display

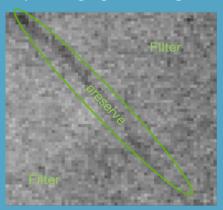




ClarityIQ: image processing building blocks

Spatial noise reduction

Reduce noise by averaging with neighboring pixels



Temporal noise reduction Reduce noise by averaging with previous frames

Automatic live motion compensation

Reduce effect of motion in subtraction imaging

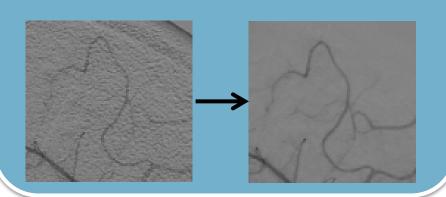
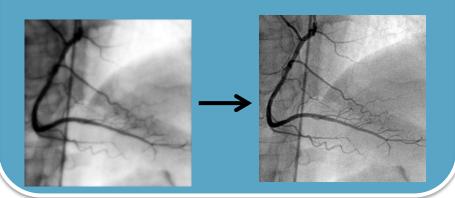


Image Enhancement

Optimize clinical visibility/utilize all clinical information



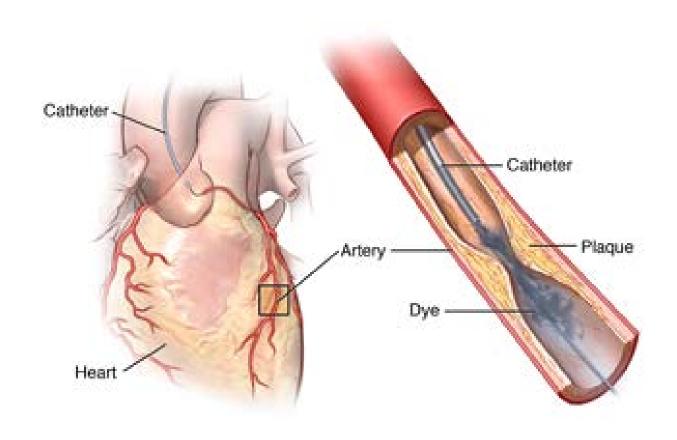
Clinical evidence

- List of published studies -

				IVI	anuscri	pts									1	Abstra	cts					
Hospital, Country	Principa		1	Title	Journal, Month/Year	Study	Design	Resu	ilts summery	Hospital, Country	Principal Investigator	Clinical Area		Title		Congr	ss	Study D	sign	Results summ	ary	
olinska, ckholm (S)	Dr. M. Söderman	Neuro	Algorithm Subtractio		Radiology, Nov 2013		Clerity and on 20 patients tion), plus DSA	Putient entrance dose reduction in DSA of 75%, without loss of image quality. https://www.clinicaliniei.gov/cz/show/PCTO1 381557 Perm Clerchy 126 January 127 Perm Clerchy 126 January 127 January 1		UCSF, San Francisco (USA)	Dr RK Kerlan	TACE	Radiation D Intervention Results Util Acquisition Platform	mai Radio Ilzing a No	ology: Clinic rw Imaging	cal	dose (25 p patie	spective proc comparison br atients) and Xi nts)	tween Clarity er (85	Procedural dose (DAP) reduction of 43%. Mean total fluorescopy time not significantly different between the two cohorts. http://www.asptn.org/meetings/2014AM		
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			technolog	a population on 614 patients.		patients) and Xper (302 patients)		Comparable demographics and procedure complexity http://links.springer.com/article/10.1007%2Fs0		John Hopkins,	St Antonius, Nieuwegein	Dr MJL vi Strijen		Area	Technol	giographic Imagi logy Enables Sub-	ol. tantial	RSNA 2013	comp	pective patient dose parison between	DSA by 83%, v	nce dose reduction in without loss of image
arina, hoven	Dr. LRC Dek	ker EP	noise redu	New image processing and this, Aug 2013 noise reduction technology allows reduction of radiation		Randomized procedural p	reduction of 43% and 50%, re		nd 50%, respectively.	John Hopkins, (NL) (USA)	(NL)					duction without mise to Image Q	ality		run o	lomized) Clarity and Xper DSA in S1 patients (double tion), plus DSA KQ assessment		clinicaltrials.gov/ct2/sho P41?tarm=ClaritstQ&ran
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	Manuscripts						MUMC, Meastricht (NL)*	(NL)							Abs	ract	S					
MC	Hospital,	Principal	Clinical		Title	Journal,		Design	Results summary		CCHMC, Cincinnati	Hospital, Country	Principal Investiga			Title		Congres		Study Design		Results summary
innati 4)	Country	Dr. M. Rek	Neuro/	Reducing the		Month/Year es Radiol, Apr	12/0/5	effective dose Th	e effective dose decrease	Jefferson	(USA)	St Radboud,	Dr T. Ten Cate	PCI	to	utomated image o	fosage	SCAI 2013	between	tive patient dose comparison (randomized) Clarity and Xper	50%, withou	ance dose reduction in cine by it loss of image quality.
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AC, K stricht	fradec Grálové (Cz)*			(Snilleni radii angiografick a vyu litim sy	(Sniljení radiační zátěže při anglografických výkon ech a vyušítím systému ClarityIQ)		stentgrafts for AAA, and 14 neuro procedures		tp://www.sesradiol.cz/dwnlst/CosRa 8_152.pdf	" Not BIU dri	Philadelphia	UZ Gent, Gent (B)	ProfY. Tarymans	PCI	Re car in	atient And Occupa eduction Enabled by Imaging Techno terventional Card esuits	y A Novel X- ogy For	TCT 2014	patient a	ized prospective procedural and staff dose comparison Clarity (31 patients) and Xper ints)	decreased w respectively. decreased w demographi http://conte	scopy and exposure DAP rith 68%, 33% and 75%, Scatter dose rate at the C-arm rith 67%. Comparable c and procedure complexity int.onlinejecc.org/article.asps?a
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	, C	CHMC, Incinnati USA)	Dr. J. Racadio	Ped IR	Estimates of diagn reference levels to pediatric peripher abdominal fluoros guided procedures	er Jo el and Ro copically- M	nerican urmal of sentgenology, ay 2015	RDSR retrospectivel collected for Clarity and Xper (180 pts) t quantify patient do: reduction	(175 pts) from 55% to 82% bttp://www.ajronline.			MCVI, VA No	USA D	r Pena	Viscent embol tion	iza Reduction Endovasc	of Radiation Technology (ar Visceral on Procedur	on.	SIR 2015	Retrospective comparison be Clarity (n=100 pts) vs Xper (r Patients divided in groups as (BMI <25 kg/m2,	1=139 pts). ccording BMI	AX was 1342.9 ±1080.1 versus 2214. 1826.8 (p<.001) for Clarity vs Xper. http://www.lvir.org/article/51051- 0443(14)01550-4/pdf
		ohn Hapkins, USA)	opkins, Dr RE. Schemthaner,	TACE	A new angiograph platform reduces r		ropean umal of	Patient radiation do comparison between			No	Texas Health System								8MI >25 and <30 kg/m2, 8M M2)	11 > 30 kg/	
	B)*		JH Geschwind		exposure for patie liver cancer treate transarterial chemoembolization	d with 20	diology, May 15	(52 pts) and Xper (2 plus DSA KQ assessm five-rank-scale in ra and blinded fashion	ent on a were found between to adomized platforms (p=0.49).	he two imaging		Dellas, Mt Sir USA * USA		r ookstein	UFE	image no technolog	dose reduction e reduction y during uter on: a pilot st	ine artery	SIR 2015	Clarity (n=22) vs Xper (n=28) comaprison	dose	Approximately 50% radiation dose reduction, without affecting the open habits of the physician. http://www.jvt.org/article/51051- 0443/14/01549-8/pdf
+	lospital, T	(A North lexes Health lare System, helles, TX, USA	G. Christopoulos	PCI/phanto m	Comparison of Rat Dose Between Diff Fluoroscopy Syste Modern Catheteri Laboratory: Result Bench Testing Usin Anthropomorphic	erent ms in the cation s From ng an	3 2015	Phantom radiation evaluated on 15 sec with 4 commonly us systems: GE Innova Integris Allura F020 Clarity and SMS Arti	of cine Allura Xper FD20, GE le ed X-ray with Clarity showing 61 GS, Artis One. Allura http://www.ncbi.nim.a	nova, SMS Artis One % lower AirKerma ti	san	Umas		/akhloo	Neuro	patient re	ging platforr flation expo- and interve- raphy	sure during	ASNR 2015	DAP, FT and contrast collects patients who underwent dia angiography (group 1) or red aneurysm treatment by eith embolization (group 2) or fic placement (group 3). Patient with Clarity (60 pts) or Xperts per group per platform	gnostic ceived er coil ow diverter ts treated	For diagnostic, coil embolization, and dherter groups Albrac Clarity action reductions of 69.5%, 55.0%, and 47.5 respectively (all pr-0.001). http://www.aievolution.com/asn150.x.cfm7do-als.rieusAbsBabs-2053
	0	CHMC, Incinneti USA)	Strauss, Recadio	Ped IR/piglets	Comparison of per radiation dose and visibility on anglos systems using pigi surrogate, antisoa removal vs. lower air kerma settings grid — a preclinica investigation	ressel Ap praphic M ets as a Au tter grid detector with a	umal Of oplied Clinical edical Physics, ug 2015	Three piglets (5, 14, kg) imaged using six selectable detector (Kair) per frame valid (100%, 70%, 50%, 317.5%) with and with the grid. Five pedial interventional radio evaluated all images.	different quality score. Image quality score image quality score image quality score image quality score imaging quality by 26% ric could only be visualize togists.	sality scores can be one to subject with the cosed to removed, both dose to subject. Third order branch d with the grid prese could be visualized.	and es	NYP, I	ISA DI	r. Balter	CAG, CTO	reduces r	imaging tecl diation dose complex pro	and	SCAI 2015	Comparison between FD20 (pneviously FD20 Eco) and FI reference for all procedures, and CTO	010 as	ALL procedures: 50% reduction with compared to reference even though contrast and fluoro time increased. CTOs: no dose reduction with Clarity though 70% increase in fluoro time. http://ewww.scal.org/SCALDDS/deta-cide-C7782143-6a20-4303-657-8767998888 for 1393



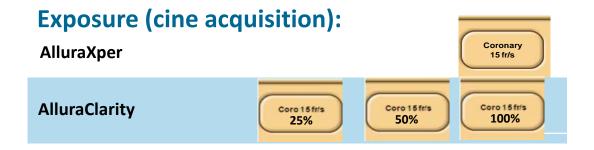
CARDIO - PCI





Optimized cardio X-ray acquisition chain

Fluoroscopy:		* * * * * * * * * * * * * * * * * * *	
AlluraXper EDL [R/min]	5	10	10
AlluraClarity EDL [R/min]	2.5	5	9





- UZ Gent -



Study accepted in CCI, Feb 2015



- Study Design -

Prospective randomized enrollment, coronary angiography (diagnostic and intervention), informed consent



Room A: FD2010 AlluraClarity



Room B (reference): FD10 Allura Xper

Two cine runs selected from each patient (PA of LCA and Lateral of RCA)

4 interventional cardiologists graded the diagnostic quality of each run independently on a scale 0-5

Criterion	Description	Question
1	Rating of image resolution	How would you judge the sharpness of delineation?
2	Rating of image contrast	How would you judge the contrast with the background?
3	Rating of image noise	How would you judge the noise content?
4	General image quality score	How would you judge the overall image quality?

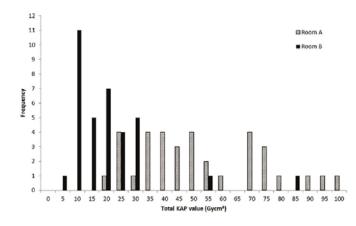
- Results on radiation dose -

75% total DAP reduction

DAP values for fluoroscopy and cine decreased with 30% and 77%, respectively, compared to the Allura Xper system.

KAP* for total procedure, Gycm²	47.4 (33.6 - 66.5)	12.0 (7.59 - 20.1)	<0.001
KAP total CA [†] , Gycm²	41.7 (29.6 - 60.3)	8.77 (6.33 - 17.6)	<0.001
KAP fluoro, Gycm²	4.62 (3.02 – 9.18)	3.22 (2.00 – 6.62)	0.064
KAP cineangiography, Gycm²	41.5 (28.8 – 55.3)	9.48 (5.68 - 14.0)	<0.001
Cine runs, n	11 (10 - 12)	11 (10 - 12)	0.468
Fluoroscopy time, s	114 (72 - 196)	172 (114 - 301)	0.015
CMC [‡] , mL	115 (104 - 130)	119 (99.7 - 136)	0.492
KAP LCA Lao0° Cran0°, Gycm²	1.57 (1.25 – 1.96)	0.260 (0.169- 0.435)	<0.001
KAP LCA Lao90° Cran0°, Gycm²	2.99 (1.88 – 5.21)	0.617 (0.379 - 1.16)	<0.001
KAP RCA Lao90° Cran0°, Gycm²	2.65 (1.92 – 4.48)	0.733 (0.492 – 1.23)	<0.001
KAP LV Rao35° Cran0°, Gycm²	4.37 (3.11 - 5.95)	2.57 (1.55 - 3.31)	<0.001

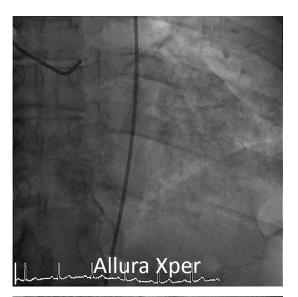
^{*}KAP: kerma-area product; †CA: coronary angiography - here without the left ventriculogram;

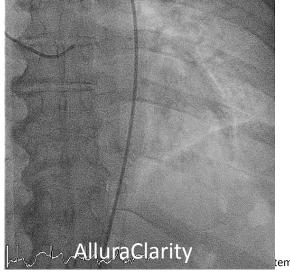


The operator switched to the 50% dose setting to improve image quality for the posterior-anterior view in 1 case (patient BMI of 35 kg/m²) and for the lateral view in 2 cases (patient BMI of 35 and 34 kg/m²).



- Example of cine acquisitions and IQ Results



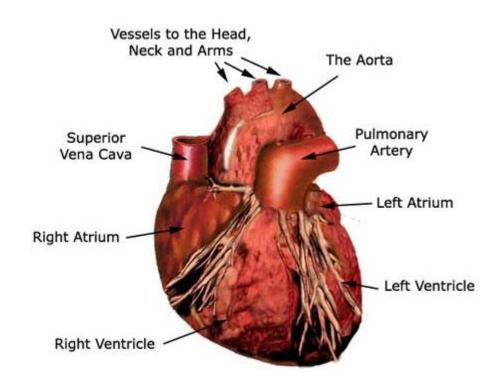


Equivalent general IQ

•	Room A	Room B	P-value
LCA, n	35	35	
Q1: image resolution	78 ± 7	75 ± 10	0.168
Q2: image contrast	82 ± 7	80 ± 9	0.512
Q3: image noise	84 ± 7	64 ± 9	<0.001
Q4: general IQ score	80 ± 8	76 ± 11	0.172
RCA, n	35	35	
Q1: image resolution	78 ± 9	75 ± 12	0.180
Q2: image contrast	78 ± 8	80 ± 10	0.293
Q3: image noise	83 ± 7	64 ± 11	<0.001
Q4: general IQ score	76 ± 11	76 ± 12	0.877



CARDIO - SHD/CHD





Optimized Pediatric Cardio X-ray acquisition chain

Pediatric < 40 kg

Fluoroscopy:





AlluraXper EDL [R/min]

2

5

5

AlluraClarity EDL [R/min]

8.0

1 2.5

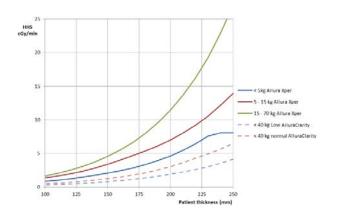
Exposure (cine acquisition):

AlluraXper



AlluraClarity

Ped <40kg 15fps, Low Ped <40kg 15fps, Norm



Pediatric > 40 kg

Fluoroscopy:







AlluraXper EDL [R/min]

2

5

5

AlluraClarity EDL [R/min]

۷.5

10

Exposure (cine acquisition):

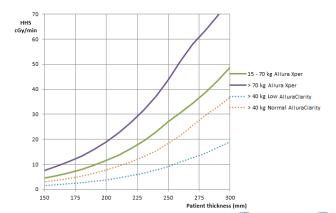
AlluraXper

Ped 15 fps

AlluraClarity

Ped >40kg 15fps, Low

Ped >40kg 15fps, Norm





Retrospective procedural patient dose reduction





Retrospective procedural patient dose reduction

- Study design -

649 patients, congenital heart disease procedures



Room 1 (reference): FD2010 Allura Xper July 2012-Feb 2013 328 patients



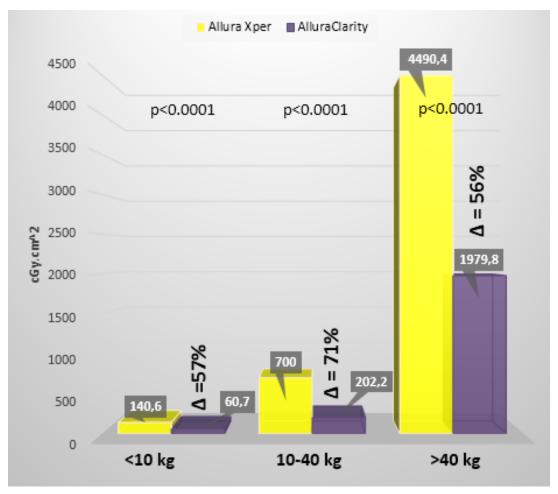
Room 1 (upgraded): FD2010 AlluraClarity March-October 2013 321 patients

Procedures divided into Diagnostic and Intervention (subgroups ASD) Analysis in 3 weight groups (<10kg, 10-40kg, >40kg)



Up to 71% procedural patient dose reduction

Retrospective patient dose comparison



No statistical significant difference for patient demographics and procedure characteristics (fluoro time and volume of contrast medium)



Retrospective procedural patient dose reduction

- Publication -

BCHeet 8Variations (2015) 101-109



Contents lists available at ScienceDirect

IJC Heart & Vasculature

journal homepage: http://www.journals.elsevier.com/ijc-heart-and-vasculature



Substantial radiation reduction in pediatric and adult congenital heart disease interventions with a novel X-ray imaging technology



Nikolaus A. Haas ", Christoph M. Happel", Maria Mauti b, Cherif Sahyoun b, Lea Z. Tebart ,
Deniz Kececioglu", Kai Thorsten Laser

* Opportunes for Congresial Heart Deficit, Heart and Didwins. Ontre North Rhitse Weithholds, Ruhr Unitersity Bochum, Germany
* Philips Healthcore, Brit; The Notherlands

ARTICLE INFO

Artisis history: Recrived 15 September 2014 Recrived in revised form 10 January 2015 Accepted 10 January 2015 Available online 20 January 2015

Repeatd: X-ray imaging technology Dose reduction Congretal heart disease DAP Radiation exposure International therapy

ABSTRACT

Redgement Prelatic catheterization exposes patients to verying radiation down. Concerns over the effects of X-say radiation down on the patient population shave increased in recent years. This study airms at quantifying the patient radiation down enduction after the introduction of an X-say imaging technology using advanced radtime image noise reduction algorithms and optimized acquisition chain for fluorescopy and exposure in a prefatric and each it pupilation with congenital heart theses.

Method: Patient and radiation dose data was retraspectively collected (July 2012-February 2013) for 338 or monocitive patients treated with a system using state of the actimage processing and reference expulsition drain (referred as "reference repulsion drain (referred as "reference requisition drain (referred as "reference requisition where the contractive with the new imaging technology (Philips Altus Cierty, referred as "new system"). Patients were childred into three weight groups: A) below 10 kg, 81 of 20 cm 40 kg, and (2) over 40 kg, Radiation does was quantified using dose areas product (2009), while procedure complexity using fluoroscopy time, procedure clusters and volume of courts at medium.

Results: The new system provides significant patient dose reduction compared to the reference system. Median DAP values were reduced in group A J from 1405 cGy-cm² to 80.7 cGy-cm², in group B J from 700.0 cGy-cm² to 102.2 cGy-cm² and in group C J from 4490.4 cGy-cm² to 1970.8 cGy-cm² with reduction of 57%, 71% and 56% respectively (p < 0.0001 from all groups).

Grecialism: Deep to no other changes in procedural approach, the novel X-ray imaging technology provided substantial cadiation dose reduction of SW or higher.

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1 Introduction

Patients with congenital heart defects frequently undergonumerous and re-peated diagnostic and interventional catheter ization procedures, in addition to other imaging studies such as chest-X-rays and CT studies. The growing number and compiectly of interventional cardiology procedures have been significant in the past years as a result of advances made in transcatheter techniques and the armamentarium available (i.e. devines, sterits, percutaneous valves, ministrutized balloons, oilis, etc.) [1,2]. While their benefits to the patients are undisputable, all these procedures contribute to high accumulated as disting doses to the patient population [3–5]. This is particularly relevant for infants and children and even if the long term consequences of this expoure

are not well understood and extremely difficult to estimate, there is now for many dec ades considerable concern about the possible stochastic effects, such as the incidence of solid numors and leukemia [6–11]. In fact, growing tissue in children is more radiosensitive than that in adults and, due to their small size, larger body parts are irradiated during cardiac cather etrainto including sadiosensitive organs such as thyroid and eyes which are closer to the heart [12,13]. Moreover, children with complex heart defects often need to undergo increasingly complex procedures many times during their lifetime, resulting in a high cumulative dose acquired [14–16]. Minimizing radiation dose is therefore crucial for this vulnerable population, as children are likely to survive long enough through a possible latent period and develop or manifest late effects of early radiation evocure.

Successful patient radiation dose management can only be achieved by optimization of medical imaging technology together with hex control of the equipment by the operator [17,18]. In this respect, best practices are applied in our lab using "ALARA" radiation reduction



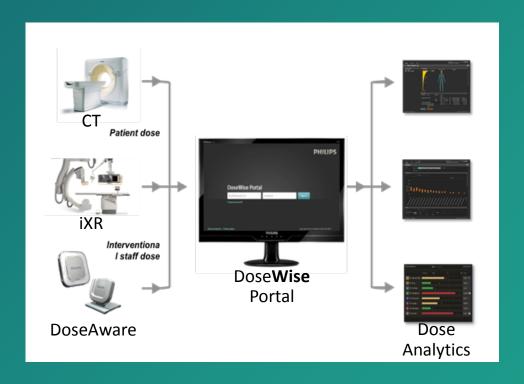
^{*} Corresponding author at: Department of Congressa Heart Defects, Heart and Diabetes Contro North Shine Weighalla, Ruft University Rectum, Georgicause 11, D-32545 Bad Osynhausen, Germany, 74: + 49, 5731 973020; box: + 49, 5731 972031.

E-med address: nhaselibds-nowde (NA. Hass).





The Dose**Wise** Portal is a comprehensive dose management system that streamlines patient and staff* radiation exposure data collection and analytics for radiation safety and regulatory compliance programs.



^{*} DoseAware Xtend integration required

The Importance of Dose Management is Rising



Growing awareness for dose tracking and optimization

To provide patients with the best image quality possible at the lowest dose possible, clinicians not only want to track radiation exposure data, but also look for solutions to optimize patient dose through exam protocol management and data-informed decision making.



Industry commitment to reducing radiation exposure

Professional associations including European Society of Radiology, American College of Radiology, and Radiological Society of North America have formed steering committees and guidelines to improve radiation safety at hospitals.

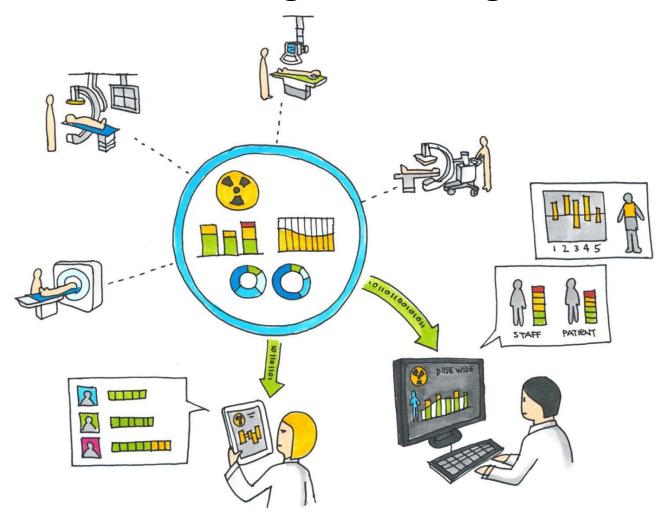


New legislation and industry standards around the corner

Dose management systems facilitate compliance with the Joint Commission new standards in the US (effective July 1, 2015) and state regulations. European regulation is expected to be implemented in 2018.



Dose**Wise** Portal Is the Core Component in Your Radiation Dose Management Program



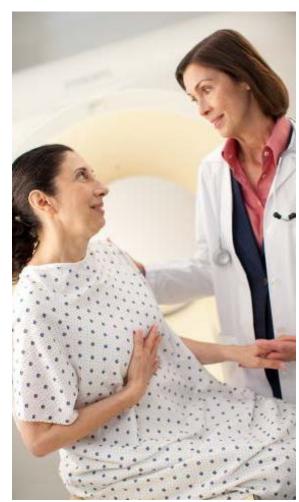


Make Data-informed Decisions to Improve the Quality of Patient Care

Dose**Wise** Portal provides data to help you optimize patient dose through exam protocol management.

Key features:

- Historical patient dose data across imaging modalities
- Reconciliation of patient information through DICOM Modality Worklist (MWL)
- Size-specific dose estimates (using AAPM TG Report 220)
 based on water-equivalent diameter calculation
- Custom internal calibration factor capability for fluoroscopic dose
- Role-based user accounts (medical physicist, site administrator, radiologist)
- Interactive charting tools for creating bar charts, scatter
 plots, line graphs, and tables, including display of key dose
 metrics. Analysis based on exam, body part, technologist,
 imaging unit.
- Multiple charts can be saved to dashboards for easy review
- Dashboards can be exported as PDF and sent as email
- Offers optional tailored report creation training





Streamline Imaging Workflow and Maximize System Utilization

Dose**Wise** Portal connects multi-vendor systems and helps managing imaging workflow costs while improving efficiency and mitigating risk.

Key features:

- Staff exposure from interventional procedures through proprietary interface with Philips DoseAware Xtend (Philips exclusive feature!)
- CT overview page, showing median CTDI and DLP, trends, and threshold alerts, by exam and individual scanners
- Configurable mapping between scanner names and institutional lexicons
- Works with all X-ray modalities: CT, fluoroscopy / angiography, CR/DR, mammography
- Dose alert levels and thresholds set by exam and by site with optional email notifications
- Cloud based or local installation (virtual or physical machine)







Demonstrate Your Commitment to Quality, Satisfaction, and Safety

Dose**Wise** Portal facilitates regulatory compliance with software that securely integrates with medical information systems

Key features:

- Executes the new Joint Commission standards
- Extraction of dose data from DICOM-SR, DICOM-SC (for OCR), MPPS, image headers
- May receive data directly from the modality or from PACS
- DoseWise Portal is part of DoseWise Solutions, a comprehensive dose management program that integrates tools, training, and advanced product technologies for diagnostic images quality at lower dose.
- The DoseWise Portal improves radiology quality programs through data-rich analytics in a clean and streamlined user interface.





DoseWise Portal demo video!—Click play

