

## **31**GIORNATE CARDIOLOGICHE TORINESI

*Everything you always wanted to know about* Cardiovascular Medicine



# ROLE OF CARDIAC RM: WHAT'S MORE?

### Marco GUGLIELMO, MD, FSCCT

Cardiologist Clinical Cardiology Unit & Department of Cardiovascular Imaging Centro Cardiologico Monzino, IRCCS, University of Milan, Italy

marco.guglielmo@ccfm.it



#### **CENTRAL ILLUSTRATION** Cardiac Magnetic Resonance Imaging Applications in Structural and Valvular Heart Disease Interventions



STRUCTURAL HEART DISEASES

Non-coronary heart disease for which some therapy, surgical or percutaneous, exists

J Am Coll Cardiol. 2014;63:603-4

extracellular volume fraction,

which has been validated against histology, as a marker of diffuse interstitial myocardial fibrosis.

L. et al. J Am Coll Cardiol Intv. 2016; 9(5):399-425.

Right Superior Pd

entro Cardiologico

lonzino



- CMR in valvulopathies
- a) Aortic stenosis and TAVI
- a) Mitral Regurgitation



European Society of Cardiology doi:10.1093/eurheart/ehx391

**ESC/EACTS GUIDELINES** 





Baumgartner et al, EHJ 2017

### AORTIC STENOSIS Grading aortic stenosis – LVOT measurement





Pontone, Am Heart J 2011

## AORTIC STENOSIS Grading aortic stenosis – LVOT measurement







Fig. 1 Reprentatives examples of 2 orthogonal long-axis (panels a and b) and the resulting short-axis (panels c and d) images of the LVOT by CMR illustrating its elliptical shape

Maes F et al JCMR 2017

## Comparison of Accuracy of Aortic Root Annulus Assessment With Cardiac Magnetic Resonance Versus Echocardiography and Multidetector Computed Tomography in Patients Referred for Transcatheter Aortic Valve Implantation

Gianluca Pontone, MD<sup>a,\*</sup>, Daniele Andreini, MD<sup>a,b</sup>, Antonio L. Bartorelli, MD<sup>a,b</sup>, Erika Bertella, MD<sup>a</sup>, Saima Mushtaq, MD<sup>a</sup>, Paola Gripari, MD<sup>a</sup>, Monica Loguercio, MD<sup>a</sup>, Sarah Cortinovis, MD<sup>a</sup>, Andrea Baggiano, MD<sup>a</sup>, Edoardo Conte, MD<sup>a</sup>, Virginia Beltrama, MD<sup>a</sup>, Andrea Annoni, MD<sup>a</sup>, Alberto Formenti, MD<sup>a</sup>, Gloria Tamborini, MD<sup>a</sup>, Manuela Muratori, MD<sup>a</sup>, Andrea Guaricci, MD<sup>c</sup>, Francesco Alamanni, MD<sup>a,b</sup>, Giovanni Ballerini, MD<sup>a</sup>, and Mauro Pepi, MD<sup>a</sup>



### AORTIC STENOSIS Pre-TAVI assessment



Figure 3. Methods for assessing AoA size, aortic leaflet size, and coronary artery ostia using CMR. Measurements of AoA (*A to C*): AoA is defined as a virtual ring formed by joining the basal attachments of aortic valve leaflets. For each AoA, maximum diameter, minimum diameter, and area (*white dot line*) were measured in an orthogonal plane on the center line of the aorta obtained in oblique-coronal and oblique-sagittal views, respectively. Measurements of leaflet length (*D*): the distance between the basal attachment and the apex of the leaflets (*black dot line*) is determined. Measurement of coronary ostia height (*E to G*): a coronal view (*E*) and 2 short axes of the ascending aorta (*F* and *G*) at the level of the left main coronary ostium (*red line*) and AoA (*blue line*) are obtained. The distance between these 2 lines corresponds to the coronary ostium height.



### AORTIC STENOSIS Pre-TAVI Assessment



Figure 6. Pearson correlation (*upper panels*) and Bland-Altman analysis (*lower panels*) between CMR and MDCT assessment of AoA maximum diameter, minimum diameter, and area.



### AORTIC STENOSIS Pre-TAVI assessment



Figure 8. Pearson correlation (*upper panels*) and Bland-Altman analysis (*lower panels*) between CMR and MDCT assessment of the distance between aortic annulus and left main coronary artery and right coronary artery ostia.



### AORTIC STENOSIS Pre-TAVI assessment



Figure 7. Pearson correlation (*upper panels*) and Bland-Altman analysis (*lower panels*) between CMR and MDCT assessment of left coronary, right coronary, and noncoronary aortic leaflets lengths.



### AORTIC STENOSIS Tissue Characterization





#### Figure 1. Multimodality assessment of aortic stenosis (AS).

Assessment of AS by transthoracic echocardiography (TTE; A–C) and cardiovascular magnetic resonance (D–F). A, Continuous Doppler trace across the aortic valve in the apical 5-chamber demonstrating hemodynamic parameters consistent with severe AS (peak velocity, 4.67 m/s; peak gradient, 87 mm Hg; mean gradient, 51 mm Hg). B, Short-axis TTE image of a severely calcified aortic valve. C, Parasternal long-axis image demonstrating left ventricular hypertrophy (#) and a calcified aortic valve (\*). D, Four-chamber balanced steady-state free precession cine image demonstrating left ventricular hypertrophy; white dotted line demonstrates the axis of acquisition of the short axis (E and F). E, Late gadolinium enhancement (LGE) image in a midventricular short axis showing transmural LGE of a full-thickness myocardial infarct (arrow). F, LGE image in a midventricular short axis showing patchy nonischemia LGE in the mid inferolateral segment (arrow) and more subtle LGE in the inferoseptum and right ventricular insertion points.



#### Musa et al, Circulation 2019



#### AORTIC STENOSIS Tissue Characterization: Subclinical Amyloidosis



Predictors of ATTR-CA in elderly patients undergoing transcatheter aortic valve replacement. Quantitative assessment of technetium- 99m pyrophosphate myocardial uptake (A) is shown in a patient with (bottom) and without ATTR-CA (top) with corresponding H/CL ratio





#### Castano EHJ 2017

#### AORTIC STENOSIS Tissue Characterization: Subclinical Amyloidosis





Cavalcante JCMR 2017

#### AORTIC STENOSIS Tissue Characterization: T1 mapping





#### Native T1 = 1200 msec



#### AORTIC STENOSIS TAVI FOLLOW UP: Aortic Regurgitation

Effect of Aortic Regurgitation Following Transcatheter Aortic Valve Implantation on Outcomes

See Hooi Ewe, MBBS<sup>a,b,c</sup>, Manuela Muratori, MD<sup>d,e</sup>, Frank van der Kley, MD<sup>a,b</sup>, Mauro Pepi, MD<sup>d,e</sup>, Victoria Delgado, MD, PhD<sup>a,b</sup>, Gloria Tamborini, MD<sup>d,e</sup>, Laura Fusini, MS<sup>d,e</sup>, Arend de Weger, MD, PhD<sup>a,b</sup>, Paola Gripari, MD<sup>d,e</sup>, Antonio Bartorelli, MD<sup>d,e</sup>, Jeroen J. Bax, MD, PhD<sup>a,b</sup>, and Nina Ajmone Marsan, MD, PhD<sup>a,b,\*</sup>



Figure 1. Survival Kaplan-Meier curves for patients with post-TAVI AR grade  $\geq 2$  or <2 before hospital discharge.



Figure 4. Survival Kaplan-Meier curves for patients with 6-month AR  $\geq 2$  or AR <2 after TAVI.



Ewe Am J Card 2015

#### **AORTIC STENOSIS** TAVI FOLLOW UP: Grading Aortic Regurgitation

Vena contracta width (VCW)

Flow reversal in descending aorta (PWD)

Parameter **CW Doppler** profile of AR jet (velocity waveform density, pressure halftime)



PHT 280 ms

Parameter





Centro Cardiologico Monzino

#### Bloomfield GS JACC CI 2012



Figure 2 Measurement of paravalvular leak (PVL) regurgitant fraction (RF) by cardiovascular magnetic resonance (CMR). The positioning of the scan plane is demonstrated for the balloon-expandable prosthesis in the aortic root 2-3 mm above the valve stent frame (A). The regions of interest are traced on the magnitude images (anatomical scan; B) and the phase images (flow scan; C). The regions of interest include the entire intra-luminal, cross sectional area of flow just above the transcatheter valve. The flow through the region of interest is calculated throughout the cardiac cycle (D), with the area under the curve (above baseline) representing forward flow volume and the area above the curve (below baseline) representing reverse flow volume. The aortic regurgitant fraction was calculated by dividing the reverse flow volume by the forward flow volume (mild  $\leq$  20%, moderate 21-39%, severe  $\geq$ 40%).



#### Hartlage GR et al JCMR 2014

#### AORTIC STENOSIS TAVI FOLLOW UP: Grading Aortic Regurgitation





Pibarot P et al , JACC CI 2015



Primary composite outcome Kaplan-Meier survival analysis for patients with greater than mild paravalvular leak (PVL) by imaging method. QE = qualitative echocardiography, SQE = semi-quantitative echocardiography, CMR = cardiovascular magnetic resonance. CE = circumferential extent. Primary composite outcome = repeat invasive therapy, heart failure hospitalization, and all-cause death.



Hartlage GR et al JCMR 2014



#### Ribeiro JACC 2016



#### GUIDELINES AND STANDARDS

Guidelines for the Evaluation of Valvular Regurgitation After Percutaneous Valve Repair or Replacement A Report from the American Society of Echocardiography Developed in Collaboration with the Society for Cardiovascular Angiography and Interventions, Japanese Society of Echocardiography, and Society for Cardiovascular Magnetic Resonance

> "When more than mild AR is suspected but the data are equivocal, **CMR should be performed** (at centers with appropriate expertise) to quantitate aortic regurgitant volume and fraction, as well as LV chamber volumes".

Figure 9 Suggested algorithm to guide implementation of integration of multiple parameters of AR severity after TAVR or prosthetic aortic valve repair. Good-quality echocardiographic imaging and complete data acquisition are assumed. If imaging is technically difficult, consider TEE or CMR. AR severity may be indeterminate due to poor image quality, technical issues with data, internal inconsistency among echo findings, or discordance with clinical findings.



## **MITRAL REGURGITATION**

## grading mitral regurgitation



ESC/EACTS GUIDELINES

## 2017 ESC/EACTS Guidelines for the management of valvular heart disease

The Task Force for the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)



Figure 4 Management of severe chronic primary mitral regurgitation. AF = atrial fibrillation; BSA = body surface area; CRT = cardiac resynchronization therapy; HF = heart failure; LA = left atrial; LVEF = left ventricular ejection fraction; LVESD = left ventricular end-systolic diameter; SPAP = systolic pulmonary arterial pressure.

<sup>a</sup>When there is a high likelihood of durable valve repair at a low-risk, valve repair should be considered (IIa C) in patients with LVESD  $\geq$ 40 mm and one of the following is present flail leaflet or LA volume  $\geq$ 60 mL/m<sup>2</sup> BSA at sinus rhythm.

<sup>b</sup>Extended HF management includes the following: CRT; ventricular assist devices; cardiac restraint devices; heart transplantation.



#### MITRAL REGURGITATION Grading mitral regurgitation CMR vs echo



Interobserver variability in RF was higher with TTE compared with CMR (L5.5 – 15% vs 0.1 – 7.3%)

Figure 3. Correlation of RF by TTE and CMR, along with Bland-Altman plots. The ± 20% CI of reproducibility is shown in red.



#### Lopez-Mattei 2016, AJC 2016

#### MITRAL REGURGITATION Grading regurgitant lesions







#### MITRAL REGURGITATION Grading regurgitant lesions: outcome



Centro Cardiologico Monzino

#### Myerson, Circulation 2016

#### CLINICAL ACTIVITY\_new tools

### **ViosWorks** to have 3D cardiac anatomy in 1 free-breathing in less than 10 min scan

#### What is it?

- 3D Cine (EFGRE)
- Capture data in 7 dimensions
- 3 in space, 1 in time, and 3 in velocity direction

#### **Benefits**

- Free-breathing, non-invasive
- Unsupervised cardiac imaging no expertise or clinician guidance needed
- Faster cardiac exams help to shorten backlog scheduling times
- Cloud-based visualization and reporting attracts new referrals



- 60-90 min exam
- 20-50+ breath-holds
- Many imaging slices and sequences
- Dedicated, cardiac technologist and Clinician needed to perform exam and post-processing



- 8-30 min exam (clinical indication dependent)
- Free breathing
- 1, 3D volume placed over chest
- No dedicated, cardiac technologist or clinician needed to perform exam.





## **MITRAL REGURGITATION**

### Cardiac magnetic resonance – evaluating etiology of VHD

A Complete Papillary Muscle Infarction



#### B Partial Papillary Muscle Infarction



**Representative Examples of Complete and Partial PMI** Typical examples of (A) complete papillary muscle infarction (PMI) and (B) partial PMI detected by delayed-enhancement cardiac magnetic resonance. Each example is composed of 2 short-axis images within the affected papillary muscle. As shown, complete PMI was often associated with transmural infarction of the adjacent left ventricular wall, whereas partial PMI was associated with subendocardial infarction. Upper right shows bilateral, complete PMI with transmural infarction of the inferior and lateral walls.





Basso C et al, Circulation 2015



#### T1-Mapping and Cardiac Magnetic Resonance Feature-Tracking in Mitral Valve Prolapse

#### Short title: T1-Mapping and CMR-FT in Mitral Valve Prolapse

 <sup>1</sup>Marco Guglielmo\*, MD, <sup>1</sup>Laura Fusini\*, MD, <sup>1</sup>Giuseppe Muscogiuri, MD,PhD, <sup>2</sup>Francesca Baessato, MD, <sup>3</sup>Antonella Loffreno, MD, <sup>4</sup>Annachiara Cavaliere, MD, <sup>4</sup>Giulia Rizzon, MD;
 <sup>1</sup>Andrea Baggiano, MD, <sup>5,6</sup>Mark G. Rabbat, MD, <sup>1</sup>Manuela Muratori, MD, <sup>1</sup>Gloria Tamborini, MD, <sup>7</sup>Ludovica ML Danza, MD, <sup>1,8</sup>Alberico Del Torto, MD, <sup>9</sup>Elisabetta Tonet, MD, <sup>1,8</sup>Giacomo Viani, MD, <sup>1</sup>Saima Mushtaq, MD, <sup>1</sup>Edoardo Conte, MD, <sup>1</sup>Giorgia Bonalumi, MD, <sup>1</sup>Paola Gripari, MD, <sup>1</sup>Marco Zanobini, MD, <sup>1,8</sup>Daniele Andreini, MD, PhD, <sup>1,8</sup>Francesco Alamanni, MD, <sup>1</sup>Mauro Pepi, MD, <sup>10</sup>Andrea I. Guaricci, MD, PhD, <sup>1</sup>Gianluca Pontone, MD, PhD







#### Guglielmo M, Pontone G, submitted





Guglielmo M, Pontone G, submitted





## TAKE HOME MESSAGE

- Structural heart disease is an exciting and evolving field for CMR
- CMR could be a valid alternative to CT **pre-TAVI** in patients with severe renal insufficiency
- CMR is emerging as the gold standard technique **to quantify PAR** and to detect the **subclinical amyloidosis** with important implication in the clinical decision making workflow
- CMR can help to grade MR in challenging cases and it is emerging as a technique to stratify the arrhythmic risk in MVP
- Complementary role to angiography, echo, and CT multimodality imaging field



## Thank you

**Director of Cardiology** Prof. Cesare Fiorentini, MD

Area of Cardiovascular Imaging Dr. Mauro Pepi, MD, FESC

**Cardiovascular MR Unit** Gianluca Pontone, MD, PhD, FESC, FSCCT

Radiology and Cardiovascular CT Unit Daniele Andreini, MD, PhD, FESC, FSCCT

#### Cardiologists

Paola Gripari, MD, PhD Saima Mushtaq. MD Marco Guglielmo, MD, FSCCT Andrea Baggiano, MD Edoardo Conte, MD

#### Radiologists

Andrea Annoni, MD Alberto Formenti, MD Elisabetta Mancini, MD Giuseppe Muscogiuri, MD, PhD, FSCCT

#### Fellow

Gloria Cicala, MD Alberico Del Torto, MD Luca Samman, MD Giorgio Viani, MD Patrizia Vivona, MD





#### www.cardiologicomonzino.it

marco.guglielmo@ccfm.it



### AORTIC STENOSIS Grading aortic stenosis – valve planimetry







Table 2. Select Studies Validating Indices of Aortic Stenosis by CMR

First Author (Year)	Principle	Reference Standard	n	r	Mean Difference±1 SD (CMR-Echo)	CMR Reproducibility*: Mean Difference±1 SD
Anatomic valve area	1120-520 E-52241		20.000	102545325	150 50 50 150 150 150 150 150 150 150 15	
John <sup>27</sup> (2003)	planimetry	TEE	40	0.96	0.02±0.08 cm <sup>2</sup> ¶	0.07 ± 0.06 cm <sup>2</sup> ‡
						0.05±0.04 cm <sup>2</sup> #
Kupfahl <sup>28</sup> (2004)	planimetry	TEE	32		0.02 ± 0.21 cm <sup>2</sup>	0.03 ± 0.05 cm <sup>2</sup> ±
	,		17.			-0.02±0.06 cm <sup>2</sup> #
Debl <sup>29</sup> (2005)	planimetry	TEE	25	0.86	0.13±0.16 cm <sup>2</sup> ¶	
Reant <sup>30</sup> (2006)	planimetry	TEE	39	0.58	0.01 ± 0.14 cm <sup>2</sup>	0.03±0.14 cm <sup>2</sup> ±
					(Echo-CMR)	0.02±0.07 cm <sup>2</sup> #
Schlosser <sup>31</sup> (2007)	planimetry	TEE	32	0.82	0.15±0.13 cm <sup>2</sup>	0.75**‡



Cawley Circulation 2009

#### ASSESSMENT OF INTRACARDIAC SHUNTING



A 4-chamber in-plane breath-hold phase-contrast sequence showing anomalous right upper pulmonary vein (RUPV) drainage into the right atrium (RA) causing significant left-to-right shunting confirmed by right-sided chamber dilation as well as high pulmonic to systemic flow ratio (Qp/Qs = 2.4). LA = left atrium; LV = left ventricle; RV = right ventricle.



FIGURE 18 CMR Evaluation of a Patient With Patent Ductus
Arteriosus

FIGURE 16 CMR Evaluation of a Patient With Sinus Venosus ASI

Aorta PA

Sagittal reconstruction using noncontrast 3-dimensional magnetic resonance angiogram demonstrating patent ductus arteriosus (PDA) (red arrow) connecting the distal aortic arch (Aorta) with the left pulmonary artery (PA). Note the confluence of the SVC, right attitum (RA), and left (K4SD). (**B**) Magnetic resonance angiogram (RRA) image the LA. The left inferior pulmonary vein enters the LA, but ormally be seen at this level. (**C**) Posterior projection of a value (LA). (**D**) Anterior projection of a volume rendered MRA is dilated at its junction with the RA (Cnilne Video 4). AO = main pulmonary attery; PV = pulmonary vein; RPA = right



Cavalcante, JACC Card Int 2016

#### MITRAL REGURGITATION Grading regurgitant lesions

indirect method



**STEP 2:** Measurement of Qs, Qp and Backflow

**STEP 1:** Measurement of left stroke volume (LSV) and right stroke volume (RSV)



STEP 3:Semilunar Valve regurgitation = backflowAtrio-ventricular Valve regurgitation = SV – QxBackflow



## MITRAL REGURGITATION 4D flow







## MITRAL REGURGITATION 4D flow



