

# New Techniques for PFO Closure

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UNIVERSITÀ DEGLI STUDI DI TORINO



**TURIN**  
**October**  
**24<sup>th</sup>-26<sup>th</sup>**  
**2019**

**31 GIORNATE**  
**CARDIOLOGICHE TORINESI**

*Everything you always  
wanted to know about*  
**Cardiovascular Medicine**





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# Ideal characteristics of a PFO closure device

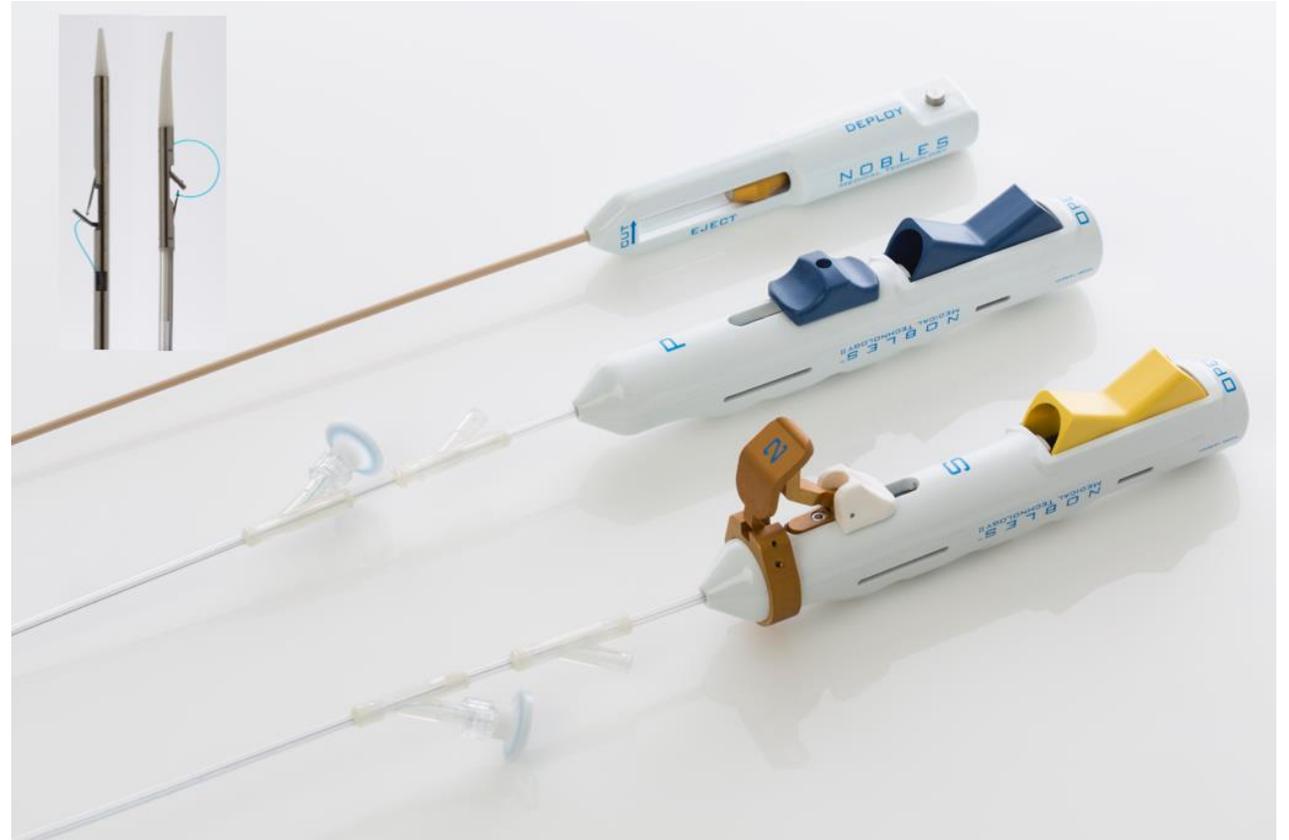
- Easy to Implant
- High Early Closure Rate
- No Obstruction of the Oval Fossa
- Percutaneous
- No DEVICE LEFT BEHIND
- Does not require long term anti-coagulation
- Does not migrate
- Does not erode
- Does not perforate
- Does not cause Atrial Fibrillation
- Provides Reliable Closure –  
Equivalent to Surgical Closure Results



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# NOBLESTITCH® EL

- Tecnologia innovativa per la sutura del Forame Ovale Pervio
- 3 delivery system 12 Fr
- Filo di polipropilene 4-0
- System 'S' : posiziona la sutura sul s. secundum
- System 'P' : posiziona la sutura sul s. primum
- KwiKnot™ : chiude il forame ovale con un sistema di bloccaggio in polipropilene





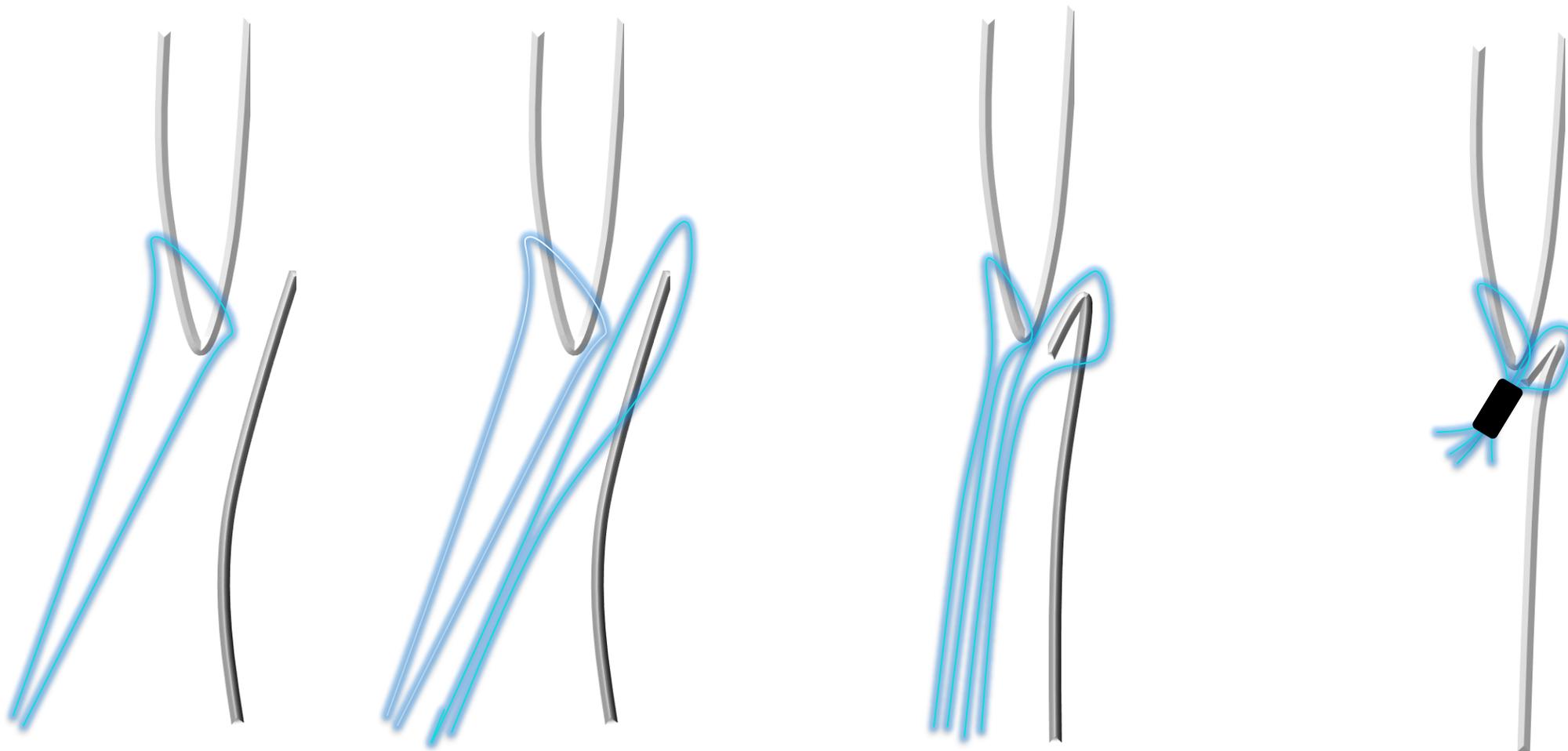
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# COME FUNZIONA





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# Suture Closure of PFO with NobleStitch

Polypropylene KwikNot endothelialization

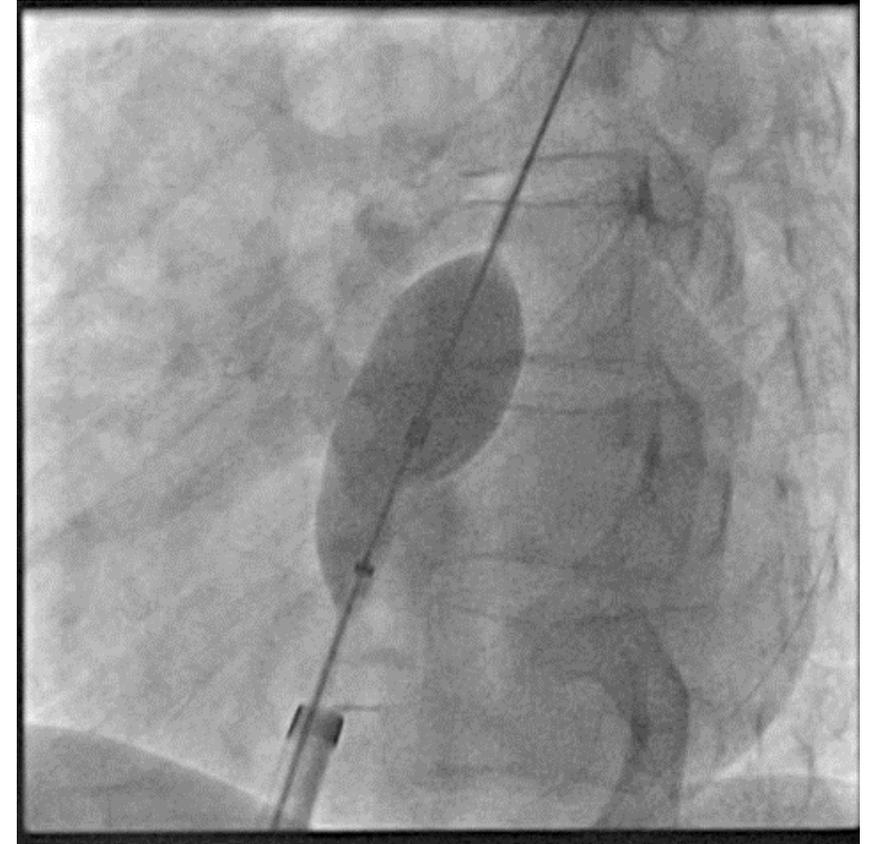
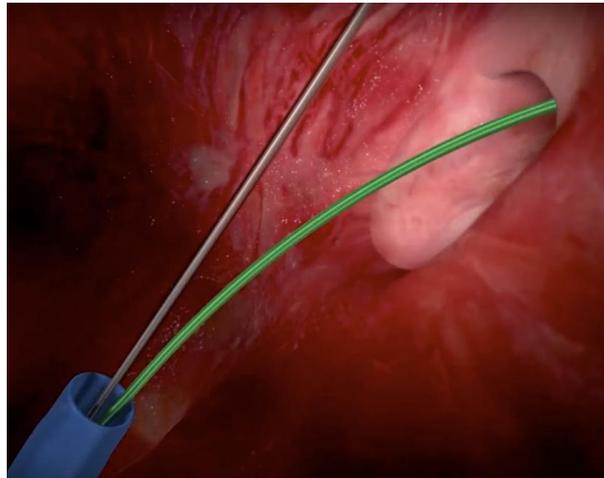




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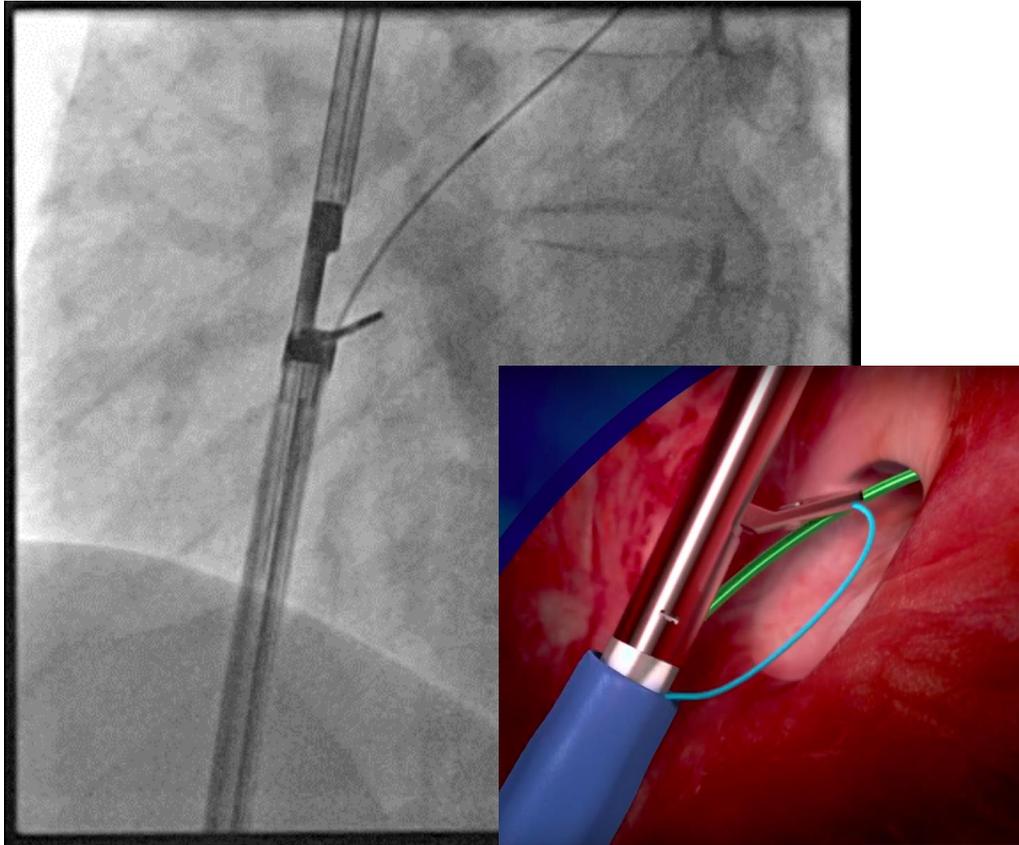
# PROCEDURA – Balloon interrogation

- LAO 60° - per tutta la durata della procedura
- Introduuttore 14Fr – 63 cm
- Guida 0,018" in Vena Cava Superiore
- Guida 0,032" attraverso il forame ovale, in vena polmonare superiore sinistra

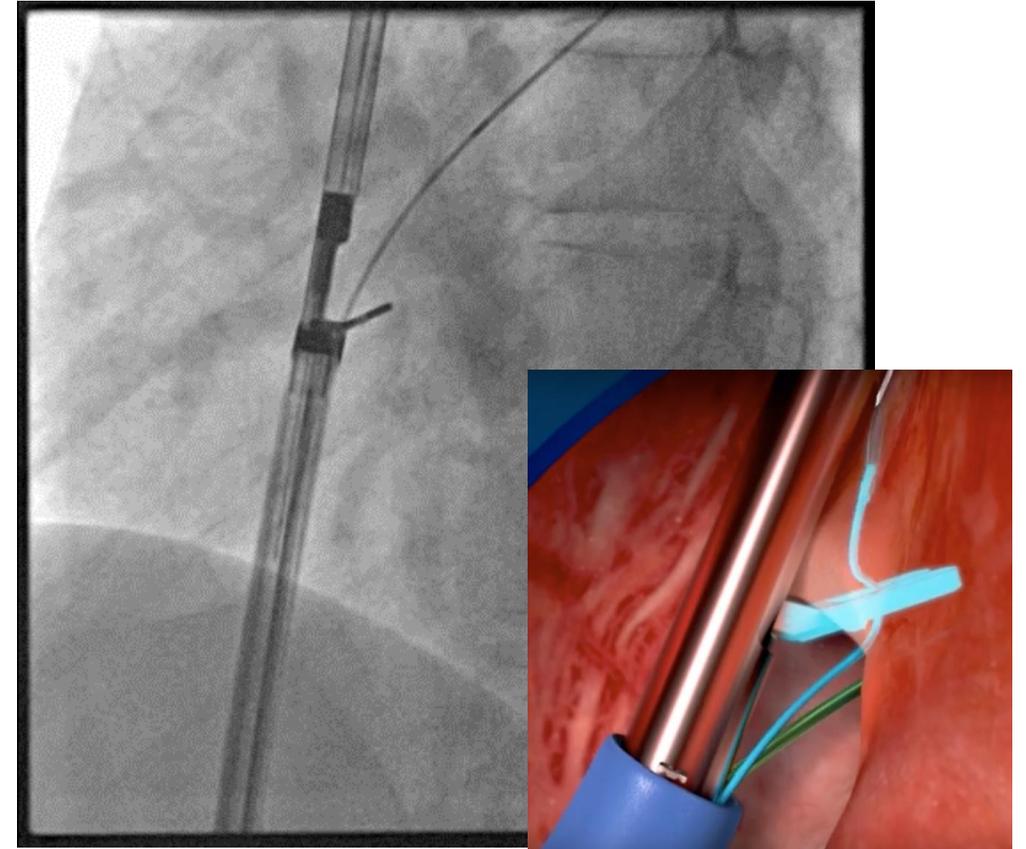


- Si definisce angiograficamente l'anatomia del s. primum e del s. secundum con l'utilizzo di un Sizing Balloon

# PROCEDURA – Septum Secundum



➤ Posizionamento corretto grazie alle due guide e all'introduttore

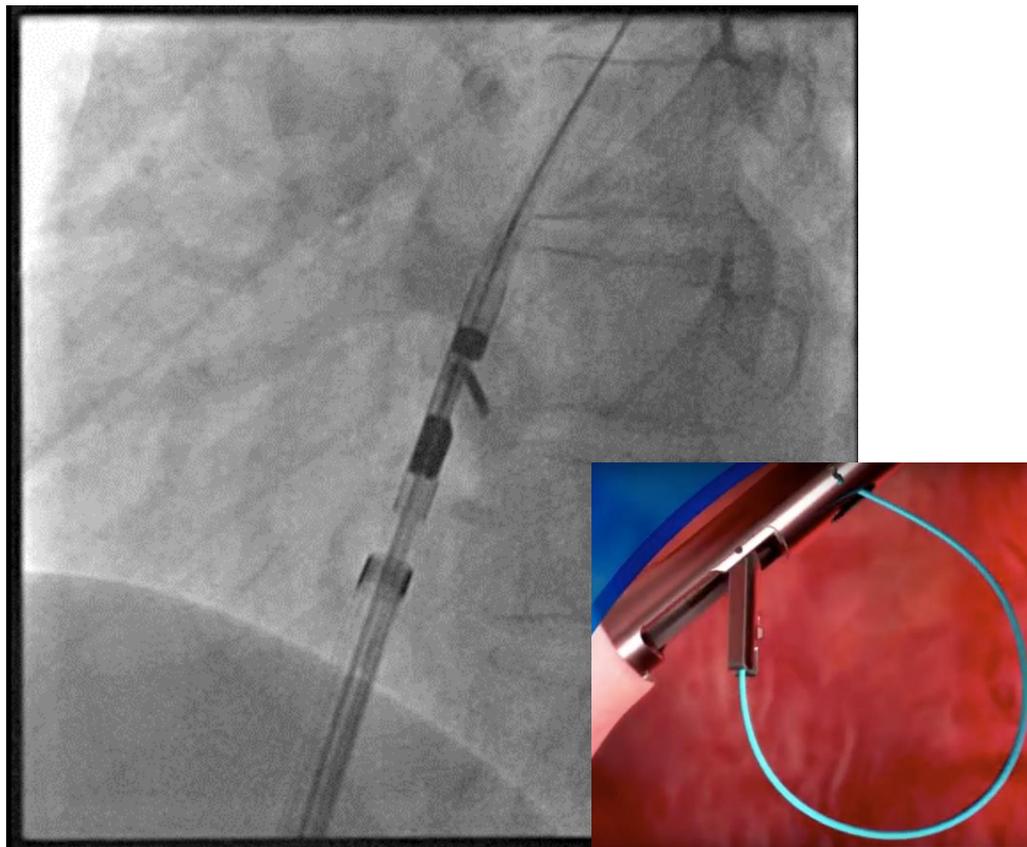


➤ L'ago cattura la sutura attraverso il septum secundum

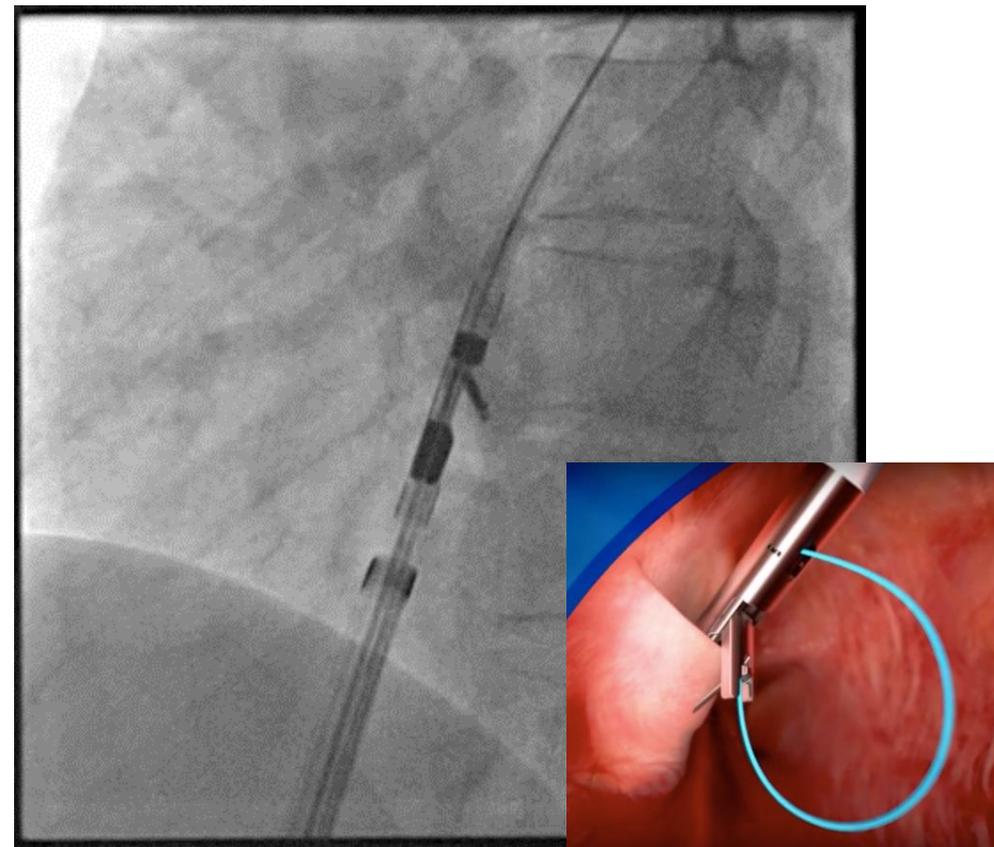


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# PROCEDURA – Septum Primum



➤ Posizionamento corretto grazie ad un marker radiopaco



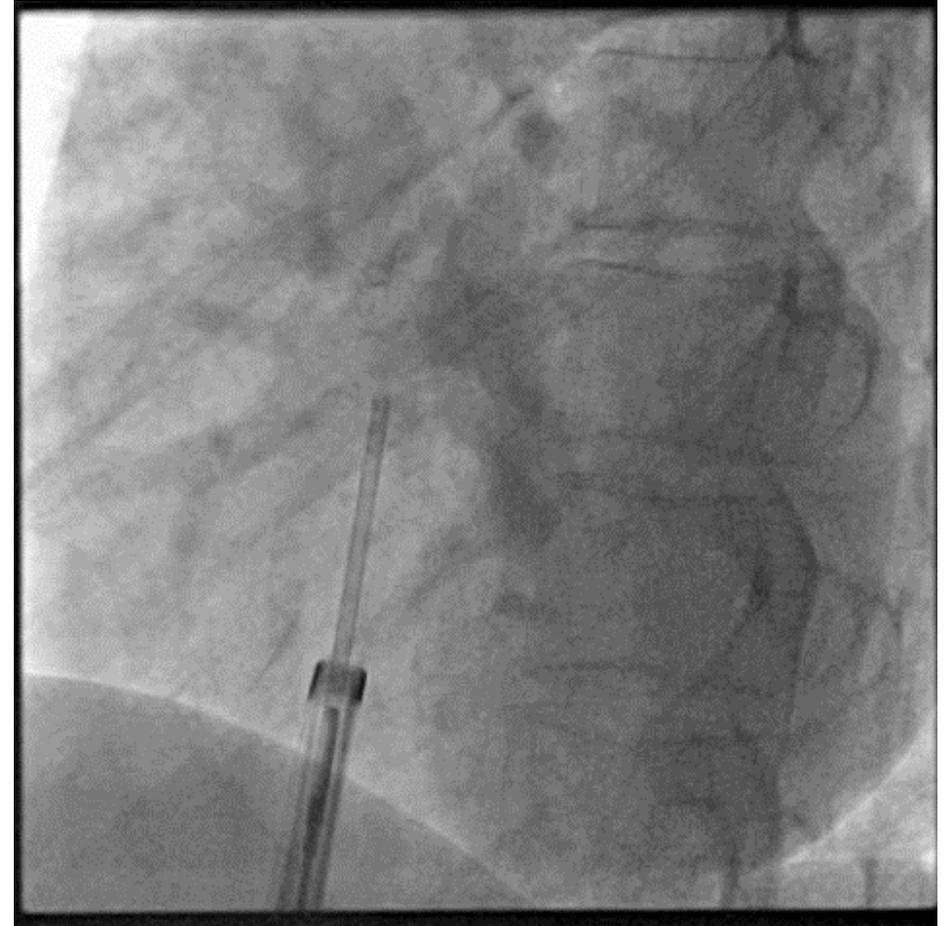
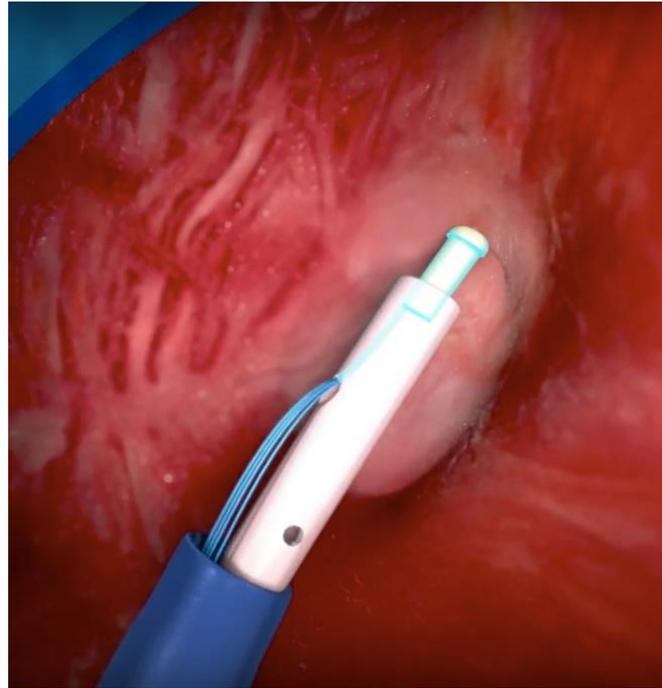
➤ L'ago cattura la sutura attraverso il septum primum



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# PROCEDURA - Kwiknot™

➤ Chiusura con dispositivo Kwiknot

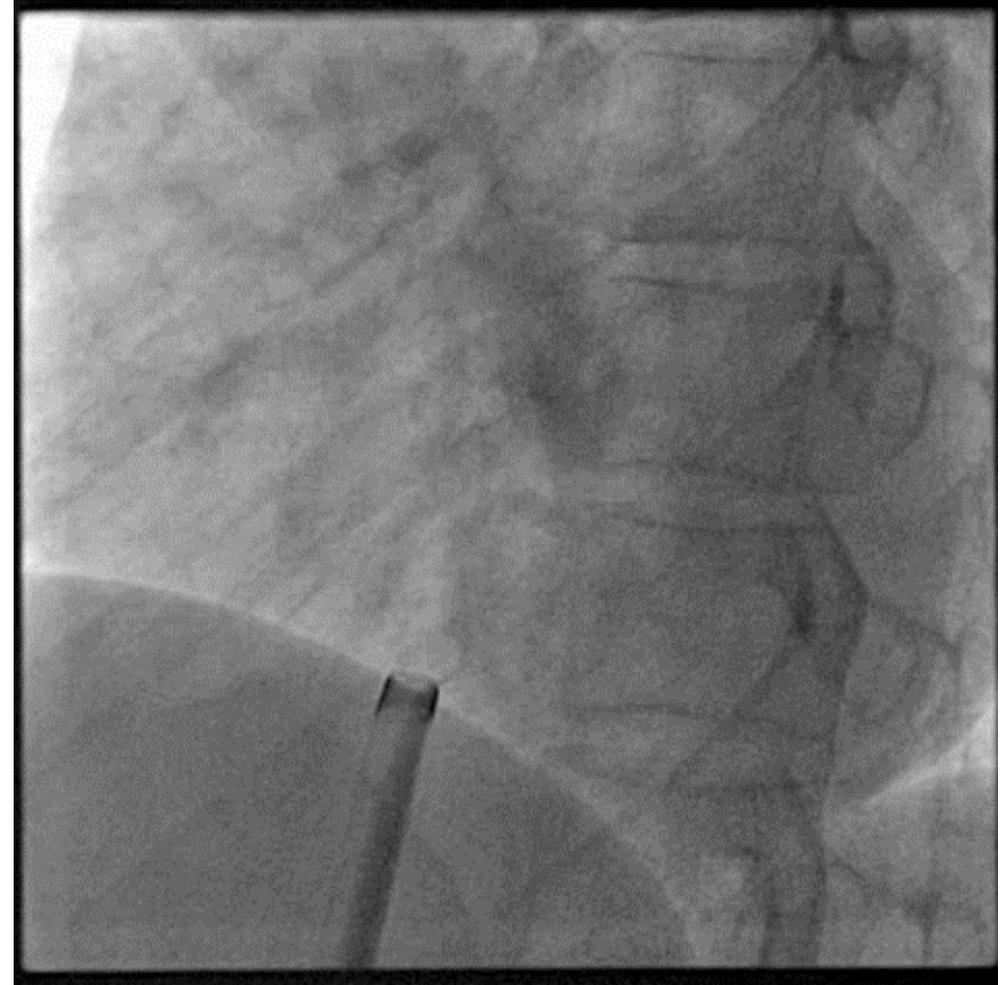




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# PROCEDURA – ANGIO FINALE

➤ Risultato finale in angiografia





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# PERCHÈ NOBLESTITCH?

- ✓ Nessuna protesi metallica impiantata
- ✓ Non è richiesta terapia antiaggregante o altra terapia medica
- ✓ Nessun rischio di dislocazione ed erosione
- ✓ Nessun rischio di trombosi
- ✓ Non inibisce future procedure transettali
- ✓ Non induce allergie dovute a nickel, farmaci, etc
- ✓ TEE e anestesia totale non obbligatorie



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# CHI TRATTARE?

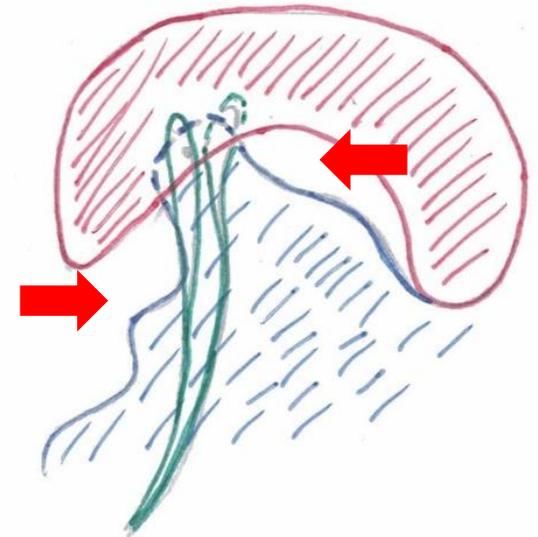
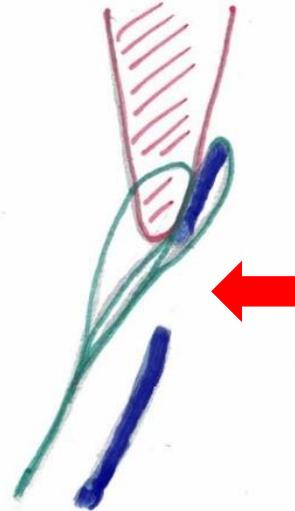
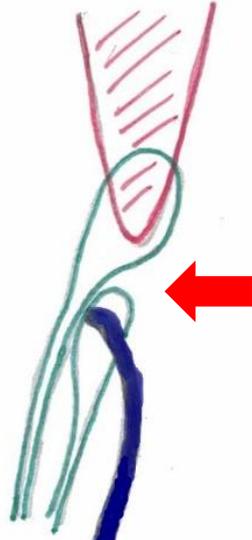
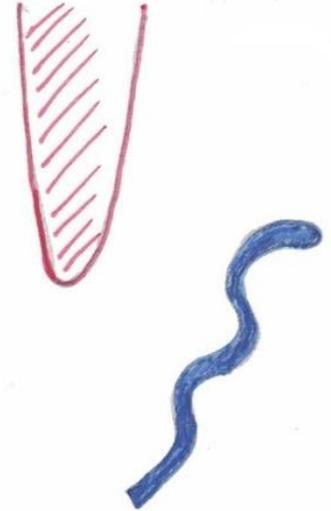
Ideal

ASD PFO-type  
with basal L-R Shunt

Fenestrated SP

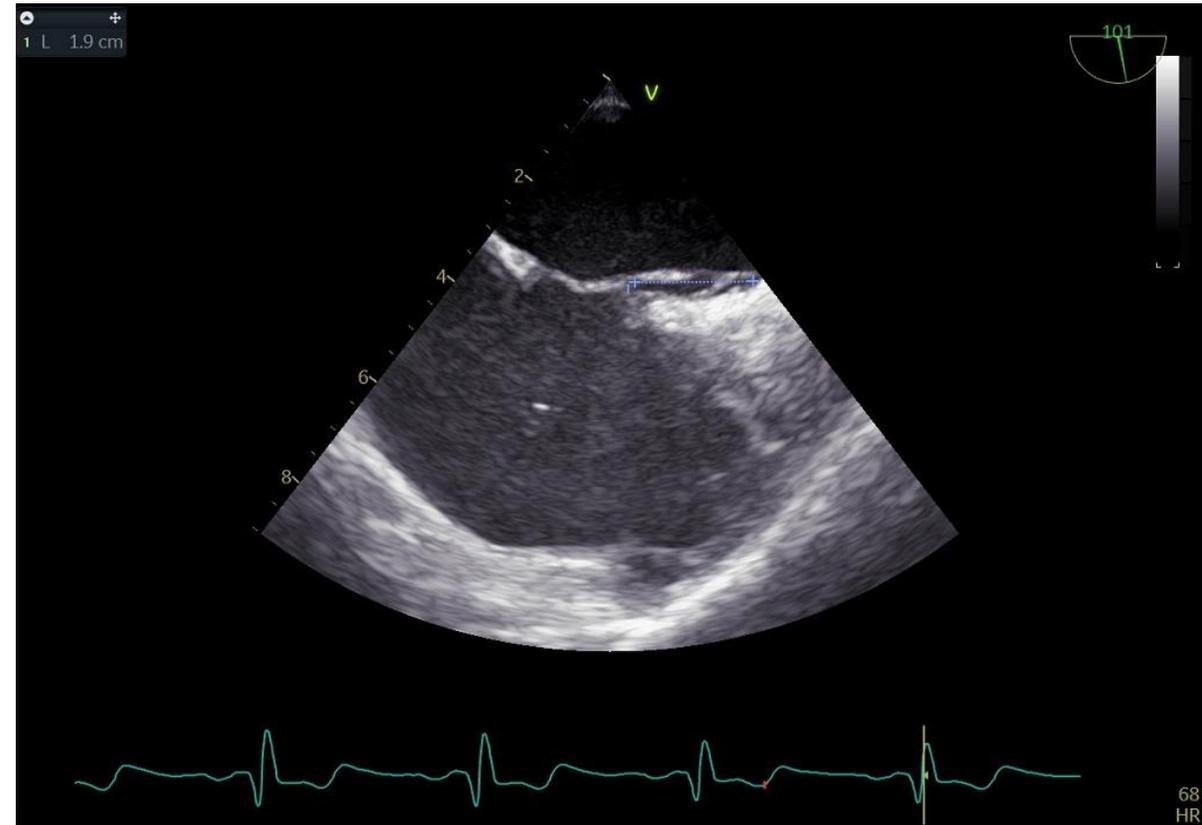
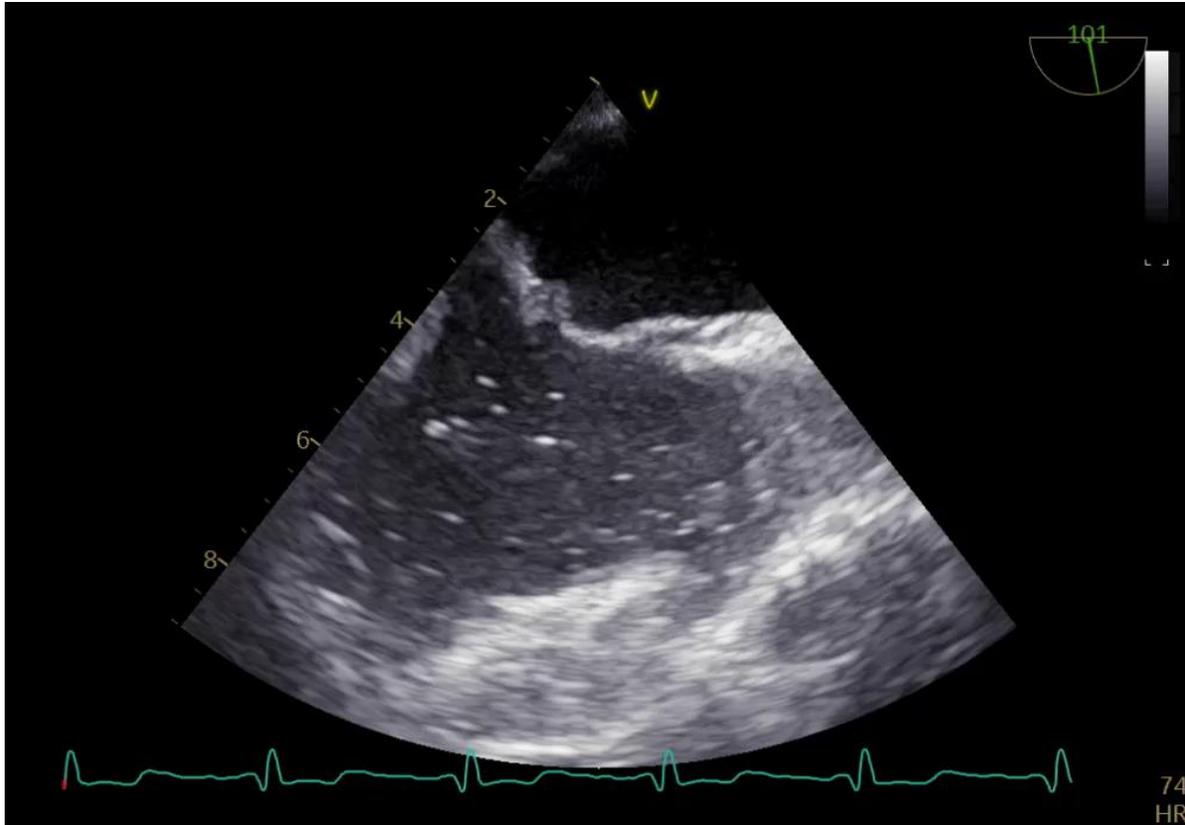
Floppy Giant Aneurysm  
with basal L-R shunt

SS

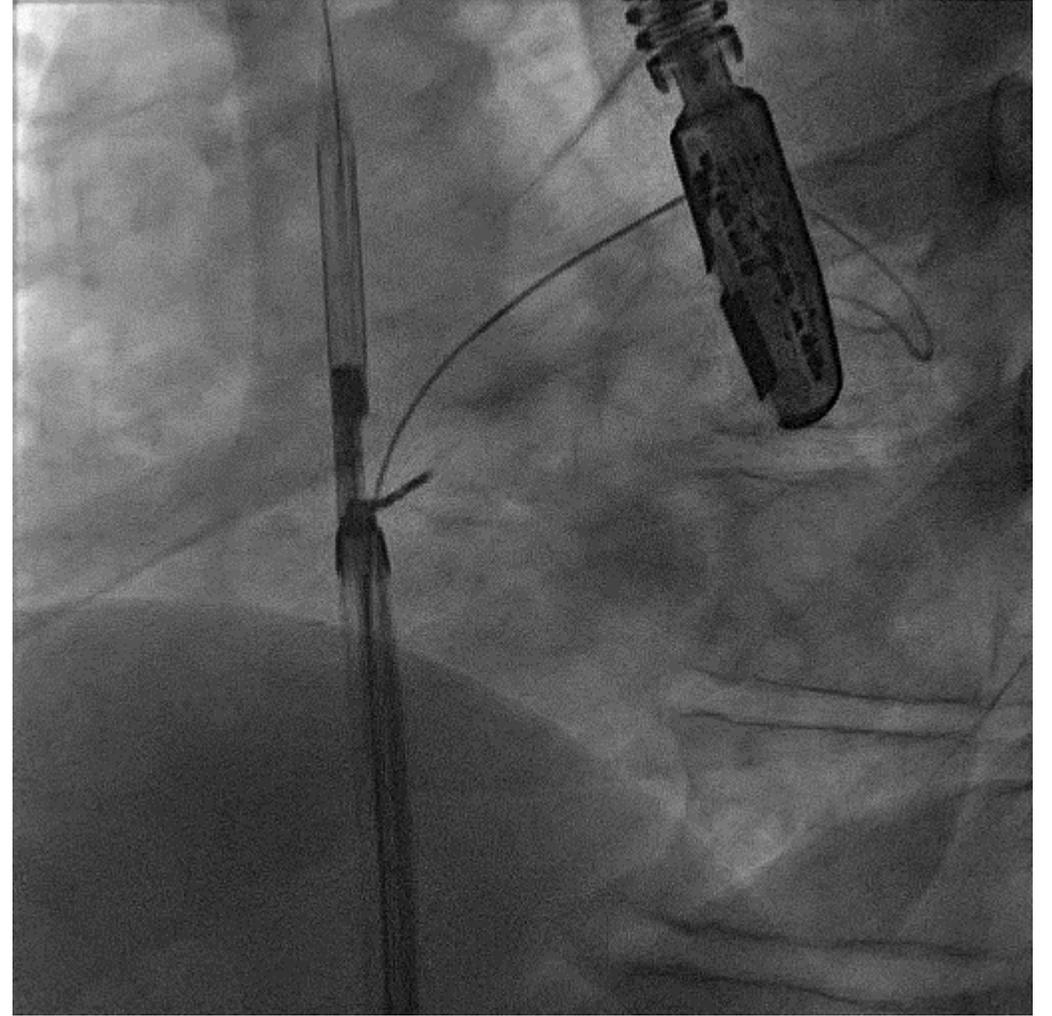
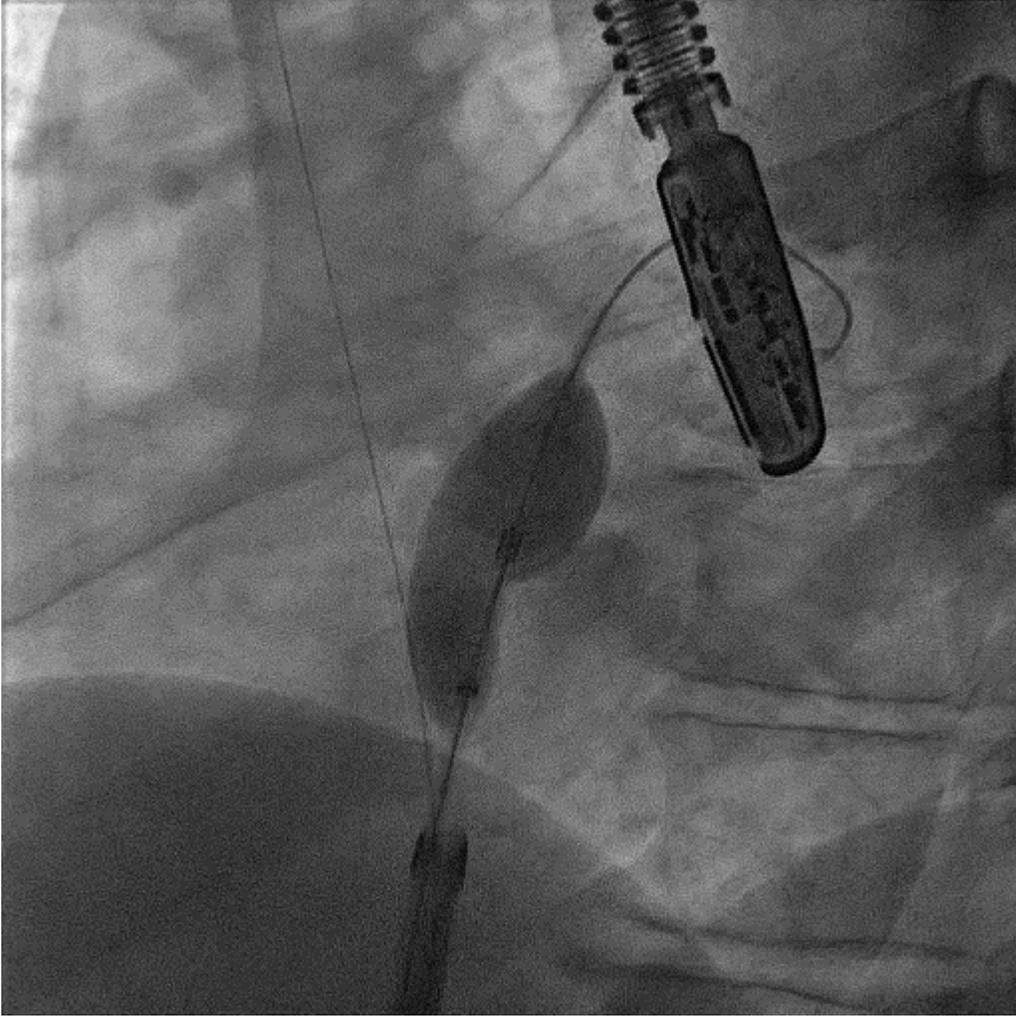


Sutures (4 wires)

# TTE pre-procedura



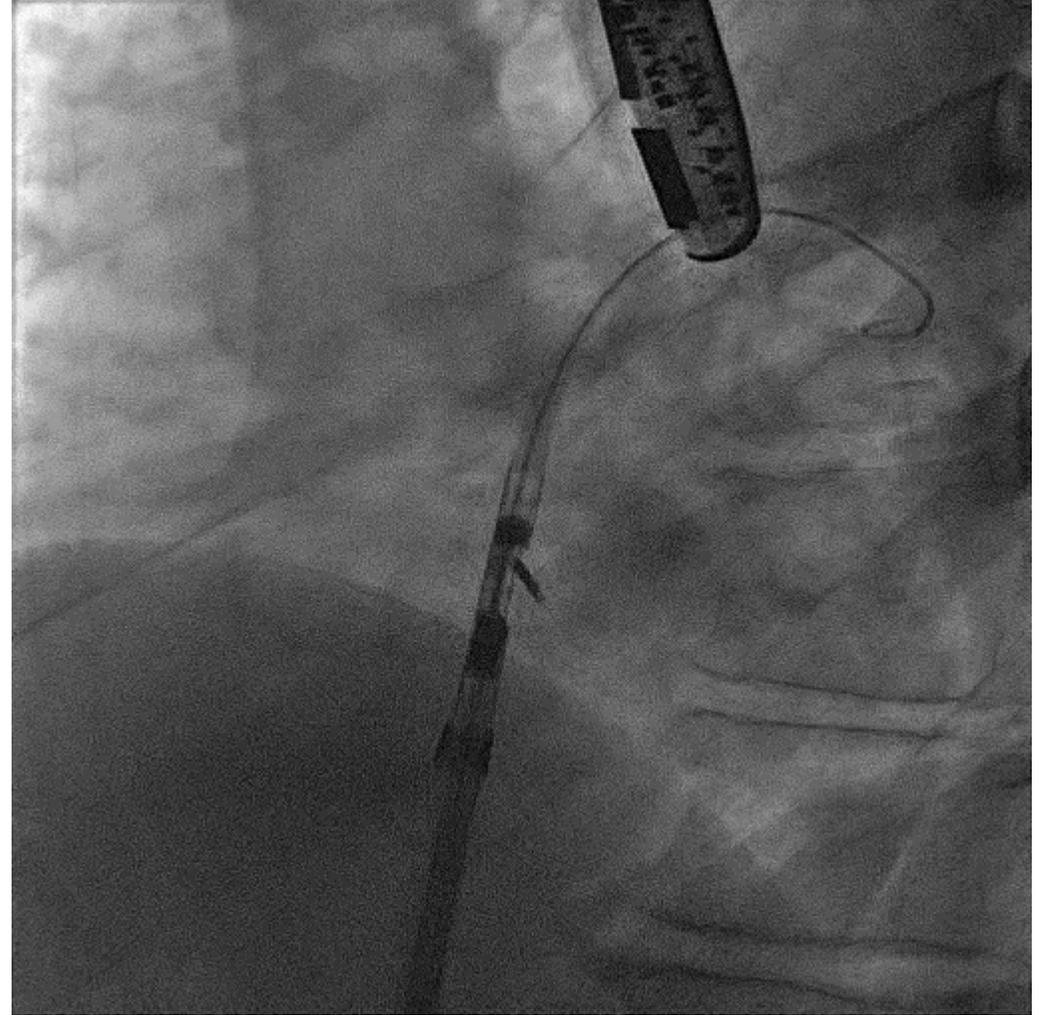
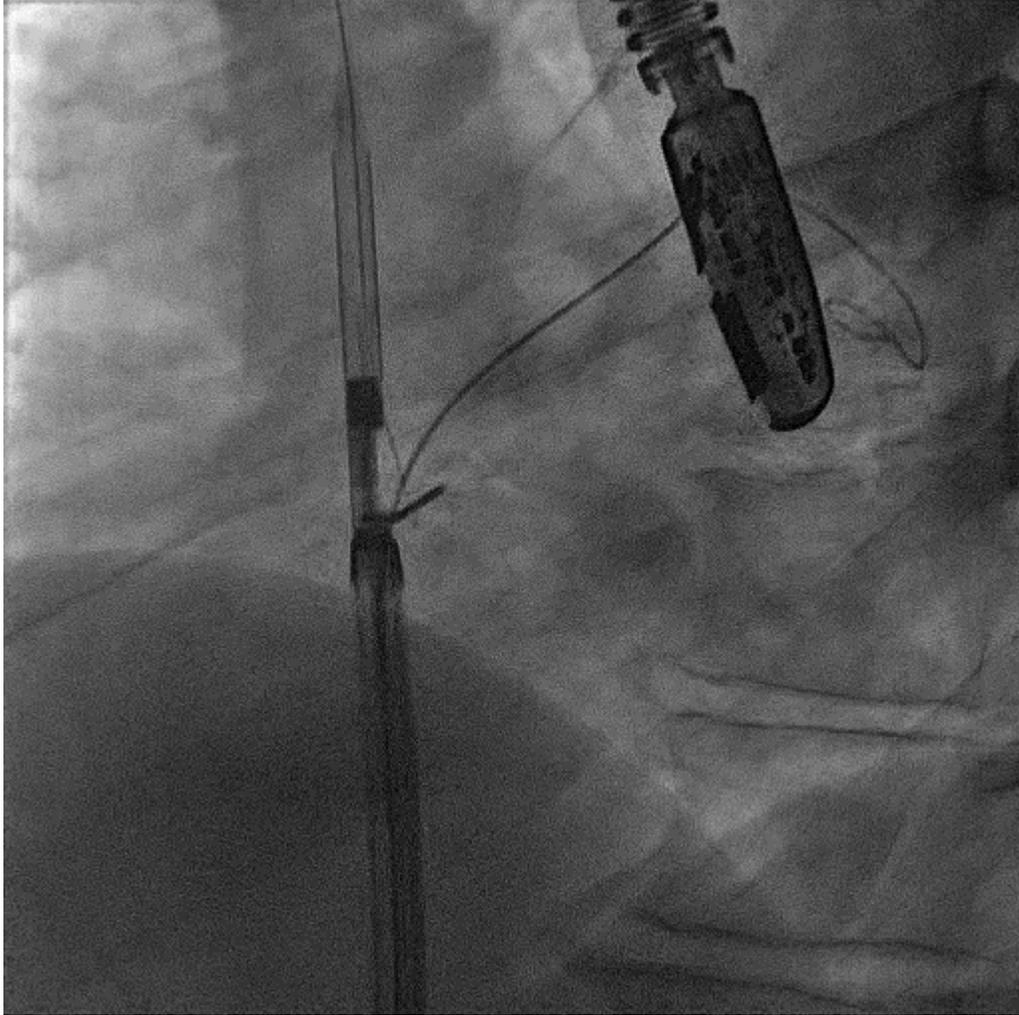
# Procedura





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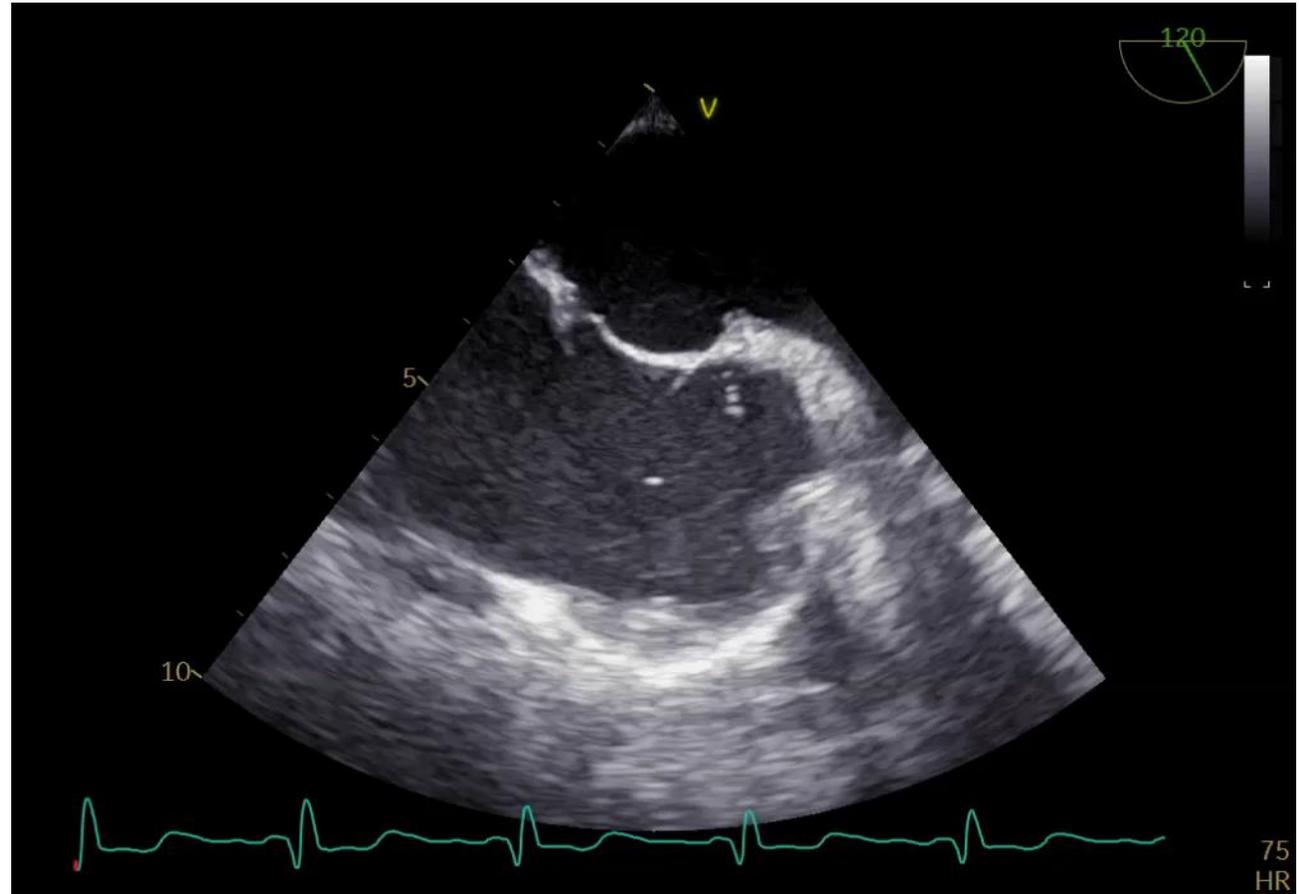
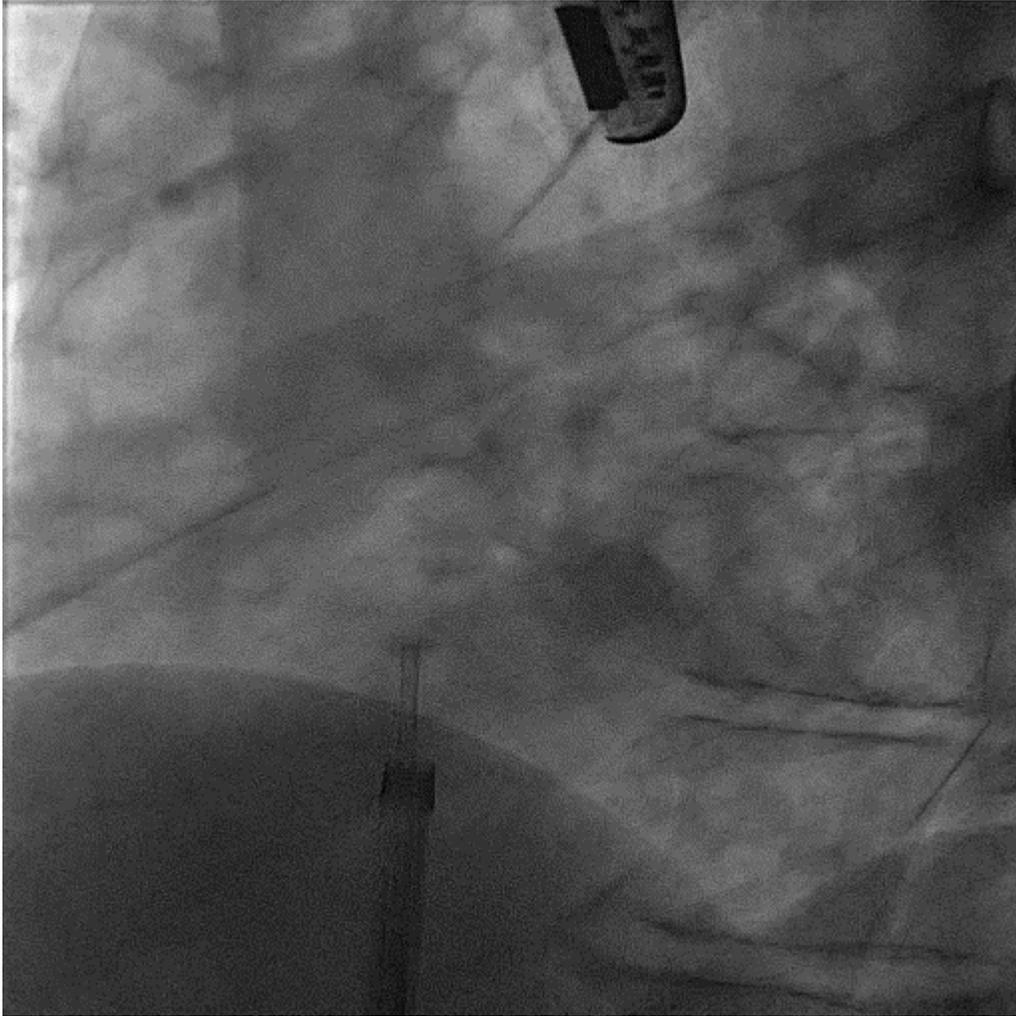
# Procedura





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# Procedura



# PIÙ DI 600 PAZIENTI TRATTATI

## Lombardia

- Policlinico San Donato
- Ospedale San Raffaele
- Humanitas Mater Domini - Castellanza
- Ist.Clinico S.Rocco – Ome
- Ist.Clinico S.Ambrogio - Milano

## Piemonte

- Ospedale di Rivoli

## Toscana

- A.O.U. Careggi – Firenze
- Ospedale Cisanello – Pisa

## Umbria

- Ospedale S. Maria della Misericordia – Perugia
- Ospedale S. Maria - Terni

## Lazio

- Ospedale S. Eugenio - Roma
- Policlinico Umberto I - Roma
- San Filippo Neri – Roma
- Ospedale S. Maria Goretti – Latina

## Emilia Romagna

- Maria Cecilia Hospital - Cotignola

## Abruzzo

- Ospedale G.Mazzini - Teramo
- Ospedale Spirito Santo – Pescara
- Clinica Pierangeli

## Molise

- Fondazione Giovanni Paolo II - Campobasso

## Puglia

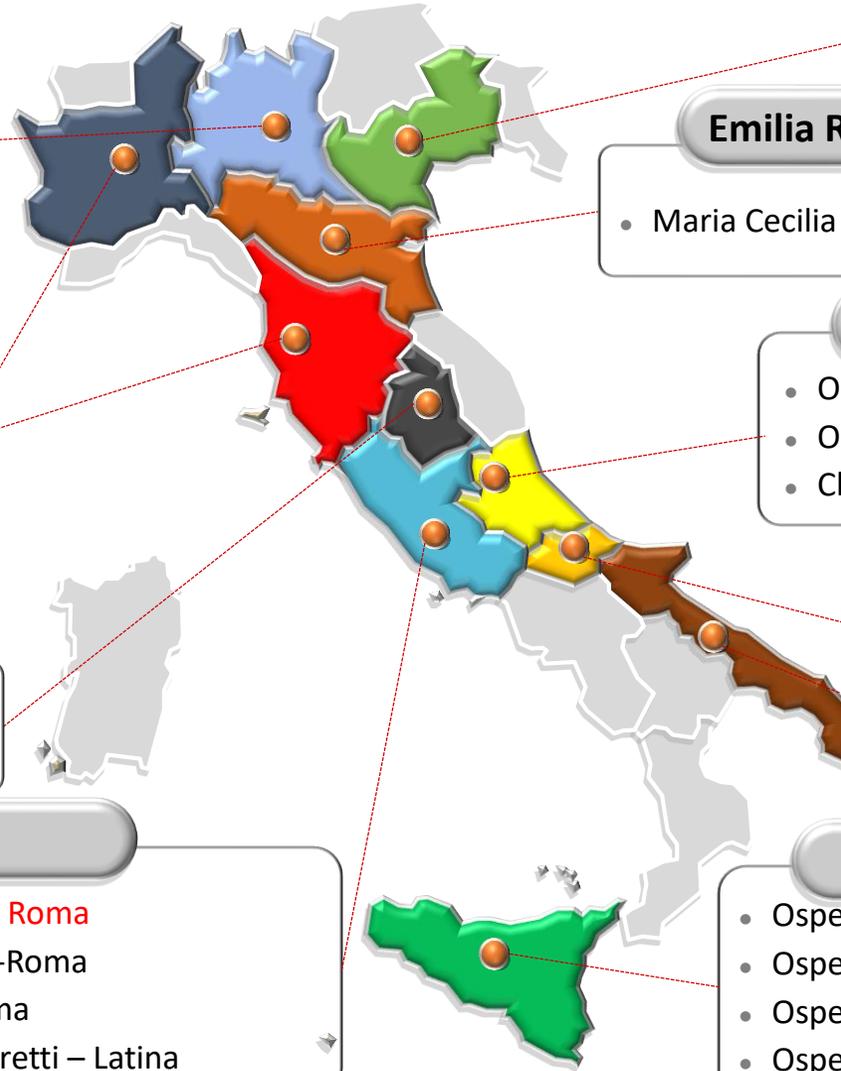
- Policlinico di Bari

## Sicilia

- Ospedale Ferrarotto – Catania
- Ospedale Villa Sofia – Palermo
- Ospedale S.Vincenzo – Taormina
- Ospedale Maria Paternò Arezzo - Ragusa

## Veneto

- Ospedale dell'Angelo – Mestre
- Ospedale Civile di Mirano





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# EVIDENZE CLINICHE

# Novel percutaneous suture-mediated patent foramen ovale closure technique: early results of the NobleStitch EL Italian Registry



**Achille Gaspardone**<sup>1\*</sup>, MD, MPhil; Federico De Marco<sup>2</sup>, MD, PhD; Gregory A. Sgueglia<sup>1</sup>, MD, PhD; Antonella De Santis<sup>1</sup>, MD; Maria Iamele<sup>1</sup>, MD; Emanuela D'Ascoli<sup>1</sup>, MD; Maurizio Tusa<sup>2</sup>, MD; Anca Irina Corciu<sup>2</sup>, MD; Michael Mullen<sup>3</sup>, MD, FRCP; Anthony Nobles<sup>4</sup>, PhD; Mario Carminati<sup>3</sup>, MD; Francesco Bedogni<sup>2</sup>, MD

**192 pazienti in 12  
centri italiani**

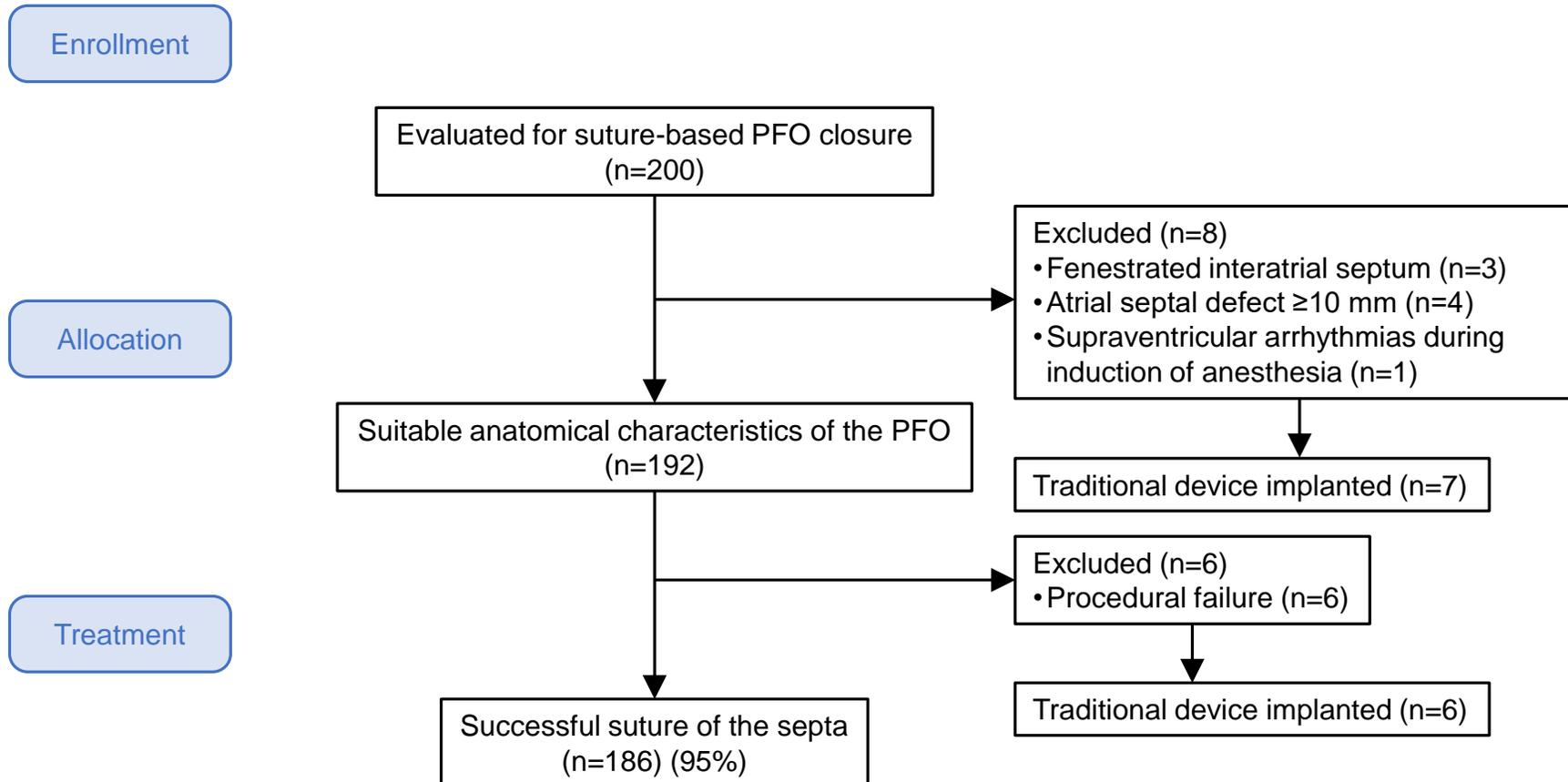
Age (years)	44 ± 12
Gender (F/M)	114/78
Baseline RTL shunt at Valsalva	
Grade 2	53.2%
Grade 3	46,8%
TEE echo guidance	53,8%
Fluo time (min)	16.1 (13.0-22.5)
Procedure time (min)	58 (40-75)
Radiation dose (Gy/cm <sup>2</sup> )	87 (52-125)
Contrast medium (ml)	200 (150-270)



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# Registry Flow Chart

June 2016-October 2017



# Patient Characteristics

**Table 1. General characteristics of the 192 patients submitted to suture-mediated patent foramen ovale closure.**

Age (years)	44±12
Gender (F/M)	114/78
Medical history	
Stroke	108 (56.3%)
Transient ischemic attack	68 (35.4%)
Intractable migraine	10 (5.2%)
Decompression sickness	5 (2.6%)
Platypnea-orthodeoxia	1 (0.5%)
RoPE Score	7.6±1.3



**Table 2. Functional, anatomical and procedural characteristics of the 186 patients who completed the procedure.**

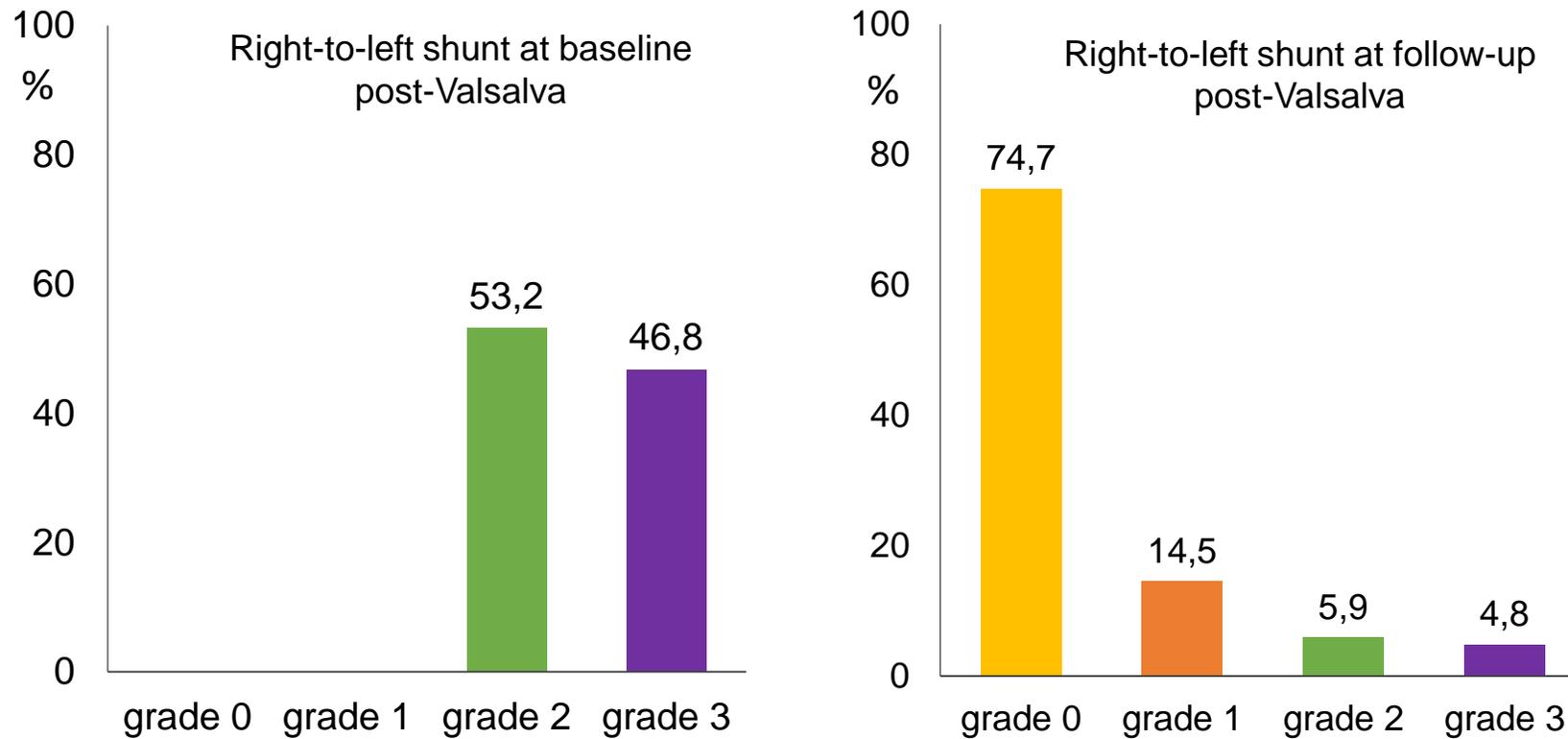
Baseline right-to-left-shunt spontaneously	
0	53 (28.5%)
1	57 (30.6%)
2	55 (29.6%)
3	21 (11.3%)
Baseline right-to-left-shunt during Valsalva maneuver	
0	0 (0%)
1	0 (0%)
2	99 (53.2%)
3	87 (46.8%)
Patent foramen ovale diameter (mm)	6.0 (4.0-7.3)
Tunnel length (mm)	6.7 (4.1-9.0)
Atrial septum aneurysm	50 (26.9%)
Proctored procedure	125 (67.2%)
Transesophageal echocardiography guidance	100 (53.8%)
Fluoroscopy time (min)	16.1 (13.0-22.5)
Procedure time (min)	58 (40-75)
Radiation dose (Gy.cm <sup>2</sup> )	87 (52-125)
Contrast medium (ml)	200 (150-270)



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# Closure Rate at last Follow Up

Mean follow up length (N=186) =  $206 \pm 130$  days  
N= 42 (22.6%) 12 month follow up ; N= 116 (63.4%) 6 months follow up



## Trans thoracic echo

grade 0 = no bubbles ; grade 1 = 1-10 bubbles ; grade 2 = 11 – 20 ; grade 3 = more than 20 bubbles



**Table 3. Characteristics of the patients with and without significant right-to-left shunt at follow-up.**

	RLS grade $\leq 1$ (n=166)	RLS grade $\geq 2$ (n=20)	p
Age (years)	44 $\pm$ 13	43 $\pm$ 12	0.52
Male gender	64 (38.6%)	10 (50%)	0.32
Medical history			
Stroke	92 (55.4%)	12 (60%)	
Transient ischemic attack	59 (35.5%)	8 (40%)	
Intractable migraine	10 (6%)	0 (0%)	0.74
Decompression sickness	4 (2.4%)	0 (0%)	
Platypnea-orthodeoxia	1 (0.6%)	0 (0%)	
RoPE Score	7.6 $\pm$ 1.3	7.5 $\pm$ 1.6	0.84
Baseline RLS during Valsalva maneuver			
2	94 (56.6%)	7 (35%)	
3	72 (43.4%)	13 (65%)	0.11
Patent foramen ovale diameter (mm)	5.5 (4.0-7.0)	6.7 (6.0-8.0)	0.14
Tunnel length (mm)	7.0 (4.0-9.0)	6.0 (4.3-10.0)	0.91
Atrial septum aneurysm	43 (25.9%)	7 (35%)	0.39
Proctored procedure	114 (68.7%)	11 (55%)	0.22
Transesophageal echocardiography guidance	84 (50.6%)	13 (65%)	0.22
Fluoroscopy time (min)	16.1 (12.9-22.2)	18.7 (14.0-25.2)	0.30
Procedure time (min)	55 (40-73)	65 (51-82)	0.22
Radiation dose (Gy.cm <sup>2</sup> )	87 (52-119)	90 (53-168)	0.40
Contrast medium (ml)	200 (150-270)	230 (200-365)	0.66

RLS = right-to-left shunt

# Safety

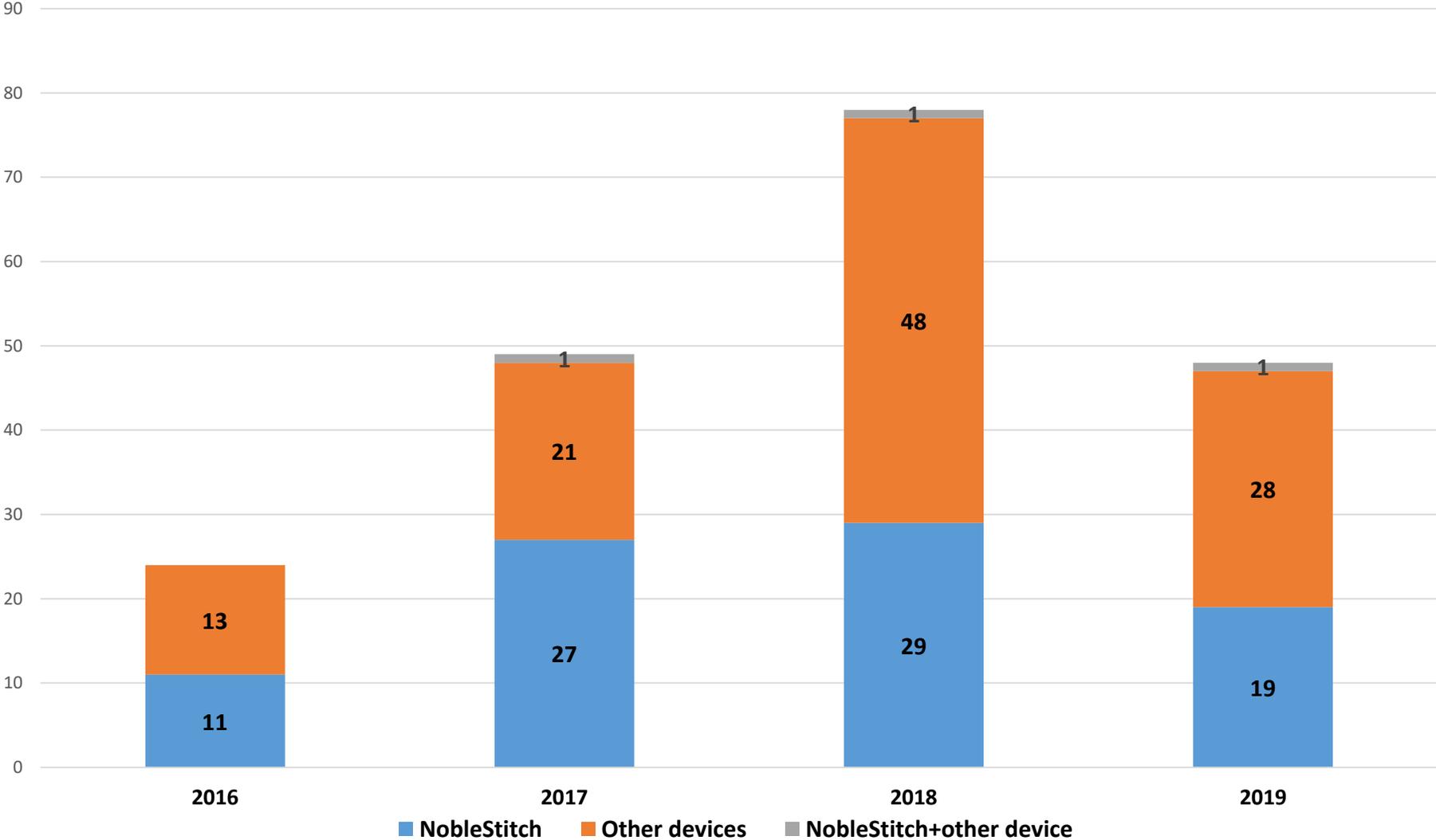
- No device related complications
- No clinical arrhythmia at follow-up
- No recurrent neurologic events

# PSD experience

	Total population (n = 196 pts)	NobleStitch (n= 86 pts; 43.8 %)	Other devices (n= 110 pts; 56.2%)
Mean age (yrs)	48± 12	48± 11	49± 12
Female gender (%)	92 (46.7%)	41 (47.7%)	51(46.3%)
Main indications to PFO closure			
Transient ischemic attack (%)	85 (43.3%)	39 (46%)	46 (41.8%)
Cryptogenic stroke (%)	65 (33.1%)	22 (26.4%)	43(38.9%)
Decompression sickness (%)	16 (8.2 %)	10 (11.8%)	6 (5.4%)
Disabling migraine (%)	27 (14 %)	13 (14.5%)	14 (15.4%)
Other indications (%)*	3 (1.5%)	1 (1.1%)	2 (1.8%)

\* 1 acute myocardial infarction due to paradoxical embolism, 1 before bariatric surgery, 1 before neurological surgery

# PSD experience- temporal distribution of all procedures



+3 REDO for significant residual shunt at FU



## Aim of the study

To compare the feasibility, safety and efficacy of percutaneous PFO closure using two different techniques, the NobleStitch EL system and traditional devices (Amplatzer, GORE).

# FEASIBILITY AND SAFETY/EFFICACY PROFILE OF THE PERCUTANEOUS PATENT FORAMEN CLOSURE: NOBLESTITCH EL VS. OTHER DEVICES

## Intra-procedural data

	Group A (n= 63 pts)	Group B (n=84 pts)
	Noble Stich	Other devices
Successful closure system deployment	37 (100%)	40 (100%)
Major complications	0	0
Minor complications	2*	1**
End procedure residual shunt		
grade ≤1	10 (15.8%)	12 (14.2%)
grade>2	1 (1.58%) ***	

\* 1 acute atrial fibrillation onset during induction of anesthesia, 1 groin hematoma

\*\* 1 groin hematoma

\*\*\* underwent PFO closure with device in the same procedure

## FEASIBILITY AND SAFETY/EFFICACY PROFILE OF THE PERCUTANEOUS PATENT FORAMEN CLOSURE: NOBLESTITCH EL VS. OTHER DEVICES

	<b>Group A (NobleStitch), n= 62 pts</b>	<b>Group B (other devices), n= 84 pts</b>
FU period (days)	191±131	189± 141
RLS grade ≤1	60 pts (96,7%)	84 pts (100%)

	<b>Group A (NobleStitch), n= 62 pts</b>	<b>Group B (other devices), n= 84 pts</b>
RLS ≥2	2 pts *	0 pts
Device-related complications	1 stroke in the first post-operative day	1 symptomatic thrombosis of the device at 60 days FU

\* the patients underwent the second procedure with device implantation

# Conclusions

Percutaneous PFO closure with NobleStitch EL in favorable atrial septal anatomies is an effective closure, with excellent safety profile at medium term follow-up when compared to traditional devices.