

October
24th-26th
2019

31 GIORNATE CARDIOLOGICHE TORINESI

*Everything you always
wanted to know about*
Cardiovascular Medicine



DOACs in chronic ischemic heart disease and peripheral arteriopathy

Giuseppe Favretto

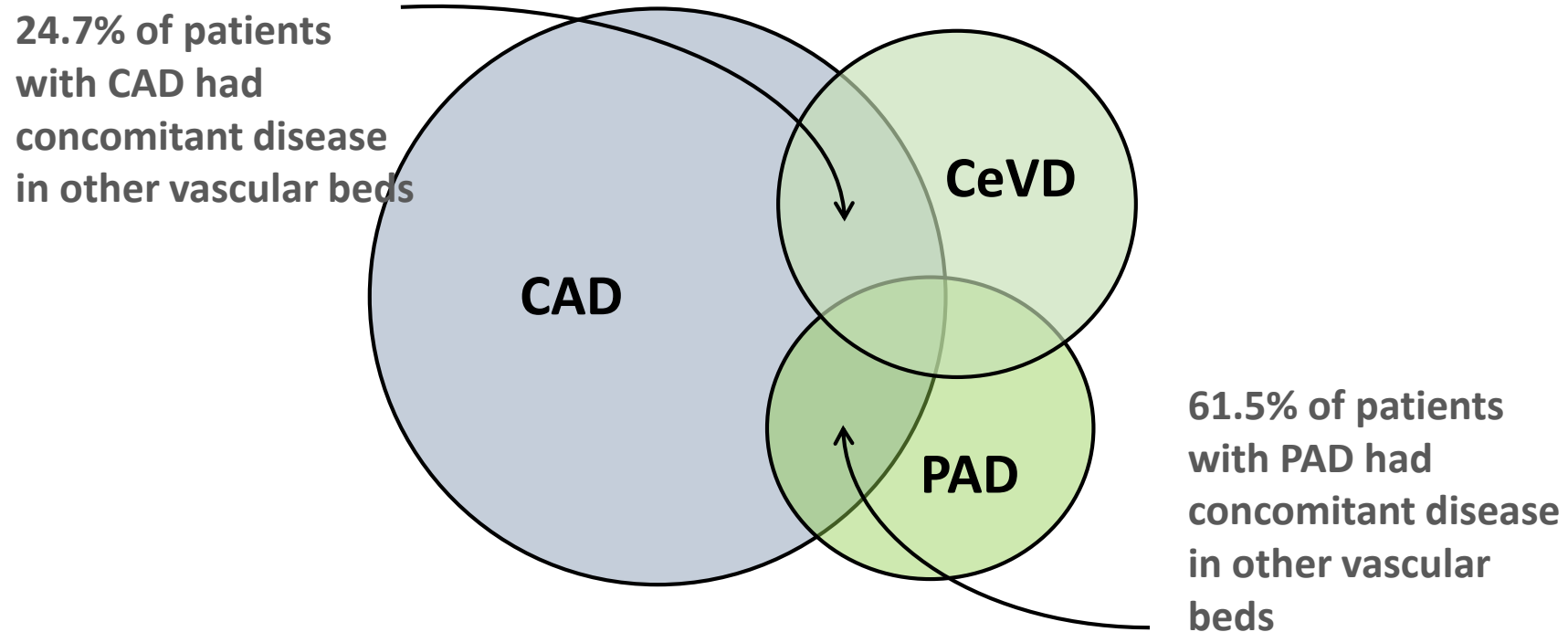
UO di Cardiologia Riabilitativa e Preventiva

O. Riabilitativo di Alta Specializzazione

Motta di Livenza (TV)

Atherothrombosis Is a Polyvascular Disease with Substantial Patient Overlap Between CAD and PAD

- **REACH registry**: enrolled 40,258 patients with established CAD, 8273 patients with established PAD, and 18,843 patients with established cerebrovascular disease from 44 countries*



CeVD, cerebrovascular disease

*Note: definitions of CAD and PAD in REACH are not identical with COMPASS

Coronary artery disease (CAD)

Acute coronary syndrome
(ACS)

STEMI

NSTEMI

Unstable
angina

**2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update
of the Guideline for the Diagnosis and Management
of Patients With Stable Ischemic Heart Disease**

SIHD

**2013 ESC guidelines
on the management of
stable coronary artery disease**

SCAD



European Society
of Cardiology

European Heart Journal (2019) 00, 1–71
doi:10.1093/eurheartj/ehz425

ESC GUIDELINES



2019 ESC Guidelines for the diagnosis and management of chronic coronary syndromes

The Task Force for the diagnosis and management of chronic coronary syndromes of the European Society of Cardiology (ESC)

Authors/Task Force Members: Juhani Knuuti* (Finland) (Chairperson), William Wijns* (Ireland) (Chairperson), Antti Saraste (Finland), Davide Capodanno (Italy), Emanuele Barbato (Italy), Christian Funck-Brentano (France), Eva Prescott (Denmark), Robert F. Storey (United Kingdom), Christi Deaton (United Kingdom), Thomas Cuisset (France), Stefan Agewall (Norway), Kenneth Dickstein (Norway), Thor Edvardsen (Norway), Javier Escaned (Spain), Bernard J. Gersh (United States of America), Pavel Svitil (Czech Republic), Martine Gilard (France), David Hasdai (Israel), Robert Hatala (Slovak Republic), Felix Mahfoud (Germany), Josep Masip (Spain), Claudio Muneretto (Italy), Marco Valgimigli (Switzerland), Stephan Achenbach (Germany), Jeroen J. Bax (Netherlands)

From 'stable' to 'chronic': Changing definitions in CAD

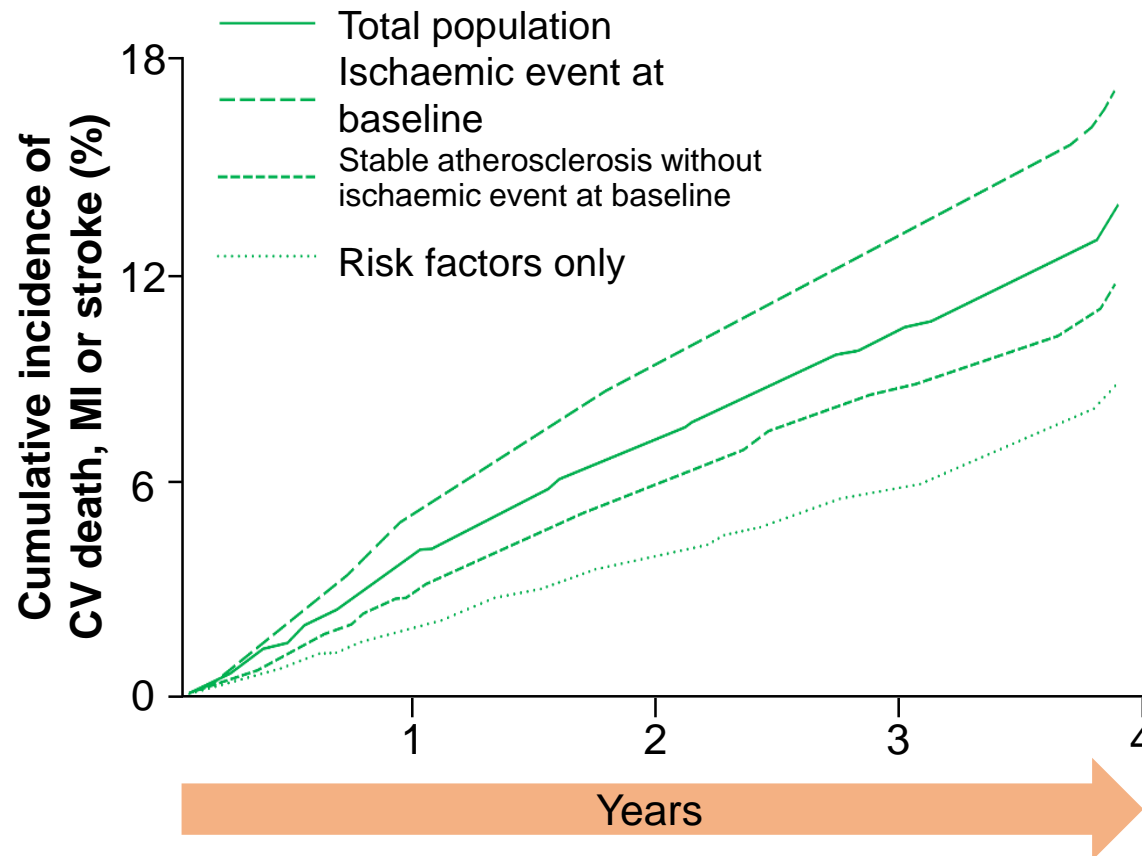
Chronic Coronary Syndrome ESC Update 2019

dispel the myth

the patient with atherosclerotic
cardiovascular disease is not a stable patient

Despite guideline-recommended therapy, patients with previous ischaemic events are at high risk of recurrence

Incidence of MACE according to the history of ischaemic events in the REACH registry



4-year incidence of MACE in patients with a prior ischaemic event: 18.3%

RESIDUAL RISK REDUCTION

“Residual Metabolic Risk”

“Residual Thrombotic Risk”

“Residual Inflammatory Risk”

Residual Antithrombotic Risk

Antithrombotic protection

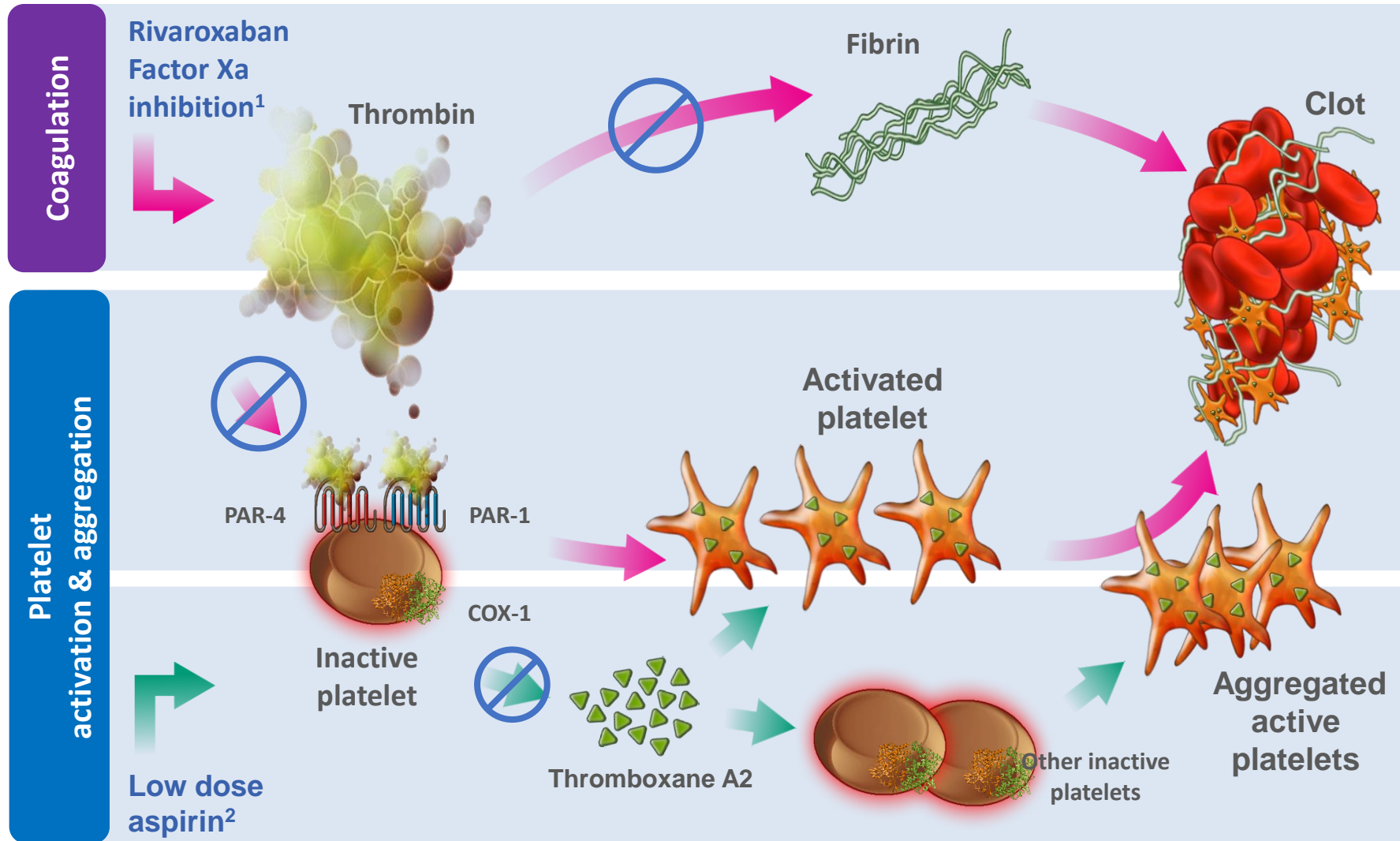
Aspirin²
DAPT³

single pathway inhibition

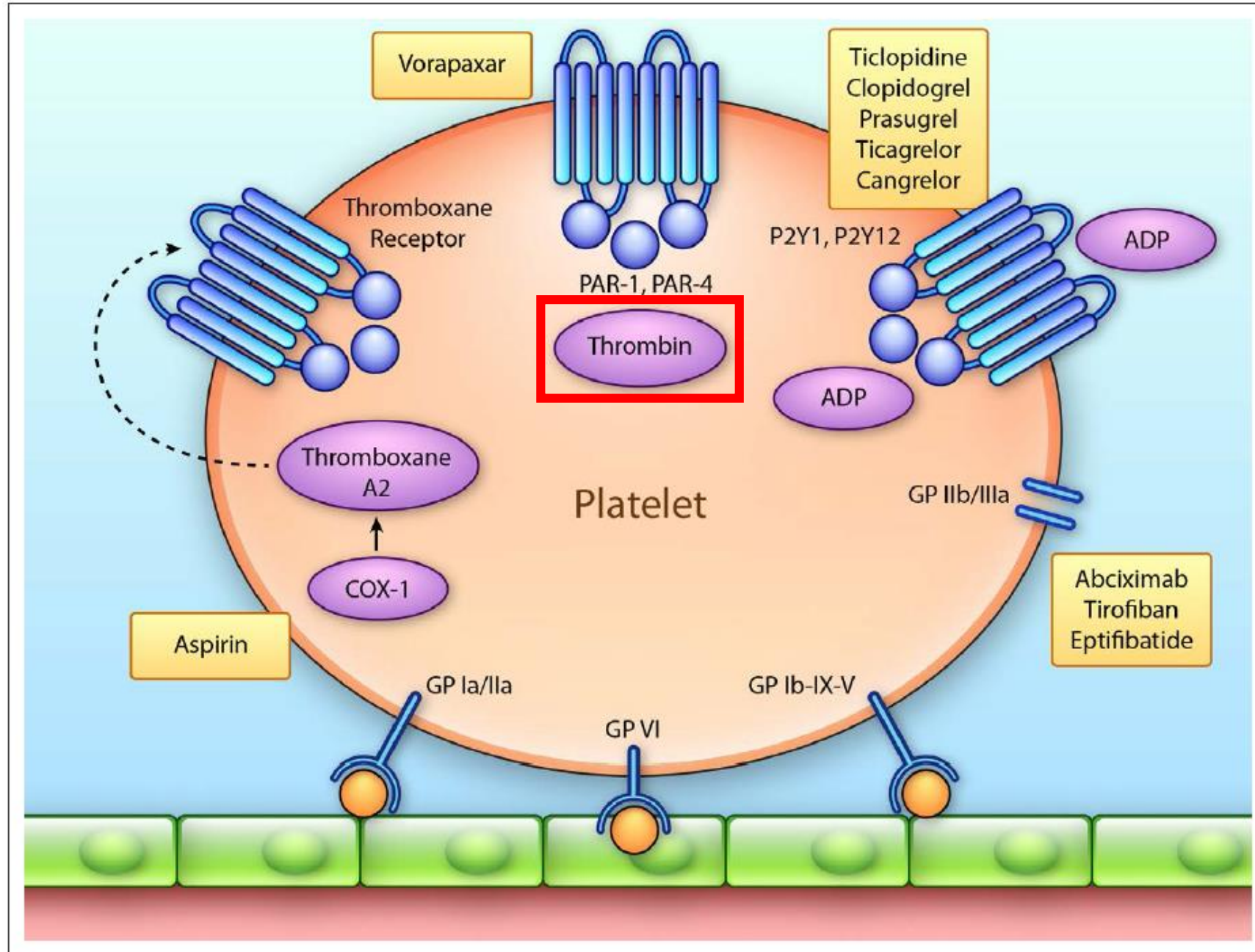
Rivaroxaban
vascular dose +
aspirin⁴

dual pathway inhibition

Rivaroxaban and Aspirin Synergistically Target Essential Components of Atherothrombosis



Rivaroxaban impacts not only fibrin formation, but also platelet activation

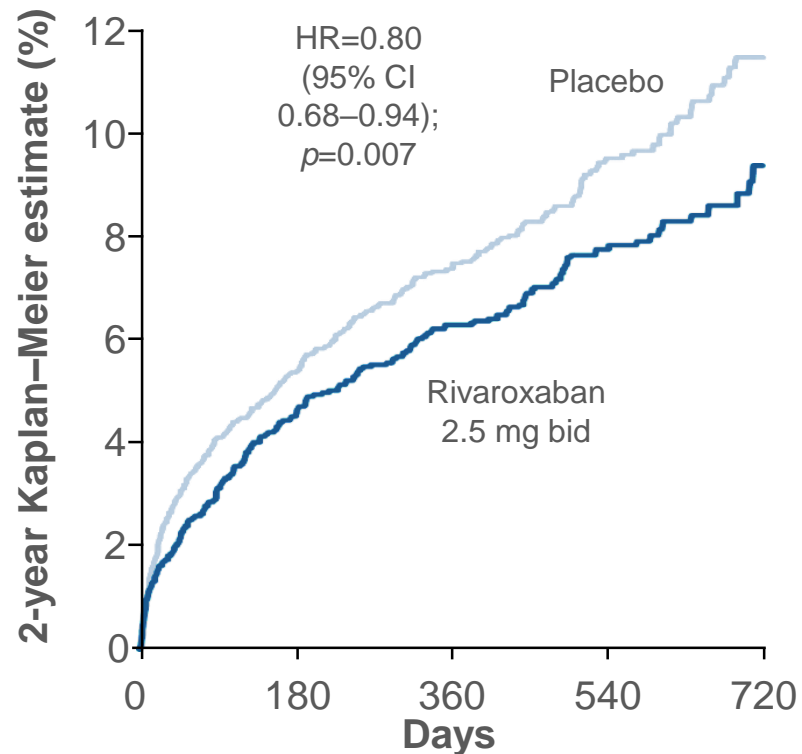


ATLAS ACS 2 TIMI 51: Rivaroxaban Vascular Dose Reduced CV Events and Death in Patients with ACS

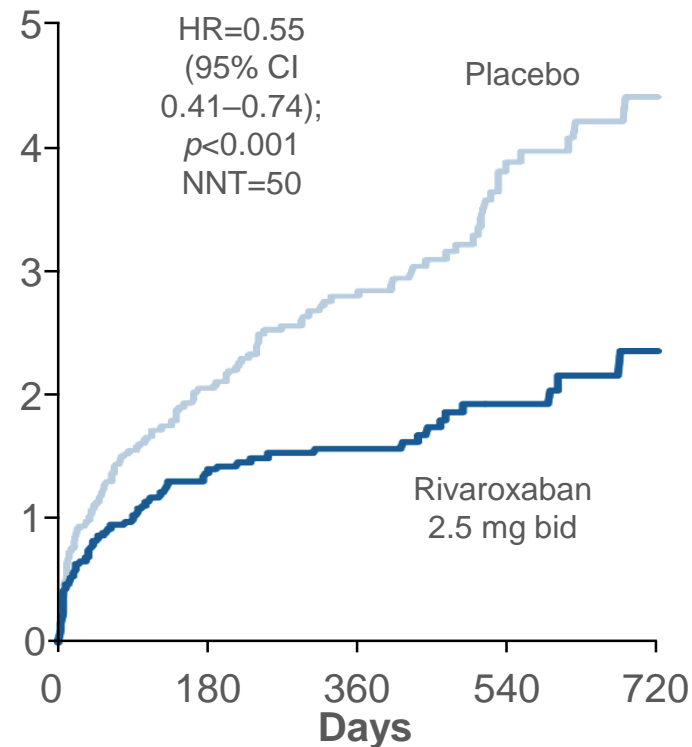
Therapeutic scheme: **Rivaroxaban 2,5 mg bid** + DAPT (in 95% pts)

Patients with elevated cardiac biomarkers and no prior stroke/transient ischaemic attack

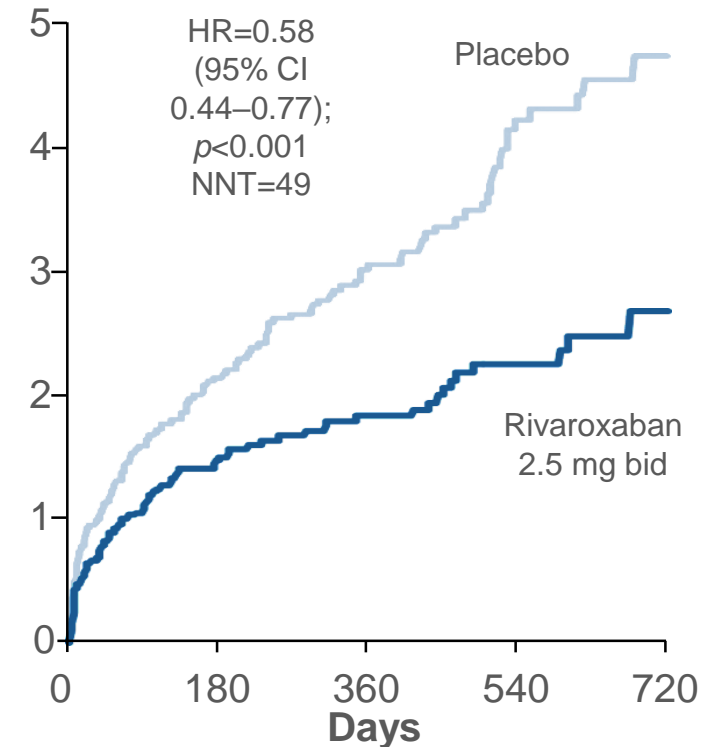
CV death, MI or stroke



CV death



All-cause death



CI, confidence interval; HR, hazard ratio; NNT, number needed to treat
Patients also received antiplatelet standard of care: ASA + thienopyridine (~93%) or ASA alone (~7%)

Korjian S et al, *Eur Heart J Acute Cardiovasc Care* 2017; doi:10.1177/204887261774500

The NEW ENGLAND
JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

OCTOBER 5, 2017

VOL. 377 NO. 14

Rivaroxaban with or without Aspirin in Stable
Cardiovascular Disease

J.W. Eikelboom, S.J. Connolly, J. Bosch, G.R. Dagenais, R.G. Hart, O. Shestakovska, R. Diaz, M. Alings, E.M. Lonn, S.S. Anand, P. Widimsky, M. Hori, A. Avezum, L.S. Piegas, K.R.H. Branch, J. Probstfield, D.L. Bhatt, J. Zhu, Y. Liang, A.P. Maggioni, P. Lopez-Jaramillo, M. O'Donnell, A.K. Kakkar, K.A.A. Fox, A.N. Parkhomenko, G. Ertl, S. Störk, M. Keltai, L. Ryden, N. Pogosova, A.L. Dans, F. Lanus, P.J. Commerford, C. Torp-Pedersen, T.J. Guzik, P.B. Verhamme, D. Vinereanu, J.-H. Kim, A.M. Tonkin, B.S. Lewis, C. Felix, K. Yusuf, P.G. Steg, K.P. Metsarinne, N. Cook Bruns, F. Misselwitz, E. Chen, D. Leong, and S. Yusuf, for the COMPASS Investigators*

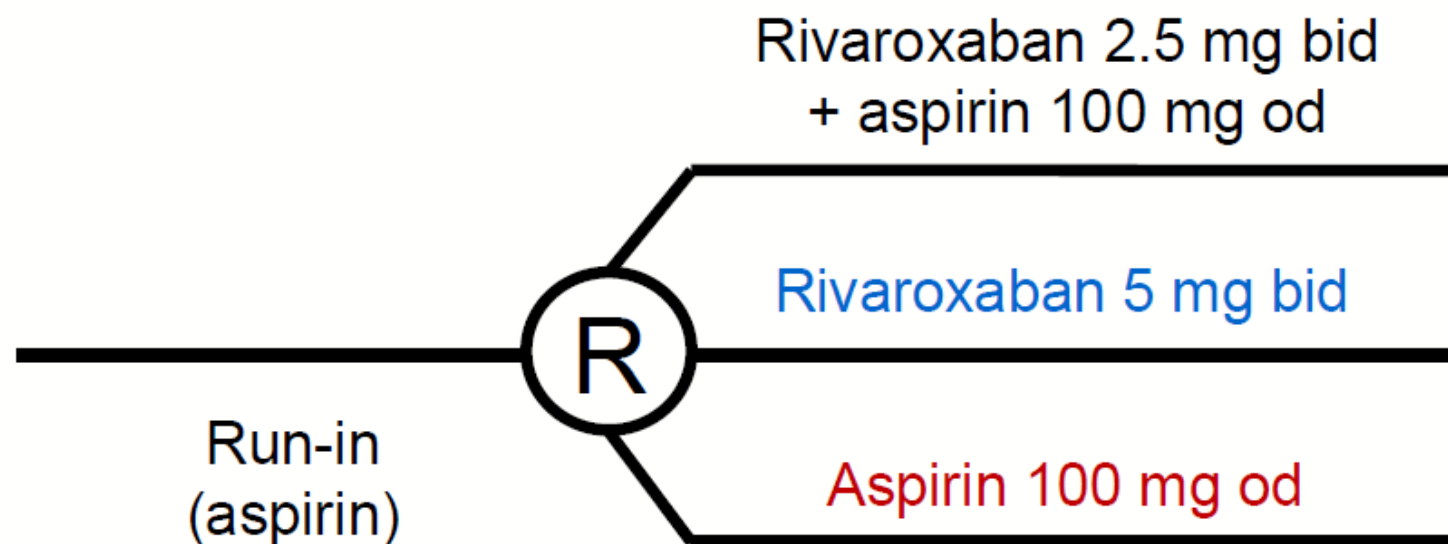
ORIGINAL ARTICLE

- double-blind, double-dummy, event-driven trial conducted at 602 centers in 33 countries
- a total of 27,392 pts with **stable atherosclerotic vascular disease** were enrolled from March 2013 through May 2016



COMPASS Design

Stable CAD or PAD
2,200 with a primary outcome event

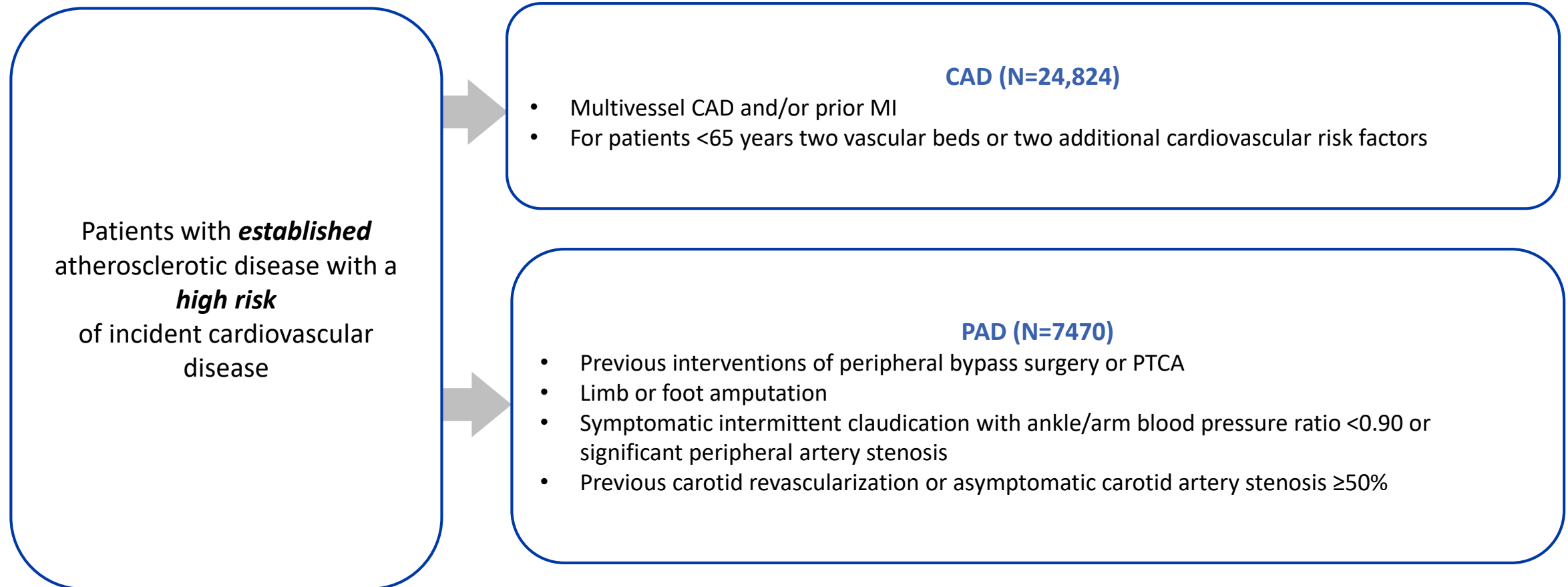


Expected follow-up
3–4 years

Average follow-up: 23 months at early
termination of study

COMPASS Population

Inclusion criteria ensured that a high-risk population was enrolled



Exclusion criteria[†]

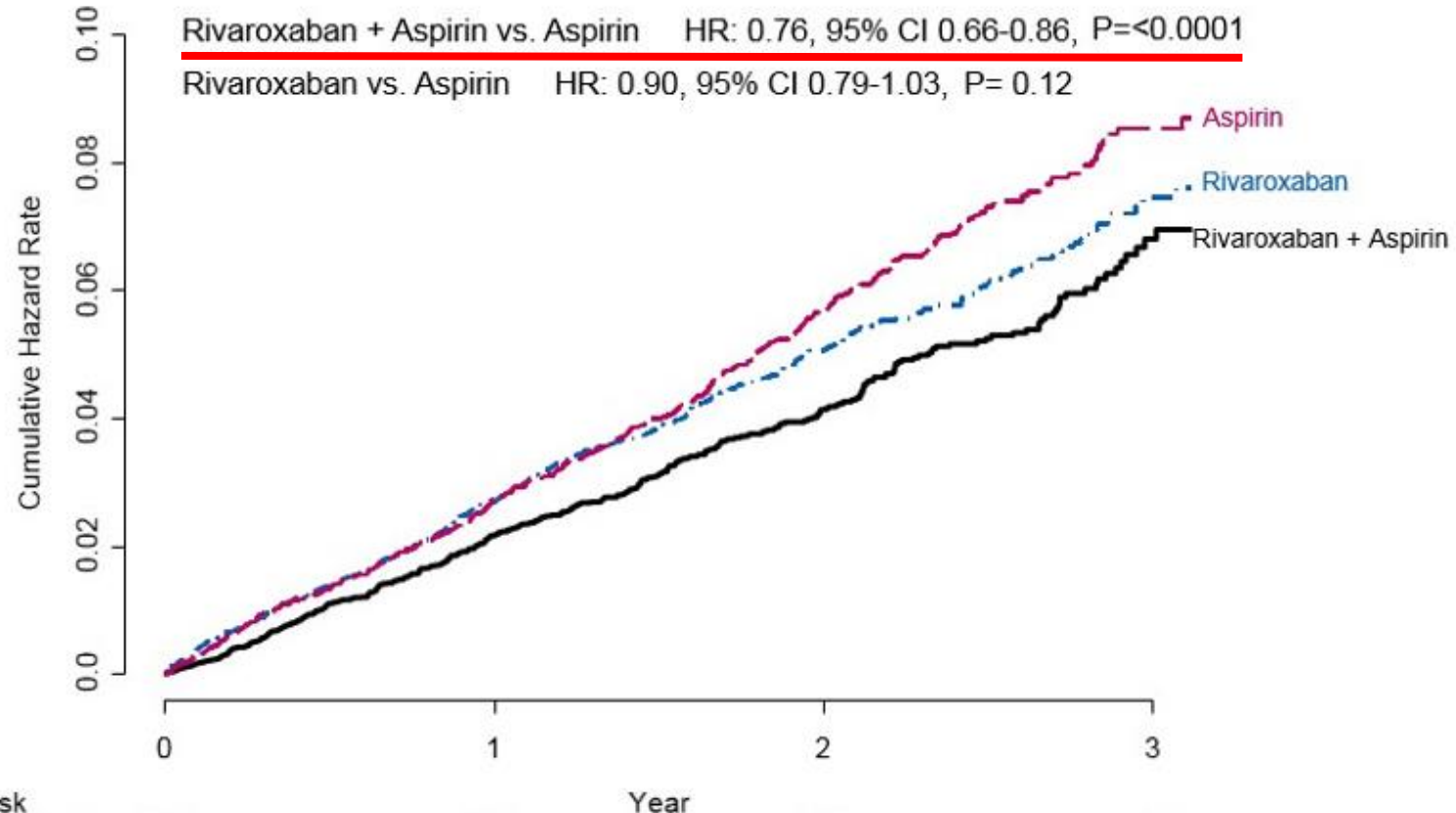
- High risk of bleeding
- Stroke within 1 month or any history of hemorrhagic or lacunar stroke
- Severe heart failure with known ejection fraction < 30% or New York Heart Association class III or IV symptoms
- Estimated glomerular filtration rate < 15 mL/min
- Need for dual antiplatelet therapy, other nonaspirin antiplatelet therapy, or oral anticoagulant therapy
- Known noncardiovascular disease that is associated with poor prognosis (eg, metastatic cancer) or that increases the risk of an adverse reaction to study interventions
- History of hypersensitivity or known contraindication for rivaroxaban, aspirin, pantoprazole, or excipients, if applicable
- Systemic treatment with strong inhibitors of CYP 3A4 as well as p-glycoprotein (eg, systemic azole antimycotics, such as ketoconazole, and HIV-protease inhibitors, such as ritonavir), or strong inducers of CYP 3A4 (ie, rifampicin, rifabutin, phenobarbital, phenytoin, and carbamazepine)
- Any known hepatic disease associated with coagulopathy
- Subjects who are pregnant, breastfeeding, or are of childbearing potential, and sexually active and not practicing an effective method of birth control (eg, surgically sterile, prescription oral contraceptives, contraceptive injections, intrauterine device, double-barrier method, contraceptive patch, male partner sterilization)
- Previous assignment to treatment during this study
- Concomitant participation in another study with investigational drug
- Known contraindication to any study-related procedures

Table 1. Baseline Characteristics of the Participants.*

Characteristic	Rivaroxaban plus Aspirin (N = 9152)	Rivaroxaban Alone (N = 9117)	Aspirin Alone (N = 9126)
Age — yr	68.3±7.9	68.2±7.9	68.2±8.0
Female sex — no. (%)	2059 (22.5)	1972 (21.6)	1989 (21.8)
Body-mass index†	28.3±4.8	28.3±4.6	28.4±4.7
Blood pressure — mm Hg			
Systolic	136±17	136±18	136±18
Diastolic	77±10	78±10	78±10
Cholesterol — mmol/liter	4.2±1.1	4.2±1.1	4.2±1.1
Tobacco use — no. (%)	1944 (21.2)	1951 (21.4)	1972 (21.6)
Hypertension — no. (%)	6907 (75.5)	6848 (75.1)	6877 (75.4)
Diabetes — no. (%)	3448 (37.7)	3419 (37.5)	3474 (38.1)
Previous stroke — no. (%)	351 (3.8)	346 (3.8)	335 (3.7)
Previous myocardial infarction — no. (%)	5654 (61.8)	5653 (62.0)	5721 (62.7)
Heart failure — no. (%)	1963 (21.4)	1960 (21.5)	1979 (21.7)
Coronary artery disease — no. (%)‡	8313 (90.8)	8250 (90.5)	8261 (90.5)
Peripheral arterial disease — no. (%)§	2492 (27.2)	2474 (27.1)	2504 (27.4)
Estimated GFR — no. (%)¶			
<30 ml/min	77 (0.8)	80 (0.9)	86 (0.9)
30 to <60 ml/min	1977 (21.6)	2028 (22.2)	2028 (22.2)
≥60 ml/min	7094 (77.5)	7005 (76.8)	7012 (76.8)

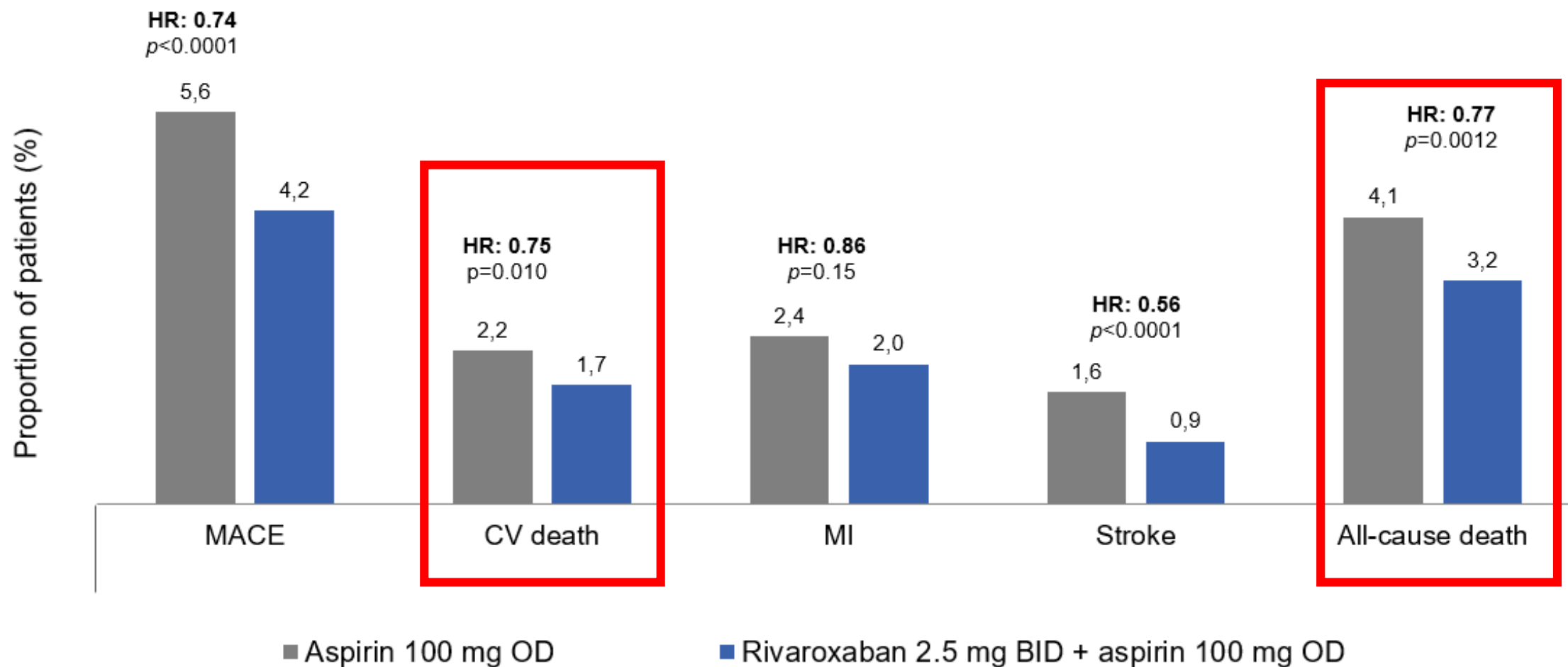


Primary: CV death, stroke, MI



No. at Risk	0	1	2	3
Rivaroxaban + Aspirin	9152	7904	3912	658
Rivaroxaban	9117	7824	3862	670
Aspirin	9126	7808	3860	669

Rivaroxaban Vascular Dose + Aspirin Decreased Major Adverse Cardiovascular Events & Mortality



Major bleeding

Outcome	R + A N=9,152	R N=9,117	A N=9,126	Rivaroxaban + Aspirin vs. Aspirin	
	N (%)	N (%)	N (%)	HR (95% CI)	P
Major bleeding	288 (3.1%)	255 (2.8%)	170 (1.9%)	1.70 (1.40-2.05)	<0.0001
Fatal	15 (0.2%)	14 (0.2%)	10 (0.1%)	1.49 (0.67-3.33)	0.32
Non fatal ICH*	21 (0.2%)	32 (0.4%)	19 (0.2%)	1.10 (0.59-2.04)	0.77
Non-fatal other critical organ*	42 (0.5%)	45 (0.5%)	29 (0.3%)	1.43 (0.89-2.29)	0.14

Primary safety outcome

* symptomatic

Major bleeding

Outcome	R + A N=9,152	R N=9,117	A N=9,126	Rivaroxaban + Aspirin vs. Aspirin	
	N (%)	N (%)	N (%)	HR (95% CI)	P
Major bleeding	288 (3.1%)	255 (2.8%)	170 (1.9%)	1.70 (1.40-2.05)	<0.0001
Fatal	15 (0.2%)	14 (0.2%)	10 (0.1%)	1.49 (0.67-3.33)	0.32
Non fatal ICH*	21 (0.2%)	32 (0.4%)	19 (0.2%)	1.10 (0.59-2.04)	0.77
Non-fatal other critical organ*	42 (0.5%)	45 (0.5%)	29 (0.3%)	1.43 (0.89-2.29)	0.14

* symptomatic

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NET CLINICAL BENEFIT / IRREVERSIBLE HARM

OCTOBER 5, 2017

VOL. 377 NO. 14

Outcome	R + A N=9,152	A N=9,126	Rivaroxaban + Aspirin Vs. Aspirin	
	N (%)	N (%)	HR (95% CI)	p
Net clinical benefit (Primary + Sever bleeding events)	431 (4.7%)	534 (5.9%)	0.80 (0.70-0.91)	0.0005

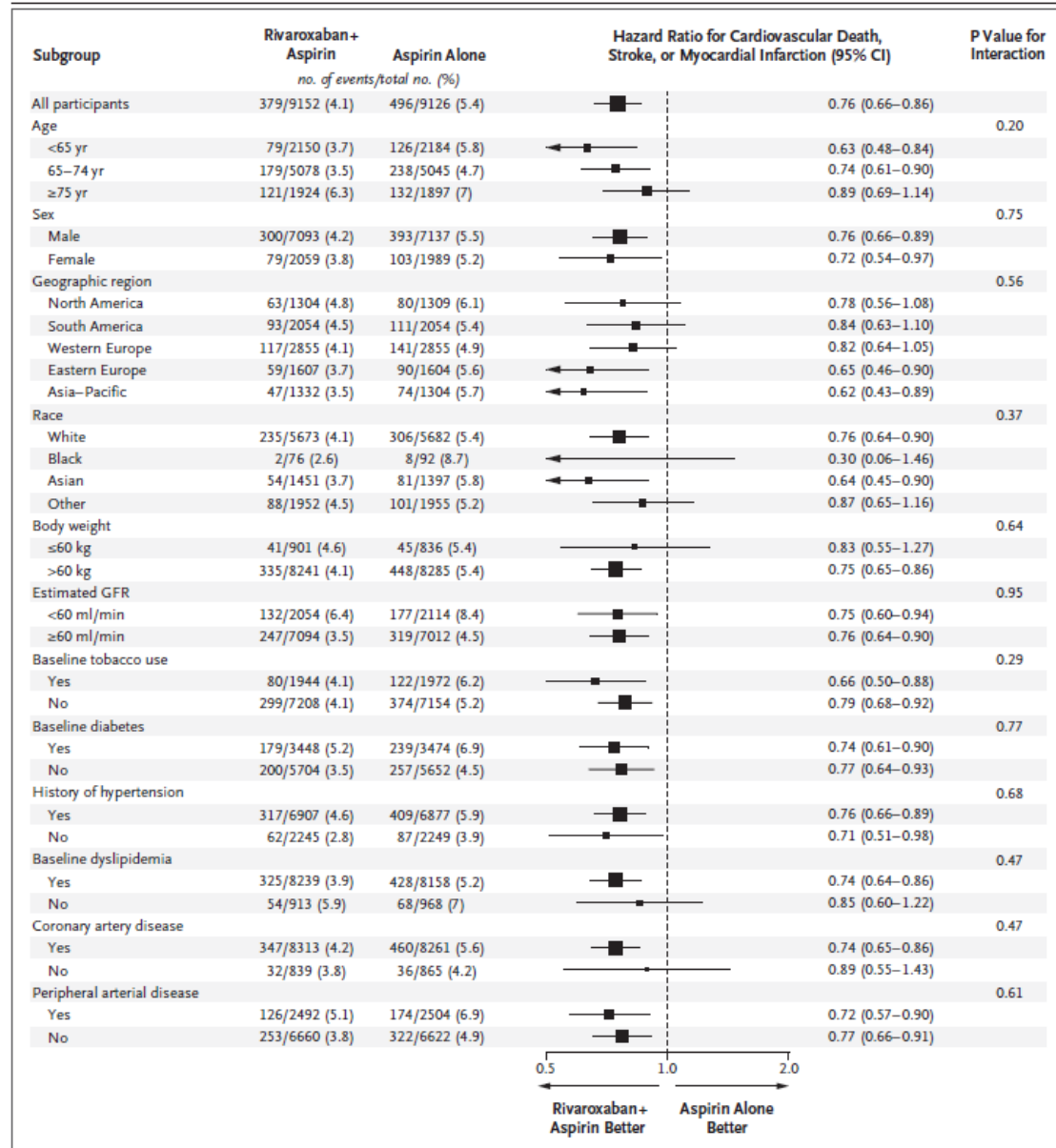
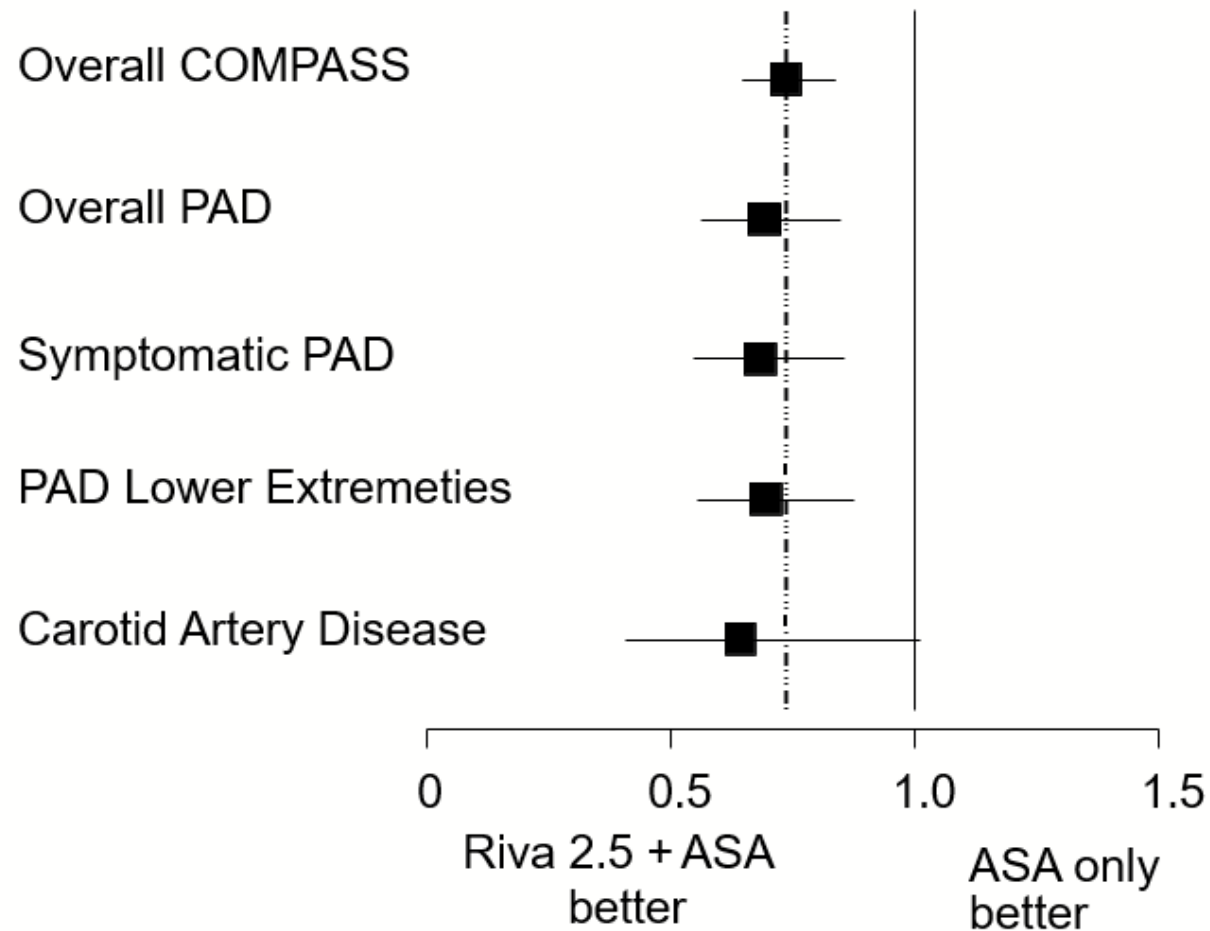


Figure 2. Subgroup Analyses for the Primary Outcome for the Comparison of Rivaroxaban plus Aspirin with Aspirin Alone.

The size of each box is proportional to the number of events. Arrows indicate that the limits of the confidence interval are not shown. The subgroup labeled “Western Europe” also includes participants in Israel, Australia, and South Africa. GFR denotes glomerular filtration rate.

MACE, MALE or Major Amputation





EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

26 July 2018

EMA/CHMP/515065/2018

Committee for Medicinal Products for Human Use (CHMP)

U.S. FDA approves Bayer's Xarelto® for patients with coronary or peripheral artery disease

15 Oct 2018 | Source: Bayer AG

Xarelto, in combination with aspirin, is indicated to reduce the risk of major cardiovascular events in patients with chronic coronary artery disease or peripheral artery disease / Xarelto, in combination with aspirin, is the only non-vitamin K antagonist oral anticoagulant (NOAC) indicated for this patient group / Approval in the U.S. follows regulatory clearance in both Europe and Canada

The U.S. Food and Drug Administration (FDA) has approved rivaroxaban (Xarelto®), 2.5 mg twice daily, plus aspirin low dose once daily to reduce the risk of major cardiovascular events including cardiovascular (CV) death, heart attack or stroke in patients with chronic coronary artery disease (CAD) or peripheral artery disease (PAD).



2019 ESC Guidelines for the diagnosis and management of chronic coronary syndromes

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ANTITHROMBOTIC THERAPY

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25 RECOMMENDATIONS

Class I	9
Class IIa	8
Class IIb	7
Class III	1

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DUAL ANTITHROMBOTIC THERAPY

CCS GL ESC 2019

HIGH ISCHAEMIC RISK	IIa A (SHOULD BE)	NO
MODERATE ISCHAEMIC RISK	IIb A (MAY BE)	NO
	NON HIGH BLEEDING RISK	HIGH BLEEDING RISK

Chapter 5 is an excerpt from the Guideline on peripheral arterial disease.

The correct citation is: European Society for Vascular Medicine (ESVM). Guideline on peripheral arterial disease. *Vasa*. 2019;48, Supplement 102, doi 10.1024/0301-1526/a000834.



5 Conservative treatment for PAD – Risk factor management

Ulrich Frank^a (Switzerland), Sigrid Nikol^a (Germany), and Jill Belch^a (UK) for the European Society of Vascular Medicine

PAD Guideline Writing Group

^aall co-first authors

Recommendation	Class of recommendation	Level of evidence
Based on the results of the COMPASS trial, the combined therapy of ASA 100 mg/d and rivaroxaban 2 × 2.5 mg/d should be considered in PAD patients without a high risk of bleeding, or other contraindications.	IIa	B

Vasa (2019), 48 (Supplement 102/excerpt), 1–12